

Group IV**Dash**

| Year | Name | School | Performance |
|-------------|-----------------------|-----------------|--------------------|
| 1960 | John Barbee | Snyder | 6.5* |
| 1961 | Ernie Wilson | Plainfield | 6.5* |
| 1962 | Charles Houston | New Brunswick | 6.4* |
| 1963 | Paul Byrdsell | Montclair | 6.6* |
| 1964 | Paul Wilson | Plainfield | 6.4* |
| 1965 | Rick Hopkins | Neptune | 6.4* |
| 1966 | Don Glover | Asbury Park | 6.6* |
| 1967 | Ed Samuels | Montclair | 6.4* |
| 1968 | Vin DiCioccio | North Bergen | 6.5* |
| 1969 | Al Jackson | East Orange | 6.4* |
| 1970 | Vin DiCioccio | North Bergen | 6.3* |
| 1971 | Van Butler | Trenton | 6.5* |
| 1972 | Joe Myatt | Plainfield | 6.6* |
| 1973 | Joe Myatt | Plainfield | 6.5* |
| 1974 | John Chambers | Neptune | 6.4* |
| 1975 | Jim Grubbs | North Edison | 6.5* |
| 1976 | Mike Peniston | Neptune | 6.4* |
| 1977 | Frank Kelly | Westfield | 6.3* |
| 1978 | Ron Singletary | Trenton | 6.3* |
| 1979 | Ron Singletary | Trenton | 6.4* |
| 1980 | Darnell Jackson | Snyder | 6.3 |
| 1981 | Howard Coburn | Montclair | 6.5 |
| 1982 | Tony Jones | Edgewood | 6.57 |
| 1983 | Dennis Mitchell | Edgewood | 6.2 |
| 1984 | Dennis Mitchell | Edgewood | n.t. |
| 1985 | Lee Jerkins | Edgewood | 6.50 |
| 1986 | Tony Tiller | Westfield | 6.55 |
| 1987 | Barry Bacon | Neptune | 6.4 |
| 1988 | Charles Rankin | Bayonne | 6.63 |
| 1989 | Rashid Thomas | Elizabeth | 6.54 |
| 1990 | Juan Jones | Elizabeth | 6.55 |
| 1991 | Marvin Brown | Montclair | 6.54 |
| 1992 | Myles Savage | Piscataway | 6.6 |
| 1993 | Kevin Rembert | Passaic | 6.69 |
| 1994 | Dennis Sturdivant | Vineland | 6.72 |
| 1995 | Gary Gordon | Willingboro | 6.59 |
| 1996 | Albert Newkirk | Camden | 6.63 |
| 1997 | Kishwayne Virgo | Plainfield | 6.69 |
| 1998 | Ron Wright | Toms River East | 6.60 |
| 1999 | Don Arumeni | Old Bridge | 6.70 |
| 2000 | Khary Sharpe | Eastern | 6.57 |
| 2001 | Stephen Andrews | Kearny | 6.65 |
| 2002 | Todd Dutch | Washington Twp. | 6.58 |
| 2003 | Shonn Greene | Winslow Twp. | 6.68 |
| 2004 | Darren Ford | Vineland | 6.58 |
| 2005 | Reginald Dixon-Venson | Plainfield | 6.67 |
| 2006 | Reginald Dixon-Venson | Plainfield | 6.52 |
| 2007 | Reginald Dixon-Venson | Plainfield | 6.37 |
| 2008 | Chris Church | Millville | 6.54 |

| | | | |
|------|--------------------|------------------|-------------|
| 2009 | Stephen Knox | Plainfield | 6.52 |
| 2010 | Brian Oni | South Brunswick | 6.56 |
| 2011 | Jihaad Howard | Brick | 6.57 |
| 2012 | Donald Urschel | East Brunswick | 6.58 |
| 2013 | Curtis Fitzpatrick | Egg Harbor | 6.51 |
| 2014 | Mikhail Micheaux | Eastern | 6.60 |
| 2015 | Akeem Lindo | East Orange | 6.58 |
| 2016 | Jason Cission Jr. | Plainfield | 6.47 |
| 2017 | Bryce Watts | Toms River North | 6.41 |
| 2018 | Mario Heslop | Franklin | 6.34 |
| 2019 | Mario Heslop | Franklin | 6.38 |

| | | | |
|------|----------------|-----------------|--------------|
| 200 | | | |
| Year | | | |
| 2005 | Bryant McCombs | Old Bridge | 22.68 |
| 2006 | Phillip Reid | Rancocas Valley | 23.01 |
| 300Y | | | |
| 1960 | Dennis Gray | Snyder | 34.4* |

440/400

| Year | Name | School | Performance |
|------|--------------------|-------------------|-------------|
| 1960 | Stan Kozlowski | Perth Amboy | 53.9* |
| 1961 | Earl Rogers | Newark Central | 52.7* |
| 1962 | Gus Johnson | Snyder | 52.8* |
| 1963 | Gus Johnson | Snyder | 52.4* |
| 1964 | John Swinburne | Dickinson | 53.7* |
| 1965 | Bill Findler | Neptune | 53.2* |
| 1966 | Hardge Davis | Montclair | 52.6* |
| 1967 | Greg Tack | Scotch Plains | 51.0* |
| 1968 | Al Hicks | Trenton | 51.0* |
| 1969 | Hal Johnston | Rahway | 50.9* |
| 1970 | Tom Fennell | Westfield | 51.0* |
| 1971 | Dave Law | Snyder | 51.3* |
| 1972 | Dave Law | Snyder | 50.5* |
| 1973 | James Lewis | Linden | 50.8* |
| 1974 | Jerry Wyche | Hackensack | 51.4* |
| 1975 | Jim Johnson | Snyder | 52.1* |
| 1976 | Mike Peniston | Neptune | 49.7* |
| 1977 | Darrell Jeffress | Trenton | 50.4* |
| 1978 | Darrell Jeffress | Trenton | 49.8* |
| 1979 | Steve Ross | East Orange | 51.0* |
| 1980 | John Marshall | Plainfield | 49.9 |
| 1981 | Dorrell Hilliman | Plainfield | 50.2 |
| 1982 | Tony Valentine | Plainfield | 49.9 |
| 1983 | Tony Valentine | Plainfield | 49.2 |
| 1984 | Dennis Mitchell | Edgewood | 49.2 |
| 1985 | Glenwood Jackson | East Orange | 49.6 |
| 1986 | Tony Tiller | Westfield | 50.36 |
| 1987 | Jon Copeland | Piscataway | 50.09 |
| 1988 | Jon Copeland | Piscataway | 50.42 |
| 1989 | Jordan Gray | Freehold Twp. | 50.47 |
| 1990 | Paul Collins | Morristown | 50.45 |
| 1991 | Marquel Thomas | Newark Eastside | 49.09 |
| 1992 | Tom Pearson | Eastside | 51.52 |

| | | | |
|------|--------------------|------------------|--------------|
| 1993 | Myles Savage | Piscataway | n.t. |
| 1994 | Neil Jasey | Columbia | 51.95 |
| 1995 | Napoleon Davis | Willingboro | 52.49 |
| 1996 | Mike Serafin | Middletown South | 51.72 |
| 1997 | Wayne Riley | Willingboro | 51.20 |
| 1998 | Rob Gary | Lenape | 49.94 |
| 1999 | Sean White | Plainfield | 51.40 |
| 2000 | Mohamed Kanu | Lenape | 50.69 |
| 2001 | Todd Dutch | Washington Twp. | 50.97 |
| 2002 | Schafer Sherrer | Vineland | 50.40 |
| 2003 | Lance Wigfall | East Orange | 49.43 |
| 2004 | Keith Taylor | Elizabeth | 50.75 |
| 2005 | Bryant McCombs | Old Bridge | 50.55 |
| 2006 | Bryant McCombs | Old Bridge | 50.15 |
| 2007 | Allan Lunkenheimer | Old Bridge | 49.01 |
| 2008 | Ellis Mensah | West Orange | 49.80 |
| 2009 | Isaiah Gill | Plainfield | 49.39 |
| 2010 | Clayton Gravesande | Franklin | 49.64 |
| 2011 | Leonard Robbins | East Brunswick | 49.82 |
| 2012 | Alex Reber | Cherry Hill East | 49.95 |
| 2013 | Zyaire Clemes | Trenton | 48.80 |
| 2014 | Zyaire Clemes | Trenton | 49.12 |
| 2015 | Nasir Haines | Freehold Twp. | 49.61 |
| 2016 | Brandon Phillip | East Brunswick | 50.76 |
| 2017 | Semaj Willis | Trenton | 48.81 |
| 2018 | Mario Heslop | Franklin | 48.80 |
| 2019 | Mario Heslop | Franklin | 49.23 |

880/800

| Year | Name | School | Performance |
|-------------|-----------------|------------------|--------------------|
| 1960 | Mel Goss | Dickinson | 2:04.6* |
| 1961 | NO RACE | | |
| 1962 | NO RACE | | |
| 1963 | NO RACE | | |
| 1964 | NO RACE | | |
| 1965 | NO RACE | | |
| 1966 | NO RACE | | |
| 1967 | Frank Davis | Montclair | 1:56.3* |
| 1968 | Frank Davis | Montclair | 1:57.2* |
| 1969 | Paul Byrne | Westfield | 1:59.2* |
| 1970 | Gary Proto | Scotch Plains | 1:58.2* |
| 1971 | Brian Guaschino | North Bergen | 1:57.8* |
| 1972 | Chris Davis | Bloomfield | 2:00.4* |
| 1973 | Scott Sheehy | Parsippany | 2:00.1* |
| 1974 | Don Grow | Toms River South | 1:59.4* |
| 1975 | Andy Hubsch | Westfield | 1:56.7* |
| 1976 | Andy Hubsch | Westfield | 1:58.6* |
| 1977 | Aubrey McKithen | Trenton | 1:57.1* |
| 1978 | Aubrey McKithen | Trenton | 1:59.6* |
| 1979 | Dave Swatland | Columbia | 1:58.8* |
| 1980 | John Marshall | Plainfield | 1:57.6 |
| 1981 | John Marshall | Plainfield | 1:56.7 |
| 1982 | Dwayne Brake | Columbia | 1:56.6 |

| | | | |
|------|----------------------|------------------------|----------------|
| 1983 | Jeff Bradford | Willingboro | 1:58.7 |
| 1984 | Mike Glenn | Trenton | 1:59.2 |
| 1985 | Jose Barros | Newark Eastside | 1:58.0 |
| 1986 | Chris Rae | Ridgewood | 2:00.34 |
| 1987 | Chris Rae | Ridgewood | 1:58.35 |
| 1988 | Jeff Lewis | Toms River South | 1:59.49 |
| 1989 | Ernesto Perez | West Side | 1:56.56 |
| 1990 | Dorian Fenner | Newark Eastside | 1:55.8 |
| 1991 | Dorian Fenner | Newark Eastside | 1:54.80 |
| 1992 | Brian Barry | Don Bosco | 1:58.63 |
| 1993 | Rich Morris | Jackson | 1:55.92 |
| 1994 | Rich Morris | Jackson | 1:58.25 |
| 1995 | Matt Kalwinsky | Toms River North | 1:57.86 |
| 1996 | Brian Bennett | CBA | 1:59.59 |
| 1997 | Jason Meyers | Piscataway | 1:58.46 |
| 1998 | Aarao Santos | Newark Eastside | 2:00.64 |
| 1999 | Carlos Iglesia | Old Bridge | 1:59.62 |
| 2000 | Josh Kauke | Ridgewood | 1:57.59 |
| 2001 | Nat Glackin | CBA | 1:57.58 |
| 2002 | Shannon Shearer | Vineland | 1:57.21 |
| 2003 | Ken Sinkovitz | Bergen Catholic | 1:58.15 |
| 2004 | Steve Iannacone | Toms River East | 1:58.25 |
| 2005 | Hayrol Cruz | Passaic | 1:58.51 |
| 2006 | Will Andes | Cherokee | 1:59.24 |
| 2007 | Niall Buckley | Ridgewood | 1:57.50 |
| 2008 | Rob Andrews | Manalapan | 1:55.01 |
| 2009 | Sean Lunkenheimer | Old Bridge | 1:57.20 |
| 2010 | Luke Zirngibl | Middletown North | 1:56.18 |
| 2011 | Jared Mason | West Orange | 1:55.43 |
| 2012 | Jared Mason | West Orange | 1:55.36 |
| 2013 | Marcus Hatchett | Piscataway | 1:58.05 |
| 2014 | Morgan Murray | South Brunswick | 1:55.58 |
| 2015 | Isaiah Curbelo | Rancocas Valley | 1:56.38 |
| 2016 | Rey Rivera | Old Bridge | 1:54.56 |
| 2017 | Rey Rivera | Old Bridge | 1:53.17 |
| 2018 | Luis Peralta | Passaic | 1:56.46 |
| 2019 | Miles Liggins | South Brunswick | 1:55.34 |

1000 Y

| Year | Name | School | Performance |
|------|------------------|------------|----------------|
| 1961 | Rudy Peterson | Woodbridge | 2:26.6* |
| 1962 | Dave Coleman | Westfield | 2:22.8* |
| 1963 | Ralph Abramowitz | Dickinson | 2:25.1* |
| 1964 | Mike Wowkun | Dickinson | 2:27.3* |
| 1965 | Fred Garlin | Snyder | 2:28.0* |
| 1966 | Ed Wykowski | Dickinson | 2:22.9* |

Mile/1500/1600

| Year | Name | School | Performance |
|------|-----------------|---------------|-------------|
| 1960 | John Williams | Montclair | 4:38.5* |
| 1961 | Len Phillips | Rahway | 4:33.5* |
| 1962 | Joe Fazzari | Woodbridge | 4:41.4* |
| 1963 | Steve Harris | Scotch Plains | 4:37.1* |
| 1964 | Wayne Garretson | Cranford | 4:32.7* |

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|------|------------------------|-------------------|----------------|
| 1965 | Phil Papa | Dickinson | 4:33.2* |
| 1966 | Phil Papa | Dickinson | 4:29.7* |
| 1967 | Dave Calvert | Westfield | 4:26.8* |
| 1968 | Bill Whitehead | Morristown | 4:26.9* |
| 1969 | Bruce Scott | Union | 4:26.7* |
| 1970 | Chris Elliot | Ramapo | 4:14.8* |
| 1971 | Kevin Conheaney | Hackensack | 4:24.8* |
| 1972 | Vince Cartier | Scotch Plains | 4:14.0* |
| 1973 | Dave Wall | Dickinson | 4:19.6* |
| 1974 | Steve McDuffie | Neptune | 4:27.2* |
| 1975 | Mike Szostak | Colonia | 4:20.3* |
| 1976 | Henry Menke | Toms River South | 4:16.8* |
| 1977 | Henry Lenz | Memorial | 4:25.5* |
| 1978 | Chris Likes | Toms River South | 4:27.8* |
| 1979 | Dave Swatland | Columbia | 4:21.8* |
| 1980 | Mike Benson | Toms River South | 4:03.6& |
| 1981 | John Marshall | Plainfield | 3:57.7& |
| 1982 | J.J. Clark | Columbia | 4:23.0 |
| 1983 | Vance Watson | Willingboro | 4:23.5 |
| 1984 | Mike Glenn | Trenton | 4:23.9 |
| 1985 | Chris Sullivan | Ridgewood | 4:23.6 |
| 1986 | Tim Blake | Trenton | 4:28.2 |
| 1987 | Tim Yockel | Westfield | 4:26.59 |
| 1988 | Art Almeida | Kearny | 4:25.33 |
| 1989 | John Coyle | CBA | 4:21.43 |
| 1990 | Dorian Fenner | Newark Eastside | 4:26.58 |
| 1991 | Jean Luc Grandchamp | Seton Hall | 4:28.35 |
| 1992 | Rich Morris | Jackson | 4:25.39 |
| 1993 | Rich Morris | Jackson | 4:27.29 |
| 1994 | Bob Keino | Ridgewood | 4:25.66 |
| 1995 | Rui Nogueira | Newark Eastside | 4:30.78 |
| 1996 | Eric Savoth | CBA | 4:27.57 |
| 1997 | Karl Savage | Eastern | 4:26.37 |
| 1998 | Jeff Storch | Cherokee | 4:25.33 |
| 1999 | Ray Driscoll | St. Jos. (Met) | 4:27.03 |
| 2000 | David Sitzer | Cherokee | 4:28.69 |
| 2001 | Mike Myers | Eastern | 4:25.82 |
| 2002 | Dan Deichert | Eastern | 4:25.30 |
| 2003 | Peter Hess | Toms River North | 4:22.18 |
| 2004 | Carmen Cavella | Washington Twp. | 4:26.96 |
| 2005 | Greg Leach | CBA | 4:22.87 |
| 2006 | Justin Granit | East Brunswick | 4:28.22 |
| 2007 | Craig Forys | Colts Neck | 4:21.43 |
| 2008 | Jermaine Coore | Franklin | 4:18.35 |
| 2009 | Xavier Fraction | Washington Twp. | 4:25.06 |
| 2010 | Aaron Leskow | Toms River North | 4:19.40 |
| 2011 | Collin Frost | Randolph | 4:18.48 |
| 2012 | Steven Flynn | Edison | 4:18.50 |
| 2013 | Kevin Summonte | Freehold Twp. | 4:26.77 |
| 2014 | Nicholas McFarland | Hillsborough | 4:19.92 |
| 2015 | Ryan Rafferty | Jackson | 4:20.02 |
| 2016 | Brandon Tubby | Hillsborough | 4:15.17 |

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|---------------------|--------------------------|-------------------|--------------------|
| 2017 | Mulual Mu | Trenton | 4:16.03 |
| 2018 | Francis Martingale | Memorial | 4:18.80 |
| 2019 | Will Baginski | Ridgewood | 4:16.44 |
| 2M/3000/3200 | | | |
| Year | Name | School | Performance |
| 1966 | Bob Boglione | Belleville | 9:53.5* |
| 1967 | Joe Pluta | Ewing | 9:39.7* |
| 1968 | Vester Shack | East Orange | 9:24.9* |
| 1969 | Rich Gordon | Morristown | 9:20.0* |
| 1970 | Rich Gordon | Morristown | 9:29.4* |
| 1971 | Vince Cartier | Scotch Plains | 9:21.0* |
| 1972 | Bruce Mason | Ridgewood | 9:31.5* |
| 1973 | Tim Provost | Scotch Plains | 9:33.1* |
| 1974 | Rick Buckstad | North Edison | 9:31.0* |
| 1975 | Marty Ludwikowski | Cherry Hill West | 9:25.3* |
| 1976 | Ed Taylor | Edison | 9:16.6* |
| 1977 | Marty Holleran | North Bergen | 9:38.7* |
| 1978 | Barney Costello | Hunterdon Central | 9:27.6* |
| 1979 | Al Solano | Memorial | 9:30.6* |
| 1980 | Mike Benson | Toms River South | 9:00.5& |
| 1981 | J.J. Clark | Columbia | 8:49.7& |
| 1982 | John Kiernan | Sayreville | 9:12.8 |
| 1983 | Chris Koerner | Toms River North | 9:26.1 |
| 1984 | Keith Williams | Trenton | 9:33.4 |
| 1985 | Hector Rivera | Memorial | 9:28.2 |
| 1986 | Tim Blake | Trenton | 9:34.5 |
| 1987 | Tim Koerner | Toms River North | 9:33.52 |
| 1988 | Sean Henry | Clifton | 9:49.15 |
| 1989 | John Coyle | CBA | 9:10.92 |
| 1990 | Albert Donawa | Camden | 9:29.11 |
| 1991 | Dorian Fenner | Newark Eastside | 9:32.37 |
| 1992 | Steve Mazur | Highland | 9:33.21 |
| 1993 | Per Chilstrom | Columbia | 9:36.9 |
| 1994 | Bob Keino | Ridgewood | 9:29.35 |
| 1995 | Roger Munoz | Kearny | 9:39.36 |
| 1996 | Eric Savoth | CBA | 9:20.30 |
| 1997 | Roger Munoz | Kearny | 9:36.49 |
| 1998 | Jon Fasulo | Hunterdon Central | 9:32.73 |
| 1999 | Tom Baldwin | Hackensack | 9:29.21 |
| 2000 | Brian Kerwin | CBA | 9:32.57 |
| 2001 | Mike Myers | Eastern | 9:37.15 |
| 2002 | Dan Deichert | Eastern | 9:31.58 |
| 2003 | Mohamed Khadraoui | Kennedy | 9:22.62 |
| 2004 | Mohamed Khadraoui | Kennedy | 9:02.72 |
| 2005 | Anthony Kelhower | Lenape | 9:40.14 |
| 2006 | Jeff Perrella | Westfield | 9:30.32 |
| 2007 | Craig Forys | Colts Neck | 9:28.40 |
| 2008 | Andrew Brodeur | Brick | 9:26.52 |
| 2009 | Mark Leininger | Colts Neck | 9:24.58 |
| 2010 | Jeremy Elkaim | Livingston | 9:12.20 |
| 2011 | Matt McDonald | North Hunterdon | 9:20.57 |
| 2012 | Tim Ball | Piscataway | 9:13.13 |

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|------|-----------------|------------------|---------|
| 2013 | Dylan Tarpley | Freehold Twp. | 9:20.65 |
| 2014 | Karn Setya | West Windsor So. | 9:23.29 |
| 2015 | Nikhil Pulimood | West Windsor So. | 9:19.52 |
| 2016 | Jake Konig | Freehold Twp. | 9:15.49 |
| 2017 | Alex Roth | Princeton | 9:23.21 |
| 2018 | Sameer Das | West Windsor So. | 9:24.37 |
| 2019 | Ethan Wechsler | Cherokee | 9:34.76 |

Hurdles

| Year | Name | School | Performance |
|------|-------------------------|-------------------|-------------|
| 1960 | Don Franklin | East Orange | 7.8* |
| 1961 | Bill Covington | Morris Hills | 7.4* |
| 1962 | Bill Covington | Morris Hills | 7.5* |
| 1963 | Paul Wilson | Plainfield | 7.2* |
| 1964 | Paul Wilson | Plainfield | 7.3* |
| 1965 | Keith Richardson | Perth Amboy | 7.4* |
| 1966 | Mickey Allen | Plainfield | 7.4* |
| 1967 | George Smith | Perth Amboy | 7.3* |
| 1968 | Tom Ryall | Colonia | 7.5* |
| 1969 | Bill Novo | Woodbridge | 7.3* |
| 1970 | Jim Robinson | Camden | 7.3* |
| 1971 | Paul Sutphen | Clifton | 7.4* |
| 1972 | Charles Taylor | Montclair | 7.4* |
| 1973 | Gary Hecker | Union | 7.4* |
| 1974 | Randy Johnson | Morristown | 7.2* |
| 1975 | Keith Curtis | Camden | 7.3* |
| 1976 | Gary Ramsey | Neptune | 7.2* |
| 1977 | Renaldo Nehemiah | Scotch Plains | 7.0* |
| 1978 | Chris Person | Plainfield | 7.3* |
| 1979 | Marc Dickerson | Willingboro | 7.4 |
| 1980 | Glenn Patterson | Trenton | 7.3 |
| 1981 | Barry McClain | Trenton | 7.3 |
| 1982 | Tony Davis | Scotch Plains | 7.44 |
| 1983 | Tony Valentine | Plainfield | 7.5 |
| 1984 | Daryn Ramsey | Neptune | 7.5 |
| 1985 | David Jones | Montclair | 7.64 |
| 1986 | Tony Riello | Brick | 7.5 |
| 1987 | Kerry Ferrell | Piscataway | 7.58 |
| 1988 | Ralph Mosley | North Edison | 7.57 |
| 1989 | Stephen Dunphy | Middletown North | 7.63 |
| 1990 | Gerard Reynolds | Willingboro | 7.41 |
| 1991 | John Charley | Morristown | 7.46 |
| 1992 | Darius Pemberton | Hackensack | 7.59 |
| 1993 | Preston Beckley | Eastern | 7.79 |
| 1994 | Andy Parasion | Don Bosco | 7.89 |
| 1995 | Darak Rozier | Woodbridge | 7.78 |
| 1996 | Scott McCray | Camden | 7.61 |
| 1997 | Justin Avery | Montclair | 7.73 |
| 1998 | Oyewole Ogunkoya | Columbia | 7.85 |
| 1999 | Murteza Haidri | North Edison | 7.97 |
| 2000 | Herb Reid | Lenape | 7.63 |
| 2001 | Chris Stephens | Plainfield | 7.59 |
| 2002 | Irving Stills | Trenton | 7.74 |

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|------|---------------------|-----------------|-------------|
| 2003 | Irving Stills | Trenton | 7.66 |
| 2004 | Eric Dufrense | Jackson | 7.76 |
| 2005 | Chris Haley | Union | 7.66 |
| 2006 | Alixon Byron | Irvington | 7.79 |
| 2007 | Tykeen Fulton | Trenton | 7.46 |
| 2008 | Chris Rutherford | Toms River East | 7.61 |
| 2009 | Rolston Braithwaite | Trenton | 7.61 |
| 2010 | Keshon Brown | Kennedy | 7.51 |
| 2011 | Christian Boateng | Old Bridge | 7.44 |
| 2012 | Jermaine Collier | Trenton | 7.20 |
| 2013 | Karl Cajuste | West Orange | 7.47 |
| 2014 | Shaun Abubaker | Sayreville | 7.81 |
| 2015 | Cory Poole | East Orange | 7.63 |
| 2016 | Benjamin Aidoo | Sayreville | 7.51 |
| 2017 | Cory Poole | East Orange | 7.20 |
| 2018 | Akeem Lindo | East Orange | 7.31 |
| 2019 | Kumi Osei | Franklin | 7.58 |

High Jump

| Year | Name | School | Performance |
|------|----------------------|------------------|-------------|
| 1960 | Richard Ross | Montclair | 6-5.25 |
| 1961 | Ernie Wilson | Plainfield | 6-1.75 |
| 1962 | Fred McKoy | Plainfield | 6-3.25 |
| 1963 | George Platt | Plainfield | 6-4 |
| 1964 | George Platt | Plainfield | 6-4 |
| 1965 | John Cabiati | Union | 6-5.75 |
| 1966 | Joe David | Union | 6-0 |
| 1967 | Joe David | Union | 6-6 |
| 1968 | Tom Reaves | Steinert | 6-4 |
| 1969 | George Bocchieri | North Bergen | 6-0? |
| 1970 | Ed Morton | Westfield | 6-2 |
| 1971 | Ed Morton | Westfield | 6-3 |
| 1972 | Ed Morton | Westfield | 6-4 |
| 1973 | Ron Liteplo | East Brunswick | 6-4 |
| 1974 | Doug Richardson | Columbia | 6-6 |
| 1975 | Tom Keyes | Morristown | 6-6.25 |
| 1976 | Barry Anderson | Rancocas Valley | 6-7 |
| 1977 | Mike McKoy | Bayonne | 6-8 |
| 1978 | Bill Kuntz | Colonia | 6-8.25 |
| 1979 | Pierre Souchet | Toms River South | 6-6 |
| 1980 | Mike Pascuzzo | Lenape | 6-8 |
| 1981 | Will Kallio | North Edison | 6-6 |
| 1982 | Fred McKoy Jr. | Plainfield | 6-8.5 |
| 1983 | Felix Davis | Trenton | 6-8 |
| 1984 | Paul Tyson | Camden | 6-6 |
| 1985 | Kerry Vivett | Edgewood | 6-6 |
| 1986 | Terry Ferguson | Cherry Hill West | 6-6 |
| 1987 | Todd Britt | Morristown | 6-6 |
| 1988 | Joe Cullen | Hightstown | 6-6 |
| 1989 | Rich Robinson | SJR | 6-6 |
| 1990 | Eric Taylor-Perry | Montclair | 6-10 |
| 1991 | Ahmed Best | Columbia | 6-10 |
| 1992 | John Fleming | Brick | 6-4 |

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|------|------------------------------|------------------|-------------|
| 1993 | Dulayne Morgan | Elizabeth | 6-6 |
| 1994 | Andrew Dambreville | West Orange | 6-8 |
| 1995 | Derrick Ponton | Montclair | 6-8 |
| 1996 | Kijana Corbin | Columbia | 6-8 |
| 1997 | Linden Richmond | Passaic | 6-8 |
| 1998 | Raffael Craig | Millville | 6-8 |
| 1999 | Raffael Craig | Millville | 6-6 |
| 2000 | Kevin Mays | Absegami | 6-4 |
| 2001 | Lonnie Washington | Elizabeth | 6-6 |
| 2002 | Justin Haug | Howell | 6-2 |
| 2003 | Daryl Black | Eastern | 6-6 |
| 2004 | Chris Haley | Union | 6-6 |
| 2005 | Chris Haley | Union | 6-4 |
| 2006 | Ryan Manning | West Orange | 6-6 |
| 2007 | Devon Bond | Trenton | 6-8 |
| 2008 | Marcos McKenzie | Eastside | 6-8 |
| 2009 | Uchenna Njoku | Cherry Hill East | 6-8 |
| 2010 | Ed Kramer | Cherokee | 6-6 |
| 2011 | Andrew Athias | Cherry Hill East | 6-9 |
| 2012 | Hakiem Horton | Trenton | 6-8 |
| 2013 | Jeffrey-Jon Tucker | Eastern | 6-8 |
| 2014 | Barden Adams | West Orange | 6-6 |
| 2015 | Devin Bradham | Williamstown | 6-10 |
| 2016 | Semaj Willis | Trenton | 6-8 |
| 2017 | Semaj Willis | Trenton | 6-6 |
| 2018 | Soham Kolli | Randolph | 6-6 |
| 2019 | Jamier Wright-Collins | Kennedy | 6-8 |

Shot Put

| Year | Name | School | Performance |
|------|-----------------------|-------------------|-------------|
| 1960 | Paul Mallas | Woodbridge | 50-0.25 |
| 1961 | Walt Christensen | Woodbridge | 54-4.5 |
| 1962 | Bob Hoffman | Westfield | 57-3 |
| 1963 | John Eppensteiner | Woodbridge | 55-4.5 |
| 1964 | Charles Roll | Springfield | 58-3.75 |
| 1965 | Bruce Hedendal | Paramus | 60-11 |
| 1966 | John Sims | New Brunswick | 54-7 |
| 1967 | John Ellmers | Bloomfield | 57-4.5 |
| 1968 | Russ Frame | Union | 55-6 |
| 1969 | Russ Frame | Union | 58-4.5 |
| 1970 | Alex Stencil | Bayonne | 53-4 |
| 1971 | Alex Stencil | Bayonne | 57-10 |
| 1972 | Tom Corrigan | Union | 56-6 |
| 1973 | Ron Klotzer | Union | 59-1 |
| 1974 | Ron Klotzer | Union | 63-2 |
| 1975 | Bob Mattia | Union | 60-0 |
| 1976 | Manny Silverio | North Bergen | 60-1.5 |
| 1977 | George Scribellito | Toms River South | 58-1.5 |
| 1978 | Brian Dalatri | Brick | 55-7 |
| 1979 | Conrad Coye | Hackensack | 57-1 |
| 1980 | Vic Perez | Memorial | 56-3 |
| 1981 | Scott Vrabel | Elizabeth | 57-1 |
| 1982 | Marcus Thomas | Hackensack | 58-11.5 |

| | | | |
|------|-----------------------|------------------------|-----------------|
| 1983 | James Gilligan | Toms River East | 57-3 |
| 1984 | James Gilligan | Toms River East | 64-2.5 |
| 1985 | Dave Weisser | Morristown | 54-3 |
| 1986 | Frank Conover | Manalapan | 55-1 |
| 1987 | Drew Cary | Westfield | 56-9.25 |
| 1988 | Derrick Williams | Elizabeth | 56-11.5 |
| 1989 | Derrick Williams | Elizabeth | 55-5.5 |
| 1990 | Gil Winters | Willingboro | 57-2.25 |
| 1991 | Chris Johnson | North Bergen | 54-6.5 |
| 1992 | Alex Kolovyansky | Madison Central | 55-6.5 |
| 1993 | Bob Bohlman | Edgewood | 54-9.25 |
| 1994 | Tati White | Willingboro | 55-0.5 |
| 1995 | Ron Dayne | Overbrook | 54-2 |
| 1996 | Shaun McGregor | Bergen Catholic | 60-4.25 |
| 1997 | Kevin DiGiorgio | Bayonne | 62-9 |
| 1998 | Kevin DiGiorgio | Bayonne | 66-11.25 |
| 1999 | Nygiem Calhoun | Union | 53-3 |
| 2000 | Glenn DiGiorgio | Bayonne | 57-6.25 |
| 2001 | Glenn DiGiorgio | Bayonne | 63-0.75 |
| 2002 | Glenn DiGiorgio | Bayonne | 63-8.75 |
| 2003 | Steven DiGiorgio | Bayonne | 51-10 |
| 2004 | Sal Delhierro | Toms River East | 51-11 |
| 2005 | Steven DiGiorgio | Bayonne | 59-1.25 |
| 2006 | Victor Rizzotto | Southern | 52-4 |
| 2007 | John Viotto | South Brunswick | 53-4.25 |
| 2008 | Kwabena Keene | Washington Twp. | 54-4.25 |
| 2009 | Jorge Merino | Old Bridge | 54-10.75 |
| 2010 | Dan D'Amato | Old Bridge | 52-7 |
| 2011 | Sam Mattis | East Brunswick | 55-3 |
| 2012 | Christopher Staton | Franklin | 58-11 |
| 2013 | James Plummer | Egg Harbor | 58-10 |
| 2014 | Joshua Nijman | Columbia | 56-3 |
| 2015 | Vlad Castillo Jr. | Montgomery | 55-6.75 |
| 2016 | Dominic Walton | Old Bridge | 57-4.5 |
| 2017 | Ryan Roger | Toms River North | 55-7.5 |
| 2018 | Tarek Elkabbani | Hillsborough | 55-7 |
| 2019 | Kyle Lipscomb | Linden | 58-6.75 |

Pole Vault

| | | | |
|------|-------------------|---------------------|-------------|
| Year | | | |
| 2005 | Don Smith | Eastern | 13-0 |
| 2006 | Josh Chavanne | CBA | 13-0 |
| 2007 | Matt Steeg | Don Bosco | 13-6 |
| 2008 | Rick Villanova | Toms River South | 14-0 |
| 2009 | Greg Kelley | Toms River North | 14-6 |
| 2010 | Jordan Subai | Toms River North | 15-0 |
| 2011 | Brian Banks | Eastern | 14-0 |
| 2012 | Ryan Potter | North Hunterdon | 14-0 |
| 2013 | Peter Fagan | Westfield | 15-0 |
| 2014 | Trevor Knowles | North Hunterdon | 14-6 |
| 2015 | Ayman Saleh | East Brunswick | 13-0 |
| 2016 | Brandon Kong | Bridgewater-Raritan | 13-6 |
| 2017 | Brandon Kong | Bridgewater-Raritan | 14-6 |

| | | | |
|-------------|-----------------|----------------|-------------|
| 2018 | Simon Schenck | Princeton | 14-0 |
| 2019 | Bradley Jelmert | Watchung Hills | 15-0 |

1000 Y Relay

| Year | Name | School | Performance |
|-------------|-------------|---------------|--------------------|
| 1962 | | Plainfield | 1:53.9* |
| 1963 | | Dickinson | n.t. |
| 1964 | | Scotch Plains | 1:52.8* |
| 1965 | | Snyder | 1:53.7* |

2 Mile Relay

| Year | Name | School | Performance |
|-------------|-------------|---------------|--------------------|
| 1961 | | Kearny | 8:21.4* |
| 1962 | | Kearny | 8:29.3* |
| 1963 | | Kearny | 8:29.5* |
| 1965 | | North Bergen | 8:39.5* |

Mile/1600 Relay

| Year | Name | School | Performance |
|-------------|-------------|-------------------|--------------------|
| 1960 | | Newark South Side | 3:43.7* |
| 1961 | | Snyder | 3:34.9* |
| 1962 | | Snyder | 3:33.7* |
| 1963 | | Plainfield | 3:43.5* |
| 1964 | | Elizabeth | 3:42.5* |
| 1965 | | Elizabeth | 3:43.3* |
| 1966 | | Snyder | 3:38.2* |
| 1967 | NO RACE | | |
| 1968 | NO RACE | | |
| 1969 | | Bloomfield | 3:30.6* |
| 1970 | | East Orange | 3:31.5* |
| 1971 | | Snyder | 3:27.4* |
| 1972 | NO RACE | | |
| 1973 | NO RACE | | |
| 1974 | NO RACE | | |
| 1975 | NO RACE | | |
| 1976 | NO RACE | | |
| 1977 | NO RACE | | |
| 1978 | NO RACE | | |
| 1979 | NO RACE | | |
| 1980 | NO RACE | | |
| 1981 | NO RACE | | |
| 1982 | NO RACE | | |
| 1983 | NO RACE | | |
| 1984 | NO RACE | | |
| 1985 | NO RACE | | |
| 1986 | NO RACE | | |
| 1987 | NO RACE | | |
| 1988 | NO RACE | | |
| 1989 | NO RACE | | |
| 1990 | NO RACE | | |
| 1991 | NO RACE | | |
| 1992 | NO RACE | | |
| 1993 | NO RACE | | |
| 1994 | | Columbia | 3:31.42 |
| 1995 | | Hackensack | 3:29.89 |

| | | | |
|------|---------|----------------|----------------|
| 1996 | | Camden | 3:27.38 |
| 1997 | | Elizabeth | 3:29.11 |
| 1998 | NO RACE | | |
| 1999 | | Lenape | 3:29.11 |
| 2000 | | Lenape | 3:25.76 |
| 2001 | | Trenton | 3:28.24 |
| 2002 | | Vineland | 3:27.75 |
| 2003 | | Winslow Twp. | 3:25.60 |
| 2004 | | Vineland | 3:28.06 |
| 2005 | NO RACE | | |
| 2006 | NO RACE | | |
| 2007 | | Trenton | 3:24.30 |
| 2008 | | Old Bridge | 3:27.49 |
| 2009 | | Freehold Twp. | 3:25.63 |
| 2010 | | Absegami | 3:26.08 |
| 2011 | | East Brunswick | 3:26.07 |
| 2012 | | Trenton | 3:24.43 |
| 2013 | | Trenton | 3:25.04 |
| 2014 | | Old Bridge | 3:23.92 |
| 2015 | | Old Bridge | 3:28.25 |
| 2016 | | Old Bridge | 3:25.77 |
| 2017 | | Egg Harbor | 3:21.64 |
| 2018 | | East Orange | 3:24.46 |
| 2019 | | Westfield | 3:26.11 |

Team Scoring

| Year | Name | School | Performance |
|------|---------|-------------|-------------|
| 1960 | | Plainfield | 17 |
| 1961 | | Union | 13.4 |
| 1962 | | Plainfield | 26 |
| 1963 | | Plainfield | 15 |
| 1964 | | Plainfield | 22 |
| 1965 | | Snyder | 20.5 |
| 1966 | | Dickinson | 17 |
| 1967 | | Montclair | 17 |
| 1968 | | Union | 20 |
| 1969 | | Morristown | 21 |
| 1970 | NO RACE | | |
| 1971 | | Snyder | 15 |
| | | Westfield | |
| 1972 | | Union | 13 |
| 1973 | | Union | 16 |
| 1974 | | Neptune | 12 |
| 1975 | | Snyder | 15 |
| | | Plainfield | |
| 1976 | | Neptune | 22.5 |
| 1977 | | Trenton | 20 |
| 1978 | | Trenton | 20 |
| 1979 | | Columbia | 16 |
| 1980 | | Plainfield | 19 |
| 1981 | | Plainfield | 28 |
| 1982 | | Plainfield | 18 |
| 1983 | | Willingboro | 24 |

| | | |
|------|-------------------|-----------|
| 1984 | Trenton | 24 |
| 1985 | Edgewood | 12 |
| | Montclair | |
| 1986 | Westfield | 19.25 |
| 1987 | Westfield | 16 |
| 1988 | Hackensack | 17 |
| 1989 | CBA | 22 |
| 1990 | Willingboro | 17 |
| 1991 | Newark Eastside | 20 |
| 1992 | Hackensack | 29 |
| 1993 | Hackensack | 24 |
| 1994 | Don Bosco | 29 |
| 1995 | Willingboro | 32 |
| 1996 | Camden | 44 |
| 1997 | Willingboro | 32 |
| 1998 | St. Jos. (Met) | 22 |
| 1999 | Hackensack | 32 |
| | Lenape | |
| 2000 | Lenape | 35 |
| 2001 | CBA | 37 |
| 2002 | Vineland | 35 |
| 2003 | Winslow Twp. | 37 |
| 2004 | Vineland | 28 |
| 2005 | CBA | 40 |
| 2006 | CBA | 26 |
| 2007 | Trenton | 60 |
| 2008 | Old Bridge | 28 |
| 2009 | Plainfield | 28 |
| 2010 | Absegami | 30 |
| 2011 | East Brunswick | 33 |
| 2012 | East Brunswick | 36 |
| 2013 | Egg Harbor | 34 |
| 2014 | South Brunswick | 32 |
| 2015 | East Orange | 34 |
| 2016 | Old Bridge | 46 |
| 2017 | East Orange | 41 |
| 2018 | East Orange | 37 |
| 2019 | Franklin | 33 |