

DISCONTINUED EVENTS

BOYS

100 YARD DASH

1. Bob Hauk, St. Joseph Regional	1969	9.5
2. Jack Mostyn, Bergen Catholic	1958	9.6
Bill Walker, Englewood	1965	
4. Walt Doerig, River Dell	1966	9.7
John Rizzi, Elmwood Park	1975	
6. Les Fletcher, Leonia	1941	9.8
Dennis Hicks, Hackensack	1957	
Tom Bassano, Ridgefield Park	1957	
Bruce Byrne, Pascack Valley	1961	
Rich Higgins, St. Mary's	1961	
Mike Henderson, Ridgewood	1961	
Dan Wigart, Tenafly	1965	
Roger King, Englewood	1967	
Ed Arneman, Old Tappan	1967	
Chuck Williams, Bergen Tech	1973	
Remo Biagioni, Bergen Catholic	1977	

330 YARD INTERMEDIATE HURDLES

1. Lou Mastro, Paramus Catholic	1976	38.0
2. P.J. Mastro, Paramus Catholic	1977	38.3
3. Clayton Lloyd, Hackensack	1978	38.4
4. Parke Muth, Ridgewood	1975	38.5
5. Ken Stokes, New Milford	1974	38.6
Joe Ancona, Mahwah	1974	
7. Rawn Lindsay, Teaneck	1974	38.9
Rich Wankmuller, Ridgewood	1976	
Paul Zdanek, Waldwick	1978	
10. Brian Hart, Paramus Catholic	1975	39.0

1500 METER RUN

1. Kevin Byrne, Paramus Catholic	1977	3:48.0
2. Bill Leonard, Bergen Catholic	1978	3:51.2
3. John Malone, Bergen Catholic	1978	3:51.7
4. Steve Schadler, Bergenfield	1984	3:52.88
5. John Jacobus, Saddle Brook	1978	3:58.1
6. Michael Belgiovine, Don Bosco	2009	3:59.33
7. Moses Mekbeb, Cliffside Park	1991	3:59.82
8. Pat Doran, St. Mary's	1978	4:00.7
9. Ian Leavesley, Mahwah	1980	4:01.5
10. Mike Fezza, Cresskill	1979	4:01.7

3000 METER RUN

1. Ian Leavesley, Mahwah	1980	8:23.2
2. Bob Keino, Ridgewood	1994	8:29.93
3. Rob Molke, Don Bosco	2008	8:37.85
3. George Gusciora, Saddle Brook	1982	8:37.8
4. Tom Hughes, Ridgewood	1981	8:39.4

5. Joe LeMay, Ridgewood	1985	8:40.3
6. Sean Gormley, Bergen Catholic	1980	8:42.8
7. J.R. Meloro, Bergen Catholic	1991	8:44.1
8. Jack Marino, Ramsey	1980	8:44.8
9. John Nelson, Old Tappan	1980	8:48.2
10. Ken Flynn, Ramsey	1991	8:52.3
11. Rich Byrne, Ridgfield Park	1981	8:54.3

GIRLS

100 YARD DASH

1. Vanessa Hugley, Glen Rock	1974	10.9
2. Karen Johnson, Teaneck	1979	11.2
3. Diane Horowitz, Fort Lee	1977	11.3
Doreen Kris, Ramsey	1978	
Cindy Mayo, Rutherford	1978	
6. Erin Mallory, Teaneck	1976	11.5
7. Stephanie Laughlin, Teaneck	1979	11.6
Carolyn Moore, Indian Hills	1979	
Iris Clyburn, Englewood	1979	
Selena Ashby, Teaneck	1979	
Caroline Kitson, Englewood	1979	

8 POUND SHOT PUT

1. Lynn Greene, Englewood	1979	42-9
2. Kim Schwickrath, Old Tappan	1978	40-3
3. Heather Scelfo, Rutherford	1979	39-10 ¼
4. Stephanie Jackson, Hackensack	1979	39-10
5. Linda Clayton, Demarest	1979	39-5 ¼
6. Laura Matthews, Rutherford	1976	39-3 ¼
7. Sarah Miles, Ridgewood	1979	39-0 ¼
8. Diane Petraglia, Cresskill	1979	38-3
9. Beth Krivda, Cliffside Park	1977	38-0 ½
10. Lisa Glidewell, Ridgewood	1979	37-6 ½

1500 METER RUN

1. Margaret Scutro, Ridgewood	1985	4:26.25
2. Jasmin Jones, Hackensack	1987	4:26.5
3. Patti Mileski, Ridgewood	1983	4:29.6
4. Toni Ann Angione, Bergenfield	1984	4:31.1
5. Mary Ellen McGowan, Pascack Valley	1981	4:35.6
Julia Emanuel, Tenafly	2003	4:37.44
6. Pattie McCluskey, Dumont	1981	4:38.0
7. Chris McDonnell, Westwood	1980	4:40.7
8. Jennifer Metz, Pascack Valley	1994	4:43.81
9. Norine D'Arcy, Ridgewood	1985	4:45.1
10. Erin Henry, Glen Rock	2002	4:45.2

3000 METER RUN

1. Chris McDonnell, Westwood	1980	9:50.5
2. Lisa Schadler, Bergenfield	1980	10:00.2
3. Carol Dickstein, Ridgewood	1980	10:04.7
4. Amy Kempf, Paramus	1988	10:11.1
5. Amy Van Alstine, Midland Park	2006	10:12.87
6. Jasmin Jones, Hackensack	1986	10:18.4
7. Violetta Josevska, Garfield	1980	10:20.9
8. Beth Pringle, Ridgewood	1982	10:22.0
9. Kathy Duffy, Ridgewood	1981	10:28.2
10. Laura Falci, Saddle Brook	1980	10:30.4
11. Debbie Meberg, Old Tappan	1980	10:36.7