

Group II

Dash

Year	Name	School	Performance
1962	Les Holley	Pemberton	6.7*
1963	Doug Templeton	Westwood	6.7*
1964	George Hartsfield	Glassboro	6.5*
1965	George Hartsfield	Glassboro	6.5*
1966	Bill Gaines	Clearview	6.4*
1967	Bill Gaines	Clearview	6.4*
1968	Paul Patterson	Clearview	6.7*
1969	Bob Bair	Woodbury	6.5*
1970	Ed Jones	Lincoln	6.4*
1971	Charles Wells	Lincoln	6.4*
1972	Charles Wells	Lincoln	6.3*
1973	Ron Hoagland	Somerville	6.4*
1974	Walt Pudelko	Eastern	6.5*
1975	Manny Small	Williamstown	6.4*
1976	Dana Shelton	Highstown	6.3*
1977	Jim Russell	South River	6.6*
1978	Tim White	Asbury Park	6.4*
1979	Terry Neely	Red Bank	6.4*
1980	Sam Seale	Orange	6.5
1981	Paul Miles	Princeton	6.3
1982	Stan Darby	Lawrence	6.5
1983	Temuljin Greaves	Clifford Scott	6.4
1984	Henry Vaden	Asbury Park	6.5
1985	Henry Vaden	Asbury Park	6.4
1986	Joe Henderson	Freehold Boro	6.4
1987	Anthony Tucker	Hillside	6.4
1988	David Fields	Monmouth	6.62
1989	Lamar Wright	Penns Grove	6.58
1990	Donnell Oliver	Delsea	6.59
1991	Jason Mumford	Freehold Boro	6.69
1992	Ernest Simmons	Englewood	6.78
1993	Ansel Martin	Buena	6.67
1994	Ansel Martin	Buena	6.68
1995	Ron Lewis	Asbury Park	6.60
1996	Terry Pearson	Lincoln	6.68
1997	Farad James	Newark Central	6.62
1998	Marc MacCario	Sterling	6.69
1999	Nick Brown	Bridgeton	6.64
2000	Danny Johnson	Rahway	6.55
2001	Danny Johnson	Rahway	6.51
2002	Jean LeBlanc	Clifford Scott	6.58
2003	Mike Bland	Long Branch	6.75
2004	Shawn Lockhart	New Brunswick	6.68
2005	Daryl Marshall	Manchester Twp.	6.70
2006	A.J. Bunton	West Deptford	6.60
2007	Charles Cox	Monmouth	6.52
2008	Damier Johnson	Long Branch	6.46
2009	Sean McPherson	Delsea	6.59
2010	Miles Shuler-Foster	Long Branch	6.50
2011	Kadeem Douse	Ewing	6.43
2012	Isaac Williams	Willingboro	6.62
2013	Chinedu Amonu	Ewing	6.61
2014	Jamique Mitchell	Newark Central	6.54
2015	Jamique Mitchell	Newark Central	6.55
2016	Marteese Jones	South Plainfield	6.54

200			
Year			
2005	Carl Smith	Camden	23.05
2006	A.J. Bunton	West Deptford	22.58
440/400			
Year	Name	School	Performance
1962	Dave Morrissey	New Milford	55.5*
1963	Steve Woodard	Demarest	52.3*
1964	Larry Marum	Demarest	55.8*
1965	George Berg	Central Ocean	52.8*
1966	Andy Hendricks	Glen Ridge	55.1*
1967	Bob Kerr	Tenafly	51.8*
1968	Bob Nelson	Tenafly	51.4*
1969	Al Hampton	Highland Park	51.9*
1970	Keith Davis	Lincoln	50.1*
1971	Keith Brown	Rutherford	52.8*
1972	Neville Plummer	Somerville	52.5*
1973	Ron Hoagland	Somerville	52.3*
1974	Dennis White	Lincoln	50.5*
1975	Ron Moore	Salem	52.1*
1976	Tony Uzdavines	Williamstown	51.7*
1977	Irv Clark	Hillside	53.0*
1978	Tim White	Asbury Park	51.5*
1979	Brad Lewis	Voorhees	52.5*
1980	Bob Vannoy	Clifford Scott	51.7
1981	Leroy Ford	West Side	49.9
1982	Leroy Ford	West Side	49.2
1983	Maurice Wilkinson	West Side	49.7
1984	Barry Solomon	Asbury Park	50.1
1985	Henry Vaden	Asbury Park	51.0
1986	Tim Henkel	Secaucus	52.7
1987	Ralston James	Newark Central	52.09
1988	David Fields	Monmouth	50.44
1989	Steve Love	Asbury Park	51.68
1990	Peter Frei	Freehold Boro	51.86
1991	Lawrence Rogers	Roselle	52.59
1992	Rob Motz	Rahway	52.98
1993	Byron Johnson	Asbury Park	51.60
1994	Khamisi Jackson	Monroe	52.11
1995	Royce Reed	Bridgeton	51.31
1996	Chris Cummins	Bishop Eustace	51.75
1997	Curtis Custis	Bridgeton	52.24
1998	Tahmarley Davis	Neptune	51.90
1999	Nick Brown	Bridgeton	50.69
2000	Matt Kordos	Buena	50.19
2001	Martin Gross	Bridgeton	50.81
2002	Lance Wigfall	Clifford Scott	49.89
2003	Erison Hurtault	Matawan	50.55
2004	Mike Carmody	Gov. Livingston	50.35
2005	Carl Smith	Camden	50.32
2006	Garrett Kroner	Indian Hills	49.65
2007	Charles Cox	Monmouth	49.11
2008	Chris Jones	Lincoln	51.03
2009	Ricky Draughn	Rahway	50.47
2010	Mark Filandro	Indian Hills	50.01
2011	Darius Holmes	Willingboro	50.69
2012	Jerrel Wilson	Rahway	49.86
2013	Chinedu Amonu	Essex Catholic	49.61
2014	Deshawne Bunion	Rahway	50.32
2015	Deshawne Bunion	Rahway	49.58
2016	Thomas Kallietta	Matawan	49.99

880/800

Year	Name	School	Performance
1962	NO RACE		
1963	NO RACE		
1964	NO RACE		
1965	NO RACE		
1966	NO RACE		
1967	Jan Chieffi	Pt. Pleasant Beach	2:00.7*
1968	Pete Graseck	Waldwick	2:02.0*
1969	Gene Gsell	Glen Ridge	2:03.0*
1970	Marty Joseph	Springfield	1:57.2*
1971	Charles Patti	Butler	2:03.4*
1972	Charles Patti	Butler	2:03.1*
1973	Tim Leyden	Williamstown	2:02.1*
1974	Tim Leyden	Williamstown	2:00.8*
1975	Mark Jaeckel	Saddle Brook	1:59.8*
1976	Tony Uzdavines	Williamstown	1:58.0*
1977	Tony Uzdavines	Williamstown	1:56.4*
1978	Willie Gandy	Asbury Park	2:00.3*
1979	Stacey Williams	Clifford Scott	2:02.4*
1980	John Perkins	Princeton	2:02.2
1981	John Perkins	Princeton	2:01.3
1982	Don Vick	Asbury Park	2:01.3
1983	Don Vick	Asbury Park	1:59.0
1984	Chris Bervine	Rutherford	2:00.3
1985	Jim Hannon	Pinelands	1:59.5
1986	Ranjan Sinha	Bernards	2:02.3
1987	Rodney Smith	Hillside	2:00.17
1988	Josh Green	Berkeley Heights	2:03.55
1989	Steve Love	Asbury Park	1:57.95
1990	Bryan Spoonire	Asbury Park	2:01.0
1991	Demond Joyner	Asbury Park	2:01.53
1992	Rob Motz	Rahway	1:57.98
1993	Darren Simon	Iselin	2:01.97
1994	Chris Cooke	Essex Catholic	2:01.07
1995	Darnell McLean	Asbury Park	2:00.34
1996	Chris Zambell	Cranford	2:03.67
1997	Deon Bascom	West Side	2:00.33
1998	Corey Kunz	St. Joseph Reg.	2:02.34
1999	Brian Burns	River Dell	2:00.72
2000	Brian Burns	River Dell	2:00.12
2001	James Holden	Bridgeton	1:58.92
2002	Robert Edwards	Bridgeton	1:58.85
2003	David Gaines	Colts Neck	1:58.14
2004	Mike Carmody	Gov. Livingston	1:57.01
2005	Anthony LaMastro	Pope John	1:58.20
2006	Anthony LaMastro	Pope John	1:58.99
2007	Max Bruno	Indian Hills	1:57.33
2008	Chris Black	Chatham	1:57.59
2009	Liam Tansey	Morris Hills	1:58.11
2010	Mark Filandro	Indian Hills	2:00.84
2011	Steve Butenewicz	Delsea	1:56.06
2012	Travis Ellis	Morris Hills	1:58.02
2013	James Buser	Mahwah	1:56.71
2014	James Buser	Mahwah	1:55.53
2015	Joseph Cawley	Raritan	1:59.56
2016	Colin Daly	River Dell	1:58.42
1000 Y			
Year	Name	School	Performance
1962	Charles Herrick	Highland Park	2:30.5*
1963	Si Little	Moorestown	2:30.6*
1964	Charles Betts	Middle Twp.	2:30.0*
1965	Bernie Butts	Demarest	2:26.5*
1966	Charles Martini	Ridgefield Park	2:27.4*

Mile/1500/1600

Year	Name	School	Performance
1962	John Reimels	Wallington	4:49.7*
1963	Barry Middleton	Moorestown	4:43.4*
1964	Dave Collins	Pitman	4:49.8*
1965	Don Morgan	Clearview	4:32.2*
1966	Don Morgan	Clearview	4:35.9*
1967	Henry Thomas	Rumson	4:35.2*
1968	Carl Fletcher	Clifford Scott	4:36.8*
1969	Larry Rush	Overbrook	4:27.3*
1970	Norm Reinhardt	Springfield	4:21.3*
1971	Todd Benson	Dover	4:23.5*
1972	Tom Markey	Metuchen	4:30.2*
1973	Clark Woods	Pascack Valley	4:30.0*
1974	Bob Marino	Williamstown	4:24.9*
1975	Bob Marino	Williamstown	4:23.8*
1976	Rick Bolline	Saddle Brook	4:37.4*
1977	John Marino	Williamstown	4:30.8*
1978	Mike Mantini	Gateway	4:26.1*
1979	Dave Thomson	Dover	4:24.4*
1980	John Kellogg	Princeton	4:11.6&
1981	John Perkins	Princeton	4:11.6&
1982	Jeff Dishner	Voorhees	4:30.6
1983	Matt Krumholz	West Orange	4:31.6
1984	Jon Hersch	Lawrence	4:27.2
1985	Jim Ippolito	Lawrence	4:33.4
1986	Lyle Smith	Bernards	4:33.2
1987	Jason Kaplan	Westwood	4:28.6
1988	Rob Lipchus	Rutherford	4:34.18
1989	Bryan Spoonire	Asbury Park	4:27.23
1990	Bryan Spoonire	Asbury Park	4:26.31
1991	Bryan Spoonire	Asbury Park	4:32.68
1992	John Keevey	Cinnaminson	4:29.42
1993	Josh Keena	Whippany Park	4:20.73
1994	Darnell McLean	Asbury Park	4:38.21
1995	Mike Matos	Queen of Peace	4:25.98
1996	Steve Slattery	Mount Olive	4:28.58
1997	Steve Slattery	Mount Olive	4:23.72
1998	Ian Hahn	Manchester Twp.	4:26.90
1999	Tim Styler	Cranford	4:30.40
2000	Walton Kingsbery	Red Bank	4:28.36
2001	Patrick Stevenson	Bishop Eustace	4:32.74
2002	Craig Segal	Holmdel	4:31.37
2003	Scott Bastek	Delbarton	4:27.26
2004	Justin Scheid	Pope John	4:28.32
2005	Anthony LaMastro	Pope John	4:21.26
2006	Anthony LaMastro	Pope John	4:20.92
2007	Dennie Waite	Red Bank	4:21.58
2008	George Galasso	Holmdel	4:28.78
2009	Liam Tansey	Morris Hills	4:24.19
2010	Matthew Nelson	Barnegat	4:20.94
2011	Ben Malone	Pascack Valley	4:18.46
2012	Ben Malone	Pascack Valley	4:17.75
2013	James Buser	Mahwah	4:25.97
2014	Dale Johnson	West Deptford	4:22.46
2015	Leland Jones	Summit	4:18.88
2016	Colin Daly	River Dell	4:15.75

2M/3000/3200

Year	Name	School	Performance
1966	Joe Colaneri	Clearview	10:21.2*
1967	Gene Shirley	Pt. Pleasant Beach	9:54.2*
1968	Bruce Hafemiester	Glassboro	9:39.0*
1969	Jeff Ramsey	Glen Ridge	9:55.5*
1970	Ken Medlin	Haddon Twp.	9:27.3*
1971	John Anderson	Saddle Brook	9:40.5*
1972	Bill Marino	Williamstown	9:34.6*
1973	Mike Elder	Haddon Twp.	9:29.9*
1974	Mike Elder	Haddon Twp.	9:18.5*
1975	Matt Leddy	Bound Brook	9:33.7*
1976	Royce Flippin	Princeton	9:42.4*
1977	Jeff Lane	Haddon Twp.	9:45.1*
1978	Mike Mantini	Gateway	9:22.7*
1979	Dave Thomson	Dover	9:37.7*
1980	Jim Smith	Haddonfield	8:48.5&
1981	Steve Maslowski	Haddonfield	9:09.7&
1982	Carlos Hanze	Central Ocean	9:32.3
1983	Bill Bushnell	Princeton	9:53.9
1984	Doug Soncrant	Lawrence	9:51.5
1985	Craig Tipton	Lawrence	9:45.9
1986	Lyle Smith	Bernards	9:36.3
1987	Jason Kaplan	Westwood	9:31.19
1988	William Nann	Bernards	9:57.20
1989	Bryan Spoonire	Asbury Park	9:38.37
1990	Bryan Spoonire	Asbury Park	9:41.13
1991	Bryan Spoonire	Asbury Park	9:33.20
1992	Terence Fagan	Pt. Pleasant Boro	9:46.38
1993	Dave Patterson	Princeton	9:57.14
1994	Darnell McLean	Asbury Park	10:02.70
1995	Matt Illian	Pascack Valley	9:32.82
1996	Steve Slattery	Mount Olive	9:33.27
1997	Steve Slattery	Mount Olive	9:27.16
1998	Ian Hahn	Manchester Twp.	9:27.32
1999	Tim Styler	Cranford	9:35.94
2000	Walton Kingsbery	Red Bank	9:25.11
2001	James Weichert	Delbarton	10:06.48
2002	Craig Segal	Holmdel	9:42.23
2003	Justin Scheid	Pope John	9:33.99
2004	Justin Scheid	Pope John	9:27.56
2005	Ben Massam	Chatham	9:38.18
2006	Ben Massam	Chatham	9:17.74
2007	Kyle Soloff	Morris Hills	9:23.16
2008	Chris Baumbach	Hopewell Valley	9:39.60
2009	Sean Pohorence	Morris Hills	9:23.60
2010	Matthew Nelson	Barnegat	9:38.08
2011	Matthew Nelson	Barnegat	9:26.56
2012	Matthew Nelson	Barnegat	9:14.32
2013	Jimmy Daniels	Sterling	9:14.31
2014	Steve Maine	Highland Reg.	9:31.40
2015	Aaron Barlev	Holmdel	9:36.99
2016	Will Daly	River Dell	9:29.09

Hurdles

Year	Name	School	Performance
1962	Ted Pisciotta	Highland Park	7.8*
1963	Ted Pisciotta	Highland Park	7.5*
1964	Paul Heineken	Highland Park	8.0*
1965	Hal Reid	Edgewood	7.5*
1966	Roger Tomasko	Glen Ridge	7.7*
1967	Hank Grimley	Glassboro	7.7*
1968	Brad Baecht	Tenaflly	7.5*
1969	Bob Schultz	Woodbury	7.3*
1970	Craig Loudy	Woodbury	7.6*
1971	John Mounger	Northern Highlands	7.5*
1972	Reg Blackshear	Metuchen	7.4*
1973	Reg Blackshear	Metuchen	7.1*
1974	Jeff Green	Woodbury	7.5*
1975	Les Woodgett	Metuchen	7.4*
1976	Les Woodgett	Metuchen	7.4*
1977	Jeff Ostrus	Tenaflly	7.5*
1978	Dan Coles	Asbury Park	7.5*
1979	Glen Walcott	Hillside	7.6
1980	Len Ross	Penns Grove	7.5
1981	Lou Henry	Asbury Park	7.5
1982	Stephan Fletcher	Princeton	7.5
1983	Stephan Fletcher	Princeton	7.4
1984	Bruce Berry	West Orange	7.7
1985	Noel Robinson	Asbury Park	7.5
1986	Mike Reinke	Secaucus	7.8
1987	Corey Radcliffe	Monmouth	7.85
1988	Wagner Marselle	Princeton	7.95
1989	Dwayne Robinson	Moorestown	7.85
1990	Willie Moore	Rahway	7.55
1991	Anthony Randell	North Burlington	7.85
1992	Robert Allen	Buena	7.91
1993	Robert Allen	Buena	7.80
1994	Steven Daniels	Asbury Park	7.93
1995	Sultan Tucker	Delsea	7.56
1996	Sultan Tucker	Delsea	7.44
1997	Sultan Tucker	Delsea	7.38
1998	Kevin Anderson	Manchester Twp.	8.00
1999	Fred Lemons	Pleasantville	7.94
2000	Jamel Harris	Red Bank	7.95
2001	Chris Cooper	West Deptford	7.95
2002	Scott Welfel	West Essex	7.93
2003	Jovan White	Manchester Twp.	7.75
2004	Jeremy Perussi	Demarest	7.71
2005	Cory Nelms	Neptune	7.78
2006	Cory Nelms	Neptune	7.81
2007	Mike Cuppari	Hanover Park	7.63
2008	Kamryn Austin	Ewing	7.64
2009	Kevon Brown	West Deptford	7.50
2010	Jalen Walker	Burlington Twp.	7.72
2011	Steve Worsley	Long Branch	7.62
2012	Isaac Williams	Willingboro	7.41
2013	Emmanuel Atilola	Rahway	7.73
2014	Chris Hill	Highland Reg.	7.56
2015	Chris Hill	Highland Reg.	7.34
2016	Tyler Garland	Deptford	7.79

High Jump

Year	Name	School	Performance
1962	Ted Pisciotta	Highland Park	5-10.5
1963	Leroy Moore	Middle Twp.	5-10
1964	Paul Heineken	Highland Park	6-5.25
1965	Joe Pullin	West Essex	5-8
1966	Al Jenkins	Cedar Grove	6-0
1967	Al Jenkins	Cedar Grove	6-2.25
1968	Doug Schlosser	Pt. Pleasant Boro	6-1
1969	Larry Salins	Cedar Grove	6-2
1970	Kevin DeFelice	Northern Highlands	5-10
1971	Kelly Arnold	Highland Park	5-8
1972	Mike Dunn	Whippany Park	6-3
1973	Bob Jay	Haddon Twp.	6-2
1974	Tom Melita	Penns Grove	6-2
1975	Bob O'Dell Jr.	Madison Boro	6-4
1976	Carl Mitchell	Hopewell Valley	6-4
1977	Jim Stern	Hopewell Valley	6-2
1978	Matt Becker	Pt. Pleasant Boro	6-4
1979	Paul Commarato	Springfield	6-5
1980	Paul Commarato	Springfield	6-7
1981	Kraig Sanders	Asbury Park	6-8
1982	Ken McKellar	Princeton	6-2
1983	Kraig Sanders	Asbury Park	6-8
1984	Noel Robinson	Asbury Park	6-6
1985	Noel Robinson	Asbury Park	6-4
1986	Noel Robinson	Asbury Park	6-6
1987	Aaron Conway	Carteret	6-2
1988	Adam Terry	Whippany Park	6-2
1989	Dwayne Robinson	Moorestown	6-5
1990	Mark Ham	Freehold Boro	6-2
1991	Mark Ham	Freehold Boro	6-6
1992	William Hickman	Mendham	6-6
1993	Byron Johnson	Asbury Park	6-2
1994	Donnel Hatter	Ridgefield Park	6-4
1995	Jon Clark	Manchester Twp.	6-6
1996	C.J. Anderson	Manchester Twp.	6-4
1997	Cory Hubert	St. John Vianney	6-8
1998	David Appgar	Parsippany	6-6
1999	Steve Hankins	Manchester Twp.	6-5
2000	Brian Misar	Mendham	6-2
2001	Bob Baroska	Red Bank Catholic	6-4
2002	Jonathan Kwong	Holmdel	6-2
2003	Mike Murawski	Holy Cross	6-6
2004	Kyle Calvo	Somerville	6-6
2005	Jerrett Sanderson	Long Branch	6-6
2006	Nick Crosta	Mon. Donovan	6-6
2007	Kurt Von Weisenstein	Indian Hills	6-4
2008	Alex Smith	Rumson Fair-Haven	6-2 (jo)
2009	Alex Smith	Rumson Fair-Haven	6-8
2010	Mark Jones	Summit	6-6
2011	Mark Jones	Summit	6-6
2012	Isaac Williams	Willingboro	6-4
2013	Justin Love	Matawan	6-6
2014	Kenny Clarke	Ramapo	6-4
2015	Ameer Banks	Delsea	6-4
2016	Dave Alston	Matawan	6-4

Shot Put

Year	Name	School	Performance
1962	Pat Banks	Cape May	46-5.75
1963	Wayne Donelon	Highland Park	49-11
1964	Dennis Hagan	Pt. Pleasant Beach	53-5.5
1965	John Sherk	Shore	52-0
1966	Ken Washington	Cape May	51-9.5
1967	Fred Schwab	Tenaflly	53-10
1968	Jon Graf	Tenaflly	51-8
1969	Al Pisciotta	Highland Park	53-10
1970	Al Pisciotta	Highland Park	55-0
1971	Harry Dilks	Pitman	58-7.5
1972	Rich Whittemore	West Milford	53-0
1973	Wayne Edwards	Shore	52-1
1974	Ray Sahadi	Tenaflly	59-8
1975	Randy Stalter	Saddle Brook	56-2
1976	Mark Thalasanos	Rutherford	56-3.5
1977	Russ Ehrenfield	Hillside	54-11
1978	Bill Bell	Asbury Park	53-1.5
1979	Al Renzo	Kenilworth	55-8.5
1980	Marv James	Penns Grove	51-8
1981	Brian Duffy	Voorhees	50-10
1982	Peter Young	Princeton	52-4
1983	Peter Young	Princeton	54-3
1984	Russ Willitt	Penns Grove	49-10.5
1985	Ed Wright	Lawrence	51-7
1986	Ed Wright	Lawrence	51-7
1987	Joel Bewley	Moorestown	53-8
1988	Jason Miller	Elmwood Park	59-4
1989	Chris Robinson	Penns Grove	55-1.5
1990	Chris Robinson	Penns Grove	57-4
1991	Aaron Echternacht	Hopewell Valley	63-4.5
1992	Jim Ho-Ra	Carteret	50-11.5
1993	Lamere Corley	Moorestown	52-8.25
1994	Phil Hatfield	Bishop Eustace	49-9.5
1995	Ray Wilks	Bridgeton	63-11
1996	Terrin Walker	Bridgeton	56-10
1997	Terrin Walker	Bridgeton	53-4.25
1998	Shane Vegari	Matawan	56-5.25
1999	David O'Rourke	Freehold Boro	58-1
2000	David O'Rourke	Freehold Boro	58-6.5
2001	Jon Lanza	Hanover Park	51-4.5
2002	Adam Kuehl	Monmouth	57-9.75
2003	Doug Alpers	Sparta	51-10.25
2004	Chris Keller	Matawan	53-8.25
2005	Steven Kim	Fort Lee	50-7.25
2006	Steve D'Arcy	Hanover Park	55-5
2007	Steve D'Arcy	Hanover Park	57-8
2008	Edrick Alleyne	Monmouth	53-3
2009	Samard Walker	Lincoln	53-10.5
2010	Dontaye Rivera	Pleasantville	53-7.5
2011	Braheme Days Jr.	Bridgeton	55-6.5
2012	Braheme Days Jr.	Bridgeton	69-2
2013	Braheme Days Jr.	Bridgeton	68-2.25
2014	Nick Pulli	West Deptford	60-0
2015	Frankie Ahearn	Ramsey	58-4.25
2016	Jordan West	Rahway	61-3

Pole Vault**Year**

2005	Anthony Abitante	Gov. Livingston	15-0
2006	Devon Purves	Haddonfield	14-6
2007	Chris Favalaro	St. John Vianney	13-6
2008	Daniel Batdorf	West Deptford	14-6
2009	Justin Amezquita	Gov. Livingston	14-6
2010	Justin Amezquita	Gov. Livingston	14-0
2011	Michael Oberg	Ocean City	14-6
2012	Skylar Johnson	Pt Pleasant Boro	14-0
2013	Craig Hunter	Robbinsville	15-6
2014	Abe Gertler	Madison Boro	14-6
2015	Matt Isaacson	Matawan	14-0
2016	Jarrold Brovero	Delsea	14-0

1000 Y Relay**Year**

	Name	School	Performance
1962		Ferris	1:55.6*
1963		Demarest	1:58.7*
1964	NO RACE		
1965		Demarest	1:59.7*

2 Mile Relay**Year**

	Name	School	Performance
1962		Highland Park	8:58.6*
1963		Demarest	9:04.8*
1964		Leonia	8:51.2*
1965		Demarest	9:02.4*

Mile/1600 Relay**Year**

	Name	School	Performance
1962		Metuchen	3:48.3*
1963		Demarest	3:51.4*
1964		Demarest	3:51.4*
1965		West Essex	3:49.1*
1966		Waldwick	3:56.0*
1967	NO RACE		
1968	NO RACE		
1969		Woodbury	3:36.4*
1970		Lincoln	3:27.8*
1971		Lincoln	3:36.3*
1972	NO RACE		
1973	NO RACE		
1974	NO RACE		
1975	NO RACE		
1976	NO RACE		
1977	NO RACE		
1978	NO RACE		
1979	NO RACE		
1980	NO RACE		
1981	NO RACE		
1982	NO RACE		
1983	NO RACE		
1984	NO RACE		
1985	NO RACE		
1986	NO RACE		
1987	NO RACE		
1988	NO RACE		
1989	NO RACE		
1990	NO RACE		
1991	NO RACE		
1992	NO RACE		
1993	NO RACE		
1994		Roselle	3:36.44
1995		Asbury Park	3:35.79
1996		Bishop Eustace	3:31.94
1997		Weequahic	3:31.40
1998	NO RACE		
1999		Bridgeton	3:32.92
2000		Buena	3:30.75
2001		Buena	3:29.06
2002		Pleasantville	3:29.21
2003		Matawan	3:33.16
2004		Pope John	3:34.02
2005	NO RACE		
2006	NO RACE		
2007		Monmouth	
2008		Montville	3:30.43
2009		Camden	3:25.39
2010		Matawan	3:29.81
2011		Bridgeton	3:30.18
2012		Long Branch	3:29.50
2013		Matawan	3:25.74
2014		Rahway	3:26.28
2015		Deptford	3:27.65
2016		West Essex	3:27.90

Team Scoring

Year	Name	School	Performance
1962		Highland Park	26
1963		Highland Park	34
1964		Demarest	
1965		Demarest	29
1966		Clearview	23
1967		Tenaflly	27
1968		Tenaflly	30
1969		Woodbury	29.5
1970		Lincoln	31
1971		Highland Park	17
		Lincoln	
1972		Metuchen	21
		Somerville	
1973		Somerville	19
1974		Lincoln	20
1975		Williamstown	16
		Saddle Brook	
1976		Saddle Brook	19
1977		Tenaflly	16.5
1978		Asbury Park	50
1979		Tenaflly	14
		Dover	
		Clifford Scott	
1980		Clifford Scott	20
1981		Princeton	37
1982		Princeton	26
1983		Asbury Park	28
1984		Lawrence	23
		Asbury Park	
1985		Asbury Park	32
1986		Bernards	31
1987		Carteret	18.5
1988		Monmouth	16
		West Side	
1989		Asbury Park	28
1990		Asbury Park	25
1991		Asbury Park	28
1992		Asbury Park	33
1993		Asbury Park	45
1994		Asbury Park	51
1995		Asbury Park	40
		Bridgeton	
1996		Asbury Park	30
1997		Notre Dame	41
1998		Manchester Twp.	43
1999		Pleasantville	45
		Bridgeton	
2000		Red Bank	50
2001		Bridgeton	41
2002		Bridgeton	37
2003		Manchester Twp.	27
2004		Pope John	47
2005		Camden	32
2006		Morris Hills	31
2007		Monmouth	46
2008		Morris Hills	41
2009		Morris Hills	52
2010		Indian Hills	44
2011		Delsea	40
2012		Willingboro	48
2013		Matawan	48
2014		Highland Reg.	51
2015		River Dell	42
2016		River Dell	40