

STATE GROUP CHAMPIONSHIPS

BOYS GROUP 1

Richie Pfeifer, Hasbrouck Heights	1953 DT
Mulhbeak, Pompton Lakes	1953 JT
Ted Trust, North Arlington	1954 LJ
Herb Beyer, Ridgefield Park	1954 mile
*Joe Francello, North Arlington	1956 mile
	1957 mile
Campbell, Lakeland	1960 220
Dan Burks, Wood-Ridge	1960 mile
Dan Hesford, North Arlington	1961 HJ (T)
John Richardson, North Arlington	1961 HJ (T)
Carl Bachmann, North Arlington	1962 220
Hal Stone, Pompton Lakes	1962 880
John Reimels, Wallington	1962 mile
Jim Angresano, Park Ridge	1964 220
Bob Normann, Park Ridge	1964 120 HH
Robin Herrington, Park Ridge	1964 440
Ken Leeson, North Arlington	1965 120 HH
	1965 HJ
Jon Wettstein, Pompton Lakes	1966 SP
Bill Elliot, Waldwick	1967 DT
*John Wimmer, Bogota	1968 440
WALDWICK	1968 RELAY
Brian Derwin, Cresskill	1969 SP
Bruce Cooper, North Arlington	1969 PV
Doug Stewart, Cresskill	1969 440
CRESSKILL	1969 RELAY
	1970 RELAY
Gary Dittmore, Leonia	1970 880
John Sereno, Bogota	1970 LJ
Charlie Getty, Pompton Lakes	1970 DT
	1970 SP
John Beemer, Hasbrouck Heights	1970 440
	1971 440
Rich Kelly, Cresskill	1971 LJ
Dave Ludwig, Park Ridge	1972 880
Chuck Benjamin, Cresskill	1973 SP
Joe Ancona, Mahwah	1974 120 HH
	1974 330 IH
*Ron Kort, Mahwah	1975 SP
John Bahnsen, Bogota	1975 mile
Frank Casella, Leonia	1977 DT
Bill Rysbeck, Pompton Lakes	1979 SP
Ian Leavesley, Mahwah	1980 1500
	1980 3000
Bob Erksine, North Arlington	1981 JT
	1982 JT
Pat Finley, Bogota	1982 DT
Andy Papathanassiou, Emerson	1983 SP
	1983 DT
	1984 SP
	1984 DT
	1985 SP
Shawn Carpenter, Emerson	1984 100
Steve Truglio, New Milford	1985 400
Paul Zeuke, New Milford	1985 400 IH
Kevin McOwen, Mahwah	1986 3200
Steve Keating, Pompton Lakes	1986 PV
Dave Witosky, Mahwah	1987 SP
Eric Princen, Cresskill	1987 HJ
Jim Hock, Mahwah	1987 LJ
Carmen Pizzuto, Saddle Brook	1988 400 IH
Kevin Quinn, Cresskill	1989 DT
	1990 SP
Fred Campbell, Emerson	1990 100
	1990 200
	1991 100
	1991 200
Rich Miller, Cresskill	1990 PV
Bill Schels, Emerson	1991 SP
Jeff Heal, New Milford	1991 HJ

Curtis Loudermilk, Saddle Brook	1993 SP
Brendan Stickle, Glen Rock	1995 800
Justin Schwartz, Glen Rock	1995 JT
Chinua Laud, Leonia	1996 JT
*Mikkel Brown, Glen Rock	1997 LJ
Chris Charles, Park Ridge	1999 100
	2000 100
	2000 200
Nick Garrett, Saddle Brook	1999 110 HH
Joe Hwang, Cresskill	1999 400 IH
Mike Murphy, New Milford	1999 SP
	1999 DT
Eric Lowenstein, New Milford	1999 JT
Gary Gagliardi, Hasbrouck Heights	2000 800
	2001 400
	2001 800
Frank Kozibroda, Wood-Ridge	2000 SP
Charles Yalovister, North Arlington	2000 DT
HASBROUCK HEIGHTS	2001 relay
	2010 relay
Paul Rosiak, Wood-Ridge	2002 JT
	2003 DT
	2003 JT
Greg Powell, Westwood	2002 HJ
Ryan McCann, Glen Rock	2003 1600
	2004 800
	2004 1600
Dave Lado, Ridgefield	2003 400 IH
Mark Wong, Lyndhurst	2003 PV
Vernard Hoover, Hasbrouck Heights	2003 TJ
	2003 LJ
	2004 TJ
Rameik Jackson, Westwood	2004 100
	2004 400
Slawek Wojtys, Wallington	2004 SP
Jason Maier, New Milford	2004 DT
Tim Murphy, Glen Rock	2004 PV
WESTWOOD	2004 relay
Anthony Pomo, Saddle Brook	2005 100
	2005 LJ
Vinnie Gareffa, Hasbrouck Heights	2005 200
Barry Green, Lyndhurst	2005 SP
Brian Wiseman, Saddle Brook	2005 TJ
Orion Woodard, Pompton Lakes	2006 200
	2007 200
*Geoff Goidell, Pascack Hills	2006 SP
Dane Bender, Pompton Lakes	2007 800
Mike Soroko, Kinnelon	2007 1600
Kyle Elliott, Cresskill	2007 JT
	2008 JT
Mike Collins, Cresskill	2007 PV
Matt Bieszard, Midland Park	2008 200
	2008 400
Matt Lingam, Park Ridge	2008 800
PARK RIDGE	2008 relay
Mike Renna, Hasbrouck Heights	2008 SP
Tomasz Dlugozima, Wallington	2008 DT
	2009 DT
Greg Hoffman, Park Ridge	2008 PV
	2009 PV
Hayden Duffy, Emerson	2009 800
Patrick Cole, Hasbrouck Heights	2009 SP
	2010 SP
Kaleb Zuidema, Midland Park	2009 JT
	2010 JT
John Porteous, Wood-Ridge	2010 IH
Patrick Rono, Lyndhurst	2010 800
	2010 1600
Chris Steele, Pompton Lakes	2010 PV

BOYS GROUP 2

Don Cavalli, Ridgefield Park	1956 DT
	1957 DT
Jim Cassidy, Lyndhurst	1956 LJ
Paul DiNapoli, Ridgefield Park	1956 PV (T)

*Joe Francello, North Arlington	1958 mile
Hatch Rosdahl, Ridgefield Park	1958 SP
	1958 DT
	1959 SP
	1959 DT
Karl Lorenz, Pascack Valley	1959 LJ
Tony Furfaro, Fort Lee	1960 SP
Len Byrd, Leonia	1961 220
George Patterson, Leonia	1961 220
	1961 440
	1962 100
	1962 220
*Dave Stanley, Glen Rock	1962 440
Richie Civil, Fort Lee	1963 JT
Steve Woodard, Demarest	1963 880
Richie Greenberg, Fort Lee	1963 100
Larry Borger, Demarest	1964 880
Dennis Spirito, Wood-Ridge	1964 180 LH
Paul Williams, Pompton Lakes	1964 120 HH
	1965 120 HH
Tom Woodard, Demarest	1965 880
Howie Hilliard, Rutherford	1966 440
Steve Ordway, Rutherford	1966 mile
Steve Arnoldi, Ridgefield Park	1966 SP
Dick Reisman, Pascack Valley	1966 DT
Steve Kunze, Saddle Brook	1966 HJ
Charlie Loschman, Pascack Valley	1966 PV
*John Wimmer, Bogota	1967 440
Fred Schwab, Tenafly	1967 SP
Mike Terrizzi, Hawthorne	1967 DT
Tom Raders, Pascack Valley	1967 HJ
Brendan Haugh, Tenafly	1967 PV
Bob Redard, Tenafly	1968 880
Steve Amerman, Rutherford	1968 mile
RUTHERFORD	1968 RELAY
Richard Gabey, Indian Hills	1968 SP
Keith Kurtz, Pompton Lakes	1969 880
INDIAN HILLS	1969 RELAY
Rai Schultz, Indian Hills	1969 SP
Charlie Getty, Pompton Lakes	1969 DT
Tom Walsh, Indian Hills	1970 120 HH
Mike Meagher, Indian Hills	1970 PV
*Greg Miller, Northern Highlands	1971 2 mile
Rich Whitmore, New Milford	1972 SP
	1972 DT
Cliff Riso, Ramsey	1971 HJ
	1972 HJ
Steve Natusch, Pascack Valley	1973 PV
Tom Kadien, Waldwick	1974 DT
Ray Sahadi, Tenafly	1974 SP
Scott Hersh, Fort Lee	1975 DT
Randy Stalter, Saddle Brook	1975 SP
John Rizzi, Elmwood Park	1975 100
*Ron Kort, Mahwah	1976 SP
Larry Biggs, Saddle Brook	1976 DT
Joe Pacillo, Rutherford	1977 SP
Scott Sarnoski, Bergen Tech	1980 2 mile
Rich Duriske, Saddle Brook	1980 SP
Bill Parisi, Ridgefield Park	1985 JT
Scott Miller, Elmwood Park	1986 SP
	1986 DT
Craig Paskas, Rutherford	1987 JT
Jason Miller, Elmwood Park	1988 SP
Craig Masker, Mahwah	1990 3200
Anthony Hampton, Englewood	1991 400 IH
	1992 110 HH
	1992 400 IH
	1993 400 IH
	1994 110 HH
	1994 400 IH
Anthony Hayne, Ridgefield Park	1992 JT
	1993 JT
Thanniel Robinson, Englewood	1993 HJ
	1994 HJ
ENGLEWOOD	1993 RELAY

Eric Castillo, Ridgefield Park	1994 3200
Justin Schwartz, Glen Rock	1994 JT
Deke DeFreese, Mahwah	1995 HJ
Frank Chamberlin, Mahwah	1996 SP
*Mikkel Brown, Glen Rock	1996 LJ
Andrew Giannotti, Westwood	1997 800
Josh Ross, Westwood	1997 PV
Will Arroyo, Ridgefield Park	1999 JT
Owen Bourgholtzer, Mahwah	2000 3200
Matt Elkas, Ramsey	2000 SP
Steve McGovern, Dumont	2002 DT
Garrett Kroner, Indian Hills	2005 200
	2005 400
	2006 400
Ken Ebeling, Mahwah	2005 400 IH
Max Bruno, Indian Hills	2006 800
	2008 800
James Stathopoulos, Mahwah	2006 DT
*Geoff Goidell, Pascack Hills	2007 SP
Greg Stripe, Mahwah	2007 PV
	2008 PV
Chris Phipps, Lodi	2008 LJ
	2008 TJ
Sean O'Neill, River Dell	2008 SP
Mark Filandro, Indian Hills	2009 IH
	2010 IH
Kevin Steimle, Mahwah	2009 JT
Ackeme Brown, Englewood	2009 LJ
Corey Crawford, Indian Hills	2010 LJ

BOYS GROUP 3

Chuck Quinby, Ridgewood	1953 HJ
Dave Caulfield, Tenafly	1953 880
Clyde Leverett, Garfield	1954 LJ
Earl Hicks, Englewood	1955 PV (T)
Ed Fass, Hackensack	1956 DT
Don Davies, Tenafly	1957 440
Ross McRonalD, Tenafly	1957 100
	1957 220
Bob Lowe, Englewood	1957 mile
Eric Groon, Leonia	1958 mile
Jute Williams, Englewood	1958 220
	1959 440
Paul St. Miklossy, Fair Lawn	1958 PV (T)
Richie Flubacher, Ramapo	1959 LJ
Maurice Hobson, Englewood	1959 880
Bruce Hoffman, Ramapo	1959 PV
	1960 PV
Roger Caruso, Northern Valley	1960 440
Bob Linders, Northern Valley	1960 880
George Howe, River Dell	1961 440
Marion Brevard, Englewood	1961 880
Bob Wolley, Pascack Valley	1961 mile
Bill Hooks, River Dell	1961 LJ
Ken Samra, Passaic Valley	1962 880
John Loeschhorn, Ramapo	1962 mile
Ed Daw, Old Tappan	1963 880
*Dave Stanley, Glen Rock	1964 440
Bill Walker, Englewood	1964 100
	1964 220
	1965 100
	1965 220
Dan Wigart, Tenafly	1965 440
Ron Sicoli, Ramapo	1965 880
Joe Bryant, Englewood	1966 440
Bill Waterfall, New Milford	1966 HJ
Glen Siegel, East Paterson	1967 PV
Jeff Fried, New Milford	1968 HJ
Jeff Adams, Englewood	1968 440
Dave Liskin, Englewood	1969 100
Dennis Pearson, Englewood	1969 LJ
Randy Sokolik, New Milford	1968 SP
	1969 SP

Nick Carrelle, Fort Lee	1970 DT
	1970 SP
Dave Rafferty, Wayne Valley	1970 mile
ENGLEWOOD	1970 RELAY
	1971 RELAY
Tom Alessi, River Dell	1971 PV
Mark MacCracken, Tenafly	1972 PV
*Greg Miller, Northern Highlands	1972 2 mile
	1973 2 mile
George Mackay, Pascack Hills	1973 mile
Clark Woods, Pascack Valley	1974 mile
Tom Parr, Lakeland	1976 JT
Roger Jones, Ramsey	1977 mile
Steve Patterson, Ramapo	1977 880
Dave Latowsky, Ramapo	1978 880
Lou Kertesz, Ramsey	1981 SP
Dana Ellis, Ramapo	1981 DT
Jon Lampert, Demarest	1982 SP
Bruce Bacchicocchi, Dumont	1982 JT
Steve Schadler, Bergenfield	1983 1600
	1983 3200
	1984 1600
Jeff Hooton, Ramsey	1984 PV
Brian Otley, Wayne Hills	1985 HJ
Mike Theuerkauf, Demarest	1986 SP
	1988 SP
Ken Flynn, Ramsey	1990 3200
	1991 3200
	1990 JT
John Clarke, Demarest	1991 1600
Moses Mekbebe, Cliffside Park	1992 JT
Carl Von Tobel, Dumont	1999 400
Joe Mendel, Wayne Hills	1999 JT
Arden Cierich, Lakeland	2001 DT
Luis Castillo, Garfield	2003 TJ
Ralph Davis, Paramus	2005 400 IH
Tyler deRouen, West Milford	2005 TJ
Harold Blyden, Bergenfield	2006 200
Rashad White, Teaneck	2006 DT
George Abyad, Passaic Valley	2007 SP
	2007 DT
Ted Leshner, Northern Highlands	2006 TJ
Damian Miles, Teaneck	2008 200
Chris Pantale, Wayne Valley	2008 DT
Corey Caidenhead, Bergenfield	2009 400
Brad Paternostro, Ramapo	2010 800
TEANECK	2010 relay
Jamal Williams, Teaneck	2010 TJ
Steve Iafrate, Demarest	2010 JT

BOYS GROUP 4

Rich Castellana, Ridgewood	1957 LJ
Burt Cross, Teaneck	1957 PV
Jerry Counihan, Ridgewood	1958 PV
Neil Cooper, Fair Lawn	1960 DT
John Stevens, Hackensack	1961 HJ (T)
Jim Moore, Ridgewood	1961 PV (T)
Sam Perry, Passaic	1962 100
Nat Slaughter, Passaic	1962 LJ
Len Corn, Ramapo	1964 LJ
Gary Rosenberg, Fair Lawn	1965 mile
Bruce Hedendahl, Paramus	1965 SP
	1965 DT
Bill Heyman, Kennedy	1966 100
	1966 220
Bob Schwetie, Passaic Valley	1966 mile
Ken Crusius, Hackensack	1966 HJ
Diego Perez, Eastside	1966 DT
Ron Speirs, Paramus	1969 mile
Chris Elliot, Ramapo	1970 mile
John Bazemore, Eastside	1970 LJ
Paul Sutphen, Clifton	1971 120 HH
Kevin Conheeneey, Hackensack	1971 mile

Curt LoPresti, Paramus	1971 HJ
Skip Johnson, Hackensack	1972 HJ
Steve Wyche, Hackensack	1973 220
Bill Duren, Hackensack	1974 120 HH
Parke Muth, Ridgewood	1975 330 IH
Alan Schepps, Teaneck	1976 PV
Dave Laube, Fair Lawn	1979 SP
John Farrell, Teaneck	1980 SP
Paul Wright, Kennedy	1980 880
Mike Buncic, Fair Lawn	1980 DT
Dave Dickey, Teaneck	1981 PV
Tony Williams, Kennedy	1983 3200
Chris Sullivan, Ridgewood	1985 1600
Joe LeMay, Ridgewood	1985 3200
Dave Porter, Passaic	1985 DT
	1986 SP
Joe Johnson, Hackensack	1986 200
Curtis McNair, Passaic	1986 800
	1986 1600
Kevin DeFeo, Clifton	1986 DT
Eric Berntsen, Ridgewood	1987 1600
	1987 3200
Andrew Cameron, Eastside	1987 110 HH
	1987 400 IH
	1987 LJ
Walt McCall, Hackensack	1988 200
	1988 400
Craig Halyard, Ridgewood	1988 LJ
Shawn Collins, Kennedy	1991 400 IH
Eric Boucher, Ridgewood	1991 3200
Matt Psaltis, Fair Lawn	1992 PV
Ricchard Carter, Passaic	1992 100
Darius Pemberton, Hackensack	1993 LJ
	1993 HJ
Bob Keino, Ridgewood	1993 1600
	1993 3200
	1994 1600
	1994 3200
Joe Dawkins, Hackensack	1994 100
	1994 200
	1995 100
	1995 200
Walter King, Hackensack	1995 400
Chiffon Allen, Passaic	1996 HJ
	1996 LJ
Guy Rose, Wayne Hills	1998 110 HH
Joe Velazquez, Paramus	1999 400
Josh Kauke, Ridgewood	1999 800
	2000 800
Matt Winkler, Wayne Valley	2000 1600
Sean Begley, West Milford	2001 JT
Gabe Knutson, Ridgewood	2003 TJ
Mohamed Khadraoui, Kennedy	2003 3200
	2004 3200
Kyle Lindsay, Eastside	2004 TJ
	2005 TJ
	2006 TJ
Byron Williams, Ridgewood	2005 1600
Marcos McKenzie, Eastside	2008 HJ
Nicoy Hines, Passaic Tech	2009 HH
Tommy DeVita, Ridgewood	2010 HJ
Conroy Walker, Hackensack	2010 200

BOYS PAROCHIAL A (PAROCHIAL TO 1966)

Joe Canizzaro, St. Ceceilia's	1955 DT
Frank Moszczynski, Don Bosco	1955 SP
Paul Onderdonk, Don Bosco	1956 LJ
Gordon Webb, Don Bosco	1956 PV
	1957 LJ
Paul Scully, Don Bosco	1958 HJ (T)
Jim Megiel, Don Bosco	1959 PV
	1960 PV (T)
Corrado Vono, Don Bosco	1960 LJ
	1961 LJ
Gus Strittmayer, Don Bosco	1961 HJ (T)

Mike McGuiness, Bergen Catholic	1962 440
Jean Neptune, Don Bosco	1961 HJ (T)
	1962 HJ (T)
Richie Kennedy, Don Bosco	1962 HJ (T)
Terry Murray, Don Bosco	1963 LJ
Bill Madden, Bergen Catholic	1963 100
	1963 220
	1964 100
	1964 220
Jeff Hasselberger, DePaul	1964 120 HH
Bill Jordan, St. Cecilia's	1964 440
Tom Obrotka, Bergen Catholic	1964 SP
Jim Wenthe, Bergen Catholic	1964 LJ
Dennis Rowan, Don Bosco	1965 LJ
Tom O'Rourke, Bergen Catholic	1966 100
	1966 220
Steve Saner, St. Joseph Regional	1966 DT
Brian McGuiness, St. Luke's	1966 LJ
Bob Kaczka, Don Bosco	1967 880
Ed Whalen, Bergen Catholic	1967 LJ
Neil Tarulli, St. Joseph Regional	1968 120 HH
John Bykowsky, St. Joseph Regional	1968 180 LH
	1969 180 LH
ST. JOSEPH REGIONAL	1968 RELAY
Tom Hayes, St. Joseph Regional	1967 PV
	1968 PV
Bob Hauk, St. Joseph Regional	1967 100
	1967 220
	1968 100
	1968 220
	1969 100
	1969 220
Steve Adams, St. Joseph Regional	1969 SP
	1970 SP
Walt Bambrick, St. Joseph Regional	1970 LJ
Ed McKeever, St. Joseph Regional	1970 PV
Tom Newman, Don Bosco	1971 220
George Vallone, Bergen Catholic	1972 PV
Tim Conheaney, Paramus Catholic	1973 2 mile
George Ennis, Paramus Catholic	1973 DT
Lou Martucci, DePaul	1974 440
Frank Moran, Bergen Catholic	1974 880
Bob McDermott, Paramus Catholic	1974 mile
Don Holmes, Paramus Catholic	1974 HJ
Matt Eckmeyer, St. Joseph Regional	1974 PV
Scott DeCandia, St. Joseph Regional	1974 SP
Mark Saner, St. Joseph Regional	1974 DT
	1975 SP
	1975 DT
Pat Chapman, DePaul	1974 JT
Joe Hurley, Don Bosco	1975 440
BERGEN CATHOLIC	1976 RELAY
	1992 RELAY
	1993 RELAY
	1994 RELAY
	1996 RELAY
	1997 RELAY
	1999 RELAY
Ed Shanahan, Bergen Catholic	1976 DT
Lou Mastro, Paramus Catholic	1976 330 IH
	1976 LJ
	1976 120 HH
Kevin Byrne, Paramus Catholic	1976 mile
	1977 880
Jim Moran, Paramus Catholic	1977 LJ
Mike Collins, Don Bosco	1977 JT
	1978 JT
Tom Lanzalotto, Paramus Catholic	1977 DT
	1977 SP
P.J. Mastro, Paramus Catholic	1977 440 IH
Bill Leonard, Bergen Catholic	1978 880
Rick Ancona, Don Bosco	1978 440 IH
Pat Gannon, Paramus Catholic	1978 PV
Matt Bauer, Don Bosco	1978 DT
John McLaughlin, Don Bosco	1979 440

DON BOSCO	1979 RELAY
	1980 RELAY
Mike Geraghty, Don Bosco	1980 200
	1980 400
	1981 800
John Pedati, Queen of Peace	
Greg Carney, St. Joseph Regional	1981 110 HH
Jim O'Brien, DePaul	1983 HJ
Sean Power, Don Bosco	1985 DT
John Lyons, Don Bosco	1985 LJ
Derrick Horner, Don Bosco	1986 100
Ed Rice, Don Bosco	1986 PV
Mike Rios, Bergen Catholic	1987 100
	1987 200
Mark Bednarz, Paramus Catholic	1987 800
	1988 800
Mike Rosenberg, Queen of Peace	1988 400
Anthony Velasquez, Don Bosco	1988 HJ
Rich Robinson, St. Joseph Regional	1989 HJ
Steve Rice, St. Joseph Regional	1989 SP
Joe Swasey, Bergen Catholic	1990 110 HH
Ralph Sanon-Jules, St. Joseph Reg.	1991 SP
Brian Barry, Don Bosco	1992 800
Tim McDermott, Bergen Catholic	1993 200
Sean Durkin, Don Bosco	1993 1600
	1993 3200
Monte Mason, Paramus Catholic	1993 HJ
	1993 110 HH
Pat Hyppolite, Don Bosco	1993 400 IH
Dave Lopez, Paramus Catholic	1993 LJ
Pat Destro, St. Joseph Regional	1993 PV
Andy Paraison, Don Bosco	1994 110 HH
Mike Martin, Bergen Catholic	1994 400 IH
Tom McCabe, Don Bosco	1995 800
	1994 400 IH
Anthony DiCosmo, Paramus Catholic	1995 110 HH
	1995 LJ
Shaun McGregor, Bergen Catholic	1995 SP
	1995 DT
Kevin Dauble, St. Joseph Regional	1995 HJ
Tom Redmond, Bergen Catholic	1996 800
	1997 800
Cooper Rego, St. Joseph Regional	1997 100
Todd Pitcher, Don Bosco	1997 PV
Jim Fischer, Bergen Catholic	1997 DT
	1998 DT
*PARAMUS CATHOLIC	1998 relay
Kiyon Harley, Paramus Catholic	1999 200
John D'Izzia, Bergen Catholic	1999 400
Brent Hobbs, Don Bosco	2001 HJ
Ken Sinkovitz, Bergen Catholic	2002 800
	2003 800
Rob McKay, Don Bosco	2002 400 IH
Jim Malizia, St. Joseph Regional	2002 JT
Michael Ray Garvin, Don Bosco	2003 200
	2004 100
	2004 200
	2005 100
	2005 200
Tyler Palumbo, Don Bosco	2003 LJ
Brian Toal, Don Bosco	2004 SP
Doug Klopacz, St. Joseph Regional	2005 SP
DON BOSCO	2006 RELAY
Sharif Webb, Don Bosco	2007 800
	2007 IH
Chris Hallissey, Don Bosco	2007 DT
Mitch Bennett, Paramus Catholic	2007 TJ
Matt Steeg, Don Bosco	2007 PV
Steve Wexler, Don Bosco	2008 800
Kevin Bostick, Bergen Catholic	2008 HJ
	2008 TJ
Greg Hazell, Don Bosco	2009 LJ
	2009 TJ
	2010 LJ
	2010 TJ
Billy Leonard, Bergen Catholic	2010 IH

BOYS PAROCHIAL B

A. J. Holzherr, Queen of Peace
 Greg Shepherd, Queen of Peace
Greg Sondey, Pope Pius

1967 440
 1967 mile
1967 SP
1967 DT
1968 SP
1968 DT

Tim McDonough, Paramus Catholic
Dean Smith, Pope Pius

1968 LJ
1967 180 LH
1968 120 HH
1968 180 LH

Bob Benkovich, Paramus Catholic
Nick Dedi, DePaul

1968 440
1969 SP
1969 DT

Ray Schabunia, Queen of Peace
 Eugene Michaels, Queen of Peace
 Jack Conheeney, Paramus Catholic

1969 120 HH
 1969 440

Andy Artola, Paramus Catholic
 Jim Reap, St. Cecilia
 Jim Marra, Don Bosco Tech
 Pete Luongo, Paramus Catholic
 Steve Riley, Queen of Peace
 Roy Wassong, Queen of Peace

1968 mile
 1969 mile
 1969 880
 1970 mile
 1970 880
 1970 440
 1971 2 mile
 1971 DT
 1971 SP

Frank Iozzio, Don Bosco Tech
 Jim Brindle, St. Mary's
 *PARAMUS CATHOLIC

1971 HJ
 1971 880
 1969 RELAY
 1971 RELAY

Ray Gabler, Paul VI
 Tom Dames, Queen of Peace
 Gene Russell, Queen of Peace

1972 120 HH
 1972 mile
 1971 440
 1972 440

Gary Riley, Queen of Peace

1971 mile
 1972 880

Drew Sauchelli, St. Cecilia

1972 SP
 1972 DT

Del Lawson, Don Bosco Tech

1973 100
1973 LJ
1974 100

Doug Jerothe, DePaul
Ray Shupak, Don Bosco Tech

1973 200
1973 120 HH
1973 180 LH

Paul St. Germain, Queen of Peace

1973 440
 1974 440

Jim McIntyre, Queen of Peace

1972 2 mile
 1973 880

DEPAUL

1968 RELAY
1973 RELAY
2004 RELAY

Scott Leischman, DePaul

1973 SP
1973 DT

Vic Stewart, Don Bosco Tech
 Howard Brady, Queen of Peace
 Rich Melph, Queen of Peace
 Jim Donohue, Queen of Peace

1973 HJ
 1974 880
 1974 2 mile
 1974 HJ
 1975 HJ

Jim Casson, Paul VI
Jim Pagnello, Don Bosco Tech
 QUEEN OF PEACE

1975 SP
1975 PV
 1974 RELAY
 1976 RELAY

Brian Loreti, St. Mary's

1975 DT
 1976 DT

Ed Cruz, Paterson Catholic

1975 LJ
1976 LJ

Carl Zigarelli, Paterson Catholic

1975 JT
1976 JT

Mike Walker, Paul VI
 Dan McNeilly, St. Mary's

1976 440
 1976 880
 1977 880

Mike Della Fave, Queen of Peace
PAUL VI

1977 PV
1977 RELAY

Bob Keegan, Queen of Peace

1977 DT

Dave Melfi, Queen of Peace	1977 120 HH
Tom Healy, Queen of Peace	1978 JT
Oral Payne, Paterson Catholic	1978 LJ
	1978 HJ
Gary Slodowski, Queen of Peace	1978 440 IH
Ed Traverso, Pope Pius	1978 440
Bob McAdam, Queen of Peace	1978 120 HH
Pat Fogarty, Queen of Peace	1979 2 mile
Nick Sokiewicz, Pope Pius	1979 120 HH
Greg Bloom, Queen of Peace	1979 mile
Jeff Long, Queen of Peace	1979 SP
Nelson Anderson, Pope Pius	1981 100
Tom Pirolo, Paul VI	1982 800
Jose Rubiani, Pope Pius	1983 3200
Jim McCray, Paterson Catholic	1984 200
Miguel Colon, Pope Pius	1984 110 HH
	1984 400 IH
Charles Condon, DePaul	1986 JT
Chris Biancella, DePaul	1989 200
Conrad Currin, DePaul	1989 110 HH
	1990 110 HH
John Coppola, DePaul	1989 400 IH
Chris Horvath, DePaul	1989 PV
Sean Boyle, DePaul	1989 SP
Dave Unger, DePaul	1990 400 IH
Ben Christoffels, Eastern Christian	1991 400 IH
Jason Lapinski, Eastern Christian	1991 PV
Chris Duffy, Eastern Christian	1992 PV
Jason Perry, Paterson Catholic	1993 110 HH
	1993 LJ
Neil Violante, DePaul	1993 SP
	1994 SP
Kevin Van Ek, Eastern Christian	1994 HJ
Eamon Monaghan, DePaul	1994 DT
Martin Besterci, St. Mary's	1995 400 IH
Al Sholakh, DePaul	1995 PV
Phil Hartley, Eastern Christian	1996 PV
Phil Steenstra, Eastern Christian	1996 SP
Jim Bushoven, Eastern Christian	1998 LJ
	1999 400 IH
Randy Picinic, St. Mary's	1998 DT
	1999 SP
	1999 DT
Jamie Richardson, Paterson Catholic	1999 LJ
Craig Borduin, Eastern Christian	1999 JT
Peter Sunden, Eastern Christian	1999 PV
Paul Groenewal, Eastern Christian	2000 PV
Matt Apol, Eastern Christian	2001 1600
Val Sisti, DePaul	2002 LJ
	2003 LJ
	2004 LJ
Mike Ponte, DePaul	2005 100
Donald Lee, St. Mary's	2005 200
	2006 100
	2006 200
Brad Tanis, Eastern Christian	2005 400 IH
Jon Cheresnick, Eastern Christian	2005 JT
Damon Merkerson, St. Mary's	2006 400
	2007 100
	2007 200
	2007 400
	2007 800
Nick Mieke, DePaul	2006 800
Matt Ratajczak, DePaul	2006 IH
Greg Gillespie, DePaul	2006 HJ
Dan Yablonsky, DePaul	2006 PV
Maurice McDonald, Paterson Catholic	2008 TJ
Ben deWaal Malefyt, Eastern Christian	2009 DT
	2010 DT
Kevin Mustac, St. Mary's	2010 SP

GIRLS GROUP 1

Noreen Velten, Palisades Park	1977 DT
	1978 DT

Andrea Ostrowski, Park Ridge	1981 400
PARK RIDGE	1981 RELAY
Debbie Hillery, Leonia	1982 800
Deneen Steiner, Ridgefield	1982 HJ
Kathy Harmel, Wallington	1982 LJ
Nancy Larena, Saddle Brook	1983 HJ
Nancy Van Dyke, Midland Park	1985 DT
Keelan Craw, Waldwick	1987 SP
	1988 SP
Sue Esposito, New Milford	1987 JT
Michelle Straut, Waldwick	1988 3200
*Megan Burke, Glen Rock	1988 LJ
	1991 LJ
Maria Iavarone, Cresskill	1989 DT
Kim Giordano, Waldwick	1989 LJ
Kerry Moore, Midland Park	1992 1600
	1993 1600
Ami Racich, Cresskill	1991 HJ
	1992 HJ
Kerry Wasser, Saddle Brook	1993 HJ
Adwoa Asa-Awuku, New Milford	1993 DT
Diana Lana, Saddle Brook	1995 800
	1995 1600
Lesley Hodgson, Glen Rock	1995 100 HH
Katie Hanley, Glen Rock	1995 400 IH
	1997 100 HH
	1997 400 IH
Marie Remiggio, Bogota	1995 SP
Kim Ferranti, Glen Rock	1995 DT
GLEN ROCK	1995 relay
Tracy DellaTorre, Glen Rock	1997 800
	1997 1600
Suzanne Nelson, Hawthorne	1997 HJ
Erin Henry, Glen Rock	2000 800
	2000 1600
	2000 3200
	2001 1600
	2001 3200
	2002 1600
	2002 3200
Lindsey Reggo, Ridgefield	2000 JT
Kim Mineo, Glen Rock	2001 800
	2002 800
	2002 400
	2002 400 IH
	2003 800
	2003 400 IH
Justine Diana, Saddle Brook	2001 100 HH
Liz Pendleton, Wood-Ridge	2001 DT
Courtney Reggo, Ridgefield	2002 JT
Cheryl Anscombe, Westwood	2004 400
Denise Scarfi, Westwood	2004 1600
Audrey Bedrock, Waldwick	2004 3200
Tiffany Phoenix, Cresskill	2004 DT
Alicia Henry, Cresskill	2005 800
Amy Van Alstine, Midland Park	2005 3200
	2006 3200
Jessica Lehmann, Park Ridge	2005 DT
Mallory Cornett, Hawthorne	2005 HJ
Lynn Matanle, Glen Rock	2005 TJ
Arianna Pomo, Saddle Brook	2005 LJ
HAWTHORNE	2005 relay
Carly Planker, Pascack Hills	2006 TJ
April Kaiser, Park Ridge	2007 DT
	2008 DT
Heather Morba, Kinnelon	2007 SP
	2007 JT
Lauren Schultz, Waldwick	2008 IH
Amanda Duggan, Waldwick	2008 TJ
Anna Gleason, Butler	2008 HJ
Michelle Favre, Saddle Brook	2008 PV
	2009 PV
Jessica Andre, Waldwick	2009 3200
WESTWOOD	2009 relay
Mel Lewis, Midland Park	2010 IH

Colleen Murphy, Westwood 2010 400
Amberly Gurbisz, Butler 2010 LJ

GIRLS GROUP 2

Terri Dembek, Hawthorne 1978 440
1979 440
Laura Falci, Saddle Brook 1978 2 mile
Violetta Josevska, Garfield 1979 2 mile
Liz Wahler, Saddle Brook 1979 JT
Bianca O'Connell, Rutherford 1980 800
Barbara Wolff, Tenafly 1983 JT
Neretta Freeman, Garfield 1986 100
1987 100
1987 200
1986 SP
1987 SP
1988 SP
1988 HJ
1989 JT
1989 LJ
1990 LJ
1989 RELAY
1990 1600
Kirsten Christiansen, Rutherford 1991 800
Stacey Price, Westwood 1992 JT
Dawn Reis, Lodi 1992 DT
Elena Primerano, Lyndhurst 1993 3200
*Megan Burke, Glen Rock 1995 100
1995 200
1997 100 HH
1998 LJ
1995 LJ
1998 HJ
1999 RELAY
2001 SP
2001 LJ
2003 TJ
2005 PV
2006 IH
2007 IH
2008 HJ
2006 TJ
2007 800
2007 3200
2007 DT
2008 100
2008 200
2008 DT
2008 TJ
Dee Keough, Mahwah
Nancy Scott, Garfield
Medeana Steidl, Garfield
Sharren Bates, Pascack Hills
Carli Gallo, Mahwah
Carlene Cummings, Englewood
Tammi Jordan, Englewood
Cheryl Burdick, Ramsey
*RAMSEY
Kim Grein, Ridgefield Park
Thatcha DaCosta, Englewood
Sheena Strachan, Englewood
Patricia Murphy-Kennelly, Mahwah
Alex Rosenberger, Ramsey
Alyssa Maier, River Dell
Bry Bonavita, River Dell
Kim DeLoreto, Pascack Hills
Erika Mertrud, Pequannock 2007 DT
Ajda Dotday, Hawthorne 2008 100
2008 200
Christine Coppola, River Dell
Brooke Kristensen, Mahwah

GIRLS GROUP 3

*RAMSEY 1978 RELAY
Mary Ellen McGowan, Pascack Valley 1979 mile
Beth Sova, Lakeland 1979 SP
Lori Morton, Westwood 1980 100
Chris McDonnell, Westwood 1980 3000
Patti McCluskey, Dumont 1980 1500
Renee Carter, Englewood 1981 100 HH
Regina Weinpahl, Westwood 1982 JT
1983 JT
1983 SP
1983 3200
1986 LJ
1986 HJ
1988 1600
1988 3200
1989 100
1989 200
1989 3200
1990 1600
1990 3200
1991 800
1992 800
1994 3200
Toni Ann Angione, Bergenfield
Margaret Rottkamp, Indian Hills
Amy Nehls, Indian Hills
Amy Kempf, Paramus
Gily Dishon, Tenafly
Catherine Feeney, Wayne Valley
Jen Metz, Pascack Valley
Beth Crenshaw, Wayne Valley

Jessica Sarubbi, Cliffside Park	1995 3200
Caitlin Wittreich, Tenafly	1996 JT
Kim Fife, Lakeland	1996 800
Jen Austin, Garfield	1997 HJ
	1998 JT
	1999 JT
	2000 JT
Jessica Fazekas, Demarest	2002 SP
	2002 DT
Brittany Brooks, Garfield	2003 TJ
Kelly Fazekas, Demarest	2003 SP
Michelle Smith, Teaneck	2004 100 HH
Shanelle Cross, Garfield	2005 TJ
Kesley Ramsey, Ramapo	2007 800
Hannah Mayer, Northern Highlands	2009 JT
	2010 JT
Apresha Hampton, Teaneck	2010 SP

GIRLS GROUP 4

Becky Deetz, Ridgewood	1976 HJ
Taryn Carter, Hackensack	1977 120 HH
EASTSIDE	1977 440 RELAY
Lisa Schadler, Bergenfield	1980 3000
Mary Ellen Mileski, Ridgewood	1980 1500
	1983 800
Margaret Scutro, Ridgewood	1985 1600
	1985 3200
Viola Harris, Passaic	1986 400
Jasmin Jones, Hackensack	1986 800
	1986 1600
	1987 800
	1987 1600
Sue Piekarz, Clifton	1986 DT
	1987 DT
Norine D'Arcy, Ridgewood	1987 3200
Sharon Allen, Eastside	1987 LJ
Nicole Thomas, Kennedy	1988 400
Jen McDermott, Ridgewood	1988 LJ
	1989 LJ
Gwen Manning, Passaic Tech	1988 HJ
RIDGEWOOD	1988 RELAY
Lujinda Batten, Passaic	1989 110 HH
TEANECK	1989 RELAY
Nadine Nunez, Passaic	1990 3200
Eileen Fitzgerald, Ridgewood	1990 1600
Cassandra Grant, Passaic	1991 200
	1991 LJ
	1992 200
	1992 LJ
Melissa Wyka, Fair Lawn	1991 1600
Dana Riley, Teaneck	1992 400
	1993 400
Jenna Rogers, Ridgewood	1993 1600
	1994 3200
Nicole Carmichael, Kennedy	1994 200
	1995 100
	1995 200
Nakisha Leon, Passaic	1997 SP
Labelle Hillgrove, Passaic	1998 SP
	1999 SP
	1999 DT
Kenneisha Reid, Passaic Tech	1999 LJ
Tawana Watkins, Kennedy	1999 400
	1999 400 IH
	2000 200
	2000 400
	2000 400 IH
	2001 200
	2001 400
Yhounic Vassell, Passaic Tech	2002 200
Trish McGowan, Ridgewood	2003 TJ
Essence Carson, Eastside	2004 LJ
Cassie Wong, Ridgewood	2005 PV
	2006 PV

Sheniqua Jones, Passaic
Amber Allen, Passaic Tech
Emily Urciuoli, Clifton

2006 LJ
2010 IH
2010 PV

GIRLS PAROCHIAL A

Carolyn Sonzogni, Paramus Catholic
Lauren Clarke, Paramus Catholic
Pascale Barrau, Paramus Catholic

1982 400 IH
1983 110 HH
1983 SP

Marybeth Glowacki, Queen of Peace
Christine Rose, IHA

1983 DT
1989 HJ
1990 100
1990 200
1991 100
1991 200

Veronica Davi, IHA

1991 100 HH
1991 400 IH
1992 100 HH
1992 400 IH

Jean Readie, Queen of Peace
Lauren Mazurkiewicz, Queen of Peace

1992 400
1994 JT
1995 JT

Kourtney Gallo, IHA

1995 3200
1996 3200

Julie Clifford, Holy Angels

1996 800
1997 800
1999 800

Courtney Cubicciotti, IHA

1998 LJ
1999 100
1999 200

*Anike Orimogunje, Queen of Peace

2000 100
2000 200
2003 100
2003 200

Caitlin Smyth, IHA

2000 800
2001 1600

Kristine Josef, Paramus Catholic

2001 DT

Caitlin Hemmer, IHA

2003 800

*Janine Davis, Queen of Peace

2004 100
2004 200
2004 400
2004 800
2005 400
2005 800

Alex Elkas, Holy Angels

2006 400

Tyler Teaton, IHA

2006 HJ

Rae Corbo, Paramus Catholic

2007 TJ
2008 TJ
2009 TJ
2010 TJ
2010 LJ

Sarah Pagano, IHA

2008 1600
2008 3200
2009 1600
2009 3200

Shannon Sullivan, IHA

2008 JT
2009 JT

Ashley Sims, Paramus Catholic

2008 SP

Myasia Jacobs, Paramus Catholic

2009 100

Olivia Wade, Paramus Catholic

2009 200
2010 100
2010 200

PARAMUS CATHOLIC

2009 SP

Jaime Klein, Paramus Catholic

2009 relay
2010 JT

Theresa Picciallo, IHA

2010 SP

Khyla Bailey, Paramus Catholic

2010 HJ

GIRLS PAROCHIAL B

Linda Hicks, Paterson Catholic
Davanna Medina, DePaul
Kim Marowicz, DePaul
PATERSON CATHOLIC

1989 100 HH
1992 3200
1992 JT
1993 RELAY

Jill Schuurman, Eastern Christian
Krista McKinney, St. Mary's

Trinette Gooding, St. Mary's

Altisha Byrd, Paterson Catholic

*Anike Orimogunje, Queen of Peace

*Janine Davis, Queen of Peace

Allison Desir, Dwight-Englewood

QUEEN OF PEACE

Lindsay Van Alstine, Hawthorne Christian

Lauren DeJong, Eastern Christian

Erin Krenitski, Eastern Christian

Gina Forte, St. Mary's

Kristen Traub, Eastern Christian

Stephanie Rozalski, Queen of Peace

1998 DT

1999 SP

2001 SP

1999 DT

2000 SP

2000 100

2000 200

2001 100

2001 200

2002 100

2002 200

2002 400

2002 400 IH

2003 400

2003 400 IH

2002 RELAY

2003 1600

2003 3200

2003 LJ

2003 DT

2003 JT

2009 3200

2010 1600

2010 3200

2009 PV

CROSS - COUNTRY

BOYS GROUP 1

WESTWOOD	1963 (1-2)
PARK RIDGE	1973
Ian Leavesley, Mahwah	1979
PALISADES PARK	1995
PALISADES PARK	1996
Jeff Clark, Bogota	1996
PALISADES PARK	2000
Chris Guerriero, Saddle Brook	2004
Ryan Van Alstine, Midland Park	2005

BOYS GROUP 2

BOGOTA	1960
Ernie Johnston, Bogota	1960
Al Graf, Bogota	1961
LAKELAND	1969
LAKELAND	1970
HAWTHORNE	1973
MAHWAH	1975
Pierre LaTennier, Manchester	1984
Eric Castillo, Ridgefield Park	1993

BOYS GROUP 3

TENAFLY	1955	
Bob Lowe, Englewood		1955
TENAFLY	1956	
Bob Lowe, Englewood		1956
TENAFLY	1957	
Eric Groon, Leonia	1957	
WAYNE	1959	
PASSAIC VALLEY	1961	
DUMONT	1971	
Greg Miller, Northern Highlands	1972	
PASCACK VALLEY	1973	
RAMSEY	1978	
Ken Flynn, Ramsey	1989	

BOYS GROUP 4

TEANECK	1961	
Dave Hunt, Teaneck	1964	
Mike Von Halle, Hackensack	1967	
RAMAPO	1969	
Jeff Van Horn, Wayne Valley	1981	
Tony Williams, Kennedy	1982	
RIDGEWOOD	1991	
RIDGEWOOD	1992	
Bob Keino, Ridgewood	1992	
Bob Keino, Ridgewood	1993	
Mohamed Khadraoui, Kennedy		2003

BOYS PAROCHIAL A

Dave Faherty, Bergen Catholic	1962	
BERGEN CATHOLIC	1970	
PARAMUS CATHOLIC	1972	
Kevin Walsh, St. Joseph Regional		1973
PARAMUS CATHOLIC	1975	
Kevin Byrne, Paramus Catholic	1975	
Kevin Byrne, Paramus Catholic	1976	
BERGEN CATHOLIC	1977	
Bill Leonard, Bergen Catholic	1977	
Paul Thomas, Paramus Catholic	1978	
Regan Ladisic, Paramus Catholic	1992	

BOYS PAROCHIAL B

DEPAUL	1966
Andy Artola, Paramus Catholic	1968
QUEEN OF PEACE	1970
QUEEN OF PEACE	1971
Jim McIntyre, Queen of Peace	1972

GIRLS GROUP 1

Kerry Moore, Midland Park	1992
BOGOTA	1994
BOGOTA	1996
Erin Henry, Glen Rock	2001
PALISADES PARK	2004
Amy Van Alstine, Midland Park	2004

GIRLS GROUP 2

SADDLE BROOK	1976
SADDLE BROOK	1978
NORTHERN HIGHLANDS	1993
RAMSEY	1995
RAMSEY	1996
Dana Satir, Ramsey	1996
RAMSEY	1997
Melissa Conway, Ramsey	1998

GIRLS GROUP 3

OLD TAPPAN	1979
Mary Ellen McGowan, Pascack Valley	1979
Toni Anne Angione, Bergenfield	1983
Jen Van Horn, Wayne Valley	1984
Amy Kempf, Paramus	1987
NORTHERN HIGHLANDS	1991
Shahnaz Iqbal, Bergenfield	1999
Jesse Mizzone, Passaic Valley	2000
Jesse Mizzone, Passaic Valley	2001

GIRLS GROUP 4

RIDGEWOOD	1980
Margaret Scutro, Ridgewood	1984
CLIFTON	1985
RIDGEWOOD	1992
Jenna Rogers, Ridgewood	1993
Celeste Sedo, Ridgewood	1997
RIDGEWOOD	1998
Beth Androski, Hackensack	1998
RIDGEWOOD	1999
Clair Nowakowski, Ridgewood	2001

GIRLS PAROCHIAL A

GIRLS PAROCHIAL B

Rene Murphy, DePaul	1984
Lindsay Van Alstine, Hawthorne Christian	1999
Lindsay Van Alstine, Hawthorne Christian	2000
Lindsay Van Alstine, Hawthorne Christian	2001