

Parochial A

Dash	Name	School	Performance
Year			
1961	Jerry Krumeich	Essex Catholic	6.6*
1962	Jerry Krumeich	Essex Catholic	<b>6.4*</b>
1963	<b>Bill Madden</b>	<b>Bergen Catholic</b>	6.6*
1964	Bob Reinoehl	Marist	6.7*
1965	Ken Foley	St. Aloysius	6.7*
1966	<b>Charlie Dougherty</b>	<b>Bergen Catholic</b>	6.8*
1967	<b>Bob Hauk</b>	<b>St. Joseph Reg.</b>	6.6*
1968	<b>Bob Hauk</b>	<b>St. Joseph Reg.</b>	6.5*
1969	<b>Bob Hauk</b>	<b>St. Joseph Reg.</b>	6.5*
1970	Don Braxton	Essex Catholic	6.5*
1971	<b>Tom Newman</b>	<b>Don Bosco</b>	n.t.
1972	<b>Tom Newman</b>	<b>Don Bosco</b>	n.t.
1973	Leon Lackey	St. Anthony's (T)	6.6*
1974	<b>Del Lawson</b>	<b>Don Bosco Tech</b>	6.6*
1975	Roger Hoskins	Essex Catholic	6.6*
1976	Rory Robinson	St. Peter's Prep	6.5*
1977	<b>Remo Biagioni</b>	<b>Bergen Catholic</b>	6.5*
1978	Ed Nieves	St. Peter's Prep	6.7*
1979	Tim Gilmore	CBA	6.6*
1980	<b>Mike Geraghty</b>	<b>Don Bosco</b>	6.7
1981	Curt Hampstead	St. Jos. (Met)	6.5
1982	Howard Ashley	Seton Hall	6.71
1983	Rich Thomas	St. Peter's (NB)	6.5
1984	Reggie Smith	Seton Hall	6.6
1985	Reggie Smith	Seton Hall	6.6
1986	Benson Goodwyn	Essex Catholic	6.6
1987	<b>Derrick Horner</b>	<b>Don Bosco</b>	6.6
1988	<b>Derrick Horner</b>	<b>Don Bosco</b>	6.61
2008	Mike Suarez	Union Catholic	6.68
2009	Clayton Parros	Seton Hall	6.58
2010	Keith Cumming	St. Peter's Prep	6.69
2011	<b>Tarique Gray</b>	<b>Bergen Catholic</b>	6.73
2012	Ishmael Hyman	St. John Vianney	6.64
2013	Lamont Higgins	St. Joseph (Met.)	6.62
2014	Jordan Jimerson	Union Catholic	6.50
2015	<b>Kyle Ellerson</b>	<b>Bergen Catholic</b>	6.58
2016	<b>Jahmel Johnson</b>	<b>Bergen Catholic</b>	6.61
2017	<b>Jahmel Johnson</b>	<b>Bergen Catholic</b>	6.54
2018	Antonio Tarantino	Paul VI	<b>6.45</b>

440/400

Year	Name	School	Performance
1961	Frank Koch	St. Peter's Prep	52.5*
1962	George McHugh	St. Aloysius	54.3*
1963	Ken Baile	St. Aloysius	54.2*
1964	Rich Zindell	Marist	53.6*
1965	Ed Paxson	St. Aloysius	53.2*
1966	<b>Bill Rabadan</b>	<b>Bergen Catholic</b>	52.9*
1967	Jim Scheidemann	Essex Catholic	51.8*
1968	Jim Barnacle	CBA	51.8*
1969	Peter Tuohy	Essex Catholic	51.8*
1970	James Carter	Seton Hall	50.8*
1971	James Carter	Seton Hall	50.5*
1972	Vince Campi	Seton Hall	<b>49.9*</b>
1973	Don Nizolek	St. Jos. (Met)	51.3*
1974	Keith Royster	Essex Catholic	53.2*
1975	Keith Royster	Essex Catholic	51.5*
1976	Ian Johnston	St. Jos. (Met)	51.6*
1977	<b>P.J. Mastro</b>	<b>Paramus Catholic</b>	52.3*
1978	Art Jones	Essex Catholic	51.8*
1979	Rick Green	Seton Hall	51.8*
1980	<b>Mike Geraghty</b>	<b>Don Bosco</b>	51.4
1981	<b>John Pedati</b>	<b>Queen of Peace</b>	51.8
1982	Vic St. Preux	Essex Catholic	52.0
1983	<b>Vic Herlinsky</b>	<b>Don Bosco</b>	51.5
1984	<b>Vic Herlinsky</b>	<b>Don Bosco</b>	50.5
1985	Jameel Spencer	Seton Hall	50.6
1986	Vern Richards	Seton Hall	52.5
1987	Don Carter	Seton Hall	51.42
1988	Barry Hughes	Seton Hall	51.62
2008	Clayton Parros	Seton Hall	49.92
2009	Clayton Parros	Seton Hall	49.04
2010	Najee Glass	St. Peter's Prep	48.77
2011	Najee Glass	St. Peter's Prep	49.19
2012	<b>Tim Hamlett</b>	<b>Don Bosco</b>	50.33
2013	Zack McDermott	CBA	50.85
2014	Jordan Jimerson	Union Catholic	49.22
2015	Taylor McLaughlin	Union Catholic	<b>48.74</b>
2016	Mike Zupko	CBA	49.94
2017	Tim Jacoutot	CBA	50.52
2018	Markus Begley	St. Peter's Prep	50.34

**880/800**

<b>Year</b>	<b>Name</b>	<b>School</b>	<b>Performance</b>
1961	NO RACE		
1962	NO RACE		
1963	NO RACE		
1964	NO RACE		
1965	NO RACE		
1966	NO RACE		
1967	<b>Rich Higgins</b>	<b>St. Joseph Reg.</b>	1:58.6*
1968	Rich Stickles	Roselle Catholic	1:58.9*
1969	Joe Savage	Essex Catholic	1:53.3*
1970	Joe Savage	Essex Catholic	1:51.3*
1971	Gary Trojanowski	St. Jos. (Met)	1:59.4*
1972	Gary Trojanowski	St. Jos. (Met)	1:57.6*
1973	Alex Long	Hudson Catholic	1:56.4*
1974	Steve Mohyla	Seton Hall	1:59.5*
1975	Steve Mohyla	Seton Hall	1:58.9*
1976	<b>Joe Hurley</b>	<b>Don Bosco</b>	1:58.6*
1977	<b>Mike Saletta</b>	<b>Don Bosco</b>	1:58.1*
1978	Pete Casagrande	CBA	1:58.5*
1979	Pete Casagrande	CBA	1:58.3*
1980	Rick Green	Seton Hall	2:02.6
1981	<b>John Pedati</b>	<b>Queen of Peace</b>	2:00.7
1982	<b>Bill Dwyer</b>	<b>Don Bosco</b>	1:58.3
1983	Frank Baier	Red Bank Catholic	1:59.2
1984	Bob Carroll	CBA	1:59.6
1985	Jim Hickey	CBA	2:01.4
1986	John Alexander	CBA	1:59.6
1987	James Barnes	St. Benedict's	1:58.6
1988	Matt Mitchell	CBA	1:57.41
2008	Brandon Pierson	CBA	1:59.36
2009	Jamie Gibilisco	Notre Dame	2:00.06
2010	Kevin Byrne Jr.	Red Bank Catholic	1:55.73
2011	Justin Hill	Seton Hall	<b>1:54.12</b>
2012	Tim Gorman	CBA	1:59.99
2013	Clark Mangini	CBA	1:55.94
2014	Mike McClemens	CBA	1:55.05
2015	Matt Kamph	Notre Dame	1:58.53
2016	Sean Martinek	CBA	1:59.09
2017	Thomas Perretta	Pope John	1:58.05
2018	Tim McInerney	CBA	1:57.93

**1000 Y**

<b>Year</b>	<b>Name</b>	<b>School</b>	<b>Performance</b>
1961	Henry Gretzinger	St. Mary's (JC)	2:20.1*
1962	Alex Fraenkel	Seton Hall	2:22.4*
1963	Vadim Schaldenko	Seton Hall	2:24.3*
1964	Jack O'Leary	Essex Catholic	2:21.1*
1965	Tom Hayes	Essex Catholic	2:20.2*
1966	Jim Weir	St. Jos. (Met)	2:20.1*

**Mile/1500/1600**

<b>Year</b>	<b>Name</b>	<b>School</b>	<b>Performance</b>
1961	Paul Gately	St. Rose	4:35.7*
1962	Ted Zizlsperger	Seton Hall	4:41.9*
1963	Tim Sheehan	CBA	4:41.4*
1964	Larry Rooney	Essex Catholic	4:38.2*
1965	Mike Garvey	Roselle Catholic	4:32.9*
1966	Fred Lane	Essex Catholic	4:35.7*
1967	Marty Liquori	Essex Catholic	4:20.5*
1968	Dave Lynch	Essex Catholic	4:20.9*
1969	Tim Turner	St. Jos. (Met)	4:23.6*
1970	Bill Sieben	Union Catholic	4:17.0*
1971	Paul Donovan	Seton Hall	4:24.1*
1972	Chris Inman	Essex Catholic	4:21.1*
1973	<b>Jerry Carney</b>	<b>Paramus Catholic</b>	4:24.0*
1974	<b>Bill Duffy</b>	<b>Bergen Catholic</b>	4:26.9*
1975	<b>Kevin Byrne</b>	<b>Bergen Catholic</b>	4:20.0*
1976	<b>Kevin Byrne</b>	<b>Paramus Catholic</b>	4:21.5*
1977	<b>Kevin Byrne</b>	<b>Paramus Catholic</b>	4:14.0*
1978	John Wavro	St. Jos. (Met)	4:21.8*
1979	John Wavro	St. Jos. (Met)	4:24.7*
1980	Don Sullivan	Essex Catholic	4:04.6&
1981	Len McLeod	CBA	4:06.5&
1982	Steve Singer	St. Jos. (Met)	4:29.0
1983	Frank Baier	Red Bank Catholic	4:24.1
1984	Bill Barrett	CBA	4:21.1
1985	Bill Kolb	CBA	4:27.1
1986	Marty Malague	St. Jos. (Met)	4:30.7
1987	James Barnes	St. Benedict's	4:24.8
1988	Matt Mitchell	CBA	4:23.3
2008	Brandon Pierson	CBA	4:23.89
2009	Pat Schellberg	Delbarton	4:22.40
2010	Pat Schellberg	Delbarton	<b>4:10.48</b>
2011	George Kelly	CBA	4:19.23
2012	George Kelly	CBA	4:16.47
2013	Rob Napolitano	Red Bank Catholic	4:20.94
2014	Tom Rooney	CBA	4:14.26
2015	Blaise Ferro	CBA	4:34.11
2016	Drake Anzano	CBA	4:17.85
2017	Colin Trigani	CBA	4:18.25
2018	Tim McInerney	CBA	4:22.62

**2M/3000/3200**

<b>Year</b>	<b>Name</b>	<b>School</b>	<b>Performance</b>
1966	Marty Liquori	Essex Catholic	9:44.2*
1967	Steve Baran	Union Catholic	9:47.3*
1968	Mike Keogh	Essex Catholic	9:31.8*
1969	Mike Keogh	Essex Catholic	9:26.2*
1970	Mike Keogh	Essex Catholic	9:29.2*
1971	<b>Steve Riley</b>	<b>Queen of Peace</b>	9:22.6*
1972	<b>Mike Scarborough</b>	<b>Bergen Catholic</b>	9:14.8*
1973	Chris Inman	Essex Catholic	9:18.1*
1974	Jim Cioban	Roselle Catholic	9:36.8*
1975	Dave Lamm	Morris Catholic	9:20.5*
1976	Ron Gale	CBA	9:22.5*
1977	Ron Gale	CBA	9:29.6*
1978	Bill Mariski	Marist	9:35.4*
1979	Steve Trembley	Essex Catholic	9:31.9*
1980	Marc Librizzi	CBA	8:46.8&
1981	Greg Noll	Morris Catholic	8:52.8&
1982	Tony Morelli	St. John Vianney	9:35.1
1983	Paul Marabito	CBA	9:23.9
1984	Bill Barrett	CBA	9:43.8
1985	Bill Kolb	CBA	9:25.3
1986	Doug Tilton	St. Jos. (Met)	9:04.3&
1987	John Coyle	CBA	9:40.5
1988	John Coyle	CBA	9:30.9
2008	<b>Leighton Spencer</b>	<b>Don Bosco</b>	9:42.29
2009	D.J. Thornton	Union Catholic	9:27.03
2010	Michael Rankin	Paul VI	9:24.85
2011	Mike Mazzaccaro	CBA	9:32.69
2012	Billy Bragg	CBA	9:25.16
2013	Tom Rooney	CBA	9:15.76
2014	Tom Rooney	CBA	9:11.50
2015	Blaise Ferro	CBA	9:24.76
2016	<b>David Rosas</b>	<b>Don Bosco</b>	9:25.05
2017	Joey DeFeo	Delbarton	9:28.04
2018	Stephen Daly	Delbarton	9:31.48

**Hurdles**

<b>Year</b>	<b>Name</b>	<b>School</b>	<b>Performance</b>
1961	Jim Spellman	St. Aloysius	8.8*
1962	Jim Wolf	Seton Hall	8.1*
1963	Don Orth	Seton Hall	7.7*
1964	<b>Jim Wenthe</b>	<b>Bergen Catholic</b>	7.8*
1965	Bill Sabo	Roselle Catholic	8.0*
1966	Bill Sabo	Roselle Catholic	7.5*
1967	Jim Cooney	Union Catholic	7.7*
1968	Tom Garrity	Essex Catholic	7.5*
1969	Joe Abitante	Roselle Catholic	7.4*
1970	Dave Dolan	St. Jos. (Met)	7.5*
1971	John Haug	Seton Hall	7.5*
1972	Kevin McEvoy	St. Jos. (Met)	7.5*
1973	Tom Mindel	St. Jos. (Met)	7.6*
1974	Gary Vanderhoof	Roselle Catholic	7.5*
1975	Keith Royster	Essex Catholic	7.4*
1976	Paul Snipes	Essex Catholic	<b>7.2*</b>
1977	Vince Reilly	St. Jos. (Met)	7.7*
1978	George Martinez	Essex Catholic	7.9*
1979	Miguel Alvarez	Hudson Catholic	7.4*
1980	<b>Larry Moran</b>	<b>Don Bosco</b>	7.7
1981	Pete Newman	St. Jos. (Met)	7.6
1982	Bill Fern	St. Jos. (Met)	7.6
1983	Phil Horrisberger	CBA	7.6
1984	Mike Ruane	St. Jos. (Met)	7.9
1985	Todd Urbanik	Morris Catholic	7.5
1986	Frank Verga	Hudson Catholic	7.6
1987	Sean O'Connell	Morris Catholic	7.76
1988	Todd Walthall	Seton Hall	7.65
2008	Medina	Mater Dei	8.05
2009	Shalikat Bardhan	Bishop Ahr	7.82
2010	Marquis McEwen	Notre Dame	7.81
2011	Matt Pozo	CBA	7.74
2012	Zack McDermott	CBA	8.08
2013	Jules Hislop	Delbarton	7.60
2014	Obafemi Animashaun	Union Catholic	7.61
2015	Josh Taylor	St. John Vianney	7.61
2016	Jacob Liedtka	Notre Dame	7.75
2017	Sincere Rhea	St. Augustine	7.78
2018	Sincere Rhea	St. Augustine	<b>7.42</b>

## High Jump

Year	Name	School	Performance
1961	<b>Gus Strittmater</b>	<b>Don Bosco</b>	5-9.75
1962	<b>Rich Kennedy</b>	<b>Don Bosco</b>	5-11
1963	Ed Mulvihill	CBA	6-2
1964	Ed Mulvihill	CBA	6-3.75
1965	Greg Walsh	St. Aloysius	6-3
1966	Joe Utz	CBA	6-0
1967	<b>Steve Finlay</b>	<b>Bergen Catholic</b>	6-0
1968	<b>Tom DeLaura</b>	<b>Bergen Catholic</b>	6-1
1969	Paul Madden	CBA	6-0
1970	Henry Engelbrecht	CBA	6-2
1971	Henry Engelbrecht	CBA	6-0
1972	Ed Fern	St. Jos. (Met)	6-4
1973	Joe Zarra	Essex Catholic	6-0
1974	<b>Don Holmes</b>	<b>Paramus Catholic</b>	6-2
1975	Alton Williams	Essex Catholic	6-4
1976	Art Steadman	CBA	6-2
1977	Tim Carr	St. Jos. (Met)	6-6.5
1978	Mike Shanks	Essex Catholic	6-4
1979	Mike Shanks	Essex Catholic	<b>6-8</b>
1980	Glen Harscar	CBA	6-2
1981	Glen Harscar	CBA	6-4
1982	Glen Harscar	CBA	6-6
1983	Kevin Spellman	CBA	6-4
1984	Tim Bracken	CBA	6-2
1985	Tim Bracken	CBA	6-6
1986	Tucker Carroll	Roselle Catholic	6-0
1987	Greg Rodier	Bishop Eustace	6-4
1988	<b>Rich Robinson</b>	<b>St. Joseph Reg.</b>	6-5
2008	Chris Thomas	Pope John	6-6
2009	Jake Bartlett	CBA	6-3
2010	Christian Smith	Seton Hall	6-2
2011	Kyle Connors	CBA	6-2
2012	Dashawn Putman	St. Peter's Prep	6-4
2013	Chris Jordan	CBA	6-2
2014	Christin Patrick	Seton Hall	6-4
2015	Jacob Liedtka	Notre Dame	5-10
2016	Perry Christie	Union Catholic	6-4
2017	<b>Javon Turner</b>	<b>Paramus Catholic</b>	6-4
2018	Corey Palazzolo	CBA	6-0

**Shot Put**

<b>Year</b>	<b>Name</b>	<b>School</b>	<b>Performance</b>
1961	Jim Kearney	St. Aloysius	46-4
1962	Gus Zilincar	CBA	41-4.75
1963	Gus Zilincar	CBA	54-2
1964	<b>Tim Obrotka</b>	<b>Bergen Catholic</b>	54-2.75
1965	Dennis Kanach	Roselle Catholic	56-11
1966	Joe Wilson	St. Jos. (Met)	56-7
1967	Joe Wilson	St. Jos. (Met)	57-4
1968	Bob Gray	Essex Catholic	58-10
1969	<b>Steve Adams</b>	<b>St. Joseph Reg.</b>	62-9.5
1970	<b>Steve Adams</b>	<b>St. Joseph Reg.</b>	<b>65-10</b>
1971	Rudy Guevara	Essex Catholic	62-7.5
1972	Al Wujciak	Essex Catholic	58-0
1973	Fred Batista	Roselle Catholic	59-5
1974	<b>Mark Saner</b>	<b>St. Joseph Reg.</b>	59-3
1975	<b>Jim Casson</b>	<b>Paul VI</b>	55-3
1976	<b>Gerry McIntyre</b>	<b>St. Joseph Reg.</b>	54-9
1977	Bob Vorhies	OLV	61-10.5
1978	<b>Bill Wilson</b>	<b>St. Joseph Reg.</b>	53-4
1979	<b>Angelo Anicito</b>	<b>Roselle Catholic</b>	52-9
1980	Mike Masters	CBA	52-7
1981	George Dippold	CBA	55-2.5
1982	Bob Lutkewitte	CBA	59-5
1983	Shawn Wilson	Hudson Catholic	52-4.5
1984	Joe Quartaro	Seton Hall	53-3
1985	<b>Sean Power</b>	<b>Don Bosco</b>	53-8.25
1986	Joe Sabia	Hudson Catholic	48-11
1987	Tom Vandemark	St. Jos. (Met)	55-0.5
1988	Tom Vandemark	St. Jos. (Met)	57-10
2008	Eric Davis	Notre Dame	51-11
2009	George Solujich	Notre Dame	54-0.25
2010	George Solujich	Notre Dame	54-10.5
2011	Andrew Rohan	CBA	54-10
2012	Matthew Wyman	St. Jos. (Met)	51-2
2013	Alex Berger	CBA	51-5.5
2014	Tommy Rhodes	Delbarton	53-3.25
2015	Sean Brennan	Union Catholic	59-3.5
2016	Will Lutkewitte	CBA	54-8.75
2017	Dan Mead	CBA	55-1.5
2018	Dan Mead	CBA	57-1.5



**1000 Y Relay**

Year	Name	School	Performance
1962		St. Peter's Prep	1:55.3*
1963		Marist	1:55.2*
1964	NO RACE		
1965		St. Peter's Prep	1:53.0*

**2 Mile Relay**

Year	Name	School	Performance
1961		Seton Hall	8:25.7*
1962		Seton Hall	8:41.3*
1963		Essex Catholic	8:32.0*
1964		Essex Catholic	8:27.0*
1965		Seton Hall	8:20.7*

**Mile/1600 Relay**

Year	Name	School	Performance
1961		St. Peter's Prep	3:37.8*
1962		Holy Trinity	3:43.0*
1963		OLV	3:42.8*
1964		Roselle Catholic	3:42.5*
1965		Roselle Catholic	3:39.2*
1966		Seton Hall	3:43.7*
1967	NO RACE		
1968	NO RACE		
1969		Roselle Catholic	3:28.2*
1970		Seton Hall	3:25.4*
1971		Seton Hall	3:27.0*
1972	NO RACE		
1973	NO RACE		
1974	NO RACE		
1975	NO RACE		
1976	NO RACE		
1977	NO RACE		
1978	NO RACE		
1979	NO RACE		
1980	NO RACE		
1981	NO RACE		
1982	NO RACE		
1983	NO RACE		
1984	NO RACE		
1985	NO RACE		
1986	NO RACE		
1987	NO RACE		
1988	NO RACE		
2008		<b>Bergen Catholic</b>	3:29.84
2009		Pope John	3:27.92
2010		<b>Bergen Catholic</b>	3:26.24
2011		CBA	3:26.44
2012		CBA	3:26.16
2013		CBA	3:28.89
2014		Union Catholic	<b>3:24.64</b>
2015		Union Catholic	3:25.56
2016		Paul VI	3:25.59
2017		St. Peter's Prep	3:28.55
2018		Union Catholic	3:24.91

**Pole Vault**

2008	Mike Reese	St. John Vianney	12-0
2009	<b>Scott Weismiller</b>	<b>Don Bosco</b>	14-0
2010	<b>Scott Weismiller</b>	<b>Don Bosco</b>	13-6
2011	<b>Matt Baselice</b>	<b>Don Bosco</b>	13-0
2012	Joseph Cuntrera	Seton Hall	13-0
2013	Mike Cresanti-Daknis	CBA	13-0
2014	Mike Benz	Delbarton	<b>14-6</b>
2015	Brian Sagendorf	Union Catholic	13-6
2016	Peter Chan	Delbarton	13-0
2017	Conor Reilly	Union Catholic	12-0
2018	Conor Reilly	Union Catholic	14-3

**Team Scoring**

Year	Name	School	Performance
1961		St. Aloysius	20
1962		Seton Hall	35
1963		<b>Bergen Catholic</b>	32
1964		Essex Catholic	
1965		Roselle Catholic	39
1966		Essex Catholic	34
1967		Roselle Catholic	28
1968		Essex Catholic	41
1969		Roselle Catholic	35
1970		Seton Hall	24
1971		Seton Hall	36
1972		Essex Catholic	30.5
1973		St. Jos. (Met)	21
1974		Essex Catholic	18
1975		Essex Catholic	37
1976		Essex Catholic	23
1977		St. Jos. (Met)	27
1978		CBA	27
1979		Essex Catholic	37.5
1980		Seton Hall	22
		<b>Don Bosco</b>	
		CBA	
1981		CBA	36
1982		CBA	39.5
1983		CBA	34
1984		CBA	46
1985		CBA	35
1986		CBA	26
1987		CBA	35
1988		CBA	33
2008		CBA	63
2009		St. Joseph (Met.)	42
2010		<b>Don Bosco</b>	50
2011		CBA	99
2012		CBA	99
2013		CBA	116.5
2014		CBA	97
2015		CBA	83
2016		CBA	95
2017		CBA	74.5
2018		CBA	78.2

**Parochial B****Dash**

<b>Year</b>	<b>Name</b>	<b>School</b>	<b>Performance</b>
1978	John Lobur	Morris Catholic	6.8*
1979	John Lobur	Morris Catholic	6.7*
1980	Ken Davenport	St. Benedict's	6.7
1981	Kevin Jenkins	St. Benedict's	6.7
2008	Lawrence Brown	St. Patrick	6.93
2009	Vacant		
2010	<b>Mustafa Lawrence</b>	<b>Queen of Peace</b>	6.63
2011	Mike Marcano	Roselle Catholic	6.72
2012	Mike Marcano	Roselle Catholic	6.63
2013	Jordan Jimerson	Union Catholic	6.67
2014	Rahim Harris	Holy Spirit	6.60
2015	Caleb Williams	St. Joseph (Hamm.)	<b>6.52</b>
2016	Jack Smith	Bishop Eustace	6.72
2017	Gianni Riga	Immaculata	6.91
2018	Josiah Cumberbatch	Calvary Christian	6.67

**440/400**

<b>Year</b>	<b>Name</b>	<b>School</b>	<b>Performance</b>
1978	Mike Brower	Oratory	53.8*
1979	Tony Jenkins	St. Benedict's	52.7*
1980	Tony Balestrieri	Oratory	53.1*
1981	Ron Mobley	St. Benedict's	53.5*
2008	Brian Laskowski	Bishop Eustace	51.53
2009	Carlton Bowers	Pingry	51.83
2010	Justin Ramsey	Holy Cross	53.13
2011	Mike Marcano	Roselle Catholic	52.83
2012	Mike DeAngelus	Union Catholic	52.17
2013	Taylor McLaughlin	Union Catholic	<b>50.39</b>
2014	AJ Dawson	Holy Spirit	50.80
2015	Evander Pierre	Hudson Catholic	51.67
2016	Terrell Bush	Hudson Catholic	52.68
2017	Courtney Johnson	Hudson Catholic	52.40
2018	Isas Waxter	Immaculate Conc.	51.72

**880/800**

<b>Year</b>	<b>Name</b>	<b>School</b>	<b>Performance</b>
1978	Bob Bongo	Morris Catholic	2:02.8*
1979	Bob Bongo	Morris Catholic	2:01.9*
1980	Mike Hoffman	Oratory	2:08.9
1981	Mike Montecorvo	Mater Dei	2:06.6
2008	Brian Laskowski	Bishop Eustace	2:00.10
2009	Dan Schuchinsky	Pingry	2:03.49
2010	Colin Richmond	St. Rose	2:05.12
2011	Colin Richmond	St. Rose	2:01.02
2012	Allen Eke	Union Catholic	<b>1:53.47</b>
2013	Brian Steck	Gill St. Bernard	2:00.21
2014	<b>Joe White</b>	<b>DePaul</b>	2:01.14
2015	Tom Mongeau	Mater Dei	2:03.61
2016	Philip Sobocinski	Bishop Eustace	2:03.63
2017	Connor Melko	Bishop Eustace	2:01.47
2018	Patrick Osborn	Mater Dei	2:02.83

**Mile/1500**

<b>Year</b>	<b>Name</b>	<b>School</b>	<b>Performance</b>
1978			
1979			
1980			
1981			
2008	Mike Sheehan	Holy Cross	4:26.02
2009	Dan Schuchinsky	Pingry	4:28.14
2010	Colin Richmond	St. Rose	4:30.12
2011	Colin Richmond	St. Rose	4:34.73
2012	Andrew Ghizzzone	Union Catholic	4:28.33
2013	Josiah Hanko	Trinity Christian	<b>4:22.61</b>
2014	Patrik Anderson	Gill St. Bernard	4:25.76
2015	Shawn Hutchinson	Bishop Eustace	4:32.96
2016	<b>Bill Massey</b>	Montclair Kimberley	4:25.36
2017	Connor Melko	Bishop Eustace	4:38.04
2018	Connor Melko	Bishop Eustace	4:26.94

**2M/3000**

<b>Year</b>	<b>Name</b>	<b>School</b>	<b>Performance</b>
1978	Tony Barberio	Morris Catholic	9:54.8*
1979	Mark Russell	Bayley-Ellard	9:53.6*
1980	John Leary	Bayley-Ellard	9:33.1&
1981	Bob DeReyna	Oratory	9:32.7&
2008	Doug Smith	Gill St. Bernard	<b>9:14.48</b>
2009	Doug Smith	Gill St. Bernard	9:16.50
2010	Colin Richmond	St. Rose	10:16.72
2011	Colin Richmond	St. Rose	10:13.27
2012	Liam Mullett	Pingry	9:58.44
2013	Liam Mullett	Pingry	9:30.27
2014	Shawn Hutchinson	Bishop Eustace	9:56.83
2015	Shawn Hutchinson	Bishop Eustace	9:42.73
2016	Nick Hutchinson	Bishop Eustace	9:52.54
2017	<b>Bill Massey</b>	Montclair Kimberley	9:20.45
2018	Nick Hutchinson	Bishop Eustace	9:48.57

**Hurdles**

<b>Year</b>	<b>Name</b>	<b>School</b>	<b>Performance</b>
1978	<b>Dave Melfi</b>	<b>Queen of Peace</b>	7.8*
1979	John Lobur	Morris Catholic	7.8*
1980	Rick Lever	Immaculate Conc.	8.4
1981	Rick Lever	Immaculate Conc.	8.1
2008	Robert Rogers	St. Rose	8.39
2009	Lawrence Casseus	St. Patrick	8.04
2010	Robert Hugin	Pingry	8.46
2011	Robert Hugin	Pingry	8.00
2012	Robert Thompson	St. Joseph's (Ham)	7.79
2013	Zach Ghizzzone	Union Catholic	<b>7.77</b>
2014	<b>Marc Wright</b>	<b>DePaul</b>	8.07
2015	Sebastian Fenerty	Bishop Eustace	8.14
2016	Sebastian Fenerty	Bishop Eustace	8.14
2017	Syan Brathwaite	Hudson Catholic	8.49
2018	Mohamed Diagouraga	Trenton Catholic	7.95

## High Jump

Year	Name	School	Performance
1978	Rich Bongo	Morris Catholic	5-8
1979	Rich Bongo	Morris Catholic	6-0
1980	Rick Lever	Immaculate Conc.	5-8
1981	Rick Lever	Immaculate Conc.	<b>6-2</b>
2008	Robert Rogers	St. Rose	5-8
2009	Tony Smith	St. Patrick	5-6
2010	Pete Toso	Holy Cross	<b>6-2</b>
2011	Pete Toso	Holy Cross	<b>6-2</b>
2012	Robert Thompson	St. Joseph's (Ham)	6-0
2013	Christoffe Scott	Union Catholic	<b>6-2</b>
2014	Evan Adams	Bishop Eustace	5-8
2015	Evan Adams	Bishop Eustace	<b>6-2</b>
2016	Evan Adams	Bishop Eustace	6-0
2017	Samuel Opaleye	Hudson Catholic	6-0
2018	Isaiah McClain	Mater Dei	6-1

## Shot Put

Year	Name	School	Performance
1978	Jim Morrison	Morris Catholic	57-7
1979	<b>Jeff Long</b>	<b>Queen of Peace</b>	48-8
1980	Dan Kelleher	Mater Dei	48-10
1981	John Elzin	Mater Dei	49-3
2008	Joe Giannndrea	Bishop Eustace	47-10.5
2009	Rory Walsh	Holy Cross	43-4.5
2010	Nick Battaglia	Bishop Eustace	44-3
2011	Marcus Laroche	Oratory	49-10.25
2012	Tommy Freid	Union Catholic	48-3.25
2013	Daniel Jacome	Morris Catholic	43-10.75
2014	<b>Matt Van Eck</b>	<b>Eastern Christian</b>	45-9
2015	Luke Grodeska	St. Rose	54-4
2016	Luke Grodeska	St. Rose	61-8
2017	C.J. Licata	Gill St. Bernard	56-7.75
2018	C.J. Licata	Gill St. Bernard	<b>63-4</b>

## Pole Vault

2008	Josh Brinkerhoff	Veritas	12-0
2009	Josh Brinkerhoff	Veritas	13-6
2010	Drew Harris	Holy Cross	11-6
2011	Jon Brinkerhoff	Veritas	<b>14-6</b>
2012	<b>Joshua Davidson</b>	<b>Eastern Christian</b>	13-0
2013	Andrew Ghizzone	Union Catholic	11-6
2014	Garret McGregor	Pingry	10-6
2015	Garret McGregor	Pingry	13-1
2016	Kyle Kretzmer	St. Rose	10-6
2017	James Blume	Newark Academy	10-0
2018	James Blume	Newark Academy	11-6

**1600 relay**

<b>2008</b>	Holy Cross	3:37.43
<b>2009</b>	Pingry	3:37.76
<b>2010</b>	Holy Cross	3:37.86
<b>2011</b>	Roselle Catholic	3:37.63
<b>2012</b>	Union Catholic	<b>3:26.40</b>
<b>2013</b>	Union Catholic	3:28.30
<b>2014</b>	Camden Catholic	3:33.56
<b>2015</b>	Holy Cross	3:36.87
<b>2016</b>	Hudson Catholic	3:37.11
<b>2017</b>	Hudson Catholic	3:44.31
<b>2018</b>	Mater Dei	3:39.64

**Team Scoring**

<b>Year</b>	<b>Name</b>	<b>School</b>	<b>Performance</b>
<b>1978</b>		Morris Catholic	44
<b>1979</b>		Morris Catholic	44
<b>1980</b>		Oratory	38
<b>1981</b>		Mater Dei	34
<b>2008</b>		Holy Cross	72
<b>2009</b>		Pingry	78
<b>2010</b>		Bishop Eustace	64
		St. Rose	64
<b>2011</b>		Roselle Catholic	89
<b>2012</b>		Union Catholic	127
<b>2013</b>		Union Catholic	155
<b>2014</b>		Camden Catholic	52
<b>2015</b>		Bishop Eustace	62
<b>2016</b>		Bishop Eustace	96
<b>2017</b>		Bishop Eustace	66
<b>2018</b>		Bishop Eustace	69