

National Scholastic North Jersey Entrants (Outdoors)

**BOLD FACE DENOTES ALL-AMERICANS**

**1991 (Birmingham H.S., Van Nuys, California)**

**Boys**

Thomas Pearson, Eastside (7<sup>th</sup>, 200 (Heats) 22.79)

Thomas Pearson, Eastside (7<sup>th</sup>, 400, 48.90)

**Sean Rhinehart, Hackensack (3<sup>rd</sup>, 400 IH, 53.89)**

**Girls**

No entrants

**1992 (Birmingham H.S., Van Nuys, California)**

**Boys**

**Chris Hewitt, Englewood (2<sup>nd</sup>, 21-11, LJ)**

**Girls**

No entrants

**1993 (UCLA, Westwood, California)**

**Boys**

Anthony Hampton, Englewood (3<sup>rd</sup>, 52.08, 400 IH)

**DARIUS PEMBERTON, Hackensack (1<sup>st</sup>, 24-9 ¼, LJ)**

**Girls**

No entrants

**1994 (North Carolina State, Raleigh, NC)**

**Boys**

Joe Dawkins, Hackensack (9<sup>th</sup>, 10.98, 100 (10.79 in trials)

Joe Dawkins, Hackensack (3<sup>rd</sup>, heat, 21.77, 200, did not start final)

**Anthony Hampton, Englewood (2<sup>nd</sup>, 52.07, 400 IH)**

**Girls**

Delcita Russell, Hackensack (9<sup>th</sup>, 58.31, 400)

**Jenna Rogers, Ridgewood (3<sup>rd</sup>, 9:58.15, 3000)**

Danielle Breuel, Hackensack (9<sup>th</sup>, 10:32.58, 3000)

**1995 (North Carolina State, Raleigh, NC)**

**Boys**

**Joe Dawkins, Hackensack (5<sup>th</sup>, 10.77, 100 (10.90 in trials)**

Joe Dawkins, Hackensack (3<sup>rd</sup>, heat, 21.95, 200)

Tom McCabe, Don Bosco (17<sup>th</sup>, 1:57.13, 800)

Adam Zavarino, Hackensack (11<sup>th</sup>, 5,000 road race, 17:16.8)

## **Girls**

**Nicole Carmichael, Kennedy (6<sup>th</sup>, 12.13, 100 (12.11 in trials)**

**Nicole Carmichael, Kennedy (5<sup>th</sup>, 24.59, 200 (24.62 in trials)**

Delcita Russell, Hackensack (10<sup>th</sup>, 57.34, 400)

Stephanie Doyle, Ridgewood (11<sup>th</sup>, 5:11.60, mile)

Marissa Jackson, Hackensack (4<sup>th</sup>, heat, 15.71, 100 HH)

## **1996 (North Carolina State, Raleigh, NC)**

### **Boys**

No entrants

### **Girls**

Delcita Russell, Hackensack (14<sup>th</sup>, 58.36, 400)

Caitlin Wittreich, Tenafly (26<sup>th</sup>, 2:18.78, 800)

Marissa Jackson, Hackensack (8<sup>th</sup>, heat, 15.17, 100 HH)

Caitlin Wittreich, Tenafly (14<sup>th</sup>, 64.87, 400 IH)

Marissa Jackson, Hackensack (17<sup>th</sup>, 66.28, 400 IH)

**Kathryn Thomas, Fair Lawn (6<sup>th</sup>, 19:20.14, 3,000 race walk)**

**Carlene Cummings, Englewood (5<sup>th</sup>, 18-7 ¼, LJ)**

Carlene Cummings, Englewood (18<sup>th</sup>, 37-0 ½, TJ)

## **1997 (North Carolina State, Raleigh, NC)**

### **Boys**

Tom Redmond, Bergen Catholic (36<sup>th</sup>, 800, 2:00.59)

Daniel Sullivan, Glen Rock (46<sup>th</sup>, mile, 4:27.46)

John Dixon, Ridgefield Park (9<sup>th</sup>, JT, 173-9)

### **Girls**

Caitlin Wittreich, Tenafly (20<sup>th</sup>, 800, 2:19.75)

Caitlin Wittreich, Tenafly (18<sup>th</sup>, 400 IH, 65.03)

**Carlene Cummings, Englewood (6<sup>th</sup>, LJ, 18-2 ¼)**

**Carlene Cummings, Englewood (5<sup>th</sup>, TJ, 38-7 ¾)**

Jess Sokolik, Ridgewood (14<sup>th</sup>, DT, 109-1)

## **1998 (North Carolina State, Raleigh, NC)**

### **Boys**

Andrae McCormick, Clifton (4<sup>th</sup>, heat, 100, 11.19)

Tom Baldwin, Hackensack (27<sup>th</sup>, 2 mile, 9:34.04)

Don Bosco (16<sup>th</sup>, 4-x-400 relay, 3:26.62)

Don Bosco (17<sup>th</sup>, 4-x-800 relay, 8:08.59)

Jim Fischer, Bergen Catholic (18<sup>th</sup>, DT, 152-11)

James Murdock, Ridgewood (8<sup>th</sup>, JT, 172-8)

### **Girls**

Courtney Cubicciotti, IHA (2<sup>nd</sup>, heats, 200, 25.06)

Meg McDermott, Ridgewood (36<sup>th</sup>, 800, 2:18.13)

Julie Clifford, Holy Angels (37<sup>th</sup>, 800, 2:18.40)  
Shauna Koenig, Hackensack (54<sup>th</sup>, 800, 2:29.89)  
Celeste Sedo, Ridgewood (17<sup>th</sup>, 2 mile, 11:08.14)  
Natalie Popowicz, Clifton (18<sup>th</sup>, 400 IH, 66.14)  
Heather Morabito, Lakeland (21<sup>st</sup>, 400 IH, 66.70)  
Michele Calabro, IHA (36<sup>th</sup>, 400 IH, 69.74)  
IHA (13<sup>th</sup>, SMR, 4:20.69)  
**Cheryl Burdick, Ramsey (tie 3<sup>rd</sup>, HJ, 5-7 also 5-7 in preliminaries))**

### **1999 (North Carolina State, Raleigh, NC)**

#### **Boys**

Carlos Castoire, Passaic (7<sup>th</sup>, heats, 100, 11.76)  
Carlos Castoire, Passaic (8<sup>th</sup>, heats, 200, 23.50)  
Carlos Castoire, Passaic (29<sup>th</sup>, 400, 52.49)  
**Josh Kauke, Ridgewood (4<sup>th</sup>, 800, 1:52.52)**  
Ridgewood (9<sup>th</sup>, SMR, 3:31.36)

#### **Girls**

Antoinette Gorham, Passaic (8<sup>th</sup>, 400, 56.02)  
Tawana Watkins, Kennedy (21<sup>st</sup>, 400, 58.04)  
**Tawana Watkins, Kennedy (3<sup>rd</sup>, 400 IH, 59.71)**  
Natalie Popowicz, Clifton (18<sup>th</sup>, 400 IH, 64.59)  
Jenn Flinchum, Demarest (23<sup>rd</sup>, SP, 33-10 <sup>3</sup>/<sub>4</sub>)  
Jenn Flinchum, Demarest (9<sup>th</sup>, DT, 134-1)  
**Jen Austin, Garfield (3<sup>rd</sup>, JT, 136-6)**

### **2000 (North Carolina State, Raleigh, NC)**

#### **Boys**

Josh Kauke, Ridgewood (22<sup>nd</sup>, 800, 1:55.05)  
**Ridgewood (2<sup>nd</sup>, SMR, 3:27.58)**  
Dan Cooper, Ridgewood (PV, nh)  
Matt Elkas, Ramsey (8<sup>th</sup>, SP, 56-9 <sup>1</sup>/<sub>4</sub>)  
Charles Yalovister, North Arlington (16<sup>th</sup>, DT, 153-8)

#### **Girls**

**Tawana Watkins, Kennedy (2<sup>nd</sup>, 400, 54.46)**  
**Tawana Watkins, Kennedy (3<sup>rd</sup>, 400 IH, 58.50)**  
Ridgewood (17<sup>th</sup>, 4-x-400 relay, 4:06.38)  
Ridgewood (13<sup>th</sup>, 4-x-800 relay, 9:43.14)  
IHA (16<sup>th</sup>, SMR, 4:16.51)  
Ridgewood (10<sup>th</sup>, DMR, 12:42.24)

### **2001 (North Carolina State, Raleigh, NC)**

#### **Boys**

Don Bosco (11<sup>th</sup>, 4-x-800 relay, 7:57.25)  
Brent Hobbs, Don Bosco (t-11<sup>th</sup>, HJ, 6-6 <sup>3</sup>/<sub>4</sub>)

Brent Hobbs, Don Bosco (14<sup>th</sup>, LJ, 21-7 ¼)  
Zach Pollinger, Northern Highlands (4<sup>th</sup>, mile walk, 7:22.72)

### **Girls**

Clair Nowakowski, Ridgewood (21<sup>st</sup>, mile, 5:13.32)  
**TAWANA WATKINS, Kennedy (1<sup>st</sup>, 400 IH, 57.48)**  
Ebony Ramos, Hackensack (19<sup>th</sup>, 400 IH, 65.82)  
Ebony Ramos, Hackensack (22<sup>nd</sup>, TJ, 35-0 ½)  
Monique Mighty, Hackensack (15<sup>th</sup>, DT, 121-11)

### **2002 (North Carolina State, Raleigh, NC)**

#### **Boys**

Rob McKay, Don Bosco (37<sup>th</sup>, 800, 2:01.70)  
James LaGreca, Demarest (6<sup>th</sup>, frosh mile, 4:31.64)  
Dave Lado, Ridgefield (20<sup>th</sup>, 400 IH, 57.27)  
Don Bosco (27<sup>th</sup>, 4-x-400 relay, 3:23.22)  
Don Bosco (13<sup>th</sup>, 4-x-800 relay, 7:53.54)  
Don Bosco (18<sup>th</sup>, 4-x-mile relay), 19:01.50)  
Bergen Catholic (9<sup>th</sup>, SMR, 3:30.17)  
**Zach Pollinger, Northern Highlands (2<sup>nd</sup>, mile walk, 6:27.34)**  
Brett Henderson, Dumont (16<sup>th</sup>, TJ, 43-7 ¾)  
Jeff Sejour, Don Bosco (18<sup>th</sup>, TJ, 42-7 ½)  
Steve McGovern, Dumont (7<sup>th</sup>, DT, 180-4)  
Harrison Till, Wayne Hills (24<sup>th</sup>, HT, 141-7)

#### **Girls**

Clair Nowakowski, Ridgewood (41<sup>st</sup>, mile, 5:21.59)  
Glen Rock (12<sup>th</sup>, 4-x-mile, 21:35.07)  
Glen Rock (14<sup>th</sup>, DMR< 12:25.53)  
Courtney Reggo, Ridgefield (11<sup>th</sup>, JT, 118-0)

### **2003 (North Carolina State, Raleigh, NC)**

#### **Boys**

Ken Sinkovitz, Bergen Catholic (10<sup>th</sup>, 800, 1:52.17)  
Ridgewood (20<sup>th</sup>, 4-x-mile Relay, 18:34.62)  
Vernard Hoover, Hasbrouck Heights (17<sup>th</sup>, TJ, 43-0 ¼)  
**ZACH POLLINGER, Northern Highlands (1<sup>st</sup>, mile race walk, 6:25.71)**

#### **Girls**

Janine Davis, Queen of Peace (9<sup>th</sup>, 400, 55.15)  
Sophia Davis, Queen of Peace (22<sup>nd</sup>, 500, 57.67)  
Janine Davis, Queen of Peace (11<sup>th</sup>, 800, 2:12.49)  
Sophia Davis, Queen of Peace (27<sup>th</sup>, 800, 2:24.94)  
Julia Emanuel, Tenafly (13<sup>th</sup>, mile, 4:58.82)  
Andrea Rovigno, Ramapo (26<sup>th</sup>, mile, 5:16.51)

**2004 (North Carolina State, Raleigh, NC)**

**Boys**

**Michael Ray Garvin, Don Bosco (6<sup>th</sup>, 100, 10.74 (10.77 in heats))**

Kevin Thompson, North Bergen (14<sup>th</sup>, 100 heats, 10.95)

Michael Ray Garvin, Don Bosco (7<sup>th</sup>, 200, 21.76 (21.83 in heats))

Kevin Thompson, North Bergen (11<sup>th</sup>, 200 heats, 21.86)

**Shaquan Brown, Kennedy (6<sup>th</sup>, 400, 47.67)**

**Mohamed Khadraoui, Kennedy (5<sup>th</sup>, 2 mile, 8:53.74 (8:17.90; 3,000)**

Ridgewood (7<sup>th</sup>, 4-x-mile relay, 18:01.34)

Ridgewood (19<sup>th</sup>, DMR, 10:29.67)

**ZACH POLLINGER, Northern Highlands (1<sup>st</sup>, mile walk, 6:30.86)**

Gabe Knutson, Ridgewood (nh, PV)

Adam Sacher, Pascack Valley (nh, PV)

Steve Pierce, Ridgewood (20<sup>th</sup>, JT, 159-10)

**Girls**

Michelle Smith, Teaneck (12<sup>th</sup>, heats 100 HH, 14.89)

**Michelle Smith, Teaneck (2<sup>nd</sup>, 400 IH, 61.26)**

Teaneck (19<sup>th</sup>, 4-x-400 relay, 3:59.79)

**DAINA PUCURS, Demarest (1<sup>st</sup>, JT, 149-4)**

Gwen Moore, Teaneck (nd, JT)

**2005 (North Carolina A & T, Greensboro, NC)**

**Boys**

**Michael Ray Garvin, Don Bosco (3<sup>rd</sup>, 100, 10.46 (also 10.46 in heats))**

**Michael Ray Garvin, Don Bosco (5<sup>th</sup>, 200, 21.39 (also 21.41 in heats))**

**Shaquan Brown, Kennedy (3<sup>rd</sup>, 400, 46.88)**

Anthony Pomo, Saddle Brook (19<sup>th</sup>, heats, 110 HH, 14.65)

**Ridgewood (5<sup>th</sup>, DMR, 10:13.79)**

Jacob Ricciardi, Ridgewood (nh, PV)

Anthony Pomo, Saddle Brook (13<sup>th</sup>, LJ, 21-4)

Harold Blyden, Bergenfield (16<sup>th</sup>, TJ, 44-1 ½)

Steve Pierce, Ridgewood (15<sup>th</sup>, JT, 168-8)

**Girls**

**Janine Davis, Queen of Peace (2<sup>nd</sup>, 800, 2:06.06)**

Michelle Smith, Teaneck (22<sup>nd</sup>, heats 100 HH, 14.70)

Michelle Smith, Teaneck (10<sup>th</sup>, 400 IH, 62.15)

**Allison Snochowski, Fair Lawn (3<sup>rd</sup>, mile walk, 8:41.06)**

Teaneck (11<sup>th</sup>, 4-x-400 relay, 3:57.13)

Ridgewood (18<sup>th</sup>, 4-x-800 relay, 9:33.66)

Ridgewood (25<sup>th</sup>, DMR, 12:58.67)

**2006 (North Carolina A & T, Greensboro, NC)**

**Boys**

Rashad White, Teaneck (20<sup>th</sup>, heats, 200, 22.16)

Garrett Kroner, Indian Hills (10<sup>th</sup>, 400, 48.32)  
**Shaquan Brown, Kennedy (2<sup>nd</sup>, 400 IH, 51.68)**  
Teaneck (10<sup>th</sup>, 800 SMR, 1:34.40)  
Teaneck (8<sup>th</sup>, SMR, 3:30.54)  
**Ridgewood (5<sup>th</sup>, DMR, 10:06.57)**  
George Abyad, Passaic Valley (15<sup>th</sup>, DT, 167-4)  
**Steve Pierce, Ridgewood (5<sup>th</sup>, JT, 190-6)**  
Grant Till, Wayne Hills (22<sup>nd</sup>, JT, 160-5)  
Marc Peck, Wood-Ridge (24<sup>th</sup>, JT, 156-2)  
Kurt Von Weisenstein, Indian Hills (26<sup>th</sup>, JT, 152-3)

### **Girls**

Kesley Ramsey, Ramapo (19<sup>th</sup>, mile, 5:08.00)  
Allison Snochowski, Fair Lawn (9<sup>th</sup>, mile walk, 8:36.32)  
Teaneck (21<sup>st</sup>, 4-x-400 relay, 3:58.94)  
Ridgewood (31<sup>st</sup>, 4-x-400 relay, 4:01.24)  
Consandria Walker, Hackensack (20<sup>th</sup>, LJ, 17-0  $\frac{3}{4}$ )  
Consandria Walker, Hackensack (19<sup>th</sup>, TJ, 36-4)  
Jaclyn Wypler, Ridgewood (19<sup>th</sup>, JT, 113-3)  
Ridgewood (8<sup>th</sup>, 4-x-800 relay, 9:18.44)

### **2007 (North Carolina A & T, Greensboro, NC)**

#### **Boys**

Nick Mieke, DePaul (14<sup>th</sup>, emerging elite mile, 4:23.80)  
Max Bruno, Indian Hills (15<sup>th</sup>, 800, 1:54.16)  
Sharif Webb, Don Bosco (25<sup>th</sup>, 800, 1:56.29)  
Akira Monri, Ridgewood (11<sup>th</sup> EE 110 HH, 15.33)  
Teaneck (10<sup>th</sup>, 4-x-100 relay, 42.49)  
Teaneck (10<sup>th</sup>, 4-x-200 relay, 1:28.87)  
Don Bosco (DNF, 4-x-200 relay)  
Teaneck (21<sup>st</sup>, 4-x-400 relay, 3:23.37)  
**Teaneck (4<sup>th</sup>, 800 SMR, 1:31.21)**  
**DON BOSCO (1<sup>st</sup>, SMR, 3:27.30)**  
**Teaneck (6<sup>th</sup>, SMR, 3:29.59)**  
Ridgewood (12<sup>th</sup>, SMR, 3:30.84)  
**Ridgewood (6<sup>th</sup>, DMR, 10:07.94)**  
Greg Stripe, Mahwah (NH, PV)  
George Abyad, Passaic Valley (17<sup>th</sup>, DT, 164-6)  
Joe Gingerelli, Wood-Ridge, (15<sup>th</sup>, JT, 173-3)  
Marc Peck, Wood-Ridge (23<sup>rd</sup>, JT, 163-10)  
Kurt Von Weisenstein, Indian Hills (30<sup>th</sup>, JT, 134-3)

#### **Girls**

Lara-Jane Que, Ridgewood (14<sup>th</sup>, 100 HH, 15.02)  
Cristina Law, Ridgewood (11<sup>th</sup>, 400 IH, 62.83)  
Teaneck (33<sup>rd</sup>, 4-x-100 relay, 50.28)

Teaneck (15<sup>th</sup>, 4-x-200 relay, 1:44.27)  
Ridgewood (23<sup>rd</sup>, 4-x-400 relay, 3:57.38)  
Ridgewood (8<sup>th</sup>, SMR, 4:03.71)  
Jaclyn Wypler, Ridgewood (16<sup>th</sup>, JT, 119-5)

**2008 (North Carolina A & T, Greensboro, NC)**

**Boys**

Joe Gingerelli, Wood-Ridge (10<sup>th</sup>, JT, 184-11)  
Marc Peck, Wood-Ridge (16<sup>th</sup>, JT, 175-4)  
Seb Luna, Wood-Ridge (29<sup>th</sup>, JT, 159-6)  
Kevin Bostick, Bergen Catholic (13<sup>th</sup>, TJ, 46-2)  
Kevin Bostick, Bergen Catholic (12<sup>th</sup>, HJ, 6-5)  
**Chris Phipps, Lodi (2<sup>nd</sup>, TJ, 49-4 ½)**  
Chris Phipps, Lodi (10<sup>th</sup>, LJ, 22-3 ¾)  
**Ridgewood (6<sup>th</sup>, SMR, 3:30.39)**

**Girls**

Apresha Hampton, Teaneck (2<sup>nd</sup>, EE, SP, 39-2 ½)  
Michelle Favre, Saddle Brook (12<sup>th</sup>, PV, 11-11 ¼)  
Ann Polcari, Ridgewood (18<sup>th</sup>, PV, 10-11 ½)  
**Shannon Sullivan, IHA (3<sup>rd</sup>, JT, 138-10)**  
Jenn Sant Anna, Pascack Hills (10<sup>th</sup>, IH, 62.62)  
Janay Mitchell, Teaneck (21<sup>st</sup>, 200, 25.14)

**2009 (North Carolina A & T, Greensboro, NC)**

**Boys**

Taro Shigenobu, Ridgewood (26<sup>th</sup>, 2 mile, 9:33.40)  
**Don Bosco (5<sup>th</sup>, 4 mile relay, 17:47.29)**  
Tommy DeVita, Ridgewood (NH, HJ)  
Greg Hoffman, Park Ridge (NH, PV)  
Kaleb Zuidema, Midland Park (10<sup>th</sup>, JT, 184-7)  
Pat Thomas, Lodi (18<sup>th</sup>, JT, 170-5)  
Elvis Cake, Lodi (11<sup>th</sup>, EE, 400, 49.19)  
Patrick Rono, Lyndhurst (5<sup>th</sup>, EE, 2 mile, 9:32.65)

**Girls**

Julianne Fontana, Pascack Hills (16<sup>th</sup>, 800, 2:14.28)  
Sarah Pagano, IHA (19<sup>th</sup>, 2 mile, 11:29.15)  
Brittany Day, Haworth 8<sup>th</sup> grade (20<sup>th</sup>, 5000, 19:37.34)  
Katelyn Ary, Demarest (12<sup>th</sup>, IH, 62.70)  
Emily Urciuoli, Clifton (9<sup>th</sup>, PV, 11-11 ¼)  
Michelle Favre, Saddle Brook (15<sup>th</sup>, PV, 11-5 ¼)  
Chelsea Hartigan, Ramapo (21<sup>st</sup>, 10-11 ½)  
Shannon Sullivan, IHA (7<sup>th</sup>, JT, 132-11)

**2010 (North Carolina A & T, Greensboro, NC)**

## Boys

Brad Paternostro, Ramapo (13<sup>th</sup>, 800, 1:52.57)

Patrick Rono, Lyndhurst (14<sup>th</sup>, 800, 1:52.60)

InSoo Hwang, Ridgewood (15<sup>th</sup>, IH, 53.99)

Ridgewood (13<sup>th</sup>, 4 mile relay, 18:06.86)

Teaneck (8<sup>th</sup>, 400 relay, 42.60 (41.71 in trials)

Teaneck (9<sup>th</sup>, 1,600 relay, 3:17.01)

Ridgewood (21<sup>st</sup>, 1,600 relay, 3:20.73)

**Teaneck (3<sup>rd</sup>, 800 SMR, 1:31.10)**

**Teaneck (3<sup>rd</sup>, SMR, 3:26.77)**

**Ridgewood (4<sup>th</sup>, SHH, 62.37)**

Don Bosco (DQ, SHH)

Tommy DeVita, Ridgewood (16<sup>th</sup>, HJ, 6-4  $\frac{3}{4}$ )

**Corey Crawford, Indian Hills (3<sup>rd</sup>, LJ, 24-1  $\frac{1}{2}$ )**

Conroy Walker, Hackensack (10<sup>th</sup>, LJ, 22-9  $\frac{1}{4}$ )

Greg Hazell, Don Bosco (18<sup>th</sup>, TJ, 45-6  $\frac{1}{2}$ )

Stephen Mozia, Hackensack (20<sup>th</sup>, DT, 155-8)

**KALEB ZUIDEMA, Midland Park (1<sup>st</sup>, JT, 211-10)**

Dean Sullivan, Delbarton (Franklin Lakes), (10<sup>th</sup>, JT, 178-11)

Steve Iafrate, Demarest (13<sup>th</sup>, JT, 173-5)

Selwyn Maxwell, Don Bosco (4<sup>th</sup>, EE, HH, 14.55)

Ernest Wingate, Bergen Catholic (23<sup>rd</sup>, EE, HH, 15.12)

Matt Beausoleil, Ridgewood (31<sup>st</sup>, EE, 15.48)

## Girls

**Myasia Jacobs, Paramus Catholic (2<sup>nd</sup>, 100, 11.44)**

**Myasia Jacobs, Paramus Catholic (3<sup>rd</sup>, 200, 23.93)**

Brittany Day, Demarest (23<sup>rd</sup>, 5000, 19:35.36)

Chelsea Hartigan, Ramapo (20<sup>th</sup>, PV, 11-4  $\frac{1}{4}$ )

Kayla Polcari, Ridgewood (NH, PV)

Jamie Klein, Paramus Catholic (14<sup>th</sup>, JT, 120-11)

Alyssa LaGuardia, DePaul (10<sup>th</sup>, EE, 1 mile, 5:06.62)

Kat McCurdy, Mt. St. Dominic (Mahwah) (20<sup>th</sup>, EE, 800, 2:20.34)

Brittany Day, Demarest (7<sup>th</sup>, 2 mile, EE, 12:32.75)

Sarah DeVita, Ridgewood (3<sup>rd</sup>, EE, 100 HH, 14.55)

Brittany DalCais, West Milford (2<sup>nd</sup>, EE, PV, 11-2  $\frac{1}{4}$ )

Danna Wasserman, Demarest (6<sup>th</sup>, EE, LJ, 17-2)

## 2011 (North Carolina A & T, Greensboro, NC)

### Boys

Brad Paternostro, Ramapo (12<sup>th</sup>, 800, 1:51.87)

Selwyn Maxwell, Don Bosco (21<sup>st</sup>, HH, 14.69)

Don Bosco 1 lap short 4 mile (9<sup>th</sup>, 16:56.57)

Don Bosco (12<sup>th</sup>, 400 relay, 42.57)

Don Bosco (8<sup>th</sup>, 800 relay, 1:28.28)

**Don Bosco (5<sup>th</sup>, 1,600 relay, 3:15.63)**



Teaneck (DQ, 1,600 relay, 3:17.59)

Teaneck (7<sup>th</sup>, 800 SMR, 1:32.07)

Don Bosco (9<sup>th</sup>, 800 SMR, 1:32.76)

Ridgewood (16<sup>th</sup>, SMR, 3:35.86)

Teaneck (20<sup>th</sup>, SMR, 3:40.70)

**Ridgewood (6<sup>th</sup>, DMR, 10:06.36)**

**Don Bosco (5<sup>th</sup>, SHH, 61.67)**

Greg Hazell, Don Bosco (10<sup>th</sup>, TJ, 47-7)

Sean Wimbush, Teaneck (tie-14<sup>th</sup>, TJ, 47-1 ¾)

**Stephen Mozia, Hackensack (2<sup>nd</sup>, SP, 63-8 ¼)**

Stephen Mozia, Hackensack (9<sup>th</sup>, DT, 171-7)

**DEAN SULLIVAN, Delbarton (Franklin Lakes) (1<sup>st</sup>, JT, 217-9)**

**Tyler Yee, Don Bosco (6<sup>th</sup>, JT, 191-4)**

John Pujols, Hackensack (13<sup>th</sup>, EE, 1 mile, 4:31.03)

Matt Beausoleil, Ridgewood (18<sup>th</sup>, EE, 100, 14.87)

Don Bosco (7<sup>th</sup>, EE, 3200 relay, 8:03.39)

Evan Bartlik, Ridgewood (3<sup>rd</sup>, EE, HJ, 6-2)

Ryan Walsh, Don Bosco (NH, EE, HJ)

Jamal Williams, Teaneck (12<sup>th</sup>, EE, LJ, 20-7)

Evan Bartlik, Ridgewood (3<sup>rd</sup>, EE, TJ, 46-0)

## Girls

**Myasia Jacobs, Paramus Catholic (2<sup>nd</sup>, 100, 11.59)**

Katelyn Ary, Demarest (14<sup>th</sup>, IH, 62.32)

**Ridgewood (6<sup>th</sup>, 4 mile relay, 21:20.88)**

Teaneck (7<sup>th</sup>, 800 SMR, 1:47.55)

Kayla Polcari, Ridgewood (tie-13<sup>th</sup>, PV, 11-5 ¼)

**Theresa Picciallo, IHA (6<sup>th</sup>, SP, 45-9 ¾)**

Apresha Hampton, Teaneck (15<sup>th</sup>, SP, 42-0 ½)

Shaunteriah Douglas, Garfield (7<sup>th</sup>, JT, 137-5)

Jamie Klein, Paramus Catholic (8<sup>th</sup>, JT, 136-4)

Kristen Traub, Eastern Christian (2<sup>nd</sup>, EE, 1 mile, 5:01.56)

Kat McCurdy, Mt. St. Dominic (Mahwah) (18<sup>th</sup>, EE, 1 mile, 5:11.71)

Alexandra Cimino, Westwood (13<sup>th</sup>, EE, HH, 15.07)

Sarah DeVita, Ridgewood (18<sup>th</sup>, EE, HH, 15.22)

Teaneck (15<sup>th</sup>, 400 relay, EE, 50.11)

Westwood (1<sup>st</sup>, 3,200 relay, EE, 9:22.55)

Westwood (3<sup>rd</sup>, SMR, EE, 4:12.78)

Mimi DeVita, Ridgewood (9<sup>th</sup>, PV, EE, 10-11 ½)

Brittany DalCais, West Milford (19<sup>th</sup>, PV, EE, 10-5 ½)

Danielle Wankmuller, Pascack Hills (NH, PV, EE)

Nina Messery, Hasbrouck Heights (6<sup>th</sup>, JT, EE, 108-0)

Westwood (3<sup>rd</sup>, 1600 relay, EE, 3:56.69)

## 2012 (North Carolina A&T, Greensboro, NC)

### Boys

**Ben Malone, Pascack Valley (4<sup>th</sup>, 800, 1:50.70)**

**Don Bosco (4<sup>th</sup>, 4 mile relay, 17:42.29)**

Ridgewood (21<sup>st</sup>, SMR, 3:35.71)

Ridgewood (13<sup>th</sup>, DMR, 10:23.01)

Hackensack (30<sup>th</sup>, DMR, 11:00.81)

**Taylor Cudequest, Pascack Hills (3<sup>rd</sup>, Decathlon, 6069 points)**

Michael Cummings, Hackensack (2<sup>nd</sup>, Octathlon, 5180 points (lost tiebreaker))

Johnny Malespina, Park Ridge (14<sup>th</sup>, 400, EE, 49.87)

Louis Kang, Pascack Hills (14<sup>th</sup>, IH, EE, 55.58)

Park Ridge (14<sup>th</sup>, 1600 relay, EE, 3:24.93)

Hackensack (12<sup>th</sup>, 3200 relay, EE, 8:10.21)

Eric Geider, Demarest (2<sup>nd</sup>, PV, EE, 15-2 ¼) (lost jumpoff)

Chris Wong, Bergen Tech (12<sup>th</sup>, TJ, EE, 44-2 ½)

Anthony Balboa, Ridgewood (22<sup>nd</sup>, SP, EE, 47-5 ¾)

### **Girls**

Brittany Day, Demarest (40<sup>th</sup>, 5000, 19:33.23)

Alexandra Cimino, Westwood (13<sup>th</sup>, IH, 62.63)

Teaneck (7<sup>th</sup>, 800 relay, 1:44.13)

Westwood (13<sup>th</sup>, 1600 relay, 3:54.77)

**RIDGEWOOD (Caroline Davidson, Micaela McPadden, Hanako Shigenobu, Catherine Pagano (1<sup>st</sup>, 3200 relay, 9:00.43)**

Teaneck (13<sup>th</sup>, 800 SM, 1:51.76)

Teaneck (19<sup>th</sup>, SMR, 4:13.14)

**RIDGEWOOD (Caroline Davidson, Micaela McPadden, Hanako Shigenobu, Catherine Pagano (1<sup>st</sup>, DMR, 11:50.73)**

Amanda Fields, Holy Angels (NM, TJ)

**SHAUNTIERAH DOUGLAS, Garfield (1<sup>st</sup>, JT, 148-7)**

**Becca Skovira, Park Ridge (2<sup>nd</sup>, JT, 147-10)**

Hope Yi, Bergen Tech (15<sup>th</sup>, JT, 113-9)

Alexandra Cimino, Westwood (9<sup>th</sup>, HH, EE, 14.80)

Westwood (1<sup>st</sup>, SMR, EE, 4:08.23)

Amanda Fields, Holy Angels (17<sup>th</sup>, LJ, EE, 17-1 ½)

Briana Setnitzky, Pascack Hills (18<sup>th</sup>, LJ, EE, 16-11 ¼)

Briana Setnitzky, Pascack Hills (23<sup>rd</sup>, TJ, EE, 34-7)

Sophia Caride, Ramapo (13<sup>th</sup>, JT, EE, 102-1)

Rachel Diaz-Granados, Leonia (22<sup>nd</sup>, JT, EE, 66-5)

### **2013 (North Carolina A&T, Greensboro, NC)**

#### **Boys**

**Joe White, DePaul (5<sup>th</sup>, 800, 1:50.51)**

Joe White, DePaul (7<sup>th</sup>, 400, EE, 48.85)

Kyle Levermore, Don Bosco (15<sup>th</sup>, 5,000, 14:55.35)

**Don Bosco (4<sup>th</sup>, 4 mile relay, 17:21.16)**

Don Bosco (8<sup>th</sup>, 4-x-200 relay, 1:27.89)

Ridgewood (19<sup>th</sup>, 4-x-200 relay, 1:29.98)

Ridgewood (7<sup>th</sup>, 4-x-800 relay, 7:44.30)  
Don Bosco (DQ, 800 SMR)  
Ridgewood (8<sup>th</sup>, 1000 Swedish relay, 1:58.14)  
Don Bosco (DQ, Swedish relay)  
**Ridgewood (4<sup>th</sup>, SMR, 3:28.23)**  
Seth Zuidema, Midland Park (17<sup>th</sup>, JT, 53.60m)  
Andrew Fiedler, Eastern Christian (12<sup>th</sup>, Decathlon, 5,050 pts.)  
Mike Cummings, Hackensack (4<sup>th</sup>, Octathlon, 5,336 pts.)  
Mike Higgins, Don Bosco (5<sup>th</sup>, 1 mile, EE, 4:18.86)  
Don Bosco (4<sup>th</sup>, 4-x-100 relay, EE, 43.06)  
Don Bosco (22<sup>nd</sup>, 4-x-400 relay, EE, 3:26.53)  
Don Bosco (23<sup>rd</sup>, 4-x-800 relay, EE, 8:15.81)  
Bergen Tech (11<sup>th</sup>, SMR, EE, 3:39.25)  
Ridgewood (15<sup>th</sup>, SMR, EE, 3:40.38)  
Brandon Jurasin, River Dell (NH, HJ, EE)  
Eric DelVescovo, Ridgefield Park (16<sup>th</sup>, SP, EE, 15.10m)  
Troy Andretta, Kinnelon (5<sup>th</sup>, DT, EE, 47.96m)  
Troy Andretta, Kinnelon (3<sup>rd</sup>, HT, EE, 52.55m)  
John Monnett, Ridgefield Park (16<sup>th</sup>, DT, EE, 44.42m)  
James Barnett, Ridgewood (29<sup>th</sup>, DT, EE, 40.53m)  
James Barnett, Ridgewood (26<sup>th</sup>, JT, 41.66m)  
Nick Higgins, Ridgewood (13<sup>rd</sup>, JT, EE, 47.28m)  
Cameron Rodgers, Bogota (ND, JT, EE)  
Colin Daly, River Dell (7<sup>th</sup>, 1 mile, FR, 4:32.39)  
Patrick Sullivan, Don Bosco (7<sup>th</sup>, 2 mile, FR, 9:49.46)  
Will Daly, River Dell (19<sup>th</sup>, 2 mile, FR, 10:23.76)

### **Girls**

Corinne Myers, Westwood (11<sup>th</sup>, 800, 2:10.15)  
Corinne Myers, Westwood (5<sup>th</sup>, 1 mile, EE, 5:00.97)  
**Josette Norris, Tenafly (2<sup>nd</sup>, mile, 4:48.54)**  
Alexandra Cimino, Westwood (10<sup>th</sup>, 400IH, 62.48)  
Alexandra Cimino, Westwood (12<sup>th</sup>, 100HH, EE, 14.84)  
**Lisa Sesink-Clee, Holy Angels (4<sup>th</sup>, JT, 42.55m)**  
Camila Alonso, Lyndhurst (10<sup>th</sup>, JT, 38.27m)  
Gina Yannette, Dumont (18<sup>th</sup>, JT, 36.05m)  
Noreen Byrne, River Dell (15<sup>th</sup>, 400IH, EE, 65.07)  
River Dell (3<sup>rd</sup>, 4-x-400 relay, EE, 3:56.94)  
River Dell (12<sup>th</sup>, 800 SMR, EE, 1:53.80)  
River Dell (1<sup>st</sup>, SMR, EE, 4:13.34)  
Haley Steele, West Milford (NH, PV, EE)  
Payton Wagmeister, River Dell (10<sup>th</sup>, JT, EE, 33.73m)

### **2014 (North Carolina A&T, Greensboro, NC)**

#### **Boys**

River Dell (10<sup>th</sup>, 4-x-800 relay, 7:58.52)

Westwood (29<sup>th</sup>, 4-x-800 relay, 8:09.22)  
Wankeith Akin, Don Bosco (7<sup>th</sup>, LJ, FROSH, 20-3)  
Ridgewood (15<sup>th</sup>, Swedish Relay, 2:01.62)  
Don Bosco (10<sup>th</sup>, Swedish Relay, 1:58.75)  
Park Ridge (DQ, 4-x-200 relay, EE)  
Lucas Pontillo, Pascack Hills (30<sup>th</sup>, JT, EE, 132-5)  
River Dell (DQ, SMR, EE)  
Bergen Tech (41<sup>st</sup>, SMR, EE, 3:54.16)  
Jun Omiya, River Edge (25<sup>th</sup>, 1 mile, JHS, 5:08.25)  
Keith Gandy, Indian Hills (NH, PV, EE)  
Sam Siegel, Demarest (NH, PV, EE)  
River Dell (18<sup>th</sup>, Super SMR, EE, 1:37.44)  
Bergen Catholic (31<sup>st</sup>, 4-x-200 relay, 1:33.47)  
Bryan Roth, Lodi (6<sup>th</sup>, SP, EE, 52-8 ¼)  
Old Tappan (10<sup>th</sup>, SMR, 3:30.21)  
Ridgewood (9<sup>th</sup>, SMR, 3:28.38)  
Don Bosco (4<sup>th</sup>, SMR, 3:26.43)  
DePaul (43<sup>rd</sup>, SMR, 3:38.39)  
Jason Katz, Ramapo (19<sup>th</sup>, TJ, 45-3)  
Paul Sheridan, Paramus Catholic (22<sup>nd</sup>, JT, 165-4)  
Caleb Hart, Hawthorne Christian (19<sup>th</sup>, JT, 172-5)  
Mike Brazzel, North Arlington (10<sup>th</sup>, JT, 190-6)  
Seth Zuidema, Midland Park (16<sup>th</sup>, JT, 181-1)  
**Ridgewood (5<sup>th</sup>, 4-x-800 relay, 7:39.57)**  
Bergen Catholic (20<sup>th</sup>, 4-x-800, 7:52.39)  
Don Bosco (8<sup>th</sup>, 4-x-mile, 17:47.88)  
Luke Annichiarico, Old Tappan (10<sup>th</sup>, PV, 14-8 ¼)  
River Dell (18<sup>th</sup>, DMR, EE, 10:46.21)  
Joe Jordan, Old Tappan (17<sup>th</sup>, IH, EE, 56.02)  
Will Rienas, Old Tappan (25<sup>th</sup>, IH, EE, 56.78)  
Chris Estrella, Ridgefield Park (15<sup>th</sup>, 200, 21.70)  
**Joe White, DePaul (2<sup>nd</sup>, 800, 1:48.75)**

## **Girls**

River Dell (DQ, 4-x-100, EE)  
Tenafly (39<sup>th</sup>, 4-x-800, 9:54.67)  
Kristina Langan, Wayne Hills (t-6<sup>th</sup>, PV, EE, 10-11 ¾)  
Westwood (11<sup>th</sup>, 4-x-200, EE, 1:46.15)  
Jessica Molina, Westwood (22<sup>nd</sup>, DT, EE, 110-10)  
Kailee Oakes, Westwood (19<sup>th</sup>, DT, EE, 113-10)  
Pascack Hills (24<sup>th</sup>, SMR, EE, 4:25.87)  
Marina Reilly, River Dell (12<sup>th</sup>, TJ, EE, 36-1 ½)  
Lexi DelGizzo, Tenafly (21<sup>st</sup>, 400, EE, 61.32)  
**River Dell (6<sup>th</sup>, Super SMR, 1:50.34)**  
Giavanna Tabbachino, IHA (19<sup>th</sup>, 2 mile, FROSH, 11:53.07)  
Carleen Jeffers, Ridgewood (22<sup>nd</sup>, 5,000, 17:59.06)

Sam Halvorsen, Ridgewood (18<sup>th</sup>, 5,000, 17:55.55)  
Lauren Brzozowski, Ramapo (5<sup>th</sup>, 200, EE, 24.68)  
Catherine Rozalski, Queen of Peace (t 16<sup>th</sup>, PV, 11-5 ¾)  
Tenafly (21<sup>st</sup>, SMR, 4:15.71)

**Westwood (3<sup>rd</sup>, SMR, 3:57.96)**

Tatiyanna Sanders, Paramus Catholic (14<sup>th</sup>, TJ, 38-6 ¾)  
Givanna Tabbachino, IHA (26<sup>th</sup>, 1 mile, FROSH, 5:34.990)  
Jessica Molina, Westwood (NM, HT, EE)  
Lydon Kersting, Holy Angels (20<sup>th</sup>, 2 mile, EE, 11:14.86)  
Carleen Jeffers, Ridgewood (18<sup>th</sup>, 2 mile, EE, 11:13.88)  
Sam Halvorsen, Ridgewood (17<sup>th</sup>, 2 mile, EE, 11:12.24)  
Stephanie Bitcon, Wayne Hills (33<sup>rd</sup>, 2 mile, EE, 11:34.65)  
Marina Reilly, River Dell (21<sup>st</sup>, LJ, EE, 16-6)  
Noreen Byrne, River Dell (7<sup>th</sup>, IH, EE, 62.88)  
River Dell (21<sup>st</sup>, 4-x-400, EE, 4:01.41)  
Jessica Molina, Westwood (21<sup>st</sup>, SP, 39-1)  
Colleen Buckley, IHA (24<sup>th</sup>, 800, 2:14.59)  
Lauren Brzozowski, Ramapo (21<sup>st</sup>, 400, 56.31)  
Taryn DeLeon, Old Tappan (10<sup>th</sup>, HJ, 5-5 ¾)  
Julia Guerra, Indian Hills (10<sup>th</sup>, 1 mile, 4:55.72)  
Tatiyanna Sanders, Paramus Catholic (11<sup>th</sup>, LJ, 18-8 ¾)  
Corinne Myers, Westwood (7<sup>th</sup>, 800, 2:07.45)

**Catherine Pagano, Northern Highlands (5<sup>th</sup>, 1 mile, 4:48.13)**

**Josette Norris, Tenafly (4<sup>th</sup>, 1 mile, 4:47.88)**

**2015 (North Carolina A&T, Greensboro, NC)**

**Boys**

Marc Rienas, Old Tappan (33<sup>rd</sup>, 800, 1:57.09)  
Don Bosco (DQ, 4-x-200)

**Old Tappan (4<sup>th</sup>, 4-x-400, 3:16.36)**

**River Dell (5<sup>th</sup>, 4-x-800, 7:46.25)**

Don Bosco (23<sup>rd</sup>, Super SMR, 1:35.45)  
Park Ridge (29<sup>th</sup>, Super SMR, 1:35.90)  
Bergen Tech (33<sup>rd</sup>, Super SMR, 1:37.31)

**Old Tappan (2<sup>nd</sup>, SMR, 3:25.08)**

Ridgewood (21<sup>st</sup>, SMR, 3:33.27)

**River Dell (3<sup>rd</sup>, DMR, 10:07.55)**

Ridgewood (10<sup>th</sup>, Swedish, 2:02.33)  
Northern Highlands (12<sup>th</sup>, shuttle hurdles, 1:01.47)  
Old Tappan (13<sup>th</sup>, shuttle hurdles, 1:02.35)  
Frankie Richard, Northern Highlands (17<sup>th</sup>, TJ, 46-0 ¾)  
Jason Katz, Ramapo (21<sup>st</sup>, TJ, 45-2 ½)  
Frank Ahearn, Ramsey (ND, DT)  
St. Jacob Diodonet, West Milford (13<sup>th</sup>, EE, 400, 49.32)  
Michael Thurston, Ridgewood (11<sup>th</sup>, EE, 800, 1:55.34)  
Joe Jordan, Old Tappan (4<sup>th</sup>, EE, IH, 54.42)

Will Rienas, Old Tappan (15<sup>th</sup>, EE, IH, 55.70)  
Don Bosco (13<sup>th</sup>, EE, 4-x-100, 43.59)  
Tenafly (34<sup>th</sup>, EE, Super SM, 1:39.66)  
Dwight-Englewood (42<sup>nd</sup>, EE, Super SM, 1:41.42)  
Dwight-Englewood "B" (51<sup>st</sup>, EE, Super SM, 1:46.44)  
Sam Siegel, Demarest (NH, EE, PV)  
Frankie Richard, Northern Highlands (1<sup>st</sup>, EE, LJ, 21-11 ¾)  
Chris Snead, Teaneck (18<sup>th</sup>, EE, DT, 148-3)  
Jack Judge, Don Bosco (4<sup>th</sup>, EE, JT, 167-3)  
Kyle Brackett, Wayne Hills (6<sup>th</sup>, EE, JT, 166-2)  
Dalton Newman, Fair Lawn (24<sup>th</sup>, EE, JT, 157-7)  
Ivan Maldonado, Fort Lee (25<sup>th</sup>, EE, JT, 157-4)  
Joe Korin, Bergen Catholic (39<sup>th</sup>, EE, JT, 147-10)  
Matt Tai, Ridgewood (49<sup>th</sup>, FR, 100, 11.98)  
Max Bartlik, Ridgewood (10<sup>th</sup>, FR, TJ, 40-3 ¼)  
Danny Romero, Ridgewood (13<sup>th</sup>, FR, TJ, 39-5 ¾)

### **Girls**

Carleen Jeffers, Ridgewood (21<sup>st</sup>, 2 mile, 11:13.94)  
**Carleen Jeffers, Ridgewood (4<sup>th</sup>, 5000, 16:58.19)**  
Northern Highlands (35<sup>th</sup>, 4-x-100, 49.51)  
IHA (20<sup>th</sup>, SMR, 4:10.40)  
Tenafly (24<sup>th</sup>, SMR, 4:12.10)  
Teaneck (34<sup>th</sup>, SMR, 4:16.82)  
**Northern Highlands (DMR, 6<sup>th</sup>, 11:57.85)**  
IHA (DMR, 12<sup>th</sup>, 12:29.52)  
Kaitlin Salisbury, Hawthorne (10<sup>th</sup>, TJ, 39-0 ½)  
Rosemary Menyhart, Paramus Catholic (19<sup>th</sup>, TJ, 38-3 ½)  
Maryam Hassan, Cresskill (37<sup>th</sup>, TJ, 35-5)  
Jessica Molina, Westwood (12<sup>th</sup>, SP, 44-8 ¼)  
Amarys Berry, Hackensack (23<sup>rd</sup>, SP, 41-8)  
Jessica Molina, Westwood (30<sup>th</sup>, DT, 125-10)  
Amiynah Campbell, Teaneck (41<sup>st</sup>, DT, 112-10)  
Jesse Geller, Demarest (20<sup>th</sup>, JT, 111-8)  
Thalia Ghalam, Midland Park (27<sup>th</sup>, JT, 106-7)  
Jessica Molina, Westwood (27<sup>th</sup>, HT, 135-3)  
Lexi DelGizzo, Tenafly (23<sup>rd</sup>, EE, 400, 57.58)  
Maria Acosta, Paramus Catholic (27<sup>th</sup>, EE, 400, 57.97)  
Colleen Buckley, IHA (23<sup>rd</sup>, EE, 1 mile, 5:08.43)  
Michelle Kubasek, Bergen Tech (12<sup>th</sup>, EE, 2 mile, 11:24.11)  
Teaneck (34<sup>th</sup>, EE, 4-x-100, 50.06)  
IHA (45<sup>th</sup>, EE, 4-x-200, 1:51.61)  
Old Tappan (19<sup>th</sup>, EE, 4-x-800, 9:43.38)  
Holy Angels (42<sup>nd</sup>, EE, 4-x-800, 9:54.60)  
Teaneck (1<sup>st</sup>, EE, Super SMR, 1:48.48)  
Tenafly (37<sup>th</sup>, EE, Super SMR, 1:58.52)

Dwight-Englewood (42<sup>nd</sup>, EE, Super SMR, 1:59.87)  
Dwight-Englewood (54<sup>th</sup>, EE, Super SMR, 2:05.35)  
Bergen Tech (43<sup>rd</sup>, EE, SMR, 4:29.57)  
Taylor Parcels, Old Tappan (tie 8<sup>th</sup>, HJ, 5-1  $\frac{3}{4}$ )  
Kaitlin Salisbury, Hawthorne (1<sup>st</sup>, EE, LJ, 18-7  $\frac{1}{4}$ )  
Taylor Nash, Old Tappan (33<sup>rd</sup>, EE, JT, 87-4)  
Ashley Sullivan, Old Tappan (34<sup>th</sup>, EE, JT, 83-3)  
Sonya Sachdev, Bergen Tech (37<sup>th</sup>, EE, HT, 97-10)  
Caroline O'Sullivan, Old Tappan (39<sup>th</sup>, FR, 400, 61.04)  
Lauren Stern, Mahwah (18<sup>th</sup>, FR, LJ, 15-9)  
Lauren Stern, Mahwah (13<sup>th</sup>, FR, TJ, 35-1  $\frac{1}{4}$ )  
Amanda Katz, Ramapo (17<sup>th</sup>, FR, TJ, 34-7  $\frac{3}{4}$ )  
Hannah Sikorski, Wayne Valley (22<sup>nd</sup>, FR, TJ, 33-8  $\frac{1}{2}$ )  
Samantha Green, Park Ridge (15<sup>th</sup>, JHS, 1 mile, 5:24.80)

### **2016 (North Carolina A & T, Greensboro, NC)**

#### **BOYS**

Bergen Catholic 4-x-800 (14<sup>th</sup>, EE, 8:05.35)  
Al-tariq Denson, Paramus (23<sup>rd</sup>, EE, 110 HH, 14.75)  
Ridgewood Swedish relay (10<sup>th</sup>, 1:56.79)  
Joe Korin, Bergen Catholic (17<sup>th</sup>, EE, JT, 152-8)  
James Kelly, Old Tappan (12<sup>th</sup>, EE, JT, 156-8)  
Dalton Newman, Fair Lawn (21<sup>st</sup>, EE, JT, 144-7)  
Gus Nations, Teaneck (29<sup>th</sup>, FR, 100, 11.52)  
(14<sup>th</sup>, FR, 400, 51.25)  
Tom Rienas, Old Tappan (15<sup>th</sup>, EE, 400, 49.43)  
Old Tappan 4-x-200 (24<sup>th</sup>, 1:30.73)  
4-x-400 (17<sup>th</sup>, 3:20.22)  
Gio Gutierrez, Saddle Brook (2<sup>nd</sup>, EE, 56-11  $\frac{1}{4}$ )  
Glen Rock sprint medley (18<sup>th</sup>, 3:36.24)  
**Ridgewood sprint medley (2<sup>nd</sup>, 3:25.04) (Thurston 1:50.86)**  
Will Baginski, Ridgewood (6<sup>th</sup>, FR, 1 mile, 4:29.65)  
Northern Highlands shuttle hurdles (17<sup>th</sup>, 1:04.85)  
Brian Holden, Demarest, (29<sup>th</sup>, JT, 170-7)  
Sebastien Sarday, North Bergen (44<sup>th</sup>, JT, 129-1)  
Don Bosco 4-x-1mile (19<sup>th</sup>, 18:12.49)  
Will Rienas, Old Tappan (8<sup>th</sup>, EE, 400 IH, 54.76)  
Sean Sullivan, Rutherford (16<sup>th</sup>, 1 mile, 4:19.64)  
**Michael Thurston, Ridgewood (6<sup>th</sup>, 800, 1:51.21)**

#### **GIRLS**

Old Tappan 4-x-800 (23<sup>rd</sup>, EE, 9:45.46)  
Kathryn Brown, Kinnelon (21<sup>th</sup>, FR, LJ, 15-9  $\frac{3}{4}$ )  
(32<sup>nd</sup>, FR, TJ, 32-8  $\frac{1}{2}$ )  
Kennedee Cox, Teaneck (18<sup>th</sup>, FR, LJ, 15-11)  
North Bergen 4-x-200 (43<sup>rd</sup>, EE, 1:49.41)

Sprint medley (36<sup>th</sup>, 4:24.58)  
Super sprint medley (51<sup>st</sup>, 1:52.65)  
Pascack Hills 4-x-200 (24<sup>th</sup>, EE, 1:46.25)  
Sprint medley (30<sup>th</sup>, EE, 4:22.86)  
Jessica Ippolito, Fair Lawn (5<sup>th</sup>, EE, PV, 11-10  $\frac{3}{4}$ )  
Melissa Purcell, Pascack Valley (tie 11<sup>th</sup>, EE, PV, 11-5)  
River Dell sprint medley (3<sup>rd</sup>, EE, 4:10.23)  
Super sprint medley (39<sup>th</sup>, EE, 1:57.59)  
Distance medley (9<sup>th</sup>, EE, 12:23.44)  
Teaneck sprint medley (6<sup>th</sup>, EE, 4:13.27)  
Super sprint medley (24<sup>th</sup>, 1:50.23)  
Liz Garcia, Holy Angels (8<sup>th</sup>, EE 100 HH, 14.77)  
(8<sup>th</sup>, EE, TJ, 37-0  $\frac{1}{2}$ )  
Maryam Hassan, Cresskill (20<sup>th</sup>, EE, TJ, 36-2)  
Sarah Ahmed, Demarest (29<sup>th</sup>, EE, DT, 108-6)  
Lexi DelGizzo, Tenafly (9<sup>th</sup>, EE, 400, 56.83)  
(21<sup>st</sup>, 800, 2:15.18)  
Caroline O'Sullivan, Old Tappan (18<sup>th</sup>, 800, 2:14.12)  
Angelina Tarabokija, Kinnelon (13<sup>th</sup>, FR, 2 mile, 11:47.17)  
Jesse Geller, Demarest (29<sup>th</sup>, JT, 112-4)  
Nicole Sacchinelli, Fair Lawn (32<sup>nd</sup>, JT, 110-3)  
Giulia Pezzolla, Lyndhurst (34<sup>th</sup>, FR, TJ, 32-7  $\frac{3}{4}$ )  
Tiffany Bautista, Paramus Catholic (2<sup>nd</sup>, FR, TJ, 37-0  $\frac{1}{2}$ )  
(tie-24<sup>th</sup>, EE, HJ, 5-1  $\frac{3}{4}$ )  
Northern Highlands 4-x-200 (33<sup>rd</sup>, 1:45.14)  
Miku Okada, River Dell (tie-17<sup>th</sup>, EE, HJ, 5-1  $\frac{3}{4}$ )  
Hannah Figueroa, Pascack Hills (tie 30<sup>th</sup>, EE, HJ, 5-1  $\frac{3}{4}$ )  
**Kaitlin Salisbury, Hawthorne (4<sup>th</sup>, TJ, 40-1  $\frac{1}{4}$ )**  
(33<sup>rd</sup>, LJ, 17-10  $\frac{3}{4}$ )  
Samantha Green, Park Ridge (23<sup>rd</sup>, FR, 1 mile, 5:23.01)  
Sophia Wolmer, Bergen Tech (20<sup>th</sup>, FR, 1 mile, 5:20.41)  
Glen Rock shuttle hurdles (26<sup>th</sup>, 1:06.80)  
Michelle Rubineti, Demarest (tie 27<sup>th</sup>, PV, 11-5)  
Ridgewood 4-x-1 mile (25<sup>th</sup>, 21:59.91)  
Jessica Molina, Westwood (13<sup>th</sup>, HT, 155-11)  
(5<sup>th</sup>, SP, 47-2  $\frac{1}{4}$ )  
Kelsey Larkin, Ramsey (24<sup>th</sup>, 400 IH, 1:02.60)  
Nikolia Kanaris, Demarest (11<sup>th</sup>, SP, 43-9  $\frac{3}{4}$ )  
Ramsey 4-x-400 (30<sup>th</sup>, 3:59.28)

## **2017 (North Carolina A & T, Greensboro, N.C.)**

### Boys

Rahmir Johnson, Bergen Catholic (36<sup>th</sup>, 200, 22.24)  
Ridgewood 4-x-200 (25<sup>th</sup>, 1:30.45)  
Super sprint medley (11<sup>th</sup>, 1:32.71)  
Swedish relay (17<sup>th</sup>, 1:58.22)



Shuttle hurdles (27<sup>th</sup>, 68.00)  
Bergen Catholic 4-x-800 (24<sup>th</sup>, 7:57.51)  
Sprint medley (17<sup>th</sup>, 3:29.97)  
4-x-100 (19<sup>th</sup>, EE, 43.47)  
Distance medley (29<sup>th</sup>, EE, 10:46.87)  
Indian Hills 4-x-1 mile (13<sup>th</sup>, 17:59.01)  
Demarest shuttle hurdles (16<sup>th</sup>, 61.77)  
David Rosas, Don Bosco (10<sup>th</sup>, EE, 1 mile, 4:20.18)  
Chris Corcoran, Indian Hills (18<sup>th</sup>, EE, 2 mile, 9:44.81)  
Dan Daurio, Bogota (21<sup>st</sup>, EE, 2 mile, 9:48.04)  
Andrew Petersen, Demarest, (17<sup>th</sup>, EE, 400 IH, 56.33)  
Adam Khriiss, Secaucus (24<sup>th</sup>, EE, 400 IH, 63.42)  
Mahwah 4-x-400 (19<sup>th</sup>, EE, 3:25.54)  
Bergen Tech Super sprint medley (33<sup>rd</sup>, EE, 1:38.52)  
Glen Rock sprint medley (38<sup>th</sup>, EE, 3:41.94)  
Jason Mezhibovsky, Demarest (t 7<sup>th</sup>, EE, PV, 14-9 ½)  
Kyle Patel, Glen Rock (11<sup>th</sup>, EE, DT, 156-5)  
Jason Santa Cruz, Old Tappan (6<sup>th</sup>, EE, JT, 165-10)  
Okpe Ogedegbe, Fort Lee (12<sup>th</sup>, EE, TJ, 41-8 ½)

#### Girls

**Lexi DelGizzo, Tenafly (3<sup>rd</sup>, 800, 2:07.83)**

Caroline O'Sullivan, Old Tappan (14<sup>th</sup>, 1 mile, 5:03.15)

**Monica Hebner, Northern Highlands (5<sup>th</sup>, 5,000, 17:18.73)**

Katherine Muccio, Ridgewood (DQ, 400 IH)

Paramus Catholic 4-x-100 (29<sup>th</sup>, 48.74)

Park Ridge 4-x-400 (21<sup>st</sup>, 3:58.88)

Tenafly sprint medley (34<sup>th</sup>, 4:15.82)

(26<sup>th</sup>, EE, 4:38.51)

Holy Angels sprint medley (36<sup>th</sup>, 4:19.97)

4-x-800 (3<sup>rd</sup>, EE, 9:19.06)

super sprint medley (19<sup>th</sup>, EE, 1:51.59)

Old Tappan sprint medley (37<sup>th</sup>, 4:23.25)

Glen Rock shuttle hurdles (21<sup>st</sup>, 65.43)

**JENNA ROGERS, RUTHERFORD (1<sup>ST</sup>, HJ, 6-0 ¾ (HJ NATIONAL FRESHMAN RECORD))**

Melissa Purcell, Pascack Valley (29<sup>th</sup>, PV, 11-10)

Michelle Rubinetti, Demarest (30<sup>th</sup>, PV, 11-6 ¼)

Jessica Ippolito, Fair Lawn (NH, PV)

Sam Gioiosa, Bogota (16<sup>th</sup>, JT, 127-10)

Jesse Geller, Demarest (17<sup>th</sup>, JT, 126-0)

Nicole Sacchinelli, Fair Lawn (23<sup>rd</sup>, JT, 115-0)

Isabel Hebner, Northern Highlands (14<sup>th</sup>, EE, 2 mile, 11:20.14)

Daisy Liljegren, Northern Highlands (30<sup>th</sup>, EE, 2 mile, 12:13.66)

Grace O'Shea, Ramapo (16<sup>th</sup>, EE, 100 HH, 14.66)

(16<sup>th</sup>, EE, 400 IH, 63.75)

Isabelle Dely, Paramus Catholic (23<sup>rd</sup>, 100 HH, 14.88)  
Pascack Hills (19<sup>th</sup>, EE, 4:00.29)  
Tiffany Bautista, Paramus Catholic (t7<sup>th</sup>, EE, HJ, 5-3)  
(6<sup>th</sup>, EE, LJ, 18-0 ¼)  
(9<sup>th</sup>, EE, TJ, 37-10 ¾)  
Samantha Fellowes, Holy Angels (NH, EE, HJ)  
Lauren Stern, Mahwah (11<sup>th</sup>, EE, TJ, 37-8)  
Zia Barr, Teaneck (22<sup>nd</sup>, EE, TJ, 35-5 ¼)  
Sydney Stith, Pascack Hills (12<sup>th</sup>, EE, JT, 112-4)  
Karina Roze, Glen Rock (13<sup>th</sup>, EE, JT, 112-4)  
Maris Rodriguez, Holy Angels (23<sup>rd</sup>, FR, 100, 12.85)  
Marissa DiGia, Old Tappan (28<sup>th</sup>, EE, TJ, 33-0 ¼)

### **2018 (North Carolina A & T, Greensboro, N.C.)**

#### Boys

**LUIS PERALTA, Passaic (1<sup>st</sup>, 800, 1:49.10)**  
Giano Roberts, North Bergen (10<sup>th</sup>, HH, 14.19)  
Indian Hills 4 mile relay (28<sup>th</sup>, 18:46.22)  
Ridgewood shuttle hurdles relay (14<sup>th</sup>, 62.26)  
Carlos Pepin, Lodi (NH, HJ)  
Liam Landau, Pascack Hills (t 14<sup>th</sup>, PV, 15-3 1/2)  
Manny Montoya, Fort Lee (42<sup>nd</sup>, LJ, 19-3 ½)  
Connor Scaglione, Demarest (12<sup>th</sup>, SP, 59-9 ¾)  
Connor Mathis, Don Bosco (19<sup>th</sup>, SP, 57-11)  
Jason Santa Cruz, Old Tappan (21<sup>st</sup>, JT, 177-3)  
Greg Poloso, Wayne Valley (23<sup>rd</sup>, JT, 176-6)  
Andy Ambroise, Paramus Catholic (41<sup>st</sup>, EE, 110 HH, 15.68)  
Adam Khriiss, Secaucus (7<sup>th</sup>, EE, 400IH, 54.51)  
Paramus Catholic 4-x-100 relay (4<sup>th</sup>, EE, 42.67 (42.85 4<sup>th</sup> in trials)  
River Dell 4-x-100 relay (DQ, EE)  
800 sprint medley (14<sup>th</sup>, EE, 1:35.43)  
Bergen Tech 800 sprint medley (24<sup>th</sup>, EE, 1:37.11)  
Sprint medley relay (23<sup>rd</sup>, EE, 3:38.11)  
North Bergen sprint medley relay (17<sup>th</sup>, EE, 3:36.94)  
Glen Rock sprint medley relay (38<sup>th</sup>, EE, 3:45.22)  
Distance medley relay (23<sup>rd</sup>, EE, 10:57.51)  
Tyler Hrbek, Old Tappan (3<sup>rd</sup>, EE, PV, 15-3 ½)  
Eugene Kim, Rutherford (21<sup>st</sup>, EE, LJ, 21-3 ½)  
Dan Monchek, Northern Highlands (34<sup>th</sup>, EE, LJ, 20-6 ¼)  
(20<sup>th</sup>, EE, TJ, 43-9)  
Anthony DiMaulo, Rutherford (48<sup>th</sup>, EE, LJ, 19-4)  
Max Bartlik, Ridgewood (5<sup>th</sup>, EE, TJ, 45-10)  
Marc Santonocito, Demarest (24<sup>th</sup>, EE, SP, 51-1 ¾)  
Jack Stuart, Hackensack (29<sup>th</sup>, EE, DT, 137-8)  
Matt Lange, Demarest (30<sup>th</sup>, EE, DT, 137-3)  
John Lee, Demarest (13<sup>th</sup>, EE, JT, 161-9)

Austin Albericci, Demarest (16<sup>th</sup>, EE, JT, 158-1)  
Jemel Carter, Paramus Catholic (5<sup>th</sup>, Fr., 100, 11.12 (8<sup>th</sup> in trials, 11.04)  
Christian Abraham, Paramus Catholic (36<sup>th</sup>, Fr., 100, 11.35)  
Robert Hymans, Ramapo (10<sup>th</sup>, Fr., 2 mile, 10:07.25)

#### Girls

Caroline O'Sullivan, Old Tappan (20<sup>th</sup>, mile, 5:17.24)  
**Monica Hebner, Northern Highlands (4<sup>th</sup>, 5,000, 17:05.30)**  
**Isabel Hebner, Northern Highlands (6<sup>th</sup>, 5,000, 17:09.82)**  
Grace O'Shea, Ramapo (34<sup>th</sup>, 100 HH, 14.48)  
(14<sup>th</sup>, 400 IH, 62.72)  
Ramapo 4-x-400 relay (12<sup>th</sup>, 3:54.69)  
    Shuttle hurdles relay (24<sup>th</sup>, 66.04)  
    Sprint medley relay (8<sup>th</sup>, EE, 4:11.73)  
Bergen Tech sprint medley relay (36<sup>th</sup>, EE, 4:23.54)  
    Distance medley relay (24<sup>th</sup>, EE, 12:59.45)  
Pascack Hills sprint medley relay (37<sup>th</sup>, EE, 4:23.93)  
Old Tappan sprint medley (13<sup>th</sup>, 4:05.89)  
Northern Highlands distance medley (13<sup>th</sup>, 13:00.02)  
Paramus Catholic shuttle hurdles relay (8<sup>th</sup>, 60.48) (Bergen County Record)  
    MIXED 4-x-400 relay (21<sup>st</sup>, 3:41.23)  
    4-x-100 relay (3<sup>rd</sup>, 48.22 (48.43, 5<sup>th</sup> in trials)  
Jenna Rogers, Rutherford (7<sup>th</sup>, HJ, 5-8 ¾)  
Tiffany Bautista, Paramus Catholic (t8<sup>th</sup>, HJ, 5-8 ¾)  
(23<sup>rd</sup>, LJ, 17-7 ½)  
(9<sup>th</sup>, TJ, 39-8 ¾)  
Sydney Woods, Demarest (t11<sup>th</sup>, PV, 12-6 ¼)  
Melissa Purcell, Pascack Valley (t 31<sup>st</sup>, PV, 11-8 ½)  
Lauren Stern, Mahwah (23<sup>rd</sup>, TJ, 37-3 ¼)  
Alianna Eucker, Bergen Tech (7<sup>th</sup>, JT, 128-4)  
Karina Roze, Glen Rock (13<sup>th</sup>, JT, 120-4)  
(43<sup>rd</sup>, EE, DT, 105-4)  
Sydney Stith, Pascack Hills (20<sup>th</sup>, JT, 108-9)  
Nicole Sachinelli, Fair Lawn (ND, JT)  
Demarest 4-x-400 relay (31<sup>st</sup>, EE, 4:04.08)  
River Dell 4-x-800 relay (1<sup>st</sup>, EE, 9:15.54) (MEET RECORD)  
Nicole Lester, Ridgewood (19<sup>th</sup>, EE, PV, 11-8 ½)  
Sarah Hutchins, Glen Rock (32<sup>nd</sup>, EE, LJ, 15-10 ½)  
Zia Barr, Teaneck (14<sup>th</sup>, EE, TJ, 37-5)  
Lexi Uzoaru, Ridgewood (11<sup>th</sup>, EE, SP, 40-4)  
(16<sup>th</sup>, EE, DT, 123-0)  
Cat Light, Demarest (28<sup>th</sup>, EE, SP, 33-8)  
(35<sup>th</sup>, EE, DR, 113-8)  
Iris Chi, Demarest (33<sup>th</sup>, EE, JT, 96-1)  
Amanda Mircovich, River Dell (6<sup>th</sup>, Fr., mile, 5:08.70)  
Maggie Mircovich, River Dell (9<sup>th</sup>, Fr. Mile, 5:11.43)

