

**Group I  
Scoring**

| <b>Year</b> | <b>Team</b>         | <b>Performance</b> |
|-------------|---------------------|--------------------|
| 1982        | Woodbury            | 35                 |
| 1983        | <b>Saddle Brook</b> | 27                 |
| 1984        | Pt. Pleasant Beach  | 29                 |
| 1985        | Bernards            | 22                 |
| 1986        | Woodbury            | 18                 |
| 1987        | <b>New Milford</b>  | 24                 |
| 1988        | Science             | 18                 |
| 1989        | Newark Arts         | 31                 |
| 1990        | Newark Arts         | 25                 |
| 1991        | Newark Arts         | 39                 |
| 1992        | <b>Saddle Brook</b> | 44                 |
| 1993        | Morris Catholic     | 40                 |
| 1994        | Morris Catholic     | 52                 |
| 1995        | Morris Catholic     | 38                 |
| 1996        | Metuchen            | 42                 |
| 1997        | Science             | 32                 |
| 1998        | Red Bank Catholic   | 30                 |
| 1999        | Red Bank Catholic   | 39                 |
| 2000        | Haddonfield         | 32                 |
| 2001        | Haddonfield         | 53                 |
| 2002        | Montville           | 30                 |
| 2003        | Haddonfield         | 32                 |
| 2004        | Hanover Park        | 47                 |
| 2005        | Bishop Eustace      | 62                 |
| 2006        | Haddon Heights      | 47                 |
| 2007        | Pope John           | 48                 |
| 2008        | Madison             | 43                 |
| 2009        | Bernards            | 51                 |
| 2010        | Willingboro         | 60                 |
| 2011        | Bernards            | 52                 |
| 2012        | Bernards            | 49                 |
| 2013        | Newark Tech         | 50                 |
| 2014        | Haddonfield         | 44                 |
| 2015        | Weequahic           | 56                 |
| 2016        | Haddonfield         | 48                 |
| 2017        | Mountain Lakes      | 44                 |
| 2018        | Collingswood        | 34                 |

**800 relay**

| <b>Year</b> | <b>Team</b>           | <b>Performance</b> |
|-------------|-----------------------|--------------------|
| 1982        | Woodbury              | 1:50.9*            |
| 1983        | Woodbury              | 1:56.2*            |
| 1984        | Pinelands             | 1:56.4*            |
| 1985        | Science               | 1:50.8*            |
| 1986        | Science               | 1:56.0*            |
| 1987        | <b>New Milford</b>    | 1:58.8*            |
| 1988        | Science               | 1:51.4*            |
| 1989        | Science               | 1:53.0*            |
| 1990        | Woodbury              | 1:52.0*            |
| 1991        | Newark Arts           | 1:51.3*            |
| 1992        | Science               | 1:52.8             |
| 1993        | Morris Catholic       | 1:54.6             |
| 1994        | Morris Catholic       | 1:56.26            |
| 1995        | Pleasantville         | 1:49.84            |
| 1996        | Metuchen              | 1:53.04            |
| 1997        | St. Mary's (JC)       | 1:50.41            |
| 1998        | Pleasantville         | 1:52.39            |
| 1999        | Science               | 1:50.20            |
| 2000        | Science               | 1:51.98            |
| 2001        | <b>Queen of Peace</b> | 1:49.81            |
| 2002        | <b>Queen of Peace</b> | 1:48.39            |
| 2003        | <b>Queen of Peace</b> | 1:47.92            |
| 2004        | Shore                 | 1:54.03            |
| 2005        | Bishop Eustace        | 1:52.36            |
| 2006        | Haddon Heights        | 1:51.93            |
| 2007        | Pope John             | 1:49.51            |
| 2008        | Pleasantville         | 1:50.74            |
| 2009        | Roselle               | 1:50.81            |
| 2010        | Willingboro           | 1:47.67            |
| 2011        | Roselle               | 1:47.63            |
| 2012        | Newark Tech           | <b>1:46.47</b>     |
| 2013        | Newark Tech           | 1:47.60            |
| 2014        | Penns Grove           | 1:47.07            |
| 2015        | Weequahic             | 1:50.99            |
| 2016        | Shabazz               | 1:48.82            |
| 2017        | Willingboro           | 1:49.29            |
| 2018        | Shabazz               | 1:50.26            |

**1600 relay**

| <b>Year</b> | <b>Team</b>           | <b>Performance</b> |
|-------------|-----------------------|--------------------|
| 1982        | Morris Catholic       | 4:23.1*            |
| 1983        | Bernards              | 4:23.9*            |
| 1984        | Haddonfield           | 4:30.1*            |
| 1985        | Science               | 4:15.4*            |
| 1986        | Science               | 4:25.8*            |
| 1987        | Oak Knoll             | 4:24.4*            |
| 1988        | Science               | 4:16.4*            |
| 1989        | Science               | <b>4:08.8*</b>     |
| 1990        | Newark Arts           | 4:13.2*            |
| 1991        | Newark Arts           | 4:14.6*            |
| 1992        | Science               | 4:22.0             |
| 1993        | Morris Catholic       | 4:28.7             |
| 1994        | Science               | 4:24.61            |
| 1995        | Pleasantville         | 4:11.29            |
| 1996        | Pleasantville         | 4:19.90            |
| 1997        | Science               | 4:16.61            |
| 1998        | Red Bank Catholic     | 4:14.74            |
| 1999        | Newark Arts           | 4:16.95            |
| 2000        | Academic              | 4:12.48            |
| 2001        | Palmyra               | 4:12.65            |
| 2002        | Montville             | 4:12.15            |
| 2003        | <b>Queen of Peace</b> | 4:12.16            |
| 2004        | Shore                 | 4:21.64            |
| 2005        | Bishop Eustace        | 4:18.79            |
| 2006        | Bishop Eustace        | 4:17.09            |
| 2007        | Pope John             | 4:09.63            |
| 2008        | Pleasantville         | 4:15.07            |
| 2009        | Haddonfield           | 4:11.83            |
| 2010        | Willingboro           | 4:04.40            |
| 2011        | Buena                 | 4:08.36            |
| 2012        | Weequahic             | 4:07.61            |
| 2013        | Penns Grove           | 4:06.42            |
| 2014        | Penns Grove           | <b>4:04.26</b>     |
| 2015        | Haddonfield           | 4:06.15            |
| 2016        | Haddonfield           | 4:10.83            |
| 2017        | Mountain Lakes        | 4:11.94            |
| 2018        | Highland Park         | 4:10.16            |

**3200 relay**

| <b>Year</b> | <b>Team</b>         | <b>Performance</b> |
|-------------|---------------------|--------------------|
| 1982        | Metuchen            | 10:42.7*           |
| 1983        | Bernards            | <b>9:47.7*</b>     |
| 1984        | Pt. Pleasant Beach  | 10:26.1*           |
| 1985        | Bernards            | 10:29.3*           |
| 1986        | Mater Dei           | 10:14.1*           |
| 1987        | Bernards            | 10:12.8*           |
| 1988        | Morris Catholic     | 10:55.8*           |
| 1989        | Science             | 10:30.8*           |
| 1990        | Newark Arts         | 10:52.4*           |
| 1991        | Newark Arts         | 10:40.1*           |
| 1992        | Haddonfield         | 10:48.9            |
| 1993        | <b>Midland Park</b> | 10:51.5            |
| 1994        | Morris Catholic     | 10:35.70           |
| 1995        | <b>Saddle Brook</b> | 10:25.17           |
| 1996        | <b>Saddle Brook</b> | 10:30.04           |
| 1997        | Bishop Eustace      | 10:12.83           |
| 1998        | St. Rose            | 10:15.94           |
| 1999        | Chatham             | 10:31.78           |
| 2000        | Haddonfield         | 10:25.09           |
| 2001        | Haddonfield         | 10:19.76           |
| 2002        | Bishop Eustace      | 10:21.00           |
| 2003        | Oak Knoll           | 10:02.15           |
| 2004        | Shore               | 10:19.00           |
| 2005        | Shore               | 10:24.16           |
| 2006        | Oak Knoll           | 10:12.32           |
| 2007        | Haddonfield         | 9:54.81            |
| 2008        | Haddonfield         | 10:04.50           |
| 2009        | Bernards            | 10:11.40           |
| 2010        | Bernards            | 10:07.92           |
| 2011        | <b>Westwood</b>     | 10:04.81           |
| 2012        | Bernards            | 9:56.29            |
| 2013        | Bernards            | <b>9:54.68</b>     |
| 2014        | Haddonfield         | 10:00.94           |
| 2015        | Haddonfield         | 10:04.25           |
| 2016        | Haddonfield         | 9:58.79            |
| 2017        | Mountain Lakes      | 10:03.87           |
| 2018        | Metuchen            | 10:20.45           |

**Sprint medley**

|      |                       |                |
|------|-----------------------|----------------|
| 1982 | Woodbury              | 4:44.8*        |
| 1983 | Bernards              | 4:28.2*        |
| 1984 | Bernards              | 4:31.8*        |
| 1985 | Oak Knoll             | 4:28.0*        |
| 1986 | Academic              | 4:36.8*        |
| 1987 | Oak Knoll             | 4:38.7*        |
| 1988 | Science               | 4:35.5*        |
| 1989 | Science               | 4:35.0*        |
| 1990 | Metuchen              | 4:28.9*        |
| 1991 | Newark Arts           | 4:32.4*        |
| 1992 | Whippany Park         | 4:38.7         |
| 1993 | Science               | 4:34.5         |
| 1994 | Science               | 4:23.31        |
| 1995 | Morris Catholic       | 4:24.58        |
| 1996 | St. Mary's (JC)       | 4:26.27        |
| 1997 | St. Mary's (JC)       | 4:21.96        |
| 1998 | NO RACE               |                |
| 1999 | Science               | 4:23.03        |
| 2000 | Palmyra               | 4:33.62        |
| 2001 | Haddonfield           | 4:17.15        |
| 2002 | <b>Queen of Peace</b> | 4:21.62        |
| 2003 | <b>Queen of Peace</b> | 4:17.23        |
| 2004 | <b>Queen of Peace</b> | 4:30.45        |
| 2005 | Bishop Eustace        | 4:25.55        |
| 2006 | Shore                 | 4:25.81        |
| 2007 | Pope John             | 4:19.21        |
| 2008 | Bernards              | 4:20.32        |
| 2009 | Haddonfield           | 4:21.43        |
| 2010 | Willingboro           | 4:19.22        |
| 2011 | Bernards              | 4:29.50        |
| 2012 | Bernards              | 4:24.14        |
| 2013 | Metuchen              | 4:21.81        |
| 2014 | Haddonfield           | 4:22.73        |
| 2015 | Haddonfield           | <b>4:15.61</b> |
| 2016 | Haddonfield           | 4:20.43        |
| 2017 | Mountain Lakes        | 4:19.39        |
| 2018 | Shore                 | 4:25.20        |

**Distance medley**

|      |                     |                 |
|------|---------------------|-----------------|
| 1982 | Woodbury            | 14:25.8*        |
| 1983 | Bernards            | 13:29.2*        |
| 1984 | Pt. Pleasant Beach  | 14:03.2*        |
| 1985 | Bernards            | 13:07.2*        |
| 1986 | Haddonfield         | 13:54.8*        |
| 1987 | Bernards            | 13:23.3*        |
| 1988 | <b>Saddle Brook</b> | 14:15.0*        |
| 1989 | Newark Arts         | 14:12.9*        |
| 1990 | Newark Arts         | 14:19.1*        |
| 1991 | Whippany Park       | 13:47.0*        |
| 1992 | Whippany Park       | 13:48.2         |
| 1993 | Glen Ridge          | 13:39.5         |
| 1994 | Morris Catholic     | 13:19.4         |
| 1995 | Haddonfield         | 13:13.71        |
| 1996 | Haddonfield         | 13:35.51        |
| 1997 | Bishop Eustace      | 12:58.01        |
| 1998 | Red Bank Catholic   | 13:17.47        |
| 1999 | Red Bank Catholic   | 13:17.95        |
| 2000 | Morris Catholic     | 13:22.83        |
| 2001 | Haddonfield         | 12:42.33        |
| 2002 | Montville           | 13:12.39        |
| 2003 | Haddonfield         | 13:26.40        |
| 2004 | Shore               | 13:03.22        |
| 2005 | Madison Boro        | 13:10.51        |
| 2006 | Mt. St. Mary        | 13:19.02        |
| 2007 | Pope John           | 12:54.49        |
| 2008 | Madison             | 13:08.98        |
| 2009 | Haddonfield         | 12:48.32        |
| 2010 | Bernards            | 12:56.61        |
| 2011 | Bernards            | 12:53.95        |
| 2012 | Bernards            | 12:40.92        |
| 2013 | Bernards            | 12:39.50        |
| 2014 | Haddonfield         | 12:43.68        |
| 2015 | Haddonfield         | <b>12:32.48</b> |
| 2016 | Haddonfield         | 12:34.39        |
| 2017 | Mountain Lakes      | 12:48.88        |
| 2018 | Metuchen            | 13:10.79        |

## Shuttle Hurdles

|      |                     |              |
|------|---------------------|--------------|
| 1982 | Woodbury            | 38.4         |
| 1983 | <b>Saddle Brook</b> | 38.8         |
| 1984 | Pt. Pleasant Beach  | 36.1         |
| 1985 | Woodbury            | 35.4         |
| 1986 | Woodbury            | 34.9         |
| 1987 | <b>New Milford</b>  | 35.7         |
| 1988 | Woodbury            | 37.8         |
| 1989 | Newark Arts         | 37.8         |
|      | Whippany Park       |              |
| 1990 | Newark Arts         | 35.1         |
| 1991 | Newark Arts         | 33.4         |
| 1992 | Woodbury            | 35.8         |
| 1993 | New Providence      | 37.2         |
| 1994 | Morris Catholic     | 35.65        |
| 1995 | Morris Catholic     | 34.27        |
| 1996 | Metuchen            | 34.30        |
| 1997 | Pleasantville       | 34.71        |
| 1998 | Pleasantville       | 33.54        |
| 1999 | Pitman              | 34.49        |
| 2000 | Metuchen            | 34.53        |
| 2001 | Haddonfield         | 35.23        |
| 2002 | Haddonfield         | 34.18        |
| 2003 | Haddonfield         | 35.74        |
| 2004 | Hanover Park        | 35.45        |
| 2005 | Bishop Eustace      | 34.44        |
| 2006 | <b>Saddle Brook</b> | 35.04        |
| 2007 | Holy Cross          | 34.54        |
| 2008 | Verona              | 35.62        |
| 2009 | Bernards            | 35.12        |
| 2010 | Willingboro         | 33.66        |
| 2011 | Newark Tech         | 32.66        |
| 2012 | Newark Tech         | <b>31.76</b> |
| 2013 | Newark Tech         | 32.90        |
| 2014 | Weequahic           | 35.67        |
| 2015 | Weequahic           | 33.44        |
| 2016 | <b>Glen Rock</b>    | 35.07        |
| 2017 | <b>Glen Rock</b>    | 34.85        |
| 2018 | Willingboro         | 33.63        |

## High Jump

|      |                     |             |
|------|---------------------|-------------|
| 1982 | Mater Dei           | <b>10-4</b> |
| 1983 | <b>Saddle Brook</b> | 9-10        |
| 1984 | Pt. Pleasant Beach  | 9-4         |
| 1985 | Highland Park       | 9-6         |
|      | <b>New Milford</b>  |             |
| 1986 | Pt. Pleasant Beach  | 9-10        |
| 1987 | Midland Park        | 9-10        |
| 1988 | Spotswood           | 9-8         |
| 1989 | Newark Arts         | 9-4         |
| 1990 | Spotswood           | 9-10        |
| 1991 | Newark Arts         | 9-2         |
| 1992 | Newark Arts         | 9-6         |
| 1993 | <b>Saddle Brook</b> | 9-2         |
| 1994 | Montgomery          | 9-7         |
| 1995 | <b>Glen Rock</b>    | 9-6         |
| 1996 | Haddonfield         | 9-2         |
| 1997 | Science             | 9-8         |
| 1998 | Montgomery          | 9-8         |
| 1999 | Haddonfield         | 9-8         |
| 2000 | Caldwell            | 9-8         |
| 2001 | Madison             | 9-8         |
| 2002 | Haddonfield         | 10-0        |
| 2003 | Gateway             | 9-10        |
| 2004 | Hanover Park        | 10-2        |
| 2005 | Hanover Park        | 9-8         |
| 2006 | Haddon Heights      | 9-10        |
| 2007 | <b>Waldwick</b>     | 10-0        |
| 2008 | Academic            | 9-6         |
| 2009 | <b>Rutherford</b>   | 9-8         |
| 2010 | Robbinsville        | 10-2        |
| 2011 | Academic            | 10-0        |
| 2012 | Robbinsville        | 10-0        |
| 2013 | Bernards            | 9-10        |
| 2014 | Whippany Park       | 9-10        |
| 2015 | Whippany Park       | 10-2        |
| 2016 | Whippany Park       | 10-0        |
| 2017 | Willingboro         | 9-10        |
| 2018 | A.L. Johnson        | 9-8         |

## Pole Vault

|      |                          |             |
|------|--------------------------|-------------|
| 2005 | St. Rose                 | 15-0        |
| 2006 | NO RACE                  |             |
| 2007 | NO RACE                  |             |
| 2008 | Verona                   | 19-0        |
| 2009 | Pennsville               | 17-6        |
| 2010 | Pennsville               | <b>20-6</b> |
| 2011 | Bernards                 | 18-0        |
| 2012 | Bernards                 | 18-0        |
| 2013 | Bernards                 | 19-0        |
| 2014 | <b>Kinnelon</b>          | 17-6        |
| 2015 | Whippany Park            | 18-0        |
| 2016 | Whippany Park            | 17-6        |
| 2017 | Metuchen                 | 16-0        |
| 2018 | <b>Hasbrouck Heights</b> | 15-6        |



**Shot Put**

|             |                     |                |
|-------------|---------------------|----------------|
| <b>1982</b> | Glen Ridge          | 63-9           |
| <b>1983</b> | Kenilworth          | 62-0           |
| <b>1984</b> | <b>Saddle Brook</b> | 60-6           |
| <b>1985</b> | <b>Saddle Brook</b> | 59-0           |
| <b>1986</b> | New Providence      | 54-10.5        |
| <b>1987</b> | <b>New Milford</b>  | 58-11          |
| <b>1988</b> | Asbury Park         | 59-4.5         |
| <b>1989</b> | Spotswood           | 57-4.75        |
| <b>1990</b> | Science             | 58-8           |
| <b>1991</b> | New Providence      | 68-10          |
| <b>1992</b> | Science             | 68-9.5         |
| <b>1993</b> | Science             | 63-0           |
| <b>1994</b> | Montgomery          | 65-0           |
| <b>1995</b> | Roselle             | 64-2           |
| <b>1996</b> | Schalick            | 61-0.5         |
| <b>1997</b> | Spotswood           | 57-6           |
| <b>1998</b> | New Brunswick       | 63-1.5         |
| <b>1999</b> | Newark Arts         | 58-8.25        |
| <b>2000</b> | <b>Dumont</b>       | 65-7.5         |
| <b>2001</b> | Clark               | 64-1.25        |
| <b>2002</b> | Penns Grove         | 69-1.5         |
| <b>2003</b> | Hanover Park        | 66-11          |
| <b>2004</b> | Hanover Park        | 65-0.5         |
| <b>2005</b> | Hanover Park        | 67-2.5         |
| <b>2006</b> | Haddon Heights      | 64-6.75        |
| <b>2007</b> | Madison             | 76-4.25        |
| <b>2008</b> | <b>Park Ridge</b>   | 70-7           |
| <b>2009</b> | Caldwell            | 66-9.5         |
| <b>2010</b> | Weequahic           | 63-1           |
| <b>2011</b> | Hanover Park        | 64-3.5         |
| <b>2012</b> | Hanover Park        | 67-11          |
| <b>2013</b> | Newark Tech         | 70-2.75        |
| <b>2014</b> | Haddon Heights      | 66-10 3/4      |
| <b>2015</b> | Whippany Park       | 75-7.25        |
| <b>2016</b> | Whippany Park       | <b>81-2.75</b> |
| <b>2017</b> | Schalick            | 73-6           |
| <b>2018</b> | Schalick            | 72-8.75        |