

## HISTORY OF BERGEN COUNTY CROSS COUNTRY HIGH SCHOOL GIRL'S CHAMPIONSHIP

### 1974

Individuals: 1-Jean Chodnicki, Saddle Brook. 2-Theresa Vaccarella, Saddle Brook. 3-Megan Sexton, Paramus Catholic  
Teams: 1-Saddle Brook. 2-Ridgewood. 3-Paramus Catholic. (only 3 schools had full teams)

### 1975

Individuals: 1-Michelle Guido, Paramus Catholic. 2-Jean Chodnicki, Saddle Brook. 3-Lucelle Pasciolla, Saddle Brook  
Teams: 1-Saddle Brook. 2-Paramus Catholic. 3-Ridgewood. 4-Palisades Park. 5-Hackensack. 6-Dumont

### 1976

Individuals: 1-Michelle Guido, Paramus Catholic. 2-Jean Chodnicki, Saddle Brook. 3-Kelly Neilan, Fort Lee  
Teams: 1-Saddle Brook. 2-Paramus Catholic. 3-Ridgewood. 4-Bergenfield. 5-Demarest. 6-Paramus

**1977** (two group championships were held - There was no Meet of Champions)

Group 1 & 2:

Individuals: 1-Lynn Scali, Saddle Brook. 2-Mary Boltach, Saddle Brook. 3-Violetta Josevska, Garfield.

Teams: 1-Saddle Brook. 2-Midland park. 3-Rutherford.

Group 3 & 4

Individuals: 1-Michelle Guido, Paramus Catholic. 2-Kelly Neilan, Fort Lee. 3-Lisa Maloof, Ramsey.

Teams: 1-Bergenfield. 2-Paramus Catholic. 3-Ramsey. 4-Ridgewood. 5-Fairlawn. 6-Dumont

**1978** (two group championships were held & the first Meet of Champions was held)

Group Meet: Winners: 1&2. SaddleBrook HS & Violetta Josevski-Garfield. 3&4. Bergenfield HS & Barb Remmers-Ridgewood.

Meet of Champs:

Individuals: 1-Mary Ellen McGowan-Pascack Valley. 2-Barb Remmers-Ridgewood. 3-Debie Meberg-Old Tappan

Teams: 1-Old Tappan. 2-Bergenfield. 3-Ramsey. 4-Saddle Brook. 5-Garfield. 6-Ridgewood.

### 1979

Group Meet: Winners: 1&2. Cresskill HS & Violetta Josevska-Garfield. 3&4. Old Tappan HS & Mary Ellen Mileski-Ridgewood.

Meet of Champs:

Individuals: 1-Violetta Josevska-Garfield. 2-Mary Ellen Mileski-Ridgewood. 3-Mary Ellen McGowan-Pascack Vally

Teams: 1-Old Tappan. 2-Ridgewood. 3-Pascack Valley 4-Dumont. 5-Cresskill. 6-Saddle Brook.

### 1980

Group Meet: Winners: 1&2. Rutherford HS & Laura Falci-Saddle Brook 3&4. Ridgewood HS & Mary Ellen & Patti Mileski - Ridgewood.

Meet of Champs:

Individuals: 1-Patti McCluskey-Dumont. 2-Patti Mileski-Ridgewood. 3-Mary Ellen McGowan-Pascack Vally.

Teams: 1-Ridgewood. 2-Pascack Vally. 3-Northern Highlands. 4-Hackensack. 5-Old Tappan. 6-Rutherford.

**1981** (current format of 4 group champions and a meet of champs established)

Group Meet: Winners: 1-Cresskill HS & Trisha Madden-Cresskill. 2-Tenafly HS & Eileen Keyes - Tenafly. 3-Pascack Valley HS & Julie Craig - Northern Highlands. 4-Ridgewood HS & Patti & Mary Ellen Mileski - Ridgewood.

Meet of Champs:

Individuals: 1-Patti & Mary Ellen Mileski-Ridgewood. 3-Pattie McCluskey - Dumont.

Teams: 1-Ridgewood. 2-Pascack Valley. 3-Northern Highlands. 4-Hackensack. 5-Old Tappan. 6-Rutherford.

### 1982

Group Meet: Winners: 1-Saddle Brook HS & Michele Berardo-Pal Park. 2-Tenafly HS & Laura McKenna - Tenafly. 3-Old Tappan HS & Toni Ann Angione - Bergenfield. 4-Ridgewood HS & Patti & Mary Ellen Mileski - Ridgewood.

Meet of Champs:

Individuals: 1-Patti Mileski-Ridgewood. 2-Toni Ann Angione-Bergenfield. 3-Laura McKenna-Tenafly

Teams: 1-Ridgewood. 2-OldTappan. 3-RiverDell. 4-Dumont. 5-Tenafly. 6-Hackensack

### 1983

Group Meet: Winners: 1-. 2-. 3-. 4-Hackensack HS & Margaret Scutro - Ridgewood

Meet of Champs:

Individuals: 1-Toni Ann Angione-Bergenfield. 2-Margaret Scutro-Ridgewood. 3-Eileen Schultz-Northern Highlands.

Teams: 1-Ridgewood. 2-Hackensack. 3-RiverDell. 4-Saddle Brook. 5-Old Tappan. 6-Dumont

**1984**

Group Meet: Winners: 1-SaddleBrook HS & Vicky Gusciora - SaddleBrook. 2-Dumont HS & Michele Forzani - Dumont. 3-Old Tappan HS & Toni Ann Angione - Bergenfield. 4-Ridgewood HS & Margaret Scutro - Ridgewood.

Meet of Champs:

Individuals: 1-Toni Ann Angione-Bergenfield. 2-Margaret Scutro-Ridgewood. 3-Jazmin Jones, Hackensack.

Teams: 1-Ridgewood. 2-Old Tappan. 3-Dumont. 4-Paramus. 5-RiverDell. 6-Teaneck.

**1985**

Group Meet: Winners: 1-?2-?3-?. 4-Ridgewood HS & Jasmine Jones - Hackensack.

Meet of Champs:

Individuals: 1-Jazmin Jones, Hackensack. 2-Norine D'Arcy, Ridgewood. 3-Jen Hughes, Ridgewood.

Teams: 1-Ridgewood. 2-Old Tappan. 3-Paramus. 4-Northern Highlands. 5-RiverDell. 6-Dumont.

**1986**

Group Meet: Winners: 1-?2-?3-?. 4-Ridgewood HS & Jasmine Jones - Hackensack.

Meet of Champs:

Individuals: 1-Jazmin Jones, Hackensack. 2-Terri Grivas, Dumont. 3-Jen Hughes, Ridgewood.

Teams: 1-Ridgewood. 2-Mahwah. 3-Hackensack. 4-Paramus. 5-Old Tappan. 6-Dumont.

**1987**

Group Meet: Winners: 1-Saddle Brook HS & Cathy Acevedo - Saddle Brook. 2-Paramus HS & Amy Kempf. 3-Dumont HS & Dee Keough Mahwah. 4-Ridgewood HS & Jean Hughes - Ridgewood

Meet of Champs:

Individuals: 1-Amy Kempf, Paramus. 2-Dee Keough, Mahwah. 3-Jen Hughes, Ridgewood.

Teams: 1-Ridgewood. 2-Paramus. 3-Dumont. 4-SaddleBrook. 5-Garfield. 6-Ramsey.

**1988**

Group Meet: Winners: 1-?2-?3-?. 4-Ridgewood HS & Jean Hughes - Ridgewood

Meet of Champs:

Individuals: 1-Lynne Collazo, Ridgewood. 2-Jean Hughes, Ridgewood. 3-Dee Keough, Mahwah.

Teams: 1-Ridgewood. 2-Bergenfield. 3-Garfield. 4-Dumont. 5-Hackensack. 6-Riverdell

**1989**

Group Meet: Winners: 1-Palsades Park HS & Cathy Acevedo - Saddle Brook HS. 2-Northern Highlands HS & Dee Keough - Mahwah. 3-Ramsey HS & Kathy McAuliffe - Ramsey. 4-Ridgewood HS & Melissa Wyka - FairLawn.

Meet of Champs:

Individuals: 1-Melissa Wyka, Fairlawn. 2-Liz Figlar, Ridgewood. 3-Eileen Fitzgerald, Ridgewood.

Teams: 1-Ridgewood. 2-Palisades Park. 3-Ramsey. 4-Dumont. 5-Hackensack. 6-Northern Highlands

**1990**

Group Meet: Winners: 1-Palsades Park HS & Jessica Grieco, Emerson. 2-Rutherford HS & Carli Gallo, Mahwah. 3-Bergenfield HS & Breda McGowan, Bergenfield. 4-Ridgewood HS & Liz Figlar, Ridgewood.

Meet of Champs:

Individuals: 1-Liz Figlar, Ridgewood. 2-Eileen Fahey, Rutherford. 3-Eileen Fitzgerald, Ridgewood.

Teams: 1-Ridgewood. 2-Hackensack. 3-Garfield. 4-Palsades Park. 5-Fort Lee. 6-Dumont.

**1991**

Group Meet: Winners: 1-Palsades Park HS & Kerry Moore, Midland Park. 2-Pascack Hills HS & Carli Gallo, Mahwah. 3-Northern Highlands HS & Caroline Preece, Northern Highlands. 4-Ridgewood HS & Jenna Rogers, Ridgewood.

Meet of Champs:

Individuals: 1-Caroline Preece, Northern Highlands. 2-Jenna Rogers, Ridgewood. 3-Hadas Tal, Fair Lawn.

Teams: 1-Northern Highlands. 2-Ridgewood. 3-Hackensack. 4-Cliffside Park. 5-Rutherford. 6-Palsades Park.

**1992**

Group Meet: Winners: 1-Midland Park HS & Kerry Moore - Midland Park. 2-Mahwah HS & Carli Gallo - Mahwah. 3-Northern Highlands HS & Charlotte Halvorsen - Northern Highlands. 4-Ridgewood HS & Regina Gonzales Holy Angels.

Meet of Champs:

Individuals: 1-Regina Gonzales, Holy Angels. 2-Carli Gallo, Mahwah. 3-Jenna Rogers, Ridgewood.

Teams: 1-Ridgewood. 2-IHA. 3-Northern highlands. 4-Mahwah. 5-Bergenfield. 6-Midland Park.

**1993**

Group Meet: Winners: 1-Midland Park HS & Nancy Siegel - Leonia. 2-Northern Highlands HS & Jenn Reeder - Northern Highlands. 3-Ramsey HS & Emily Luther - Tenafly. 4-Ridgewood HS & Jenna Rogers - Ridgewood.

Meet of Champs:

Individuals: 1-Jenna Rogers, Ridgewood. 2-Kerry Moore, Midland Park. 3-Kourtney Gallo, IHA.

Teams: 1-Ridgewood. 2-IHA. 3-Northern Highlands. 4-Ramsey. 5-Midland Park. 6-Palisades Park.

**1994**

Group Meet: Winners: 1-Bogota HS & Kristen LaFonde - Bogota. 2-Westwood HS & Nikki Callaghan - Westwood. 3-Ramsey HS & Dana Satir - Ramsey. 4-Ridgewood HS & Kourtney Gallo - IHA.

Meet of Champs:

Individuals: 1-Jackie Martin, Hackensack. 2-Kourtney Gallo, IHA. 3-Amy Smith, Ridgewood.

Teams: 1-Ridgewood. 2-Ramsey. 3-Hackensack. 4-IHA. 5-Northern Highlands. 6-Westwood

**1995**

Group Meet: Winners: 1-Palisades park HS & Kirsten LaFond-Bogota. 2-Ramsey HS & Nikki Callaghan - WestWood. 3-Northern highlands HS & Jen Meighan - Northern Highlands. 4-Ridgewood HS & Amy Smith - Ridgewood.

Meet of Champs:

Individuals: 1-Amy Smith, Ridgewood. 2-Stephanie Doyle, Ridgewood. 3-Kelly Ortiz, Paramus.

Teams: 1-Ridgewood. 2-IHA. 3-Ramsey. 4-Northern Highlands. 5-Holy Angels. 6-Hackensack.

**1996**

Group Meet: Winners: 1. Bogota HS & Tracy Della Torre-Glen Rock. 2.Ramsey HS & Dana Satir-Ramsey. 3.Indian Hills HS & Megan O'Toole-Garfield. 4.Hackensack HS & Celeste Sedo-Ridgewood

Meet of Champs:

Individuals: 1-Dana Satir, Ramsey. 2-Celeste Sedo, Ridgewood. 3-Patti Martin, Hackensack

Teams: 1-Ridgewood. 2-Ramsey. 3-Hackensack. 4-WestWood. 5-Northern Highlands. 6-Bogota.

**1997**

Group Meet: Winners: 1.Bogota HS & Nancy Sinclair-St Mary's. 2.Ramsey HS & Tracy Kirk-Ramsey. 3.Indian Hills HS & Mandy Smeal-Northern Highlands. 4.Ridgewood HS & Celeste Sedo-Ridgewood.

Meet of Champs:

Individuals: 1-Celeste Sedo, Ridgewood. 2-Kelly Behan, Ridgewood. 3-Mandy Smeal, Northern Highlands

Teams: 1-Ridgewood. 2-Hackensack. 3-Ramsey. 4-IHA. 5-Indian Hills. 6-Westwood

**1998**

Group Meet: Winners: 1-Bogota HS & Tracy Della Torre - Glen Rock. 1-Ramsey HS & Melissa Conway - Ramsey. 3-Holy Angels HS & Fredyla Urena - Clifside Park. 4-Ridgewood HS & Patty Martin - Hackensack.

Meet of Champs:

Individuals: 1-Melissa Conway, Ramsey. 2-Beth Androski, Hackensack. 3-Jenica Asadorian, West Wood

Teams: 1-Ridgewood. 2-Ramsey. 3-Indian Hills. 4-Hackensack. 5-IHA. 6-Glen Rock.

**1999**

Group Meet: Winners: 1-Ridgefield HS & Tamara Figilia - North Arlington. 2-Ramsey HS & Melisa Conway - Ramsey. 3-Old Tappan HS & Shahnaz Igbal - Bergenfield. 4-Ridgewood HS & Beth Andronski - Hackensack.

Meet of Champs:

Individuals: 1-Beth Androski, Hackensack. 2-Shahnaz, Bergenfield. 3-Clair Nowakowski, Ridgewood.

Teams: 1-Ridgewood. 2-Ramsey. 3-Indian Hills. 4-IHA. 5-Old Tappan. 6-Ramapo

**2000**

Group Meet Winners: 1-Saddle Brook HS & Erin Henry - Glen Rock. 2-Ramsey HS & Melissa Conway - Ramsey. 3-Indian Hills HS & Jen Meyers - Ramapo. 4. Ridgewood HS & Clair Nowakowski - Ridgewood.

Meet of Champs:

Individuals: 1-Melissa Conway, Ramsey. 2-Erin Henry, Glen Rock. 3-Shaneika Bernard, Hackensack

Teams: 1-Ridgewood. 2-Indian Hills. 3-Ramsey. 4-Old Tappan. 5 IHA. 6-Dumont

**2001**

Group Meet: Winners: 1-Glen Rock HS & Erin Henry - Glen Rock. 2-Ramsey HS & Jenna Baubergen - Indian Hills. 3-NV/Old Tappan HS & Carol Bullen - Paramus. 4-Ridgewood HS & Clair Nowakowski - Ridgewood.

Meet of Champs:

Individuals: 1-Clair Nowakowski, Ridgewood. 2-Erin Henry, Glen Rock. 3-Shaneika Bernard, Hackensack

Teams: 1-Ridgewood. 2-IHA. 3-Glen Rock. 4-Hackensack. 5-Pascack Valley. 6-Ramsey.

**2002**

Group Meet Winners: 1-Glen Rock HS & Darlene Pekaar - SaddleBrook. 2-Indian Hills HS & Liz Bissell - Indian Hills. 3-NV/OldTappan HS & Julia Emanuel - Tenafly. 4-Ridgewood HS & Justine Lupo - Ridgewood.

Meet of Champs:

Individuals: 1-Theresa Hearn, IHA. 2-Caitlin Hemmer, IHA. 3-Jenna Bauberger, Indian Hills.

Teams: 1-IHA. 2-NV/OldTappan. 3-Paramus. 4-Ridgewood. 5-NV/Demarest. 6-Glen Rock.

**2003**

Group Meet Winners: **D**-Palisades Park HS & Amy VanAlstine Midland Park . **C**-Ramsey HS & Lauren Zaccone - Mahwah. **B**-Indian Hills & Cheyenne Ogletree - Garfield. **A**-Ridgewood HS & Meghan O'Connell - Ridgewood.

Meet of Champs:

Individuals: 1-Meghan O'Connell, Ridgewood. 2-Cheyenne Ogletree, Garfield. 3-Jenna Bauberger, Indian Hills.

Teams: 1-Ridgewood. 2-IHA. 3-Indian Hills. 4-Tenafly. 5-NV/OldTappan. 6-Palisades Park.

**2004**

Group Meet Winners: **D**-Palisades Park HS & Amy VanAlstine - Midland Park. **C**-Ramsey HS & Gelsey Johnson - Westwood. **B**-Ramapo HS & Cheyenne Ogletree - Garfield. **A**-Ridgewood HS & Meredith Jones - Ridgewood.

Meet of Champs:

Individuals: 1-Cheyenne Ogletree, Garfield. 2-Meredith Jones, Ridgewood. 3-Amy VanAlstine, Midland Park.

Teams: 1-Ridgewood. 2-Paramus. 3-Old Tappan. 4-Ramapo. 5-Indian Hills. 6-Palsades Park.

**2005**

Group Meet Winners: **D**-Palisades Park HS & Amy VanAlstine - Midland Park. **C**-Ramsey HS & Stacy Bond- Ramsey.  
**B**-Holy Angels Academy & Andrea Rothschild - Damerest. **A**-Ridgewood HS & Jessica Setless - Paramus.

Meet of Champs:

Individuals: 1-Amy VanAlstine, Midland Park. 2-Andrea Rothschild, Demarest. 3-Kesley Ramsey, Ramapo.

Teams: 1-Ridgewood. 2-IHA. 3-Paramus. 4-Holy Angels. 5-Ramsey. 6-Indian Hills.

**2006**

Group Meet Winners: **D**-Waldwick HS & Catie Messick - New Milford. **C**-Ramsey HS & Stacy Bond - Ramsey. **B**-Holy Angels Academy & Kesley Ramsey - Ramapo. **A**-IHA & Sarah Pagano - IHA.

Meet of Champs:

Individuals: 1-Kesley Ramsey, Ramapo. 2-Sarah Pagano, IHA. 3-Patty Hannon, Paramus.

Teams: 1-Holy Angels Academy. 2-IHA. 3-Northern Highlands. 4-Ridgewood. 5-Indian Hills. 6-Ramapo.

**2007**

Group Meet Winners: **D**-Waldwick & Ewelina Marut, Becton. **C**-Ramsey & Alexandra Clinton, Ramsey. **B**-Holy Angels & Jillian Rothschild. **A**-IHA & Sarah Pagano - IHA

Meet of Champs:

Individuals: 1-Sarah Pagano, IHA. 2-Erin McKenna, Ramapo. 3-Mary Kaye Duff, IHA.

Teams: 1-IHA. 2-Ridgewood. 3-Holy Angels

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