

STATE GROUP CHAMPIONSHIPS

BOYS GROUP 1

Warner "Red" Heitmann, Westwood	1952 440
Richie Pfeifer, Hasbrouck Heights	1953 DT
Mulhbeak, Pompton Lakes	1953 JT
Ted Trust, North Arlington	1954 LJ
Herb Beyer, Ridgefield Park	1954 mile
*Joe Francello, North Arlington	1956 mile
	1957 mile
Campbell, Lakeland	1960 220
Dan Burks, Wood-Ridge	1960 mile
Dan Hesford, North Arlington	1961 HJ (T)
John Richardson, North Arlington	1961 HJ (T)
Carl Bachmann, North Arlington	1962 220
Hal Stone, Pompton Lakes	1962 880
John Reimels, Wallington	1962 mile
Jim Angresano, Park Ridge	1964 220
Bob Normann, Park Ridge	1964 120 HH
Robin Herrington, Park Ridge	1964 440
Ken Leeson, North Arlington	1965 120 HH
	1965 HJ
Jon Wettstein, Pompton Lakes	1966 SP
Bill Elliot, Waldwick	1967 DT
*John Wimmer, Bogota	1968 440
WALDWICK	1968 RELAY
Brian Derwin, Cresskill	1969 SP
Bruce Cooper, North Arlington	1969 PV
Doug Stewart, Cresskill	1969 440
CRESSKILL	1969 RELAY
	1970 RELAY
Gary Dittmore, Leonia	1970 880
John Sereno, Bogota	1970 LJ
Charlie Getty, Pompton Lakes	1970 DT
	1970 SP
John Beemer, Hasbrouck Heights	1970 440
	1971 440
Rich Kelly, Cresskill	1971 LJ
Dave Ludwig, Park Ridge	1972 880
Chuck Benjamin, Cresskill	1973 SP
Joe Ancona, Mahwah	1974 120 HH
	1974 330 IH
*Ron Kort, Mahwah	1975 SP
John Bahnsen, Bogota	1975 mile
Frank Casella, Leonia	1977 DT
Bill Rysbeck, Pompton Lakes	1979 SP
Ian Leavesley, Mahwah	1980 1500
	1980 3000
Bob Erksine, North Arlington	1981 JT
	1982 JT
Pat Finley, Bogota	1982 DT
Andy Papanthassiou, Emerson	1983 SP
	1983 DT
	1984 SP
	1984 DT
	1985 SP
Shawn Carpenter, Emerson	1984 100
Steve Truglio, New Milford	1985 400
Paul Zeuke, New Milford	1985 400 IH
Kevin McOwen, Mahwah	1986 3200
Steve Keating, Pompton Lakes	1986 PV
Dave Witosky, Mahwah	1987 SP
Eric Princen, Cresskill	1987 HJ
Jim Hock, Mahwah	1987 LJ
Carmen Pizzuto, Saddle Brook	1988 400 IH
Kevin Quinn, Cresskill	1989 DT
	1990 SP
Fred Campbell, Emerson	1990 100
	1990 200
	1991 100
	1991 200
Rich Miller, Cresskill	1990 PV
Bill Schels, Emerson	1991 SP

Jeff Heal, New Milford	1991 HJ
Curtis Loudermilk, Saddle Brook	1993 SP
Brendan Stickle, Glen Rock	1995 800
Justin Schwartz, Glen Rock	1995 JT
Chinua Laud, Leonia	1996 JT
*Mikkel Brown, Glen Rock	1997 LJ
Chris Charles, Park Ridge	1999 100
	2000 100
	2000 200
Nick Garrett, Saddle Brook	1999 110 HH
Joe Hwang, Cresskill	1999 400 IH
Mike Murphy, New Milford	1999 SP
	1999 DT
Eric Lowenstein, New Milford	1999 JT
Gary Gagliardi, Hasbrouck Heights	2000 800
	2001 400
	2001 800
Frank Kozibroda, Wood-Ridge	2000 SP
Charles Yalovister, North Arlington	2000 DT
HASBROUCK HEIGHTS	2001 relay
	2010 relay
Paul Rosiak, Wood-Ridge	2002 JT
	2003 DT
	2003 JT
Greg Powell, Westwood	2002 HJ
Ryan McCann, Glen Rock	2003 1600
	2004 800
	2004 1600
Dave Lado, Ridgefield	2003 400 IH
Mark Wong, Lyndhurst	2003 PV
Vernard Hoover, Hasbrouck Heights	2003 TJ
	2003 LJ
	2004 TJ
Rameik Jackson, Westwood	2004 100
	2004 400
Slawek Wojtys, Wallington	2004 SP
Jason Maier, New Milford	2004 DT
Tim Murphy, Glen Rock	2004 PV
WESTWOOD	2004 relay
Anthony Pomo, Saddle Brook	2005 100
	2005 LJ
Vinnie Gareffa, Hasbrouck Heights	2005 200
Barry Green, Lyndhurst	2005 SP
Brian Wiseman, Saddle Brook	2005 TJ
Orion Woodard, Pompton Lakes	2006 200
	2007 200
*Geoff Goidell, Pascack Hills	2006 SP
Dane Bender, Pompton Lakes	2007 800
Mike Soroko, Kinnelon	2007 1600
Kyle Elliott, Cresskill	2007 JT
	2008 JT
Mike Collins, Cresskill	2007 PV
Matt Bieszard, Midland Park	2008 200
	2008 400
Matt Lingam, Park Ridge	2008 800
PARK RIDGE	2008 relay
Mike Renna, Hasbrouck Heights	2008 SP
Tomasz Dlugozima, Wallington	2008 DT
	2009 DT
Greg Hoffman, Park Ridge	2008 PV
	2009 PV
Hayden Duffy, Emerson	2009 800
Patrick Cole, Hasbrouck Heights	2009 SP
	2010 SP
	2011 DT
Kaleb Zuidema, Midland Park	2009 JT
	2010 JT
	2011 JT
John Porteous, Wood-Ridge	2010 IH
	2010 IH
Patrick Rono, Lyndhurst	2010 800
	2010 1600
	2011 800
	2011 1600
Chris Steele, Pompton Lakes	2010 PV

Dorian Slavov, Cresskill	2011 PV
Chris Connors, Hasbrouck Heights	2011 SP
Alex Sisco, Hasbrouck Heights	2012 SP
Stefan Morton, Emerson	2012 PV
Danny Cordeiro, North Arlington	2013 3200
Johnathan Profitt, Bogota	2014 800
Andrew Accardi, Pompton Lakes	2014 TJ
Gio Gutierrez, Saddle Brook	2015 PV
	2016 SP
	2016 DT
	2017 SP
	2017 DT
Eran Peci, Emerson	2017 PV
Omar Anderson, Boonton	2017 LJ
HAWTHORNE	2017 relay
Adam Khriiss, Secaucus	2018 IH
Adam Stavash, Hasbrouck Heights	2018 PV

BOYS GROUP 2

Don Cavalli, Ridgefield Park	1956 DT
	1957 DT
Jim Cassidy, Lyndhurst	1956 LJ
Paul DiNapoli, Ridgefield Park	1956 PV (T)
*Joe Francello, North Arlington	1958 mile
Hatch Rosdahl, Ridgefield Park	1958 SP
	1958 DT
	1959 SP
	1959 DT
	1959 LJ
Karl Lorenz, Pascack Valley	1960 SP
Tony Furfaro, Fort Lee	1961 220
Len Byrd, Leonia	1961 220
George Patterson, Leonia	1961 440
	1962 100
	1962 220
	1962 440
*Dave Stanley, Glen Rock	1963 JT
Richie Civil, Fort Lee	1963 880
Steve Woodard, Demarest	1963 100
Richie Greenberg, Fort Lee	1964 880
Larry Borger, Demarest	1964 180 LH
Dennis Spirito, Wood-Ridge	1964 120 HH
Paul Williams, Pompton Lakes	1965 120 HH
	1965 880
Tom Woodard, Demarest	1966 440
Howie Hilliard, Rutherford	1966 mile
Steve Ordway, Rutherford	1966 SP
Steve Arnoldi, Ridgefield Park	1966 DT
Dick Reisman, Pascack Valley	1966 HJ
Steve Kunze, Saddle Brook	1966 PV
Charlie Loschman, Pascack Valley	1967 440
*John Wimmer, Bogota	1967 SP
Fred Schwab, Tenafly	1967 DT
Mike Terrizzi, Hawthorne	1967 HJ
Tom Raders, Pascack Valley	1967 PV
Brendan Haugh, Tenafly	1968 880
Bob Redard, Tenafly	1968 mile
Steve Amerman, Rutherford	1968 RELAY
RUTHERFORD	1968 SP
Richard Gabey, Indian Hills	1969 880
Keith Kurtz, Pompton Lakes	1969 RELAY
INDIAN HILLS	1969 SP
Rai Schultz, Indian Hills	1969 DT
Charlie Getty, Pompton Lakes	1970 120 HH
Tom Walsh, Indian Hills	1970 PV
Mike Meagher, Indian Hills	1971 2 mile
*Greg Miller, Northern Highlands	
Rich Whitmore, New Milford	1972 SP
	1972 DT
Cliff Riso, Ramsey	1971 HJ
	1972 HJ
	1973 PV
Steve Natusch, Pascack Valley	1974 DT
Tom Kadien, Waldwick	1974 SP
Ray Sahadi, Tenafly	1975 DT
Scott Hersh, Fort Lee	1975 SP
Randy Stalter, Saddle Brook	

John Rizzi, Elmwood Park	1975 100
*Ron Kort, Mahwah	1976 SP
Larry Biggs, Saddle Brook	1976 DT
Joe Pacillo, Rutherford	1977 SP
Scott Sarnoski, Bergen Tech	1980 2 mile
Rich Duriske, Saddle Brook	1980 SP
Bill Parisi, Ridgefield Park	1985 JT
Scott Miller, Elmwood Park	1986 SP
	1986 DT
Craig Paskas, Rutherford	1987 JT
Jason Miller, Elmwood Park	1988 SP
Craig Masker, Mahwah	1990 3200
Anthony Hampton, Englewood	1991 400 IH
	1992 110 HH
	1992 400 IH
	1993 400 IH
	1994 110 HH
	1994 400 IH
Anthony Hayne, Ridgefield Park	1992 JT
	1993 JT
Thanniel Robinson, Englewood	1993 HJ
	1994 HJ
ENGLEWOOD	1993 RELAY
Eric Castillo, Ridgefield Park	1994 3200
Justin Schwartz, Glen Rock	1994 JT
Deke DeFreese, Mahwah	1995 HJ
Frank Chamberlin, Mahwah	1996 SP
*Mikkel Brown, Glen Rock	1996 LJ
Andrew Giannotti, Westwood	1997 800
Josh Ross, Westwood	1997 PV
Will Arroyo, Ridgefield Park	1999 JT
Owen Bourgholtzer, Mahwah	2000 3200
Matt Elkas, Ramsey	2000 SP
Steve McGovern, Dumont	2002 DT
Garrett Kroner, Indian Hills	2005 200
	2005 400
	2006 400
Ken Ebeling, Mahwah	2005 400 IH
Max Bruno, Indian Hills	2006 800
	2008 800
James Stathopoulos, Mahwah	2006 DT
*Geoff Goidell, Pascack Hills	2007 SP
Greg Stripe, Mahwah	2007 PV
	2008 PV
Chris Phipps, Lodi	2008 LJ
	2008 TJ
Sean O'Neill, River Dell	2008 SP
Mark Filandro, Indian Hills	2009 IH
	2010 IH
Kevin Steimle, Mahwah	2009 JT
Ackeme Brown, Englewood	2009 LJ
Corey Crawford, Indian Hills	2010 LJ
Chris Estrella, Ridgefield Park	2014 100
	2014 200
Jairus Paul, Mahwah	2014 LJ
	2015 TJ
Mike Pepper, Ramsey	2014 TJ
Will Daly, River Dell	2016 1600
	2016 800
RIVER DELL	2016 4-x-800
Liam Landau, Pascack Hills	2018 PV

BOYS GROUP 3

Tom Boyan, Englewood	1952 880
Don Humphrey, Tenafly	1952 DT
Chuck Quinby, Ridgewood	1953 HJ
Dave Caulfield, Tenafly	1953 880
Clyde Leverett, Garfield	1954 LJ
Earl Hicks, Englewood	1955 PV (T)
Ed Fass, Hackensack	1956 DT
Don Davies, Tenafly	1957 440
Ross McRonald, Tenafly	1957 100
	1957 220
Bob Lowe, Englewood	1957 mile

Eric Groon, Leonia	1958 mile
Jute Williams, Englewood	1958 220
	1959 440
Paul St. Miklossy, Fair Lawn	1958 PV (T)
Richie Flubacher, Ramapo	1959 LJ
Maurice Hobson, Englewood	1959 880
Bruce Hoffman, Ramapo	1959 PV
	1960 PV
Roger Caruso, Northern Valley	1960 440
Bob Linders, Northern Valley	1960 880
George Howe, River Dell	1961 440
Marion Brevard, Englewood	1961 880
Bob Wolley, Pascack Valley	1961 mile
Bill Hooks, River Dell	1961 LJ
Ken Samra, Passaic Valley	1962 880
John Loeschhorn, Ramapo	1962 mile
Ed Daw, Old Tappan	1963 880
*Dave Stanley, Glen Rock	1964 440
Bill Walker, Englewood	1964 100
	1964 220
	1965 100
	1965 220
	1965 440
Dan Wigart, Tenafly	1965 880
Ron Sicoli, Ramapo	1966 440
Joe Bryant, Englewood	1966 HJ
Bill Waterfall, New Milford	1966 HJ
Glen Siegel, East Paterson	1967 PV
Jeff Fried, New Milford	1968 HJ
Jeff Adams, Englewood	1968 440
Dave Liskin, Englewood	1969 100
Dennis Pearson, Englewood	1969 LJ
Randy Sokolik, New Milford	1968 SP
	1969 SP
Nick Carrelle, Fort Lee	1970 DT
	1970 SP
Dave Rafferty, Wayne Valley	1970 mile
ENGLEWOOD	1970 RELAY
	1971 RELAY
Tom Alessi, River Dell	1971 PV
Mark MacCracken, Tenafly	1972 PV
*Greg Miller, Northern Highlands	1972 2 mile
	1973 2 mile
George Mackay, Pascack Hills	1973 mile
Clark Woods, Pascack Valley	1974 mile
Tom Parr, Lakeland	1976 JT
Roger Jones, Ramsey	1977 mile
Steve Patterson, Ramapo	1977 880
Dave Latowsky, Ramapo	1978 880
Lou Kertesz, Ramsey	1981 SP
Dana Ellis, Ramapo	1981 DT
Jon Lampert, Demarest	1982 SP
Bruce Bacchicocchi, Dumont	1982 JT
Steve Schadler, Bergenfield	1983 1600
	1983 3200
	1984 1600
Jeff Hooton, Ramsey	1984 PV
Brian Otley, Wayne Hills	1985 HJ
Mike Theuerkauf, Demarest	1986 SP
	1988 SP
Ken Flynn, Ramsey	1990 3200
	1991 3200
	1990 JT
John Clarke, Demarest	1991 1600
Moses Mekbebe, Cliffside Park	1992 JT
Carl Von Tobel, Dumont	1992 JT
Joe Mendel, Wayne Hills	1999 400
Arden Cierich, Lakeland	1999 JT
Luis Castillo, Garfield	2001 DT
Ralph Davis, Paramus	2003 TJ
Tyler deRouen, West Milford	2005 400 IH
Harold Blyden, Bergenfield	2005 TJ
Rashad White, Teaneck	2006 200
George Abyad, Passaic Valley	2006 DT
	2007 SP
	2007 DT
Ted Lesher, Northern Highlands	2006 TJ

Damian Miles, Teaneck	2008 200
Chris Pantale, Wayne Valley	2008 DT
Corey Caidenhead, Bergenfield	2009 400
Brad Paternostro, Ramapo	2010 800
	2011 800
TEANECK	2010 relay
Jamal Williams, Teaneck	2010 TJ
	2011 LJ
	2010 JT
Steve Iafrate, Demarest	2011 relay
OLD TAPPAN	2012 relay
	2015 4-x-400
	2016 4-x-400
Sean Wimbush, Teaneck	2011 TJ
Ben Malone, Pascack Valley	2012 800
Brandon Gregory, Old Tappan	2012 IH
Andrew Trumbetti, Demarest	2012 SP
Rob Gebhard, Northern Highlands	2012 TJ
Benjamin Davis, Old Tappan	2013 100
Marc Rienas, Old Tappan	2014 1600
	2015 800
	2015 1600
Luke Annichiarico, Old Tappan	2014 PV
St. Jacob Diodonet, West Milford	2015 400
Andrew Tummino, River Dell	2015 SP
	2015 DT
Frankie Richard, Northern Highlands	2015 LJ
	2016 TJ
RIVER DELL	2015 4-x-800
Seth Kricheff, Old Tappan	2017 PV
Tyler Hrbek, Old Tappan	2018 PV

BOYS GROUP 4

Rich Castellana, Ridgewood	1957 LJ
Burt Cross, Teaneck	1957 PV
Jerry Counihan, Ridgewood	1958 PV
Neil Cooper, Fair Lawn	1960 DT
John Stevens, Hackensack	1961 HJ (T)
Jim Moore, Ridgewood	1961 PV (T)
Sam Perry, Passaic	1962 100
Nat Slaughter, Passaic	1962 LJ
Len Corn, Ramapo	1964 LJ
Gary Rosenberg, Fair Lawn	1965 mile
Bruce Hedendahl, Paramus	1965 SP
	1965 DT
Bill Heyman, Kennedy	1966 100
	1966 220
Bob Schwetie, Passaic Valley	1966 mile
Ken Crusius, Hackensack	1966 HJ
Diego Perez, Eastside	1966 DT
Ron Speirs, Paramus	1969 mile
Chris Elliot, Ramapo	1970 mile
John Bazemore, Eastside	1970 LJ
Paul Sutphen, Clifton	1971 120 HH
Kevin Conheeney, Hackensack	1971 mile
Curt LoPresti, Paramus	1971 HJ
Skip Johnson, Hackensack	1972 HJ
Steve Wyche, Hackensack	1973 220
Bill Duren, Hackensack	1974 120 HH
Parke Muth, Ridgewood	1975 330 IH
Alan Schepps, Teaneck	1976 PV
Dave Laube, Fair Lawn	1979 SP
John Farrell, Teaneck	1980 SP
Paul Wright, Kennedy	1980 880
Mike Buncic, Fair Lawn	1980 DT
Dave Dickey, Teaneck	1981 PV
Tony Williams, Kennedy	1983 3200
Chris Sullivan, Ridgewood	1985 1600
Joe LeMay, Ridgewood	1985 3200
Dave Porter, Passaic	1985 DT
	1986 SP
Joe Johnson, Hackensack	1986 200
Curtis McNair, Passaic	1986 800
	1986 1600

Kevin DeFeo, Clifton	1986 DT
Eric Berntsen, Ridgewood	1987 1600
	1987 3200
Andrew Cameron, Eastside	1987 110 HH
	1987 400 IH
	1987 LJ
Walt McCall, Hackensack	1988 200
	1988 400
Craig Halyard, Ridgewood	1988 LJ
Shawn Collins, Kennedy	1991 400 IH
Eric Boucher, Ridgewood	1991 3200
Matt Psaltis, Fair Lawn	1992 PV
Ricchard Carter, Passaic	1992 100
Darius Pemberton, Hackensack	1993 LJ
	1993 HJ
Bob Keino, Ridgewood	1993 1600
	1993 3200
	1994 1600
	1994 3200
Joe Dawkins, Hackensack	1994 100
	1994 200
	1995 100
	1995 200
Walter King, Hackensack	1995 400
Chiffon Allen, Passaic	1996 HJ
	1996 LJ
Guy Rose, Wayne Hills	1998 110 HH
Joe Velazquez, Paramus	1999 400
Josh Kauke, Ridgewood	1999 800
	2000 800
Matt Winkler, Wayne Valley	2000 1600
Sean Begley, West Milford	2001 JT
Gabe Knutson, Ridgewood	2003 TJ
Mohamed Khadraoui, Kennedy	2003 3200
	2004 3200
Kyle Lindsay, Eastside	2004 TJ
	2005 TJ
	2006 TJ
Byron Williams, Ridgewood	2005 1600
Marcos McKenzie, Eastside	2008 HJ
Nicoy Hines, Passaic Tech	2009 HH
Tommy DeVita, Ridgewood	2010 HJ
Conroy Walker, Hackensack	2010 200
Stephen Mozia, Hackensack	2011 SP
Jabari Butler, Passaic Tech	2012 HJ
Jason Thobourne, Kennedy	2017 HJ
Luis Peralta, Passaic	2018 800

BOYS PAROCHIAL A (PAROCHIAL TO 1966)

Joe Canizzaro, St. Ceceilia's	1955 DT
Frank Moszczyński, Don Bosco	1955 SP
Paul Onderdonk, Don Bosco	1956 LJ
Gordon Webb, Don Bosco	1956 PV
	1957 LJ
Paul Scully, Don Bosco	1958 HJ (T)
Jim Megiel, Don Bosco	1959 PV
	1960 PV (T)
Corrado Vono, Don Bosco	1960 LJ
	1961 LJ
Gus Strittmayer, Don Bosco	1961 HJ (T)
Mike McGuinness, Bergen Catholic	1962 440
Jean Neptune, Don Bosco	1961 HJ (T)
	1962 HJ (T)
Richie Kennedy, Don Bosco	1962 HJ (T)
Terry Murray, Don Bosco	1963 LJ
Bill Madden, Bergen Catholic	1963 100
	1963 220
	1964 100
	1964 220
Jeff Hasselberger, DePaul	1964 120 HH
Bill Jordan, St. Cecilia's	1964 440
Tom Obrotka, Bergen Catholic	1964 SP
Jim Wenthe, Bergen Catholic	1964 LJ
Dennis Rowan, Don Bosco	1965 LJ
Tom O'Rourke, Bergen Catholic	1966 100

Steve Saner, St. Joseph Regional	1966 220
Brian McGuiness, St. Luke's	1966 DT
Bob Kaczka, Don Bosco	1966 LJ
Ed Whalen, Bergen Catholic	1967 880
Neil Tarulli, St. Joseph Regional	1967 LJ
John Bykowski, St. Joseph Regional	1968 120 HH
	1968 180 LH
	1969 180 LH
ST. JOSEPH REGIONAL	1968 RELAY
	2015 4-x-100
Tom Hayes, St. Joseph Regional	1967 PV
	1968 PV
Bob Hauk, St. Joseph Regional	1967 100
	1967 220
	1968 100
	1968 220
	1969 100
	1969 220
Steve Adams, St. Joseph Regional	1969 SP
	1970 SP
Walt Bambrick, St. Joseph Regional	1970 LJ
Ed McKeever, St. Joseph Regional	1970 PV
Tom Newman, Don Bosco	1971 220
George Vallone, Bergen Catholic	1972 PV
Tim Conheaney, Paramus Catholic	1973 2 mile
George Ennis, Paramus Catholic	1973 DT
Lou Martucci, DePaul	1974 440
Frank Moran, Bergen Catholic	1974 880
Bob McDermott, Paramus Catholic	1974 mile
Don Holmes, Paramus Catholic	1974 HJ
Matt Eckmeyer, St. Joseph Regional	1974 PV
Scott DeCandia, St. Joseph Regional	1974 SP
Mark Saner, St. Joseph Regional	1974 DT
	1975 SP
	1975 DT
Pat Chapman, DePaul	1974 JT
Joe Hurley, Don Bosco	1975 440
BERGEN CATHOLIC	1976 RELAY
	1992 RELAY
	1993 RELAY
	1994 RELAY
	1996 RELAY
	1997 RELAY
	1999 RELAY
Ed Shanahan, Bergen Catholic	1976 DT
Lou Mastro, Paramus Catholic	1976 330 IH
	1976 LJ
	1976 120 HH
Kevin Byrne, Paramus Catholic	1976 mile
	1977 880
Jim Moran, Paramus Catholic	1977 LJ
Mike Collins, Don Bosco	1977 JT
	1978 JT
Tom Lanzalotto, Paramus Catholic	1977 DT
	1977 SP
P.J. Mastro, Paramus Catholic	1977 440 IH
Bill Leonard, Bergen Catholic	1978 880
Rick Ancona, Don Bosco	1978 440 IH
Pat Gannon, Paramus Catholic	1978 PV
Matt Bauer, Don Bosco	1978 DT
John McLaughlin, Don Bosco	1979 440
DON BOSCO	1979 RELAY
	1980 RELAY
Mike Geraghty, Don Bosco	1980 200
	1980 400
	1981 800
John Pedati, Queen of Peace	
Greg Carney, St. Joseph Regional	1981 110 HH
Jim O'Brien, DePaul	1983 HJ
Sean Power, Don Bosco	1985 DT
John Lyons, Don Bosco	1985 LJ
Derrick Horner, Don Bosco	1986 100
Ed Rice, Don Bosco	1986 PV
Mike Rios, Bergen Catholic	1987 100
	1987 200
Mark Bednarz, Paramus Catholic	1987 800

Mike Rosenberg, Queen of Peace	1988 800
Anthony Velasquez, Don Bosco	1988 400
Rich Robinson, St. Joseph Regional	1988 HJ
Steve Rice, St. Joseph Regional	1989 HJ
Joe Swasey, Bergen Catholic	1989 SP
Ralph Sanon-Jules, St. Joseph Reg.	1990 110 HH
Brian Barry, Don Bosco	1991 SP
Tim McDermott, Bergen Catholic	1992 800
Sean Durkin, Don Bosco	1993 200
	1993 1600
	1993 3200
Monte Mason, Paramus Catholic	1993 HJ
	1993 110 HH
Pat Hyppolite, Don Bosco	1993 400 IH
Dave Lopez, Paramus Catholic	1993 LJ
Pat Destro, St. Joseph Regional	1993 PV
Andy Paraison, Don Bosco	1994 110 HH
Mike Martin, Bergen Catholic	1994 400 IH
Tom McCabe, Don Bosco	1995 800
	1994 400 IH
Anthony DiCosmo, Paramus Catholic	1995 110 HH
	1995 LJ
Shaun McGregor, Bergen Catholic	1995 SP
	1995 DT
Kevin Dauble, St. Joseph Regional	1995 HJ
Tom Redmond, Bergen Catholic	1996 800
	1997 800
Cooper Rego, St. Joseph Regional	1997 100
Todd Pitcher, Don Bosco	1997 PV
Jim Fischer, Bergen Catholic	1997 DT
	1998 DT
*PARAMUS CATHOLIC	1998 relay
	2014 4-x-100 relay
Kiyon Harley, Paramus Catholic	1999 200
John D'Izzia, Bergen Catholic	1999 400
Brent Hobbs, Don Bosco	2001 HJ
Ken Sinkovitz, Bergen Catholic	2002 800
	2003 800
Rob McKay, Don Bosco	2002 400 IH
Jim Malizia, St. Joseph Regional	2002 JT
Michael Ray Garvin, Don Bosco	2003 200
	2004 100
	2004 200
	2005 100
	2005 200
Tyler Palumbo, Don Bosco	2003 LJ
Brian Toal, Don Bosco	2004 SP
Doug Klopacz, St. Joseph Regional	2005 SP
DON BOSCO	2006 RELAY
	2011 RELAY
Sharif Webb, Don Bosco	2007 800
	2007 IH
Chris Hallissey, Don Bosco	2007 DT
Mitch Bennett, Paramus Catholic	2007 TJ
Matt Steeg, Don Bosco	2007 PV
Steve Wexler, Don Bosco	2008 800
Kevin Bostick, Bergen Catholic	2008 HJ
	2008 TJ
Greg Hazell, Don Bosco	2009 LJ
	2009 TJ
	2010 LJ
	2010 TJ
	2011 TJ
Billy Leonard, Bergen Catholic	2010 IH
Selwyn Maxwell, Don Bosco	2010 HH
	2011 HH
Jabrill Peppers, Paramus Catholic	2012 200
	2013 100
	2013 200
	2014 100
	2014 200
Joe White, DePaul	2013 800
	2014 800
Kyle Levermore, Don Bosco	2013 3200
	2014 1600

Zack Bazile, St. Joseph	2014 LJ
	2014 TJ
Patrick Sullivan, Don Bosco	2015 3200
	2016 3200
Javon Turner, Paramus Catholic	2016 100
	2016 200
	2016 HJ
David Rosas, Don Bosco	2017 1600
	2017 3200

BOYS PAROCHIAL B

A. J. Holzherr, Queen of Peace	1967 440
Greg Shepherd, Queen of Peace	1967 mile
Greg Sondey, Pope Pius	1967 SP
	1967 DT
	1968 SP
	1968 DT
Tim McDonough, Paramus Catholic	1968 LJ
Dean Smith, Pope Pius	1967 180 LH
	1968 120 HH
	1968 180 LH
Bob Benkovich, Paramus Catholic	1968 440
Nick Dedi, DePaul	1969 SP
	1969 DT
Ray Schabunia, Queen of Peace	1969 120 HH
Eugene Michaels, Queen of Peace	1969 440
Jack Conheeeny, Paramus Catholic	1968 mile
	1969 mile
Andy Artola, Paramus Catholic	1969 880
Jim Reap, St. Cecilia	1970 mile
Jim Marra, Don Bosco Tech	1970 880
Pete Luongo, Paramus Catholic	1970 440
Steve Riley, Queen of Peace	1971 2 mile
Roy Wassong, Queen of Peace	1971 DT
	1971 SP
Frank Iozzio, Don Bosco Tech	1971 HJ
Jim Brindle, St. Mary's	1971 880
*PARAMUS CATHOLIC	1969 RELAY
	1971 RELAY
Ray Gabler, Paul VI	1972 120 HH
Tom Dames, Queen of Peace	1972 mile
Gene Russell, Queen of Peace	1971 440
	1972 440
Gary Riley, Queen of Peace	1971 mile
	1972 880
Drew Sauchelli, St. Cecilia	1972 SP
	1972 DT
Del Lawson, Don Bosco Tech	1973 100
	1973 LJ
	1974 100
Doug Jerothe, DePaul	1973 200
Ray Shupak, Don Bosco Tech	1973 120 HH
	1973 180 LH
Paul St. Germain, Queen of Peace	1973 440
	1974 440
Jim McIntyre, Queen of Peace	1972 2 mile
	1973 880
DEPAUL	1968 RELAY
	1973 RELAY
	2004 RELAY
Scott Leischman, DePaul	1973 SP
	1973 DT
Vic Stewart, Don Bosco Tech	1973 HJ
Howard Brady, Queen of Peace	1974 880
Rich Melph, Queen of Peace	1974 2 mile
Jim Donohue, Queen of Peace	1974 HJ
	1975 HJ
Jim Casson, Paul VI	1975 SP
Jim Pagnello, Don Bosco Tech	1975 PV
QUEEN OF PEACE	1974 RELAY
	1976 RELAY
Brian Loreti, St. Mary's	1975 DT
	1976 DT
Ed Cruz, Paterson Catholic	1975 LJ
	1976 LJ

Carl Zigarelli, Paterson Catholic	1975 JT
	1976 JT
Mike Walker, Paul VI	1976 440
Dan McNeilly, St. Mary's	1976 880
	1977 880
Mike Della Fave, Queen of Peace	1977 PV
PAUL VI	1977 RELAY
Bob Keegan, Queen of Peace	1977 DT
Dave Melfi, Queen of Peace	1977 120 HH
Tom Healy, Queen of Peace	1978 JT
Oral Payne, Paterson Catholic	1978 LJ
	1978 HJ
Gary Slodowski, Queen of Peace	1978 440 IH
Ed Traverso, Pope Pius	1978 440
Bob McAdam, Queen of Peace	1978 120 HH
Pat Fogarty, Queen of Peace	1979 2 mile
Nick Sokiewicz, Pope Pius	1979 120 HH
Greg Bloom, Queen of Peace	1979 mile
Jeff Long, Queen of Peace	1979 SP
Nelson Anderson, Pope Pius	1981 100
Tom Pirollo, Paul VI	1982 800
Jose Rubiani, Pope Pius	1983 3200
Jim McCray, Paterson Catholic	1984 200
Miguel Colon, Pope Pius	1984 110 HH
	1984 400 IH
Charles Condon, DePaul	1986 JT
Chris Biancella, DePaul	1989 200
Conrad Currin, DePaul	1989 110 HH
	1990 110 HH
John Coppola, DePaul	1989 400 IH
Chris Horvath, DePaul	1989 PV
Sean Boyle, DePaul	1989 SP
Dave Unger, DePaul	1990 400 IH
Ben Christoffels, Eastern Christian	1991 400 IH
Jason Lapinski, Eastern Christian	1991 PV
Chris Duffy, Eastern Christian	1992 PV
Jason Perry, Paterson Catholic	1993 110 HH
	1993 LJ
Neil Violante, DePaul	1993 SP
	1994 SP
Kevin Van Ek, Eastern Christian	1994 HJ
Eamon Monaghan, DePaul	1994 DT
Martin Besterci, St. Mary's	1995 400 IH
Al Sholakh, DePaul	1995 PV
Phil Hartley, Eastern Christian	1996 PV
Phil Steenstra, Eastern Christian	1996 SP
Jim Bushoven, Eastern Christian	1998 LJ
	1999 400 IH
Randy Picinic, St. Mary's	1998 DT
	1999 SP
	1999 DT
Jamie Richardson, Paterson Catholic	1999 LJ
Craig Borduin, Eastern Christian	1999 JT
Peter Sunden, Eastern Christian	1999 PV
Paul Groenewal, Eastern Christian	2000 PV
Matt Apol, Eastern Christian	2001 1600
Val Sisti, DePaul	2002 LJ
	2003 LJ
	2004 LJ
Mike Ponte, DePaul	2005 100
Donald Lee, St. Mary's	2005 200
	2006 100
	2006 200
Brad Tanis, Eastern Christian	2005 400 IH
Jon Cheresnick, Eastern Christian	2005 JT
Damon Merkerson, St. Mary's	2006 400
	2007 100
	2007 200
	2007 400
	2007 800
Nick Mieke, DePaul	2006 800
Matt Ratajczak, DePaul	2006 IH
Greg Gillespie, DePaul	2006 HJ
Dan Yablonsky, DePaul	2006 PV
Maurice McDonald, Paterson Catholic	2008 TJ

Ben deWaal Malefyt, Eastern Christian

Kevin Mustac, St. Mary's
Kevin Momohin, Queen of Peace

2009 DT**2010 DT**

2010 SP

2012 IH

2013 IH

2014 IH

2012 PV**2013 HJ**

2013 HH

2014 JT**2015 4-x-400****2017 PV**

2018 IH

2018 1600

Josh Davidson, Eastern Christian**Cleveland McDaniel, Eastern Christian**

Michael Aknabi, Queen of Peace

Caleb Hart, Hawthorne Christian**EASTERN CHRISTIAN****Nico Cortes, Eastern Christian**

Dominic Fermin, Dwight-Englewood

Jeremy Bronstein, Dwight-Englewood

GIRLS GROUP 1

Noreen Velten, Palisades Park

1977 DT

1978 DT

Andrea Ostrowski, Park Ridge

1981 400

PARK RIDGE

1981 RELAY

Debbie Hillery, Leonia

1982 800

Deneen Steiner, Ridgefield

1982 HJ

Kathy Harmel, Wallington

1982 LJ

Nancy Larena, Saddle Brook

1983 HJ

Nancy Van Dyke, Midland Park

1985 DT

Keelan Craw, Waldwick

1987 SP

1988 SP

Sue Esposito, New Milford

1987 JT

Michelle Straut, Waldwick

1988 3200

*Megan Burke, Glen Rock

1988 LJ

1991 LJ

Maria Iavarone, Cresskill

1989 DT

Kim Giordano, Waldwick

1989 LJ

Kerry Moore, Midland Park

1992 1600

1993 1600

Ami Racich, Cresskill

1991 HJ

1992 HJ

Kerry Wasser, Saddle Brook

1993 HJ

Adwoa Asa-Awuku, New Milford

1993 DT

Diana Lana, Saddle Brook

1995 800

1995 1600

Lesley Hodgson, Glen Rock

1995 100 HH

Katie Hanley, Glen Rock

1995 400 IH

1997 100 HH

1997 400 IH

Marie Remiggio, Bogota

1995 SP

Kim Ferranti, Glen Rock

1995 DT

GLEN ROCK

1995 relay

Tracy DellaTorre, Glen Rock

1997 800

1997 1600

Suzanne Nelson, Hawthorne**1997 HJ**

Erin Henry, Glen Rock

2000 800

2000 1600

2000 3200

2001 1600

2001 3200

2002 1600

2002 3200

Lindsey Reggo, Ridgefield

2000 JT

Kim Mineo, Glen Rock

2001 800

2002 800

2002 400

2002 400 IH

2003 800

2003 400 IH

Justine Diana, Saddle Brook

2001 100 HH

Liz Pendleton, Wood-Ridge

2001 DT

Courtney Reggo, Ridgefield

2002 JT

Cheryl Anscombe, Westwood

2004 400

Denise Scarfi, Westwood

2004 1600

Audrey Bedrock, Waldwick

2004 3200

Tiffany Phoenix, Cresskill

2004 DT

Alicia Henry, Cresskill

2005 800

Amy Van Alstine, Midland Park

2005 3200

2006 3200

Jessica Lehmann, Park Ridge
Mallory Cornett, Hawthorne
Lynn Matanle, Glen Rock
Arianna Pomo, Saddle Brook
HAWTHORNE
Carly Planker, Pascack Hills
April Kaiser, Park Ridge

Heather Morba, Kinnelon

Lauren Schultz, Waldwick
Amanda Duggan, Waldwick
Anna Gleason, Butler
Michelle Favre, Saddle Brook

Jessica Andre, Waldwick
WESTWOOD
Mel Lewis, Midland Park

Colleen Murphy, Westwood
Amberly Gurbisz, Butler
Marija Spajic, Manchester
Johanna Goergen, Kinnelon
Irene Cedano, Hasbrouck Heights
Tiffany Tencza, Wallington

Mykalah Curry, Butler
Cheyenne Bellerand, Emerson

Kaitlin Salisbury, Hawthorne

Carleisha Forteau, Secaucus
Jillian DiGiacinto, Hasbrouck Heights

Thalia Ghalam, Midland Park
Sam Gioiosa, Bogota
Iveya Slavova, Cresskill
Adrianna Gobin, Emerson
Kassie Ketcho, Hasbrouck Heights

GIRLS GROUP 2

Terri Dembek, Hawthorne

Laura Falci, Saddle Brook
Violetta Josevska, Garfield
Liz Wahler, Saddle Brook
Bianca O'Connell, Rutherford
Barbara Wolff, Tenafly
Neretta Freeman, Garfield

Kirsten Christiansen, Rutherford

Stacey Price, Westwood
Dawn Reis, Lodi
Elena Primerano, Lyndhurst
*Megan Burke, Glen Rock

ENGLEWOOD

Dee Keough, Mahwah
Nancy Scott, Garfield
Medeana Steidl, Garfield
Sharren Bates, Pascack Hills
Carli Gallo, Mahwah
Carlene Cummings, Englewood

Tammi Jordan, Englewood

2005 DT
2005 HJ
2005 TJ
2005 LJ
2005 relay
2006 TJ
2007 DT
2008 DT
2007 SP
2007 JT
2008 IH
2008 TJ
2008 HJ
2008 PV
2009 PV
2009 3200
2009 relay
2010 IH
2011 IH
2010 400
2010 LJ
2011 DT
2012 800

2012 SP

2012 PV
2013 PV
2014 HH
2014 SP
2014 DT
2015 100
2015 200
2015 LJ
2015 TJ
2016 100
2016 200
2016 LJ
2016 TJ
2015 400
2015 IH
2016 IH
2016 JT
2017 JT
2017 HJ
2018 PV
2018 JT

1978 440
1979 440

1978 2 mile
1979 2 mile
1979 JT
1980 800
1983 JT
1986 100
1987 100
1987 200
1986 SP
1987 SP
1988 SP
1988 HJ
1989 JT
1989 LJ
1990 LJ
1989 RELAY
1990 1600
1991 800
1992 JT
1992 DT
1993 3200
1995 100
1995 200
1997 100 HH
1998 LJ
1995 LJ

Cheryl Burdick, Ramsey	1998 HJ
*RAMSEY	1999 RELAY
Kim Grein, Ridgefield Park	2001 SP
Thatcha DaCosta, Englewood	2001 LJ
Sheena Strachan, Englewood	2003 TJ
Patricia Murphy-Kennelly, Mahwah	2005 PV
Alex Rosenberger, Ramsey	2006 IH
	2007 IH
	2008 HJ
Alyssa Maier, River Dell	2006 TJ
Bry Bonavita, River Dell	2007 800
Kim DeLoreto, Pascack Hills	2007 3200
Erika Mertrud, Pequannock	2007 DT
Ajda Dotday, Hawthorne	2008 100
	2008 200
Christine Coppola, River Dell	2008 DT
Brooke Kristensen, Mahwah	2008 TJ
Alex Cimino, Westwood	2012 IH
WESTWOOD	2012 RELAY
	2014 RELAY
Vanessa Virgens, Mahwah	2013 PV
Corinne Myers, Westwood	2013 800
	2014 800
Kadejah Sellers, Manchester	2014 400
Jessica Molina, Westwood	2014 SP
Marlo Wehrer, Pequannock	2015 IH
Bridgette Muller, Mahwah	2015 PV
Shannon Gorla, River Dell	2016 3200
Michelle Rubineti, Demarest	2016 PV
	2017 PV
Jenna Rogers, Rutherford	2017 HJ
	2018 HJ
RAMAPO	2017 relay
RIVER DELL	2018 4-x-8
Cat Light, Demarest	2018 DT
	2018 SP
Lauren Stern, Mahwah	2018 TJ
	2018 LJ
Sydney Woods, Demarest	2018 PV

GIRLS GROUP 3

*RAMSEY	1978 RELAY
Mary Ellen McGowan, Pascack Valley	1979 mile
Beth Sova, Lakeland	1979 SP
Lori Morton, Westwood	1980 100
Chris McDonnell, Westwood	1980 3000
Patti McCluskey, Dumont	1980 1500
Renee Carter, Englewood	1981 100 HH
Regina Weinpahl, Westwood	1982 JT
	1983 JT
	1983 SP
Toni Ann Angione, Bergenfield	1983 3200
Margaret Rottkamp, Indian Hills	1986 LJ
Amy Nehls, Indian Hills	1986 HJ
Amy Kempf, Paramus	1988 1600
	1988 3200
Gily Dishon, Tenafly	1989 100
	1989 200
Catherine Feeney, Wayne Valley	1989 3200
	1990 1600
	1990 3200
Jen Metz, Pascack Valley	1991 800
	1992 800
Beth Crenshaw, Wayne Valley	1994 3200
	1995 3200
Jessica Sarubbi, Cliffside Park	1996 JT
Caitlin Wittreich, Tenafly	1996 800
Kim Fife, Lakeland	1997 HJ
Jen Austin, Garfield	1998 JT
	1999 JT
	2000 JT
Jessica Fazekas, Demarest	2002 SP
	2002 DT
Brittany Brooks, Garfield	2003 TJ
Kelly Fazekas, Demarest	2003 SP

Michelle Smith, Teaneck	2004 100 HH
Shanelle Cross, Garfield	2005 TJ
Kesley Ramsey, Ramapo	2007 800
Hannah Mayer, Northern Highlands	2009 JT
	2010 JT
Apresha Hampton, Teaneck	2010 SP
Taylor Clarkson, Indian Hills	2011 LJ
Kahlia Taylor, Teaneck	2012 100
	2012 200
Shauntierah Douglas, Garfield	2012 JT
Josette Norris, Tenafly	2013 1600
	2013 3200
	2014 1600
	2014 3200
Haley Steele, West Milford	2013 PV
Madison Holleran, Northern Highlands	2013 800
NORTHERN HIGHLANDS	2013 4x4 RELAY
	2014 4x8 RELAY
	2015 4x1 RELAY
Lauren Brzozowski, Ramapo	2014 400
Catherine Pagano, Northern Highlands	2014 800
	2015 800
	2015 1600
Taryn DeLeon, Old Tappan	2014 HJ
Kristina Langan, Wayne Hills	2014 PV
	2015 PV
Aminah Sarraga, Teaneck	2015 400
Amiyah Campbell, Teaneck	2015 DT
Lexi DelGizzo, Tenafly	2016 800
	2017 800
Jessica Ippolito, Fair Lawn	2016 PV
Melissa Purcell, Pascack Valley	2017 PV
Caroline O'Sullivan, Old Tappan	2018 1,600
	2018 800
Zia Barr, Teaneck	2018 TJ

GIRLS GROUP 4

Becky Deetz, Ridgewood	1976 HJ
Taryn Carter, Hackensack	1977 120 HH
EASTSIDE	1977 440 RELAY
Lisa Schadler, Bergenfield	1980 3000
Mary Ellen Mileski, Ridgewood	1980 1500
	1983 800
Margaret Scutro, Ridgewood	1985 1600
	1985 3200
Viola Harris, Passaic	1986 400
Jasmin Jones, Hackensack	1986 800
	1986 1600
	1987 800
	1987 1600
Sue Piekarz, Clifton	1986 DT
	1987 DT
Norine D'Arcy, Ridgewood	1987 3200
Sharon Allen, Eastside	1987 LJ
Nicole Thomas, Kennedy	1988 400
Jen McDermott, Ridgewood	1988 LJ
	1989 LJ
Gwen Manning, Passaic Tech	1988 HJ
RIDGEWOOD	1988 RELAY
Lujinda Batten, Passaic	1989 110 HH
TEANECK	1989 RELAY
Nadine Nunez, Passaic	1990 3200
Eileen Fitzgerald, Ridgewood	1990 1600
Cassandra Grant, Passaic	1991 200
	1991 LJ
	1992 200
	1992 LJ
Melissa Wyka, Fair Lawn	1991 1600
Dana Riley, Teaneck	1992 400
	1993 400
Jenna Rogers, Ridgewood	1993 1600
	1994 3200
Nicole Carmichael, Kennedy	1994 200
	1995 100
	1995 200

Nakisha Leon, Passaic
Labelle Hillgrove, Passaic

1997 SP
1998 SP
1999 SP
1999 DT
1999 LJ
1999 400
1999 400 IH
2000 200
2000 400
2000 400 IH
2001 200
2001 400
2002 200
2003 TJ
2004 LJ
2005 PV
2006 PV
2006 LJ
2010 IH
2010 PV
2013 HJ
2014 HJ
2015 SP
2016 SP
2018 PV
2018 JT

Kenneisha Reid, Passaic Tech
Tawana Watkins, Kennedy

Yhounic Vassell, Passaic Tech
Trish McGowan, Ridgewood
Essence Carson, Eastside
Cassie Wong, Ridgewood

Sheniqua Jones, Passaic
Amber Allen, Passaic Tech
Emily Urciuoli, Clifton
Breaisha Morton, Passaic Tech

Amarys Berry, Hackensack

Nicole Lester, Ridgewood
Alianna Eucker, Bergen Tech

GIRLS PAROCHIAL A

Carolyn Sonzogni, Paramus Catholic
Lauren Clarke, Paramus Catholic
Pascale Barrau, Paramus Catholic

1982 400 IH
1983 110 HH
1983 SP

Marybeth Glowacki, Queen of Peace
Christine Rose, IHA

1983 DT
1989 HJ
1990 100
1990 200
1991 100
1991 200

Veronica Davi, IHA

1991 100 HH
1991 400 IH
1992 100 HH
1992 400 IH

Jean Readie, Queen of Peace
Lauren Mazurkiewicz, Queen of Peace

1992 400
1994 JT
1995 JT

Kourtney Gallo, IHA

1995 3200
1996 3200

Julie Clifford, Holy Angels

1996 800
1997 800
1999 800

Courtney Cubicciotti, IHA

1998 LJ
1999 100
1999 200

*Anike Orimogunje, Queen of Peace

2000 100
2000 200
2003 100
2003 200

Caitlin Smyth, IHA

2000 800
2001 1600

Kristine Josef, Paramus Catholic
Caitlin Hemmer, IHA

2001 DT
2003 800

*Janine Davis, Queen of Peace

2004 100
2004 200
2004 400
2004 800
2005 400
2005 800

Alex Elkas, Holy Angels

2006 400

Tyler Teaton, IHA

2006 HJ

Rae Corbo, Paramus Catholic

2007 TJ
2008 TJ
2009 TJ
2010 TJ
2010 LJ

Sarah Pagano, IHA	2008 1600
	2008 3200
	2009 1600
	2009 3200
Shannon Sullivan, IHA	2008 JT
	2009 JT
Ashley Sims, Paramus Catholic	2008 SP
Myasia Jacobs, Paramus Catholic	2009 100
	2009 200
	2010 100
	2010 200
	2011 100
	2011 200
Olivia Wade, Paramus Catholic	2009 SP
PARAMUS CATHOLIC	2009 relay
	2016 4-x-100
Jaime Klein, Paramus Catholic	2010 JT
	2011 JT
Theresa Picciallo, IHA	2010 SP
	2011 SP
	2011 DT
	2012 SP
Khyla Bailey, Paramus Catholic	2010 HJ
Gina Carlino, IHA	2011 LJ
Tatiyanna Sanders, Paramus Catholic	2012 LJ
	2013 100
	2013 LJ
	2013 TJ
	2014 LJ
	2014 TJ
Lisa Sesink-Clee, Holy Angels	2013 JT
IHA	2014 4x8 RELAY
Colleen Buckley, IHA	2015 1600
Deb Majkowicz, IHA	2015 LJ
Rosemary Menyhart, Paramus Catholic	2015 TJ
Elizabeth Garcia, Holy Angels	2016 TJ
Maria Acosta, Paramus Catholic	2016 800
Alexis Trott, Paramus Catholic	2016 LJ
Caroline McGann, Holy Angels	2016 PV
Mackenzie Hughes, Holy Angels	2017 1600
Tiffany Bautista, Paramus Catholic	2017 LJ
	2018 TJ
	2018 LJ
	2018 HJ
HOLY ANGELS	2017 4x8 RELAY
Mariah Fede, Paramus Catholic	2018 200
Cara Czvekus, Holy Angels	2018 SP

GIRLS PAROCHIAL B

Linda Hicks, Paterson Catholic	1989 100 HH
Davanna Medina, DePaul	1992 3200
Kim Marowicz, DePaul	1992 JT
PATERSON CATHOLIC	1993 RELAY
Jill Schuurman, Eastern Christian	1998 DT
Krista McKinney, St. Mary's	1999 SP
	2001 SP
Trinette Gooding, St. Mary's	1999 DT
	2000 SP
Altisha Byrd, Paterson Catholic	2000 100
	2000 200
*Anike Orimogunje, Queen of Peace	2001 100
	2001 200
	2002 100
	2002 200
*Janine Davis, Queen of Peace	2002 400
Allison Desir, Dwight-Englewood	2002 400 IH
	2003 400
	2003 400 IH
QUEEN OF PEACE	2002 RELAY
Lindsay Van Alstine, Hawthorne Christian	2003 1600
	2003 3200
Lauren DeJong, Eastern Christian	2003 LJ
Erin Krenitski, Eastern Christian	2003 DT
Gina Forte, St. Mary's	2003 JT
Kristen Traub, Eastern Christian	2009 3200

	2010 1600
	2010 3200
	2011 1600
	2012 1600
	2012 800
Stephanie Rozalski, Queen of Peace	2009 PV
Bethany Van Eck, Eastern Christian	2011 HH
	2012 HH
Faith Dismuke, Mary Help	2011 IH
Natalie Negroni, Queen of Peace	2013 IH
	2015 IH
	2015 HH
Lyndsey Smith, Eastern Christian	2014 100
	2014 200
	2014 400
	2015 400
Catherine Rozalski, Queen of Peace	2014 PV
DWIGHT-ENGLEWOOD	2015 4x1
Brooke Van Lenten, Eastern Christian	2016 JT
	2017 JT
Madison Wynbeeck, Eastern Christian	2018 SP

CROSS-COUNTRY

BOYS GROUP 1

WESTWOOD	1963 (1-2)
PARK RIDGE	1973
Ian Leavesley, Mahwah	1979
PALISADES PARK	1995
PALISADES PARK	1996
Jeff Clark, Bogota	1996
PALISADES PARK	2000
Chris Guerriero, Saddle Brook	2004
Ryan Van Alstine, Midland Park	2005
Patrick Rono, Lyndhurst	2010

BOYS GROUP 2

BOGOTA	1960
Ernie Johnston, Bogota	1960
Al Graf, Bogota	1961
LAKELAND	1969
LAKELAND	1970
HAWTHORNE	1973
MAHWAH	1975
Pierre LaTennier, Manchester	1984
Eric Castillo, Ridgefield Park	1993

BOYS GROUP 3

TENAFLY	1955	
Bob Lowe, Englewood		1955
TENAFLY	1956	
Bob Lowe, Englewood		1956
TENAFLY	1957	
Eric Groon, Leonia	1957	
WAYNE	1959	
PASSAIC VALLEY	1961	
DUMONT	1971	
Greg Miller, Northern Highlands	1972	
PASCACK VALLEY	1973	
RAMSEY	1978	
Ken Flynn, Ramsey	1989	

BOYS GROUP 4

TEANECK	1961	
Dave Hunt, Teaneck	1964	
Mike Von Halle, Hackensack	1967	
RAMAPO	1969	
Jeff Van Horn, Wayne Valley	1981	
Tony Williams, Kennedy	1982	
RIDGEWOOD	1991	
RIDGEWOOD	1992	
Bob Keino, Ridgewood	1992	
Bob Keino, Ridgewood	1993	
Mohamed Khadraoui, Kennedy		2003

BOYS PAROCHIAL A

Dave Faherty, Bergen Catholic	1962	
BERGEN CATHOLIC	1970	
PARAMUS CATHOLIC	1972	
Kevin Walsh, St. Joseph Regional		1973
PARAMUS CATHOLIC	1975	
Kevin Byrne, Paramus Catholic	1975	
Kevin Byrne, Paramus Catholic	1976	
BERGEN CATHOLIC	1977	
Bill Leonard, Bergen Catholic	1977	
Paul Thomas, Paramus Catholic	1978	
Regan Ladisic, Paramus Catholic	1992	
DON BOSCO	2006	
DON BOSCO	2007	

DON BOSCO	2008
DON BOSCO	2009

BOYS PAROCHIAL B

DEPAUL	1966
Andy Artola, Paramus Catholic	1968
QUEEN OF PEACE	1970
QUEEN OF PEACE	1971
Jim McIntyre, Queen of Peace	1972

GIRLS GROUP 1

Kerry Moore, Midland Park	1992
BOGOTA	1994
BOGOTA	1996
Erin Henry, Glen Rock	2001
PALISADES PARK	2004
Amy Van Alstine, Midland Park	2004
Lindsay Pedersen, Waldwick	2006

GIRLS GROUP 2

SADDLE BROOK	1976
SADDLE BROOK	1978
NORTHERN HIGHLANDS	1993
RAMSEY	1995
RAMSEY	1996
Dana Satir, Ramsey	1996
RAMSEY	1997
Melissa Conway, Ramsey	1998

GIRLS GROUP 3

OLD TAPPAN	1979
Mary Ellen McGowan, Pascack Valley	1979
Toni Anne Angione, Bergenfield	1983
Jen Van Horn, Wayne Valley	1984
Amy Kempf, Paramus	1987
NORTHERN HIGHLANDS	1991
Shahnaz Iqbal, Bergenfield	1999
Jesse Mizzone, Passaic Valley	2000
Jesse Mizzone, Passaic Valley	2001

GIRLS GROUP 4

RIDGEWOOD	1980
Margaret Scutro, Ridgewood	1984
CLIFTON	1985
RIDGEWOOD	1992
Jenna Rogers, Ridgewood	1993
Celeste Sedo, Ridgewood	1997
RIDGEWOOD	1998
Beth Androski, Hackensack	1998
RIDGEWOOD	1999
Clair Nowakowski, Ridgewood	2001

GIRLS PAROCHIAL A

HOLY ANGELS	2006
Sarah Pagano, IHA	2007
IMMACULATE HEART ACADEMY	2008
Sarah Pagano, IHA	2008
HOLY ANGELS	2009

GIRLS PAROCHIAL B

Rene Murphy, DePaul	1984
Lindsay Van Alstine, Hawthorne Christian	1999
Lindsay Van Alstine, Hawthorne Christian	2000
Lindsay Van Alstine, Hawthorne Christian	2001
Kristen Traub, Eastern Christian	2009
Kristen Traub, Eastern Christian	2011