

**Group I  
Scoring**

<b>Year</b>	<b>Team</b>	<b>Performance</b>
1982	Woodbury	35
1983	<b>Saddle Brook</b>	27
1984	Pt. Pleasant Beach	29
1985	Bernards	22
1986	Woodbury	18
1987	<b>New Milford</b>	24
1988	Science	18
1989	Newark Arts	31
1990	Newark Arts	25
1991	Newark Arts	39
1992	<b>Saddle Brook</b>	44
1993	Morris Catholic	40
1994	Morris Catholic	52
1995	Morris Catholic	38
1996	Metuchen	42
1997	Science	32
1998	Red Bank Catholic	30
1999	Red Bank Catholic	39
2000	Haddonfield	32
2001	Haddonfield	53
2002	Montville	30
2003	Haddonfield	32
2004	Hanover Park	47
2005	Bishop Eustace	62
2006	Haddon Heights	47
2007	Pope John	48
2008	Madison	43
2009	Bernards	51
2010	Willingboro	60
2011	Bernards	52
2012	Bernards	49
2013	Newark Tech	50
2014	Haddonfield	44
2015	Weequahic	56
2016	Haddonfield	48

**800 relay**

<b>Year</b>	<b>Team</b>	<b>Performance</b>
1982	Woodbury	1:50.9*
1983	Woodbury	1:56.2*
1984	Pinelands	1:56.4*
1985	Science	1:50.8*
1986	Science	1:56.0*
1987	<b>New Milford</b>	1:58.8*
1988	Science	1:51.4*
1989	Science	1:53.0*
1990	Woodbury	1:52.0*
1991	Newark Arts	1:51.3*
1992	Science	1:52.8
1993	Morris Catholic	1:54.6
1994	Morris Catholic	1:56.26
1995	Pleasantville	1:49.84
1996	Metuchen	1:53.04
1997	St. Mary's (JC)	1:50.41
1998	Pleasantville	1:52.39
1999	Science	1:50.20
2000	Science	1:51.98
2001	<b>Queen of Peace</b>	1:49.81
2002	<b>Queen of Peace</b>	1:48.39
2003	<b>Queen of Peace</b>	1:47.92
2004	Shore	1:54.03
2005	Bishop Eustace	1:52.36
2006	Haddon Heights	1:51.93
2007	Pope John	1:49.51
2008	Pleasantville	1:50.74
2009	Roselle	1:50.81
2010	Willingboro	1:47.67
2011	Roselle	1:47.63
2012	Newark Tech	<b>1:46.47</b>
2013	Newark Tech	1:47.60
2014	Penns Grove	1:47.07
2015	Weequahic	1:50.99
2016	Shabazz	1:48.82

**1600 relay**

<b>Year</b>	<b>Team</b>	<b>Performance</b>
1982	Morris Catholic	4:23.1*
1983	Bernards	4:23.9*
1984	Haddonfield	4:30.1*
1985	Science	4:15.4*
1986	Science	4:25.8*
1987	Oak Knoll	4:24.4*
1988	Science	4:16.4*
1989	Science	<b>4:08.8*</b>
1990	Newark Arts	4:13.2*
1991	Newark Arts	4:14.6*
1992	Science	4:22.0
1993	Morris Catholic	4:28.7
1994	Science	4:24.61
1995	Pleasantville	4:11.29
1996	Pleasantville	4:19.90
1997	Science	4:16.61
1998	Red Bank Catholic	4:14.74
1999	Newark Arts	4:16.95
2000	Academic	4:12.48
2001	Palmyra	4:12.65
2002	Montville	4:12.15
2003	<b>Queen of Peace</b>	4:12.16
2004	Shore	4:21.64
2005	Bishop Eustace	4:18.79
2006	Bishop Eustace	4:17.09
2007	Pope John	4:09.63
2008	Pleasantville	4:15.07
2009	Haddonfield	4:11.83
2010	Willingboro	4:04.40
2011	Buena	4:08.36
2012	Weequahic	4:07.61
2013	Penns Grove	4:06.42
2014	Penns Grove	<b>4:04.26</b>
2015	Haddonfield	4:06.15
2016	Haddonfield	4:10.83

**3200 relay**

<b>Year</b>	<b>Team</b>	<b>Performance</b>
1982	Metuchen	10:42.7*
1983	Bernards	<b>9:47.7*</b>
1984	Pt. Pleasant Beach	10:26.1*
1985	Bernards	10:29.3*
1986	Mater Dei	10:14.1*
1987	Bernards	10:12.8*
1988	Morris Catholic	10:55.8*
1989	Science	10:30.8*
1990	Newark Arts	10:52.4*
1991	Newark Arts	10:40.1*
1992	Haddonfield	10:48.9
1993	<b>Midland Park</b>	10:51.5
1994	Morris Catholic	10:35.70
1995	<b>Saddle Brook</b>	10:25.17
1996	<b>Saddle Brook</b>	10:30.04
1997	Bishop Eustace	10:12.83
1998	St. Rose	10:15.94
1999	Chatham	10:31.78
2000	Haddonfield	10:25.09
2001	Haddonfield	10:19.76
2002	Bishop Eustace	10:21.00
2003	Oak Knoll	10:02.15
2004	Shore	10:19.00
2005	Shore	10:24.16
2006	Oak Knoll	10:12.32
2007	Haddonfield	9:54.81
2008	Haddonfield	10:04.50
2009	Bernards	10:11.40
2010	Bernards	10:07.92
2011	<b>Westwood</b>	10:04.81
2012	Bernards	9:56.29
2013	Bernards	<b>9:54.68</b>
2014	Haddonfield	10:00.94
2015	Haddonfield	10:04.25
2016	Haddonfield	9:58.79

## Sprint medley

1982	Woodbury	4:44.8*
1983	Bernards	4:28.2*
1984	Bernards	4:31.8*
1985	Oak Knoll	4:28.0*
1986	Academic	4:36.8*
1987	Oak Knoll	4:38.7*
1988	Science	4:35.5*
1989	Science	4:35.0*
1990	Metuchen	4:28.9*
1991	Newark Arts	4:32.4*
1992	Whippany Park	4:38.7
1993	Science	4:34.5
1994	Science	4:23.31
1995	Morris Catholic	4:24.58
1996	St. Mary's (JC)	4:26.27
1997	St. Mary's (JC)	4:21.96
1998	NO RACE	
1999	Science	4:23.03
2000	Palmyra	4:33.62
2001	Haddonfield	4:17.15
2002	<b>Queen of Peace</b>	4:21.62
2003	<b>Queen of Peace</b>	4:17.23
2004	<b>Queen of Peace</b>	4:30.45
2005	Bishop Eustace	4:25.55
2006	Shore	4:25.81
2007	Pope John	4:19.21
2008	Bernards	4:20.32
2009	Haddonfield	4:21.43
2010	Willingboro	4:19.22
2011	Bernards	4:29.50
2012	Bernards	4:24.14
2013	Metuchen	4:21.81
2014	Haddonfield	4:22.73
2015	Haddonfield	<b>4:15.61</b>
2016	Haddonfield	4:20.43

## Distance medley

1982	Woodbury	14:25.8*
1983	Bernards	13:29.2*
1984	Pt. Pleasant Beach	14:03.2*
1985	Bernards	13:07.2*
1986	Haddonfield	13:54.8*
1987	Bernards	13:23.3*
1988	<b>Saddle Brook</b>	14:15.0*
1989	Newark Arts	14:12.9*
1990	Newark Arts	14:19.1*
1991	Whippany Park	13:47.0*
1992	Whippany Park	13:48.2
1993	Glen Ridge	13:39.5
1994	Morris Catholic	13:19.4
1995	Haddonfield	13:13.71
1996	Haddonfield	13:35.51
1997	Bishop Eustace	12:58.01
1998	Red Bank Catholic	13:17.47
1999	Red Bank Catholic	13:17.95
2000	Morris Catholic	13:22.83
2001	Haddonfield	12:42.33
2002	Montville	13:12.39
2003	Haddonfield	13:26.40
2004	Shore	13:03.22
2005	Madison Boro	13:10.51
2006	Mt. St. Mary	13:19.02
2007	Pope John	12:54.49
2008	Madison	13:08.98
2009	Haddonfield	12:48.32
2010	Bernards	12:56.61
2011	Bernards	12:53.95
2012	Bernards	12:40.92
2013	Bernards	12:39.50
2014	Haddonfield	12:43.68
2015	Haddonfield	<b>12:32.48</b>
2016	Haddonfield	12:34.39

**Shuttle Hurdles**

1982	Woodbury	38.4
1983	<b>Saddle Brook</b>	38.8
1984	Pt. Pleasant Beach	36.1
1985	Woodbury	35.4
1986	Woodbury	34.9
1987	<b>New Milford</b>	35.7
1988	Woodbury	37.8
1989	Newark Arts	37.8
	Whippany Park	
1990	Newark Arts	35.1
1991	Newark Arts	33.4
1992	Woodbury	35.8
1993	New Providence	37.2
1994	Morris Catholic	35.65
1995	Morris Catholic	34.27
1996	Metuchen	34.30
1997	Pleasantville	34.71
1998	Pleasantville	33.54
1999	Pitman	34.49
2000	Metuchen	34.53
2001	Haddonfield	35.23
2002	Haddonfield	34.18
2003	Haddonfield	35.74
2004	Hanover Park	35.45
2005	Bishop Eustace	34.44
2006	<b>Saddle Brook</b>	35.04
2007	Holy Cross	34.54
2008	Verona	35.62
2009	Bernards	35.12
2010	Willingboro	33.66
2011	Newark Tech	32.66
2012	Newark Tech	<b>31.76</b>
2013	Newark Tech	32.90
2014	Weequahic	35.67
2015	Weequahic	33.44
2016	<b>Glen Rock</b>	35.07

## High Jump

1982	Mater Dei	<b>10-4</b>
1983	<b>Saddle Brook</b>	9-10
1984	Pt. Pleasant Beach	9-4
1985	Highland Park	9-6
	<b>New Milford</b>	
1986	Pt. Pleasant Beach	9-10
1987	Midland Park	9-10
1988	Spotswood	9-8
1989	Newark Arts	9-4
1990	Spotswood	9-10
1991	Newark Arts	9-2
1992	Newark Arts	9-6
1993	<b>Saddle Brook</b>	9-2
1994	Montgomery	9-7
1995	<b>Glen Rock</b>	9-6
1996	Haddonfield	9-2
1997	Science	9-8
1998	Montgomery	9-8
1999	Haddonfield	9-8
2000	Caldwell	9-8
2001	Madison	9-8
2002	Haddonfield	10-0
2003	Gateway	9-10
2004	Hanover Park	10-2
2005	Hanover Park	9-8
2006	Haddon Heights	9-10
2007	<b>Waldwick</b>	10-0
2008	Academic	9-6
2009	<b>Rutherford</b>	9-8
2010	Robbinsville	10-2
2011	Academic	10-0
2012	Robbinsville	10-0
2013	Bernards	9-10
2014	Whippany Park	9-10
2015	Whippany Park	10-2
2016	Whippany Park	10-0



**Pole Vault**

2005	St. Rose	15-0
2006	NO RACE	
2007	NO RACE	
2008	Verona	19-0
2009	Pennsville	17-6
2010	Pennsville	<b>20-6</b>
2011	Bernards	18-0
2012	Bernards	18-0
2013	Bernards	19-0
2014	<b>Kinnelon</b>	17-6
2015	Whippany Park	18-0
2016	Whippany Park	17-6

**Shot Put**

1982	Glen Ridge	63-9
1983	Kenilworth	62-0
1984	<b>Saddle Brook</b>	60-6
1985	<b>Saddle Brook</b>	59-0
1986	New Providence	54-10.5
1987	<b>New Milford</b>	58-11
1988	Asbury Park	59-4.5
1989	Spotswood	57-4.75
1990	Science	58-8
1991	New Providence	68-10
1992	Science	68-9.5
1993	Science	63-0
1994	Montgomery	65-0
1995	Roselle	64-2
1996	Schalick	61-0.5
1997	Spotswood	57-6
1998	New Brunswick	63-1.5
1999	Newark Arts	58-8.25
2000	<b>Dumont</b>	65-7.5
2001	Clark	64-1.25
2002	Penns Grove	69-1.5
2003	Hanover Park	66-11
2004	Hanover Park	65-0.5
2005	Hanover Park	67-2.5
2006	Haddon Heights	64-6.75
2007	Madison	76-4.25
2008	<b>Park Ridge</b>	70-7
2009	Caldwell	66-9.5
2010	Weequahic	63-1
2011	Hanover Park	64-3.5
2012	Hanover Park	67-11
2013	Newark Tech	70-2.75
2014	Haddon Heights	66-10 3/4
2015	Whippany Park	75-7.25
2016	Whippany Park	<b>81-2.75</b>