

## **TRIPLE CROWN WINNERS (1965-DATE)**

### **BERGEN BOYS TEAMS (26 SCHOOLS, 73 TRIPLE CROWNS)**

|                    |  |
|--------------------|--|
| BECTON             | 1990   |
| BOGOTA             | 1978, 1988, 1992, 2016   |
| DEMAREST           | 1995, 1996, 1997, 2001, 2017   |
| DUMONT             | 1968, 1986   |
| ENGLEWOOD          | 1992   |
| GLEN ROCK          | 2001   |
| HACKENSACK         | 1998   |
| HASBROUCK HEIGHTS  | 1974   |
| INDIAN HILLS       | 2002, 2010, 2013, 2015, 2016, 2018   |
| MAHWAH             | 1965, 1975, 1981, 1993   |
| MIDLAND PARK       | 2003   |
| NORTHERN HIGHLANDS | 1967   |
| OLD TAPPAN         | 1982, 1984   |
| PALISADES PARK     | 1976, 1987, 1995, 1996, 1999, 2000, 2002   |
| PARAMUS            | 1989   |
| PARK RIDGE         | 1973   |
| PASCACK VALLEY     | 1973, 1992   |
| RAMAPO             | 1969   |
| RAMSEY             | 1976, 1978, 1985, 1986, 1990   |
| RIDGEWOOD          | 1980, 1984, 1986, 1989, 1991, 1992, 1995, 1996, 2002, 2003, 2004, 2005, 2017, 2018 |
| RIVER DELL         | 2014, 2015   |
| RUTHERFORD         | 1988, 1998, 1999   |
| SADDLE BROOK       | 1974, 1977, 1986   |
| TENAFLY            | 1969   |
| WALDWICK           | 1989   |
| WESTWOOD           | 1996, 1997   |

### **BERGEN GIRLS TEAMS (18 SCHOOLS, 59 TRIPLE CROWNS)**

|                    |  |
|--------------------|--|
| BOGOTA             | 1994, 1996, 1997, 1998   |
| CRESSKILL          | 1979   |
| GLEN ROCK          | 2001, 2002   |
| HOLY ANGELS        | 2009   |
| INDIAN HILLS       | 2003, 2018   |
| MAHWAH             | 1985, 1986   |
| MIDLAND PARK       | 1993   |
| NORTHERN HIGHLANDS | 1991, 1993, 2016   |
| OLD TAPPAN         | 1979, 1982, 2002   |
| PALISADES PARK     | 1989, 1990, 2003   |
| PASCACK VALLEY     | 1981   |
| RAMSEY             | 1995, 1996, 1997, 1999, 2000, 2014   |
| RIDGEFIELD         | 1999   |
| RIVER DELL         | 2015   |
| RIDGEWOOD          | 1980, 1981, 1982, 1984, 1986, 1990, 1992, 1993, 1994, 1995, 1997, 1998, 1999, 2000, 2001, 2002, 2003, 2010, 2011, 2012, 2015, 2018 |

|              |                        |
|--------------|------------------------|
| SADDLE BROOK | 1983, 1984, 1987, 2000 |
| TENAFLY      | 1982                   |
| WALDWICK     | 2006                   |

**PASSAIC BOYS TEAMS (3 SCHOOLS, 3 TRIPLE CROWNS)**

|              |      |
|--------------|------|
| Clifton      | 1987 |
| Lakeland     | 1998 |
| Wayne Valley | 2009 |

**PASSAIC GIRLS TEAMS (4 SCHOOLS, 9 TRIPLE CROWNS)**

|              |                                    |
|--------------|------------------------------------|
| Clifton      | 1985                               |
| Kennedy      | 1983                               |
| Wayne Hills  | 2015                               |
| Wayne Valley | 1984, 1986, 1987, 1988, 1992, 1994 |

**BERGEN BOYS INDIVIDUALS (28 SCHOOLS, 53 RUNNERS, 64 TRIPLE CROWNS)**

|                                 |            |
|---------------------------------|------------|
| Bill Grogan, Bergenfield        | 1992       |
| Steve Schadler, Bergenfield     | 1983       |
| Scott Sarnoski, Bergen Tech     | 1977       |
| Jeff Clark, Bogota              | 1996, 1997 |
| Mike Fitzgerald, Bogota         | 1976       |
| Glenn Johnston, Bogota          | 1967       |
| Cary Snyder, Demarest           | 1996, 1997 |
| Chris Moore, Emerson            | 1986       |
| Mike Rogers, Garfield           | 1999       |
| Thomas Baldwin, Hackensack      | 1998       |
| Frank Browne, Hackensack        | 1999       |
| Matt Klypka, Indian Hills       | 2002       |
| Mike Meagher, Indian Hills      | 1968       |
| Jerome Perkins, Indian Hills    | 2006       |
| Nick Ward, Indian Hills         | 2009, 2010 |
| Bobby Oehrlein, Indian Hills    | 2018       |
| Victor Lopez, Leonia            | 2008       |
| Patrick Rono, Lyndhurst         | 2010       |
| Frank Lamberti, Mahwah          | 1982       |
| Ian Leavesley, Mahwah           | 1978, 1979 |
| Craig Masker, Mahwah            | 1988, 1989 |
| Ryan Van Alstine, Midland Park  | 2005       |
| Greg Miller, Northern Highlands | 1971, 1972 |
| John Nelson, Old Tappan         | 1979       |
| Ralph Nickl, Old Tappan         | 1984       |
| Nick Harris, Palisades Park     | 2000       |
| Dave Ledgerwood, Park Ridge     | 1993       |
| Ken Marzan, Park Ridge          | 1973       |
| Paul Marzan, Park Ridge         | 1974, 1975 |
| Ben Malone, Pascack Valley      | 2011       |
| Andy Zucaro, Pascack Valley     | 1974       |
| Andrew Knight, Ramapo           | 1995       |
| Tim Chambers, Ramsey            | 1973       |

|                                |                  |
|--------------------------------|------------------|
| Matt Collins, Ramsey           | 1999             |
| Ken Flynn, Ramsey              | 1988, 1989, 1990 |
| Roger Jones, Ramsey            | 1976             |
| Don Neubart, Ridgefield        | 1980             |
| Rich Byrne, Ridgefield Park    | 1981             |
| Eric Castillo, Ridgefield Park | 1993             |
| Eric Boucher, Ridgewood        | 1989             |
| Billy Byrne, Ridgewood         | 2016             |
| Tom Hughes, Ridgewood          | 1980             |
| Bob Keino, Ridgewood           | 1992, 1993       |
| Ari Zamir, Ridgewood           | 2003             |
| Sean Sullivan, Rutherford      | 2015             |
| Rick Bolline, Saddle Brook     | 1976             |
| Chris Guerriero, Saddle Brook  | 2003, 2004       |
| Danny Schuman, Saddle Brook    | 1992             |
| Rich Wisse, Saddle Brook       | 1987             |
| Rich Stukey, Teaneck           | 1973             |
| Tony Fitzgerald, Tenafly       | 1978             |
| Kyle Alessi, Waldwick          | 1990             |
| Matt Caporaletti, Westwood     | 1997             |

**BERGEN GIRLS INDIVIDUALS (21 SCHOOLS, 41 INDIVIDUALS, 56 TRIPLE CROWNS)**

|                                    |                  |
|------------------------------------|------------------|
| Toni Ann Angione, Bergenfield      | 1983, 1984       |
| Kirsten LaFond, Bogota             | 1994             |
| Tricia Madden, Cresskill           | 1981             |
| Michele Forzani, Dumont            | 1984             |
| Cheyenne Ogletree, Garfield        | 2004             |
| Tracy Della Torre, Glen Rock       | 1996             |
| Erin Henry, Glen Rock              | 2000, 2001       |
| Beth Androski, Hackensack          | 1999             |
| Jasmin Jones, Hackensack           | 1985, 1986       |
| Corrine Barney, Indian Hills       | 2018             |
| Carli Gallo, Mahwah                | 1990, 1992       |
| Kerry Moore, Midland Park          | 1991             |
| Amy Van Alstine, Midland Park      | 2004, 2005       |
| Jennie Meighan, No. Highlands      | 1995             |
| Ariana North, No. Highlands        | 2011             |
| Caroline Preece, No. Highlands     | 1991             |
| Catherine Pagano, No. Highlands    | 2014             |
| Monica Hebner, No. Highlands       | 2017             |
| Michele Berardo, Palisades Park    | 1982             |
| Michelle Guido, Paramus Catholic   | 1977             |
| Samantha Green, Park Ridge/Emerson | 2017             |
| Kesley Ramsey, Ramapo              | 2006             |
| Melissa Conway, Ramsey             | 1998, 1999, 2000 |
| Tracy Kirk, Ramsey                 | 1997             |
| Dana Satir, Ramsey                 | 1996             |
| Liz Figlar, Ridgewood              | 1990             |

|                               |                  |
|-------------------------------|------------------|
| Justine Lupo, Ridgewood       | 2002             |
| Mary Ellen Mileski, Ridgewood | 1979, 1980, 1981 |
| Patty Mileski, Ridgewood      | 1981, 1982       |
| Olympia Martin, Ridgewood     | 2016             |
| Clair Nowakowski, Ridgewood   | 2000, 2001       |
| Barbara Remmers, Ridgewood    | 1978             |
| Jenna Rogers, Ridgewood       | 1993             |
| Margaret Scutro, Ridgewood    | 1984             |
| Celeste Sedo, Ridgewood       | 1996, 1997       |
| Amy Smith, Ridgewood          | 1995             |
| Shannon Gorla, River Dell     | 2015, 2017       |
| Jennifer Narr, Rutherford     | 1985             |
| Vicky Gusciora, Saddle Brook  | 1983, 1984       |
| Laura McKenna, Tenafly        | 1982             |
| Josette Norris, Tenafly       | 2012, 2013       |

**PASSAIC BOYS INDIVIDUALS (6 SCHOOLS, 10 INDIVIDUALS, 14 TRIPLE CROWNS)**

|                                |            |
|--------------------------------|------------|
| Mohamed Khadraoui, Kennedy     | 2002, 2003 |
| Paul Wright, Kennedy           | 1979       |
| Pierre LeTennier, Manchester   | 1983, 1984 |
| Yves LeTennier, Manchester     | 1981       |
| Luis Peralta, Passaic          | 2017, 2018 |
| Andres Cordero, Passaic Valley | 1998       |
| Brendan Ungemach, Wayne Hills  | 2012, 2013 |
| George Galkin, Wayne Hills     | 2015       |
| Jeff Van Horn, Wayne Valley    | 1981       |
| Tony Salvatore, Wayne Valley   | 2006       |

**PASSAIC GIRLS INDIVIDUALS (7 SCHOOLS, 10 INDIVIDUALS, 13 TRIPLE CROWNS)**

|                                 |                  |
|---------------------------------|------------------|
| Vanessa McClure, Kennedy        | 1991             |
| Laura Riebold, Lakeland         | 1981             |
| Aisha Alexander, Passaic Valley | 1997             |
| Jesse Mizzone, Passaic Valley   | 2000, 2001, 2002 |
| Meghan Gaffney, Pompton Lakes   | 2003             |
| Nina Zollo, Wayne Hills         | 1977             |
| Cathy Feeney, Wayne Valley      | 1988             |
| Amy Mizzone, Wayne Valley       | 1993, 1994       |
| Jen Van Horn, Wayne Valley      | 1985             |
| Christina Valerio, West Milford | 2005             |