

**Group IV
Scoring**

Year	Team	Performance
1981	Plainfield	28
1982	Columbia	24
1983	Columbia	21
1984	Columbia	23
1985	Columbia	23
1986	Plainfield	34
1987	Ridgewood	16
1988	Ridgewood	37
1989	Ridgewood	20
1990	Toms River East	19
1991	Plainfield	15
1992	Willingboro	50
1993	Willingboro	39
1994	Columbia	36
1995	Willingboro	36
1996	Columbia	36
1997	Columbia	48
	Willingboro	
1998	Columbia	38
1999	Washington Twp.	32
2000	Trenton	38
2001	Trenton	50
2002	Trenton	36
2003	Jackson	32
2004	Columbia	30
2005	Jackson	43
2006	Piscataway	32
2007	Southern	40
2008	Lenape	54
2009	Southern	59
2010	Southern	46

800 relay

Year	Team	Performance
1981	Plainfield	1:51.7*
1982	Willingboro	1:45.8*
1983	Trenton	1:47.9*
1984	Trenton	1:45.4*
1985	Trenton	1:46.9*
1986	Plainfield	1:45.5*
1987	Trenton	1:48.7*
1988	Neptune	1:50.2*
1989	Teaneck	1:50.4*
1990	Teaneck	1:48.7*
1991	Columbia	1:51.2*
1992	Willingboro	1:50.0
1993	Plainfield	1:48.3
1994	Plainfield	1:51.22
1995	Trenton	1:47.17
1996	Trenton	1:47.78

1997	Willingboro	1:46.99
1998	Montclair	1:44.65
1999	Washington Twp.	1:47.24
2000	Trenton	1:47.22
2001	Trenton	1:47.81
2002	Eastern	1:46.54
2003	Eastern	1:47.60
2004	East Orange	1:45.15
2005	Winslow Twp.	1:47.25
2006	Piscataway	1:44.14
2007	Columbia	1:48.65
2008	Union	1:48.11
2009	Jackson	1:47.01
2010	Toms River North	1:48.19

1600 relay

Year	Team	Performance
1981	Plainfield	4:08.2*
1982	Willingboro	4:09.7*
1983	Plainfield	4:01.2*
1984	Trenton	4:06.0*
1985	Plainfield	4:07.7*
1986	Plainfield	4:05.3*
1987	Plainfield	4:15.1*
1988	Ridgewood	4:09.9*
1989	Ridgewood	4:12.4*
1990	Trenton	4:11.2*
1991	Plainfield	4:15.2*
1992	Willingboro	4:12.3
1993	Willingboro	4:12.2
1994	Columbia	4:10.57
1995	Camden	4:03.41
1996	Willingboro	4:06.49
1997	Columbia	3:59.01
1998	Montclair	4:00.75
1999	Washington Twp.	4:07.19
2000	Pennsauken	4:07.61
2001	Trenton	4:10.51
2002	Trenton	4:05.44
2003	Columbia	4:10.27
2004	Columbia	4:04.32
2005	Piscataway	4:03.91
2006	Piscataway	4:05.61
2007	Shawnee	4:06.33
2008	Millville	4:04.01
2009	Southern	4:02.68
2010	Columbia	4:03.23

3200 relay

Year	Team	Performance
1981	Columbia	10:10.8*
1982	Columbia	9:42.1*
1983	Columbia	9:40.2*
1984	Columbia	9:55.7*

1985	Columbia	9:45.1*
1986	Plainfield	9:46.5*
1987	Ridgewood	9:54.7*
1988	Ridgewood	9:54.7*
1989	Morris Knolls	10:02.9*
1990	Toms River East	10:02.4*
1991	Kearny	9:51.0*
1992	Toms River North	9:54.1
1993	Madison Central	10:05.6
1994	Hunterdon Central	9:50.98
1995	Hunterdon Central	9:48.25
1996	Columbia	9:52.56
1997	Columbia	9:52.07
1998	Columbia	9:28.18
1999	Washington Twp.	9:58.82
2000	Hillsborough	9:54.68
2001	Hunterdon Central	9:52.67
2002	Hillsborough	9:53.98
2003	Hillsborough	9:55.21
2004	Shawnee	9:41.83
2005	Cherokee	9:56.48
2006	Morris Knolls	9:48.69
2007	Colts Neck	9:33.80
2008	Lenape	9:32.83
2009	Southern	9:30.04
2010	Lenape	9:34.87

Sprint medley

1981	Columbia	4:19.2*
1982	Teaneck	4:28.6*
1983	Columbia	4:19.3*
1984	Columbia	4:27.1*
1985	Shawnee	4:21.9*
1986	Morristown	4:20.3*
1987	Columbia	4:21.3*
1988	Ridgewood	4:24.0*
1989	West Side	4:22.2*
1990	Trenton	4:21.9*
1991	Highland	4:30.8*
1992	Willingboro	4:22.2
1993	Trenton	4:24.3
1994	Columbia	4:23.09
1995	Shawnee	4:19.02
1996	Middletown South	4:22.36
1997	Columbia	4:17.78
1998	NO RACE	
1999	Hunterdon Central	4:24.29
2000	Eastern	4:20.80
2001	Trenton	4:16.08
2002	Trenton	4:14.05
2003	Winslow Twp.	4:17.04
2004	Rancocas Valley	4:12.51
2005	Washington Twp.	4:19.97

2006	Piscataway	4:10.80
2007	Southern	4:17.79
2008	Southern	4:12.87
2009	Southern	4:09.96
2010	Washington Twp.	4:14.70

Distance medley

1981	Ridgewood	12:51.4*
1982	Columbia	13:01.9*
1983	Kearny	12:44.9*
1984	Morristown	12:58.9*
1985	Toms River East	12:57.6*
1986	Shawnee	12:43.8*
1987	Morristown	12:45.7*
1988	Ridgewood	12:27.2*
1989	Ridgewood	12:56.6*
1990	Toms River East	13:11.2*
1991	Ridgewood	13:05.9*
1992	Toms River North	12:53.4
1993	Toms River North	13:04.3
1994	Ridgewood	12:40.3
1995	Hunterdon Central	12:36.95
1996	Hunterdon Central	12:44.83
1997	Columbia	12:39.62
1998	Columbia	12:46.69
1999	Shawnee	12:50.18
2000	Hillsborough	12:51.63
2001	Hunterdon Central	12:44.30
2002	Columbia	12:41.86
2003	Hillsborough	12:44.19
2004	Toms River East	12:38.88
2005	Jackson	12:43.27
2006	Southern	12:28.86
2007	Southern	11:59.20
2008	Southern	12:29.11
2009	Southern	12:14.98
2010	Lenape	12:04.69

Shuttle Hurdles

1981	Sayreville	30.5
1982	Sayreville	35.4
1983	Trenton	36.1
1984	Edgewood	32.9
1985	Neptune	32.2
1986	Columbia	31.6
1987	Neptune	34.1
1988	Neptune	33.2
1989	Middletown South	34.5
1990	North Hunterdon	34.4
1991	Randolph	33.5
1992	North Edison	33.7
1993	Plainfield	33.2
1994	Shawnee	35.08
1995	Columbia	33.53

1996	Piscataway	33.14
1997	Irvington	33.29
1998	Overbrook	33.33
1999	Jackson	33.96
2000	Trenton	32.78
2001	Trenton	33.97
2002	Jackson	32.52
2003	Jackson	32.82
2004	Jackson	33.56
2005	Jackson	32.63
2006	East Orange	32.40
2007	Union	32.49
2008	Randolph	32.75
2009	Millville	32.34
2010	Southern	32.68

High Jump

1981	Southern	10-8
1982	Edison Twp.	10-0
1983	Toms River East	10-0
1984	Plainfield	9-10
1985	Plainfield	10-0
1986	Woodbridge	10-2
1987	Cherry Hill East	10-2
1988	Ridgewood	9-10
1989	Toms River East	9-10
1990	Middletown South	9-10
1991	Shawnee	10-0
	Freehold Twp	
	Middletown South	
1992	Manalapan	10-2
1993	Linden	10-2
1994	Sayreville	10-4
1995	North Edison	10-2
1996	North Edison	10-6
1997	North Edison	10-4
1998	West Windsor	10-2
1999	Columbia	10-2
2000	Manalapan	10-2
2001	Southern	10-0
2002	Shawnee	10-2
2003	Shawnee	10-4
2004	Shawnee	10-6
2005	Columbia	10-2
2006	J.P. Stevens	10-8
2007	Columbia	10-8
2008	Lenape	10-8
2009	Southern	10-2
2010	Howell Twp.	10-6

Pole Vault

2005	Hillsborough	20-0
2006	Millville	19-0
2007	NO RACE	

2008	Hunterdon Central	22-0
2009	Hunterdon Central	19-6
2010	Clifton	20-6
Shot Put		
1981	Plainfield	67-10.5
1982	Willingboro	69-10
1983	Toms River East	75-1
1984	Toms River East	69-0.5
1985	Brick	64-7.5
1986	Plainfield	66-11.75
1987	Plainfield	68-10.75
1988	Ridgewood	66-3
1989	Passaic	65-1.75
1990	Plainfield	79-2.75
1991	Plainfield	83-7.75
1992	Plainfield	90-8.5
1993	Plainfield	89-4.25
1994	Passaic	72-3.75
1995	Piscataway	69-2.75
1996	Hunterdon Central	76-6
1997	Willingboro	73-10.5
1998	Toms River East	67-6.75
1999	Montclair	67-7.5
2000	Toms River East	67-2.5
2001	Trenton	73-1.5
2002	Trenton	77-6.75
2003	Elizabeth	75-3.75
2004	Elizabeth	81-5
2005	Hillsborough	71-2.25
2006	Atlantic City	72-1.25
2007	Brick	84-10
2008	Toms River North	75-10.25
2009	Jackson	73-10
2010	East Brunswick	75-9.25