

ALL TIME BERGEN COUNTY PERFORMANCE LIST

GIRLS

100 METERS

1. Myasia Jacobs, Paramus Catholic	2010	11.44
Jacobs		11.48
Jacobs		11.72
Jacobs		11.73
Jacobs		11.80
Jacobs		11.93
Jacobs		11.94
Jacobs		11.95
2. Anike Orimogunje, Queen of Peace	2002	11.96
Jacobs		
3. Carlene Cummings, Englewood	1996	11.97
Cummings		11.99
Cummings		12.00
Cummings		12.02
Jacobs		12.04
4. Janay Mitchell, Teaneck	2008	12.05
Mitchell		12.06
Jacobs		12.09
5. Gily Dishon, Tenafly	1989	12.12
6. Angelica Johnson, Ridgefield Park	2007	12.13
7. Amma Walcott, Hackensack	2005	11.9
Dishon		
Cummings		
Cummings		
Cummings		
Orimogunje		
(26 performances by 7 performers)		
8. Courtney Cubicciotti, IHA	1998	12.16
9. Nicole Golden, Teaneck	1989	12.21
10. Jen Andujar, Teaneck	2002	12.22
11. Michelle Forrester, Teaneck	1983	12.0
Neretta Freeman, Garfield	1987	
Melissa Bochiaro, Glen Rock	1996	
Willie Mae Washington, Lodi	1996	
Takara Wilks, Queen of Peace	2002	
Consandria Walker, Hackensack	2006	(12.34)
17. Cheryl Anscombe, Westwood	2004	12.29 (11.5 hand timed)
18. Janine Davis, Queen of Peace	2004	12.31
19. Christine Rose, IHA	1990	12.1
Leigh Hoffman, Pascack Hills	2004	**
Erica Cigolini, Ridgewood	2007	
22. Diana Lawson, Queen of Peace	2000	12.38
Amy Salek, Ramapo	2008	
24. Kim Nagotko, Mahwah	2010	12.40
25. Epiphany Sams, Paramus Catholic	2007	12.41
26. Emily Barr, Ridgewood	2008	12.42
27. Sonya Daniels, Hackensack	1985	12.2

Missy Hicks, Teaneck	1986	
Cindy Mayo, Rutherford	1977	
Diane Horowitz, Fort Lee	1977	
Lisa Alexander, Englewood	1983	
Jen Cagiao, Hasbrouck Heights	2002	
Jasmine Hammonds, Elmwood Park	2010	(12.61)
Delcita Russell, Hackensack	1995	12.44
35. Bryanna Knight, Paramus Catholic	2008	12.45
36. Tiffany Mills, Teaneck	2010	12.54
37. Tisa Stubbs, Englewood	1982	12.3
Sara Pieri, Ramapo	1986	
Carmen Matteis, Cliffside Park	1988	
Jen McDermott, Ridgewood	1989	
Daphne Blick, Teaneck	1989	
Mary O'Neill, River Dell	1996	
Martese Golden, Teaneck	1983	
Chelsea Townes, Hackensack	2004	
Alyssa Fanucci, Old Tappan	2005	
Yvonne Hunt, Teaneck	2005	
Kristen Brown, Englewood	2009	
48. Tiffany Walker, Hackensack	1995	12.55
49. Lauren Fanelli, River Dell	1998	12.56
50. Jen Pash, IHA	2010	12.58
51. Kristen Cubicciotti, IHA	2002	12.60
52. Megan Gadaleta, Demarest	2008	12.61
Kahlia Taylor, Teaneck	2010	
54. Doreen Kris, Ramsey	1978	12.4
Stephanie Laughlin, Teaneck	1980	
Lori Morton (Soley), Westwood	1981	
Dina Castronovo, Old Tappan	1986	
Teri Martin, Hackensack	1992	
Adria Ferguson, Old Tappan	1993	
Thatcha DaCosta, Englewood	2000	
Nadine Jaber, Indian Hills	2004	
Sophia Davis, Queen of Peace	2005	
Melody Lopez-Bernstein, Paramus Catholic	2007	
Colleen Murphy, Westwood	2010	(12.69)
65. Latasha Jackson, Garfield	2002	12.66
66. Megan Burke, Glen Rock	1989	12.67
67. Janelle Liu, Cresskill	2009	12.68
Serenity Martin, IHA	2009	
68. Victoria Mold, Mahwah	2010	12.69
69. Keely Roberts, Teaneck	1997	12.71
70. Nicole Parkinson, Bergen Tech	1999	12.73
Rae Corbo, Paramus Catholic	2008	
72. Caroline Morris, Hackensack	1981	12.5
Stacia Palahnuk, Old Tappan	1982	
Rhonda Allen, Westwood	1986	
Keirsten Wallace, Westwood	1989	
Michelle Stein, Glen Rock	1993	
Erika Albies, Pascack Valley	1994	
Shanti Marshall, Teaneck	1998	
Natasha D'Souza, Bergenfield	1999	

Jamie Lilien, Pascack Valley		2000	
Judy Wong, Wood-Ridge		2003	
Jessica Perkel, Old Tappan		2004	
Erika Ostrove, Cresskill		2004	
Rebecca Coffman, Indian Hills		2005	
Evana Edwards, Hackensack		2007	
Jennille Logan, Teaneck		1995	12.74
Anita Rogers, Ramapo	2008		
Auto Timing			
1. Myasia Jacobs, Paramus Catholic		2010	11.44
Jacobs			11.48
Jacobs			11.72
Jacobs			11.73
Jacobs			11.93
Jacobs			11.94
Jacobs			11.95
2. Anike Orimogunje, Queen of Peace		2002	11.96
Jacobs			
3. Carlene Cummings, Englewood		1996	11.97
4. Janay Mitchell, Teaneck	2008	12.05	
5. Gily Dishon, Tenafly		1989	12.12
6. Angelica Johnson, Ridgely Park		2007	12.13
7. Courtney Cubicciotti, IHA		1998	12.16
8. Nicole Golden, Teaneck	1989	12.21	
9. Jen Andujar, Teaneck		2002	12.22
10. Cheryl Anscombe, Westwood		2004	12.29
11. Janine Davis, Queen of Peace		2004	12.31
12. Consandria Walker, Hackensack		2003	12.34
13. Diana Lawson, Queen of Peace		2000	12.38
Amy Salek, Ramapo		2008	
15. Melissa Bocchiaro, Glen Rock		1997	12.41
Epiphany Sams, Paramus Catholic		2007	
17. Emily Barr, Ridgewood		2008	12.42
Kim Nagotko, Mahwah		2010	
19. Delcita Russell, Hackensack		1995	12.44
20. Bryanna Knight, Paramus Catholic		2009	12.45
21. Neretta Freeman, Garfield		1987	12.52
22. Tiffany Mills, Teaneck		2010	12.54
23. Tiffany Walker, Hackensack		1995	12.55
24. Lauren Fanelli, River Dell		1998	12.56
Amma Walcott, Hackensack		2005	
26. Jen Pash, IHA		2010	12.58
27. Kristen Cubicciotti, IHA		2002	12.60
28. Megan Gadaleta, Demarest		2008	12.61
Kahlia Taylor, Teaneck		2010	
Jasmine Hammonds, Elmwood Park		2010	
31. Yvonne Hunt, Teaneck	2006	12.64	
32. Latasha Jackson, Garfield		2002	12.66
33. Megan Burke, Glen Rock		1989	12.67
34. Janelle Liu, Cresskill		2009	12.68
Serenity Martin, IHA		2009	
36. Victoria Mold, Mahwah		2010	12.69
Colleen Murphy, Westwood		2010	
38. Keely Roberts, Teaneck		1997	12.71

39. Nicole Parkinson, Bergen Tech	1999	12.73
Rae Corbo, Paramus Catholic	2008	
41. Jennille Logan, Teaneck	1995	12.74
Anita Rogers, Ramapo	2008	
43. Erica Cigolini, Ridgewood	2007	12.76
44. Brielle Sutter, Saddle Brook	2010	12.78
45. Megan Chakmakian, Demarest	2010	12.79
46. Katie Landrigan, Holy Angels	2007	12.80
47. Alyssa Fanucci, Old Tappan	2005	12.81

200 METERS (* 220 yards - .1)

1. Myasia Jacobs, Paramus Catholic	2010	23.73
Jacobs		23.75
Jacobs		23.91
Jacobs		23.93
Jacobs		
Jacobs		23.94
Jacobs		23.99
2. Janay Mitchell, Teaneck	2008	24.42
3. Anike Orimogunje, Queen of Peace	2002	24.3
4. Gily Dishon, Tenafly	1989	24.4
Orimogunje		24.67
5. Courtney Cubicciotti, IHA	1998	24.79
Jacobs		24.80
Mitchell		24.84
6. Amy Salek, Ramapo	2007	24.6 (25.38)
7. Carlene Cummings, Englewood	1995	24.88
Mitchell		24.89
Jacobs		24.90
Orimogunje		24.91
8. Janine Davis, Queen of Peace	2005	24.7 (25.14)
Cummings		
Dishon		
(22 performances by 8 performers)		
9. Christine Rose, IHA	1991	25.06
10. Dana Riley, Teaneck	1993	25.09
11. Michelle Forrester, Teaneck	1983	24.9
Neretta Freeman, Garfield	1987	
Lori Morton (Soley), Westwood	1981	
Nicole Golden, Teaneck	1991	
15. Cheryl Anscombe, Westwood	2003	25.22
16. Matilda Miranda, Teaneck	1989	25.0
Lisa Alexander, Englewood	1983	
18. Angelica Johnson, Ridgefield Park	2006	25.26
19. Jen Pash, Mahwah	2010	25.28
20. Colleen Murphy, Westwood	2010	25.40
21. Delcita Russell, Hackensack	1995	25.41
22. Cynthia Mayo, Rutherford	1977	25.2*
Stephanie Laughlin, Teaneck	1981	
Mary O'Neil, River Dell	1995	
Melissa Bochiario, Glen Rock	1996	
Consandria Walker, Hackensack	2004	(25.49)
27. Diana Lawson, Queen of Peace	2000	25.53

28. Carolyn Moore, Indian Hills	1979	25.3*
Missy Hicks, Teaneck	1985	
Amma Walcott, Hackensack	2005	
Jen Andujar, Teaneck	2002	25.54
Emily Barr, Ridgewood	2008	25.54
33. Bryanna Knight, Paramus Catholic	2009	25.59
34. Kim Nagotko, Mahwah	2010	25.60
35. Karen Johnson, Teaneck	1979	25.4*
Selina Ashby, Teaneck	1980	
Renita Terry, Hackensack	1981	
Aquansa Garth, Westwood	1987	
Tammy Jones, Teaneck	1989	
Jen McDermott, Ridgewood	1988	
Diane Horowitz, Fort Lee	1977	*
Yvonne Hunt, Teaneck	2006	
Erica Cigolini, Ridgewood	2007	(25.67)
44. Brielle Sutter, Saddle Brook	2010	25.69
45. Rebecca Coffman, Indian Hills	2008	25.74
46. Doreen Kris, Ramsey	1976	25.5*
Caroline Morris, Hackensack	1981	
Shonna Clay, Teaneck	1987	
Michelle Stein, Glen Rock	1994	
Jackie Babbini, Cliffside Park	1999	
Sonia Daniels, Hackensack	1985	
Michelle Smith, Teaneck	2005	
53. Serenity Martin, IHA	2009	25.79
54. Kahlia Taylor, Teaneck	2010	25.80
55. Sara Pieri, Ramapo	1988	25.6
Tarashon Broomes, Paramus Catholic	2002	
Sophia Davis, Queen of Peace	2005	(25.85)
Tiffany Mils, Teaneck		2010
59. Melody Lopez-Bernstein, Paramus Catholic	2008	25.91
60. Marie McVeigh, Demarest	1982	25.7
Ginny Figlar, Ridgewood	1988	
Jen Cagiao, Hasbrouck Heights	2002	
63. Dara Seidman, Ramsey	1998	26.01
64. Victoria Mold, Mahwah	2010	26.04
65. Tisa Stubbs, Englewood	1983	25.8
Aileen Trendler, Old Tappan	1984	
Daphne Blick, Teaneck	1989	
Arva Franke, Old Tappan	1991	
Latasha Jackson, Garfield	2002	
70. Katie Landrigan, Rutherford	2008	26.13
71. Aleta Fischer, Pascack Valley	1978	25.9*
Caroline Kitson, Englewood	1979	*
Terri Bieber, Tenafly	1987	
Jennifer Metz, Pascack Valley	1991	
Willie Mae Washington, Lodi	1995	
Mahasin Pegeise, Rutherford	1996	
Thatcha DaCosta, Englewood	2000	

400 METERS (*440 yards -.4)

1. Dana Riley, Teaneck	1993	54.68
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Riley		55.00
Riley		55.0
Riley		55.21
Riley		55.32
2. Janine Davis, Queen of Peace	2004	55.36
3. Amy Salek, Ramapo	2008	55.39
Riley		55.41
Davis		55.4
Davis		55.57
Riley		55.5
Davis		55.72
Riley		55.7
Davis		
Riley		55.89
Riley		55.8
Davis		55.96
Salek		56.03
Davis		55.9
Riley		56.09
(20 performances by 3 performers)		
4. Ginny Figlar, Ridgewood	1988	56.0
5. Jasmin Jones, Hackensack	1987	56.2
6. Rae Corbo, Paramus Catholic	2009	56.61
7. Myasia Jacobs, Paramus Catholic	2009	56.62
8. Jennifer Metz, Pascack Valley	1991	56.5
9. Matilda Miranda, Teaneck	1989	57.06
10. Colleen Murphy, Westwood	2010	57.10
11. Jean Readie, Queen of Peace	1993	57.0
Delcita Russell, Hackensack	1997	
Michelle Smith, Teaneck	2004	
14. Sophia Davis, Queen of Peace	2004	57.19
15. Aileen Trendler, Old Tappan	1984	57.2
16. Doreen Kris, Ramsey	1976	57.3*
Dawn Booth, Teaneck	1978	
18. Cheryl Anscombe, Westwood	2004	57.50
19. Adriana Lanuto, Ramsey	2006	57.59
20. Racquel Clarke, Teaneck	2005	57.61
21. Aleta Fischer, Pascack Valley	1978	57.6*
22. Sonia Malpeso, Holy Angels	2005	57.83
23. Marci Capitani, Ridgewood	1984	57.7
24. Kathleen Johnston, Indian Hills	2010	57.87
25. Jen Pash, IHA	2010	57.89
26. Diane Bain, Ramsey	2010	57.97
27. Kahlia Taylor, Teaneck	2010	58.03
28. Marie McVeagh, Demarest	1982	57.9
29. Janay Mitchell, Teaneck	2008	58.05
30. Sharon Kearns, Saddle Brook	1979	58.0*
Jennifer Osbourne, Hackensack	1981	
Kim Mineo, Glen Rock	2002	
Tahirah Williams, IHA	2002	58.14
34. Kesley Ramsey, Ramapo	2007	58.23
Victoria Mold, Mahwah		2010
36. Venida Rodman, Teaneck	1984	58.1
Tarashon Broomes, Paramus Catholic	2002	
38. Michele Satine, Glen Rock	1995	58.33

39. Katelyn Ary, Demarest	2009	58.35	
40. Lori Morton (Soley), Westwood		1980	58.3
Alex Rosenberger, Ramsey		2006	
Melody Lopez-Bernstein, Paramus Catholic		2008	58.44
43. Ebony Ramos, Hackensack		2001	58.47
44. Caitlin Sherry, River Dell		2001	58.4
Aly Hanson, New Milford		2005	
46. Debbie Bishop, Ramapo		1982	58.5
Tisa Stubbs, Englewood		1983	
Sharlene Millwood, Englewood	1987		
Michelle Okereke, Bergen Tech		2010	
50. Michelle McCourt, IHA		2008	58.63
51. Aderonke Bakare, Teaneck		2008	58.70
52. Terri Bieber, Tenafly		1987	58.6
Elina Ploskin, Fair Lawn		2003	
Bry Bonavita, River Dell		2006	
55. Tyra Jamison, Garfield		2010	58.78
56. Judy Davis, Ridgewood		1980	58.7
Jessica Perkel, Old Tappan		2004	
58. Rebecca Skovira, Park Ridge		2009	58.90
59. Renita Terry, Hackensack		1980	58.8
Melissa Gilbert, Ridgewood		1994	
Dara Seidman, Ramsey		2001	
62. Christine Siebold, Demarest		2000	58.99
Alex Elkas, Holy Angels		2006	
64. Ceili Brennan, Westwood		2009	59.01
65. Claudia Lynch, Westwood		1979	58.9
Alicia Henry, Cresskill	2005		
Alice Wisener, Ridgewood		2007	
Emily Barr, Ridgewood		2008	
69. Coral Hershkovitz, Tenafly		2010	59.06
70. Katie Vernon, Ramsey		2010	59.13
71. Mary Sok, Westwood		1986	59.0
Caitlin Wittreich, Tenafly		1995	
73. Anika Ackerman, River Dell		2002	59.18
74. Selina Ashby, Teaneck	1981	59.1	
Teri Martin, Hackensack		1992	
Keely Roberts, Teaneck		1997	
Toni Gatchalian, Tenafly		2008	
Katie Nestor, Northern Highlands		2007	59.24
79. Jen Mueller, IHA		2007	59.29
80. Maria Nordberg, Bergenfield		1982	59.2
81. Elizabeth Rosenberger, Ramsey		2010	59.36
82. Brielle Stefanelli, Pascack Hills		2009	59.40
83. Kelly Collums, Ramsey		1978	59.3*
Roberta Williams, Englewood		1982	
Missy Hicks, Teaneck		1986	
Marcia Bhagwandin, Ramsey		1995	
Kelley Johnson, Teaneck		1998	
88. Melinda DioDonet, Bogota		1999	59.48
89. Jenn Pierce, Northern Highlands		2006	59.50
90. Kerri Reilly, Ridgewood		1988	59.4
Latoya Binns, New Milford		1997	
Jackie Babbini, Cliffside Park		1999	

Hailey Coonrad, Ramsey

2003

800 METERS (*880 yards - .8)

1. Janine Davis, Queen of Peace	2005	2:06.06
Davis		2:07.10
Davis		2:07.82
Davis		2:07.93
2. Jasmin Jones, Hackensack	1987	2:08.2
Jones		2:08.9
Jones		2:09.5
Jones		2:09.6
Jones		2:09.9
Jones		2:10.0
Davis		2:10.1
3. Jennifer Metz, Pascack Valley	1991	2:10.86
4. Margaret Scutro, Ridgewood	1985	2:10.9
Jones		2:11.0
Jones		2:11.1
Davis		2:11.36
5. Kesley Ramsey, Ramapo	2007	2:11.63
Jones		2:11.7
6. Julieanne Fontana, Pascack Hills	2009	2:11.87
Jones		2:11.8
(20 performances by 6 performers)		
7. Kim Mineo, Glen Rock	2001	2:12.12
8. Patty Mileski, Ridgewood	1982	2:12.1
9. Bry Bonavita, River Dell	2007	2:13.15
10. Julie Sinkovitz, IHA	2010	2:13.74
11. Lynne Collazo, Ridgewood	1988	2:13.8
12. Mary Ellen Mileski, Ridgewood	1983	2:13.9
Cheyenne Ogletree, Garfield	2005	
14. Toni Anne Angione, Bergenfield	1985	2:14.0
15. Maria Nordberg, Bergenfield	1982	2:14.2
16. Diane Bain, Ramsey	2009	2:14.44
17. Erin McKenna, Ramapo	2007	2:14.54
18. Nancy Scott, Garfield	1991	2:14.8
19. Caitlin Wittreich, Tenafly	1995	2:15.09
20. Kate Cooney, IHA	2008	2:15.20
21. Jean Readie, Queen of Peace	1993	2:15.2
22. Alicia Henry, Cresskill	2005	2:15.35
23. Janelle McCollum, Teaneck	1999	2:15.37
24. Adria Ferguson, Old Tappan	1993	2:15.83
25. Julia Emanuel, Tenafly	2003	2:15.88
26. Bianca O'Connell, Rutherford	1980	2:15.9
Claudia Lynch, Westwood	1980	
28. Cristina Law, Ridgewood	2007	2:16.08
29. Lesa Maloof, Ramsey	1978	2:16.0
30. Caitlin Hemmer, IHA	2002	2:16.23
31. Debbie Hillery, Leonia	1982	2:16.3
32. Julie Clifford, Holy Angels	1998	2:16.49
33. Shauna Koenig, Hackensack	1998	2:16.4
34. Roberta Williams, Englewood	1982	2:16.6
35. Kandie Latham, Ridgewood	1975	2:16.9*
36. Jean Hughes, Ridgewood	1987	2:17.0

37. Diana Lana, Saddle Brook		1995	2:17.18
38. Tracy Della Torre, Glen Rock		1997	2:17.31
39. Erin Henry, Glen Rock	2001	2:17.33	
40. Beverly Cable, Teaneck		1978	2:17.4
41. Christine Spilka, Old Tappan		2009	2:17.71
42. Liz Figlar, Ridgewood		1990	2:17.6
43. Terry Vaccarella, Saddle Brook		1975	2:17.8*
Geri Pomerantz, Westwood		1979	*
45. Ceili Brennan, Westwood		2009	2:18.06
46. Meg McDermott, Ridgewood		1998	2:18.13
47. Norine D'Arcy, Ridgewood		1987	2:18.0
48. Kim DeLoreto, Pascack Hills		2006	2:18.20
49. Melissa Wyka, Fair Lawn		1991	2:18.1
Tara Connelly, Pascack Valley		2003	
51. Sharlene Millwood, Englewood		1988	2:18.3
Kourtney Gallo, IHA		1994	
53. Maggie Loudon, Old Tappan		2010	2:18.56
54. Katelyn Ary, Demarest	2009	2:18.66	
55. Stephanie Doyle, Ridgewood		1994	2:18.6
56. Elizabeth Rosenberger, Ramsey		2010	2:18.81
57. Antoinette Bush, Teaneck		1979	2:18.7*
58. Dana Satir, Ramsey		1996	2:18.9
59. Dawn Reis, Lodi		1988	2:19.0
60. Jessica Drew, Westwood		1995	2:19.16
61. Jess Setless, Paramus		2006	2:19.1
62. Allison Torsiglieri, Tenafly		2010	2:19.26
63. Jennifer Zucaro, Ridgewood		2000	2:19.30
64. Dawn Stackhouse, Teaneck		1980	2:19.2
Beth Pringle, Ridgewood		1982	
Erin Peters, Hackensack		1991	
Katie Hanley, Glen Rock		1995	
68. Kelly Collums, Ramsey		1978	2:19.3
Donna Lesch, Indian Hills		1985	
Chris Lally, Pascack Valley		1987	
Gizelle Watson, Ridgewood		1994	

1600 METERS (*one mile -1.7)

1. Margaret Scutro, Ridgewood		1985	4:46.4
Scutro			4:52.9
2. Patti Mileski, Ridgewood		1983	4:53.1*
3. Jasmin Jones, Hackensack		1986	4:53.2
Mileski			4:54.4
4. Kesley Ramsey, Ramapo		2007	4:54.60
5. Toni Ann Angione, Bergenfield		1984	4:54.9
Jones			4:55.5
Scutro			4:55.7
Ramsey			4:56.35
6. Sarah Pagano, IHA		2008	4:56.56
Angione			4:56.8*
7. Janine Davis, Queen of Peace		2005	4:56.9
8. Julia Emanuel, Tenafly		2003	4:57.12*
Ramsey			4:57.54
Jones			4:57.6

9. Erin McKenna, Ramapo	2006	4:57.71
Scutro		4:58.2
Mileski		4:58.7
Scutro		4:58.8
(20 performances by 9 performers)		
Angione		4:58.9
Ramsey		4:59.2
Jones		4:59.3
10. Mary Ellen Mileski, Ridgewood	1980	4:59.5*
Scutro		4:59.6
Angione		
Emanuel	4:59.81	
Angione		4:59.8
Jones		4:59.9
11. Julieanne Fontana, Pascack Hills	2009	5:00.27
12. Andrea Rovegno, Ramapo	2003	5:00.90
13. Mary Ellen McGowan, Pascack Valley	1980	5:01.3*
14. Cheyenne Ogletree, Garfield	2005	5:01.61
15. Jean Hughes, Ridgewood	1988	5:03.0*
16. Dana Satir, Ramsey	1996	5:03.27
17. Pattie McCluskey, Dumont	1981	5:03.3*
18. Jenna Rogers, Ridgewood	1993	5:03.47
19. Julie Sinkovitz, IHA	2009	5:03.62
20. Clair Nowakowski, Ridgewood	2001	5:04.28
21. Chris McDonnell, Westwood	1979	5:04.4*
22. Amy Kempf, Paramus	1988	5:05.0
23. Lisa Sinkovitz, IHA	2005	5:05.12
24. Martina Brosnahan, IHA	1993	5:05.15
25. Norine D'Arcy, Ridgewood	1986	5:05.1*
26. Beth Pringle, Ridgewood	1983	5:05.5
27. Eileen Fitzgerald, Ridgewood	1990	5:05.69
28. Eileen Keyes, Tenafly	1982	5:05.6*
29. Alexandra Clinton, Ramsey	2010	5:05.76
30. Michelle Guido, Paramus Catholic	1978	5:05.7*
31. Jennifer Hughes, Ridgewood	1988	5:06.2
32. Diana Lana, Saddle Brook	1995	5:06.4
33. Erin Thompson, IHA	2010	5:06.60
34. Stephanie Doyle, Ridgewood	1996	5:06.63
35. Caitlin Smyth, IHA	2001	5:06.81
36. Maggie Loudon, Old Tappan	2010	5:07.33
37. Kaitlyn Cooney, IHA	2008	5:07.44
38. Melissa Wyka, Fair Lawn	1991	5:07.56
39. Meggie Sullivan, Tenafly	2004	5:07.74
40. Meg McDermott, Ridgewood	1999	5:08.04
41. Kerry Moore, Midland Park	1993	5:08.14
42. Taylor Lebovich, Old Tappan	2004	5:08.24
43. Erin Henry, Glen Rock	2000	5:08.64
44. Mary Kaye Duff, IHA	2008	5:09.19
45. Janelle McCallum, Teaneck	1999	5:09.4
46. Amy Van Alstine, Midland Park	2006	5:09.89
47. Dianna Russini, Old Tappan	2001	5:10.15
48. Kourtney Gallo, IHA	1994	5:10.1
49. Vickee Foy, Paramus	1988	5:10.5
50. Celeste Sedo, Ridgewood	1998	5:10.79

51. Karen Cannon, Ridgewood	1988	5:10.9
52. Dee Keough, Mahwah	1990	5:11.17
53. Jess Setless, Paramus	2006	5:11.0
54. Charlotte Tregelles, Northern Highlands	2008	5:11.67
55. Monica Biro, Pascack Valley	1989	5:11.8*
56. Laura Falci, Saddle Brook	1979	5:12.0*
Stephanie Witt, Pascack Valley	1982	
58. Melissa Conway, Ramsey	2000	5:12.33
59. Jen Narr, Rutherford	1987	5:12.5
60. Michelle Fudge, Hackensack	1979	5:12.7*
61. Christina Asquith, Ramsey	1991	5:13.0
62. Teresa Gagliostro, Westwood	2010	5:13.64
63. Sari Weissbard, Fair Lawn	2002	5:13.88
64. Vicky Gusciora, Saddle Brook	1983	5:13.8*
65. Alicia St. John, Ramapo	1988	5:13.9
Amy Smith, Ridgewood	1996	
67. Lindsay Jeltis, Indian Hills	2005	5:14.2
68. Dana Catanese, IHA	1996	5:14.56
69. Barbara Gradley, Westwood	1982	5:14.6
70. Kathy Greaney, Ridgefield Park	1982	5:14.7*

3200 METERS (*two miles -3.7)

1. Sarah Pagano, IHA	2008	10:29.79
2. Jenna Rogers, Ridgewood	1994	10:33.9
3. Patti Mileski, Ridgewood	1983	10:34.5
Pagano		10:35.42
4. Jasmin Jones, Hackensack	1986	10:36.5
Mileski		10:37.0
5. Margaret Scutro, Ridgewood	1985	10:40.0
Jones		10:40.3
Rogers		
Rogers		10:42.96
Rogers		10:43.1
6. Jean Hughes, Ridgewood	1988	10:43.8
7. Karen Cannon, Ridgewood	1988	10:46.4
Hughes		10:47.53
Mileski		10:49.1
Jones		10:49.6
Rogers		10:50.17
Cannon		10:50.8
8. Amy Kempf, Paramus	1988	10:51.18
Kempf		10:51.1
Kempf		
(21 performances by 8 performers)		
9. Chris MacDonnell, Westwood	1979	10:54.7*
10. Alexandra Clinton, Ramsey	2010	10:55.56
11. Erin McKenna, Ramapo	2006	10:55.70
12. Jennifer Hughes, Ridgewood	1987	10:56.4
13. Amy Van Alstine, Midland Park	2006	10:57.0
14. Norine D'Arcy, Ridgewood	1987	10:58.6
15. Toni Anne Angione, Bergenfield	1983	11:01.0
16. Erin Henry, Glen Rock	2001	11:02.93
17. Erin Thompson, IHA	2009	11:05.19
18. Melissa Conway, Ramsey	2000	11:05.66

19. Kesley Ramsey, Ramapo		2006	11:06.5
20. Celeste Sedo, Ridgewood		1998	11:08.14
21. Andrea Rovegno, Ramapo		2003	11:08.85
22. Terri Grivas, Dumont		1987	11:10.0
23. Amy Smith, Ridgewood		1996	11:10.60
24. Laura Falci, Saddle Brook		1978	11:10.5*
25. Violetta Josevska, Garfield		1979	11:11.1*
26. Julia Emanuel, Tenafly	2003	11:12.0	
27. Dianna Russini, Old Tappan		2001	11:12.7
28. Kourtney Gallo, IHA		1996	11:12.83
29. Meg McDermott, Ridgewood		1999	11:12.8
30. Caitlin Smyth, IHA		2001	11:12.9
31. Dee Keough, Mahwah		1987	11:13.0
32. Clair Nowakowski, Ridgewood		2001	11:13.59
33. Beth Pringle, Ridgewood		1983	11:13.6
34. Barbara Gradley, Westwood		1982	11:14.0
35. Jen Narr, Rutherford		1986	11:14.6
36. Mary Kay Duff, IHA		2008	11:16.0
37. Lisa Sinkovitz, IHA		2005	11:17.36
38. Michelle Guido, Paramus Catholic		1978	11:17.5*
39. Emily Dunne, Holy Angels		2010	11:17.68
40. Briana Bayersdorfer, River Dell	2001	11:18.0	
41. Sue Ellen McSweeney, Old Tappan		1983	11:18.1
42. Beth Androski, Hackensack		1999	11:18.45
43. Mary Ellen Mileski, Ridgewood		1983	11:19.5
44. Kathy Greaney, Ridgefield Park	1982	11:19.7	
45. Karen Petouvis, Paramus		1995	11:20.0
46. Tracy Kirk, Ramsey		1998	11:20.54
47. Tara Quinn, Teaneck		1995	11:20.64
48. Kelly Neilan, Fort Lee		1977	11:20.6*
49. Vickee Foy, Paramus		1988	11:20.8
50. Danielle Breuel, Hackensack		1995	11:21.0
51. Kelly Behan, Ridgewood		1997	11:22.61
52. Cheryl Wagner, Pascack Valley	1982	11:22.8	
53. Andrea Rothschild, Demarest		2006	11:23.2
54. Patty Martin, Hackensack		1997	11:23.9
Liz Bissell, Indian Hills	2005		
56. Maritza Alvarez, Hackensack		1984	11:24.3
Meggie Sullivan, Tenafly		2005	
58. Dana Satir, Ramsey		1995	11:24.4
59. Carli Gallo, Mahwah		1992	11:24.88
60. Taylor Lebovich, Old Tappan		2004	11:24.94
61. Beth Vesey, Ramsey		2000	11:24.9
62. Colleen Wright, Ridgewood		1982	11:25.5
63. Carol Dickstein, IHA		1979	11:25.6*
64. Kathy Duffy, Ridgewood		1979	11:26.4*

100 METER HURDLES

1. Michelle Smith, Teaneck	2005	13.8
Smith		14.12
Smith		14.30
2. Chelsea Townes, Hackensack	2005	14.1
Smith		

3. Renee Carter, Englewood Townes	1981	14.2
4. Carlene Cummings, Englewood Jamie Lilien, Pascack Valley	1998 2000	14.37 14.42
Smith Townes		14.2 14.52
6. Justine Diana, Saddle Brook Lilien	2001	14.53
7. Lara-Jane Que, Ridgewood Smith	2007	14.54 14.3
8. Sarah DeVita, Ridgewood Cummings Townes (21 performances by 7 performers)	2010	14.55 14.56
9. Melene Thomas, Garfield	1995	14.63
10. Kim Baumbach, Pascack Valley	1986	14.4
11. Veronica Davi, IHA	1992	14.65
12. Evana Edwards, Hackensack	2007	14.67
13. Vonetta Williams, Teaneck	1991	14.5
14. Marissa Jackson, Hackensack Debbie McDonald, Teaneck Jill Turner, Pascack Hills	1997 1987 2001	14.94 14.7
17. Mia Martinez, Ridgewood	2008	14.95
18. Judy Palmer, Teaneck	1982	14.8
19. Kirsten Bowens, Mahwah	2009	15.09
20. Roxanne McBean, Teaneck	2001	15.11
21. Mary Samori, Cliffside Park Eileen O'Connor, Dumont Allison Scarpa, Indian Hills Joy Pelka, Indian Hills Beth Mayland, Northern Highlands Tara Cassidy, Ramapo Kerry Frazer, Demarest Katie Hanley, Glen Rock Kristin Kern, Indian Hills Shenise Halsey, Old Tappan	1982 1983 1984 1986 1988 1991 1995 1997 2006 2006	14.9 (15.47)
31. Stephanie Carnevale, River Dell	2010	15.16
32. Lindsay May, Dumont	2003	15.17
33. Julie Burrell, Hackensack	2002	15.18
34. Beth Packman, Pascack Hills	1998	15.22
35. C.J. Jacob, Ridgefield Park	2007	15.24
36. Sheryl Vander Schyff, Ridgewood Jessica Jenco, Indian Hills Julie Denisenko, Fair Lawn	1988 1993 1994	15.0
39. Whitney Awaru, Fort Lee	2006	15.32
40. Kim Lehmann, Garfield Lesley Hodgson, Glen Rock Kate Watson, Leonia	1983 1994 2006	15.1 (15.98)
43. Mel Lewis, Midland Park	2010	15.35
44. Zorinah Figueroa, Teaneck	1997	15.40
45. Asher Beasley, Paramus Catholic	2010	15.41
46. Nancy Larena, Saddle Brook	1983	15.2

Gerri Brennan, Dumont	1986	
Shannon Dillon, New Milford	1993	
49. Arianna Pomo, Saddle Brook	2007	15.47
50. Bridgette Atkinson, Hackensack	1999	15.51
51. Stacy Smith, Old Tappan	2002	15.53
52. Danielle Hadnot, Teaneck	1985	15.3
Dina DeFrancesco, Saddle Brook	1986	
Karin Boman, Demarest	1998	
55. Gina Carlino, IHA	2010	15.57
56. Shannon Casey, IHA	2010	15.60
57. Angela Talucci, Indian Hills	1998	15.61
Jenna Zauk, Ramapo	2007	
59. Donna Neil, Englewood	1982	15.4
Regina Weinpahl, Westwood	1983	
Noreen King, Bergenfield	1983	
Faith Ninivaggi, Ridgewood	1994	
Sue Farley, Immaculate Heart Academy	1995	
Shana Don, Fort Lee	2001	
Cherilyn Marfino, Hasbrouck Heights	2003	
Brie-Ann Forhecz, Northern Highlands	2004	
67. Nicole Brown, Teaneck	1999	15.65
68. Jackie Kaminski, Saddle Brook	2002	15.69
69. Chris Siebold, Demarest	1999	15.71
70. Tiffany Evangelou, IHA	2008	15.73
Sharla Boland, Ridgely Park	2008	
72. Renee Pavelski, Ridgewood	1993	15.5
Kathi Cochran, Westwood	1981	
Carol Eddy, Teaneck	1981	
Gina Angione, Bergenfield	1985	
Melissa Harris, Old Tappan	1985	
Allison Orsi, Old Tappan	1988	
Lori Rogoff, Pascack Valley	1990	
Dana Blom, Mahwah	2000	
DeShadiya Spearman, Teaneck	2005	

AUTO TIMING

1. Michelle Smith, Teaneck	2004	14.12
Smith		14.30
2. Carlene Cummings, Englewood	1998	14.37
Jamie Lilien, Pascack Valley	2000	
Smith		14.42
4. Chelsea Townes, Hackensack	2005	
Smith		14.52
5. Justine Diana, Saddle Brook	2001	14.53
6. Lara-Jane Que, Ridgewood	2007	14.54
7. Sarah DeVita, Ridgewood	2010	14.55
Cummings		14.56
Townes		
8. Melene Thomas, Garfield	1995	14.63
9. Veronica Davi, IHA	1992	14.65
10. Evana Edwards, Hackensack	2007	14.67
11. Marissa Jackson, Hackensack	1997	14.94

12. Mia Martinez, Ridgewood	2008	14.95
13. Kirsten Bowens, Mahwah	2009	15.09
14. Roxanne McBean, Teaneck	2001	15.11
15. Stephanie Carnevale, River Dell	2010	15.16
16. Lindsay May, Dumont	2003	15.17
17. Julie Burrell, Hackensack	2002	15.18
18. Beth Packman, Pascack Hills	1998	15.22
19. Jill Turner, Pascack Hills	2001	15.23
20. C.J. Jacob, Ridgefield Park	2007	15.24
21. Whitney Awaru, Fort Lee	2006	15.32
22. Mel Lewis, Midland Park	2010	15.35
23. Zorinah Figueroa, Teaneck	1997	15.40
24. Katie Hanley, Glen Rock	1996	15.41
Asher Beasley, Paramus Catholic	2010	
26. Kristin Kern, Indian Hills	2006	15.47
Arianna Pomo, Saddle Brook	2007	
28. Bridgette Atkinson, Hackensack	1999	15.51
29. Stacy Smith, Old Tappan	2002	15.53
30. Gina Carlino, IHA	2010	15.57
31. Shannon Casey, IHA	2010	15.60
32. Angela Talucci, Indian Hills	1998	15.61
Jenna Zauk, Ramapo	2007	
34. Nicole Brown, Teaneck	1999	15.65
35. Jackie Kaminski, Saddle Brook	2002	15.69
36. Chris Siebold, Demarest	1999	15.71
37. Julia Marshall, Northern Highlands	2006	15.72
38. Tiffany Evangelou, IHA	2008	15.73
39. Sharla Boland, Ridgefield Park	2008	15.74
40. Jennifer Sant Anna, Pascack Hills	2008	15.79
Alexandra Cimino, Westwood	2010	
42. Dana Blom, Mahwah	2000	15.81
43. Alison Price, Teaneck	2010	15.86
44. Carly Gossard, Old Tappan	2007	15.87
45. Shenise Halsey, Old Tappan	2005	15.93
46. Eilis McGovern, Northern Highlands	2010	15.95
47. Nicole Weingartner, Hasbrouck Heights	2007	15.96
48. Brie-Ann Forhecz, Northern Highlands	2005	15.97
49. Deshadiya Spearman, Teaneck	2005	15.98
Kate Watson, Leonia	2006	

400 METER HURDLES

1. Michelle Smith, Teaneck	2005	60.43
Smith		61.09
Smith		61.26
Smith		61.3
2. Judy Palmer, Teaneck	1982	61.4
3. Veronica Davi, IHA	1992	61.94
4. Cristina Law, Ridgewood	2007	61.97
5. Kim Mineo, Glen Rock	2002	61.98
Smith		62.0
Smith		62.15
6. Renita Terry, Hackensack	1981	62.1
Kim Baumbach, Pascack Valley	1987	
Palmer		

8. Alex Rosenberger, Ramsey	2007	62.23
Mineo		62.24
Smith		62.26
Smith		62.27
Palmer		62.3
Palmer		
Smith		62.4
Baumbach		
(21 performances by 8 performers)		
9. Jennifer Sant Anna, Pascack Hills	2008	62.62
10. Katie Hanley, Glen Rock	1997	62.63
11. Katelyn Ary, Demarest	2009	62.70
12. Chelsea Townes, Hackensack	2004	63.0
13. Marissa Jackson, Hackensack	1996	63.30
14. Jackie Babbini, Cliffside Park	1999	63.33
15. Mahasin Pegeise, Rutherford	1998	63.36
Diane Bain, Ramsey	2010	
17. Zorinah Figueroa, Teaneck	1995	63.39
18. Mel Lewis, Midland Park	2010	63.76
19. Heather Gearity, Rutherford	2009	63.83
20. Lynn Degelmann, Ridgewood	1987	63.7
21. Caitlin Wittreich, Tenafly	1995	63.8
Liz Ross, Ridgewood	1985	
23. Caitlin Sherry, River Dell	2001	64.00
24. Claudia Moodie, Westwood	1982	63.9
Carolyn Sonzogni, Paramus Catholic	1982	
Carolyn Ballan, Fair Lawn	1983	
Bry Bonavita, River Dell	2007	64.04
28. Cat McQuade, River Dell	2010	64.10
29. Heather Parrish, Old Tappan	1991	64.0
Cheryl Burdick, Ramsey	1999	64.14
31. Kim Lehmann, Garfield	1983	64.2
Maria Nordberg, Bergenfield	1983	
Ebony Ramos, Hackensack	2001	64.34
34. Christine Siebold, Demarest	1999	64.49
35. Jennifer Powell, Teaneck	1989	64.4
Natasha Bernard, Teaneck	1994	
Janna Kohout, Glen Rock	1998	
Tara Connelly, Pascack Valley	2003	
Jamie Zavarino, Old Tappan	2007	
40. Sabrina Luciano, Glen Rock	1994	64.5
Melissa Harris, Old Tappan	1984	
42. Jane Siebold, Demarest	2006	64.73
43. Shana Thayer Don, Fort Lee	2001	64.75
44. Betsy Delia, Leonia	1984	64.7
45. Allison Torsiglieri, Tenafly	2010	64.88
46. Renee Pavelski, Ridgewood	1993	64.93
47. Tyra Jamison, Garfield	2010	64.96
48. Beth Packman, Pascack Hills	1998	65.02
49. Alice Wisener, Ridgewood	2006	64.9
Lindsay Nygren, Glen Rock	2007	
51. Erin Oliver, Ramsey	1996	65.07
52. Kate Michel, Ridgewood	2008	65.11
53. Christine Spilka, Old Tappan	2010	

54. Mary Samori, Cliffside Park	1982	65.0
Karen Van Steenburgh, Bergenfield	1986	
Michelle Ribustello, Pascack Valley	2002	
57. Lisa Corey, Demarest	2002	65.1
58. Kelly Berkanish, River Dell	2005	65.2
59. Sara Kirkpatrick, Pascack Hills	2005	65.3
60. Michelle Grube, Bergenfield	1991	65.4
Shannon Dillon, New Milford	1993	
62. Allison Desir, Dwight-Englewood	2002	65.52
63. Alyson Campbell, Ramsey	1997	65.56
64. Joan Moellenback, Ramapo	1983	65.5
Gerri Brennan, Dumont	1985	
Matilda Miranda, Teaneck	1990	
Michele Calabro, IHA	1998	
68. Ashley Barker, Teaneck	2010	65.70
69. Kim Cathermann, Westwood	1981	65.6
Lisa Tarulli, Ramsey	2005	
71. Lisa Coppoletta, Paramus	1981	65.7
Colleen McCorry, Glen Rock	1998	65.84
Christina Patoir, Glen Rock	2004	
74. Marianne Toniolo, Old Tappan	2001	65.85

SHOT PUT

1. Jessica Fazekas, Demarest	2002	46-7 ¼
Kelly Fazekas, Demarest	2003	
K. Fazekas		46-1 ¼
J. Fazekas		45-6 ¼
K. Fazekas		45-5 ½
K. Fazekas		45-5 ½
J. Fazekas		45-3
K. Fazekas		
K. Fazekas		44-11 ¾
K. Fazekas		44-11 ½
K. Fazekas		44-8 ¾
3. Apresha Hampton, Teaneck	2010	44-8 ¾
J. Fazekas		44-8
J. Fazekas		44-7
K. Fazekas		44-6
4. Jenn Flinchum, Demarest	1999	44-2 ¼
K. Fazekas		43-10
K. Fazekas		43-8 ½
5. Kathryn Hirsch, Demarest	2010	
K. Fazekas		43-8
(20 performances by 5 performers)		
6. Kirsten Christiansen, Rutherford	1987	42-8
7. Teresa Picciallo, IHA	2010	42-7 ½
8. Regina Weinpahl, Westwood	1983	42-6 ½
9. Olivia Wade, Paramus Catholic	2009	42-4 ¾
10. Stacey Price, Westwood	1988	42-1
11. Lisette Zachgo, Pascack Valley	1984	41-3 ¼
12. Shannon Sullivan, IHA	2009	41-1 ¾
13. Elethia Graham, Bergenfield	2002	40-11 ½
14. Ashley Sims, Paramus Catholic	2008	40-11
15. Tanya Elshahawi, Indian Hills	2006	40-8 ¼

16. Maritsa Christoudias, Ramsey		2000	40-2 ¼
17. Jenicka Carter, Westwood		1995	40-2
18. Keelan Craw, Waldwick		1988	40-1
19. Chelsea Schiffman, Demarest		2006	39-11 ½
20. Andrea Cerbie, Old Tappan		2004	39-8 ½
21. Rachel Pena, Ridgefield Park		2010	39-8
22. Ann Wellington, Teaneck		1988	39-5 ½
23. Kim Grein, Ridgefield Park		2001	39-4 ½
24. Nicole Lowenstein, Lyndhurst		2005	39-3 ½
25. Celia Mistretta, Park Ridge		1982	39-3
26. Sheena Schuler, Hasbrouck Heights		2000	39-2
27. Jennifer Siegfried, Ramapo		1986	39-0 ½
28. Lindsay Renna, Hasbrouck Heights		2004	39-0
29. Danielle Dabaghian, Garfield		2003	38-10 ½
30. Young Park, Dwight-Englewood		1988	38-9 ½
31. Lisa Glidewell, Ridgewood		1980	38-6 ¾
32. Yvonne Sheard, Demarest		1980	38-6
33. Heather Scelfo, Rutherford		1980	38-5 ½
34. Pascale Barrau, Paramus Catholic		1983	38-5
Lynne Haywood, Dumont		2001	
36. Lynn Greene, Englewood		1981	38-3 ½
37. Tarah Davis, Demarest	1995	38-3	
38. Nikki Uzelac, Midland Park		2001	38-1 ¼
39. Lisa Sicinski, Fair Lawn		1984	37-11 ¾
40. Monique Mighty, Hackensack		2002	37-11 ¼
41. Jen Dougherty, Ramsey		1994	37-10 ¾
42. Teresa Kirkpatrick, Pascack Hills		2009	37-9 ½
43. Delisa Riddick, Teaneck		2005	37-8 ½
44. Aretah Ettarh, Fort Lee		2009	37-8
45. Lila Lee, Demarest		1999	37-7 ¼
46. Kristy Potts, Ridgefield Park		2000	37-7
Julie Haledjian, Pascack Hills		2006	
April Kaiser, Park Ridge		2007	
49. Michelle Castagnetti, Lyndhurst	1985	37-6 ½	
50. Renee Wilson, Hasbrouck Heights		2000	37-6 ¼
51. Beth Crusius, Hackensack		1993	37-4 ½
52. Laura Cowan, Cresskill		2008	37-4
53. Regina Hand, Demarest		1985	37-3 ½
54. Cardrienne McDonald, Hackensack		1985	37-2 ½
55. Heather Krause, Mahwah		2002	37-1 ½
Angela Acosta, Bergenfield		2007	
57. Jennifer Beyea, Bergenfield		1988	37-1
Catherine Henny, Northern Highlands		2002	
59. Rose Desics, Fair Lawn		1983	37-0 ½
Leonora Paul, Hackensack		2010	
61. Christina Bonkalski, Demarest		2007	37-0
62. Bridget Kenny, Ridgefield Park		2004	36-11
63. Erika Czujko, Garfield	1997	36-10 ¾	
Kristine Josef, Paramus Catholic		2001	
65. Jamala Morrison, Hackensack		2005	36-10 ½
66. Kristen McKinney, St. Mary's		2001	36-9 ½
67. Paula Wright, Hackensack		1982	36-9
68. Sade Henry, Teaneck		2005	36-8 ½
69. Janice Welte, Ridgefield Park		1980	36-8 ¼

70. Debbie Ivancich, Pascack Valley	1983	36-7 $\frac{3}{4}$
71. Lauren McManus, Teaneck	1982	36-7
72. Alyssa Connors, Hasbrouck Heights	2009	36-6 $\frac{1}{2}$
73. Holly Wright, Waldwick	2001	36-6
Taylor Stever, Rutherford	2010	
75. Jean Marie Bellotti, Rutherford	1998	36-5
Brenda Arroyo, Ridgefield Park	1999	
Alaina Ramsey, Paramus Catholic	2002	

DISCUS

1. Jenn Flinchum, Demarest	1999	143-4
Flinchum		140-10
2. Jessica Fazekas, Demarest	2002	140-8
Flinchum		137-11
J. Fazekas		
3. Linda Clayton, Demarest	1978	137-2
4. Christine Coppola, River Dell	2008	136-6
Flinchum		136-0
5. Kelly Fazekas, Demarest	2003	135-4
K. Fazekas		135-0
Flinchum		134-1
Clayton		133-1
6. Tiffany Phoenix, Cresskill	2003	132-7
K. Fazekas		132-5
K. Fazekas		132-4
Flinchum		131-4
K. Fazekas		131-3
7. Monique Mighty, Hackensack	2001	130-8
K. Fazekas		129-10
J. Fazekas		129-6
(20 performances by 7 performers)		
8. Nancy Van Dyke, Midland Park	1985	128-9
9. Tammy Jones, Teaneck	1991	127-4
10. Karen Smith, Park Ridge	1975	126-5 $\frac{1}{2}$
11. Felicia Lee, Teaneck	1979	126-0
12. Janice Welte, Ridgefield Park	1980	125-10
13. Julie Haledjian, Pascack Hills	2005	125-4
14. Young Park, Dwight-Englewood	1990	125-1
15. Nikki Uzelac, Midland Park	2001	124-9
16. Regina Weinpahl, Westwood	1983	123-9
17. Liz Pendleton, Wood-Ridge	2001	123-4
18. Jessica Sokolik, Ridgewood	1997	123-3
19. Jessica Lehmann, Park Ridge	2005	122-10
20. Sue Zak, Rutherford	1978	122-6 $\frac{1}{2}$
21. Sheila Brock, Englewood	1983	122-5
Natalia Arias, Tenafly	2006	
23. Kyra Threlfell, Demarest	1977	122-4
24. Noreen Velten, Palisades Park	1978	122-2 $\frac{1}{2}$
25. Anne Wellington, Teaneck	1988	121-10
26. Lisa Welch, Midland Park	2001	121-9
Delisa Riddick, Teaneck	2005	
28. Chelsea Schiffman, Demarest	2006	121-8
29. Amy Lomauro, Fair Lawn	1986	121-3

Jen Dougherty, Ramsey	1994	
31. Sharren Bates, Pascack Hills	1992	121-2
32. Kathryn Hirsch, Demarest	2010	120-9
33. Shannon Sullivan, IHA	2009	120-8
34. Maritsa Christoudias, Ramsey	2000	120-7
35. Amy Hiller, Pascack Hills	1982	120-2
36. Colette Kloetz, Ramsey	1977	119-11
37. Kim Ferranti, Glen Rock	1995	119-8
38. Pascale Barrau, Paramus Catholic	1983	119-6
39. April Kaiser, Ridgewood	2008	119-0
40. Tammy Rayevich, Ridgewood	1988	118-11
41. Beth Crusius, Hackensack	1994	118-10
42. Kirsten Christiansen, Rutherford	1987	118-8
43. Lindsay Renna, Hasbrouck Heights	2004	118-7
44. Chaya Tasker, Old Tappan	1996	118-6
45. Kristin Jakob, Dumont	2005	118-5
46. Nicole Barsa, Pascack Hills	1989	118-4
47. Bridgette Welch, Park Ridge	1980	118-2
48. Jeanine DeSocio, Old Tappan	1988	118-0
49. Lisa Glidewell, Ridgewood	1980	117-7
50. Laura Cowan, Cresskill	2008	117-6
51. Ashley Wade, Paramus Catholic	2007	117-2 ½
52. Lynn Greene, Englewood	1981	117-1
Christina Eyl, Indian Hills	2006	
54. Linda Lang, Indian Hills	1986	116-11
55. Renee Wilson, Hasbrouck Heights	2000	116-10
56. Patti Bubar, Dumont	1978	116-7
Celia Mistretta, Park Ridge	1981	
58. Najran Stephens, Cliffside Park	1999	116-4
Nicole Robinson, Hackensack	2004	
60. Andrea Cerbie, Old Tappan	2004	116-3
61. Kirsten Teschauer, Old Tappan	1983	116-2
Alyssa Connors, Hasbrouck Heights	2009	
Leonora Paul, Hackensack	2010	
64. Shaniek Easley, Hackensack	2002	115-8
65. Adwoa Asa-Awuku, New Milford	1993	115-5
66. Jeanine Stankiewicz, Fair Lawn	1989	115-0
67. Janet Sauerman, Ridgewood	1980	114-8
Cardrienne McDonald, Hackensack	1984	

JAVELIN (OLD)

1. Jenn Austin, Garfield	2000	150-9
Austin		148-10
Austin		145-3
Austin		145-3
Austin		144-4
Austin		144-0
Austin		142-8
Austin		141-11
Austin		141-10
Austin		141-4
2. Barbara Wolff, Tenafly	1983	141-0
Austin		139-0

Austin		137-5
Austin		136-9
Austin		136-6
Wolff		135-0
3. Elena Primerano, Lyndhurst	1988	134-10
4. Tracy Larmer, Dumont	1981	134-6
Wolff		134-0
Primerano		
(20 performances by 4 performers)		
5. Trish Neuner, New Milford	1984	133-9
6. Christina Labocki, Garfield	2001	133-4
7. Regina Weinpahl, Westwood	1982	131-0
8. Jackie Babbini, Cliffside Park	1999	130-10
9. Jessica Sarubbi, Cliffside Park	1996	130-5
10. Carla Cusate, North Arlington	1980	130-2
11. Kristi Nukk, Mahwah	1993	129-8
12. Chris Bradley, Ridgefield	1981	128-10
13. Liz Wahler, Saddle Brook	1979	128-7
14. Sue Esposito, New Milford	1987	128-6
15. Tammy Rayevich, Ridgewood	1988	128-5
16. Paula DiMeglio, Ridgefield Park	1982	128-3
17. Diane Maro, New Milford	1986	128-0
18. Tina Gennat, Fair Lawn	1993	127-9
19. Dawn Johnson, Lyndhurst	1990	126-11
Debbie Chadwick, Rutherford	1995	126-11
21. Sue Parker, Pascack Valley	1982	126-10
22. Medeana Steidl, Garfield	1992	126-2
23. Nancy Belbo, Hasbrouck Heights	1993	124-6
24. Gwen Scanel, Hackensack	1999	124-2
25. Maritsa Christoudias, Ramsey	2000	123-6
26. Daina Pucurs, Demarest	2001	123-4
27. Jessica Fazekas, Demarest	2001	123-1
28. Emilie Chang, Ridgewood	1993	122-10
29. Diane Cebulski, Cliffside Park	1980	121-10
30. Michelle Martin, Dumont	1991	121-3
31. Kristy Potts, Ridgefield Park	2000	121-2
32. Krystle Buczynski, Paramus Catholic	1997	120-0
33. Shannon Doremus, New Milford	1994	119-4
34. Lauren Miller, Glen Rock	1994	119-1
35. Jodi Porro, Rutherford	1985	118-10
36. Betty Morrison, Dumont	1979	118-9
37. Sue Bennett, Dumont	1978	118-3
38. Janet Luce, Westwood	1998	117-9
39. Lindsey Reggo, Ridgefield	2000	117-6
40. Tracy Engell, Dumont	1983	117-5
41. Barbara Gradley, Westwood	1981	116-10
42. Danica Miller, Rutherford	2001	116-8
43. Leonora Colon, Ridgefield Park	1998	116-4
44. Courtney Reggo, Ridgefield	2001	116-3
45. Doreen Sullivan, Cresskill	1984	116-2
Lauren Mazurkiewicz, Queen of Peace	1994	
47. Kathy Powers, Pascack Valley	1982	116-1
48. Marci Capitani, Ridgewood	1985	116-0
Karen Schaeffer, Wallington	1987	
50. Paige Fuller, Hasbrouck Heights	1992	115-11

JAVELIN (NEW)

1. Daina Pucurs, Demarest	2004	155-8	
Pucurs			152-9
Pucurs			151-10
Pucurs			150-10
Pucurs			149-4
2. Hannah Mayer, Northern Highlands	2010	149-3	
3. Shannon Sullivan, IHA	2009	149-1	
Pucurs			148-7
Pucurs			148-0
Mayer			147-9
Mayer			147-1
Pucurs			146-11
Sullivan			144-3
4. Shannon Spafford, Old Tappan	2004	143-9	
Sullivan			143-8
5. Jamie Klein, Paramus Catholic	2010	142-4	
Mayer			141-11
Sullivan			141-5
Sullivan			140-9
Pucurs			140-8
Sullivan			
(20 performances by 5 performers)			
6. Kelly Fazekas, Demarest	2002	139-9	
7. Jaclyn Wypler, Ridgewood	2006	135-11	
Rebecca Skovira, Park Ridge	2010		
9. Theresa Kirkpatrick, Pascack Hills	2009	132-2	
10. Julia Cohan, Northern Highlands	2006	129-6	
11. Mary King, Paramus	2007	127-3	
12. Annie Moccia, Wood-Ridge	2009	127-1	
13. Audrey O'Donnell, IHA	2005	126-5	
14. Courtney Reggo, Ridgefield	2003	125-10	
15. Alex Hunsberger, Mahwah	2009	125-9	
16. Taylor Condal, Hasbrouck Heights	2008	125-2	
17. Julia Lagregni, Ramsey	2008	124-10	
18. Dara Schwam, Demarest	2007	124-7	
19. Christine Spilka, Old Tappan	2010	123-6	
20. April Kaiser, Park Ridge	2007	123-5	
21. Guiliana Mondoro, Indian Hills	2007	123-3	
22. Angela Cristofolo, Hasbrouck Heights	2009	122-5	
23. Jessica Fazekas, Demarest	2002	122-3	
24. Gina Pettigano, Elmwood Park	2009	121-7	
25. Jess Kotlowski, Wood-Ridge	2006	121-8	
26. Brynn Rosser, Hackensack	2005	121-6	
27. Laura Wall, Emerson	2008	121-1	
28. Shaunteriah Douglas, Garfield	2009	120-10	
29. Michelle Uberbacher, Dumont	2008	120-7	
30. Laura Bruno, Tenafly	2010	120-5	
31. Alison Weinberg, Tenafly	2003	119-11	
32. Brittany Lissemore, Dumont	2010	119-6	
33. Gwen Moore, Teaneck	2004	118-7	
Jasmine Daniels, Lodi	2010		
35. Ann Behrens, River Dell	2006	118-2	

36. Jessica Lehmann, Park Ridge		2005	116-9
37. Jessica Costeniuc, Dumont		2010	116-8
38. Chelsea Schiffman, Demarest		2006	115-9
39. Alex Negron, Waldwick		2005	115-4
40. Laura Van Eerde, IHA	2009	115-2	
41. Allison Coughlin, Dumont		2004	115-0
42. Agnes Kotwica, Garfield		2002	114-8
43. Jen Rau, Midland Park	2008	114-2	
44. Chelsea Hayes, Demarest		2008	113-7
45. Danielle Kedzierski, Waldwick		2006	113-5
46. Jen Hodges, IHA		2002	113-4
Lauren Pincus, Holy Angels		2010	
48. Kristen Policastro, Lodi		2006	113-2
49. Victoria Elefther, Pascack Valley		2010	112-9
50. Annie Lent, Glen Rock	2002	112-7	
Rachel Pena, Ridgefield Park		2010	
52. Jaelyn DeMais, Pascack Valley		2004	111-8
53. Juliana Campiglia, Hackensack		2008	111-6
54. Rachel Furman, Teaneck		2007	111-5
55. Allie Kelley, Saddle Brook		2002	111-1
56. Lisa Colangelo, Hasbrouck Heights		2004	110-10
57. Jill Hudson, River Dell		2010	110-2
58. Tara Fisher, North Arlington		2010	109-11
59. Nicole Lowenstein, Lyndhurst		2005	109-6
60. Gina Forte, St. Mary's		2003	109-3
Kristen McCarthy, Mahwah		2007	
62. Maura Burke, Ramapo	2008	108-10	
63. Lauren Frain, Rutherford		2007	108-8
Augist Mensa Kwao, Bergen Tech		2010	
65. Angel Ulysse, Becton		2006	108-6
66. Maggie Gaska, Lodi		2009	108-5
67. Demi McEntee, Northern Highlands		2010	108-4
68. Ali Volant, IHA		2010	108-2
69. Kate Tryforos, Glen Rock		2002	107-10
70. Kim Tabia, Cliffside Park		2007	107-9
Andrea Cerbie, NV/Old Tappan	2002		
Justine Barretta, Cresskill		2010	
73. Daiana Sita, New Milford		2003	107-7
74. Belen Michelis, IHA		2004	107-6
75. Meredith Palmer, Pascack Hills		2006	107-5
76. Loretta Fitzgibbons, Hasbrouck Heights		2003	107-2
77. Samantha Tartas, Wood-Ridge		2008	106-4
Shanttel Liberato, Lodi		2009	
78. Karol Gomez, Cliffside Park		2006	106-2
79. Joelle Soloman, Demarest		2004	106-1
Nicole Guirland, Lyndhurst		2006	
81. Jessica Hatton, Ridgefield Park		2003	105-5
82. Danica Miller, Rutherford		2002	104-11
83. Allison Gino, North Arlington		2002	104-10
Kristen McCarthy, Mahwah		2008	
85. Tracey Ann Calabrese, Dumont	2005	104-9	
86. Frederica Lopez, Lodi		2008	104-7
87. Elaina White, Leonia		2010	104-4

88. Vanessa Campo, Garfield		2008	104-3
89. Natalia Arias, Tenafly		2006	103-11
Jaclyn Kedzierski, Waldwick		2006	
91. Alana Casner, Tenafly		2003	103-10
92. Shamaria Canty, Paramus Catholic		2009	103-6
93. Nathalie Cardenas, New Milford		2008	103-1
94. Amber Flaim, Fort Lee	2008	102-10	
95. Heather Ruiz, Waldwick		2008	102-9
96. Crystal Fulop, Hackensack		2004	102-7
Alessia Simone, Fort Lee		2004	
Samantha Laddin, Ridgewood		2008	
99. Kim Mikiewicz, Paramus		2008	102-5
Nina Messery, Hasbrouck Heights		2010	

HIGH JUMP

1. Cheryl Burdick, Ramsey		1998	5-10
Burdick			5-9 ¼
2. Becky Deetz, Ridgewood		1975	5-9
3. Amy Nehls, Indian Hills	1986	5-8	
Burdick			
Burdick			
4. Nancy Larena, Saddle Brook		1983	5-7
Alex Rosenberger, Ramsey		2008	
Deetz			
Burdick			
Deetz			5-6 ½
Deetz			
Burdick			
Burdick			5-6 ¼
6. Deneen Steiner, Ridgefield		1981	5-6
Jane Farrell, River Dell		1982	
Kelly Barrett, Westwood	1984		
Lauren Singleton, Teaneck		1987	
Lisa Considine, Rutherford		1996	
Julianna Camargo, Dumont		2006	
Shenise Halsey, Old Tappan		2006	
C.J. Jacob, Ridgefield Park		2007	
Deetz			
Deetz			
Steiner			
Larena			
Larena			
Nehls			
Nehls			
Burdick			
Burdick			
Burdick			
Burdick			
Burdick			
Burdick			
Burdick			
Rosenberger			
Rosenberger			
Rosenberger			

(39 performances by 13 performers)		
14. Dawn Reis, Lodi	1988	5-5
Tyler Teaton, IHA	2006	
16. Leslie Woytowicz, Fort Lee	1978	5-4
Lauren McManus, Teaneck	1981	
Kathy Harmel, Wallington	1982	
Kathy Granata, Ridgewood	1982	
Sylvia Battista, Rutherford	1985	
Debbie McDonald, Teaneck	1987	
Mary Beth Glowacki, Queen of Peace	1989	
Lawanda Shepherd, Teaneck	1991	
Ami Racich, Cresskill	1991	
Kerry Wasser, Saddle Brook	1993	
Julie Denisenko, Fair Lawn	1994	
Lesley Hodgson, Glen Rock	1994	
Delcita Russell, Hackensack	1996	
Ann Woetzel, Paramus Catholic	1997	
Jamie Lilien, Pascack Valley	1998	
Bridgette Atkinson, Hackensack	1998	
Nicole Brown, Teaneck	1998	
Kristin Kern, Indian Hills	2004	
Jessica Malacrida, Paramus	2005	
Chelsea Townes, Hackensack	2005	
Jamie Sacco, Park Ridge	2006	
Heather Gearity, Rutherford	2009	
Rae Corbo, Paramus Catholic	2010	
Taylor Clarkson, Indian Hills	2010	
Khyla Bailey, Paramus Catholic	2010	
42. Stephanie Bembridge, Northern Highlands	1979	5-3
Dunja Hinrichs, Old Tappan	1979	
Annette Van Duersen, Demarest	1980	
Marie Greaux, Ridgefield Park	1994	
Janet Andrews, Bergenfield	1997	
Erin Piscetta, River Dell	2001	
Lia Torre, Northern Highlands	2002	
49. Laurie Miranda, Lyndhurst	1978	5-2
Doreen Mey, New Milford	1979	
Mary Cullen, Saddle Brook	1979	
Doreen Sullivan, Cresskill	1980	
Debbie Pagan, Old Tappan	1980	
Kathi Cochran, Westwood	1981	
Ellen Larena, Saddle Brook	1981	
Monica Richter, Ridgewood	1981	
Sharon Roeske, Ridgewood	1981	
Claudia Moodie, Westwood	1982	
Betsy Delia, Leonia	1983	
Cindy Hallstrom, Dumont	1983	
Kim Lehmann, Garfield	1983	
Wendy Hawthorne, Ridgewood	1984	
Maureen Shanahan, Saddle Brook	1985	
Ingrid Loewrigkeit, Ramapo	1986	
Lynn Petrolia, New Milford	1986	
Janice Meyer, Midland Park	1987	
Marybeth Glowacki, Queen of Peace	1988	
Melinda Hyer, Fair Lawn	1989	

Jennifer Wilson, Midland Park		1990
Brandy Jefferies, Englewood		1991
Renee Pavelski, Ridgewood		1992
Jean Readie, Queen of Peace		1992
Shannon Dillon, New Milford		1993
Jessica Ramirez, Mahwah		1993
Jen Maxfield, Tenafly		1995
Quanette Jester, Indian Hills		1996
Kerry Frazer, Demarest		1997
Lauren Donahue, Westwood		1998
Gwen Gobbo, Palisades Park		1999
Dara Jemmott, Teaneck		2000
Jen Barthelemy, Bogota		2001
Corinne Hyslop, Ridgewood		2001
Jill Turner, Pascack Hills		2001
Serika Thomas, Hackensack		2001
Cherilyn Marfino, Hasbrouck Heights		2003
Alex Paslawsky, Ramsey		2002
Tahirah Williams, IHA	2002	
Neomie Rothmie, Tenafly		2004
Erika Koop, Ridgefield Park		2004
Mallory Longfield, Indian Hills	2005	
Jess Kotlowski, Wood-Ridge		2006
Lizzie Faust, Northern Highlands		2006
Ali Singer, Ramsey		2007
Diana Smusz, Garfield	2007	
Allie Ritchards, Mahwah		2009
Rachel Watkins, Indian Hills		2009
Magdalena Pietrzak, Bergen Tech		2010
Deirdre Kane, Rutherford		2010
Sarah DeVita, Ridgewood		2010
Melissa Notis, Tenafly		2010
Maura Nestor, Northern Highlands		2010

TRIPLE JUMP

1. Carlene Cummings, Englewood	1998	42-5
Cummings		42-2 $\frac{3}{4}$
Cummings		40-10 $\frac{1}{2}$
Cummings		40-4
Cummings		40-0 $\frac{1}{2}$
2. Jen McDermott, Ridgewood	1989	39-8
Consandria Walker, Hackensack	2006	
Cummings		39-6 $\frac{1}{2}$
Cummings		39-3 $\frac{1}{4}$
Walker		39-0 $\frac{1}{4}$
McDermott		38-8 $\frac{1}{2}$
Walker		38-8
Cummings		38-7 $\frac{3}{4}$
Cummings		38-7 $\frac{1}{2}$
McDermott		38-6 $\frac{1}{2}$
Cummings		38-6
McDermott		38-4 $\frac{1}{2}$
4. Margaret Rottkamp, Indian Hills	1986	38-4 $\frac{1}{4}$
Cummings		

5. Rae Corbo, Paramus Catholic (20 performances by 5 performers)		2010	38-4
6. Kirsten Bowens, Mahwah		2009	38-3 ¼
7. Alyssa Maier, River Dell		2006	37-10 ½
8. Megan Burke, Glen Rock		1989	37-10 ¼
9. Lizzie Faust, Northern Highlands	2006	37-9 ¾	
10. Karen Gaines, Teaneck		1980	37-8 ½
Trish McGowan, Ridgewood		2003	
12. Shenise Halsey, Old Tappan		2006	37-8
13. Mallory Longfield, Indian Hills		2005	37-5 ¼
14. Brooke Kristensen, Mahwah		2008	37-5
15. Deneen Steiner, Ridgefield		1982	37-4 ¾
Kristen Brown, Englewood		2009	
17. Shenee Clarke, Ridgefield Park		2000	37-4 ¼
18. Lynn Petrolia, New Milford		1987	37-3
19. Thatcha DaCosta, Englewood		2001	37-2 ¾
Jessica Molosh, Indian Hills		2008	
21. Kim Baumbach, Pascack Valley	1987	37-1 ¾	
22. Erika Ostrove, Cresskill		2004	37-1 ½
23. Marie Minasi, Holy Angels		2009	37-0
24. Shaena Wizzard, Teaneck		2010	36-9 ¾
25. Charnie Carter, Lyndhurst		1998	36-9 ½
26. Kim Giordano, Waldwick		1988	36-9 ¼
Tammi Jordan, Englewood		1997	
28. Olivia Stinson, Westwood		2006	36-9
29. Quanette Jester, Indian Hills		1995	36-8 ¾
30. Sheena Strachan, Englewood		2003	36-8 ½
31. Michaela Steiner, Bergenfield		1987	36-7 ½
Kerry Frazer, Demarest		1996	
Danielle Kroll, Indian Hills		2005	
34. Brittany Brooks, Garfield		2003	36-6 ½
35. Daphne Blick, Teaneck		1989	36-5 ½
36. Shanelle Cross, Garfield		2005	36-4 ¾
37. Lynda Blake, Northern Highlands		1988	36-4 ½
38. Keirsten Wallace, Westwood		1990	36-3 ¾
39. Ebony Ramos, Hackensack		2001	36-3 ½
40. Kathy Granata, Ridgewood		1983	36-3 ½
41. Michelle Erli, Ramsey		2007	36-3
42. Eileen O'Connor, Dumont		1983	36-2 ½
Pam Birchett, Teaneck	1987		
44. Devon Hudson, Hackensack		1998	36-2
45. Kristen Kern, Indian Hills		2005	36-1
46. Teri Martin, Hackensack		1992	36-0 ½
Ashley Marquard, Glen Rock		1994	
Evana Edwards, Hackensack		2007	
49. Dara Seidman, Ramsey		2001	36-0 ¼
50. Renee Carter, Englewood		1981	36-0
Brooke Bogart, Ridgewood		2007	
Amanda Duggan, Waldwick		2008	
53. Erika Jungblut, Teaneck		1998	35-11 ¾
54. Danna Wasserman, Demarest		2010	35-11 ½
55. Katie Hanley, Glen Rock		1996	35-11
Tiffany Evangelou, IHA		2009	
57. Chris Withers, Teaneck		1984	35-10 ¾

58. Lauren Clarke, Paramus Catholic		1983	35-10 ½
59. Shalissa Burgess, Englewood		2001	35-10 ¼
60. Donna Gooden, Teaneck		1986	35-10
Danielle Holmes, Holy Angels		2003	
62. Kelly Barrett, Westwood		1985	35-9 ½
Jen Barthelemy, Bogota		2001	
Amanda Pollifrone, Rutherford		2006	
65. Stacia Palahnuk, Old Tappan		1983	35-9
66. Kim Lehmann, Garfield		1983	35-8 ¾
Aileen Trendler, Old Tappan		1984	
68. Chrissy Procopio, Indian Hills		2001	35-8 ½
Amanda Fields, Holy Angels		2010	
70. Jackie Kaminski, Saddle Brook		2003	35-8 ¼
Anita Rogers, Ramapo	2008		
72. Alex Paslawsky, Ramsey		2003	35-8
73. Serenity Martin, IHA	2010	35-7 ¾	
74. Lesley Hodgson, Glen Rock		1995	35-7
Lee Duck, Waldwick		1988	
June Hoppie, Englewood		1994	
Ana Law, Ridgewood		1999	
78. Amanda Parisi, Indian Hills		2009	35-6 ¾
79. Lynn Matanle, Glen Rock		2006	35-6 ½
Tara Fisher, North Arlington		2010	
81. Shannon Dillon, New Milford		1992	35-6 ¼
82. Fatima Goodman, Teaneck		1986	35-6
Carly Planker, Pascack Hills		2006	
84. Jain Lattes, Dwight-Englewood		1994	35-5 ½
Jen Capone, IHA		2010	
86. Jen Austin, Garfield		2000	35-5 ¼
87. Mary Sok, Westwood		1987	35-5
Erika Albies, Pascack Valley		1994	

LONG JUMP

1. Jen McDermott, Ridgewood		1989	19-4
2. Carlene Cummings, Englewood		1997	19-1 ½
McDermott			19-0 ¾
McDermott			19-0 ¼
McDermott			19-0
3. Megan Burke, Glen Rock		1991	18-11 ¾
McDermott			18-11
McDermott			
McDermott			18-9
Cummings			
4. Margaret Rottkamp, Indian Hills	1986	18-8 ½	
McDermott			
McDermott			18-8
Cummings			18-7 ½
5. Consandria Walker, Hackensack		2006	
Rottkamp			
6. Caroline Morris, Hackensack		1981	18-7 ¼
Willie Mae Washington, Lodi		1996	
Burke			18-6 ¾
Burke			18-6

8. Danna Wasserman, Demarest	2010	
(21 performances by 8 performers)		
9. Kristen Brown, Englewood	2009	18-5 ½
10. Tammy Jones, Teaneck	1991	18-4
11. Kirsten Bowens, Mahwah	2009	18-2 ½
12. Karen Gaines, Teaneck	1980	18-2
13. Shanelle Cross, Garfield	2005	18-1
14. Teri Martin, Hackensack	1991	18-0 ¾
15. Evana Edwards, Hackensack	2007	18-0 ¼
16. Shenise Halsey, Old Tappan	2006	18-0
17. Erika Albies, Pascack Valley	1994	17-11 ¾
18. Kim Baumbach, Pascack Valley	1986	17-11 ¼
19. Katie Hanley, Glen Rock	1997	17-11
Jamie Lilien, Pascack Valley	2000	
Thatcha DaCosta, Englewood	2000	
22. Kathy Harmel, Wallington	1982	17-9 ¼
Krystal Wyche, Hackensack	2007	
24. Sue Frazier, Rutherford	1984	17-9
Carmen Matteis, Cliffside Park	1988	
Michaela Steiner, Bergenfield	1988	
Brooke Bogart, Ridgewood	2005	
28. Eileen O'Connor, Dumont	1983	17-8 ½
Rae Corbo, Paramus Catholic	2010	
30. Jen Hettel, Wallington	1993	17-8 ¼
31. Carolyn Moore, Indian Hills	1979	17-8
Marie McVeagh, Demarest	1982	
Jill Turner, Pascack Hills	2001	
Marie Minasi, Holy Angels	2008	
35. June Longernercker, Dumont	1983	17-7 ½
Kim Lehmann, Garfield	1983	
Melissa Bochiario, Glen Rock	1997	
38. Judy Wong, Wood-Ridge	2004	17-7 ¼
39. Renee Carter, Englewood	1981	17-6 ½
C.J. Jacob, Ridgefield Park	2007	
41. Tammi Jordan, Englewood	1997	17-6 ¼
Brie-Ann Forhecz, Northern Highlands	2004	
Julianna Camargo, Dumont	2006	
44. Danielle Kroll, Indian Hills	2004	17-6
Jackie Geitz, Old Tappan	2009	
46. Stephanie Bembridge, Northern Highlands	1978	17-5 ¾
Courtney Cubicciotti, IHA	1999	
48. Lisa Filippone, Old Tappan	1984	17-5 ½
Erika Ostrove, Cresskill	2004	
Shaena Wizzard, Teaneck	2010	
51. Kim Giordano, Waldwick	1989	17-5 ¼
52. Becky Deetz, Ridgewood	1976	17-5
Dara Seidman, Ramsey	2001	
Alyssa Fanucci, Old Tappan	2005	
Cristina Law, Ridgewood	2007	
56. Jenn Pierce, Northern Highlands	2006	17-4 ½
57. Kim Taylor, New Milford	1986	17-4 ¼
58. Debbie Pagan, Old Tappan	1980	17-4
Andrea Sellitti, Glen Rock	1997	

Shenee Clarke, Ridgefield Park		2000	
Asher Beasley, Paramus Catholic		2008	
Daequanna Owen, Hackensack		2009	
63. Beverly Terry, Hackensack		1982	17-3 $\frac{3}{4}$
64. Gerri Brennan, Dumont		1986	17-3 $\frac{1}{2}$
Pam Birchett, Teaneck	1987		
Lynn Petrolia, New Milford		1987	
Aquansa Garth, Westwood		1987	
Jackie Kasen, Pascack Valley		2002	
Arianna Pomo, Saddle Brook		2005	
70. Jessica Altamira, Paramus		2009	17-3 $\frac{1}{4}$
71. Stacia Palahnuk, Old Tappan		1983	17-3
Charnie Carter, Lyndhurst		1998	
Angela Talucci, Indian Hills		2000	
74. Beth Mayland, Northern Highlands		1988	17-2 $\frac{1}{2}$
Kerry Fraser, Demarest	1995		
Tanayah Bruce, Hackensack		2002	
Jessica Molosh, Indian Hills		2008	

POLE VAULT

1. Michelle Favre, Saddle Brook		2008	12-1
Favre			12-0
2. Kayla Polcari, Ridgewood		2010	
Chelsea Hartigan, Ramapo		2009	
Favre			11-11 $\frac{1}{4}$
K. Polcari			11-9 $\frac{3}{4}$
Favre			11-9
4. Ann Polcari, Ridgewood		2008	11-8 $\frac{1}{2}$
Favre			11-8 $\frac{1}{2}$
A. Polcari			11-8
5. Cassie Wong, Ridgewood		2006	11-7
Favre			
Wong			11-6
Wong			
Wong			
A. Polcari			
Favre			
Favre			
Favre			
Favre			
Hartigan			
Hartigan			
K. Polcari			
Hartigan			
K. Polcari			
K. Polcari			
Hartigan			
Hartigan			
Hartigan			
(29 performances by 5 performers)			
6. Kerry Norton, Ridgewood		2004	11-0
Trisha Murphy-Kennelly, Mahwah		2006	
8. Ashley Walker, Mahwah		2009	10-8
9. Ashlyn Llerandi, Ridgewood		2006	10-6

Melissa Davila, Hackensack	2007	
Giana Abballe, Old Tappan	2010	
Carolyn Edler, Mahwah	2010	
. Emily Mino, River Dell	2008	
14. Jenny Galgano, Ramapo	2005	10-0
Melinda Rothman, Mahwah	2009	
Hilary Felice, River Dell	2010	
Kaila Fasano, Westwood	2010	
Danielle Wankmuller, Pascack Hills	2010	
19. Evann Borgmann, Ridgewood	2003	9-9
20. Jessica Hatton, Ridgefield Park	2003	9-6
Stacey Duchak, Mahwah	2006	
Kristin Spafford, Old Tappan	2006	
Robin Lee, Ridgewood	2008	
Gina Germinaro, Old Tappan	2008	
Vicky Stefanelli, Fair Lawn	2008	
Nina Silverstein, Pascack Hills	2008	
Ramelle Brown, Ridgewood	2008	
Nicole Hernandez, Cresskill	2009	
Stephanie Rozalski, Queen of Peace	2009	
Anne Kavalerchik, Fair Lawn	2010	
31. Kristen LaGreca, Mahwah	2000	9-0
Caitlyn Fiocchi, Ridgewood	2001	
Joyce Rosenbaum, Tenafly	2002	
Sofia Capparelli, Dumont	2003	
Amanda Knutsen, Ramsey	2003	
Elyse Norton, Ridgewood	2004	
Brie-Anne Forhecz, Northern Highlands	2005	
Erin Jones, Northern Highlands	2005	
Kara DiMaio, Mahwah	2005	
Mikayla Chiarello, River Dell	2006	
Kristen Marfino, Hasbrouck Heights	2007	
Vanessa Adamo, Ramapo	2007	
Sherri Lajoie, River Dell	2007	
Tara Fisher, North Arlington	2008	
Gina Benigno, Pascack Valley	2008	
Kaitlyn Pontrelli, Demarest	2009	
Danielle Russo, Ramapo	2009	
Colette Cunningham, Glen Rock	2009	
Madison Lucas, Old Tappan	2010	
Lindsay Bloom, Pascack valley	2010	
Molly Prentzel, Indian Hills	2010	
Mimi DeVita, Ridgewood	2010	
Alyssa Milazzo, Westwood	2010	
Shealyn Kenny, North Arlington	2010	
Magdalena Pietrzak, Bergen Tech	2010	
Laura Gibbons, River Dell	2010	
Patricia Mrugalia, Garfield	2010	
58. Meridith Harris, Ridgewood	2000	8-6
Rony Weisman, Fair Lawn	2001	
Jocelyn Kornelius, Dumont	2002	
Heather Shaw, Tenafly	2002	
Jessica Bienstock, Fair Lawn	2003	

Diane Zambrano, Ridgefield Park	2003
Ashley Aquino, Lyndhurst	2004
Christina Crocco, Lyndhurst	2004
Kari Post, Paramus	2004
Alexia Schwartz, Glen Rock	2005
Jessica Molosh, Indian Hills	2005
Keri Constantinos, Dumont	2005
Nora Selimovic, Ridgefield Park	2007
Erin van der Have, Holy Angels	2007
Isabella Skovira, Park Ridge	2009
Roni Rosen, Tenafly	2009
Taylor Sisti, Pascack Valley	2009
Jamie Klein, Paramus Catholic	2009
Laura Gibbons, River Dell	2010
Alexandra Paspalas, Demarest	2010
Abi O'Flaherty, Mahwah	2010
Meghan Kramer, Ramsey	2010
Bridget Brindley, River Dell	2010
Hayley Normoyle, Dumont	2010
Ilana Brown, Ridgewood	2010
Danielle Heymann, Old Tappan	2010
Jasmine Fernandez, Garfield	2010

BOYS

100 METERS

1. Joe Dawkins, Hackensack	1995	10.31
Chris Charles, Park Ridge	2000	10.2
3. Michael Ray Garvin, Don Bosco	2005	10.46
Garvin		10.50
Garvin		10.3
Garvin		10.4
Charles		10.53
Garvin		10.56
Charles		10.59
Garvin		10.61
Dawkins	10.4	
Dawkins	10.68	
Dawkins	10.69	
4. David Butler, Teaneck	2008	
5. Darius Pemberton, Hackensack	1993	10.5
Dawkins		
Dawkins		
Dawkins		
Garvin		10.74
6. Rashad White, Teaneck	2007	
(20 performances by 6 performers)		
7. Conroy Walker, Hackensack	2010	10.75
8. Miles Austin, Garfield	2002	10.77
9. Kendall Williams, Bergen Tech	1993	10.78
10. Cooper Rego, St. Joseph Regional	1995	10.79
11. Brandon Fronjian, Palisades Park	2002	10.81
Joe Jones, Englewood	2008	

13. Lamont Brown, Demarest	1986	10.6	
Derrick Horner, Don Bosco	1988		
Kawesi Darby, Hackensack	1998		
Leslie Bonsu, Bergen Tech	2005		
17. Michael Jackson, Hackensack	1999	10.87	
18. Marvin Whilby, Don Bosco	2008	10.88	
19. Ackeme Brown, Englewood	2008	10.89	
20. Chris Ziegler, Ridgewood	2007	10.90	
21. Sam Smith, Pascack Hills	2008	10.92	
22. Matt Bieszard, Midland Park	2008	10.94	
Corey Crawford, Indian Hills	2010		
24. Rashidi Brown, Hackensack	1994	10.7	
Ulysses Encarnacion, Ridgefield Park	2003		(11.02)
Brian Gilbert, Teaneck	2005		
Rameik Jackson, Westwood	2005		
Raldaine McDonald, Englewood	2009		(10.99)
Barry Bradley, Elmwood Park	2009		
Patryk Najbar, Lodi	2010		(10.97)
Al Artesona, Glen Rock	2010		(11.14)
Zadique Whyte, Teaneck	2010	10.95	
33. Lomie Cunningham, Bergen Tech	2008	10.98	
34. Stan Finney, Hackensack	1988	10.99	
Dusty Thomas, Ridgewood	1998		
Donovan Bolden, Leonia	2008		
37. Alden Shorter, Teaneck	1995	11.01	
Greg Stripe, Mahwah	2008		
39. Dimar Labega, Rutherford	2002	11.02	
Garrett Kroner, Indian Hills	2005		
41. Tony Yamasaki, Englewood	2000	11.03	
42. Mark Wiley, Cresskill	1981	10.8	
Peter Reno, Hasbrouck Heights	1981		
Joe Johnson, Hackensack	1986		
Jeff Somma, Lyndhurst	1990		
Fred Campbell, Englewood	1991		
Chris Hewitt, Englewood	1992		
Tim McDermott, Ridgewood	1993		
Mikkel Brown, Glen Rock	1996		
Sterling Wynn, Hackensack	1998		(11.12)
Charles Benson, Hackensack	2000		
Adrian Durant, Teaneck	2000		
Mark Lumsden, Englewood	2001		
Ofori Koram, Ridgefield Park	2001		
Brian Toal, Don Bosco	2003		
Charles Christopher, Queen of Peace	2004		
Sullivan Parker, Bergenfield	2004		(11.09)
Matt Schiuerer, Demarest	2005		
Khaled El Sayed, Garfield	2008		
Anthony Ferla, St. Joseph Regional	2006	11.04	
Leonte Carroo, Don Bosco	2010		
62. Kevin Shim, Ridgefield	2006	11.07	
63. Da'mon Merkerson, St. Mary's	2007	11.08	
64. Damian Miles, Teaneck	2007		
Calvin Vaughn, Bergen Tech	2008		

66. Casey Pleasants, Teaneck	2010	11.10
67. Donald Lee, St. Mary's	2006	11.13
Daryian Miles, Teaneck	2010	
69. Mustafa Lawrence, Queen of Peace	2010	11.14
70. Dexter Hairston, Teaneck	1983	10.9
Cliff Duncan, Englewood	1983	
Andrew Gordon, Teaneck	1985	
Ron Blauvelt, Hasbrouck Heights	1985	
Rob Mosley, Don Bosco	1988	
Rommel Chatman, Midland Park	1993	
John Mabry, Hackensack	1994	
John Deschamps, Ridgefield Park	1994	
Greg Meletta, Bergen Catholic	1996	
Mike Sabato, Wood-Ridge	1996	
LeYonne DeFreese, Mahwah	1997	
Dan Cooper, Ridgewood	2000	
Tarant Anderson, Bergen Tech	2003	
Rob Richardson, Garfield	2003	
Ryan Lindsay, Don Bosco	2004 (11.20)	
Anthony Pomo, Saddle Brook	2005	
Matt St. Germain, Queen of Peace	2005	
Jake Stass, Westwood	2005	
Chris DeGannes, St. Joseph Regional	2005	
Tinashe Kitchen, Fort Lee	2006	
Ausar Walcott, Hackensack	2007	
Andrew Sargeant, Englewood	2010	
Angel Lora, Garfield	2010	(11.15)
93. Rob Richardson, Garfield	2002	11.15
94. Anthony Cinelli, Paramus Catholic	2002	11.16
Michael Reillo, Ridgefield Park	2002	
Jamie Eckmayer, Old Tappan	2008	
97. Andrew Drabick, Bergen Catholic	1999	11.17
98. Damion Lawrence, Wallington	1998	11.18
Ruben Santos, North Arlington	2008	
100. T.J. O'Hanlon, Indian Hills	2002	11.19
AJ Scoppa, New Milford	2009	
Andrew Sargeant, Englewood	2010	
AUTO TIMING		
1. Joe Dawkins, Hackensack	1995	10.31
2. Michael Ray Garvin, Don Bosco	2005	10.46
Garvin		10.50
Charles		10.53
Garvin		10.56
Charles		10.59
Garvin		10.61
Dawkins	10.68	
Dawkins	10.69	
3. David Butler, Teaneck	2008	
4. Rashad White, Teaneck	2007	10.74
5. Conroy Walker, Hackensack	2010	10.75
6. Miles Austin, Garfield	2002	10.77
7. Kendall Williams, Bergen Tech	1993	10.78
8. Cooper Rego, St. Joseph Regional	1995	10.79
9. Brandon Fronjian, Palisades Park	2002	10.81

Joe Jones, Englewood	2008	
11. Michael Jackson, Hackensack	1999	10.87
12. Marvin Whilby, Don Bosco	2008	10.88
13. Ackeme Brown, Englewood	2008	10.89
14. Chris Ziegler, Ridgewood	2007	10.90
15. Sam Smith, Pascack Hills	2008	10.92
16. Matt Bieszard, Midland Patk	2008	10.94
Corey Crawford, Indian Hills	2010	
18. Zadique Whyte, Teaneck	2010	10.95
19. Patryk Najbar, Lodi	2010	10.97
20. Lomie Cunningham, Bergen Tech	2008	10.98
21. Stan Finney, Hackensack	1988	10.99
Dusty Thomas, Ridgewood	1998	
Raldaine McDonald, Englewood	2009	
24. Alden Shorter, Teaneck	1995	11.01
Greg Stripe, Mahwah	2008	
26. Ulysses Encarnacion, Ridgefield Park	2003	11.02
Dimar Labega, Rutherford	2002	
Garett Kroner, Indian Hills	2005	
29. Tony Yamasaki, Englewood	2000	11.03
30. Anthony Ferla, St. Joseph Regional	2006	11.04
Leonte Carroo, Don Bosco	2010	
32. Kevin Shim, Ridgefield	2006	11.07
33. Da'mon Merkerson, St. Mary's	2007	11.08
34. Sullivan Parker, Bergenfield	2004	11.09
35. Calvin Vaughn, Bergen Tech	2008	11.10
Casey Pleasants, Teaneck	2010	
37. Rameik Jackson, Westwood	2005	11.11
38. Sterling Wynn, Hackensack	1998	11.12
Damien Miles, Teaneck	2007	
40. Donald Lee, St. Mary's	2006	11.13
Daryian Miles, Teaneck	2010	
42. Al Artesona, Glen Rock	2010	11.14
Mustafa Lawrence, Queen of Peace	2010	
44. Rob Richardson, Garfield	2002	11.15
Angel Lora, Garfield	2010	
46. Anthony Cinelli, Paramus Catholic	2002	11.16
Michael Reillo, Ridgefield Park	2002	
Jamie Eckmayer, Old Tappan	2008	
49. Andrew Drabick, Bergen Catholic	1999	11.17
50. Damion Lawrence, Wallington	1998	11.18
Leslie Bonsu, Bergen Tech	2005	
Ruben Santos, North Arlington	2008	
53. T.J. O'Hanlon, Indian Hills	2002	11.19
AJ Scoppa, New Milford	2009	
Andrew Sargeant, Englewood	2010	
56. Kiyon Harley, Paramus Catholic	1999	11.20
Ky Scott, Teaneck	2002	
Ryan Grant, Don Bosco	2001	
Brian Toal, Don Bosco	2003	
Ryan Lindsay, Don Bosco	2004	
Kevin Condal, Hasbrouck Heights	2009	
Max Witt, Ridgewood	2009	
Selwyn Maxwell, Don Bosco	2010	

200 METERS (*220 yards -.1)

1. Bill Walker, Englewood Walker	1965	20.8*	20.9*
2. Jack Mostyn, Bergen Catholic	1958	*	
3. Michael Ray Garvin, Don Bosco Walker	2005	21.31	21.1*
4. Cucchiara, Bergenfield	1962	21.2*	
5. Chris Charles, Park Ridge Garvin	2000	21.45	21.46
6. Dom Gratale, Don Bosco	1971	21.3*	
Bob Hauk, St. Joseph Regional	1968	*	
Vic Amoruso, Garfield	1968	*	
Hauk		*	
Walker		*	
9. Damien Miles, Teaneck	2008	21.57	
10. Joe Dawkins, Hackensack Dawkins	1995	21.58	
Dawkins		21.59	
Dawkins		21.63	
11. Dan Wigart, Tenafly	1965	21.4*	
Garrett Kroner, Indian Hills	2006		
Hauk		*	
Hauk		*	
(21 performances by 12 performers)			
13. Len Byrd, Leonia	1961	21.5*	
Bill Madden, Bergen Catholic	1964	*	
14. Corey Crawford, Indian Hills	2010	21.78	
15. Conroy Walker, Hackensack	2010	21.79	
16. Rashad White, Teaneck	2007	21.82	
17. Dennis Hicks, Hackensack	1957	21.6*	
John Williams, Englewood	1959	*	
John Maxson, Northern Valley	1960	*	
Dwight Peck, Pascack Valley	1963	*	
Walt Doerig, River Dell	1967	*	
Bill Hoppe, River Dell	1969	*	
Dave Liskin, Englewood	1969	*	
Fred Nance, Englewood	1971	*	
Bob Mood, River Dell	1959	*	
26. Ross McRonald, Tenafly	1957	21.7*	
Bruce Byrne, Pascack Valley	1961	*	
Carl Bachmann, North Arlington	1962	*	
Jim Gatens, Elmwood Park	1969	*	
Joe Johnson, Hackensack	1986		
Damon Merkerson, St. Mary's	2007	(22.24)	
32. Matt Bieszard, Midland Park	2008	21.95	
Casey Pleasants, Teaneck	2010		
34. Mark Filandro, Indian Hills	2010	22.04	
35. Herb Hollon, Teaneck	1954	21.8*	
George Patterson, Leonia	1962	*	
Doug Jackson, Hackensack	1980		
Derrick Horner, Don Bosco	1988		
Stan Finney, Jr., Hackensack	1989		
Marvin Whilby, Don Bosco	2009	(22.08)	
Rameik Jackson, Westwood	2005	(22.11)	
Raldaine McDonald, Englewood	2009		

43. Chris Ziegler, Ridgewood	2007	22.05
44. Adrian Durant, Teaneck	2001	22.13
45. Roger Caruso, Demarest	1960	21.9*
Al Dobritch, Paramus	1962	*
Gil Finney, Hackensack	1963	*
Frank Nigro, Wood-Ridge	1964	*
Rich Berlin, Teaneck	1965	*
Lamont Brown, Demarest	1986	
Greg Horner, Don Bosco	1986	
Mike Rios, Bergen Catholic	1987	
Walter McCall, Hackensack	1988	
James Whiting, Hackensack	1993	
Sullivan Parker, Bergenfield	2004	
Kevin Condal, Hasbrouck Heights	2010	

57. Dusty Thomas, Ridgewood	1998	22.15
58. Donald Lee, St. Mary's	2006	22.17
Ackeme Brown, Englewood	2008	
Patryk Najbar, Lodi	2010	
61. Donovan Bolden, Leonia	2008	22.22
62. Chris Hewitt, Englewood	1992	22.23
63. Mike Henderson, Ridgewood	1961	22.0*
Mike McGuiness, Bergen Catholic	1962	*
Walt Arneman, Old Tappan	1967	*
Gerry O'Dowd, Don Bosco	1968	*
Rich Kelly, Cresskill	1971	*
Howie Michel, Dumont	1971	*
Jerry Wyche, Hackensack	1974	*
Jim Lordeman, Tenafly	1974	*
Tom Sikorski, Indian Hills	1984	
Fred Campbell, Englewood	1990	
Cooper Rego, St. Joseph Regional	1997	
Ky Scott, Teaneck	2003	

400 METERS (*440 yards -.3)

1. Walter McCall, Hackensack	1988	47.18
2. Joe Bryant, Englewood	1966	47.1*
McCall		47.69
McCall		47.81
3. Garrett Kroner, Indian Hills	2006	47.84
4. Damon Merkerson, St. Mary's	2007	47.89
5. Kevin Condal, Hasbrouck Heights	2010	47.94
6. John Wimmer, Bogota	1968	47.9*
Wimmer	*	
Merkerson		48.07
7. Joe Velazquez, Paramus	1999	48.12
8. Dave Stanley, Glen Rock	1964	48.0*
Don Davies, Tenafly	1957	*
Corey Caidenhead, Bergenfield	2009	48.14
Wimmer	*	
11. Roger Caruso, Demarest	1960	48.1*
Dan Wigart, Tenafly	1965	*
Mike Tyson, Englewood	1972	*
Velazquez		

Caidenhead		48.24
(20 performances by 13 performers)		
14. Adrian Durant, Teaneck	2001	48.61
15. Bill Jordan, St. Cecilia's	1964	48.5*
John Brennan, Ramsey	1977	
Gene Pratt, Englewood	1958	*
18. Justin Hodge, Teaneck	2010	48.69
19. George Patterson, Leonia	1962	48.6*
Rameik Jackson, Westwood	2004	
21. Sharif Webb, Don Bosco	2007	48.83
22. Jerry Wyche, Hackensack	1974	48.7*
Jim Woods, River Dell	1984	
Tim Geckeler, Ridgewood	1989	
John D'Izzia, Bergen Catholic	1999	
Courtney Davis, Hackensack	1993	
Stan Finney, Hackensack	1988	
28. Neil Concepcion, Demarest	1995	48.93
Elvis Cake, Lodi	2009	
Mark Filandro, Indian Hills	2010	
31. Walter King, Hackensack	1995	48.94
Jake Hubschman, Demarest	2009	48.8
33. John Sanford, St. Joseph Regional	2010	48.95
34. Leonte Carroo, Don Bosco	2010	48.96
35. George McLoof, Ramapo	1969	48.9*
Pete Hauck, Don Bosco	1967	*
Hayden Duffy, Emerson	2009	
38. Bob Smith, Hackensack	1962	49.0*
Dwight Peck, Pascack Valley	1962	*
Jeff Adams, Englewood	1968	*
Doug Stewart, Cresskill	1969	*
Rick Bassett, Bergenfield	1970	*
Pete Luongo, Paramus Catholic	1970	*
John Beemer, Hasbrouck Heights	1970	*
Gene Russell, Queen of Peace	1972	*
Clayton Lloyd, Hackensack	1978	*
Jim Froehlich, Rutherford	1984	
48. Ausar Walcott, Hackensack	2008	49.22
49. Willie Best, Hackensack	1990	49.1
Stan Finney, Hackensack	1971	*
Lomie Cunningham, Bergen Tech	2008	
52. Ernest Simmons, Englewood	1992	49.30
Will Van Thunen, Don Bosco	2002	
54. Dimar Labega, Rutherford	2002	49.33
James Whiting, Hackensack	1993	
56. Joe Hurley, Don Bosco	1975	49.2*
Mike Geraghty, Don Bosco	1980	
Bob Arvidson, Don Bosco	1984	
Anthony Hampton, Englewood	1993	
Chris Hall, Teaneck	1994	
Jason Kelsey, Don Bosco	2007	
62. Hector Carter, Hackensack	1985	49.34
63. Josh Kauke, Ridgewood	1999	49.41
64. Tarique Gray, Bergen Catholic	2010	49.43
65. Rich Knaack, Dumont	1966	49.3*

Gil Torres, Demarest	1969	*
Jim Nepola, Ridgewood	1970	*
Jim Lordeman, Tenafly	1974	*
Carmine Bailey, Paramus	1975	*
Paul Casey, Bergen Catholic	1976	*
71. Andrew Giannotti, Westwood	1997	49.52
Tinashe Kitchen, Fort Lee	2006	
73. Mike Henderson, Ridgewood	1960	49.4*
Chris Charles, Park Ridge	2000	
Gary Gagliardi, Hasbrouck Heights	2001	
Steve Mele, Ramapo	1967	
Matt Grundy, Ridgewood	2010	
78. Craig Murphy, Ramsey	1993	49.56

800 METERS (*880 yards -.7)

1. Josh Kauke, Ridgewood	2000	1:50.19
Kauke		1:50.39
2. Roger Jones, Ramsey	1977	1:50.3
3. Sharif Webb, Don Bosco	2007	1:51.07
Kauke		1:51.34
Jones		1:51.52*
4. Chris Rae, Ridgewood	1987	1:51.61
5. Mark Bednarz, Paramus Catholic	1988	1:51.74
6. Brad Paternostro, Ramapo	2010	1:51.84
Paternostro		1:51.86
7. Kevin Byrne, Paramus Catholic	1976	1:52.01
Kauke		1:52.04
Rae		1:52.0
8. Ken Sinkovitz, Bergen Catholic	2003	1:52.17
Byrne		1:52.1
Kauke		
Jones		1:52.2
9. Rich Rothschild, Paramus	1975	1:52.3*
Webb		1:52.44
Kauke		1:52.52
(20 performances by 9 performers)		
10. Andy Artola, Paramus Catholic	1972	1:52.4*
11. Joe Hurley, Don Bosco	1976	*
12. Patrick Rono, Lyndhurst	2010	1:52.60
13. Ryan McCann, Glen Rock	2004	1:53.01
14. Jeff Weicksel, Ramapo	1971	1:53.0*
15. Justin Hodge, Teaneck	2010	1:53.22
16. Rick Devine, Westwood	1976	1:53.4*
Bob Keino, Ridgewood	1994	
Corey Caidenhead, Bergenfield	2009	1:53.54
19. Rob LaViolette, Saddle Brook	1970	1:53.5*
Jim McIntyre, Queen of Peace	1973	*
Frank Moran, Bergen Catholic	1974	*
22. Willie Best, Hackensack	1991	1:53.64
23. Mike Belgiovine, Don Bosco	2010	1:53.79
24. Bob Lustberg, Paramus	1977	1:53.7*
25. Mike Saletta, Don Bosco	1977	1:53.9*
26. John Parisi, Ridgewood	1983	1:54.0
John Pedati, Queen of Peace	1981	

Jim Siedliski, Pascack Hills	1984	
29. Max Bruno, Indian Hills	2006	1:54.16
30. Tom Redmond, Bergen Catholic	1997	1:54.20
31. Tom Rae, Ridgewood	1971	1:54.2*
Ron Sicoli, Ramapo	1965	*
Harry Hamilton, Hackensack	1961	*
34. John Lander, Ridgewood	1985	1:54.4
35. Andy Mosney, Glen Rock	1968	1:54.6*
Craig Boyd, Tenafly	1965	*
37. Tom O'Shea, St. Joseph Regional	1976	1:54.7*
Byron Williams, Ridgewood	2005	
39. Hayden Duffy, Emerson	2009	1:54.85
40. Bob Cassavell, Northern Highlands	1985	1:54.8
Niall Buckley, Ridgewood	2007	
42. Matt Lingam, Park Ridge	2008	1:54.96
43. Courtney Davis, Hackensack	1992	1:55.00
44. Paul Casey, Bergen Catholic	1976	1:54.9*
45. Mark Chiusano, Indian Hills	1973	1:55.0*
Rich Wallace, Hasbrouck Heights	1975	*
John Mueller, Midland Park	1982	
Don Corbo, Saddle Brook	1970	*
49. Brian Barry, Don Bosco	1992	1:55.15
50. Halstine Lee, Hackensack	1976	1:55.1
51. Bob Kaczka, Don Bosco	1967	1:55.2*
Dan McNeilly, St. Mary's	1977	*
Steve Patterson, Ramapo	1977	*
Marquise Singletary, Hackensack	2000	
55. Frank Courtney, Bergen Catholic	1971	1:55.3*
George Mackay, Pascack Hills	1973	*
Mike Rice, Bergen Catholic	1975	*
Chris Sullivan, Ridgewood	1985	
Eric Berntsen, Ridgewood	1987	
Ryan Madrid, Paramus Catholic	2005	
61. Jim Wozny, Bergen Catholic	1974	1:55.4
62. Cavrel Silvera, Fort Lee	1997	1:55.58
Brian Burns, River Dell	2000	
64. Steve Haganir, Pascack Valley	1965	1:55.5*
Frank Stanton, Bergen Catholic	1977	*
Bob Arvidson, Don Bosco	1985	
Doug Palmadessa, Bergen Catholic	1986	
Dayne Mosconi, Tenafly	2009	
69. Maurice Hobson, Englewood	1959	1:55.6*
Ralph Bolognese, Paramus Catholic	1973	*

1600 METERS (*mile – 1.5)

1. Roger Jones, Ramsey	1977	4:06.6*
2. Kevin Byrne, Paramus Catholic	1977	4:07.8*
3. Steve Schadler, Bergenfield	1984	4:07.85*
Jones		4:08.1*
4. Bob Keino, Ridgewood	1994	4:09.35
Schadler		4:09.36
5. Chris Sullivan, Ridgewood	1985	4:10.54*
Byrne		4:11.0*

6. Rick Devine, Westwood Keino	1976	4:11.2*	4:11.42
7. Mike Belgiovine, Don Bosco	2010	4:11.45	
8. Chris Rae, Ridgewood Devine	1987	4:12.0*	
Jones			4:12.1*
Jones			4:12.3*
9. Rob Molke, Don Bosco	2009	4:12.52	
10. Byron Williams, Ridgewood	2005	4:12.71	
11. George MacKay, Pascack Hills Belgiovine	1973	4:12.6*	4:12.85
12. Kevin Conheaney, Hackensack (20 performances by 12 performers)	1971	4:13.0*	
13. John Malone, Bergen Catholic	1978	4:13.2*	
14. Jerry Carney, Paramus Catholic	1973	4:14.0*	
15. Brad Paternostro, Ramapo	2010	4:14.12	
16. Tim Conheaney, Paramus Catholic	1973	4:14.1*	
17. Patrick Rono, Lyndhurst	2010	4:14.35	
18. Bob McDermott, Paramus Catholic	1973	4:14.3*	
19. Chris Elliott, Ramapo	1970	4:14.8*	
20. Harry Carle, Bergen Catholic	1985	4:14.9	
21. Kevin Walsh, St. Joseph Regional	1973	4:15.1*	
22. Moses Mekbeb, Cliffside Park	1991	4:15.3	
23. Bill Leonard, Bergen Catholic	1978	4:15.4*	
John Jacobus, Saddle Brook	1978	*	
Joe LeMay, Ridgewood	1985		
26. Ari Zamir, Ridgewood	2004	4:15.5	
27. Eric Berntsen, Ridgewood	1987	4:15.7	
28. John Loeschhorn, Ramapo	1962	4:15.9*	
29. Frank Baldassare, Ramapo	1992	4:16.50	
30. Clark Woods, Pascack Valley	1974	4:16.5*	
Rick Granquist, Northern Highlands	1984		
Rick Rothschild, Paramus	1975	*	
33. Wayne Chiusano, Indian Hills	1973	4:16.7*	
34. Ron Speirs, Paramus	1969	4:16.8*	
35. Mike Cator, Ridgewood	2006	4:17.10	
36. Tom Tomai, Ridgewood	1975	4:17.1*	
Craig Venskus, Demarest	1975	*	
Barry Scanlan, Emerson	1976	*	
Rich Stukey, Teaneck	1974	*	
Jim McIntyre, Queen of Peace	1973	*	
41. Leighton Spencer, Don Bosco	2009	4:17.37	
42. Thomas Baldwin, Hackensack	1999	4:17.43	
43. John Bahnsen, Bogota	1975	4:17.4*	
Caiphus Vilakazi, Pascack Hills	1984		
45. Norbert Berenyi, Old Tappan	1986	4:17.5	
46. Rob Reeder, Northern Highlands	1992	4:17.6	
47. Jeff Rolf, Park Ridge	1974	4:17.7*	
48. Frank Noto, Bergen Catholic	1972	4:17.9*	
Greg Bloom, Queen of Peace	1979	*	
50. Brian Byrne, Bergen Catholic	1975	4:18.0*	
51. Bill Duffy, Bergen Catholic	1973	4:18.1*	
52. Mark Bednarz, Paramus Catholic	1988	4:18.3	
53. Rob Schwartz, Demarest	1983	4:18.5	

54. Rich Byrne, Ridgfield Park		1982	4:18.6
Kevin Clark, St. Joseph Regional		1968	*
56. Gary Riley, Queen of Peace		1972	4:18.7*
57. Greg Daniels, Hasbrouck Heights		1975	4:18.9*
58. Ryan Madrid, Paramus Catholic	2005	4:19.22	
59. Ben Diestel, Northern Highlands		2006	4:19.2
60. Conor Sullivan, Don Bosco		2007	4:19.36
61. James LaGreca, Demarest		2005	4:19.42
62. David Clayton, Wood-Ridge		1987	4:19.3
63. Rod Brunngraber, Dumont		1972	4:19.4*
64. Jim Reap, St. Cecilia's	1970	4:19.5*	
Josh Kauke, Ridgewood		2000	
66. Erik Nygaard, Ridgewood		2004	4:19.6
67. Cary Snyder, Demarest		1998	4:19.72
68. Rafael Vargas, Don Bosco		2010	4:19.97
69. Gary Rosenberg, Fair Lawn		1965	4:19.9*
Jack Conheaney, Paramus Catholic		1970	*
George Gusciora, Saddle Brook	1982		
Frank Lamberti, Mahwah		1983	
Eric Boucher, Ridgewood		1990	

3200 METERS (*2 mile -3.3)

1. Tim Conheaney, Paramus Catholic		1973	8:58.9*
2. George MacKay, Pascack Hills		1973	9:02.2*
3. Bob Keino, Ridgewood		1993	9:02.73
4. Eric Berntsen, Ridgewood		1987	9:05.7
Keino			9:06.06
5. John Eberle, Bergenfield		1979	9:06.9*
6. Harry Carle, Bergen Catholic		1985	9:07.6
7. Dan Emont, Ridgewood	2007	9:08.82	
8. Taro Shigenobu, Ridgewood		2009	9:08.91
9. Frank Lamberti, Mahwah		1983	9:08.8
10. Rob Reeder, Northern Highlands		1992	9:09.87
Berntsen			9:09.9
11. Robert Molke, Don Bosco		2008	9:10.41
12. Roger Jones, Ramsey		1977	9:10.3*
13. Kevin Conheaney, Hackensack		1971	9:10.4*
14. Kevin Byrne, Paramus Catholic	1976	9:11.3*	
15. Leighton Spencer, Don Bosco		2009	9:11.45
16. Bill Mahon, Bergen Catholic		1971	9:11.6*
17. Rich Byrne, Ridgfield Park		1982	9:12.0
Eberle			9:12.3*
(20 performances by 17 performers)			
18. Greg Miller, Northern Highlands		1973	9:12.5*
19. Joe LeMay, Ridgewood		1985	9:12.8
20. Rafael Vargas, Don Bosco		2010	9:13.33
21. Ken Flynn, Ramsey		1990	9:14.1
22. Caiphus Vilakazi, Pascack Hills	1984	9:14.5	
23. Bob Heller, River Dell		1976	9:14.7*
24. Frank Noto, Bergen Catholic		1972	9:15.8*
25. Rich Hubbard, Hackensack		1983	9:16.0
26. Scott Sarnoski, Bergen Tech		1978	9:16.4*
Russ Stevenson, Ramapo		1976	*
28. Eric Boucher, Ridgewood		1990	9:17.29

29. Ari Zamir, Ridgewood	2004	9:18.10
Mike Mitchell, Bergen Tech	2008	
31. Greg Bloom, Queen of Peace	1979	9:18.3*
Paul Marzan, Park Ridge	1976	*
33. Michael Cator, Ridgewood	2006	9:18.65
34. J.R. Meloro, Bergen Catholic	1990	9:19.9
35. Matt Illian, Pascack Valley	1995	9:20.27
36. Bill Leonard, Bergen Catholic	1978	9:20.2*
Jason Kaplan, Westwood	1987	
38. Norbert Berenyi, Old Tappan	1987	9:20.3
39. Steve Schadler, Bergenfield	1983	9:20.8
40. Larry Connolly, Bergen Catholic	1967	9:21.6*
41. Ian Leavesley, Mahwah	1979	9:22.1*
42. Sean Durkin, Don Bosco	1993	9:22.3
43. Kevin McCabe, Ridgewood	1987	9:22.4
Rick Devine, Westwood	1976	*
45. Howie Rosas, Don Bosco	2010	9:22.56
46. Rich Stukey, Teaneck	1974	9:22.7*
47. Chris Langan, Don Bosco	1992	9:23.2
48. Cary Snyder, Demarest	1997	9:23.74
49. George Gusciora, Saddle Brook	1982	9:23.9
50. Jim Bates, Pascack Hills	1977	9:24.1*
51. Mike Belgiovine, Don Bosco	2010	9:24.32
52. Kevin McOwen, Mahwah	1986	9:24.3
53. Bruce Mason, Ridgewood	1972	9:24.9*
54. Conor Sullivan, Don Bosco	2007	9:25.6
55. Jerry Carney, Paramus Catholic	1973	9:25.7*
56. Patrick Rono, Lyndhurst	2009	9:26.06
57. Jim Connor, Dumont	1973	9:26.0*
58. Bill Wraga, Northern Highlands	1975	9:26.3*
59. Matt Klypka, Indian Hills	2004	9:26.41
60. Mark Jaeckel, Saddle Brook	1974	9:26.5*
61. George Crosby, St. Joseph Regional	1967	9:26.7*
62. Barry Nelson, Pascack Hills	1976	9:26.9*
63. Peter Marzan, Park Ridge	1976	9:27.0*
64. Dave Greenblatt, Teaneck	1986	9:27.2
65. Ed Quinn, Ridgewood	1976	9:27.4*
Rob Schwartz, Demarest	1983	
Rick Granquist, Northern Highlands	1983	

110 METER HIGH HURDLES (also 120 yards)

1. Darius Pemberton, Hackensack	1992	13.96
2. Greg Horner, Don Bosco	1985	13.8
Jerome Pemberton, Hackensack	1986	
4. Dan Oquendo, Hackensack	2005	14.06
5. John Bykowski, St. Joseph Regional	1969	13.9
Anthony Pomo, Saddle Brook	2005	(14.43)
D. Pemberton		
7. Rasheed Goodlowe, Teaneck	1989	14.0
Monty Mason, Paramus Catholic	1993	
J. Pemberton		
Horner		
D. Pemberton		

D. Pemberton		
Goodlowe		14.25
9. Joe Swasey, Bergen Catholic	1990	14.31
Anthony DiCosmo, Paramus Catholic	1995	
11. Len Corn, Ramapo	1965	14.1
Bill Duren, Hackensack	1974	
Ken Thorpe, Indian Hills	1978	
Andy Paraison, Don Bosco	1994	
Anthony Hampton, Englewood	1994	
Corn		
Bykowsky		
J. Pemberton		
Paraison		
(25 performances by 15 performers)		
16. Selwyn Maxwell, Don Bosco	2010	14.37
17. Ken Leeson, North Arlington	1965	14.2
Ken Clarke, New Milford	1969	
Brian Hart, Paramus Catholic	1975	
Mike Stansfield, Garfield	1999	
21. Jermaine Boyd, Hackensack	2008	14.48
22. Jeremy Perussi, Demarest	2003	14.49
23. Brent Hobbs, Don Bosco	2001	14.53
24. Mark Doykos, Fort Lee	1968	14.3
Ken Stokes, New Milford	1974	
John Mounger, Northern Highlands	1970	
Rich Cirner, Paramus	1965	
Curtis Green, Teaneck	1984	
Nick Garrett, Saddle Brook	1999	
Ted Leshar, Northern Highlands	2006	
31. Ernest Wingate, Bergen Catholic	2010	14.57
32. Dennis Calacione, New Milford	2002	14.58
33. Greg Molnar, Mahwah	2002	14.59
34. Brandon Hambric, Teaneck	2009	14.62
35. Neil Tarulli, St. Joseph Regional	1968	14.4
Teddy Walker, Englewood	1967	
Ray Henry, Bergenfield	1969	
Jerry Karson, Fair Lawn	1970	
Eric Huettinger, New Milford	1971	
Jedd Hauck, St. Joseph Regional	1971	
John Ercolani, New Milford	1972	
Tony Ciccone, Fort Lee	1975	
Mike Rogers, Ridgewood	1975	
Greg Carney, St. Joseph Regional	1981	
Doug Miller, Tenafly	1981	
Dave Schuman, Saddle Brook	1992	
David Meyer, Ramsey	1996	
David Stein, Glen Rock	1996	
Mike D'Angelo, Ramsey	1996	
Jeff Berland, Glen Rock	2005	
Dan Chediak, Fort Lee	2009	(14.69)
In Soo Hwang, Ridgewood	2010	
53. Aaron Richardson, Hackensack	2001	14.66
Dan White, Glen Rock	2008	
55. Rishi Prabhu, Glen Rock	2000	14.67

56. Mike Santise, St. Joseph Regional		1995	14.68
Donovan Bolden, Leonia		2007	
58. Steve Pawlowski, Ridgewood		2001	14.70
59. Rich Ambrose, Northern Valley	1962	14.5	
Brad Baecht, Tenafly		1968	
Tom Walsh, Indian Hills		1969	
Scott Randall, Tenafly		1972	
Joe Ancona, Mahwah		1974	
Rawn Lindsay, Teaneck		1975	
Jeff Lane, Ridgewood		1975	
Rich Wankmuller, Ridgewood		1976	
Darryl McFarlane, Teaneck		1982	
Jeff Fedorchak, Lyndhurst		1989	
Chris Boyle, Becton		1994	
Simon Wu, River Dell		1996	

AUTO TIMING

1. Darius Pemberton, Hackensack		1992	13.96
2. Dan Oquendo, Hackensack		2005	14.06
3. Rasheed Goodlowe, Teaneck		1989	14.25
4. Joe Swasey, Bergen Catholic		1990	14.31
Oquendo			14.36
5. Selwyn Maxwell, Don Bosco		2010	14.37
6. Anthony Pomo, Saddle Brook		2005	14.43
Oquendo			14.46
7. Jermaine Boyd, Hackensack		2008	14.48
8. Jeremy Perussi, Demarest		2003	14.49
9. Brent Hobbs, Don Bosco		2001	14.53
10. Ernest Wingate, Bergen Catholic		2010	14.57
11. Dennis Calacione, New Milford	2002	14.58	
12. Greg Molnar, Mahwah	2002	14.59	
13. Mike Stansfield, Garfield		1999	14.61
14. Brandon Hambric, Teaneck		2009	14.62
15. Aaron Richardson, Hackensack		2001	14.66
Dan White, Glen Rock	2008		
17. Rishi Prabhu, Glen Rock		2000	14.67
18. Mike Santise, St. Joseph Regional		1995	14.68
Donovan Bolden, Leonia		2007	
20. Dan Chediak, Fort Lee	2009	14.69	
21. Steve Pawlowski, Ridgewood		2001	14.70
22. Akira Monri, Ridgewood		2008	14.75
23. Chris Castro, Bergen Tech		2007	14.77

400 METER HURDLES

1. Anthony Hampton, Englewood		1994	51.92
Hampton			52.01
Hampton			52.07
Hampton			52.08
Hampton			52.33
Hampton			52.37
Hampton			52.68
Hampton			52.76
Hampton			52.8
Hampton			53.1

2. Dave Lado, Ridgefield	2003	53.24
Lado		53.38
Hampton		53.3
3. P.J. Mastro, Paramus Catholic	1976	53.46
Lado		
Hampton		53.52
4. Darryl McFarlane, Teaneck	1982	53.4
Mastro		53.5
Hampton		53.54
5. Doug Miller, Tenafly	1984	
(20 performances by 5 performers)		
6. Mark Filandro, Indian Hills	2010	53.60
7. InSoo Hwang, Ridgewood	2010	53.64
8. John Porteous, Wood-Ridge	2010	53.65
9. Sean Rhinehart, Hackensack	1991	53.67
10. Rob Porter, Mahwah	1980	53.6
11. Lou Mastro, Paramus Catholic	1975	53.8
Jeremy Perussi, Demarest	2004	
13. John Parisi, Ridgewood	1983	53.9
14. Carmen Pizzuto, Saddle Brook	1988	54.16
15. Greg Horner, Don Bosco	1985	54.1
Doug Jackson, Hackensack	1980	
17. Kevin Ervin, Bergen Catholic	1992	54.24
18. Tony Long, Teaneck	1984	54.2
Mike Stansfield, Garfield	1999	
20. Joe Swasey, Bergen Catholic	1990	54.3
Mike D'Angelo, Ramsey	1997	
22. David Stein, Glen Rock	1996	54.49
23. Brian Burns, River Dell	2000	54.51
24. Anthony Crews, Mahwah	1997	54.53
25. Bob Howard, Old Tappan	1989	54.4
Greg Horn, River Dell	2003	
27. Rob McKay, Don Bosco	2002	54.57
28. Chris Stowers, Hackensack	1999	54.58
29. Dave Mullane, Bergen Catholic	1976	54.5
Earl Griffin, Teaneck	1989	
Sharif Webb, Don Bosco	2007	
32. Jermaine Boyd, Hackensack	2008	54.68
33. Fred Forcellati, Don Bosco	1984	54.7
Doug Shultz, Ridgewood	1987	
Joe Ancona, Mahwah	1974	*
36. Dan Oquendo, Hackensack	2004	
37. Simon Wu, River Dell	1996	54.91
38. Mark Psaltes, Fair Lawn	1986	54.8
Jerome Pemberton, Hackensack	1986	
David Schuman, Saddle Brook	1992	
41. Steve Wexler, Don Bosco	2008	54.96
42. Joe Johnson, Paramus	2004	55.05
43. Tony Mignon, Fort Lee	1983	55.0
Joe Russomanno, Indian Hills	1985	
Johnny Sylvain, Hackensack	2000	55.14
46. Phil Bazzini, Dumont	1988	55.1
Paul Von Dohlen, Tenafly	1990	
Pat Hyppolite, Don Bosco	1994	
Tom McCabe, Don Bosco	1995	

50. Vin Gareffa, Hasbrouck Heights	2005	55.25
51. Jim McGarvey, Mahwah	1990	55.32
52. Billy Leonard, Bergen Catholic	2010	55.34
53. Jamie Bucher, Tenafly	1984	55.2
Joe Robinson, River Dell	2000	
55. Greg Hazell, Don Bosco	2010	55.35
56. Brandon Gregory, Old Tappan	2010	55.37
57. Daquan Huffin, Palisades Park	2004	55.38
58. Derrick Osborne, Hackensack	1982	55.3
Paul Zeuke, New Milford	1985	
John O'Keefe, Dumont	1989	
Niall Buckley, Ridgewood	2007	
Evan Shaker, Paramus Catholic	2007	
Marc Fulson, Paramus Catholic	1998	55.44
64. Erik Moutenot, Mahwah	2010	55.50
65. Tim Kelley, Ridgewood	1982	55.4
Ken Ebeling, Mahwah	2005	
67. Anthony Tripodi, Cliffside Park	2010	55.59
68. Bob Arvidson, Don Bosco	1985	55.5
S.Y. Kim, Bergen Catholic	1983	
Preston Young, Indian Hills	1992	
71. Keith Brunner, River Dell	2005	55.65
72. Jon Levis, River Dell	1997	55.68

SHOT PUT

1. Andy Papathanassiou, Emerson	1985	68-3
Papathanassiou		66-6
Papathanassiou		66-2 ½
2. Steve Adams, St. Joseph Regional	1970	66-0 ½
Papathanassiou		65-8 ½
Adams		65-6 ½
Papathanassiou		65-3
Papathanassiou		64-7
Adams		64-1 ½
3. Ron Kort, Mahwah	1976	63-10
4. Dave Laube, Fair Lawn	1979	63-7
Adams		
5. Bob Brady, St. Joseph Regional	1970	63-6
Papathanassiou		63-4 ½
Laube		63-1
Adams		
Adams		
Adams		63-0
Adams		62-11
Papathanassiou		62-9
(20 performances by 5 performers)		
6. Mike Theuerkauf, Demarest	1988	62-6 ½
7. Mark Saner, St. Joseph Regional	1975	62-6
8. Frank Chamberlin, Mahwah	1996	61-9 ½
9. Ray Sahadi, Tenafly	1974	61-9
10. Scott Miller, Elmwood Park	1986	61-7 ½
11. Kevin Quinn, Cresskill	1990	61-3 ½
12. Scott DeCandia, St. Joseph Regional	1974	61-3

13. Hatch Rosdahl, Ridgefield Park	1959	61-2
14. Bruce Hedendahl, Paramus	1965	61-1 ½
15. John Farrell, Teaneck	1980	61-0
16. Randy Sokolik, New Milford	1968	60-6
17. Jason Miller, Elmwood Park	1988	60-1
18. Geoff Goidell, Pascack Hills	2007	59-4
19. Conrad Coye, Hackensack	1979	59-2 ¾
20. Marcus Thomas, Hackensack	1982	59-2 ½
21. Lou Kertesz, Ramsey	1981	59-1
Jon Lampert, Demarest	1982	
23. Mike Alberts, Paramus Catholic	1969	58-11 ½
Matt Elkas, Ramsey	2000	
25. Jeff Sokolik, New Milford	1973	58-6 ½
26. Dave Cassens, Demarest	1984	58-5
Jim Munier, Hackensack	1976	
28. Mark Thalasinis, Rutherford	1976	58-2
29. Tom Stripe, Mahwah	2006	58-1 ¾
30. Len Haak, River Dell	1972	58-1 ½
Steve Saner, St. Joseph Regional	1967	
32. Tom Lanzalotto, Paramus Catholic	1977	57-9 ½
33. Rai Schultz, Indian Hills	1969	57-8 ½
34. Bob Celentano, Demarest	1977	57-8
35. Dom Ragueso, Dumont	1972	57-7
Mike Murphy, New Milford	1999	
37. Bill Mowery, Indian Hills	1971	57-5 ½
38. Paul Comarato, River Dell	1969	57-5 ¼
39. Robert Mompont, Teaneck	1993	57-5
Shaun McGregor, Bergen Catholic	1996	
41. Mike Burke, Bergen Catholic	1971	57-4 ½
42. Steve Ratz, Indian Hills	1983	57-4
43. Bob Kratch, Mahwah	1984	57-3 ¾
44. Joe Addis, Bergen Catholic	1966	57-3 ½
45. Nick Carrelle, Fort Lee	1970	57-3
Wesley Walton, Demarest	1982	
Patrick Cole, Hasbrouck Heights	2010	
48. Jim Van Mansart, Northern Highlands	1971	57-2 ¼
49. Tony Ruggeri, Bergen Catholic	1972	57-1 ½
Bill DeBoer, Glen Rock	1964	
51. Matt Fuchs, Saddle Brook	1977	57-0 ¾
52. Valbert Wyche, Hackensack	2002	57-0
53. Randy Stalter, Saddle Brook	1975	56-11 ½
54. Jeff Lucas, Hackensack	1982	56-11

DISCUS

1. Mike Buncic, Fair Lawn	1980	189-2
2. Scott Hersh, Fort Lee	1975	187-10
Hersh		187-0
Hersh		186-9
3. Bruce Hedendahl, Paramus	1965	186-5
4. Steve McGovern, Dumont	2002	185-0
Hersh		184-9
Buncic		183-9
5. Steve Adams, St. Joseph Regional	1970	181-9

McGovern		181-5
McGovern		181-2
6. Andy Papathanassiou, Emerson	1985	181-1
7. Dave Laube, Fair Lawn	1979	180-9
McGovern		180-6
Hedendal		180-7
Hersh		180-0
Hersh		179-11
8. Neil Socha, Paramus	1965	179-9
Hedendal		
9. Scott Miller, Elmwood Park (20 performances by 9 Performers)	1986	178-9
10. Stephen Mozia, Hackensack	2010	177-9
11. Terrance Mosley, Hackensack	1981	176-7
12. Dana Ellis, Ramapo	1981	176-2
13. Tom Lanzalotto, Paramus Catholic	1977	175-7
14. Kevin Quinn, Cresskill	1990	174-11
15. Dave Nowacki, Hackensack	1976	174-9
16. Chuck D'Amico, Bergen Catholic	1974	174-8
17. Hatch Rosdahl, Ridgefield Park Jim Quinn, Paramus Catholic	1959 1974	174-0
19. John Farrell, Teaneck	1980	173-11
20. Shaun McGregor, Bergen Catholic	1995	173-9
21. Bruce Carlson, Paramus Mel Landis, Pascack Hills	1969 1983	172-0
23. Larry Jansson, Demarest	1977	171-8
24. John Farelli, River Dell	2010	171-3
25. Nick Carelle, Fort Lee	1970	170-8
26. Charles Yalovister, North Arlington	2000	170-4
27. Luis Castillo, Garfield	2001	169-7
28. Tom Kaiser, Old Tappan Bob Kratch, Mahwah	1977 1984	169-2
30. Rich Civil, Fort Lee	1964	168-4
31. George Ennis, Paramus Catholic	1974	168-0
32. Jim Fischer, Bergen Catholic	1998	167-11
33. Frank Casella, Leonia	1977	167-10
34. Brendan Gareffa, Hasbrouck Heights	2007	167-7
35. Marcus Thomas, Hackensack	1981	167-6
36. John Camper, Ramapo	1986	167-5
37. Randy Hooks, River Dell	1968	167-4
38. Steve Saner, St. Joseph Regional	1967	166-7
39. Bob Brady, St. Joseph Regional Larry Biggs, Saddle Brook	1970 1976	166-5 166-4
41. Paul Cronin, Indian Hills	1979	165-11
42. Wesley Walton, Demarest Mike Murphy, New Milford	1982 1999	165-10
44. Dave Cassens, Demarest	1984	165-5
45. Bob Ellis, Ramapo	1976	165-4
46. Adam White, Bogota	1987	165-0
47. Bob Celentano, Demarest	1978	164-10
48. Mike Alberts, Paramus Catholic	1969	164-4
49. Chris Onorato, Hasbrouck Heights	2005	164-1
50. Dimitri Jacotin, Don Bosco	1990	163-11
51. Mark Saner, St. Joseph Regional	1974	163-10

52. Keith Woetzel, Waldwick	1978	163-9
53. Adam Scholze, Ramapo	1998	163-7
54. Randy Stalter, Saddle Brook	1975	163-5
55. Ken Miller, Tenafly	1963	163-4

JAVELIN (OLD)

1. Mike Collins, Don Bosco	1978	222-6
2. Bruce Bacchiocchi, Dumont	1982	222-5
Collins		220-11
3. Bob Erskine, North Arlington	1982	220-8
4. John Dixon, Ridgefield Park	1997	219-3
Bacchiocchi		218-5
Bacchiocchi		216-8
5. Bill Parisi, Ridgefield Park	1985	216-4
Collins		216-1
Bacchiocchi		214-2
Bacchiocchi		213-11
Parisi		213-2
Collins		213-0
6. Justin Schwartz, Glen Rock	1995	212-8
Bacchiocchi		212-6
Bacchiocchi		211-10
Erskine		211-5
Collins		211-1
7. Anthony Hayne, Ridgefield Park	1993	210-7
Bacchiocchi		209-6
(20 performances by 7 performers)		
8. Andy Soltes, Dumont	1982	208-2
Steve Bay, Dumont	2001	
10. Rich Kyasky, River Dell	1988	206-9
11. Greg Munier, Hackensack	1979	203-10
12. Miles Austin, Garfield	2001	203-7
13. Pablo Mariano, Demarest	1984	203-0
14. Frank Bellini, Becton	1982	202-0
15. Bill Hoy, Don Bosco	1976	201-9
16. Craig Paskas, Rutherford	1987	201-0
17. Will Arroyo, Ridgefield Park	1999	200-11
18. Carl Von Tobel, Dumont	1992	199-8
19. Steve Roseme, Demarest	1983	198-11
20. J.D. Murdock, Ridgewood	1998	198-8
21. George Buxman, Mahwah	1964	198-5
22. Ed Baisley, Tenafly	1985	196-7
23. Dwayne Rivera, Demarest	1989	196-1
24. Tom Healy, Queen of Peace	1978	196-0
25. Rich Hauck, Don Bosco	1984	193-9
26. Jerry Cawley, Saddle Brook	1981	193-0
27. Matt Fuchs, Saddle Brook	1977	192-10
28. Chris Klapsis, Cliffside Park	1990	192-4
29. Howie Bergstwin, Tenafly	1985	192-2
Bob Pilsbury, Demarest	1985	
31. Matt Bauer, Don Bosco	1978	191-10
32. Ian Sample, Westwood	2000	191-5
33. Jim Masker, Ramsey	1974	191-1
34. Chinua Laud, Leonia	1998	190-1

35. John Chance, Rutherford	1977	189-8
Al Krynicki, North Arlington	1983	
37. Joe Mackey, Paramus Catholic	1981	189-7
38. Frank Jesch, Cresskill	1976	189-0
George Milani, Tenafly	1991	
40. Jim Hock, Mahwah	1987	188-5
41. Dan Respoli, Queen of Peace	1976	188-4
42. Dave Walker, Saddle Brook	1987	188-1
43. Carl Straw, Fair Lawn	1986	187-8
44. Bob Donahue, Bergen Catholic	1981	187-5
Eric Lowenstein, New Milford	1999	
46. Ian Gordon, Garfield	1994	187-4
47. John Grubb, Ridgewood	2000	187-2
48. Mike Stansfield, Garfield	1999	187-1
49. Joe Hill, Rutherford	1986	186-7
50. John Hanley, Glen Rock	1996	186-4

JAVELIN (NEW)

1. Kaleb Zuidema, Midland Park	2010	224-1
Zuidema	220-8	
Zuidema	216-6	
Zuidema	214-7	
Zuidema	211-10	
Zuidema	209-6	
2. Kevin Steimle, Mahwah	2009	209-5
3. Erik Heymann, Westwood	2005	206-11
Zuidema	206-0	
4. Jim Malizia, St. Joseph Regional	2002	203-7
5. Joe Gingerelli, Wood-Ridge	2008	202-6
Zuidema	202-5	
6. Steven Pierce, Ridgewood	2006	202-0
Gingerelli		201-9
Steimle	2009	200-6
7. Kyle Elliott, Cresskill	2008	200-2
Elliott		199-2
Gingerelli		197-5
Steimle		197-2
Zuidema	196-3	
(20 performances by 7 performers)		
8. Paul Rosiak, Wood-Ridge	2002	192-4
9. Steve Iafrate, Demarest	2010	191-8
10. Doug Cerniglia, Ridgefield Park	2006	191-4
11. Mark Peck, Wood-Ridge	2008	
12. Bryan Fill, Hasbrouck Heights	2006	190-5
13. Matt Fleck, Becton	2010	187-11
14. Martin Gumowski, Wood-Ridge	2004	186-0
15. Anthony Immediate, Rutherford	2002	185-2
16. Miles Austin, Garfield	2002	185-1
17. Andrew Zuidema, Midland Park	2004	184-9
Max Katzner, Bogota	2007	
19. Chris Molinaro, Paramus Catholic	2007	184-1
20. Andrew Dagenais, Glen Rock	2004	184-0
21. Pat Thomas, Lodi	2009	183-5

22. Tyler Potterton, Demarest	2009	182-4
23. James Woods, Demarest	2005	181-3
24. Carl Schnek, Rutherford	2009	180-1
25. Mike Carrero, Wood-Ridge	2002	179-4
26. Mike Bieszard, Midland Park	2008	178-7
27. Alex Berberian, Old Tappan	2004	178-6
28. Tomasz Dlugozima, Wallington	2009	178-2
29. Adam Whitelaw, Ridgewood	2003	177-8
30. Charles Weinfeld, Old Tappan	2006	177-7
31. Gerard Lanzerotti, Wood-Ridge	2009	177-0
32. Charles Woods, Demarest	2010	176-0
33. Ali Metwali, New Milford	2009	175-7
34. Kurt Von Weisenstein, Indian Hills	2006	175-4
35. Steve Guzek, Park Ridge	2005	175-0
Chris Luna, Wood-Ridge	2009	
Tyler Yee, Don Bosco	2010	
38. Paul Trass, River Dell	2002	174-7
39. Justin Murphy, Paramus Catholic	2005	174-6
Tim Trochanowski, River Dell	2010	
41. Andrew Trass, River Dell	2007	174-2
42. Graham Stewart, Demarest	2005	174-0
43. Alex Quintinilla, Ridgefield Park	2002	173-10
44. Chris Swarctz, Glen Rock	2003	173-8
45. Brian Bovino, Northern Highlands	2006	173-4
46. Dillon Rodgers, Bogota	2009	173-2
47. Brandon Gareffa, Hasbrouck Heights	2007	171-10
Dan Rounds, Mahwah	2009	
49. Nick Cantone, Becton	2002	171-6
50. Frank Tangerife, Hackensack	2004	170-10
51. Kyle Kolich, Rutherford	2006	170-8
52. Alex Cortes, River Dell	2009	170-2
53. Dan Kroner, Indian Hills	2004	170-1
54. Anthony Seidel, Hasbrouck Heights	2010	169-8
55. Mike Klejmont, Hackensack	2004	169-6
56. Tom Lester, Ramsey	2006	169-3
57. Joe Slavik, Rutherford	2003	168-10
58. Connor Bratynski, Saddle Brook	2009	168-6
59. Dan Woods, Demarest	2004	168-1
60. John Connolly, St. Joseph Reg.	2010	167-6
61. David Zurla, Rutherford	2009	167-1
62. Seb Luna, Wood-Ridge	2008	167-0
Zach Ketcho, Hasbrouck Heights	2008	
64. Mike Goodell, Midland Park	2002	166-5
65. Jon Collins, Midland Park	2008	165-11
66. Emmitt Dressler, Demarest	2010	165-10
67. Brian Oliver, Cresskill	2005	165-8
68. Dan Brown, Bogota	2009	165-3
69. Jason Nielsen, Wood-Ridge	2004	165-1
70. Kevin Russo, Dumont	2005	164-11
71. Michael London, Midland Park	2004	164-9
72. Sean Cannon, Westwood	2005	164-4
73. Tyler Demmerle, Pascack Hills	2010	163-10
James Bassen, Tenafly	2010	

75. Sean Rothenburger, Elmwood Park		2007	163-8
Marc Aspinwall, Ridgefield Park		2010	
77. Adito Feria, Leonia		2008	163-7
78. Tom Miletic, Fort Lee		2004	163-4
Kenneth Couto, Lodi		2010	
80. Julien Ciku, Lodi		2009	163-1
81. Jack Korsgen, Old Tappan		2008	162-9
82. Joe Salame, Lodi		2010	162-5
83. Joe Lodziato, Garfield		2002	162-2
84. Eddie Smolen, North Arlington	2009	162-1	
85. Andrew Goldman, Wood-Ridge	2008	161-4	
86. Mark Maniaci, Ridgewood		2010	161-3
87. Anthony Pelletre, Fair Lawn		2006	161-2
88. Sean Connell, Leonia		2003	161-0
Jeremy DeSane, Elmwood Park		2004	
90. Ray McCool, North Arlington		2003	160-10
Chris Churchill, Leonia		2010	
92. John Lee-Hugh, St. Joseph Regional		2002	160-9
Samir Perez, Saddle Brook		2002	
94. Kenroy Morrison, Westwood		2006	160-8
95. Kyle Langan, Paramus Catholic	2008	160-5	
96. Pat Cannon, Westwood		2002	160-4
97. Nicky Marino, Lyndhurst		2010	159-11
98. Simon Lee, Fort Lee		2004	159-9
99. Mark Hannon, Glen Rock		2003	159-6
100. Ancadius Mbagaya, Mahwah		2005	159-5
Bob Congalton, Ridgefield		2005	
Andy Perdeu, Park Ridge		2006	
Daniel Muth, Old Tappan		2008	

HIGH JUMP

1. Scoot Palmer, Teaneck		1979	6-10
Darius Pemberton, Hackensack		1993	
Godfrey Gordon, Garfield		1995	
4. Skip Johnson, Hackensack		1972	6-9
Mike Bradley, Teaneck		1994	
Jean Beljour, Hackensack		2003	
Palmer			6-8 ½
7. Ken Crusius, Hackensack		1966	6-8
Mike Curti, Dumont		1979	
Mike Nelson, Englewood		1979	
Tracy Browne, Teaneck		1984	
Thaniel Robinson, Englewood		1994	
Deke DeFreese, Mahwah		1995	
Eumir Rahman, Hackensack		1998	
Brent Hobbs, Don Bosco		2001	
Kevin Bostick, Bergen Catholic		2008	
Tommy DeVita, Ridgewood		2010	
Curti			
Johnson			
Johnson			
Johnson			
Pemberton			
Bradley			

Gordon

DeVita

(26 performances by 16 performers)

17. Pete Rutherford, Ridgewood	1972	6-7
Doug Boyd, Old Tappan	1982	
Anthony Velasquez, Don Bosco	1988	
Rich Robinson, St. Joseph Regional	1989	
21. Dave Kruse, Tenafly	1992	6-6 $\frac{3}{4}$
22. Steve Kunze, Saddle Brook	1967	6-6 $\frac{1}{2}$
23. Jim Hennessey, Paramus	1977	6-6 $\frac{1}{4}$
24. Ken Leeson, North Arlington	1965	6-6
Jeff Fried, New Milford	1968	
Curt LoPresti, Paramus	1971	
Don Holmes, Paramus Catholic	1974	
Mark Kennedy, Paramus Catholic	1975	
Ken Jones, Ramsey	1979	
Dan Porter, Pascack Valley	1980	
Bill Polise, Bergen Tech	1981	
Mike Cimilucca, Lyndhurst	1983	
Clive Anderson, Ridgefield Park	1986	
Pat Sanders, Ramapo	1986	
Darryl Roberts, Teaneck	1987	
Tom DiBuono, New Milford	1987	
Eric Princen, Cresskill	1987	
Brian Weis, Old Tappan	1988	
Jeff Barat, Bergen Tech	1988	
Jeff Heal, New Milford	1991	
Willie Best, Hackensack	1991	
Tyrone Byers, Mahwah	1993	
Matthew Walker, Englewood	1993	
Donnel Hatter, Ridgefield Park	1994	
Kevin Kirstein, Demarest	1994	
Jim Davis, Ridgewood	1995	
James Van Orden, Don Bosco	1997	
Mike Stansfield, Garfield	1998	
Dario Peynado, Paramus Catholic	1999	
Ayo Oluwole, St. Joseph Regional	2000	
Greg Powell, Westwood	2002	
Oderick Turner, Teaneck	2005	
Dennis Wilson, Ramsey	2010	
54. Walt Sinicki, Waldwick	1975	6-5 $\frac{3}{4}$
55. Tyrone Bowens, Mahwah	1978	6-5 $\frac{1}{2}$
Barry Sheppard, Tenafly	1967	
57. Kurt Von Weisenstein, Indian Hills	2006	6-5 $\frac{1}{4}$
58. Steve Finlay, Bergen Catholic	1966	6-5
Bob Planker, Ridgefield Park	1968	
Steve Lanzalotto, Paramus	1970	
Wayne Purcell, Englewood	1970	
Jim Donahue, Queen of Peace	1975	
Joe Socha, Garfield	1976	
Dean Lodmell, Indian Hills	1977	
Tom DeVita, Bergen Catholic	1981	
Mark DeAngelus, Tenafly	1988	
Jamie Klein, Mahwah	1988	

Markus Burns, Bergen Catholic	2002
Chris Andretta, Glen Rock	2004
Anthony Orovio, North Arlington	2008

TRIPLE JUMP

1. Chris Phipps, Lodi	2008	50-5
2. Darius Pemberton, Hackensack	1992	49-9
Phipps		49-4 ½
Phipps		49-4 ¼
Phipps		49-1 ½
3. Anthony DiCosmo, Paramus Catholic	1995	49-0 ½
DiCosmo		48-10
Phipps		48-5 ¼
DiCosmo		48-4 ¾
Phipps		48-3
4. Vernard Hoover, Hasbrouck Heights	2004	48-2 ¼
5. Craig Halyard, Ridgewood	1988	48-2
DiCosmo		
Phipps		
Halyard		48-1 ¼
Halyard		48-1
6. Ed Alston, Hackensack	1982	48-0 ½
Gerald Spears, Teaneck	1989	
Phipps		
Pemberton		
(20 performances by 7 performers)		
8. Kevin Bostick, Bergen Catholic	2008	48-0
9. Harold Blyden, Bergenfield	2005	47-10 ½
10. Kwame Collins, Northern Highlands	2005	47-9 ½
11. Greg Hazell, Don Bosco	2010	47-6 ¾
12. Dave Frazier, Rutherford	1989	47-5 ½
13. John Augustynowycz, Rutherford	2000	47-4 ½
14. Ted Leshner, Northern Highlands	2006	47-2 ¼
15. Ralph Davis, Paramus	2003	46-9 ½
16. John Lyons, Don Bosco	1985	46-8 ½
17. Joe Johnson, Hackensack	1986	46-7 ¼
18. Don Jarvis, Indian Hills	1978	46-6 ¾
19. Weston Daniel, Bergenfield	2002	46-6 ½
Val Terebizh, Fort Lee	2006	
21. Lamonte Brown, Demarest	1987	46-4 ½
22. Brett Henderson, Dumont	2002	46-4
23. Sean Gayle, Teaneck	1988	46-3 ¼
24. Phillip Dowell, Englewood	2010	46-2 ¾
25. Walter King, Hackensack	1996	46-2 ¼
Conroy Walker, Hackensack	2009	
27. Mitch Bennett, Paramus Catholic	2007	46-1 ¾
28. Chris Hewitt, Englewood	1992	46-0
29. Chris Charles, Park Ridge	2000	45-10 ½
30. Angel Lora, Garfield	2010	45-10
31. Mikkell Brown, Glen Rock	1996	45-9 ½
32. Neal Okarter, Westwood	1998	45-8
Jeff Sejour, Don Bosco	2002	
Gabe Knutson, Ridgewood	2004	
35. Rowan Clarke, Teaneck	2002	45-7 ½

36. Sammy Roberts, Mahwah		2010	45-6 $\frac{3}{4}$
37. Jamal Williams, Teaneck		2010	45-6
38. Dan Wu, Tenafly		2008	45-5 $\frac{1}{4}$
39. Larry Bowens, Mahwah		1979	45-5
Ed Baisley, Tenafly		1985	
41. Nick Garrett, Saddle Brook		1999	45-4 $\frac{1}{4}$
42. Godfrey Gordon, Garfield		1995	45-3
43. Scoot Palmer, Teaneck	1978	45-2 $\frac{1}{2}$	
Colin Cunningham, Englewood		2010	
45. John Devine, Waldwick		1975	45-2
Marquis Mitchell, Bergenfield		2004	
47. Joe Socha, Garfield		1976	45-1 $\frac{1}{2}$
48. Anthony Jacobs, Englewood		1993	45-1
49. Chris Robinson, Teaneck		1979	45-0 $\frac{1}{2}$
Steve DuPlessy, Ridgefield		1994	
51. David Dennis, Hackensack		2003	45-0
Andy Lim, Leonia		2003	
Orestes Medina, Palisades Park		2005	
54. Shane Smith, Hackensack		2007	44-11 $\frac{3}{4}$
55. Kevin Edwards, Hackensack		1982	44-10 $\frac{3}{4}$
Derrick Horner, Don Bosco		1988	
57. William Winston, Teaneck		1976	44-10 $\frac{1}{2}$
Aaron Finley, Teaneck	1992		
59. Tevin Ankle, Glen Rock		2009	44-10
60. Len Corn, Ramapo		1965	44-9 $\frac{3}{4}$
61. Paul Berberian, Old Tappan		1998	44-9 $\frac{1}{2}$
62. Jamal Hayletts, Bergenfield		1993	44-9
Bernie Hayes, St. Joseph Regional		1998	
Patrick McManus, St. Joseph Regional		1999	
65. Chris Cusumano, Westwood		1987	44-8 $\frac{3}{4}$
Jacques Brutus, Don Bosco		1990	
67. Matt Gilbert, Englewood		1977	44-8 $\frac{1}{2}$
Frank Polise, Bergen Tech		1978	
Jim McGarvey, Mahwah		1990	
Sheldon Smith, Teaneck		1999	
Colin Pierce, Northern Highlands		2003	
72. Mike Stansfield, Garfield		1999	44-7 $\frac{3}{4}$
Selvin Green, Saddle Brook		2010	
74. Tony Hayes, Hackensack		1988	44-7 $\frac{1}{2}$
75. Ken Jones, Ramsey		1979	44-7
Rasheed Goodlowe, Teaneck		1989	
Bryan Rodgers, Englewood		2010	

LONG JUMP

1. Corey Crawford, Indian Hills		2010	25-0 $\frac{1}{2}$
2. Darius Pemberton, Hackensack		1993	24-11
Pemberton			
Pemberton			24-9 $\frac{1}{2}$
Crawford			
Crawford			24-4 $\frac{3}{4}$
Crawford			24-2 $\frac{3}{4}$
3. Rich Cirner, Paramus		1965	24-1 $\frac{1}{2}$
Derrick Horner, Don Bosco		1988	

Crawford		
Pemberton		24-0 ½
Crawford		23-9
Crawford		
5. Dennis Pearson, Englewood	1970	23-8 ½
Conroy Walker, Hackensack	2010	
7. Mikkell Brown, Glen Rock	1997	23-8
8. Joseph Im, Rutherford	1997	23-7 ½
9. Len Corn, Ramapo	1965	23-6 ¾
10. Chris Phipps, Lodi	2008	23-6 ¼
11. Chris Hewitt, Englewood	1992	23-5 ¼
Crawford		
(21 performances by 11 performers)		
12. Joe Johnson, Hackensack	1986	23-5
13. Quentin Walker, Teaneck	1978	23-2 ½
Phillip Dowell	2010	
15. Roy Carlton, Teaneck	1962	23-2
16. Rich Flubacher, Ramapo	1959	23-0 ½
17. Kwame Collins, Northern Highlands	2006	23-0 ¼
Dan Wu, Tenafly	2008	
19. Ackeme Brown, Englewood	2009	23-0
20. Gerald Spears, Teaneck	1989	22-11
21. Craig Halyard, Ridgewood	1989	22-10
Shawn Samuels, Englewood	1996	
23. Pat McManus, St. Joseph Regional	2000	22-9 ½
24. Anthony Pomo, Saddle Brook	2005	22-9
25. Bob Lewis, Westwood	1954	22-8
Ausar Walcott, Hackensack	2007	
27. Don Jarvis, Indian Hills	1977	22-7 ½
Anthony DiCosmo, Paramus Catholic	1995	
29. Jeff Mattner, Pascack Valley	1977	22-7
30. Vernard Hoover, Hasbrouck Heights	2003	22-6 ¾
31. Jose Ventoso, Lyndhurst	1965	22-6 ½
32. Leslie Bonsu, Bergen Tech	2005	22-6 ¼
Stan Finney Sr., Hackensack	1970	
34. Lou Bocage, St. Mary's	1967	22-5 ¾
Pat Mitchell, New Milford	2008	
Greg Hazell, Don Bosco	2010	
37. Tony Hayes, Hackensack	1988	22-5 ½
Rommel Chatman, Midland Park	1993	
Orestes Medina, Palisades Park	2005	
40. John Lyons, Don Bosco	1985	22-5 ¼
41. Curtis Green, Teaneck	1984	22-5
Kevin Edwards, Hackensack	1982	22-4 ½
Neal Okarter, Westwood	1998	
Miles Austin, Garfield	2002	
Rob Richardson, Garfield	2002	
46. Brent Hobbs, Don Bosco	2001	22-4
47. Jim Kelleher, Ramapo	1965	22-3 ¾
Doug Roder	1967	
Rich Caputo, St. Mary's	1970	
John Deschamps, Ridgefield Park	1994	
51. Ed Whelan, Bergen Catholic	1967	22-3 ½

E.J. Schuck, Westwood		2005	
Bob Jacobs, Saddle Brook		1970	
Dunlap, Teaneck		1941	
55. Richie Lewis, Westwood		1959	22-3
Vince Woolley, Pascack Valley		1965	
Ed Alston, Hackensack		1982	
Ernest Simmons, Englewood		1992	
Dave Lopez, Paramus Catholic		1993	
60. Lou Mastro, Paramus Catholic		1976	22-2 $\frac{3}{4}$
Angel Lora, Garfield		2010	
62. Bill Hooks, River Dell		1961	22-2 $\frac{1}{2}$
Matt Fialkoff, Ramsey		1989	
Aaron Finley, Teaneck	1991		
65. Dave Frazier, Rutherford		1989	22-2
Akeem Thomas, Teaneck		2007	
67. Al Williams, River Dell		1969	22-1 $\frac{3}{4}$
Brian Frazer, Demarest		1995	
69. Dennis Tinsley, Englewood		1971	22-1 $\frac{1}{2}$
70. Ralf Stegmann, River Dell		1962	22-1
Justin Everett, Paramus Catholic		1991	
Chris DeGannes, St. Joseph Regional		2005	
73. Fred Mina, Ridgewood		1967	22-0 $\frac{3}{4}$
Walter King, Hackensack		1996	
John Porteous, Wood-Ridge		2010	
76. Larry Bowens, Mahwah		1979	22-0 $\frac{1}{2}$
Greg Stripe, Mahwah		2007	
78. John Totaro, Tenafly		2006	22-0 $\frac{1}{4}$
79. Ed Baisley, Tenafly		1984	22-0
Leo Viana, Cliffside Park		1993	

POLE VAULT

1. Juan Andres Giglio, Ridgefield Park		2010	15-4 $\frac{1}{4}$
2. Matt Psaltis, Fair Lawn		1992	15-3
3. Gabe Knutson, Ridgewood		2004	15-1
Greg Stripe, Mahwah		2007	
Psaltis			
Stripe			15-0
5. Greg Hoffman, Park Ridge		2009	
Stripe			14-9
6. Jake Ricciardi, Ridgewood		2005	14-8
Giglio			
7. Mark MacCracken, Tenafly		1972	14-7 $\frac{1}{2}$
8. Dan Cooper, Ridgewood		2000	14-7
Stripe			
Giglio			
Tim Blashford, Ramapo	2007		
10. Alan Schepps, Teaneck		1976	14-6
Dave Dickey, Teaneck		1981	
Troy Cromwell, Pascack Valley		1991	
Adam Sacher, Pascack Valley		2004	
Paul Kovach, Ridgewood		2006	
Matt Steeg, Don Bosco		2007	
Dan Nyfenger, Demarest		2010	
Cromwell			

Sacher		
Knutson		
Sacher		
Sacher		
Stripe		
Stripe		
Hoffman		
Hoffman		
Hoffman		
Hoffman		
Giglio		
Giglio		
Giglio		
(35 performances by 16 performers)		
17. Kevin Sofia, Ramsey	2008	14-4
18. John Wisener, Ridgewood	2010	14-3 ¼
19. Steve Natusch, Pascack Valley	1973	14-2 ½
20. Rich Miller, Cresskill	1990	14-2
21. Ken Scheider, Don Bosco	1999	14-1 ¼
22. George Vallone, Bergen Catholic	1972	14-0
Dean Lodmell, Indian Hills	1977	
Ed Rice, Don Bosco	1986	
Mike Bobovnik, Fort Lee	1993	
Ryota Uetani, Demarest	1995	
Colin Mutchler, Old Tappan	1995	
Bryan Kiel, Fair Lawn	1995	
Owen Pope, Hackensack	2001	
Tom McCormick, Don Bosco	2003	
Ed Chin-Lyn, Mahwah	2004	
Austin Schaller, Old Tappan	2008	
Brad Hoey, River Dell	2010	
34. Mike Van Grouw, Mahwah	1993	13-9 ½
35. Rob O'Shea, Glen Rock	1983	13-9
36. Bujar Nake, Hackensack	1970	13-8
37. Mark Rossi, Pascack Valley	1973	13-7 ½
38. Tom Hayes, St. Joseph Regional	1967	13-7
Gareth Hedges, Westwood	1999	
40. Buzz Crouch, Englewood	1965	13-6 ½
Frank Palnik, Ridgefield park	1965	
42. Dave Barthold, Paramus	1971	13-6
Rene Reist, River Dell	1972	
Jim Redington, Hackensack	1972	
Don Criscione, River Dell	1973	
Jim Lehach, Paramus	1973	
Jack Sadlon, Pascack Valley	1973	
Marty Wilson, Paramus Catholic	1973	
Jean-Pierre Poulaille, Lodi	1974	
Curt Baer, Northern Highlands	1975	
Bruce Broser, New Milford	1975	
Joe Ferriaulo, Paramus Catholic	1975	
Lee Lively, Hackensack	1976	
Steve Schupak, Tenafly	1976	
Alex Levay, Tenafly	1980	
John Boylan, Ridgewood	1980	
Paul Wilson, Bergen Catholic	1982	

Bob White, Indian Hills		1983
Jim Levitzke, Hackensack		1983
Jeff Hooton, Ramsey		1984
Dave Esposito, St. Joseph Regional		1986
Scott Walters, Dumont	1986	
John Pierro, North Arlington		1987
Peter Joel, River Dell		1988
Jason Roer, Hackensack		1989
Craig Schneider, Indian Hills		1991
Mike Giardina, Mahwah		1992
Vahe Hagopian, Ridgewood		1993
Pat Destro, St. Joseph Regional		1994
Scott Silverman, New Milford		1995
Josh Ross, Westwood		1997
Adam Zajicek, Ridgefield Park		1997
Emanuel Ayvas, Wood-Ridge		2001
Jon Cheifitz, Ramapo		2003
Tim Murphy, Glen Rock		2004
James Woods, Demarest		2004
Mike Morello, Lyndhurst		2005
Mike Collins, Cresskill		2007
Scott Weismiller, Don Bosco		2008
<u>Richie Cannici, Hasbrouck Heights</u>		<u>2009</u>