

**Group III**

**Dash**

<b>Year</b>	<b>Name</b>	<b>School</b>	<b>Performance</b>
1960	Rich Vininski	Morris Hills	6.7*
1961	Art Garrett	Edgewood	6.6*
1962	Jim Corbin	Lincoln	6.5*
1963	John McManus	South Side	6.6*
1964	Mel Reuben	South Side	6.6*
1965	<b>Bill Walker</b>	<b>Englewood</b>	6.5*
1966	<b>Bill Walker</b>	<b>Englewood</b>	6.3*
1967	Colin Gallon	South Side	6.6*
1968	Don Schneider	Watchung Hills	6.6*
1969	Ed Jones	Lincoln	6.5*
1970	John Boxley	Deptford	6.4*
1971	Carl Stewart	Rahway	6.3*
1972	Ron Moore	Weequahic	6.7*
1973	John Kyle	Asbury Park	6.6*
1974	Charles Walker	Lakewood	6.5*
1975	Darrell Richardson	East Orange	6.5*
1976	Luis Moore	Overbrook	6.3*
1977	Tim White	Asbury Park	6.3*
1978	Carlos Roberts	Franklin	6.6*
1979	Jay Jackson	Asbury Park	6.5*
1980	Matt Godbolt	Ewing	6.4
1981	Bob Askew	Summit	6.5
1982	Clark Waddell	Franklin	6.59
1983	Clark Waddell	Franklin	6.3
1984	Ron Varlow	Franklin	6.4
1985	Gary Satterwhite	Rahway	6.4
1986	Ken Reynolds	Willingboro	6.5
1987	<b>Lamonte Brown</b>	<b>Demarest</b>	6.5
1988	Chris Donaldson	Willingboro	6.75
1989	Scott Foster	Wall	6.58
1990	Greg Evans	Red Bank	6.50
1991	Ty Adams	Monmouth	6.54
1992	Darian English	Wilson	6.55
1993	Darian English	Wilson	6.61
1994	Terry Pearson	Lincoln	6.72
1995	Kevin Doughy	Oakcrest	6.75
1996	Keith Tweedy	Morristown	6.63
1997	Albert Newkirk	Camden	6.56
1998	Todd Matthews	Notre Dame	6.66
1999	Armen Sample	Belleville	6.70
2000	Anthony Davis	Plainfield	6.58
2001	Jamar Ervin	Camden	6.54
2002	<b>Adrian Durant</b>	<b>Teaneck</b>	6.72
2003	Adian Sanderson	Ewing	6.57
2004	Sherron Bullock	Camden	6.58
2005	Doug Cloninger	Morristown	6.66
2006	Bruce Black	Hamilton West	6.62
2007	Charles Willis	Hamilton West	6.56
2008	Mike Peavey	Neptune	<b>6.46</b>
2009	Damiere Byrd	Timber Creek	<b>6.46</b>
2010	Rashon Evans	Irvington	6.53
2011	Fabian Santiago	Oakcrest	6.56
2012	Fabian Santiago	Oakcrest	6.48
2013	Andrew Chery	Burlington Twp.	6.57
2014	Kareem Ali	Timber Creek	6.63
2015	Martin Booker Jr.	Pennsauken	6.59
2016	Marvin Morgan	Neptune	6.47

200			
<b>Year</b>			
2005	Austin Casey	Parsippany Hills	22.95
2006	Charles Cox	Monmouth	<b>22.28</b>
300Y			
1960	Ted Johnson	Lincoln	<b>35.0*</b>
440/400			
<b>Year</b>	<b>Name</b>	<b>School</b>	<b>Performance</b>
1960	Bob Johnson	Asbury Park	53.2*
1961	<b>Len Byrd</b>	<b>Leonia</b>	52.9*
1962	Wilbur Smith	Lincoln	53.2*
1963	<b>Dwight Peck</b>	<b>Pascack Valley</b>	53.4*
1964	Rich Levandoski	South Plainfield	54.7*
1965	Rich Levandoski	South Plainfield	54.2*
1966	Rich Levandoski	South Plainfield	52.6*
1967	Jerry Clark	Deptford	50.4*
1968	<b>Dave Faust</b>	<b>New Milford</b>	51.8*
1969	Keith Davis	Lincoln	50.1*
1970	Steve Riccardi	Iselin	51.4*
1971	<b>Mark Dexter</b>	<b>Tenafly</b>	51.8*
1972	Nate Austin	Rahway	51.3*
1973	Ken Superak	Carteret	53.1*
1974	Lionel Adams	Monmouth	51.7*
1975	Paul Durant	Long Branch	51.3*
1976	James Barr	West Side	51.1*
1977	Tim White	Asbury Park	51.4*
1978	Bob Daye	Lakewood	51.4*
1979	George Hayes	Monmouth	49.7*
1980	Jack Armour	Lincoln	49.9
1981	Elliott Johnson	Ewing	50.3
1982	Joe Strickland	Newark Central	<b>48.6</b>
1983	Clark Waddell	Franklin	50.6
1984	Treno Denson	Rahway	51.9
1985	Harold Rollins	Lakewood	49.2
1986	Andy Wingate	East Orange	50.5
1987	Tim Cusack	Lakewood	50.04
1988	Sean Scott	Willingboro	50.38
1989	David Fields	Monmouth	50.59
1990	William Mobley	Eastern	49.98
1991	Chuck Crowders	West Morris	50.20
1992	Keith Barber	Weequahic	50.87
1993	Ty Adams	Monmouth	50.92
1994	Royce Reed	Bridgeton	50.29
1995	Ricky Moore	South Brunswick	52.73
1996	Anthony Campbell	Snyder	51.43
1997	Mike Aguilar	Lakewood	51.51
1998	Charlz Hester	Toms River South	50.31
1999	Liam Jones	Sayreville	51.60
2000	Liam Jones	Sayreville	51.39
2001	John Morris	Camden	49.68
2002	<b>Adrian Durant</b>	<b>Teaneck</b>	51.57
2003	Adian Sanderson	Ewing	50.66
2004	Reuben McCoy	Winslow Twp.	49.98
2005	Jihad Springer	Shabazz	51.64
2006	Charles Cox	Monmouth	50.16
2007	Sherman Goree	Camden	50.52
2008	Terry Alston	Camden	50.08
2009	Andrew Burt	Lacey Twp.	50.04
2010	Geoffrey Stewart	West Side	50.82
2011	<b>Bryan Murphy</b>	<b>Teaneck</b>	50.83
2012	Akmed Muhammad	Oakcrest	49.96
2013	Colin Winslow	Sayreville	50.00
2014	Jamaad Muse	Timber Creek	49.46
2015	Greg Stickle	Randolph	50.36
2016	Marquan Jones	Pennsauken	50.10

## 880/800

Year	Name	School	Performance
1960	<b>Bob Linders</b>	<b>Demarest</b>	2:02.7*
1961	NO RACE		
1962	NO RACE		
1963	NO RACE		
1964	NO RACE		
1965	NO RACE		
1966	NO RACE		
1967	<b>Everett Schenck</b>	<b>Glen Rock</b>	2:00.8*
1968	Wayne Jenkins	Deptford	2:00.6*
1969	Wayne Jenkins	Deptford	2:00.1*
1970	Bob Cooper	Deptford	2:00.8*
1971	Jim Blackburn	Rahway	1:58.7*
1972	<b>John Tanner</b>	<b>Demarest</b>	2:01.2*
1973	Tim Solomon	Rahway	1:58.5*
1974	Odie Huffman	Monmouth	1:58.0*
1975	Ben Geltzeiler	Springfield	2:02.3*
1976	Kelvin Washington	Lincoln	1:58.2*
1977	Willie Gandy	Asbury Park	1:59.7*
1978	Tom Ramsey	Morris Hills	2:01.4*
1979	Marv Brown	Monmouth	2:01.1*
1980	Marv Brown	Monmouth	1:59.5
1981	Maurice Murray	Weequahic	1:58.0
1982	Pat Kely	Toms River South	1:58.4
1983	Umar Lateef	Shabazz	2:00.6
1984	Fred Bronner	Morris Hills	1:57.4
1985	Fred Bronner	Morris Hills	2:00.9
1986	Terry Bellamy	Willingboro	2:01.6
1987	Roger Lawyer	Willingboro	2:02.10
1988	Roger Lawyer	Willingboro	1:57.49
1989	Steve Liona	Raritan	2:00.48
1990	Clinton Bell	Franklin	2:00.24
1991	Josh Suckey	Morris Hills	1:58.17
1992	Pat Redmond	North Hunterdon	1:59.09
1993	Rob Motz	Rahway	1:56.57
1994	Rob Motz	Rahway	1:58.65
1995	Ted Kilcommons	Westfield	1:59.98
1996	Matt Elmuccio	Westfield	1:55.17
1997	Matt Elmuccio	Westfield	1:56.42
1998	Ryan Smith	Morristown	1:59.37
1999	Eric Motzenbacker	Wall	1:57.34
2000	<b>Dave Heerema</b>	<b>West Milford</b>	2:00.98
2001	John Morris	Camden	2:02.99
2002	Jeff Zodda	Notre Dame	1:58.31
2003	Jeff Williams	South Plainfield	1:58.10
2004	Greg Gomez	Franklin	1:59.08
2005	Tom Friscia	Red Bank	2:01.42
2006	Jason Apwah	Roxbury	1:57.67
2007	Jason Apwah	Roxbury	1:58.11
2008	Tom Pierson	Lacey Twp.	1:59.21
2009	Tivo Rivera	Kingsway	1:56.32
2010	Hamer Farag	Morristown	1:56.37
2011	Miles Schoedler	Ocean City	1:57.59
2012	AJ Chavez	West Windsor So.	1:57.34
2013	Darrell Manhertz	Kingsway	<b>1:53.79</b>
2014	<b>Marc Rienas</b>	<b>Old Tappan</b>	1:58.14
2015	<b>Marc Rienas</b>	<b>Old Tappan</b>	1:57.45
2016	Ian McNally	Morris Hills	1:55.81

## 1000 Y

Year	Name	School	Performance
1961	<b>Bob Woodley</b>	<b>Pascack Valley</b>	<b>2:24.2*</b>
1962	<b>Jack Shaw</b>	<b>Tenafly</b>	2:24.4*
1963	Frank Hagan	South Side	2:27.9*
1964	<b>Dante Teagno</b>	<b>Tenafly</b>	2:27.3*
1965	<b>Steve Haganir</b>	<b>Pascack Valley</b>	2:25.5*
1966	Ray Siegrist	Watchung Hills	2:26.4*

Mile/1500/1600

Year	Name	School	Performance
1960	John Portee	Irvington Tech	4:27.9*
1961	Tim Wilson	Parsippany	4:43.4*
1962	<b>John Loeschhorn</b>	<b>Ramapo</b>	4:52.5*
1963	Rod Lasher	South Side	4:40.5*
1964	<b>Gary Glover</b>	<b>New Milford</b>	4:49.7*
1965	Phil Peterson	Watchung Hills	4:37.6*
1966	Cliff Christensen	North Plainfield	4:52.1*
1967	Tom Thievon	Watchung Hills	4:30.2*
1968	Glen Settles	Lincoln	4:33.5*
1969	<b>Jim Hennessey</b>	<b>New Milford</b>	4:24.9*
1970	<b>Bill Dralle</b>	<b>Pascack Hills</b>	4:29.0*
1971	<b>Rich Karrh</b>	<b>Englewood</b>	4:28.8*
1972	<b>George MacKay</b>	<b>Pascack Hills</b>	4:31.6*
1973	<b>George MacKay</b>	<b>Pascack Hills</b>	4:20.5*
1974	<b>Clark Woods</b>	<b>Pascack Valley</b>	4:29.1*
1975	Frank Verdon	Parsippany	4:29.4*
1976	<b>Rick Devine</b>	<b>Westwood</b>	4:22.8*
1977	<b>Roger Jones</b>	<b>Ramsey</b>	<b>4:17.2*</b>
1978	John McShay	Collingswood	4:29.2*
1979	Kevin Barnes	Weequahic	4:30.2*
1980	Jim McKeon	Millburn	4:06.8&
1981	Ken Hicks Jr.	Lakewood	4:11.5&
1982	Tom Fischer	Manalapan	4:21.6
1983	<b>Steve Schadler</b>	<b>Bergenfield</b>	4:26.2
1984	<b>Steve Schadler</b>	<b>Bergenfield</b>	4:27.5
1985	Andy Martin	North Hunterdon	4:26.3
1986	Herb Williams	Lakewood	4:29.0
1987	Cesar Gaudin	Union Hill	4:31.6
1988	Frank Wiggins	Hanover Park	4:27.04
1989	Urie Ridgeway	Bridgeton	4:31.3
1990	Shane DeGannes	Wilson	4:28.49
1991	<b>Moses Mekbeb</b>	<b>Cliffside Park</b>	4:31.5
1992	Jon Beym	Notre Dame	4:34.94
1993	<b>Bill Grogan</b>	<b>Bergenfield</b>	4:28.24
	Pat Dolan	North Hunterdon	
1994	Chris Greer	Toms River South	4:30.78
1995	Chris Greer	Toms River South	4:23.19
1996	Isidro Pimentel	Snyder	4:28.48
1997	Mike Krug	Westfield	4:27.92
1998	Nathan Sisco	North Hunterdon	4:31.05
1999	Todd Henderson	Notre Dame	4:32.49
2000	Joe Lacovara-Switzer	Egg Harbor	4:32.52
2001	Brian Boyett	Parsippany Hills	4:22.93
2002	John Richardson	Ocean City	4:27.69
2003	Jeremy Zagorski	Parsippany Hills	4:25.51
2004	Joe Kingsbery	Red Bank	4:24.41
2005	Geoff McGrane	Randolph	4:29.63
2006	Craig Forsys	Colts Neck	4:22.03
2007	<b>Tony Salvatore</b>	<b>Wayne Valley</b>	4:24.24
2008	Ryan Birchmeier	Ocean City	4:21.02
2009	Jim Rosa	West Windsor No.	4:16.59
2010	Sam Macaluso	West Windsor So.	<b>4:14.94</b>
2011	Miles Schoedler	Ocean City	4:16.57
2012	Chris Marco	Toms River South	4:19.59
2013	Alexander Cary	Morristown	4:22.86
2014	Bill Dolan	Clearview	4:19.53
2015	<b>Marc Rienas</b>	<b>Old Tappan</b>	4:19.92
2016	Tim Bason	West Windsor So.	4:19.28

## 2M/3000/3200

Year	Name	School	Performance
1966	Russ Taintor	Brick	10:08.1*
1967	George DiEnno	Triton Blue	9:46.0*
1968	Russ Taintor	Brick	9:36.5*
1969	Ken Medlin	Haddon Twp.	9:29.5*
1970	Mike Butynes	Sterling	9:27.5*
1971	Mike Butynes	Sterling	9:32.0*
1972	Mike Butynes	Sterling	9:17.0*
1973	<b>Jim Conner</b>	<b>Dumont</b>	9:39.0*
1974	Sal Vega	Memorial	9:28.7*
1975	Larry Friedman	Moorestown	9:33.7*
1976	Bob Siehl	Morris Hills	9:25.4*
1977	Bob Siehl	Morris Hills	9:28.7*
1978	Gene Doyle	Moorestown	9:45.0*
1979	Scott Warner	Parsippany Hills	9:53.4*
1980	Doug Atkinson	Rancocas Valley	8:57.8&
1981	Tom Fischer	Manalapan	8:50.7&
1982	<b>Rich Byrne</b>	<b>Ridgefield Park</b>	9:32.0
1983	<b>Steve Schadler</b>	<b>Bergenfield</b>	9:38.0
1984	Brad Hudson	North Hunterdon	9:12.7
1985	Bill Babcock	North Hunterdon	9:30.4
1986	Kevin Pumphrey	Highland	9:19.7
1987	Cesar Gaudin	Union Hill	9:31.9
1988	Lance Hess	Bridgeton	9:40.0
1989	Urie Ridgeway	Bridgeton	9:29.24
1990	Clinton Bell	Franklin	9:36.45
1991	<b>Ken Flynn</b>	<b>Ramsey</b>	9:38.31
1992	Eric Willis	Notre Dame	9:44.74
1993	Pat Dolan	North Hunterdon	9:34.77
1994	Geoff Wayton	Mainland	9:52.6
1995	Scott Muoio	Brick	9:36.03
1996	Sean McCafferty	Central Ocean	9:29.98
1997	Adam Daniels	Seton Hall	9:33.12
1998	Todd Henderson	Notre Dame	9:42.89
1999	Jason Andrews	Lakewood	9:33.63
2000	Brian Boyett	Parsippany Hills	9:54.99
2001	Brian Boyett	Parsippany Hills	9:45.89
2002	Jim Flannery	St. Jos. (Met)	9:38.16
2003	Jeremy Zagorski	Parsippany Hills	9:39.78
2004	Jeremy Zagorski	Parsippany Hills	9:20.57
2005	Geoff McGrane	Randolph	9:46.20
2006	Craig Forsys	Colts Neck	9:22.08
2007	Brian Leung	West Windsor So.	9:25.56
2008	Brian Leung	West Windsor So.	<b>9:02.61</b>
2009	Joe Rosa	West Windsor No.	9:22.23
2010	Jim Rosa	West Windsor No.	9:05.26
2011	Robert Rawls	Triton	9:20.33
2012	Connor Herr	Shawnee	9:25.83
2013	Tom O'Neill	Middletown North	9:18.48
2014	Tom O'Neill	Middletown North	9:22.22
2015	Conor Murphy	Allentown	9:26.61
2016	Jordan Brannan	Colts Neck	9:19.60

**Hurdles**

<b>Year</b>	<b>Name</b>	<b>School</b>	<b>Performance</b>
1960	Jim Schibanoff	Bound Brook	7.6*
1961	<b>Charles Makarian</b>	<b>Tenafly</b>	7.7*
1962	Len Moore	Edison Tech	7.6*
1963	Fred Mitchell	South Side	7.6*
1964	Charles Proctor	South Side	7.6*
1965	<b>Len Corn</b>	<b>Ramapo</b>	7.4*
1966	Cal Pretlow	Edison Tech	7.8*
1967	Jim McCaskill	Long Branch	7.5*
1968	Vince O'Neil	North Plainfield	7.4*
1969	<b>Ken Clark</b>	<b>New Milford</b>	7.3*
1970	Paul Ricciardi	Iselin	7.3*
1971	Paul Ricciardi	Iselin	<b>7.2*</b>
1972	Nate Austin	Rahway	7.4*
1973	Steve Walker	South Brunswick	7.6*
1974	Quentin Wheeler	Monmouth	7.3*
1975	Jim Little	Moorestown	7.4*
1976	Jim Little	Moorestown	7.3*
1977	Sean Moore	Overbrook	7.3*
1978	Keith Lindsley	Morris Hills	7.6*
1979	Craig Morris	Monmouth	7.4
1980	Craig Morris	Monmouth	7.3
1981	Rohan Dennis	Newark Central	7.7
1982	Marv Battle	Newark Central	7.76
1983	Walt Outing	Vailsburg	7.6
1984	Eugene Mumford	Rancocas Valley	7.4
1985	Eric Frieson	Willingboro	7.6
1986	Terry Cannon	Randolph	7.6
1987	Byram Hunt	Lakewood	7.71
1988	Doug Newman	Willingboro	7.63
1989	Gerard Reynolds	Willingboro	7.62
1990	Don Hickson	Highland	7.52
1991	Vince Rawlins	Eastern	7.74
1992	Donovan Darius	Wilson	7.87
1993	Dudley Dorival	Ewing	7.66
1994	Jason Ellis	Lakewood	7.67
1995	Adam Devlin	Sayreville	7.80
1996	Greg Christie	Perth Amboy	7.63
1997	Scott McCray	Camden	7.66
1998	Todd Matthews	Notre Dame	7.62
1999	Danyne Brown	Camden	7.56
2000	Dwight Ruff	Camden	7.66
2001	Dwight Ruff	Camden	7.52
2002	Aaron Ross	Clearview	7.76
2003	Jeff Porter	Franklin	7.51
2004	Reuben McCoy	Winslow Twp.	7.71
2005	Tyrell Ross	Clearview	7.78
2006	Kevin Gauntt	Seneca	7.73
2007	Emanuel Meyers	Lakewood	7.70
2008	Matt Marshall	Camden	7.56
2009	Joshua Evans	Irvington	<b>7.41</b>
2010	Rashon Evans	Irvington	7.77
2011	Greg Caldwell	West Windsor No.	7.58
2012	Greg Caldwell	West Windsor No.	7.48
2013	Chase Toliver	Oakcrest	7.64
2014	Kevin Hagamin	Timber Creek	7.63
2015	Alex Borzelin	Hamilton North	7.51
2016	Sean David	Highland	7.56

## High Jump

Year	Name	School	Performance
1960	<b>Bruce Hoffman</b>	<b>Ramapo</b>	6-1.5
1961	Len Smith	Edgewood	6-0
1962	<b>Walter Brush</b>	<b>Pascack Valley</b>	5-10.5
1963	<b>Rich Waterfall</b>	<b>New Milford</b>	5-11
1964	Columbus Williams	South Side	6-2
1965	Rich Levandoski	South Plainfield	6-2
1966	<b>Barry Shepard</b>	<b>Tenafly</b>	6-0
1967	<b>Bill Waterfall</b>	<b>New Milford</b>	6-3.5
1968	<b>Jeff Fried</b>	<b>New Milford</b>	6-4.25
1969	Leroy Hayes	Asbury Park	6-2
1970	Fred Zeiher	West Essex	6-3
1971	Fred Zeiher	West Essex	6-4
1972	Kevin Allen	Madison Twp.	6-2
1973	Gary Olyear	Clark	6-2
1974	Jim Russell	Memorial	6-2
1975	Rainier Malzbender	Springfield	6-4.5
1976	Jim Pringle	Moorestown	6-6
1977	Barry Anderson	Rancocas Valley	6-8
1978	Howard Fiderer	Highland	6-3
1979	Milt Goode	Monmouth	6-10
1980	<b>Dan Porter</b>	<b>Pascack Valley</b>	6-4
1981	Frank D'Angelo	Bridgewater West	6-4
1982	Jesse Jenkins	Toms River South	6-6
1983	Jesse Jenkins	Toms River South	6-6
1984	Dave Weismantel	Vernon	6-4.5
1985	Craig Wiley	Mount Olive	6-6
1986	Craig Wiley	Mount Olive	6-6
1987	Terry Ferguson	Cherry Hill West	6-8
1988	Wray Brown	Willingboro	6-4
1989	Bill Convery	Cedar Ridge	6-4
1990	Andrew Kearney	Lakewood	6-6
1991	Mike Loftin	North Hunterdon	7-0
1992	Curtis Bennett	Lakewood	6-4
1993	Jameel Sanders	Bridgeton	6-6
1994	Ryan O'Connell	Mainland	6-8
1995	Derek Weeks	North Brunswick	6-8
1996	Dave Klemic	Mainland	6-4
1997	Tim Upshur	Hamilton	6-8
1998	Todd Matthews	Notre Dame	6-4
1999	Blair Woodward	Scotch Plains	6-6
2000	Paul Klemic	Mainland	6-8
2001	Mike Morrison	Willingboro	6-4
2002	Mike Morrison	Willingboro	6-8
2003	Mike Morrison	Willingboro	7-1
2004	Bruce Francis	Timber Creek	6-4
2005	Oderick Turner	Teaneck	6-4
2006	Josh Butler	Delsea	6-8
2007	John Provanzik	Lacey Twp.	6-4
2008	Ameer Wright	Irvington	6-4
2009	Joshua Evans	Irvington	6-2
2010	Daniel Lucey	Central Reg.	6-2
2011	James O'Connor	Ocean City	6-4
2012	Brandon Grayson	Timber Creek	6-4
2013	Zach Davis	Sparta	6-6
2014	Larry Russell	Timber Creek	6-8
2015	Michael Morris	Allentown	6-2
2016	Ryan Tompkins	Colts Neck	6-6

## Shot Put

Year	Name	School	Performance
1960	<b>Bruce Pitot</b>	<b>Ridgefield Park</b>	52-11
1961	<b>John Kuzman</b>	<b>Wayne</b>	54-4
1962	Brian Hondru	North Plainfield	57-11
1963	Brian Hondru	North Plainfield	56-6.5
1964	<b>Bob Newman</b>	<b>Mahwah</b>	n.t.
1965	Gary Zemel	North Plainfield	56-10
1966	Ed Nicholas	Watchung Hills	50-4.25
1967	Dom Mazza	Long Branch	58-5
1968	<b>Paul Cammorata</b>	<b>River Dell</b>	54-2
1969	<b>Randy Sokolik</b>	<b>New Milford</b>	57-5
1970	Clive Reihl	Deptford	52-2.5
1971	<b>Fred Aquino</b>	<b>New Milford</b>	53-4
1972	Tom Watson	Morris Knolls	57-7
1973	Bob Ringwall	Carteret	57-2.5
1974	Bruce Heide	Springfield	50-10
1975	Bruce Heide	Springfield	58-7
1976	Vaughn Skidmore	Ocean Twp.	57-11
1977	Kim Miller	East Orange	56-4.5
1978	<b>Bob Celentano</b>	<b>Demarest</b>	54-6
1979	Dave DiMattia	Lenape	58-5.5
1980	Mitch Reeder	Asbury Park	55-5
1981	Bruce Denmark	Moorestown	51-6.5
1982	Pete Ramsey	Neptune	55-5.5
1983	Chris Politi	South Plainfield	53-10
1984	<b>Dave Cassens</b>	<b>Demarest</b>	53-9.5
1985	Eric Eppler	Bridgewater West	57-5
1986	<b>Mike Theuerkauf</b>	<b>Demarest</b>	54-10
1987	<b>Mike Theuerkauf</b>	<b>Demarest</b>	57-6.5
1988	<b>Mike Theuerkauf</b>	<b>Demarest</b>	58-11.25
1989	Kevin Flynn	Cedar Ridge	53-9.75
1990	Chris Bolden	Edgewood	57-11.25
1991	Warren DeShields	Bridgeton	55-9.5
1992	Tyrone Garland	Matawan	58-6.25
1993	Tyrone Garland	Matawan	62-6.5
1994	Ray Wilks	Bridgeton	55-9.5
1995	Matt Hanford	Toms River South	53-5.5
1996	Keith Rzewuski	St. Jos. (Met)	55-10
1997	Keith Rzewuski	St. Jos. (Met)	58-11
1998	Terrance Glover	Hamilton	51-7.75
1999	Terrance Glover	Hamilton	59-7.75
2000	Brad Cunningham	Hudson Catholic	54-9
2001	Matthew Babcock	Hightstown	52-10
2002	Michael Koping	Franklin	52-2.5
2003	Paul Applegate	Toms River South	56-7
2004	Eil Ash	Willingboro	57-2.5
2005	Khyle Osborne	Morristown	54-6
2006	Greg Tomczyk	West Morris Central	53-1 1/4
2007	Mike Alleman	Scotch Plains	59-6 1/2
2008	Mike Alleman	Scotch Plains	63-8 1/2
2009	Nick Vena	Morristown	67-6 1/2
2010	Nick Vena	Morristown	68-5
2011	Nick Vena	Morristown	<b>70-4 1/2</b>
2012	<b>Andrew Trumbetti</b>	<b>Demarest</b>	54-11
2013	Jude Brenya	Hightstown	54-4 1/2
2014	Jesse Brown	Central Reg.	53-4
2015	Dan Gilligan	Toms River East	56-1 3/4
2016	Dan Gilligan	Toms River East	58-7 3/4

## Pole Vault

Year	Name	School	Performance
2005	David McCullough	Toms River South	13-6
2006	Dan Kline	Roxbury	14-3
2007	Andrew Long	West Windsor So.	13-0
2008	<b>Adam Lazor</b>	<b>West Milford</b>	14-0
2009	Michael Maira	Seneca	14-6
2010	Eric Cottrell	Toms River South	13-6
2011	Dylan Spadaccini	Matawan	14-0
2012	Nicholas Eckett	Jackson Liberty	14-0
2013	Nicholas Eckett	Jackson Liberty	15-0
2014	<b>Luke Annichiarico</b>	<b>Old Tappan</b>	<b>15-6</b>
2015	Joseph Egri	JFK Iselin	13-6
2016	<b>Greg Fuerte</b>	<b>Paramus</b>	13-6



1000 Y Relay			
Year	Name	School	Performance
1962		Lincoln	1:56.3*
1963		Lincoln	1:55.7*
1964		Lincoln	<b>1:54.6*</b>
1965		Lincoln	1:55.2*
2 Mile Relay			
Year	Name	School	Performance
1961		<b>Demarest</b>	8:46.0*
1962		South Side	8:47.9*
1963		<b>Pascack Valley</b>	n.t.
1964		<b>Tenafly</b>	8:50.2*
1965		<b>Pascack Valley</b>	<b>8:35.4*</b>
Mile/1600 Relay			
Year	Name	School	Performance
1960		<b>Pascack Valley</b>	3:44.5*
1961		<b>Demarest</b>	3:42.4*
1962		South Side	3:45.7*
1963		Lincoln	3:46.5*
1964		South Side	3:43.6*
1965		<b>Tenafly</b>	3:43.9*
1966		Lincoln	3:43.8*
1967	NO RACE		
1968	NO RACE		
1969		Lincoln	3:26.7*
1970		<b>Englewood</b>	3:30.5*
1971		Rahway	3:28.6*
1972	NO RACE		
1973	NO RACE		
1974	NO RACE		
1975	NO RACE		
1976	NO RACE		
1977	NO RACE		
1978	NO RACE		
1979	NO RACE		
1980	NO RACE		
1981	NO RACE		
1982	NO RACE		
1983	NO RACE		
1984	NO RACE		
1985	NO RACE		
1986	NO RACE		
1987	NO RACE		
1988	NO RACE		
1989	NO RACE		
1990	NO RACE		
1991	NO RACE		
1992	NO RACE		
1993	NO RACE		
1994		Rahway	3:33.11
1995		Clifford Scott	3:30.68
1996		Wilson	3:29.51
1997		Camden	3:27.50
1998	NO RACE		
1999		Wilson	3:28.78
2000		Camden	3:30.88
2001		Camden	3:27.50
2002		Willingboro	3:28.36
2003		Willingboro	3:26.43
2004		Camden	3:25.74
2005	NO RACE		
2006	NO RACE		
2007		Camden	3:26.74
2008		Winslow Twp.	<b>3:23.24</b>
2009		Timber Creek	3:24.90
2010		Winslow Twp.	3:29.45
2011		Oakcrest	3:27.23
2012		Oakcrest	3:24.00
2013		Timber Creek	3:27.90
2014		Timber Creek	3:25.17
2015		<b>Old Tappan</b>	3:29.24
2016		Chatham	3:28.88

**Team Scoring**

<b>Year</b>	<b>Name</b>	<b>School</b>	<b>Performance</b>
1960		Englewood	15.4
1961		Demarest	14
1962		Tenafly	28
1963		South Side	36
1964		South Side	
1965		Pascack Valley	22
1966		Tenafly	22
1967		Long Branch	21
1968		New Milford	21
1969		Lincoln	26
1970		Deptford	21
1971		Rahway	29
1972		Rahway	20
1973		Carteret	18
1974		Monmouth	21
1975		Springfield	21
		Long Branch	
1976		Moorestown	13
1977		Asbury Park	23
1978		Morris Hills	12
1979		Monmouth	31
1980		Asbury Park	21
1981		Weequahic	13
1982		Long Branch	14
1983		Vailsburg	16
1984		North Hunterdon	10
1985		Lakewood	17
1986		Willingboro	22
1987		Willingboro	26
1988		Willingboro	27
1989		Monmouth	15
		Bridgeton	15
		Willingboro	15
1990		Franklin	23
1991		Bridgeton	17.5
1992		Wilson	32
1993		Wilson	38
1994		Bridgeton	37
1995		Toms River South	29
1996		Mainland	44
1997		Willingboro	32
1998		Notre Dame	42
1999		Lakewood	40
2000		Willingboro	36
2001		Camden	59
2002		Willingboro	28
2003		Ewing	58
2004		Winslow Twp.	45
2005		Randolph	30
2006		Monmouth	39.75
2007		Camden	30
2008		Irvington	29
		Camden	29
2009		West Windsor No.	49
2010		Jackson	40
2011		Ocean City	48
2012		Oakcrest	60
2013		Timber Creek	41
2014		Timber Creek	65
2015		Old Tappan	30
		Kingsway	30
2016		Colts Neck	34