

# Passaic County Track and Field Records

## Individual Events

### 100 meter dash:

10.78	Hunter Hayek	Wayne Hills High School	2016
11.80	Nicole Carmichael	Kennedy High School	1995

### 200 meter dash:

21.23	Shaquan Brown	Kennedy High School	2005
24.12	Nicole Carmichael	Kennedy High School	1995

### 400 meter dash:

46.88	Shaquan Brown	Kennedy High School	2005
54.0	Natalie Jordan	Eastside High School	1982

### 800 meter run:

1:49.08	Joe White	DePaul Catholic High School	2014
2:12.26	Alyssa LaGuardia	DePaul Catholic High School	2010

### 1600 meter run:

4:13.1	Curtis McNair	Passaic High School	1986
4:53.33	Kristen Traub	Eastern Christian Academy	2012

### 3200 meter run:

8:50.44 (2mile-3.3)	Mohamed Khadraoui	Kennedy High School	2004
10:31.6	Lindsay Van Alstine	Hawthorne Christian Academy	2003

### 100/110 meter hurdles:

13.89	Guy Rose	Wayne Hills High School	1998
14.33	Melissa Jones	Eastside High School	1997

### 400 intermediate hurdles:

51.68	Shaquan Brown	Kennedy High School	2006
57.48	Tawana Watkins	Kennedy High School	2001

### High Jump:

7-0 ½	Linden Richmond	Passaic High School	1997
5-7 ¾	Michele Dudzinski	Passaic Valley High School	1993

### Long Jump:

23-8 ¼	Chiffon Allen	Passaic High School	1996
20-0	Kaitlin Salisbury	Hawthorne High School	2016

### Triple Jump:

48-2 ½	Kyle Lindsay	Eastside High School	2006
40-7	Shanai Heber	Kennedy High School	2008

### Pole Vault:

14-6	Jeff Young	Wayne Valley High School	2003
	Chris Steele	Pompton Lakes High School	2011
12-6	Emily Urciuolli	Clifton High School	2009

### Shot Put:

61-6	Charlie Getty	Pompton Lakes High School	1970
43-8 ½	Alana Pantale	Wayne Valley High School	2010

### Discus:

183-5	George Abyad	Passaic Valley High School	2007
142-2	Jasmine Fenlator	Wayne Valley High School	2003

### Javelin:

189-10	Caleb Hart	Hawthorne Christian Academy	2014
139-1	Tina Lindsay	Eastside High School	2002

Compiled by: Jacob Brown, List collected by: Paul Schwartz, Updated January 2017

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## Relays:

### 4x100 meter relay:

42.90	Wayne Hills High School	2016
47.8	Eastside High School	1980

### 4x200 meter relay:

1:30.3	Eastside High School – 1987 & Passaic High School – 1990	
1:42.2	Eastside High School	1980

### 4x400 meter relay:

3:17.2	Eastside High School	1986
3:47.2	Eastside High School	1981

### 4x800 meter relay:

8:02.9	Eastside High School	1981
9:40.19	Wayne Hills High School	2016

### 4x1600 meter relay:

18:31.9	Kennedy High School	1979
22:16.0	Wayne Valley High School	1987

### Sprint Medley (200,200,400,800):

3:36.0	Kennedy High School	2004
4:15.8	Kennedy High School	2001

### Distance Medley (1200,400,800,1600):

10:37.41	Passaic Tech	2013
12:46.27	Wayne Hills High School	2014

### 4x100/110 hurdles:

62.2	Kennedy High School	1990
63.9	Eastside High School	1998

### 3x400 hurdles:

2:52.5	Eastside High School	1987
3:22.3	Eastside High School	1996

### 3xHigh Jump:

18-8	Kennedy High School	1987
14-8	Passaic Tech	2013

### 3xLong Jump:

61-11 ½	Eastside High School	1981
49-11 ½	Hawthorne High School	2016

### 3xTripleJump:

129-5	Kennedy High School	1979
105-3 ¼	Hawthorne High School	2016

### 2xPoleVault:

25-1	Clifton High School	2000
19-2	Clifton High School	2010

### 3xShotPut:

159-4 ½	Wayne Valley High School	1978
109-10	Passaic High School	1997

### 3xDiscus:

436-11	Wayne Valley High School	2008
311-11	Wayne Valley High School	2013

### 3xJavelin:

516-11	Wayne Valley High School	1978
302-6	Wayne Valley High School	2006