

## **BERGEN COUNTY CHAMPIONSHIPS**

### **BOYS GROUP A**

100 METERS – Michael Ray Garvin, Don Bosco, 2005, 10.3  
200 METERS – Rashad White, Teaneck, 2007, 21.2  
400 METERS – Joe Velasquez, Paramus, 1999, 48.3  
800 METERS – Josh Kauke, Ridgewood, 1999, 1:53.0  
1600 METERS -- Bob Keino, Ridgewood, 1993, 4:16.6  
3200 METERS – Leighton Spencer, Don Bosco, 2009, 9:14.9  
110 METER HURDLES -- Greg Horner, Don Bosco, 1985, 14.0  
400 METER HURDLES – Jeremy Perussi, Demarest, 2004, 54.3  
SHOT PUT -- Steve Adams, St. Joseph Regional, 1970, 62-11  
DISCUS -- Bruce Hedendal, Paramus, 1965, 177-2  
JAVELIN -- J.D. Murdoch, Ridgewood, 1998, 198-8 (OLD)  
JAVELIN – Chris Molinaro, Paramus Catholic, 2007, 177-6 (NEW)  
HIGH JUMP -- Mike Bradley, Teaneck, 1994, 6-9  
LONG JUMP – Conroy Walker, Hackensack, 2010, 23-2 ½  
TRIPLE JUMP – Kwame Collins, Northern Highlands, 2005, 47-9 ½  
POLE VAULT -- Ken Scheider, Don Bosco, 1999, 14-1  
1600 METER RELAY – Bergen Catholic, 2010, 3:20.75

### **BOYS GROUP B**

100 METERS – Joe Jones, Englewood, 2008, 10.81  
200 METERS – Garrett Kroner, Indian Hills, 2005 & 2006, 21.8 (Corey Crawford, Indian Hills, 2010, 22.03)  
400 METERS – Mark Filandro, Indian Hills, 2006, 48.93  
800 METERS – Max Bruno, Indian Hills, 2008, 1:54.4  
1600 METERS -- Moses Mekbeb, Cliffside Park, 1991, 4:19.0  
3200 METERS -- Rob Reeder, Northern Highlands, 1992, 9:15.0  
110 METER HIGH HURDLES -- Ken Thorpe, Indian Hills, 1978, 14.3  
400 METER INTERMEDIATE HURDLES -- Mike Stansfield, Garfield, 1999, 54.7  
SHOT PUT -- Mark Saner, St. Joseph Regional, 1975, 59-7  
DISCUS -- Dana Ellis, Ramapo, 1981, 176-2  
JAVELIN -- Mike Collins, Don Bosco, 1978, 216-1 (OLD)  
JAVELIN – Kevin Steimle, Mahwah, 2009, 197-2 (NEW)  
HIGH JUMP -- Mike Curti, Dumont, 1979, 6-8  
LONG JUMP – Corey Crawford, Indian Hills, 2010, 24-4 ¾  
TRIPLE JUMP -- Anthony DiCosmo, Paramus Catholic, 1995, 48-10  
POLE VAULT – Adam Sacher, Pascack Valley, 2004, 14-6  
1600 METER RELAY -- Paramus Catholic, 1998, 3:22.7

### **BOYS GROUP C**

100 METERS – Patryk Najbar, Lodi, 2010, 10.97  
200 METERS – Rameik Jackson, Westwood, 2005, 22.0  
400 METERS – Rameik Jackson, Westwood, 2004 and 2005, 49.3  
800 METERS – Ryan McCann, Glen Rock, 2004, 1:55.4  
1600 METERS – Patrick Rono, Lyndhurst, 2010, 4:24.79  
3200 METERS -- Jason Kaplan, Westwood, 1986, 9:34.5

110 METER HIGH HURDLES -- John Mounger, Northern Highlands, 1970, 14.3  
400 METER INTERMEDIATE HURDLES -- Anthony Hampton, Englewood, 1993, 52.8  
SHOT PUT -- Frank Chamberlin, Mahwah, 1996, 61-9 ½  
DISCUS – Steve McGovern, Dumont, 2002, 180-6  
JAVELIN -- Bill Parisi, Ridgefield Park, 1985, 204-11 (OLD)  
JAVELIN – Erik Heymann, Westwood, 2005, 195-4 (NEW)  
HIGH JUMP -- Walt Sinicki, Waldwick, 1975, 6-5 ¾  
LONG JUMP -- Chris Hewitt, Englewood, 1992, 22-10  
TRIPLE JUMP -- Mikkel Brown, Glen Rock, 1996, 45-9 ½  
POLE VAULT – Juan Andres Giglio, Ridgefield Park, 2010, 14-7  
1600 METER RELAY – Englewood, 1994, 3:26.5

## **BOYS GROUP D**

100 METERS – Damon Merkerson, St. Mary's, 2007, 10.7  
200 METERS – Matt Bieszard, Midland Park, 2007 and Chris Charles, Park Ridge, 2000, 22.0  
400 METERS – Kevin Condal, Hasbrouck Heights, 2010, 48.55  
800 METERS – Ryan McCann, Glen Rock, 2003, 1:56.9  
1600 METERS -- David Clayton, Wood-Ridge, 1987, 4:21.0  
3200 METERS -- Chris Guerriero, Saddle Brook, 2005, 9:36.0  
110 METER HIGH HURDLES -- Dave Schuman, Saddle Brook, 1992, 14.4  
400 METER INTERMEDIATE HURDLES – Dave Lado, Ridgefield, 2003, 55.2  
SHOT PUT -- Andy Papathanassiou, Emerson, 1985, 64-7  
DISCUS -- Andy Papathanassiou, Emerson, 1985, 169-7  
JAVELIN – Kaleb Zuidema, Midland Park, 2010, 202-5  
HIGH JUMP -- Tyrone Bowens, Mahwah, 1978, 6-5 ½  
LONG JUMP -- Mikkel Brown, Glen Rock, 1997, 23-9  
TRIPLE JUMP – Vernard Hoover, Hasbrouck Heights, 2004, 47-1  
POLE VAULT – Greg Hoffman, Park Ridge, 2009, 14-0  
1600 METER RELAY -- Hasbrouck Heights, 2001, 3:26.6

## **GIRLS GROUP A**

100 METERS – Myasia Jacobs, Paramus Catholic, 2010, 11.73  
200 METERS – Myasia Jacobs, Paramus Catholic, 2010, 23.93  
400 METERS – Amy Salek, Ramapo, 2008, 56.4  
800 METERS -- Jasmin Jones, Hackensack, 1987, 2:11.0  
1600 METERS -- Jasmin Jones, Hackensack, 1987, 4:59.3  
3200 METERS -- Jenna Rogers, Ridgewood, 1994 and Jasmin Jones, Hackensack, 1987, 10:40.3  
100 METER HIGH HURDLES – Michelle Smith, Teaneck, 2005, 13.8  
400 METER INTERMEDIATE HURDLES – Michelle Smith, Teaneck, 2005, 61.3  
SHOT PUT – Apresha Hampton, Teaneck, 2010, 42-7 ¾  
DISCUS -- Monique Mighty, Hackensack, 2002, 123-3  
JAVELIN – Daina Pucurs, Demarest, 2004, 150-10  
HIGH JUMP – Tyler Teaton, IHA, 2006, 5-5  
LONG JUMP -- Jen McDermott, Ridgewood, 1989 and Shenise Halsey, Old Tappan, 2006, 18-0  
TRIPLE JUMP -- Jen McDermott, Ridgewood, 1989, 39-8

**POLE VAULT – Kayla Polcari, Ridgewood, 2010, 11-6**

**1600 METER RELAY – Teaneck, 2006, 3:58.9**

## **GIRLS GROUP B**

**100 METERS – Rebecca Coffman, Indian Hills, 2007, Nadine Jaber, Indian Hills, 2004, Mary O’Neil, River Dell, 1995, Sara Pieri, Ramapo and Lisa Alexander, Englewood, 1983, 12.4**

**200 METERS – Rebecca Coffman, Indian Hills, 2008, Tarashon Broomes, Paramus Catholic, 2002 and Lisa Alexander, Englewood, 1983, 25.6**

**400 METERS – Janine Davis, Queen of Peace, 2004, 55.7**

**800 METERS – Cheyenne Ogletree, Garfield, 2005, 2:13.9**

**1600 METERS – Julia Emanuel, Tenafly, 2003, 5:03.5**

**3200 METERS -- Amy Kempf, Paramus, 1988, 10:51.1**

**100 METER HIGH HURDLES -- Kim Baumbach, Pascack Valley, 1986, 14.5**

**400 METER INTERMEDIATE HURDLES -- Kim Baumbach, Pascack Valley, 1987, 62.1**

**SHOT PUT – Kelly Fazekas, Demarest, 2003, 44-6**

**DISCUS – Jessica Fazekas, Demarest, 2001, 129-6**

**JAVELIN—Kelly Fazekas, Demarest, 2002, 139-9**

**HIGH JUMP -- Amy Nehls, Indian Hills, 1986, 5-6**

**LONG JUMP – Danna Wasserman, Demarest, 2010, 18-6**

**TRIPLE JUMP -- Margaret Rottkamp, Indian Hills, 1986, 37-9 ¾**

**POLE VAULT – Emily Mino, River Dell, 2008, and Ashley Walker, Mahwah, 2009, 10-6**

**1600 METER RELAY – Ramsey, 2005, 4:02.1**

## **GIRLS GROUP C**

**100 METERS -- Carlene Cummings, Englewood, 1996 and 1998, 11.9**

**200 METERS – Anike Orimogunje, Queen of Peace, 2002, 24.3**

**400 METERS – Janine Davis, Queen of Peace, 2005, 56.3**

**800 METERS – Janine Davis, Queen of Peace, 2005, 2:12.6**

**1600 METERS -- Jennifer Narr, Rutherford, 1987, 5:15.2**

**3200 METERS -- Jennifer Narr, Rutherford, 1987, 11:15.7**

**100 METER HURDLES -- Carlene Cummings, Englewood, 1998, 14.5**

**400 METER INTERMEDIATE HURDLES -- Mahasin Pegeise, Rutherford, 1998, 64.2**

**SHOT PUT -- Stacey Price, Westwood, 1988, 40-8 ½**

**DISCUS – Julie Haledjian, Pascack Hills, 2006, 121-9**

**JAVELIN -- Trish Neuner, New Milford, 1984, 133-9 (OLD)**

**JAVELIN – Teresa Kirkpatrick, Pascack Hills, 2009, 125-10 (NEW)**

**HIGH JUMP – Julianna Camargo, Dumont, 2006, Cheryl Burdick, Ramsey, 1997, 1998 and 1999 and Nancy Larena, Saddle Brook, 1982, 5-4**

**LONG JUMP -- Carlene Cummings, Englewood, 1998, 18-5 ½**

**TRIPLE JUMP -- Carlene Cummings, Englewood, 1997, 38-6**

**POLE VAULT – Patricia Murphy-Kennelly, Mahwah, 2005, 10-0**

**1600 METER RELAY – Westwood, 2008, 4:06.1**

## **GIRLS GROUP D**

**100 METERS – Jennifer Cagiao, Hasbrouck Heights, 2002, 12.2**

**200 METERS – Cheryl Anscombe, Westwood, 2002, 25.7**

**400 METERS -- Michele Satine, Glen Rock, 1995, 58.9**

**800 METERS -- Erin Henry, Glen Rock, 2001, 2:19.9**

**1600 METERS – Amy Van Alstine, Midland Park, 2006, 5:10.0**  
**3200 METERS – Amy Van Alstine, Midland Park, 2006, 10:57.0**  
**100 METER HIGH HURDLES – Justine Diana, Saddle Brook, 2001, 14.9**  
**400 INTERMEDIATE HURDLES – Kim Mineo, Glen Rock, 2002, 63.0**  
**SHOT PUT -- Celia Mistretta, Park Ridge, 1982, 38-9**  
**DISCUS – Nikki Uzelac, Midland Park, 2001, 124-9**  
**JAVELIN -- Chris Bradley, Ridgefield, 1981, 128-10 (OLD)**  
**JAVELIN – Courtney Reggo, Ridgefield, 2002, 122-8 (NEW)**  
**HIGH JUMP -- Nancy Larena, Saddle Brook, 1983, 5-7**  
**LONG JUMP -- Megan Burke, Glen Rock, 1991, 18-6**  
**TRIPLE JUMP -- Lynn Petrolia, New Milford, 1987, 37-3**  
**POLE VAULT – Michelle Favre, Saddle Brook, 2009, 11-7**  
**1600 METER RELAY -- Glen Rock, 1995, 4:07.3**