

# STATE GROUP CHAMPIONSHIPS

## BOYS GROUP 1

Warner "Red" Heitmann, Westwood	1952 440
Richie Pfeifer, Hasbrouck Heights	1953 DT
<b>Mulhbeak, Pompton Lakes</b>	<b>1953 JT</b>
Ted Trust, North Arlington	1954 LJ
Herb Beyer, Ridgefield Park	1954 mile
*Joe Francello, North Arlington	1956 mile
	1957 mile
<b>Campbell, Lakeland</b>	<b>1960 220</b>
Dan Burks, Wood-Ridge	1960 mile
Dan Hesford, North Arlington	1961 HJ (T)
John Richardson, North Arlington	1961 HJ (T)
Carl Bachmann, North Arlington	1962 220
<b>Hal Stone, Pompton Lakes</b>	<b>1962 880</b>
John Reimels, Wallington	1962 mile
Jim Angresano, Park Ridge	1964 220
Bob Normann, Park Ridge	1964 120 HH
Robin Herrington, Park Ridge	1964 440
Ken Leeson, North Arlington	1965 120 HH
	1965 HJ
<b>Jon Wettstein, Pompton Lakes</b>	<b>1966 SP</b>
Bill Elliot, Waldwick	1967 DT
*John Wimmer, Bogota	1968 440
WALDWICK	1968 RELAY
Brian Derwin, Cresskill	1969 SP
Bruce Cooper, North Arlington	1969 PV
Doug Stewart, Cresskill	1969 440
CRESSKILL	1969 RELAY
	1970 RELAY
Gary Dittmore, Leonia	1970 880
John Sereno, Bogota	1970 LJ
<b>Charlie Getty, Pompton Lakes</b>	<b>1970 DT</b>
	<b>1970 SP</b>
John Beemer, Hasbrouck Heights	1970 440
	1971 440
Rich Kelly, Cresskill	1971 LJ
Dave Ludwig, Park Ridge	1972 880
Chuck Benjamin, Cresskill	1973 SP
Joe Ancona, Mahwah	1974 120 HH
	1974 330 IH
	1975 SP
*Ron Kort, Mahwah	1975 mile
John Bahnsen, Bogota	1977 DT
Frank Casella, Leonia	1979 SP
<b>Bill Rysbeck, Pompton Lakes</b>	<b>1979 SP</b>
Ian Leavesley, Mahwah	1980 1500
	1980 3000
Bob Erksine, North Arlington	1981 JT
	1982 JT
Pat Finley, Bogota	1982 DT
Andy Papanthassiou, Emerson	1983 SP
	1983 DT
	1984 SP
	1984 DT
	1985 SP
Shawn Carpenter, Emerson	1984 100
Steve Truglio, New Milford	1985 400
Paul Zeuke, New Milford	1985 400 IH
Kevin McOwen, Mahwah	1986 3200
<b>Steve Keating, Pompton Lakes</b>	<b>1986 PV</b>
Dave Witosky, Mahwah	1987 SP
Eric Princen, Cresskill	1987 HJ
Jim Hock, Mahwah	1987 LJ
Carmen Pizzuto, Saddle Brook	1988 400 IH
Kevin Quinn, Cresskill	1989 DT
	1990 SP
Fred Campbell, Emerson	1990 100
	1990 200
	1991 100
	1991 200
Rich Miller, Cresskill	1990 PV
Bill Schels, Emerson	1991 SP

Jeff Heal, New Milford	1991 HJ
Curtis Loudermilk, Saddle Brook	1993 SP
Brendan Stickles, Glen Rock	1995 800
Justin Schwartz, Glen Rock	1995 JT
Chinua Laud, Leonia	1996 JT
*Mikkel Brown, Glen Rock	1997 LJ
Chris Charles, Park Ridge	1999 100
	2000 100
	2000 200
Nick Garrett, Saddle Brook	1999 110 HH
Joe Hwang, Cresskill	1999 400 IH
Mike Murphy, New Milford	1999 SP
	1999 DT
Eric Lowenstein, New Milford	1999 JT
Gary Gagliardi, Hasbrouck Heights	2000 800
	2001 400
	2001 800
Frank Kozibroda, Wood-Ridge	2000 SP
Charles Yalovister, North Arlington	2000 DT
HASBROUCK HEIGHTS	2001 relay
	2010 relay
Paul Rosiak, Wood-Ridge	2002 JT
	2003 DT
	2003 JT
Greg Powell, Westwood	2002 HJ
Ryan McCann, Glen Rock	2003 1600
	2004 800
	2004 1600
Dave Lado, Ridgefield	2003 400 IH
Mark Wong, Lyndhurst	2003 PV
Vernard Hoover, Hasbrouck Heights	2003 TJ
	2003 LJ
	2004 TJ
Rameik Jackson, Westwood	2004 100
	2004 400
Slawek Wojtys, Wallington	2004 SP
Jason Maier, New Milford	2004 DT
Tim Murphy, Glen Rock	2004 PV
WESTWOOD	2004 relay
Anthony Pomo, Saddle Brook	2005 100
	2005 LJ
Vinnie Gareffa, Hasbrouck Heights	2005 200
Barry Green, Lyndhurst	2005 SP
Brian Wiseman, Saddle Brook	2005 TJ
<b>Orion Woodard, Pompton Lakes</b>	<b>2006 200</b>
	<b>2007 200</b>
*Geoff Goidell, Pascack Hills	2006 SP
<b>Dane Bender, Pompton Lakes</b>	<b>2007 800</b>
<b>Mike Soroko, Kinnelon</b>	<b>2007 1600</b>
Kyle Elliott, Cresskill	2007 JT
	2008 JT
Mike Collins, Cresskill	2007 PV
Matt Bieszard, Midland Park	2008 200
	2008 400
Matt Lingam, Park Ridge	2008 800
PARK RIDGE	2008 relay
Mike Renna, Hasbrouck Heights	2008 SP
Tomasz Dlugozima, Wallington	2008 DT
	2009 DT
Greg Hoffman, Park Ridge	2008 PV
	2009 PV
Hayden Duffy, Emerson	2009 800
Patrick Cole, Hasbrouck Heights	2009 SP
	2010 SP
	2011 DT
Kaleb Zuidema, Midland Park	2009 JT
	2010 JT
	2011 JT
John Porteous, Wood-Ridge	2010 IH
	2010 IH
Patrick Rono, Lyndhurst	2010 800
	2010 1600
	2011 800
	2011 1600
<b>Chris Steele, Pompton Lakes</b>	<b>2010 PV</b>

Dorian Slavov, Cresskill	<b>2011 PV</b>
Chris Connors, Hasbrouck Heights	2011 SP
Alex Sisco, Hasbrouck Heights	2012 SP
Stefan Morton, Emerson	2012 PV
Danny Cordeiro, North Arlington	2013 3200
Johnathan Proffitt, Bogota	2014 800
<b>Andrew Accardi, Pompton Lakes</b>	2014 TJ
Gio Gutierrez, Saddle Brook	<b>2015 PV</b>
	2016 SP
	2016 DT
	2017 SP
	2017 DT
Eran Peci, Emerson	2017 PV
Omar Anderson, Boonton	2017 LJ
HAWTHORNE	2017 relay

## BOYS GROUP 2

Don Cavalli, Ridgefield Park	1956 DT
	1957 DT
Jim Cassidy, Lyndhurst	1956 LJ
Paul DiNapoli, Ridgefield Park	1956 PV (T)
*Joe Francello, North Arlington	1958 mile
Hatch Rosdahl, Ridgefield Park	1958 SP
	1958 DT
	1959 SP
	1959 DT
Karl Lorenz, Pascack Valley	1959 LJ
Tony Furfaro, Fort Lee	1960 SP
Len Byrd, Leonia	1961 220
George Patterson, Leonia	1961 220
	1961 440
	1962 100
	1962 220
	1962 440
*Dave Stanley, Glen Rock	1963 JT
Richie Civil, Fort Lee	1963 880
Steve Woodard, Demarest	1963 100
Richie Greenberg, Fort Lee	1964 880
Larry Borger, Demarest	1964 180 LH
Dennis Spirito, Wood-Ridge	<b>1964 120 HH</b>
<b>Paul Williams, Pompton Lakes</b>	<b>1965 120 HH</b>
Tom Woodard, Demarest	1965 880
Howie Hilliard, Rutherford	1966 440
Steve Ordway, Rutherford	1966 mile
Steve Arnoldi, Ridgefield Park	1966 SP
Dick Reisman, Pascack Valley	1966 DT
Steve Kunze, Saddle Brook	1966 HJ
Charlie Loschman, Pascack Valley	1966 PV
*John Wimmer, Bogota	1967 440
Fred Schwab, Tenafly	1967 SP
<b>Mike Terrizzi, Hawthorne</b>	<b>1967 DT</b>
Tom Raders, Pascack Valley	1967 HJ
Brendan Haugh, Tenafly	1967 PV
Bob Redard, Tenafly	1968 880
Steve Amerman, Rutherford	1968 mile
RUTHERFORD	1968 RELAY
Richard Gabey, Indian Hills	1968 SP
<b>Keith Kurtz, Pompton Lakes</b>	<b>1969 880</b>
INDIAN HILLS	1969 RELAY
Rai Schultz, Indian Hills	1969 SP
<b>Charlie Getty, Pompton Lakes</b>	<b>1969 DT</b>
Tom Walsh, Indian Hills	1970 120 HH
Mike Meagher, Indian Hills	1970 PV
*Greg Miller, Northern Highlands	1971 2 mile
Rich Whitmore, New Milford	1972 SP
	1972 DT
Cliff Riso, Ramsey	1971 HJ
	1972 HJ
Steve Natusch, Pascack Valley	1973 PV
Tom Kadien, Waldwick	1974 DT
Ray Sahadi, Tenafly	1974 SP
Scott Hersh, Fort Lee	1975 DT
Randy Stalter, Saddle Brook	1975 SP
John Rizzi, Elmwood Park	1975 100
*Ron Kort, Mahwah	1976 SP

Larry Biggs, Saddle Brook	1976 DT
Joe Pacillo, Rutherford	1977 SP
Scott Sarnoski, Bergen Tech	1980 2 mile
Rich Duriske, Saddle Brook	1980 SP
Bill Parisi, Ridgefield Park	1985 JT
Scott Miller, Elmwood Park	1986 SP
	1986 DT
Craig Paskas, Rutherford	1987 JT
Jason Miller, Elmwood Park	1988 SP
Craig Masker, Mahwah	1990 3200
Anthony Hampton, Englewood	1991 400 IH
	1992 110 HH
	1992 400 IH
	1993 400 IH
	1994 110 HH
	1994 400 IH
Anthony Hayne, Ridgefield Park	1992 JT
	1993 JT
Thanniel Robinson, Englewood	1993 HJ
	1994 HJ
ENGLEWOOD	1993 RELAY
Eric Castillo, Ridgefield Park	1994 3200
Justin Schwartz, Glen Rock	1994 JT
Deke DeFreese, Mahwah	1995 HJ
Frank Chamberlin, Mahwah	1996 SP
*Mikkel Brown, Glen Rock	1996 LJ
Andrew Giannotti, Westwood	1997 800
Josh Ross, Westwood	1997 PV
Will Arroyo, Ridgefield Park	1999 JT
Owen Bourgholtzer, Mahwah	2000 3200
Matt Elkas, Ramsey	2000 SP
Steve McGovern, Dumont	2002 DT
Garrett Kroner, Indian Hills	2005 200
	2005 400
	2006 400
Ken Ebeling, Mahwah	2005 400 IH
Max Bruno, Indian Hills	2006 800
	2008 800
James Stathopoulos, Mahwah	2006 DT
*Geoff Goidell, Pascack Hills	2007 SP
Greg Stripe, Mahwah	2007 PV
	2008 PV
Chris Phipps, Lodi	2008 LJ
	2008 TJ
Sean O'Neill, River Dell	2008 SP
Mark Filandro, Indian Hills	2009 IH
	2010 IH
Kevin Steimle, Mahwah	2009 JT
Ackeme Brown, Englewood	2009 LJ
Corey Crawford, Indian Hills	2010 LJ
Chris Estrella, Ridgefield Park	2014 100
	2014 200
Jairus Paul, Mahwah	2014 LJ
	2015 TJ
Mike Pepper, Ramsey	2014 TJ
Will Daly, River Dell	2016 1600
	2016 800
RIVER DELL	2016 4-x-800

### BOYS GROUP 3

Tom Boyan, Englewood	1952 880
Don Humphrey, Tenafly	1952 DT
Chuck Quinby, Ridgewood	1953 HJ
Dave Caulfield, Tenafly	1953 880
Clyde Leverett, Garfield	1954 LJ
Earl Hicks, Englewood	1955 PV (T)
Ed Fass, Hackensack	1956 DT
Don Davies, Tenafly	1957 440
Ross McRonald, Tenafly	1957 100
	1957 220
Bob Lowe, Englewood	1957 mile
Eric Groon, Leonia	1958 mile
Jute Williams, Englewood	1958 220
	1959 440

Paul St. Miklossy, Fair Lawn	1958 PV (T)
Richie Flubacher, Ramapo	1959 LJ
Maurice Hobson, Englewood	1959 880
Bruce Hoffman, Ramapo	1959 PV
	1960 PV
Roger Caruso, Northern Valley	1960 440
Bob Linders, Northern Valley	1960 880
George Howe, River Dell	1961 440
Marion Brevard, Englewood	1961 880
Bob Wolley, Pascack Valley	1961 mile
Bill Hooks, River Dell	1961 LJ
<b>Ken Samra, Passaic Valley</b>	<b>1962 880</b>
John Loeschhorn, Ramapo	1962 mile
Ed Daw, Old Tappan	1963 880
*Dave Stanley, Glen Rock	1964 440
Bill Walker, Englewood	1964 100
	1964 220
	1965 100
	1965 220
Dan Wigart, Tenafly	1965 440
Ron Sicoli, Ramapo	1965 880
Joe Bryant, Englewood	1966 440
Bill Waterfall, New Milford	1966 HJ
Glen Siegel, East Paterson	1967 PV
Jeff Fried, New Milford	1968 HJ
Jeff Adams, Englewood	1968 440
Dave Liskin, Englewood	1969 100
Dennis Pearson, Englewood	1969 LJ
Randy Sokolik, New Milford	1968 SP
	1969 SP
Nick Carrelle, Fort Lee	1970 DT
	1970 SP
<b>Dave Rafferty, Wayne Valley</b>	<b>1970 mile</b>
ENGLEWOOD	1970 RELAY
	1971 RELAY
Tom Alessi, River Dell	1971 PV
Mark MacCracken, Tenafly	1972 PV
*Greg Miller, Northern Highlands	1972 2 mile
	1973 2 mile
George Mackay, Pascack Hills	1973 mile
Clark Woods, Pascack Valley	1974 mile
<b>Tom Parr, Lakeland</b>	<b>1976 JT</b>
Roger Jones, Ramsey	1977 mile
Steve Patterson, Ramapo	1977 880
Dave Latowsky, Ramapo	1978 880
Lou Kertesz, Ramsey	1981 SP
Dana Ellis, Ramapo	1981 DT
Jon Lampert, Demarest	1982 SP
Bruce Bacchiocchi, Dumont	1982 JT
Steve Schadler, Bergenfield	1983 1600
	1983 3200
	1984 1600
Jeff Hooton, Ramsey	1984 PV
<b>Brian Otley, Wayne Hills</b>	<b>1985 HJ</b>
Mike Theuerkauf, Demarest	1986 SP
	1988 SP
Ken Flynn, Ramsey	1990 3200
	1991 3200
	1990 JT
John Clarke, Demarest	1991 1600
Moses Mekbeb, Cliffside Park	1992 JT
Carl Von Tobel, Dumont	<b>1999 400</b>
<b>Joe Mendel, Wayne Hills</b>	<b>1999 JT</b>
<b>Arden Cierich, Lakeland</b>	<b>1999 JT</b>
Luis Castillo, Garfield	2001 DT
Ralph Davis, Paramus	2003 TJ
<b>Tyler deRouen, West Milford</b>	<b>2005 400 IH</b>
Harold Blyden, Bergenfield	2005 TJ
Rashad White, Teaneck	2006 200
<b>George Abyad, Passaic Valley</b>	<b>2006 DT</b>
	<b>2007 SP</b>
	<b>2007 DT</b>
Ted Leshner, Northern Highlands	2006 TJ
Damian Miles, Teaneck	2008 200
<b>Chris Pantale, Wayne Valley</b>	<b>2008 DT</b>
Corey Caidenhead, Bergenfield	2009 400

Brad Paternostro, Ramapo	2010 800
	2011 800
TEANECK	2010 relay
Jamal Williams, Teaneck	2010 TJ
	2011 LJ
Steve Iafrate, Demarest	2010 JT
OLD TAPPAN	2011 relay
	2012 relay
	2015 4-x-400
	2016 4-x-400
Sean Wimbush, Teaneck	2011 TJ
Ben Malone, Pascack Valley	2012 800
Brandon Gregory, Old Tappan	2012 IH
Andrew Trumbetti, Demarest	2012 SP
Rob Gebhard, Northern Highlands	2012 TJ
Benjamin Davis, Old Tappan	2013 100
Marc Rienas, Old Tappan	2014 1600
	2015 800
	2015 1600
Luke Annichiarico, Old Tappan	2014 PV
<b>St. Jacob Diodonet, West Milford</b>	<b>2015 400</b>
Andrew Tummino, River Dell	2015 SP
	2015 DT
Frankie Richard, Northern Highlands	2015 LJ
	2016 TJ
RIVER DELL	2015 4-x-800
Seth Kricheff, Old Tappan	2017 PV

#### BOYS GROUP 4

Rich Castellana, Ridgewood	1957 LJ
Burt Cross, Teaneck	1957 PV
Jerry Counihan, Ridgewood	1958 PV
Neil Cooper, Fair Lawn	1960 DT
John Stevens, Hackensack	1961 HJ (T)
<b>Jim Moore, Ridgewood</b>	<b>1961 PV (T)</b>
<b>Sam Perry, Passaic</b>	<b>1962 100</b>
<b>Nat Slaughter, Passaic</b>	<b>1962 LJ</b>
Len Corn, Ramapo	1964 LJ
Gary Rosenberg, Fair Lawn	1965 mile
Bruce Hedendahl, Paramus	1965 SP
	1965 DT
<b>Bill Heyman, Kennedy</b>	<b>1966 100</b>
	<b>1966 220</b>
<b>Bob Schwetie, Passaic Valley</b>	<b>1966 mile</b>
Ken Crusius, Hackensack	1966 HJ
<b>Diego Perez, Eastside</b>	<b>1966 DT</b>
Ron Speirs, Paramus	1969 mile
Chris Elliot, Ramapo	1970 mile
<b>John Bazemore, Eastside</b>	<b>1970 LJ</b>
<b>Paul Sutphen, Clifton</b>	<b>1971 120 HH</b>
Kevin Conheeeney, Hackensack	1971 mile
Curt LoPresti, Paramus	1971 HJ
Skip Johnson, Hackensack	1972 HJ
Steve Wyche, Hackensack	1973 220
Bill Duren, Hackensack	1974 120 HH
Parke Muth, Ridgewood	1975 330 IH
Alan Schepps, Teaneck	1976 PV
Dave Laube, Fair Lawn	1979 SP
John Farrell, Teaneck	1980 SP
<b>Paul Wright, Kennedy</b>	<b>1980 880</b>
Mike Buncic, Fair Lawn	1980 DT
Dave Dickey, Teaneck	1981 PV
<b>Tony Williams, Kennedy</b>	<b>1983 3200</b>
Chris Sullivan, Ridgewood	1985 1600
Joe LeMay, Ridgewood	1985 3200
<b>Dave Porter, Passaic</b>	<b>1985 DT</b>
	<b>1986 SP</b>
Joe Johnson, Hackensack	1986 200
<b>Curtis McNair, Passaic</b>	<b>1986 800</b>
	<b>1986 1600</b>
<b>Kevin DeFeo, Clifton</b>	<b>1986 DT</b>
Eric Berntsen, Ridgewood	1987 1600
	1987 3200
<b>Andrew Cameron, Eastside</b>	<b>1987 110 HH</b>
	<b>1987 400 IH</b>

Walt McCall, Hackensack	<b>1987 LJ</b> 1988 200 1988 400 1988 LJ
Craig Halyard, Ridgewood	<b>1991 400 IH</b>
<b>Shawn Collins, Kennedy</b>	1991 3200
Eric Boucher, Ridgewood	1992 PV
Matt Psaltis, Fair Lawn	<b>1992 100</b>
<b>Ricchard Carter, Passaic</b>	1993 LJ
Darius Pemberton, Hackensack	1993 HJ
Bob Keino, Ridgewood	1993 1600 1993 3200 1994 1600 1994 3200
Joe Dawkins, Hackensack	1994 100 1994 200 1995 100 1995 200 1995 400
Walter King, Hackensack	<b>1996 HJ</b>
<b>Chiffon Allen, Passaic</b>	<b>1996 LJ</b>
<b>Guy Rose, Wayne Hills</b>	<b>1998 110 HH</b>
Joe Velazquez, Paramus	1999 400
Josh Kauke, Ridgewood	1999 800 2000 800
<b>Matt Winkler, Wayne Valley</b>	<b>2000 1600</b>
<b>Sean Begley, West Milford</b>	<b>2001 JT</b>
Gabe Knutson, Ridgewood	2003 TJ
<b>Mohamed Khadraoui, Kennedy</b>	<b>2003 3200</b>
<b>Kyle Lindsay, Eastside</b>	<b>2004 3200</b>
	<b>2004 TJ</b>
	<b>2005 TJ</b>
	<b>2006 TJ</b>
Byron Williams, Ridgewood	2005 1600
<b>Marcos McKenzie, Eastside</b>	<b>2008 HJ</b>
<b>Nicoy Hines, Passaic Tech</b>	<b>2009 HH</b>
Tommy DeVita, Ridgewood	2010 HJ
Conroy Walker, Hackensack	2010 200
Stephen Mozia, Hackensack	2011 SP
<b>Jabari Butler, Passaic Tech</b>	<b>2012 HJ</b>
<b>Jason Thobourne, Kennedy</b>	<b>2017 HJ</b>

## BOYS PAROCHIAL A (PAROCHIAL TO 1966)

Joe Canizzaro, St. Ceceilia's	1955 DT
Frank Moszczyński, Don Bosco	1955 SP
Paul Onderdonk, Don Bosco	1956 LJ
Gordon Webb, Don Bosco	1956 PV
	1957 LJ
Paul Scully, Don Bosco	1958 HJ (T)
Jim Megiel, Don Bosco	1959 PV
	1960 PV (T)
Corrado Vono, Don Bosco	1960 LJ
	1961 LJ
Gus Strittmayer, Don Bosco	1961 HJ (T)
Mike McGuinness, Bergen Catholic	1962 440
Jean Neptune, Don Bosco	1961 HJ (T)
	1962 HJ (T)
Richie Kennedy, Don Bosco	1962 HJ (T)
Terry Murray, Don Bosco	1963 LJ
Bill Madden, Bergen Catholic	1963 100 1963 220 1964 100 1964 220
Jeff Hasselberger, DePaul	1964 120 HH
Bill Jordan, St. Cecilia's	1964 440
Tom Obrotka, Bergen Catholic	1964 SP
Jim Wenthe, Bergen Catholic	1964 LJ
Dennis Rowan, Don Bosco	1965 LJ
Tom O'Rourke, Bergen Catholic	1966 100 1966 220
Steve Saner, St. Joseph Regional	1966 DT
Brian McGuinness, St. Luke's	1966 LJ
Bob Kaczka, Don Bosco	1967 880
Ed Whalen, Bergen Catholic	1967 LJ
Neil Tarulli, St. Joseph Regional	1968 120 HH

John Bykowsky, St. Joseph Regional	1968 180 LH
ST. JOSEPH REGIONAL	1969 180 LH
	1968 RELAY
	2015 4-x-100
Tom Hayes, St. Joseph Regional	1967 PV
	1968 PV
Bob Hauk, St. Joseph Regional	1967 100
	1967 220
	1968 100
	1968 220
	1969 100
	1969 220
Steve Adams, St. Joseph Regional	1969 SP
	1970 SP
Walt Bambrick, St. Joseph Regional	1970 LJ
Ed McKeever, St. Joseph Regional	1970 PV
Tom Newman, Don Bosco	1971 220
George Vallone, Bergen Catholic	1972 PV
Tim Conheeney, Paramus Catholic	1973 2 mile
George Ennis, Paramus Catholic	1973 DT
<b>Lou Martucci, DePaul</b>	<b>1974 440</b>
Frank Moran, Bergen Catholic	1974 880
Bob McDermott, Paramus Catholic	1974 mile
Don Holmes, Paramus Catholic	1974 HJ
Matt Eckmeyer, St. Joseph Regional	1974 PV
Scott DeCandia, St. Joseph Regional	1974 SP
Mark Saner, St. Joseph Regional	1974 DT
	1975 SP
	1975 DT
<b>Pat Chapman, DePaul</b>	<b>1974 JT</b>
Joe Hurley, Don Bosco	1975 440
BERGEN CATHOLIC	1976 RELAY
	1992 RELAY
	1993 RELAY
	1994 RELAY
	1996 RELAY
	1997 RELAY
	1999 RELAY
Ed Shanahan, Bergen Catholic	1976 DT
Lou Mastro, Paramus Catholic	1976 330 IH
	1976 LJ
	1976 120 HH
Kevin Byrne, Paramus Catholic	1976 mile
	1977 880
Jim Moran, Paramus Catholic	1977 LJ
Mike Collins, Don Bosco	1977 JT
	1978 JT
Tom Lanzalotto, Paramus Catholic	1977 DT
	1977 SP
P.J. Mastro, Paramus Catholic	1977 440 IH
Bill Leonard, Bergen Catholic	1978 880
Rick Ancona, Don Bosco	1978 440 IH
Pat Gannon, Paramus Catholic	1978 PV
Matt Bauer, Don Bosco	1978 DT
John McLaughlin, Don Bosco	1979 440
DON BOSCO	1979 RELAY
	1980 RELAY
Mike Geraghty, Don Bosco	1980 200
	1980 400
	1981 800
John Pedati, Queen of Peace	
Greg Carney, St. Joseph Regional	1981 110 HH
<b>Jim O'Brien, DePaul</b>	<b>1983 HJ</b>
Sean Power, Don Bosco	1985 DT
John Lyons, Don Bosco	1985 LJ
Derrick Horner, Don Bosco	1986 100
Ed Rice, Don Bosco	1986 PV
Mike Rios, Bergen Catholic	1987 100
	1987 200
Mark Bednarz, Paramus Catholic	1987 800
	1988 800
	1988 400
Mike Rosenberg, Queen of Peace	1988 HJ
Anthony Velasquez, Don Bosco	1988 HJ
Rich Robinson, St. Joseph Regional	1989 HJ
Steve Rice, St. Joseph Regional	1989 SP
Joe Swasey, Bergen Catholic	1990 110 HH

Ralph Sanon-Jules, St. Joseph Reg.	1991 SP
Brian Barry, Don Bosco	1992 800
Tim McDermott, Bergen Catholic	1993 200
Sean Durkin, Don Bosco	1993 1600
	1993 3200
Monte Mason, Paramus Catholic	1993 HJ
	1993 110 HH
Pat Hyppolite, Don Bosco	1993 400 IH
Dave Lopez, Paramus Catholic	1993 LJ
Pat Destro, St. Joseph Regional	1993 PV
Andy Paraison, Don Bosco	1994 110 HH
Mike Martin, Bergen Catholic	1994 400 IH
Tom McCabe, Don Bosco	1995 800
	1994 400 IH
Anthony DiCosmo, Paramus Catholic	1995 110 HH
	1995 LJ
Shaun McGregor, Bergen Catholic	1995 SP
	1995 DT
Kevin Dauble, St. Joseph Regional	1995 HJ
Tom Redmond, Bergen Catholic	1996 800
	1997 800
Cooper Rego, St. Joseph Regional	1997 100
Todd Pitcher, Don Bosco	1997 PV
Jim Fischer, Bergen Catholic	1997 DT
	1998 DT
*PARAMUS CATHOLIC	1998 relay
	2014 4-x-100 relay
Kiyon Harley, Paramus Catholic	1999 200
John D'Izzia, Bergen Catholic	1999 400
Brent Hobbs, Don Bosco	2001 HJ
Ken Sinkovitz, Bergen Catholic	2002 800
	2003 800
Rob McKay, Don Bosco	2002 400 IH
Jim Malizia, St. Joseph Regional	2002 JT
Michael Ray Garvin, Don Bosco	2003 200
	2004 100
	2004 200
	2005 100
	2005 200
Tyler Palumbo, Don Bosco	2003 LJ
Brian Toal, Don Bosco	2004 SP
Doug Klopacz, St. Joseph Regional	2005 SP
DON BOSCO	2006 RELAY
	2011 RELAY
Sharif Webb, Don Bosco	2007 800
	2007 IH
Chris Hallissey, Don Bosco	2007 DT
Mitch Bennett, Paramus Catholic	2007 TJ
Matt Steeg, Don Bosco	2007 PV
Steve Wexler, Don Bosco	2008 800
Kevin Bostick, Bergen Catholic	2008 HJ
	2008 TJ
Greg Hazell, Don Bosco	2009 LJ
	2009 TJ
	2010 LJ
	2010 TJ
	2011 TJ
Billy Leonard, Bergen Catholic	2010 IH
Selwyn Maxwell, Don Bosco	2010 HH
	2011 HH
Jabrill Peppers, Paramus Catholic	2012 200
	2013 100
	2013 200
	2014 100
	2014 200
<b>Joe White, DePaul</b>	<b>2013 800</b>
	<b>2014 800</b>
Kyle Levermore, Don Bosco	2013 3200
	2014 1600
Zack Bazile, St. Joseph	2014 LJ
	2014 TJ
Patrick Sullivan, Don Bosco	2015 3200
	2016 3200
Javon Turner, Paramus Catholic	2016 100
	2016 200

David Rosas, Don Bosco

2016 HJ  
2017 1600  
2017 3200

## BOYS PAROCHIAL B

A. J. Holzherr, Queen of Peace  
Greg Shepherd, Queen of Peace  
**Greg Sondey, Pope Pius**

1967 440  
1967 mile  
**1967 SP**  
**1967 DT**  
**1968 SP**  
**1968 DT**  
1968 LJ

Tim McDonough, Paramus Catholic  
**Dean Smith, Pope Pius**

**1967 180 LH**  
**1968 120 HH**  
**1968 180 LH**

Bob Benkovich, Paramus Catholic  
**Nick Dedi, DePaul**

1968 440  
**1969 SP**  
**1969 DT**  
1969 120 HH  
1969 440

Ray Schabunia, Queen of Peace  
Eugene Michaels, Queen of Peace  
Jack Conheeney, Paramus Catholic

1968 mile  
1969 mile

Andy Artola, Paramus Catholic  
Jim Reap, St. Cecilia  
Jim Marra, Don Bosco Tech  
Pete Luongo, Paramus Catholic  
Steve Riley, Queen of Peace  
Roy Wassong, Queen of Peace

1969 880  
1970 mile  
1970 880  
1970 440  
1971 2 mile  
1971 DT  
1971 SP

**Frank Iozzio, Don Bosco Tech**  
Jim Brindle, St. Mary's  
\*PARAMUS CATHOLIC

**1971 HJ**  
1971 880  
1969 RELAY  
1971 RELAY

**Ray Gabler, Paul VI**  
Tom Dames, Queen of Peace  
Gene Russell, Queen of Peace

**1972 120 HH**  
1972 mile  
1971 440  
1972 440

Gary Riley, Queen of Peace

1971 mile  
1972 880

Drew Sauchelli, St. Cecilia

1972 SP  
1972 DT

**Del Lawson, Don Bosco Tech**

**1973 100**  
**1973 LJ**  
**1974 100**

**Doug Jerothe, DePaul**  
**Ray Shupak, Don Bosco Tech**

**1973 200**  
**1973 120 HH**  
**1973 180 LH**

Paul St. Germain, Queen of Peace

1973 440

Jim McIntyre, Queen of Peace

1974 440  
1972 2 mile  
1973 880

**DEPAUL**

**1968 RELAY**  
**1973 RELAY**  
**2004 RELAY**

**Scott Leischman, DePaul**

**1973 SP**  
**1973 DT**

**Vic Stewart, Don Bosco Tech**  
Howard Brady, Queen of Peace  
Rich Melph, Queen of Peace  
Jim Donohue, Queen of Peace

**1973 HJ**  
1974 880  
1974 2 mile  
1974 HJ  
1975 HJ

**Jim Casson, Paul VI**  
**Jim Pagnello, Don Bosco Tech**  
QUEEN OF PEACE

**1975 SP**  
**1975 PV**  
1974 RELAY  
1976 RELAY

Brian Loreti, St. Mary's

1975 DT  
1976 DT

**Ed Cruz, Paterson Catholic**

**1975 LJ**  
**1976 LJ**

**Carl Zigarelli, Paterson Catholic**

**1975 JT**  
**1976 JT**

**Mike Walker, Paul VI**  
Dan McNeilly, St. Mary's

**1976 440**  
1976 880  
1977 880

Mike Della Fave, Queen of Peace

1977 PV

<b>PAUL VI</b>	<b>1977 RELAY</b>
Bob Keegan, Queen of Peace	1977 DT
Dave Melfi, Queen of Peace	1977 120 HH
Tom Healy, Queen of Peace	1978 JT
<b>Oral Payne, Paterson Catholic</b>	<b>1978 LJ</b>
	<b>1978 HJ</b>
Gary Slodowski, Queen of Peace	1978 440 IH
<b>Ed Traverso, Pope Pius</b>	<b>1978 440</b>
Bob McAdam, Queen of Peace	1978 120 HH
Pat Fogarty, Queen of Peace	1979 2 mile
<b>Nick Sokiewicz, Pope Pius</b>	<b>1979 120 HH</b>
Greg Bloom, Queen of Peace	1979 mile
Jeff Long, Queen of Peace	1979 SP
<b>Nelson Anderson, Pope Pius</b>	<b>1981 100</b>
<b>Tom Pirolo, Paul VI</b>	<b>1982 800</b>
<b>Jose Rubiani, Pope Pius</b>	<b>1983 3200</b>
<b>Jim McCray, Paterson Catholic</b>	<b>1984 200</b>
<b>Miguel Colon, Pope Pius</b>	<b>1984 110 HH</b>
	<b>1984 400 IH</b>
<b>Charles Condon, DePaul</b>	<b>1986 JT</b>
<b>Chris Biancella, DePaul</b>	<b>1989 200</b>
<b>Conrad Currin, DePaul</b>	<b>1989 110 HH</b>
	<b>1990 110 HH</b>
<b>John Coppola, DePaul</b>	<b>1989 400 IH</b>
<b>Chris Horvath, DePaul</b>	<b>1989 PV</b>
<b>Sean Boyle, DePaul</b>	<b>1989 SP</b>
<b>Dave Unger, DePaul</b>	<b>1990 400 IH</b>
<b>Ben Christoffels, Eastern Christian</b>	<b>1991 400 IH</b>
<b>Jason Lapinski, Eastern Christian</b>	<b>1991 PV</b>
<b>Chris Duffy, Eastern Christian</b>	<b>1992 PV</b>
<b>Jason Perry, Paterson Catholic</b>	<b>1993 110 HH</b>
	<b>1993 LJ</b>
<b>Neil Violante, DePaul</b>	<b>1993 SP</b>
	<b>1994 SP</b>
<b>Kevin Van Ek, Eastern Christian</b>	<b>1994 HJ</b>
<b>Eamon Monaghan, DePaul</b>	<b>1994 DT</b>
Martin Besterce, St. Mary's	1995 400 IH
<b>Al Sholakh, DePaul</b>	<b>1995 PV</b>
<b>Phil Hartley, Eastern Christian</b>	<b>1996 PV</b>
<b>Phil Steenstra, Eastern Christian</b>	<b>1996 SP</b>
<b>Jim Bushoven, Eastern Christian</b>	<b>1998 LJ</b>
	<b>1999 400 IH</b>
Randy Picinic, St. Mary's	1998 DT
	1999 SP
	1999 DT
<b>Jamie Richardson, Paterson Catholic</b>	<b>1999 LJ</b>
<b>Craig Borduin, Eastern Christian</b>	<b>1999 JT</b>
<b>Peter Sunden, Eastern Christian</b>	<b>1999 PV</b>
<b>Paul Groenewal, Eastern Christian</b>	<b>2000 PV</b>
<b>Matt Apol, Eastern Christian</b>	<b>2001 1600</b>
<b>Val Sisti, DePaul</b>	<b>2002 LJ</b>
	<b>2003 LJ</b>
	<b>2004 LJ</b>
<b>Mike Ponte, DePaul</b>	<b>2005 100</b>
Donald Lee, St. Mary's	2005 200
	2006 100
	2006 200
<b>Brad Tanis, Eastern Christian</b>	<b>2005 400 IH</b>
<b>Jon Cheresnick, Eastern Christian</b>	<b>2005 JT</b>
Damon Merckerson, St. Mary's	2006 400
	2007 100
	2007 200
	2007 400
	2007 800
<b>Nick Mieke, DePaul</b>	<b>2006 800</b>
<b>Matt Ratajczak, DePaul</b>	<b>2006 IH</b>
<b>Greg Gillespie, DePaul</b>	<b>2006 HJ</b>
<b>Dan Yablonsky, DePaul</b>	<b>2006 PV</b>
<b>Maurice McDonald, Paterson Catholic</b>	<b>2008 TJ</b>
<b>Ben deWaal Malefyt, Eastern Christian</b>	<b>2009 DT</b>
	<b>2010 DT</b>
Kevin Mustac, St. Mary's	2010 SP
Kevin Momohin, Queen of Peace	2012 IH
	2013 IH
	2014 IH

<b>Josh Davidson, Eastern Christian</b>	<b>2012 PV</b>
<b>Cleveland McDaniel, Eastern Christian</b>	<b>2013 HJ</b>
Michael Aknabi, Queen of Peace	2013 HH
<b>Caleb Hart, Hawthorne Christian</b>	<b>2014 JT</b>
<b>EASTERN CHRISTIAN</b>	<b>2015 4-x-400</b>
<b>Nico Cortes, Eastern Christian</b>	<b>2017 PV</b>

## GIRLS GROUP 1

Noreen Velten, Palisades Park	1977 DT
	1978 DT
Andrea Ostrowski, Park Ridge	1981 400
PARK RIDGE	1981 RELAY
Debbie Hillery, Leonia	1982 800
Deneen Steiner, Ridgefield	1982 HJ
Kathy Harmel, Wallington	1982 LJ
Nancy Larena, Saddle Brook	1983 HJ
Nancy Van Dyke, Midland Park	1985 DT
Keelan Craw, Waldwick	1987 SP
	1988 SP
Sue Esposito, New Milford	1987 JT
Michelle Straut, Waldwick	1988 3200
*Megan Burke, Glen Rock	1988 LJ
	1991 LJ
Maria Iavarone, Cresskill	1989 DT
Kim Giordano, Waldwick	1989 LJ
Kerry Moore, Midland Park	1992 1600
	1993 1600
Ami Racich, Cresskill	1991 HJ
	1992 HJ
	1993 HJ
Kerry Wasser, Saddle Brook	
Adwoa Asa-Awuku, New Milford	1993 DT
Diana Lana, Saddle Brook	1995 800
	1995 1600
Lesley Hodgson, Glen Rock	1995 100 HH
Katie Hanley, Glen Rock	1995 400 IH
	1997 100 HH
	1997 400 IH
Marie Remiggio, Bogota	1995 SP
Kim Ferranti, Glen Rock	1995 DT
GLEN ROCK	1995 relay
Tracy DellaTorre, Glen Rock	1997 800
	1997 1600
<b>Suzanne Nelson, Hawthorne</b>	<b>1997 HJ</b>
Erin Henry, Glen Rock	2000 800
	2000 1600
	2000 3200
	2001 1600
	2001 3200
	2002 1600
	2002 3200
Lindsey Reggo, Ridgefield	2000 JT
Kim Mineo, Glen Rock	2001 800
	2002 800
	2002 400
	2002 400 IH
	2003 800
	2003 400 IH
Justine Diana, Saddle Brook	2001 100 HH
Liz Pendleton, Wood-Ridge	2001 DT
Courtney Reggo, Ridgefield	2002 JT
Cheryl Anscombe, Westwood	2004 400
Denise Scarfi, Westwood	2004 1600
Audrey Bedrock, Waldwick	2004 3200
Tiffany Phoenix, Cresskill	2004 DT
Alicia Henry, Cresskill	2005 800
Amy Van Alstine, Midland Park	2005 3200
	2006 3200
Jessica Lehmann, Park Ridge	2005 DT
<b>Mallory Cornett, Hawthorne</b>	<b>2005 HJ</b>
Lynn Matanle, Glen Rock	2005 TJ
Arianna Pomo, Saddle Brook	2005 LJ
<b>HAWTHORNE</b>	<b>2005 relay</b>
Carly Planker, Pascack Hills	2006 TJ
April Kaiser, Park Ridge	2007 DT
	2008 DT

**Heather Morba, Kinnelon**

Lauren Schultz, Waldwick  
 Amanda Duggan, Waldwick  
**Anna Gleason, Butler**  
 Michelle Favre, Saddle Brook

Jessica Andre, Waldwick  
 WESTWOOD  
 Mel Lewis, Midland Park

Colleen Murphy, Westwood  
**Amberly Gurbisz, Butler**  
**Marija Spajic, Manchester**  
**Johanna Goergen, Kinnelon**  
 Irene Cedano, Hasbrouck Heights  
 Tiffany Tencza, Wallington

**Mykalah Curry, Butler**  
 Cheyenne Bellerand, Emerson

**Kaitlin Salisbury, Hawthorne**

**Carleisha Forteau, Secaucus**  
 Jillian DiGiacinto, Hasbrouck Heights

Thalia Ghalam, Midland Park  
 Sam Gioiosa, Bogota  
 Iveya Slavova, Cresskill

**GIRLS GROUP 2****Terri Dembek, Hawthorne**

Laura Falci, Saddle Brook  
 Violetta Josevska, Garfield  
 Liz Wahler, Saddle Brook  
 Bianca O'Connell, Rutherford  
 Barbara Wolff, Tenafly  
 Neretta Freeman, Garfield

Kirsten Christiansen, Rutherford

Stacey Price, Westwood  
 Dawn Reis, Lodi  
 Elena Primerano, Lyndhurst  
 \*Megan Burke, Glen Rock

**ENGLEWOOD**

Dee Keough, Mahwah  
 Nancy Scott, Garfield  
 Medeana Steidl, Garfield  
 Sharren Bates, Pascack Hills  
 Carli Gallo, Mahwah  
 Carlene Cummings, Englewood

Tammi Jordan, Englewood  
 Cheryl Burdick, Ramsey  
 \*RAMSEY  
 Kim Grein, Ridgefield Park  
 Thatcha DaCosta, Englewood  
 Sheena Strachan, Englewood  
 Patricia Murphy-Kennelly, Mahwah  
 Alex Rosenberger, Ramsey

Alyssa Maier, River Dell

**2007 SP**  
**2007 JT**  
 2008 IH  
 2008 TJ  
**2008 HJ**  
 2008 PV  
 2009 PV  
 2009 3200  
 2009 relay  
 2010 IH  
 2011 IH  
 2010 400  
**2010 LJ**  
**2011 DT**  
**2012 800**

2012 SP

2012 PV  
 2013 PV  
**2014 HH**  
 2014 SP  
 2014 DT  
**2015 100**  
**2015 200**  
**2015 LJ**  
**2015 TJ**  
**2016 100**  
**2016 200**  
**2016 LJ**  
**2016 TJ**  
**2015 400**  
 2015 IH  
 2016 IH  
 2016 JT  
 2017 JT  
 2017 HJ

**1978 440**  
**1979 440**  
 1978 2 mile  
 1979 2 mile  
 1979 JT  
 1980 800  
 1983 JT  
 1986 100  
 1987 100  
 1987 200  
 1986 SP  
 1987 SP  
 1988 SP  
 1988 HJ  
 1989 JT  
 1989 LJ  
 1990 LJ  
 1989 RELAY  
 1990 1600  
 1991 800  
 1992 JT  
 1992 DT  
 1993 3200  
 1995 100  
 1995 200  
 1997 100 HH  
 1998 LJ  
 1995 LJ  
 1998 HJ  
 1999 RELAY  
 2001 SP  
 2001 LJ  
 2003 TJ  
 2005 PV  
 2006 IH  
 2007 IH  
 2008 HJ  
 2006 TJ

Bry Bonavita, River Dell	2007 800
Kim DeLoreto, Pascack Hills	2007 3200
<b>Erika Mertrud, Pequannock</b>	<b>2007 DT</b>
<b>Ajda Dotday, Hawthorne</b>	<b>2008 100</b>
	<b>2008 200</b>
Christine Coppola, River Dell	2008 DT
Brooke Kristensen, Mahwah	2008 TJ
Alex Cimino, Westwood	2012 IH
WESTWOOD	2012 RELAY
	2014 RELAY
Vanessa Virgens, Mahwah	2013 PV
Corinne Myers, Westwood	2013 800
	2014 800
<b>Kadejah Sellers, Manchester</b>	<b>2014 400</b>
Jessica Molina, Westwood	2014 SP
<b>Marlo Wehrer, Pequannock</b>	<b>2015 IH</b>
Bridgette Muller, Mahwah	2015 PV
Shannon Gorla, River Dell	2016 3200
Michelle Rubinetti, Demarest	2016 PV
	2017 PV
Jenna Rogers, Rutherford	2017 HJ
RAMAPO	2017 relay
<b>GIRLS GROUP 3</b>	
*RAMSEY	
Mary Ellen McGowan, Pascack Valley	1978 RELAY
	1979 mile
<b>Beth Sova, Lakeland</b>	<b>1979 SP</b>
Lori Morton, Westwood	1980 100
Chris McDonnell, Westwood	1980 3000
Patti McCluskey, Dumont	1980 1500
Renee Carter, Englewood	1981 100 HH
Regina Weinpahl, Westwood	1982 JT
	1983 JT
	1983 SP
Toni Ann Angione, Bergenfield	1983 3200
Margaret Rottkamp, Indian Hills	1986 LJ
Amy Nehls, Indian Hills	1986 HJ
Amy Kempf, Paramus	1988 1600
	1988 3200
Gily Dishon, Tenafly	1989 100
	1989 200
<b>Catherine Feeney, Wayne Valley</b>	<b>1989 3200</b>
	<b>1990 1600</b>
	<b>1990 3200</b>
Jen Metz, Pascack Valley	1991 800
	1992 800
<b>Beth Crenshaw, Wayne Valley</b>	<b>1994 3200</b>
	<b>1995 3200</b>
Jessica Sarubbi, Cliffside Park	1996 JT
Caitlin Wittreich, Tenafly	1996 800
<b>Kim Fife, Lakeland</b>	<b>1997 HJ</b>
Jen Austin, Garfield	1998 JT
	1999 JT
	2000 JT
Jessica Fazekas, Demarest	2002 SP
	2002 DT
Brittany Brooks, Garfield	2003 TJ
Kelly Fazekas, Demarest	2003 SP
Michelle Smith, Teaneck	2004 100 HH
Shanelle Cross, Garfield	2005 TJ
Kesley Ramsey, Ramapo	2007 800
Hannah Mayer, Northern Highlands	2009 JT
	2010 JT
Apresha Hampton, Teaneck	2010 SP
Taylor Clarkson, Indian Hills	2011 LJ
Kahlia Taylor, Teaneck	2012 100
	2012 200
Shauntierah Douglas, Garfield	2012 JT
Josette Norris, Tenafly	2013 1600
	2013 3200
	2014 1600
	2014 3200
<b>Haley Steele, West Milford</b>	<b>2013 PV</b>
Madison Holleran, Northern Highlands	2013 800
NORTHERN HIGHLANDS	2013 4x4 RELAY

Lauren Brzozowski, Ramapo	2014 4x8 RELAY
Catherine Pagano, Northern Highlands	2015 4x1 RELAY
	2014 400
	2014 800
	2015 800
	2015 1600
Taryn DeLeon, Old Tappan	2014 HJ
<b>Kristina Langan, Wayne Hills</b>	<b>2014 PV</b>
	<b>2015 PV</b>
Aminah Sarraga, Teaneck	2015 400
Amiyah Campbell, Teaneck	2015 DT
Lexi DelGizzo, Tenafly	2016 800
	2017 800
Jessica Ippolito, Fair Lawn	2016 PV
Melissa Purcell, Pascack Valley	2017 PV
<b>GIRLS GROUP 4</b>	
Becky Deetz, Ridgewood	1976 HJ
Taryn Carter, Hackensack	1977 120 HH
<b>EASTSIDE</b>	<b>1977 440 RELAY</b>
Lisa Schadler, Bergenfield	1980 3000
Mary Ellen Mileski, Ridgewood	1980 1500
	1983 800
Margaret Scutro, Ridgewood	1985 1600
	1985 3200
<b>Viola Harris, Passaic</b>	<b>1986 400</b>
Jasmin Jones, Hackensack	1986 800
	1986 1600
	1987 800
	1987 1600
<b>Sue Piekarz, Clifton</b>	<b>1986 DT</b>
	<b>1987 DT</b>
Norine D'Arcy, Ridgewood	1987 3200
<b>Sharon Allen, Eastside</b>	<b>1987 LJ</b>
<b>Nicole Thomas, Kennedy</b>	<b>1988 400</b>
Jen McDermott, Ridgewood	1988 LJ
	1989 LJ
<b>Gwen Manning, Passaic Tech</b>	<b>1988 HJ</b>
RIDGEWOOD	1988 RELAY
<b>Lujinda Batten, Passaic</b>	<b>1989 110 HH</b>
TEANECK	1989 RELAY
<b>Nadine Nunez, Passaic</b>	<b>1990 3200</b>
Eileen Fitzgerald, Ridgewood	1990 1600
<b>Cassandra Grant, Passaic</b>	<b>1991 200</b>
	<b>1991 LJ</b>
	<b>1992 200</b>
	<b>1992 LJ</b>
Melissa Wyka, Fair Lawn	1991 1600
Dana Riley, Teaneck	1992 400
	1993 400
Jenna Rogers, Ridgewood	1993 1600
	1994 3200
<b>Nicole Carmichael, Kennedy</b>	<b>1994 200</b>
	<b>1995 100</b>
	<b>1995 200</b>
<b>Nakisha Leon, Passaic</b>	<b>1997 SP</b>
<b>Labelle Hillgrove, Passaic</b>	<b>1998 SP</b>
	<b>1999 SP</b>
	<b>1999 DT</b>
<b>Kenneisha Reid, Passaic Tech</b>	<b>1999 LJ</b>
<b>Tawana Watkins, Kennedy</b>	<b>1999 400</b>
	<b>1999 400 IH</b>
	<b>2000 200</b>
	<b>2000 400</b>
	<b>2000 400 IH</b>
	<b>2001 200</b>
	<b>2001 400</b>
<b>Yhounic Vassell, Passaic Tech</b>	<b>2002 200</b>
Trish McGowan, Ridgewood	2003 TJ
<b>Essence Carson, Eastside</b>	<b>2004 LJ</b>
Cassie Wong, Ridgewood	2005 PV
	2006 PV
<b>Sheniqua Jones, Passaic</b>	<b>2006 LJ</b>
<b>Amber Allen, Passaic Tech</b>	<b>2010 IH</b>
<b>Emily Urciuoli, Clifton</b>	<b>2010 PV</b>

**Breisha Morton, Passaic Tech**

Amarys Berry, Hackensack

**2013 HJ**  
**2014 HJ**  
2015 SP  
2016 SP

**GIRLS PAROCHIAL A**

Carolyn Sonzogni, Paramus Catholic  
Lauren Clarke, Paramus Catholic  
Pascale Barrau, Paramus Catholic

1982 400 IH  
1983 110 HH  
1983 SP

Marybeth Glowacki, Queen of Peace  
Christine Rose, IHA

1983 DT  
1989 HJ  
1990 100  
1990 200  
1991 100  
1991 200

Veronica Davi, IHA

1991 100 HH  
1991 400 IH  
1992 100 HH  
1992 400 IH

Jean Readie, Queen of Peace  
Lauren Mazurkiewicz, Queen of Peace

1992 400  
1994 JT  
1995 JT

Kourtney Gallo, IHA

1995 3200  
1996 3200

Julie Clifford, Holy Angels

1996 800  
1997 800  
1999 800

Courtney Cubicciotti, IHA

1998 LJ  
1999 100  
1999 200

\*Anike Orimogunje, Queen of Peace

2000 100  
2000 200  
2003 100  
2003 200

Caitlin Smyth, IHA

2000 800  
2001 1600

Kristine Josef, Paramus Catholic  
Caitlin Hemmer, IHA  
\*Janine Davis, Queen of Peace

2001 DT  
2003 800  
2004 100  
2004 200  
2004 400  
2004 800  
2005 400  
2005 800

Alex Elkas, Holy Angels  
Tyler Teaton, IHA  
Rae Corbo, Paramus Catholic

2006 400  
2006 HJ  
2007 TJ  
2008 TJ  
2009 TJ  
2010 TJ  
2010 LJ

Sarah Pagano, IHA

2008 1600  
2008 3200  
2009 1600  
2009 3200

Shannon Sullivan, IHA

2008 JT  
2009 JT  
2008 SP

Ashley Sims, Paramus Catholic  
Myasia Jacobs, Paramus Catholic

2009 100  
2009 200  
2010 100  
2010 200  
2011 100  
2011 200

Olivia Wade, Paramus Catholic  
PARAMUS CATHOLIC

2009 SP  
2009 relay  
2016 4-x-100

Jaime Klein, Paramus Catholic

2010 JT  
2011 JT

Theresa Picciallo, IHA

2010 SP  
2011 SP  
2011 DT  
2012 SP

Khyla Bailey, Paramus Catholic	2010 HJ
Gina Carlino, IHA	2011 LJ
Tatiyanna Sanders, Paramus Catholic	2012 LJ
	2013 100
	2013 LJ
	2013 TJ
	2014 LJ
	2014 TJ
Lisa Sesink-Clee, Holy Angels	2013 JT
IHA	2014 4x8 RELAY
Colleen Buckley, IHA	2015 1600
Deb Majkowicz, IHA	2015 LJ
Rosemary Menyhart, Paramus Catholic	2015 TJ
Elizabeth Garcia, Holy Angels	2016 TJ
Maria Acosta, Paramus Catholic	2016 800
Alexis Trott, Paramus Catholic	2016 LJ
Caroline McGann, Holy Angels	2016 PV
Mackenzie Hughes, Holy Angels	2017 1600
Tiffany Bautista, Paramus Catholic	2017 LJ
HOLY ANGELS	2017 4x8 RELAY

## GIRLS PAROCHIAL B

<b>Linda Hicks, Paterson Catholic</b>	<b>1989 100 HH</b>
<b>Davanna Medina, DePaul</b>	<b>1992 3200</b>
<b>Kim Marowicz, DePaul</b>	<b>1992 JT</b>
<b>PATERSON CATHOLIC</b>	<b>1993 RELAY</b>
<b>Jill Schuurman, Eastern Christian</b>	<b>1998 DT</b>
Krista McKinney, St. Mary's	1999 SP
	2001 SP
Trinette Gooding, St. Mary's	1999 DT
	2000 SP
<b>Altisha Byrd, Paterson Catholic</b>	<b>2000 100</b>
	<b>2000 200</b>
*Anike Orimogunje, Queen of Peace	2001 100
	2001 200
	2002 100
	2002 200
*Janine Davis, Queen of Peace	2002 400
Allison Desir, Dwight-Englewood	2002 400 IH
	2003 400
	2003 400 IH
QUEEN OF PEACE	2002 RELAY
<b>Lindsay Van Alstine, Hawthorne Christian</b>	<b>2003 1600</b>
	<b>2003 3200</b>
<b>Lauren DeJong, Eastern Christian</b>	<b>2003 LJ</b>
<b>Erin Krenitski, Eastern Christian</b>	<b>2003 DT</b>
Gina Forte, St. Mary's	2003 JT
<b>Kristen Traub, Eastern Christian</b>	<b>2009 3200</b>
	<b>2010 1600</b>
	<b>2010 3200</b>
	<b>2011 1600</b>
	<b>2012 1600</b>
	<b>2012 800</b>
Stephanie Rozalski, Queen of Peace	2009 PV
<b>Bethany Van Eck, Eastern Christian</b>	<b>2011 HH</b>
	<b>2012 HH</b>
<b>Faith Dismuke, Mary Help</b>	<b>2011 IH</b>
Natalie Negroni, Queen of Peace	2013 IH
	2015 IH
	2015 HH
<b>Lyndsey Smith, Eastern Christian</b>	<b>2014 100</b>
	<b>2014 200</b>
	<b>2014 400</b>
	<b>2015 400</b>
Catherine Rozalski, Queen of Peace	2014 PV
DWIGHT-ENGLEWOOD	2015 4x1
<b>Brooke Van Lenten, Eastern Christian</b>	<b>2016 JT</b>
	<b>2017 JT</b>

# CROSS-COUNTRY

## BOYS GROUP 1

WESTWOOD	1963 (1-2)
PARK RIDGE	1973
Ian Leavesley, Mahwah	1979
PALISADES PARK	1995
PALISADES PARK	1996
Jeff Clark, Bogota	1996
PALISADES PARK	2000
Chris Guerriero, Saddle Brook	2004
Ryan Van Alstine, Midland Park	2005
Patrick Rono, Lyndhurst	2010

## BOYS GROUP 2

<b>BOGOTA</b>	1960
Ernie Johnston, Bogota	1960
Al Graf, Bogota	1961
<b>LAKELAND</b>	<b>1969</b>
<b>LAKELAND</b>	<b>1970</b>
<b>HAWTHORNE</b>	<b>1973</b>
MAHWAH	1975
<b>Pierre LaTennier, Manchester</b>	1984
Eric Castillo, Ridgefield Park	1993

## BOYS GROUP 3

TENAFLY	1955	
Bob Lowe, Englewood		1955
TENAFLY	1956	
Bob Lowe, Englewood		1956
TENAFLY	1957	
Eric Groon, Leonia	1957	
<b>WAYNE</b>	1959	
<b>PASSAIC VALLEY</b>	1961	
DUMONT	1971	
Greg Miller, Northern Highlands	1972	
PASCACK VALLEY	1973	
RAMSEY	1978	
Ken Flynn, Ramsey	1989	

## BOYS GROUP 4

TEANECK	1961	
Dave Hunt, Teaneck	1964	
Mike Von Halle, Hackensack	1967	
RAMAPO	1969	
<b>Jeff Van Horn, Wayne Valley</b>	1981	
<b>Tony Williams, Kennedy</b>	1982	
RIDGEWOOD	1991	
RIDGEWOOD	1992	
Bob Keino, Ridgewood	1992	
Bob Keino, Ridgewood	1993	
<b>Mohamed Khadraoui, Kennedy</b>		<b>2003</b>

## BOYS PAROCHIAL A

Dave Faherty, Bergen Catholic	1962	
BERGEN CATHOLIC	1970	
PARAMUS CATHOLIC	1972	
Kevin Walsh, St. Joseph Regional		1973
PARAMUS CATHOLIC	1975	
Kevin Byrne, Paramus Catholic	1975	
Kevin Byrne, Paramus Catholic	1976	
BERGEN CATHOLIC	1977	
Bill Leonard, Bergen Catholic	1977	
Paul Thomas, Paramus Catholic	1978	
Regan Ladisic, Paramus Catholic	1992	
DON BOSCO	2006	
DON BOSCO	2007	

DON BOSCO	2008
DON BOSCO	2009

## **BOYS PAROCHIAL B**

<b>DEPAUL</b>	1966
Andy Artola, Paramus Catholic	1968
QUEEN OF PEACE	1970
QUEEN OF PEACE	1971
Jim McIntyre, Queen of Peace	1972

## **GIRLS GROUP 1**

Kerry Moore, Midland Park	1992
BOGOTA	1994
BOGOTA	1996
Erin Henry, Glen Rock	2001
PALISADES PARK	2004
Amy Van Alstine, Midland Park	2004
Lindsay Pedersen, Waldwick	2006

## **GIRLS GROUP 2**

SADDLE BROOK	1976
SADDLE BROOK	1978
NORTHERN HIGHLANDS	1993
RAMSEY	1995
RAMSEY	1996
Dana Satir, Ramsey	1996
RAMSEY	1997
Melissa Conway, Ramsey	1998

## **GIRLS GROUP 3**

OLD TAPPAN	1979
Mary Ellen McGowan, Pascack Valley	1979
Toni Anne Angione, Bergenfield	1983
<b>Jen Van Horn, Wayne Valley</b>	1984
Amy Kempf, Paramus	1987
NORTHERN HIGHLANDS	1991
Shahnaz Iqbal, Bergenfield	1999
<b>Jesse Mizzone, Passaic Valley</b>	2000
<b>Jesse Mizzone, Passaic Valley</b>	2001

## **GIRLS GROUP 4**

RIDGEWOOD	1980
Margaret Scutro, Ridgewood	1984
<b>CLIFTON</b>	1985
RIDGEWOOD	1992
Jenna Rogers, Ridgewood	1993
Celeste Sedo, Ridgewood	1997
RIDGEWOOD	1998
Beth Androski, Hackensack	1998
RIDGEWOOD	1999
Clair Nowakowski, Ridgewood	2001

## **GIRLS PAROCHIAL A**

HOLY ANGELS	2006
Sarah Pagano, IHA	2007
IMMACULATE HEART ACADEMY	2008
Sarah Pagano, IHA	2008
HOLY ANGELS	2009

## **GIRLS PAROCHIAL B**

<b>Rene Murphy, DePaul</b>	1984
<b>Lindsay Van Alstine, Hawthorne Christian</b>	1999
<b>Lindsay Van Alstine, Hawthorne Christian</b>	2000
<b>Lindsay Van Alstine, Hawthorne Christian</b>	2001
<b>Kristen Traub, Eastern Christian</b>	<b>2009</b>
<b>Kristen Traub, Eastern Christian</b>	<b>2011</b>