

Sheet1

BCSL American Records	BOYS	GIRLS
55	Ofori Koram, Ridgefield Park 01, 6.4	Janine Davis, Queen of Peace 04 7.0
	Raldaine McDonald, Englewood 07 6.4	Angelica Johnson, Ridgefield Park 07, 7.0
55 HH	Jaivon Palmer, Englewood 08, 7.7	Carlene Cummings, Englewood 98, 8.4
	Dan Chediak, Fort Lee 09, 7.7	
300	Dimar Labega, Rutherford 02, 35.3	Janine Davis, Queen of Peace 04, 39.1
600	Andrew Giannotti, Westwood 98, 1:20.7	Bry Bonavita, River Dell 07 1:36.1
1000	Marc Pollifrone, Rutherford 05, 2:37.0	Julia Emanuel, Tenafly 03, 2:59.9
1600	Charles Goold, Rutherford 07, 4:32.5	Caitlin Wittreich, Tenafly 97, 5:23.3
3200	Cole Dailey, Rutherford 01, 9:56.8	Teresa Gagliostro, Westwood 10, 11:39.4
Shot put	Zach Shapiro, River Dell 07 55-8 1/2	Aretah Ettarh, Fort Lee, 38-1
High jump	Gareth Hedges, Westwood 98, 6-2	Lauren Donahue, Westwood 99, 5-2
		Heather Garity, Rutherford 08-09 5-2
		Liz Schuck, Westwood 08 5-2
Long jump	Val Terezibh, Fort Lee 06, 21-11	Carlene Cummings, Englewood 98, 17-11 1/2
Triple jump	Neal Okarter, Westwood 98, 45-2 1/2	Carlene Cummings, Englewood 97, 37-11
Pole vault	Juan Andres Giglio, Ridgefield Park 10, 14-6	Emily Mino, River Dell 08, 9-6
1600 relay	River Dell 99, 3:33.02	Westwood 08 4:10.9
3200 relay	Englewood 08, 8:33.6	Westwood 07, 10:24.7
1997	Westwood 136	Dumont 81
1998	Westwood 165	Westwood 90
1999	Fort Lee 100	Westwood 94
2000	Fort Lee 82	Westwood 79
2001	River Dell 113.5	Westwood 108
2002	Tenafly 97	River Dell 149
2003	River Dell 125	River Dell 130
2004	Fort Lee 122.5	River Dell 130
2005	Fort Lee 90	River Dell 131
2006	River Dell 107	River Dell 133.5
2007	River Dell 149.5	River Dell 156
2008	Englewood 136	Westwood 125
2009	Englewood 118.5	Westwood 127.5
2010	River Dell 92	Westwood 119