

**BERGEN COUNTY GIRLS FRESHMAN CHAMPIONSHIP MEET
TOP TEN MARKS BY EVENT**

100 METERS

1. Janine Davis, Queen of Peace	2002	12.2
2. Megan Gadaleta, Holy Angels	2007	12.5
3. Erica Cigolini, Ridgewood	2004	12.6
Amy Salek, Ramapo	2005	
5. Lauren Fanelli, River Dell	1996	12.7
Rae Corbo, Paramus Catholic	2007	
7. Jean Readie, Queen of Peace	1991	12.8
Courtney Cubicciotti, IHA	1998	
9. Nadine Jaber, Indian Hills	2003	12.9
Angelica Johnson, Ridgefield Park	2004	
Tiffany Mills, Teaneck	2007	

200 METERS

1. Janine Davis, Queen of Peace	2002	25.8
2. Amy Salek, Ramapo	2005	26.4
3. Courtney Cubicciotti, IHA	1998	26.6
Cynthia Angulo, Holy Angels	2010	
5. Mariana Ruas, Waldwick	2009	26.9
6. Bryanna Knight, Paramus Catholic	2007	27.0
7. Jean Readie, Queen of Peace	1991	27.1
Erica Cigolini, Ridgewood	2004	
Toni Gatchalian, Tenafly	2006	
10. Angelica Johnson, Ridgefield Park	2004	27.2

400 METERS

1. Janine Davis, Queen of Peace	2002	58.0
2. Jean Readie, Queen of Peace	1991	60.1
3. Erika Jungblut, Teaneck	1995	61.1
4. Katie Landrigan, Holy Angels	2006	62.0
5. Cathy Sanz, Demarest	1992	62.3
Carrie Fields, Ridgewood	1992	
Erin Gross, Ramapo	2002	
8. Melanie Van Benthuyzen, Ramsey	1992	62.4
Caitlin Sherry, River Dell	1998	
Alex Elkas, Holy Angels	2003	
Melody Lopez-Bernstein, Paramus Cath.	2005	

800 METERS

1. Jackie Shtemberg, Ramapo	2003	2:23.0
2. Kerri Black, Northern Highlands	1992	2:25.9
3. Maureen Crimmins, Holy Angels	2008	2:26.0
4. Meggie Sullivan, Tenafly	2003	2:27.0
5. Sharon O'Reilly, Old Tappan	2009	2:27.6
6. Kathleen McCurdy, IHA	2009	2:27.8
7. Caitlin Wittreich, Tenafly	1994	2:28.3
8. Jodi Condon, Pascack Hills	1991	2:28.6
9. Kristen Becker, IHA	1993	2:28.7

Zainab Hanif, Hackensack 2002

1600 METERS

1. Klara Zdenkova, Northern Highlands	1991	5:24.6
2. Sara Meroth, Fair Lawn	1995	5:26.7
3. Mary Kate Duff, Holy Angels	2006	5:29.0
4. Michiyo Kawasaki, IHA	1993	5:29.6
5. Lauren Tota, Ridgewood	1991	5:30.5
6. Caroline Lennon, Holy Angels	2006	5:31.0
7. Kristen Maher, Northern Highlands	1993	5:32.3
8. Emily Terrin, Ridgewood	2001	5:33.0
9. Sarah McDermott, Ridgewood	1993	5:33.8
10. Nikki Gross, Holy Angels	2004	5:34.7

3200 METERS

1. Jackie Martin, Hackensack	1995	11:50.7
2. Chrissy Martin, Hackensack	1995	11:50.8
3. Celeste Sedo, Ridgewood	1995	12:03.8
4. Michiyo Kawasaki, IHA	1993	12:12.3
5. Nicki Gross, Holy Angels	2004	12:23.0
6. Jen Molke, Holy Angels	2008	12:23.4
7. Julia Brownell, Ridgewood	1997	12:25.9
8. Meghan O'Toole, Garfield	1996	12:31.2
9. Rachel Lotterman, IHA	2009	12:35.4
10. Charlotte Halvorsen, No. Highlands	1991	12:38.4

100 METER HURDLES

1. Lara Jane-Que, Ridgewood	2004	15.4
2. Alexandra Cimino, Westwood	2010	16.2
3. Danielle Pena, Ridgefield Park	2008	16.3
Melanie Lewis, Midland Park	2008	
5. Bridgette Atkinson, Hackensack	1996	16.6
Dana Blom, Mahwah	1997	
Brianne Forhecz, Northern Highlands	2003	
8. Angela Talucci, Indian Hills	1998	16.9
Nicole Teel, Dumont	1999	
Julianne Wiggins, River Dell	2002	
Brittany Frasier, Hackensack	2002	

400 METER HURDLES

1. Mary Byrne, Saddle Brook	1996	68.2
2. Jackie Babbini, Cliffside Park	1996	68.7
3. Kristen Hartel, Pascack Hills	2003	69.3
4. Jessica Jenco, Indian Hills	1991	69.5
Amy Wyka, Fair Lawn	1995	
6. Caitlin Sherry, River Dell	1998	69.9
7. Asher Beasley, Paramus Catholic	2007	70.1
8. Jenn Leahy, Cresskill	1999	70.3
Jessie Brown, Tenafly	2010	
10. Zorinah Figueroa, Teaneck	1994	70.4

SHOT PUT

1. Apresha Hampton, Teaneck	2008	35-8
2. Ashley Sims, Paramus Catholic	2007	35-6
3. Olivia Wade, Paramus Catholic	2007	35-1
4. Angela Acosta, Bergenfield	2006	33-4
5. Jesse Steinbeigle, Indian Hills	2002	32-8
6. Brittany Lissemore, Dumont	2007	32-5 ½
7. Yazmin Hogan, Lodi	2010	32-1
8. Karolyn Sadowski, Northern Highlands	1993	31-6
9. Kathleen Galan, IHA	2002	31-4
10. Lila Lee, Demarest	1997	31-3

DISCUS

1. Beth Crusius, Hackensack	1991	100-9
2. Jessica Sokolik, Ridgewood	1994	100-7
3. Jessica Fazekas, Demarest	1999	98-3
4. Vanessa Diaz, Fort Lee	2006	96-11
5. Jessica Cola-Pinto, Ramsey	2006	96-0
6. Nicole Gersht, Ramsey	2003	94-7
7. Martina McClain, Pascack Valley	1993	94-2
8. Kalina Carlson, Paramus	1998	94-0
9. Colleen Kelly, Paramus Catholic	1996	91-11
10. Meghan Judge, Paramus	1998	91-7

JAVELIN

1. Lila Lee, Demarest	1997	109-8
2. Audrey O'Donnell, IHA	2002	101-7
3. Laura Wall, Emerson	2006	100-10
4. Shauntiierah Douglas, Garfield	2009	100-3
5. Ann Woetzel, Paramus Catholic	1996	98-5
6. Nina Messery, Hasbrouck Heights	2010	97-11
7. Tracey Calabrese, Dumont	2003	94-8
8. Julie Gavejian, Mahwah	2006	93-10
9. Julia Cohan, Northern Highlands	2004	92-11
10. Lisa Sesnik-Clee, Holy Angels	2010	92-7

HIGH JUMP

1. Cheryl Burdick, Ramsey	1996	5-2
2. Ann Woetzel, Paramus Catholic	1996	5-0
Lauren Donahue, Westwood	1998	
Sarah Stanley-Ayre, Tenafly	2002	
Maura Nestor, Northern Highlands	2008	
6. Jen Maxfield, Tenafly	1992	4-10
Lauren Pacillier, Cliffside Park	1994	
Melissa Barone, River Dell	1997	
Dara Jemmott, Teaneck	1997	
Neomie Rothmie, Tenafly	2002	
Cristina Law, Ridgewood	2004	
Alex Ulisse, IHA	2006	
Rachel Pena, Ridgefield Park	2007	

LONG JUMP

1. Asher Beasley, Paramus Catholic	2007	16-1 ½
2. Shannon McGarrigle, Ridgewood	1991	16-0 ¾
3. Chrissy Procopio, Indian Hills	1999	15-8 ¼
4. Patty McHugh, Waldwick	2010	15-8
5. Brooke Kristensen, Mahwah	2005	15-7 ½
6. Stephanie White, Tenafly	2010	15-6 ¼
7. Stephanie Encarnacion, Ridgefield Park	2008	15-6
8. Beth Packman, Pascack Hills	1995	15-4 ½
9. Marie Minasi, Holy Angels	2006	15-3 ½
Lisa Sesnike-Clee, Holy Angels	2010	

TRIPLE JUMP

1. Kristen Kern, Indian Hills	2003	34-6 ½
2. Charnie Carter, Lyndhurst	1996	34-6 ¼
3. Jen Capone, IHA	2009	33-9 ½
4. Brittany Brooks, Garfield	2002	33-7 ½
5. Shannon McGarrigle, Ridgewood	1991	33-6 ¼
6. Cristina Law, Ridgewood	2004	33-4 ½
7. Brooke Kristiansen, Mahwah	2005	33-2
8. Laura Lynch, Indian Hills	2001	33-1 ½
Shauntiierah Douglas, Garfield	2009	
10. Brooke Bogart, Ridgewood	2004	33-1
Rae Corbo, Paramus Catholic	2007	

1600 METER RELAY

1. Ramapo	2003	4:20.3
2. Ridgewood	1992	4:23.1
3. Tenafly	2010	4:24.5
4. Demarest	1992	4:24.6
5. Teaneck	1994	4:24.8
6. Hackensack	2002	4:25.2
7. Ridgewood	2002	4:25.8
8. Ridgewood	1991	4:25.9
9. Tenafly	2003	4:26.7
10. Old Tappan	1998	4:26.9

POLE VAULT

1. Mimi DeVita, Ridgewood	2010	9-0
2. Haley Hirsch, Demarest	2010	8-6
Danielle Cannici, Hasbrouck Heights	2010	
4. Jenny Galgano, Ramapo	2003	8-0
Annie Polcari, Ridgewood	2005	
Madison Lucas, Old Tappan	2009	
Bridget Bradley, River Dell	2010	
8. Nina Silverstein, Pascack Hills	2005	7-6
Vicki Stettanelli, Fair Lawn	2005	
Jen Picahi, Fort Lee	2006	
Tara McFarland, Pasack Hills	2007	
Kristen Tedeski, Ramsey	2008	
Anne Kawalchuk, Fair Lawn	2009	