

BIG NORTH CHAMPIONSHIPS

BOYS

UNITED DIVISION

TEAM SCORING

2011---Don Bosco 178, Bergen Catholic 81 ½, Paramus Catholic 30
2012---Don Bosco 128, St. Joseph 69, Paramus Catholic 56
2013---Don Bosco 121, Bergen Catholic 121, Paramus Catholic 43
2014---Don Bosco 173, Bergen Catholic 68, Paramus Catholic 60
2015---Don Bosco 126, Bergen Catholic 104, Paramus Catholic 65
2016---Don Bosco 155.5, Bergen Catholic 106.5, Paramus Catholic 59
2017---Don Bosco 136, Bergen Catholic 134, Paramus Catholic 30
2018---Bergen Catholic 127, Don Bosco 91, Paramus Catholic 90

100 METER DASH

2011---Tarique Gray, Bergen Catholic	11.10
2012---Jabrill Peppers, Paramus Catholic	11.10
2013---Jabrill Peppers, Paramus Catholic	10.5 (h)
2014---Jabrill Peppers, Paramus Catholic	10.77
2015---Wankeith Akin, Don Bosco	11.29
2016---Javon Turner, Paramus Catholic	10.63
2017---Rahmir Johnson, Bergen Catholic	10.80
2018---Rahmir Johnson, Bergen Catholic	10.89

200 METER DASH

2011---Leonte Carroo, Don Bosco	22.28
2012---Jabrill Peppers, Paramus Catholic	21.98
2013---Jabrill Peppers, Paramus Catholic	21.37
2014---Dalton Friend, Don Bosco	22.06
2015---Wankeith Akin, Don Bosco	22.16
2016---Wankeith Akin, Don Bosco	22.19
2017---Rahmir Johnson, Bergen Catholic	21.46
2018---Rahmir Johnson, Bergen Catholic	22.92

400 METER DASH

2011---Leonte Carroo, Don Bosco	48.64
2012---Tim Hamlett, Don Bosco	49.42
2013---Joe White, DePaul	48.35
2014---Adam Ramos, Don Bosco	50.35
2015---Anthony Palmisano, DePaul	51.19
2016---Donald Stewart, Paramus Catholic	52.23
2017---Kevin DeLoughry, Bergen Catholic	51.41
2018---D'Andre Goodson, Paramus Catholic	52.20

800 METER RUN

2011---Atticus DeProspero, Don Bosco	2:00.45
2012---Ryan Tucker, Don Bosco	2:00.35
2013---Mike Higgins, Don Bosco	1:57.12
2014---Joe White, DePaul	1:52.94

2015---	Matt Morano, Bergen Catholic	2:00.96
2016---	Alex Zeepvat, Don Bosco	2:00.24
2017---	Braedon Fiume, Bergen Catholic	2:01.07
2018---	Graydon Nichols, Bergen Catholic	2:03.40

1600 METER RUN

2011---	Phelan McCormick, Don Bosco	4:30.75
2012---	Adam Ramos, Don Bosco	4:36.28
2013---	Rob Townsend, Don Bosco	4:24.62
2014---	Patrick Sullivan, Don Bosco	4:26.29
2015---	Connor Nicholson, Don Bosco	4:27.85
2016---	Connor Nicholson, Don Bosco	4:39.12
2017---	Caleb Shaia, Bergen Catholic	4:23.11
2018---	Mike Dua, Don Bosco	4:30.45

3200 METER RUN

2011---	Nick Carapezza, Don Bosco	9:37.32
2012---	Nick Mendolia, Don Bosco	9:48.46
2013---	Mike Higgins, Don Bosco	9:38.46
2014---	Mike Higgins, Don Bosco	9:25.96
2015---	Patrick Sullivan, Don Bosco	9:50.00
2016---	Luke Novak, Don Bosco	10:11.11
2017---	David Rosas, Don Bosco	9:45.81
2018---	Michael Dua, Don Bosco	9:51.28

110 METER HURDLES

2011---	Selwyn Maxwell, Don Bosco	15.10
2012---	Joshua Floyd, Don Bosco	15.59
2013---	Marc Wright, DePaul	15.3 (h)
2014---	Joshua Floyd, Don Bosco	15.58
2015---	Ryan Dunker, Bergen Catholic	16.62
2016---	Kevin DeLoughry, Bergen Catholic	16.20
2017---	Ryan Dunkel, Bergen Catholic	16.22
2018---	Andy Ambroise, Paramus Catholic	14.31

400 METER HURDLES

2011---	Tyler Dilworth, Bergen Catholic	56.05
2012---	Dan Lynch, Bergen Catholic	58.83
2013---	Dan Lynch, Bergen Catholic	57.20
2014---	Joshua Floyd, Don Bosco	57.58
2015---	Kevin Deloughry, Bergen Catholic	58.41
2016---	Kevin Deloughry, Bergen Catholic	57.54
2017---	Kevin Deloughry, Bergen Catholic	59.60
2018---	Jordany Dely, Paramus Catholic	58.51

SHOT PUT

2011---	Marquise Wright, Paramus Catholic	56-2 ½
2012---	Marcus Pantoja, Paramus Catholic	49-9
2013---	Jack Lippin, Bergen Catholic	49-9 ½
2014---	Marcus Pantoja, Paramus Catholic	50-0 ½
2015---	Rashan Gary, Paramus Catholic	50-4 ½

2016---Marcus Valdez, Don Bosco	48-6
2017---Connor Mathis, Don Bosco	50-0
2018---Connor Mathis, Don Bosco	55-3 ¼

DISCUS

2011---Marquise Wright, Paramus Catholic	158-5
2012---Samuel Kleinberg, St. Joseph	131-9
2013---Jack Lippin, Bergen Catholic	123-9
2014---Marcus Valdez, Don Bosco	134-2
2015---Rashan Gary, Paramus Catholic	146-4
2016---Michael Mendoza, Paramus Catholic 147-4	
2017---Michael Mendoza, Paramus Catholic 157-1	
2018---Connor Mathis, Don Bosco	151-1

JAVELIN

2011---Tyler Yee, Don Bosco	187-7
2012---Casey Paulosky, DePaul	155-9
2013---Paul Sheridan, Paramus Catholic	169-3
2014---Paul Sheridan, Paramus Catholic	175-3
2015---Garrett Hessman, Bergen Catholic	157-4
2016---Dohan Kim, Bergen Catholic	148-2
2017---Joe Korin, Bergen Catholic	156-3
2018---Grant Nawoichyk, Don Bosco	151-1

HIGH JUMP

2011---Almir Dobbs, Paramus Catholic	5-8
2012---Tyrone Washington, Paramus Catholic	6-0
2013---Kyle Quiero, Bergen Catholic	6-2
2014---Kristian Bautista, Paramus Catholic	6-0
2015---Drew Singleton, Paramus Catholic	6-4
2016---Kevin Jackson, Bergen Catholic	5-6
2017---Jayse Bradley, Bergen Catholic	5-8
2018---James Blair, Bergen Catholic	5-8

LONG JUMP

2011---Greg Hazell, Don Bosco	21-0
2012---Joe Moran, Don Bosco	19-8
2013---Zach Bazile, St. Joseph	21-7 ¼
2014---Phil Ozuah, Don Bosco	20-4
2015---Alijah Jackson, Paramus Catholic	20-8 ¼
2016---Wankeith Akin, Don Bosco	20-9
2017---Rahmir Johnson, Bergen Catholic	22-0
2018---Andy Ambroise, Paramus Catholic	21-2

TRIPLE JUMP

2011---Greg Hazell, Don Bosco	45-2
2012---Joe Moran, Don Bosco	42-5 ½
2013---Kyle Quiero, Bergen Catholic	42-1
2014---Phil Ozuah, Don Bosco	41-1 ½
2015---Hugh Spence, Paramus Catholic	38-8 ¼
2016---Zair Talmadge, Don Bosco	40-2

2017---	Zair Talmadge, Don Bosco	40-4 $\frac{3}{4}$
2018---	Isaiah Givens, Bergen Catholic	41-6 $\frac{1}{4}$

POLE VAULT

2011---	Teddy D'Amico, Bergen Catholic	11-0
2012---	Mike Moore, Bergen Catholic	11-0
2013---	Teddy D'Amico, Bergen Catholic	12-6
2014---	Chris Puntasecca, IHA	11-0
2015---	Chris Puntasecca, IHA	10-0
2016---	Derek Wafer, Bergen Catholic	11-6
2017---	Jorge Mascaro, Bergen Catholic	11-0
2018---	Luke Berninger, St. Joseph	9-6

1600 METER RELAY

2011---	Don Bosco	3:24.82
2012---	Don Bosco	3:24.78
2013---	Don Bosco	3:24.56
2014---	DePaul	3:33.20
2015---	Don Bosco	3:33.95
2016---	Bergen Catholic	3:34.86
2017---	Bergen Catholic	3:35.09
2018---	Paramus Catholic	3:35.96

FREEDOM DIVISION

TEAM SCORING

2011---	Ridgewood 130 $\frac{1}{2}$, Teaneck 99, Paramus 47 $\frac{1}{2}$
2012---	Ridgewood 136, Hackensack 112 $\frac{1}{2}$, Teaneck 38 $\frac{1}{2}$
2013---	Ridgewood 154, Ramapo 102, Indian Hills 79
2014---	Ridgewood 191, Indian Hills 109, Hackensack 75
2015---	Northern Highlands 124 $\frac{1}{2}$, Indian Hills 106, Ridgewood 101
2016---	Ridgewood 167.5, Indian Hills 111, Northern Highlands 78
2017---	Ridgewood 210 $\frac{1}{2}$, Hackensack 83, Indian Hills 68
2018---	Ridgewood 144, Northern Highlands 88, Ramapo 86

100 METER DASH

2011---	Malcolm McKnight, Teaneck	11.40
2012---	Deandre Jennings, Hackensack	11.14
2013---	Kenny Clarke, Ramapo	11.19
2014---	Jake Sabatini, Ridgewood	11.25
2015---	Matt Vicarri, Northern Highlands	11.61
2016---	Kobi Grant, Ridgewood	11.07
2017---	Kobi Grant, Ridgewood	11.43
2018---	Max Baker, Ramapo	11.28

200 METER DASH

2011---	Malcolm McKnight, Teaneck	22.85
2012---	Deandre Jennings, Hackensack	22.85
2013---	Kenny Clarke, Ramapo	22.50
2014---	DooHee Han, Ridgewood	22.83
2015---	Joe Roma, Paramus	23.42
2016---	Matt Tai, Ridgewood	22.72

2017---Kobi Grant, Ridgewood	22.83
2018---Max Baker, Ramapo	22.44

400 METER DASH

2011---Bryan Murphy, Teaneck	50.41
2012---Matt Schneider, Paramus	50.97
2013---Storm Dublirer, Ridgewood	50.10
2014---Mike Nowatsky, Indian Hills	49.59
2015---Jack Kerin, Indian Hills	51.16
2016---Michael Thurston, Ridgewood	49.74
2017---Kyle Mack, Ridgewood	50.11
2018---Mike Petrazzuolo, Ramapo	50.22

800 METER RUN

2011---Levi Jennings, Ridgewood	1:58.57
2012---Levi Jennings, Ridgewood	1:57.07
2013---Michael Thurston, Ridgewood	1:59.66
2014---Michael Thurston, Ridgewood	1:58.14
2015---Michael Thurston, Ridgewood	1:59.03
2016---Michael Thurston, Ridgewood	2:01.65
2017---Will Baginski, Ridgewood	2:00.38
2018---Chris Benitez, Hackensack	2:01.50

1600 METER RUN

2011---Levi Jennings, Ridgewood	4:21.12
2012---Levi Jennings, Ridgewood	4:17.41
2013---Chris Mascetti, Hackensack	4:23.66
2014---J.P. Julian, Northern Highlands	4:20.53
2015---Matt Tuohy, Indian Hills	4:24.06
2016---Matt Cohane, Indian Hills	4:31.79
2017---Chris Corcoran, Indian Hills	4:24.54
2018---Jonathan Outen, Hackensack	4:30.14

3200 METER RUN

2011---Carlos Coronado, Hackensack	10:08.53
2012---Travis Spicer, Ridgewood	9:46.72
2013---Nick Salamone, Ridgewood	9:49.37
2014---Chris Evans, Indian Hills	9:45.96
2015---Matt Tuohy, Indian Hills	9:43.21
2016---Derek Barney, Indian Hills	9:49.95
2017---Sid Wagh, Ridgewood	9:51.74
2018---Steve Fiumefreddo, Indian Hills	10:00.89

110 METER HURDLES

2011---Matt Beausoleil, Ridgewood	15.63
2012---Mo Headley, Hackensack	15.02
2013---Kevin Chung, Ridgewood	15.01
2014---Mike Zeno, Ridgewood	15.55
2015---Andre Grant, Hackensack	15.82
2016---Al-Tariq Dunson, Paramus	15.00
2017---Ray Harada, Ridgewood	15.68

2018---Dan Monchek, Northern Highlands 15.12

400 METER HURDLES

2011---InSoo Hwang, Ridgewood 58.27
2012---Mo Headley, Hackensack 56.51
2013---Kevin Halloran, Indian Hills 56.96
2014---Brandon Rousseau, Indian Hills 58.36
2015---Liam Moran, Northern Highlands 57.78
2016---Jack Kerin, Indian Hills 57.82
2017---Kyle Mack, Ridgewood 57.03
2018---Luke Reinke, Ridgewood 56.86

SHOT PUT

2011---Stephen Mozia, Hackensack 61-8 ½
2012---D.J. Bourgeois, Hackensack 51-10
2013---Alek Gulbenkian, Paramus 49-11 ½
2014---Mike Mosconi, Indian Hills 47-9
2015---Demar Stewart, Hackensack 47-11 ¾
2016---Kenny Ekert, Ridgewood 50-10
2017---Camal Brown, Hackensack 49-5 ¾
2018---Jack Stuart, Hackensack 52-9

DISCUS

2011---Stephen Mozia, Hackensack 187-11
2012---D.J. Bourgeois, Hackensack 127-7
2013---Trevor Mild, Indian Hills 144-8
2014---Mike Antosiewicz, Ridgewood 140-3
2015---Nick Ghichian, Paramus 124-10
2016---Demar Stewart, Hackensack 143-1
2017---Jack Stuart, Hackensack 146-3
2018---Jack Stuart, Hackensack 153-5

JAVELIN

2011---Eric Lesko, Paramus 161-0
2012---Jeremy Wills, Teaneck 152-0
2013---Harry Sullivan, Ramapo 173-7
2014---Nick Higgins, Ridgewood 161-2
2015---Arun Pradhanang, Paramus 148-0
2016---Allan Fall, Ramapo 169-5
2017---Michael Connor, Ramapo 137-0
2018---Michael Connor, Ramapo 174-2

HIGH JUMP

2011---Sean Wimbush, Teaneck 6-3
2012---Mike Cummings, Hackensack 6-4
2013---Danny Thompson, Indian Hills 6-4
2014---Kenny Clarke, Ramapo 6-2
2015---Derek Anderson, Indian Hills 6-0
2016---Derek Anderson, Indian Hills 6-4
2017---Ray Harada, Ridgewood 6-2
2018---Danilo Romero, Ridgewood 6-0

LONG JUMP

2011---	John Robertson, Paramus	21-5
2012---	Evan Bartlik, Ridgewood	22-10
2013---	James Ortiz, Ramapo	21-3 ¼
2014---	Frankie Richard, Northern Highlands	21-2
2015---	Frankie Richard, Northern Highlands	21-4 ¾
2016---	Frankie Richard, Northern Highlands	22-2 ½
2017---	Andrew Achirem, Hackensack	21-2 ½
2018---	Dan Monchek, Northern Highlands	21-5 ¼

TRIPLE JUMP

2011---	Sean Wimbush, Teaneck	45-7 ¼
2012---	Evan Bartlik, Ridgewood	44-11 ½
2013---	Mike Menakis, Northern Highlands	43-8 ¾
2014---	Harrison Escoffery, Hackensack	42-0
2015---	Tommy Smith, Hackensack	44-6
2016---	Frankie Richard, Northern Highlands	45-6
2017---	Max Bartlik, Ridgewood	43-10
2018---	Max Bartlik, Ridgewood	46-0

POLE VAULT

2011---	James Knight, Ridgewood	11-0
2012---	Allan Wong, Ridgewood	12-0
2013---	Dylan Downing, Ridgewood	13-6
2014---	Keith Gandy, Indian Hills	14-0
2015---	Michael Forbes, Hackensack	11-6
2016---	Luc Bontoux, Ridgewood	13-0
2017---	Ryan Vimba, Ridgewood	13-6
2018---	Kyle Cho and Brandon Yip, Paramus	10-6

1600 METER RELAY

2011---	Teaneck	3:24.36
2012---	Ridgewood	3:26.62
2013---	Ramapo	3:25.66
2014---	Ridgewood	3:26.12
2015---	Ridgewood	3:31.29
2016---	Indian Hills	3:30.46
2017---	Ridgewood	3:30.48
2018---	Ramapo	3:28.42

NATIONAL DIVISION

TEAM SCORING

2011---	Demarest 114, Old Tappan 109 1/3, Northern Highlands 64 2/3
2012---	Old Tappan 137, Demarest 91, Northern Highlands 41
2013---	Demarest 179, Old Tappan 130, Teaneck 74
2014---	Old Tappan 174 ½, Demarest 163, Teaneck 56
2015---	Old Tappan 192, Demarest 103, Teaneck 74
2016---	Old Tappan 201, Demarest 168, Pascack Valley 54 ½
2017---	Demarest 209 ¼, Old Tappan 117 ¼, Teaneck 50 ¼
2018---	Demarest 187 ½, Old Tappan 135 ½, Teaneck 96

100 METER DASH

2011---	Devin Fuller, Old Tappan	11.46
2012---	Devin Fuller, Old Tappan	11.25
2013---	Benjamin Davis, Old Tappan	11.02
2014---	Jaleel Felton, Pascack Valley	11.21
2015---	Pierce Lukas, Old Tappan	11.40
2016---	Miles Watson, Old Tappan	11.56
2017---	Jayquan Levy, Teaneck	11.58
2018---	Brendan Barton, Bergenfield	11.40

200 METER DASH

2011---	Devin Fuller, Old Tappan	22.88
2012---	Devin Fuller, Old Tappan	22.58
2013---	Benjamin Davis, Old Tappan	22.67
2014---	Cory Adelson, Demarest	23.11
2015---	Pierce Lukas, Old Tappan	23.11
2016---	Tom Rienas, Old Tappan	23.05
2017---	Angelo Gallo, Bergenfield	23.06
2018---	Jayquan Levy, Teaneck	23.25

400 METER DASH

2011---	Brandon Gregory, Old Tappan	50.85
2012---	Brandon Gregory, Old Tappan	51.09
2013---	Jaleel Felton, Pascack Valley	49.92
2014---	George Jenkins, Teaneck	49.08
2015---	Andrew Schumacher, Old Tappan	50.68
2016---	Tom Rienas, Old Tappan	50.71
2017---	Matt Soffer, Tenafly	52.05
2018---	Sung Su Bae, Demarest	51.79

800 METER RUN

2011---	Brad Paternostro, Ramapo	1:59.08
2012---	Kyle Davidson, Old Tappan	2:00.17
2013---	George Jenkins, Teaneck	1:59.72
2014---	Marc Rienas, Old Tappan	1:58.52
2015---	A.J. Hall, Pascack Valley	1:58.06
2016---	Will Rienas, Old Tappan	1:59.69
2017---	Jake Ragusa, Demarest	2:02.57
2018---	Michael Carter, Teaneck	1:58.29

1600 METER RUN

2011---	Brad Paternostro, Ramapo	4:21.51
2012---	Alex Weiner, Old Tappan	4:31.90
2013---	Kevin Rogovich, Demarest	4:37.83
2014---	Kevin Rogovich, Demarest	4:21.11
2015---	James Weissenborn, Old Tappan	4:25.37
2016---	Jeff Roberts, Pascack Valley	4:29.60
2017---	Ty Miller, Demarest	4:33.18
2018---	Tim Larsen, Demarest	4:32.37

3200 METER RUN

2011---	Andrew Wilson, Ramapo	9:51.17
2012---	Will Maltin, Old Tappan	9:49.72
2013---	Kevin Rogovich, Demarest	9:59.37
2014---	Ian Clarke, Old Tappan	9:48.15
2015---	Max Zavidow, Tenafly	9:42.45
2016---	James Weissenborn, Old Tappan	9:54.56
2017---	Ty Miller, Demarest	9:51.47
2018---	Tim Larsen, Demarest	10:12.82

110 METER HURDLES

2011---	Nick Picache, Northern Highlands	15.43
2012---	Rob Gebhard, Northern Highlands	15.00
2013---	Brendan Davidson, Old Tappan	15.62
2014---	Jay Jung, Tenafly	15.69
2015---	Joe Jordan, Old Tappan	15.12
2016---	Joe Jordan, Old Tappan	14.90
2017---	Andrew Peterson, Demarest	15.84
2018---	Owari Hoo, Teaneck	15.82

400 METER HURDLES

2011---	Brandon Gregory, Old Tappan	55.35
2012---	Brandon Gregory, Old Tappan	55.03
2013---	Brendan Davidson, Old Tappan	56.40
2014---	Brendan Davidson, Old Tappan	57.92
2015---	Tom Rienas, Old Tappan	58.91
2016---	Joe Jordan, Old Tappan	56.06
2017---	Andrew Peterson, Demarest	55.52
2018---	John Lohrer, Old Tappan	55.89

SHOT PUT

2011---	Andrew Trumbetti, Demarest	51-7
2012---	Andrew Trumbetti, Demarest	54-11 ½
2013---	Andrew Trumbetti, Demarest	59-2
2014---	Dean Pella, Old Tappan	49-5 ½
2015---	Chris Snead, Teaneck	48-2
2016---	Connor Scaglione, Demarest	46-10 ¾
2017---	Connor Scaglione, Demarest	50-0 ½
2018---	Connor Scaglione, Demarest	56-2 ¾

DISCUS

2011---	Andrew Trumbetti, Demarest	151-0
2012---	Andrew Trumbetti, Demarest	156-2
2013---	Andrew Trumbetti, Demarest	163-9
2014---	Chris Snead, Teaneck	141-8
2015---	Chris Snead, Teaneck	159-5
2016---	Connor Scaglione, Demarest	131-8
2017---	Connor Scaglione, Demarest	154-2
2018---	Matt Lange, Demarest	151-5

JAVELIN

2011---	Chris Piere, Demarest	166-8
2012---	Harry Sullivan, Ramapo	161-0
2013---	Mike Begen, Pascack Valley	175-9
2014---	Zachary DeNike, Old Tappan	158-9
2015---	Paul Ippolito, Demarest	167-6
2016---	Bryan Holden, Demarest	174-7
2017---	Jason Santa Cruz, Old Tappan	172-5
2018---	John Lee, Demarest	174-3

HIGH JUMP

2011---	Yoonil Kim, Demarest	6-0
2012---	Justin Pak, Demarest	6-2
2013---	Anthony Doran, Demarest	6-0
2014---	Josh Landsman, Demarest	6-2
2015---	Ben Stein, Tenafly	5-10
2016---	Kevin Doran, Demarest	5-8
2017---	Kyle Shine, Old Tappan	6-2
2018---	Kyle Shine, Old Tappan	6-2

LONG JUMP

2011---	Brian Choi, Old Tappan	20-2
2012---	George Alexandris, Fort Lee	20-9 ½
2013---	Benjamin Davis, Old Tappan	21-6 ½
2014---	Jordan Fuller, Old Tappan	20-10
2015---	Jordan Fuller, Old Tappan	20-10
2016---	Ben Stein, Tenafly	19-7
2017---	Ben Stein, Tenafly	21-3 ½
2018---	Serban Ionato, Demarest	20-7 ¾

TRIPLE JUMP

2011---	Rob Gebhard, Northern Highlands	40-10
2012---	Rob Gebhard, Northern Highlands	45-11
2013---	Ben Chazen, Demarest	42-6 ¼
2014---	Romareo Anderson, Teaneck	42-7 ½
2015---	Ben Stein, Tenafly	41-0 ¼
2016---	Ben Stein, Tenafly	41-11
2017---	James Pialtos, Demarest	43-9 ¾
2018---	Christian Stremmler, Pascack Valley	42-7

POLE VAULT

2011---	Eric Geider, Demarest	13-0
2012---	Eric Geider, Demarest	14-0
2013---	Eric Geider, Demarest	15-0
2014---	Luke Annichiarico, Old Tappan	15-4 ½
2015---	Sam Siegel, Demarest	13-0
2016---	Seth Kricheff, Old Tappan	13-0
2017---	Seth Kricheff, Old Tappan	14-0
2018---	Tyler Hrbek, Old Tappan	14-0

1600 METER RELAY

2011---Old Tappan	3:26.94
2012---Demarest	3:27.51
2013---Teaneck	3:26.86
2014---Old Tappan	3:26.01
2015---Old Tappan	3:28.05
2016---Old Tappan	3:32.11
2017---Demarest	3:28.80
2018---Teaneck	3:26.72

LIBERTY DIVISION

TEAM SCORING

2011---Passaic Tech 127, Eastside 84, Clifton 57
2012---Passaic Tech 142, Clifton 80, Eastside 56
2013---Passaic Tech 182, Clifton 110 ½, Kennedy 87 ½
2014---Passaic Tech 167 ½, Clifton 97 ½, Kennedy 96
2015---Passaic Tech 167, Kennedy 119 ½, Eastside 69
2016---Passaic Tech 185, Kennedy 110, Clifton 74
2017---Passaic Tech 130, Clifton 102, Kennedy 90
2018---Clifton 111, Passaic Tech 96, Bergen Tech 95

100 METER DASH

2011---Gregory Oliver, Kennedy	11.48
2012---Kadeem O’Gilvie, Passaic Tech	11.26
2013---Thomas Jefferson, Passaic Tech	11.42
2014---Qwashon Powell, Kennedy	11.24
2015---Qwashon Powell, Kennedy	10.91
2016---Raheem Roberts, Eastside	11.25
2017---Ramir Tonn Davis, Eastside	11.12
2018---Jayjoon Sim, Bergen Tech	11.44

200 METER DASH

2011---Latimere Campbell, Eastside	23.35
2012---Nalik Hodges, Eastside	22.86
2013---Thomas Jefferson, Passaic Tech	22.96
2014---Qwashon Powell, Kennedy	22.68
2015---Qwashon Powell, Kennedy	21.97
2016---Raheem Roberts, Eastside	22.69
2017---Luis Peralta, Passaic	22.62
2018---Dijuon Outerbridge, Eastside	23.00

400 METER DASH

2011---Messiah Quinones, Eastside	50.91
2012---Latimere Campbell, Eastside	51.06
2013---Nigel Burgess, Passaic Tech	49.36
2014---Qwashon Powell, Kennedy	50.37
2015---Qwashon Powell, Kennedy	48.85
2016---Raheem Roberts, Eastside	49.94
2017---Luis Peralta, Passaic	50.63
2018---Luis Peralta, Passaic	51.00

800 METER RUN

2011---	Nigel Burgess, Passaic Tech	2:02.13
2012---	Nigel Burgess, Passaic Tech	2:00.36
2013---	Nigel Burgess, Passaic Tech	1:56.85
2014---	Jeremy Hernandez, Clifton	1:57.06
2015---	Rory Houston, Clifton	2:01.00
2016---	Tarin Nelson, Passaic Tech	1:58.82
2017---	Kevin Heredia, Clifton	1:59.31
2018---	Luis Peralta, Passaic	1:57.99

1600 METER RUN

2011---	Nicolas Rodriguez, Passaic Tech	4:30.18
2012---	Jessie Boria, Clifton	4:34.72
2013---	Zak Fouad, Passaic Tech	4:22.78
2014---	Jeremy Hernandez, Clifton	4:21.19
2015---	Rory Houston, Clifton	4:32.63
2016---	Jeron Jordan, Kennedy	4:33.31
2017---	Kevin Heredia, Clifton	4:29.31
2018---	Luis Peralta, Passaic	4:29.26

3200 METER RUN

2011---	Victor Reyes, Passaic Tech	10:02.79
2012---	Justin Tanayan, Clifton	10:16.19
2013---	Justin Tanayan, Clifton	9:50.62
2014---	Octavio Sanchez, Clifton	10:13.22
2015---	Maurisio Nazario, Passaic	10:07.26
2016---	Jeron Jordan, Kennedy	10:08.45
2017---	Jason Rodriguez, Passaic Tech	10:14.88
2018---	Max Dubac, Clifton	10:23.49

110 METER HURDLES

2011---	Warren Beason, Passaic Tech	15.56
2012---	Tamar Godwin, Kennedy	15.21
2013---	Robert Laing, Kennedy	15.15
2014---	Tavoris Carter, Kennedy	15.55
2015---	Tyree Frazier, Passaic Tech	14.98
2016---	Shayne Coley, Kennedy	15.43
2017---	Shayne Coley, Kennedy	15.25
2018---	Corey Powell Jr., Eastside	15.40

400 METER HURDLES

2011---	Warren Beason, Passaic Tech	55.14
2012---	Robert Laing, Kennedy	56.60
2013---	Robert Laing, Kennedy	54.03
2014---	Kevin Serrao, Bergen Tech	56.42
2015---	Marco Joseph, Eastside	55.78
2016---	Marco Joseph, Eastside	56.16
2017---	Luis Peralta, Passaic	56.10
2018---	Stephen Shields, Bergen Tech	56.62

SHOT PUT

2011---	Robin Cepeda, Passaic Tech	47-6 ¼	
2012---	Mark Ramsey, Kennedy		55-1
2013---	Robin Cepeda, Passaic Tech	52-6	
2014---	David Gaynor, Passaic Tech	48-4	
2015---	Nazier Lovely, Kennedy		48-4 ½
2016---	Patrick Henry, Passaic Tech	45-3 ½	
2017---	Luis Zorrilla, Clifton		46-2 ¼
2018---	Sonny Ruiz, Clifton		49-6

DISCUS

2011---	John Sunday, Clifton		129-10
2012---	Robin Cepeda, Passaic Tech	142-9	
2013---	Mark Ramsey, Kennedy		151-10
2014---	David Gaynor, Passaic Tech	132-9	
2015---	Drew Lindsay, Passaic Tech	135-4	
2016---	Patrick Henry, Passaic Tech	138-5	
2017---	Luis Zorrilla, Clifton		141-4
2018---	Luis Zorrilla, Clifton		156-5

JAVELIN

2011---	Quatrell Huffin, Passaic Tech		168-0
2012---	Emmanuel Soriano, Passaic Tech		156-0
2013---	Jose Mercado, Passaic Tech		153-6
2014---	Emmanuel Soriano, Passaic Tech		159-5
2015---	Drew Lindsay, Passaic Tech	154-8	
2016---	Thomas Laskowski, Passaic Tech		159-4
2017---	Thomas Laskowski, Passaic Tech		165-4
2018---	Thomas Laskowski, Passaic Tech		158-2

HIGH JUMP

2011---	Jabari Butler, Passaic Tech		6-2
2012---	Marcel McKinney, Passaic Tech		6-0
2013---	Quatier Jackson, Eastside		6-0
2014---	Tyree Frazier, Passaic Tech		6-2
2015---	Kevin Copper, Passaic Tech		6-7
2016---	Kevin Copper, Passaic Tech	6-2	
2017---	Jason Thobourne, Kennedy		6-6
2018---	Jadon Watson, Kennedy		6-2

LONG JUMP

2011---	Shareick Linder, Eastside		21-0 ¾
2012---	Quatier Jackson, Eastside		20-3 ¼
2013---	Quatier Jackson, Eastside		22-0 ½
2014---	Travelle Curry, Passaic Tech		20-11 ½
2015---	Jacir Mack, Kennedy		22-3 ½
2016---	Kevin Copper, Passaic Tech	21-9 ½	
2017---	Jason Thobourne, Kennedy		21-8 ½
2018---	Michael Saldivar, Eastside		20-5 ½

TRIPLE JUMP

2011---	Rahmir McCray, Passaic Tech	44-1 $\frac{3}{4}$
2012---	Rahmir McCray, Passaic Tech	43-7 $\frac{1}{4}$
2013---	Travelle Curry, Passaic Tech	42-7 $\frac{1}{4}$
2014---	Travelle Curry, Passaic Tech	43-0 $\frac{1}{4}$
2015---	Jaciir Mack, Kennedy	45-0 $\frac{1}{2}$
2016---	Yasir Thomas, Passaic Tech	41-11 $\frac{1}{2}$
2017---	Jason Thobourne, Kennedy	45-10 $\frac{1}{2}$
2018---	Stephen Shields, Bergen Tech	42-6

POLE VAULT

2011---	Tamar Godwin, Kennedy	11-0
2012---	Jose Gonzalez, Passaic Tech	11-6
2013---	Travelle Curry, Passaic Tech	12-0
2014---	Travelle Curry, Passaic Tech	12-6
2015---	Aritanit Sazimani, Clifton	10-6
2016---	Takashi Yuasa, Clifton	11-0
2017---	Jordan Laceste, Clifton	12-0
2018---	Jordan Laceste, Clifton	11-0

1600 METER RELAY

2011---	Eastside	3:28.46
2012---	Clifton	3:32.77
2013---	Clifton	3:25.90
2014---	Bergen Tech	3:29.39
2015---	Eastside	3:29.33
2016---	Clifton	3:30.88
2017---	Bergen Tech	3:33.27
2018---	Passaic	3:25.65

INDEPENDENCE DIVISION

TEAM SCORING

2011---	West Milford 98, Wayne Valley 95, Lakeland 87
2012---	Wayne Hills 100, West Milford 75, Lakeland 65
2013---	Wayne Hills 107, Wayne Valley 101, West Milford 96
2014---	Wayne Hills 135.6, Wayne Valley 119.6, West Milford 89
2015---	Wayne Valley 125 $\frac{1}{2}$, West Milford 90, Fair Lawn 88
2016---	Wayne Hills 146.25, Wayne Valley 125.25, Passaic Valley 69
2017---	Wayne Valley 146, Lakeland 103, Wayne Hills 100
2018---	Lakeland 141, Wayne Valley 130, Fair Lawn 81

100 METER DASH

2011---	Joseph Ramadan, Wayne Hills	11.45
2012---	Patrick Benson, Wayne Valley	11.04
2013---	Kevin Diana, West Milford	11.39
2014---	Tabansi Collins, Wayne Valley	11.33
2015---	Tabansi Collins, Wayne Valley	11.10
2016---	Hunter Hayek, Wayne Hills	11.29
2017---	Shaheem Maple, Wayne Valley	11.1h
2018---	Hasson Klinden, Lakeland	11.31

200 METER DASH

2011---	Aaron Aquino, Lakeland	23.69
2012---	Patrick Benson, Wayne Valley	22.66
2013---	George Alexandris, Fair Lawn	23.04
2014---	Tabansi Collins, Wayne Valley	23.36
2015---	St Jacob Diodonet, West Milford	22.23
2016---	Hunter Hayek, Wayne Hills	22.80
2017---	Shaheem Maple, Wayne Valley	23.33
2018---	Hasson Klingen, Lakeland	23.28

400 METER DASH

2011---	Rob Pamarozza, Wayne Valley	50.28
2012---	Jeff Gignac, Wayne Hills	52.32
2013---	Kevin Diana, West Milford	52.23
2014---	St Jacob Diodonet, West Milford	51.66
2015---	St Jacob Diodonet, West Milford	49.70
2016---	Tyler Hayek, Wayne Hills	50.05
2017---	Tyler Hayek, Wayne Hills	50.30
2018---	Shawn Megeean, West Milford	50.54

800 METER RUN

2011---	Chris Connolly, Wayne Valley	2:02.91
2012---	Justin Diamond, Wayne Hills	2:04.62
2013---	Brendan Ungemach, Wayne Hills	2:01.78
2014---	Adam Herskovits, Wayne Valley	1:58.77
2015---	Adam Herskovits, Wayne Valley	1:57.89
2016---	Timothy Wong, West Milford	2:01.63
2017---	Grant Foray, Wayne Valley	2:04.97
2018---	Patrick Mullin, Lakeland	2:06.66

1600 METER RUN

2011---	Zach Post, Wayne Valley	4:38.83
2012---	Dan DeBlock, West Milford	4:25.59
2013---	Brendan Ungemach, Wayne Hills	4:26.82
2014---	Brendan Ungemach, Wayne Hills	4:23.09
2015---	Adam Herskovits, Wayne Valley	4:28.13
2016---	George Galkin, Wayne Hills	4:36.70
2017---	Jonathan Marcus, Fair Lawn	4:37.28
2018---	Jonathan Marcus, Fair Lawn	4:36.77

3200 METER RUN

2011---	Zach Post, Wayne Valley	10:19.03
2012---	Brendan Ungemach, Wayne Hills	9:58.34
2013---	Brendan Ungemach, Wayne Hills	9:54.50
2014---	Brendan Ungemach, Wayne Hills	10:02.50
2015---	Joseph Zisa, Wayne Hills	10:00.38
2016---	Joseph Zisa, Wayne Hills	10:11.42
2017---	Joseph Zisa, Wayne Hills	9:59.56
2018---	Jonathan Marcus, Fair Lawn	10:31.95

110 METER HURDLES

2011---	Mark Van Teyens, West Milford	15.31
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2012---Mark Van Teyens, West Milford	15.24
2013---Brandon Ortiz, Lakeland	15.53
2014---Sueng Hwang, Wayne Hills	15.76
2015---Joseph Lewicki, Passaic Valley	15.97
2016---Jamel Williams, Passaic Valley	15.93
2017---Kyle Gonzalez, Lakeland	15.37
2018---Darrian Soto, Wayne Valley	16.04

400 METER HURDLES

2011---Mark Van Teyens, West Milford	56.65
2012---Mark Van Teyens, West Milford	57.12
2013---George Alexandris, Fair Lawn	55.00
2014---Sueng Hwang, Wayne Hills	58.58
2015---Greg Borbon, Fair Lawn	59.95
2016---Rafael Santana, Passaic Valley	59.50
2017---Mylez Frazier, Wayne Hills	56.43
2018---Darrian Soto, Wayne Valley	58.28

SHOT PUT

2011---Dan Portillo, West Milford	46-7 ¼
2012---Lou Caltagirone, Passaic Valley	48-0
2013---Lou Caltagirone, Passaic Valley	48-8
2014---Justin Hogan, Wayne Hills	46-11
2015---Jakob Pluta, Wayne Valley	44-11
2016---Shane Connelly, Wayne Valley	44-11
2017---Jakob Pluta, Wayne Valley	50-6 ¼
2018---Chris McCormack, Lakeland	49-2

DISCUS

2011---Eric Sinke, Lakeland	136-2
2012---Jimmy Dygos, West Milford	117-8
2013---Jimmy Dygos, West Milford	142-0
2014---Mahrad Ramin, Wayne Hills	128-1
2015---Ron Westervelt, Wayne Valley	124-5
2016---Kyle Lindstrom, Wayne Hills	133-1
2017---Connor Newman, Fair Lawn	133-8
2018---Connor Newman, Fair Lawn	126-5

JAVELIN

2011---Steven Wilken, Lakeland	156-0
2012---Ryan Pavalchak, Passaic Valley	160-5
2013---Muhammed Darwish, Lakeland	151-2
2014---Kyle Brackett, Wayne Hills	158-8
2015---Kyle Brackett, Wayne Hills	166-1
2016---Jordan Montero, Wayne Valley	163-7
2017---Jordan Montero, Wayne Valley	167-10
2018---Greg Poloso, Wayne Valley	175-0

HIGH JUMP

2011---Jason Fuehring, Lakeland	6-0
2012---Jason Fuehring, Lakeland	6-0

2013---Chris Kuhnlein, Wayne Hills	6-0
2014---Troy Smith, Wayne Hills	6-0
2015---Jamel Williams, Passaic Valley	5-10
2016---Erick Alvarez, Passaic Valley	5-8
2017---Erick Alvarez, Passaic Valley	6-0
2018---Kelvin Gonzalez, Lakeland	5-10

LONG JUMP

2011---Rob Palmarozza, Wayne Valley	20-9 ¼
2012---Jason Fuehring, Lakeland	20-11 ½
2013---George Alexandris, Fair Lawn	22-5
2014---Troy Smith, Wayne Hills	19-8 ½
2015---Tyler Johnson, Fair Lawn	21-2 ½
2016---Luca Grave, Wayne Hills	20-6
2017---Kelvin Gonzalez, Lakeland	20-10
2018---Kelvin Gonzalez, Lakeland	20-6 ½

TRIPLE JUMP

2011---Edwin Trevil, West Milford	41-7
2012---Jason Fuehring, Lakeland	42-0 ½
2013---Nick Fonsfria, Fair Lawn	41-7 ½
2014---Troy Smith, Wayne Hills	42-0
2015---Greg Borbon, Fair Lawn	42-4 ¼
2016---Jacob Rosenberg, Fair Lawn	41-6 ½
2017---Shaheem Maple, Wayne Valley	41-2 ½
2018---Kelvin Gonzalez, Lakeland	42-9

POLE VAULT

2011---Connor Glacken, Lakeland	12-0
2012---Josh Leibman, Wayne Valley	10-6
2013---Calvin Gould, Lakeland	12-6
2014---Calvin Gould, Lakeland	13-0
2015---Calvin Gould, Lakeland	14-0
2016---Michael Sorce, Wayne Valley	12-0
2017---Patrick Emolo, Wayne Valley	10-6
2018---Patrick Emolo, Wayne Valley	11-0

1600 METER RELAY

2011---Wayne Valley	3:28.08
2012---Wayne Valley	3:35.11
2013---West Milford	3:36.01
2014---Wayne Valley	3:32.86
2015---Wayne Valley	3:36.10
2016---Wayne Valley	3:34.36
2017---Wayne Valley	3:39.12
2018---Wayne Valley	3:41.38

PATRIOT DIVISION

TEAM SCORING

2011---River Dell 108, Ramsey 105 ½, Pascack Valley 100 ½
2012---Ramsey 125, Pascack Valley 102, River Dell 97 ½

2013---River Dell 128, Ramsey 101, Mahwah 69
 2014---River Dell 141, Ramsey 105 ½, Mahwah 46 ½
 2015---River Dell 151, Mahwah 66, Ramsey 55
 2016---River Dell 164, Mahwah 59, Westwood 55
 2017---River Dell 127, Mahwah 107, Ramsey 43 ½
 2018---River Dell 147 1/2, Ramsey 79, Pascack Hills 68

100 METER DASH

2011---Hayden Lyons, Tenaflly 11.33
 2012---Hayden Lyons, Tenaflly 11.21
 2013---Ryan Oellerman, River Dell 11.3h
2014---Conor Davidson, River Dell 10.89
 2015---Dejour Hanniford, Westwood 11.48
 2016---Matt Keosayian, Ramsey 11.86
 2017---Evan Bonfield, Mahwah 11.55
 2018---Aaron Furneaux, River Dell 11.33

200 METER DASH

2011---Hayden Lyons, Tenaflly 22.79
 2012---Hayden Lyons, Tenaflly 22.37
 2013---Zack Mooney, Mahwah 22.65
2014---Conor Davidson, River Dell 22.25
 2015---Eric Kim, Mahwah 23.41
 2016---Ebner Edwards, Mahwah 23.76
 2017---Ebner Edwards, Mahwah 22.79
 2018---Aaron Furneaux, River Dell 22.97

400 METER DASH

2011---Max Linden, Pascack Valley 50.43
 2012---Jaleel Felton, Pascack Valley 50.31
 2013---Zach Hubner, River Dell 51.03
 2014---Kyle Florio, Westwood 51.34
 2015---Eric Kim, Mahwah 50.71
 2016---Evan Bonfield, Mahwah 52.02
2017---Evan Bonfield, Mahwah 49.68
 2018---Tom Varano, Pascack Hills 51.18

800 METER RUN

2011---Ben Malone, Pascack Valley 1:57.75
 2012---Ben Malone, Pascack Valley 2:00.83
 2013---James Buser, Mahwah 2:01.49
 2014---Patrick Watters, Ramsey 1:57.28
2015---Noah Osterhus, Westwood 1:57.03
 2016---Colin Daly, River Dell 2:03.43
 2017---Anthony Michielini, Pascack Hills 2:00.55
 2018---Justin Ilies, Ramsey 2:04.01

1600 METER RUN

2011---Ben Malone, Pascack Valley 4:22.28
 2012---Ben Malone, Pascack Valley 4:30.98
 2013---James Buser, Mahwah 4:28.31

2014---	Will Daly, River Dell	4:25.63
2015---	Will Daly, River Dell	4:28.91
2016---	Colin Daly, River Dell	4:41.85
2017---	Nick Kaczorowski, Ramsey	4:30.02
2018---	David Perry, Ramsey	4:31.31

3200 METER RUN

2011---	John Prizzi, Indian Hills	9:43.87
2012---	Ben Malone, Pascack Valley	10:00.75
2013---	Will Daly, River Dell	9:56.33
2014---	Colin Daly, River Dell	10:03.55
2015---	Colin Daly, River Dell	9:50.00
2016---	Gary Wilhelm, River Dell	9:57.65
2017---	Nick Kaczorowski, Ramsey	9:53.02
2018---	David Perry, Ramsey	10:23.58

110 METER HURDLES

2011---	Kris Yoo, Pascack Valley	15.38
2012---	Brian Psota, Ramsey	15.06
2013---	Christian Desanctis, River Dell	15.1h
2014---	Alejandro Capote, River Dell	15.11
2015---	Kenn Klopff, River Dell	16.13
2016---	Nick Quinn, River Dell	16.23
2017---	Justin Batson, River Dell	15.65
2018---	Matt Fox, Ramsey	15.91

400 METER HURDLES

2011---	Erik Moutenot, Mahwah	54.72
2012---	Kevin Halloran, Indian Hills	55.92
2013---	Christian Desanctis, River Dell	56.67
2014---	Anthony Salemo, Ramsey	55.33
2015---	Kenn Klopff, River Dell	58.44
2016---	Justin Fernandez, River Dell	58.45
2017---	Carlo Antonelli, River Dell	56.24
2018---	Matt Fox, Ramsey	59.44

SHOT PUT

2011---	Matt Koh, River Dell	46-8 $\frac{3}{4}$
2012---	Matt Koh, River Dell	55-6 $\frac{1}{2}$
2013---	Spencer Ross, Mahwah	59-3
2014---	Spencer Ross, Mahwah	58-3
2015---	Frank Ahearn, Ramsey	55-10 $\frac{1}{4}$
2016---	Jae Choi, River Dell	48-9
2017---	Michael Skopin, Mahwah	50-7 $\frac{1}{4}$
2018---	Kyle Ziegler, River Dell	46-9 $\frac{1}{2}$

DISCUS

2011---	Cory Connell, Ramsey	152-3
2012---	Matt Koh, River Dell	147-0
2013---	Spencer Ross, Mahwah	146-11
2014---	Jack Vigneron, River Dell	147-5

2015---Jack Vigneron, River Dell	158-10
2016---Dante DeSimone, River Dell	143-5
2017---Mike Rizik, River Dell	151-0
2018---Mike Rizik, River Dell	148-2

JAVELIN

2011---Sam Becourtney, River Dell	168-5
2012---Pat Czernizer, Pascack Valley	176-1
2013---Alex Zhang, Mahwah	157-1
2014---Shane DeMaso, River Dell	146-3
2015---Jack Vigneron, River Dell	160-9
2016---Steele Lombardi, Westwood	144-1
2017---Chris Hughes, Mahwah	150-3
2018---David Gibbons, River Dell	150-6

HIGH JUMP

2011---Isaiah Holder, Bergenfield	6-2
2012---Danny Thompson, Indian Hills	6-2
2013---Brandon Jurasin, River Dell	6-0
2014---C.J. Nobile, River Dell	5-8
2015---Jairus Paul, Mahwah	6-2
2016---Pete McNally, Ramsey	5-6
2017---Justin Laurent, Mahwah	5-8
2018---Aidan O'Malley, Ramsey	6-0

LONG JUMP

2011---Kris Yoo, Pascack Valley	20-9 ½
2012---Charles Dzienis, Indian Hills	21-5
2013---George Trival, Ramsey	21-8
2014---Jairus Paul, Mahwah	23-1
2015---Jairus Paul, Mahwah	22-2 ¼
2016---John Forester, River Dell	19-0 ¼
2017---John Forester, River Dell	20-0
2018---Liam Landau, Pascack Hills	20-8 ½

TRIPLE JUMP

2011---Kris Yoo, Pascack Valley	42-11
2012---Rob Pepper, Ramsey	43-7 ½
2013---George Trival, Ramsey	43-10
2014---Mike Pepper, Ramsey	44-8 ¼
2015---Jairus Paul, Mahwah	46-7 ¼
2016---John Forester, River Dell	40-10
2017---Jack McCabe, River Dell	42-6 ¾
2018---Jack McCabe, River Dell	39-3

POLE VAULT

2011---Brad Hoey, River Dell	14-4
2012---Ty Poland, Mahwah	14-7
2013---Calvin Hartman, River Dell	13-6
2014---Dominic Roca, Mahwah	12-0

2015---	Willem Glans, River Dell	13-0
2016---	Jack Muller, Mahwah	13-0
2017---	Brian Nagotko, Mahwah	12-6
2018---	Liam Landau, Pascack Hills	13-0

1600 METER RELAY

2011---	Pascack Valley	3:27.42
2012---	Indian Hills	3:26.13
2013---	Ramsey	3:30.95
2014---	River Dell	3:27.17
2015---	River Dell	3:31.16
2016---	Westwood	3:33.57
2017---	Mahwah	3:26.91
2018---	River Dell	3:33.55

AMERICAN DIVISION

TEAM SCORING

2011---	Cliffside Park 134, Ridgefield Park 98 ¼, Englewood 75 1/3
2012---	Ridgefield Park 192, Westwood 100, Cliffside Park 83
2013---	Ridgefield Park 135, Cliffside Park 86, Dumont 45
2014---	Ridgefield Park 124, Cliffside Park 110, Englewood 65
2015---	Ridgefield Park 130 ½, Dumont 79, Cliffside Park 46
2016---	Ridgefield Park 110, Fort Lee 100, Dumont 62
2017---	Fort Lee 165, Ridgefield Park 71, Dumont 47
2018---	Fort Lee 106 ½, Ridgefield Park 88, Englewood 77

100 METER DASH

2011---	Kevon Lumsden, Englewood	11.25
2012---	Luke Lyons, Westwood	11.35
2013---	Kemp Midgett, Englewood	10.9h
2014---	Chris Estrella, Ridgefield Park	10.78
2015---	John Robinson, Englewood	11.47
2016---	Michael Huertas, Fort Lee	11.52
2017---	Tahj Martin, Fort Lee	11.27
2018---	Cameron Shaw, Ridgefield Park	10.71

200 METER DASH

2011---	Kevon Lumsden, Englewood	23.12
2012---	Luke Lyons, Westwood	23.27
2013---	Chris Ashman, Fort Lee	22.52
2014---	Chris Estrella, Ridgefield Park	21.98
2015---	John Robinson, Englewood	23.55
2016---	Jason Samuel-Olagunju, Fort Lee	23.67
2017---	Tahj Martin, Fort Lee	22.03
2018---	Quanzie Lumsden, Englewood	22.20

400 METER DASH

2011---	Anthony Tripodi, Cliffside Park	51.02
2012---	Dylan Perez, Ridgefield Park	51.81
2013---	Dylan Perez, Ridgefield Park	51.15

2014---John Robinson, Englewood	50.55
2015---John Robinson, Englewood	52.46
2016---Dylan Scallo, Dumont	52.61
2017---Michael Vietri, Dumont	51.69
2018---Quanzie Lumsden, Englewood	50.56

800 METER RUN

2011---Sherif Ali, Cliffsides Park	2:02.93
2012---Warren O'Neill, Ridgefield Park	2:02.36
2013---Samir Abuledba, Cliffsides Park	2:05.40
2014---Anthony D'Annunzio, Cliffsides Park	2:00.03
2015---Frank Scallo, Dumont	2:03.89
2016---Frank Scallo, Dumont	2:05.63
2017---Kelvin Fransisco, Fort Lee	2:06.52
2018---Carrington Page, Ridgefield Park	2:05.86

1600 METER RUN

2011---Sherif Ali, Cliffsides Park	4:33.67
2012---Yehia Fahmy, Fort Lee	4:35.37
2013---Stephan Pena, Ridgefield Park	4:37.23
2014---Moe Abuledba, Cliffsides Park	4:41.18
2015---Frank Scallo, Dumont	4:46.42
2016---Frank Scallo, Dumont	4:40.21
2017---Kelvin Fransisco, Fort Lee	4:46.45
2018---Christion Anigilaje, Fort Lee	4:46.94

3200 METER RUN

2011---Sherif Ali, Cliffsides Park	10:15.71
2012---Brendan Conway, Ridgefield Park	10:07.37
2013---Stephan Pena, Ridgefield Park	10:00.72
2014---Moe Abuledba, Cliffsides Park	10:22.59
2015---Mario Tobar, Ridgefield Park	10:38.21
2016---Mario Tobar, Ridgefield Park	10:27.43
2017---Jason Argueta, Cliffsides Park	10:53.18
2018---Christion Anigilaje, Fort Lee	10:50.05

110 METER HURDLES

2011---Anthony Tripodi, Cliffsides Park	15.21
2012---Kyle Arbadji, Dumont	16.66
2013---Kyle Arbadji, Dumont	15.9h
2014---Humberto Hilario, Cliffsides Park	16.38
2015---Dylan Scallo, Dumont	15.58
2016---Eric Ramirez, Dumont	15.92
2017---Eric Cho, Fort Lee	15.72
2018---Manny Montoya, Fort Lee	15.11

400 METER HURDLES

2011---Anthony Tripodi, Cliffsides Park	55.64
2012---Darren Fink, Cliffsides Park	59.42
2013---Christian Abril, Ridgefield Park	59.68
2014---Christian Abril, Ridgefield Park	57.41

2015---	Dylan Scallo, Dumont	56.80
2016---	Garrett Norcross, Ridgefield Park	58.57
2017---	Juan Emmanuel Mejia, Ridgefield Park	59.13
2018---	Juan Emmanuel Mejia, Ridgefield Park	57.12

SHOT PUT

2011---	James Kostka, Dumont	45-10
2012---	Eric DelVescovo, Ridgefield Park	47-11 ¼
2013---	Eric DelVescovo, Ridgefield Park	52-0 ¼
2014---	Will Mailley, Cliffside Park	43-9 ¼
2015---	Freddy Garcia, Ridgefield Park	42-4 ¼
2016---	Aidan Kenny, Ridgefield Park	44-11 ¾
2017---	Juan Monje, Dumont	41-7
2018---	Chris Bouchard, Ridgefield Park	45-3

DISCUS

2011---	Tom Hicks, Dumont	140-8
2012---	Jamie Cooper, Dumont	131-1
2013---	John Monnett, Ridgefield Park	157-9
2014---	Will Mailley, Cliffside Park	139-0
2015---	Alex Astacio, Fort Lee	108-5
2016---	Darlan Serventi, Ridgefield Park	128-6
2017---	Marco Herrera, Fort Lee	128-6
2018---	Brendan LugoPerez, Cliffside Park	141-2

JAVELIN

2011---	Joey Spies, Westwood	154-3
2012---	Nakiim Yamaguchi, Fort Lee	160-9
2013---	Matt Perdomo, Ridgefield Park	163-2
2014---	Boyce Vass, Cliffside Park	149-2
2015---	Chandler Oliveiri, Ridgefield Park	160-0
2016---	Chandler Oliveiri, Ridgefield Park	156-3
2017---	Chandler Oliveiri, Ridgefield Park	172-9
2018---	Huasly Paredes, Fort Lee	158-10

HIGH JUMP

2011---	Rakesh Dataram, Ridgefield Park	5-10
2012---	Rakesh Dataram, Ridgefield Park	6-0
2013---	Tyler Olivieri, Ridgefield Park	5-6
2014---	Chris Estrella, Ridgefield Park	6-6
2015---	Tyler Olivieri, Ridgefield Park	6-0
2016---	David Feliz, Ridgefield Park	5-10
2017---	Emmanuel Montoya, Fort Lee	6-0
2018---	David Feliz, Ridgefield Park	5-10

LONG JUMP

2011---	Kevon Lumsden, Englewood	21-8 ¾
2012---	Mike Reyes, Ridgefield Park	20-9 ½
2013---	Julius Wingate, Englewood	21-3 ¼
2014---	Chris Estrella, Ridgefield Park	21-2 ¼
2015---	Jermal Fevrier, Ridgefield Park	21-0 ¼

2016---Jason Samuel-Olagunju, Fort Lee	20-1
2017---Tahj Martin, Fort Lee	21-11 ¼
2018---Manny Montoya, Fort Lee	20-10 ¼

TRIPLE JUMP

2011---Phil Dowell, Englewood	42-11
2012---Mike Reyes, Ridgefield Park	43-1
2013---Jermal Fevrier, Ridgefield Park	42-10 ¼
2014---Maurice West, Englewood	43-9
2015---Tayo Fatiregun, Ridgefield Park	41-2
2016---Michael Huertas, Fort Lee	41-10 ¾
2017---Michael Huertas, Fort Lee	41-11
2018---Manny Montoya, Fort Lee	42-5 ¾

POLE VAULT

2011---Kevin Costantino, Dumont	11-6
2012---Kevin Costantino, Dumont	13-0
2013---Raul Ferreira, Ridgefield Park	13-6
2014---Chris Diaz, Ridgefield Park	13-6
2015---Joe Kim, Ridgefield Park	12-0
2016---Joe Kim, Ridgefield Park	12-0
2017---Robert Escarret, Ridgefield Park	12-6
2018---Gabriel Torres, Ridgefield Park	12-0

1600 METER RELAY

2011---Englewood	3:30.92
2012---Ridgefield Park	3:34.26
2013---Ridgefield Park	3:31.39
2014---Englewood	3:33.11
2015---Englewood	3:30.85
2016---Dumont	3:34.88
2017---Fort Lee	3:28.22
2018---Englewood	3:34.18

GIRLS

UNITED DIVISION

TEAM SCORING

2011---Holy Angels 108, IHA 83, Paramus Catholic 43
2012---Holy Angels 95 1/2, IHA 73, Paramus Catholic 60 ½
2013---Holy Angels 101, IHA 74, Paramus Catholic 44
2014---Holy Angels 101, Paramus Catholic 82, IHA 46
2015---Holy Angels 91 5/6, IHA 67 5/6, Paramus Catholic 61 1/3
2016---IHA 87, Holy Angels 86, Paramus Catholic 65
2017---Paramus Catholic 93 ½, Holy Angels 81 ½, IHA 75
2018---Holy Angels 101 ½, Paramus Catholic 100, IHA 48 ½

100 METER DASH

2011---Angela Harrison, Paramus Catholic	12.76
2012---Jordyn Smith, Paramus Catholic	12.64
2013---Tatiyanna Sanders, Paramus Catholic	12.5h

2014---	Tatiana Sanders, Paramus Catholic	12.65
2015---	Maria Acosta, Paramus Catholic	12.58
2016---	Christian Rasnake, IHA	12.33
2017---	Tiffany Bautista, Paramus Catholic	12.40
2018---	Tiffany Bautista, Paramus Catholic	12.45

200 METER DASH

2011---	Jordyn Smith, Paramus Catholic	26.35
2012---	Tatiana Sanders, Paramus Catholic	26.52
2013---	Tatiana Sanders, Paramus Catholic	25.87
2014---	Tatiana Sanders, Paramus Catholic	26.16
2015---	Christian Rasnake, IHA	26.95
2016---	Christian Rasnake, IHA	25.89
2017---	Christian Rasnake, IHA	25.83
2018---	Mariah Fede, Paramus Catholic	25.18

400 METER DASH

2011---	Myasia Jacobs, Paramus Catholic	56.88
2012---	Jordyn Smith, Paramus Catholic	59.54
2013---	Danielle Caruccio, DePaul	59.93
2014---	Kristen Sherlock, Holy Angels	58.98
2015---	Maria Acosta, Paramus Catholic	58.45
2016---	Maria Acosta, Paramus Catholic	57.29
2017---	Kiyara Santos, Paramus Catholic	61.96
2018---	Mariah Fede, Paramus Catholic	61.11

800 METER RUN

2011---	Amanda Garcia, Holy Angels	2:25.14
2012---	Kylie McCavitt, IHA	2:23.87
2013---	Colleen Buckley, IHA	2:20.63
2014---	Colleen Buckley, IHA	2:21.88
2015---	Maria Acosta, Paramus Catholic	2:20.10
2016---	Tara Lyons, Holy Angels	2:21.60
2017---	Fiona Ralph, IHA	2:20.47
2018---	Fiona Ralph, IHA	2:20.96

1600 METER RUN

2011---	Maureen Crimmins, Holy Angels	5:14.58
2012---	Ashley Stryko, Holy Angels	5:15.64
2013---	Ashley Stryko, Holy Angels	5:13.23
2014---	Colleen Buckley, IHA	5:12.08
2015---	Mary Watters, Holy Angels	5:12.43
2016---	Giavanna Tabbachino, IHA	5:24.86
2017---	Mackenzie Hughes, Holy Angels	5:13.98
2018---	Mackenzie Hughes, Holy Angels	5:18.82

3200 METER RUN

2011---	Erin Thompson, IHA	11:20.09
2012---	Ashley Stryko, Holy Angels	11:26.69
2013---	Lydon Kersting, Holy Angels	11:22.50
2014---	Lydon Kersting, Holy Angels	11:10.14

2015---Matt Watters, Holy Angels	11:11.03
2016---Giavanna Tabbachino, IHA	11:33.34
2017---Mackenzie Hughes, Holy Angels	11:40.78
2018---Mackenzie Hughes, Holy Angels	11:29.40

100 METER HURDLES

2011---Gina Carlino, IHA	15.83
2012---Kelly Stimmel, DePaul	16.00
2013---Kelly Stimmel, DePaul	16.1h
2014---Liz Garcia, Holy Angels	15.79
2015---Liz Garcia, Holy Angels	15.39
2016---Liz Garcia, Holy Angels	14.69
2017---Isabelle Dely, Paramus Catholic	14.93 (14.47 in trials)
2018---Isabelle Dely, Paramus Catholic	14.98

400 METER HURDLES

2011---Kelsey Burnett, Holy Angels	1:05.18
2012---Rosie Menyhart, Paramus Catholic	1:09.79
2013---Kristen Sherlock, Holy Angels	1:08.63
2014---Rosie Menyhart, Paramus Catholic	1:05.74
2015---Rosie Menyhart, Paramus Catholic	1:06.76
2016---Faith Sutton, Paramus Catholic	1:09.04
2017---Faith Sutton, Paramus Catholic	1:06.42
2018---Mariah Fede, Paramus Catholic	1:08.12

SHOT PUT

2011---Theresa Picciallo, IHA	45-5 ¼
2012---Gabrielle Nutile, IHA	32-9 ¼
2013---Lisa Sesink-Clee, Holy Angels	36-4 ½
2014---Mackenzie Merkel, Holy Angels	32-8
2015---Megan Swords, IHA	32-4
2016---Megan Swords, IHA	36-0 ¼
2017---Anya Skae, Holy Angels	36-4 ½
2018---Anya Skae, Holy Angels	36-8

DISCUS

2011---Theresa Picciallo, IHA	111-11
2012---Gabrielle Nutile, IHA	94-11
2013---Dannie Griffin, Paramus Catholic	102-9
2014---Dannie Griffin, Paramus Catholic	96-7
2015---Jackie McDonald, DePaul	100-1
2016---Anya Skae, Holy Angels	93-11
2017---Anya Skae, Holy Angels	104-9
2018---Anya Skae, Holy Angels	101-7

JAVELIN

2011---Jamie Klein, Paramus Catholic	136-8
2012---Emma Perazzo, IHA	96-5
2013---Lisa Sesink-Clee, Holy Angels	128-0
2014---Dannie Griffin, Paramus Catholic	106-1
2015---Megan Swords, IHA	87-3

2016---	Alexa Vecchione, Holy Angels	107-1
2017---	Mary Hughes, IHA	94-4
2018---	Samantha Romano, Holy Angels	102-10

HIGH JUMP

2011---	Lisa Sesink-Clee, Holy Angels	5-2
2012---	Tatiana Sanders, Paramus Catholic	5-4
2013---	Amanda Fields, Holy Angels	5-0
2014---	Kayla Adams, Paramus Catholic	5-2
2015---	Rosemary Menyhart, Paramus Catholic, Samantha Fellowes, Holy Angels and Colette Petric, IHA	5-0
2016---	Tiffany Bautista, Paramus Catholic	5-2
2017---	Tiffany Bautista, Paramus Catholic	5-4
2018---	Tiffany Bautista, Paramus Catholic	5-6

LONG JUMP

2011---	Amanda Fields, Holy Angels	16-11 ½
2012---	Tatiana Sanders, Paramus Catholic	17-9
2013---	Tatiana Sanders, Paramus Catholic	17-9 ½
2014---	Tatiana Sanders, Paramus Catholic	18-0
2015---	Alexis Trott, Paramus Catholic	16-8 ¼
2016---	Alexis Trott, Paramus Catholic	17-2 ½
2017---	Tiffany Bautista, Paramus Catholic	18-10
2018---	Tiffany Bautista, Paramus Catholic	18-8 ¾

TRIPLE JUMP

2011---	Amanda Fields, Holy Angels	35-5 ¾
2012---	Amanda Fields, Holy Angels	36-7
2013---	Amanda Fields, Holy Angels	38-1 ½
2014---	Tatiana Sanders, Paramus Catholic	38-5 ¼
2015---	Rosemary Menyhart, Paramus Catholic	36-9
2016---	Liz Garcia, Holy Angels	36-3
2017---	Tiffany Bautista, Paramus Catholic	38-11 ¾
2018---	Tiffany Bautista, Paramus Catholic	40-6 ¾

POLE VAULT

2011---	Reid McLain, Holy Angels	8-0
2012---	Alex Eckert, Holy Angels	9-0
2013---	Natalie Miller, IHA	9-0
2014---	Julie Weismiller, IHA	9-6
2015---	Julie Weismiller, IHA	9-6
2016---	Caroline McGann, Holy Angels	10-0
2017---	Caroline McGann, Holy Angels	10-6
2018---	Caroline McGann, Holy Angels	11-0

1600 METER RELAY

2011---	IHA	4:09.27
2012---	Holy Angels	4:11.79
2013---	IHA	4:12.59
2014---	Paramus Catholic	4:09.47

2015---Holy Angels	4:17.11
2016---Paramus Catholic	4:14.65
2017---Paramus Catholic	4:10.63
2018---Holy Angels	4:16.32

FREEDOM DIVISION

TEAM SCORING

2011---Ridgewood 130, Teaneck 118, Bergen Tech 39
2012---Teaneck 114, Ridgewood 113, Hackensack 40 ½
2013---Ramapo 151, Northern Highlands 140, Ridgewood 101
2014---Ramapo 142, Northern Highlands 133, Hackensack 95
2015---Northern Highlands 146, Ridgewood 115 ½, Ramapo 103
2016---Ridgewood 162, Northern Highlands 154, Ramapo 72
2017---Ridgewood 193, Northern Highlands 171, Hackensack 40
2018---Ridgewood 204, Northern Highlands 135, Ramapo 103

100 METER DASH

2011---Talasiah Balgoban, Teaneck	12.85
2012---Kahlia Taylor, Teaneck	12.86
2013---Naomi Clarke, Hackensack	12.98
2014---Naomi Clarke, Hackensack	12.42
2015---Lauren Brzozowski, Ramapo	12.64
2016---Morgan Florio, Northern Highlands	12.25
2017---Olivia Florio, Northern Highlands	12.86
2018---Katherine Muccio, Ridgewood	12.54

200 METER DASH

2011---Kahlia Taylor, Teaneck	26.03
2012---Kahlia Taylor, Teaneck	25.76
2013---Emma Sullivan, Northern Highlands	26.28
2014---Lauren Brzozowski, Ramapo	25.92
2015---Lauren Brzozowski, Ramapo	25.64
2016---Morgan Florio, Northern Highlands	26.01
2017---Katherine Muccio, Ridgewood	25.46
2018---Grace Smiechowski, Northern Highlands	25.99

400 METER DASH

2011---Kahlia Taylor, Teaneck	59.64
2012---Micaela McPadden, Ridgewood	58.58
2013---Emma Sullivan, Northern Highlands	57.47
2014---Lauren Brzozowski, Ramapo	57.17
2015---Lauren Brzozowski, Ramapo	58.45
2016---Robine Arami, Northern Highlands	58.82
2017---Kyla Krawczyk, Northern Highlands	58.09
2018---Grace Smiechowski, Northern Highlands	57.94

800 METER RUN

2011---Caroline Davidson, Ridgewood	2:22.48
2012---Catherine Pagano, Ridgewood	2:17.08
2013---Madison Holleran, Northern Highlands	2:14.20
2014---Deanna DiLandro, Ramapo	2:17.66

2015---	Julia Guerra, Indian Hills	2:19.39
2016---	Julia Guerra, Indian Hills	2:22.75
2017---	Meghan Adams, Ridgewood	2:25.17
2018---	Evelyn Kotch, Ridgewood	2:22.82

1600 METER RUN

2011---	Caroline Davidson, Ridgewood	5:30.84
2012---	Caroline Davidson, Ridgewood	5:23.57
2013---	Catherine Pagano, Ridgewood	5:04.19
2014---	Julia Guerra, Indian Hills	5:00.74
2015---	Julia Guerra, Indian Hills	5:03.90
2016---	Olympia Martin, Ridgewood	5:12.84
2017---	Olympia Martin, Ridgewood	5:08.95
2018---	Cassie Keyes, Ridgewood	5:07.70

3200 METER RUN

2011---	Victoria Pan, Ridgewood	12:05.82
2012---	Tina Gobble, Ridgewood	11:54.19
2013---	Julia Guerra, Indian Hills	11:14.87
2014---	Julia Guerra, Indian Hills	11:03.26
2015---	Catherine Pagano, Northern Highlands	11:29.44
2016---	Olympia Martin, Ridgewood	11:20.55
2017---	Olympia Martin, Ridgewood	11:03.19
2018---	Monica Hebner, Northern Highlands	11:25.36

100 METER HURDLES

2011---	Sarah DeVita, Ridgewood	15.97
2012---	Amanda Simms, Teaneck	15.69
2013---	Mimi DeVita, Ridgewood	16.05
2014---	Dana Lynch, Hackensack	15.72
2015---	Dana Lynch, Hackensack	15.32
2016---	Erin Racano, Ramapo	16.40
2017---	Sharise Baker-Bazile, Hackensack	16.08
2018---	Grace O'Shea, Ramapo	14.92

400 METER HURDLES

2011---	Ashley Barker, Teaneck	1:07.30
2012---	Micaela McPadden, Ridgewood	1:04.82
2013---	Madison Holleran, Northern Highlands	1:03.01
2014---	Hilary McElwain, Northern Highlands	1:04.64
2015---	Hilary McElwain, Northern Highlands	1:04.65
2016---	Hilary McElwain, Northern Highlands	1:04.67
2017---	Katherine Muccio, Ridgewood	1:03.28
2018---	Grace O'Shea, Ramapo	1:05.21

SHOT PUT

2011---	Apresha Hampton, Teaneck	42-4 ½
2012---	Jessica Reuveni, Paramus	38-3
2013---	Ariela King, Hackensack	32-11 ½
2014---	Amarys Berry, Hackensack	39-8
2015---	Amarys Berry, Hackensack	41-11 ½

2016---Amarys Berry, Hackensack	45-7 ½
2017---Lexi Uzoaru, Ridgewood	36-10
2018---Lexi Uzoaru, Ridgewood	38-1 ¾

DISCUS

2011---Apresha Hampton, Teaneck	127-10
2012---Jessica Reuveni, Paramus	113-11
2013---Ariela King, Hackensack	104-10
2014---Amarys Berry, Hackensack	93-7
2015---Sara Dec, Northern Highlands	100-0
2016---Amarys Berry, Hackensack	112-5
2017---Lexi Uzoaru, Ridgewood	117-5
2018---Lexi Uzoaru, Ridgewood	118-1

JAVELIN

2011---Grayson Llerandi, Ridgewood	104-7
2012---Hope Yi, Bergen Tech	109-6
2013---Jackie Reyneke, Northern Highlands	124-5
2014---Sophia Caride, Ramapo	106-0
2015---Sophia Sheehy, Ridgewood	99-8
2016---Kaitlyn Amoruso, Ridgewood	92-7
2017---Michelle Bond, Northern Highlands	104-4
2018---Elena Montgomery, Ramapo	106-2

HIGH JUMP

2011---Sarah DeVita, Ridgewood	5-0
2012---I'India Davenport, Teaneck	5-0
2013---Jenna Phillips, Ramapo	5-2
2014---Sasha Bromfield, Hackensack	4-10
2015---Amber Redmond, Hackensack	5-2
2016---Kayla Pituras, Paramus	5-0
2017---Ellie and Alyssa Veenhof, Ridgewood	4-10
2018---Ellie Veenhof, Ridgewood	5-2

LONG JUMP

2011---Talasiah Balgoban, Teaneck	16-7
2012---Trenice Foster, Teaneck	16-0 ½
2013---Gina Salmins, Ramapo	15-9 ½
2014---Re'ona Pettway, Hackensack	16-9 ¼
2015---Isabel Park, Ridgewood	16-0 ½
2016---Julia Healy, Northern Highlands	16-11
2017---Julia Healy, Northern Highlands	16-10 ½
2018---Sara VandenAssem, Ridgewood	16-5

TRIPLE JUMP

2011---Ana Atkinson, Teaneck	33-10 ½
2012---Ana Atkinson, Teaneck	33-5 ½
2013---Jackie Reyneke, Northern Highlands	34-11 ¾
2014---Julia Healy, Northern Highlands	34-1 ¾
2015---Libby DeVita, Ridgewood	33-11 ¼
2016---Julia Healy, Northern Highlands	35-6

2017---Amanda Katz, Ramapo 35-4
2018---Sara VandenAssem, Ridgewood 36-6

POLE VAULT

2011---Kayla Polcari, Ridgewood 10-6
2012---Mimi DeVita, Ridgewood 10-0
2013---Megan Gambuti, Ramapo 11-0
2014---Megan Gambuti, Ramapo 10-0
2015---Kirsten Skead, Ramapo 8-6
2016---Maxine Earl, Ridgewood 10-6
2017---Maxine Earl, Ridgewood 11-0
2018---Nicole Lester, Ridgewood 10-0

1600 METER RELAY

2011---Ridgewood 4:05.33
2012---Teaneck 4:02.28
2013---Ramapo 4:03.06
2014---Ramapo 4:02.61
2015---Northern Highlands 4:03.84
2016---Northern Highlands 4:00.41
2017---Northern Highlands 4:03.78
2018---Ramapo 3:58.89

NATIONAL DIVISION

TEAM SCORING

2011---Demarest 122 ½, Northern Highlands 108, Old Tappan 47 ½
2012---Demarest 96, Northern Highlands 90, Ramapo 89
2013---Demarest 126.33, Tenafly 105, Old Tappan 93.33
2014---Demarest 132 ½, Teaneck 112, Old Tappan 106
2015---Demarest 178, Old Tappan 106 ½, Teaneck 90
2016---Demarest 153, Old Tappan 123 ½, Teaneck 98 ½
2017---Demarest 234, Old Tappan 83 ½, Tenafly 70 ½
2018---Old Tappan 174, Demarest 172 ½, Tenafly 59

100 METER DASH

2011---Emily Zimick, Demarest 13.59
2012---Claire Scavone, Ramapo and
Emma Sullivan, Northern Highlands 12.95
2013---Nicole Miller, Pascack Valley 13.19
2014---Maxine McConnell, Old Tappan 12.73
2015---Aminah Sarraga, Teaneck 13.06
2016---Toni James, Teaneck 13.04
2017---Jordan Mayo, Tenafly 12.68
2018---Taylor Newman, Old Tappan 12.95

200 METER DASH

2011---Megan Chakmakian, Demarest 27.69
2012---Allison Tell, Demarest 26.22
2013---Nicole Miller, Pascack Valley 26.70
2014---Aminah Sarraga, Teaneck 25.93
2015---Lexi DelGizzo, Tenafly 26.65

2016---Lexi DelGizzo, Tenafly	25.83
2017---Lexi DelGizzo, Tenafly	26.43
2018---Noelle Gonzalez, Old Tappan	27.28

400 METER DASH

2011---Deanna DiLandro, Ramapo	1:01.43
2012---Emma Sullivan, Northern Highlands	59.19
2013---Phoebe Hersh, Tenafly	1:00.54
2014---Aminah Sarraga, Teaneck	58.02
2015---Aminah Sarraga, Teaneck	59.45
2016---Lexi DelGizzo, Tenafly	57.63
2017---Lexi DelGizzo, Tenafly	57.87
2018---Taylor Newman, Old Tappan	60.35

800 METER RUN

2011---Deanna DiLandro, Ramapo	2:21.23
2012---Madison Holleran, Northern Highlands	2:18.59
2013---Josette Norris, Tenafly	2:15.24
2014---Christina Welzer, Demarest	2:22.26
2015---Christina Welzer, Demarest	2:22.01
2016---Caroline O'Sullivan, Old Tappan	2:16.61
2017---Caroline O'Sullivan, Old Tappan	2:20.41
2018---Caroline O'Sullivan, Old Tappan	2:20.19

1600 METER RUN

2011---Lisa Zimmer, Ramapo	5:19.99
2012---Lisa Zimmer, Ramapo	5:01.20
2013---Josette Norris, Tenafly	5:24.56
2014---Josette Norris, Tenafly	5:18.47
2015---Chelsea Lee, Pascack Valley	5:15.55
2016---Caroline O'Sullivan, Old Tappan	5:18.54
2017---Ashley Evans, Pascack Valley	5:28.50
2018---Caroline O'Sullivan, Old Tappan	5:23.38

3200 METER RUN

2011---Brittany Day, Demarest	11:32.28
2012---Ariana North, Northern Highlands	11:04.99
2013---Josette Norris, Tenafly	11:35.79
2014---Josette Norris, Tenafly	12:00.61
2015---Veronica Rocco, Tenafly	11:45.36
2016---Ashley Evans, Pascack Valley	11:34.95
2017---Ashley Evans, Pascack Valley	11:51.81
2018---Caroline O'Sullivan, Old Tappan	12:06.18

100 METER HURDLES

2011---Allison Tell, Demarest	16.54
2012---Allison Tell, Demarest	15.72
2013---Christina Welzer, Demarest	15.65
2014---Amanda Simms, Teaneck	15.80
2015---Christina Welzer, Demarest	15.33 (ran 15.22 in trials)
2016---Olivia Pandolfo, Tenafly	15.87

2017---Sarah Sutnick, Demarest	16.07
2018---Sophia George, Bergenfield	17.07

400 METER HURDLES

2011---Katelyn Ary, Demarest	1:03.96
2012---Allison Tell, Demarest	1:03.16
2013---Christina Welzer, Demarest	1:03.59
2014---Christina Welzer, Demarest	1:05.19
2015---Christina Welzer, Demarest	1:03.20
2016---Georgia Markham, Demarest	1:10.82
2017---Georgia Markham, Demarest	1:07.36
2018---Ashley Constantine, Demarest	1:06.27

SHOT PUT

2011---Danielle Bach, Northern Highlands	38-0 ½
2012---Danielle Bach, Northern Highlands	36-1 ½
2013---Haley Hirsch, Demarest	35-3 ½
2014---Nikolia Kanaris, Demarest	39-0
2015---Nikolia Kanaris, Demarest	41-3
2016---Nikolia Kanaris, Demarest	39-5 ¼
2017---Cat Light, Demarest	38-9 ½
2018---Sophie Downey, Old Tappan	37-3 ¼

DISCUS

2011---Tina Menezes, Demarest	112-1
2012---Jane Kim, Old Tappan	114-0
2013---Haley Hirsch, Demarest	111-1
2014---Amiynah Campbell, Teaneck	117-0
2015---Amiynah Campbell, Teaneck	122-5
2016---Sarah Ahmed, Demarest	117-1
2017---Maya Vanderlinden, Old Tappan	113-1
2018---Cat Light, Demarest	112-9

JAVELIN

2011---Danielle Bach, Northern Highlands	114-6
2012---Danielle Bach, Northern Highlands	110-8
2013---Alana Bassen, Tenafly	99-7
2014---Jesse Geller, Demarest	107-8
2015---Jesse Geller, Demarest	124-0
2016---Jesse Geller, Demarest	113-5
2017---Jesse Geller, Demarest	136-3
2018---Alicia Iafrate, Demarest	112-2

HIGH JUMP

2011---Maura Nestor, Northern Highlands	4-10
2012---Haley Hirsch, Demarest	5-2
2013---Taryn DeLeon, Old Tappan	5-0
2014---Taryn DeLeon, Old Tappan	5-5 ½
2015---Taylor Parcells, Old Tappan	5-2
2016---Caitlin Reverand, Demarest	4-10
2017---Alexandra Ruocco, Old Tappan	5-0

2018---Sophia Dongaris, Tenafly 5-2

LONG JUMP

2011---Maura Nestor, Northern Highlands 15-10 ¼
2012---Taryn DeLeon, Old Tappan 16-2
2013---Taryn DeLeon, Old Tappan 16-11 ¼
2014---Amanda Simms, Teaneck 17-2 ¼
2015---Hana Shapiro, Pascack Valley 16-1 ½
2016---Hana Shapiro, Pascack Valley 16-11 ¼
2017---Jesse Geller, Demarest 16-5
2018---Sydney Woods, Demarest 16-8 ¾

TRIPLE JUMP

2011---Emily Zimick, Demarest 34-1 ¼
2012---Gina Salmins, Ramapo 32-9
2013---Anastasia Atkinson, Teaneck 37-2 ¾
2014---Jazzin Clark, Demarest 34-6 ¾
2015---Nia Van Brackle, Teaneck 35-11 ½
2016---Ja'Neil Humphrey, Teaneck 35-7 ½
2017---Zia Barr, Teaneck 35-9 ½
2018---Zia Barr, Teaneck 37-5 ¼

POLE VAULT

2011---Anne Kavalarchuk, Fair Lawn 9-6
2012---Jordan Even-Chen, Ramapo 10-6
2013---Alex Paspalas, Demarest 10-6
2014---Lauren Bilali, Old Tappan 9-6
2015---Lauren Bilali, Old Tappan 10-6
2016---Michelle Rubineti, Demarest 12-0
2017---Michelle Rubineti, Demarest 12-0
2018---Sydney Woods, Demarest 11-6

1600 METER RELAY

2011---Demarest 4:05.62
2012---Ramapo 4:01.93
2013---Demarest 4:09.16
2014---Demarest 4:10.29
2015---Tenafly 4:09.20
2016---Teaneck 4:14.88
2017---Old Tappan 4:09.18
2018---Demarest 4:01.52

LIBERTY DIVISION

TEAM SCORING

2011---Passaic Tech 131, Clifton 111, Passaic 35
2012---Passaic Tech 145, Clifton 141, Eastside 22
2013---Passaic Tech 135, Clifton 121.66, Kennedy 91.33
2014---Passaic Tech 137 ½, Clifton 117, Kennedy 110
2015---Passaic Tech 176, Clifton 130, Bergen Tech 109
2016---Passaic Tech 164, Clifton 162, Bergen Tech 81
2017---Clifton 173, Passaic Tech 129, Bergen Tech 93

2018---Clifton 171 ½, Passaic Tech 115, Bergen Tech 110 ½

100 METER DASH

2011---Chamekea Davis, Eastside	12.68
2012---Monika Miazga, Clifton	12.86
2013---Alexes Washington, Passaic Tech	12.40
2014---Alexes Washington, Passaic Tech	12.37
2015---Alexes Washington, Passaic Tech	12.71
2016---Ebonee Jackson, Kennedy	12.46
2017---Alenys Morales, Clifton	12.96
2018---Leriann Alexander, Eastside	12.68

200 METER DASH

2011---Chamekea Davis, Eastside	26.00
2012---Monika Miazga, Clifton	25.83
2013---Alexes Washington, Passaic Tech	26.26
2014---Breasha Morton, Passaic Tech	26.36
2015---Aaniyah Robinson, Passaic Tech	26.98
2016---Aaniyah Robinson, Passaic Tech	27.23
2017---Alenys Morales, Clifton	26.97
2018---Leriann Alexander, Eastside	25.93

400 METER DASH

2011---Breasha Morton, Passaic Tech	1:00.12
2012---Monika Miazga, Clifton	59.57
2013---Zahtae Mouzone, Passaic	58.62
2014---Tashique Francis, Kennedy	1:00.73
2015---Morgan Duncan, Passaic Tech	1:01.12
2016---Aaniyah Robinson, Passaic Tech	1:01.90
2017---Carly Spinnler, Passaic Tech	1:01.21
2018---Brianna Rubio, Clifton	59.25

800 METER RUN

2011---Gabrielle Gonzaga, Clifton	2:29.71
2012---Danielle Parker, Passaic Tech	2:34.47
2013---Christina Stevens, Bergen Tech	2:22.98
2014---Christina Stevens, Bergen Tech	2:29.89
2015---Michelle Kubasek, Bergen Tech	2:24.95
2016---Carly Spinnler, Passaic Tech	2:21.40
2017---Carly Spinnler, Passaic Tech	2:26.75
2018---Carly Spinnler, Passaic Tech	2:22.58

1600 METER RUN

2011---Keri-Ann Edwards, Passaic Tech	5:36.14
2012---Gabrielle Gonzaga, Clifton	5:31.31
2013---Yuria Yuasa, Clifton	5:26.64
2014---Christina Stevens, Bergen Tech	5:27.60
2015---Michelle Kubasek, Bergen Tech	5:14.25
2016---Abigail McLaughlin, Bergen Tech	5:19.57
2017---Mollie Slanina, Clifton	5:30.82
2018---Andrea Dubbels, Clifton	5:19.92

3200 METER RUN

2011---	Keri-Ann Edwards, Passaic Tech	12:20.65
2012---	Keri-Ann Edwards, Passaic Tech	12:29.40
2013---	Keri-Ann Edwards, Passaic Tech	11:56.42
2014---	Sofia Nedelcheva, Clifton	12:04.58
2015---	Michelle Kubasek, Bergen Tech	11:20.72
2016---	Abigail McLaughlin, Bergen Tech	11:23.83
2017---	Sophia Wolmer, Bergen Tech	11:57.39
2018---	Sophia Wolmer, Bergen Tech	11:55.29

100 METER HURDLES

2011---	Breaisha Morton, Passaic Tech	16.24
2012---	Shianne Nevers, Clifton	16.42
2013---	Breaisha Morton, Passaic Tech	15.18
2014---	Breaisha Morton, Passaic Tech	15.11
2015---	Ebonee Jackson, Kennedy	15.20
2016---	Ebonee Jackson, Kennedy	14.85
2017---	Alenys Morales, Clifton	15.45
2018---	Alenys Morales, Clifton	15.27

400 METER HURDLES

2011---	Breaisha Morton, Passaic Tech	1:08.44
2012---	Shianne Nevers, Clifton	1:08.93
2013---	Breaisha Morton, Passaic Tech	1:05.01
2014---	Breaisha Morton, Passaic Tech	1:04.92
2015---	Ebonee Jackson, Kennedy	1:08.38
2016---	Rikayvia Palmer, Passaic Tech	1:09.20
2017---	Carly Spinnler, Passaic Tech	1:06.67
2018---	Chariza Wilks, Passaic Tech	1:06.40

SHOT PUT

2011---	Yaniri Jimenez, Passaic	37-10
2012---	Kailah Smith, Passaic Tech	33-3 ¼
2013---	Marla Minnella, Clifton	34-2
2014---	Sonya Sachdev, Bergen Tech	33-11 ½
2015---	Monika Dlugosz, Clifton	35-10 ½
2016---	Monika Dlugosz, Clifton	36-4 ½
2017---	Catherine Davey, Clifton	33-5 ½
2018---	Alianna Eucker, Bergen Tech	34-9 ¾

DISCUS

2011---	Yaniri Jimenez, Passaic	106-8
2012---	Samantha Cooley, Passaic Tech	84-8
2013---	Yanique Spigner, Bergen Tech	107-4
2014---	Monika Dlugosz, Clifton	102-9
2015---	Monika Dlugosz, Clifton	111-4
2016---	Monika Dlugosz, Clifton	96-8
2017---	Antonia Liu, Bergen Tech	99-5
2018---	Alianna Eucker, Bergen Tech	103-0

JAVELIN

2011---	Tiana Chappell, Passaic Tech	86-8
2012---	Carolina Tacconi, Passaic Tech	87-10
2013---	Carolina Tacconi, Passaic Tech	92-0
2014---	Carolina Tacconi, Passaic Tech	101-0
2015---	Nee-Yah Corbin, Clifton	100-8
2016---	Carmen Ramirez, Passaic Tech	108-9
2017---	Carmen Ramirez, Passaic Tech	91-6
2018---	Alianna Eucker, Bergen Tech	132-1

HIGH JUMP

2011---	Kriss Xambrano, Clifton	4-8
2012---	Alexes Washington, Passaic Tech	4-10
2013---	Breaisha Morton, Passaic Tech	5-4
2014---	Breaisha Morton, Passaic Tech	5-2
2015---	Alexes Washington, Passaic Tech	4-8
2016---	Ebonee Jackson, Kennedy	5-0
2017---	Ashley Martinez, Passaic Tech	5-0
2018---	Ashley Martinez, Passaic Tech	5-0

LONG JUMP

2011---	Wanae Smith, Passaic Tech	15-5 $\frac{1}{4}$
2012---	Shianne Nevers, Clifton	16-0 $\frac{1}{4}$
2013---	Zahtae Mouzone, Passaic	16-11 $\frac{3}{4}$
2014---	Ariel Lam, Bergen Tech	15-11 $\frac{3}{4}$
2015---	Michelle Aplogan, Clifton	16-5
2016---	Kinga Dabek, Bergen Tech	16-9
2017---	Alenys Morales, Clifton	16-7 $\frac{1}{2}$
2018---	Alenys Morales, Clifton	16-2 $\frac{1}{4}$

TRIPLE JUMP

2011---	Danielle Parker, Passaic Tech	34-7 $\frac{1}{4}$
2012---	Danielle Parker, Passaic Tech	34-0
2013---	Ianna McGregor, Kennedy	34-3
2014---	Ianna McGregor, Kennedy	36-9
2015---	Angel Rowe, Passaic Tech	33-10 $\frac{1}{2}$
2016---	Angel Rowe, Passaic Tech	34-5 $\frac{1}{2}$
2017---	Imani Durham, Passaic Tech	33-3 $\frac{1}{4}$
2018---	Brianna Morrison, Clifton	35-3

POLE VAULT

2011---	Karina Carmichael, Clifton	9-0
2012---	Nicole Buttell, Clifton	8-6
2013---	Nicole Buttell, Clifton	9-6
2014---	Cassidy Cardone, Clifton	8-6
2015---	Alison Proszowski, Clifton	9-0
2016---	Kristen Wong, Clifton	9-6
2017---	Sydney Shannon, Passaic Tech	9-6
2018---	Sydney Shannon, Passaic Tech	10-6

1600 METER RELAY

2011---Passaic Tech	4:27.70
2012---Clifton	4:11.93
2013---Passaic Tech	4:14.31
2014---Passaic Tech	4:20.03
2015---Passaic Tech	4:15.83
2016---Passaic Tech	4:13.02
2017---Clifton	4:18.91
2018---Clifton	4:12.58

INDEPENDENCE DIVISION

TEAM SCORING

2011---Lakeland 118 ½, Wayne Valley 72 ½, Wayne Hills 54
2012---Wayne Hills 97, Passaic Valley 93, Wayne Valley 59
2013---Wayne Hills 133, Wayne Valley 116, Passaic Valley 83
2014---Wayne Hills 151, Wayne Valley 115, Passaic Valley 84 ½
2015---Fair Lawn 173, Wayne Hills 138, Wayne Valley 78
2016---Wayne Hills 159, Fair Lawn 106, Wayne Valley 104 ¼
2017---Fair Lawn 133.15, Wayne Hills 113.15, Wayne Valley 87.15
2018---Fair Lawn 135 ½, Lakeland 120 ½, Wayne Hills 76

100 METER DASH

2011---Annie Rivera, Lakeland	13.30
2012---Annie Rivera, Lakeland	13.06
2013---Victoria Kriv, Passaic Valley	12.88
2014---Nicole Gignac, Wayne Hills	13.07
2015---Nicole Gignac, Wayne Hills	12.93
2016---Meghan Griffin, Wayne Hills	13.44
2017---Meghan Corso, Wayne Valley	13.21
2018---Meghan Corso, Wayne Valley	13.17

200 METER DASH

2011---Annie Rivera, Lakeland	27.77
2012---Victoria Kriv, Passaic Valley	27.45
2013---Victoria Kriv, Passaic Valley	26.58
2014---Nicole Gignac, Wayne Hills	26.83
2015---Nicole Gignac, Wayne Hills	26.36
2016---Giuliana Guarino, Wayne Hills	27.55
2017---Gabriela Manjarrez, Fair Lawn	26.53
2018---Gabriela Manjarrez, Fair Lawn	26.74

400 METER DASH

2011---Lindsay Hefferon, West Milford	1:00.71
2012---Victoria Kriv, Passaic Valley	1:03.48
2013---Victoria Kriv, Passaic Valley	1:00.73
2014---Nicole Gignac, Wayne Hills	59.31
2015---Nicole Gignac, Wayne Hills	59.40
2016---Cameron Santer, Wayne Hills	1:02.96
2017---Riley Brennan, Wayne Hills	59.7h
2018---Courtney Ruedt, Wayne Hills	59.60

800 METER RUN

2011---	Kaylan Bruzzone, Lakeland	2:33.45
2012---	Stephanie Bitcon, Wayne Hills	2:27.23
2013---	Stephanie Bitcon, Wayne Hills	2:20.43
2014---	Stephanie Bitcon, Wayne Hills	2:20.67
2015---	Erin Callaghan, Wayne Valley	2:26.19
2016---	Emily Becker, Wayne Hills	2:23.70
2017---	Emily Becker, Wayne Hills	2:21.58
2018---	Julianne Gerritsen, Fair Lawn	2:28.43

1600 METER RUN

2011---	Kelly Curtin, Wayne Hills	5:42.30
2012---	Stephanie Bitcon, Wayne Hills	5:28.36
2013---	Stephanie Bitcon, Wayne Hills	5:10.50
2014---	Stephanie Bitcon, Wayne Hills	5:25.95
2015---	Madeline Pluta, West Milford	5:34.67
2016---	Katerina Zachmann, Wayne Hills	5:17.25
2017---	Taylor Domico, Wayne Hills	5:21.08
2018---	Julianne Gerritsen, Fair Lawn	5:45.42

3200 METER RUN

2011---	Kristen Ascione, Wayne Hills	12:30.06
2012---	Alyssa Loffredo, Wayne Hills	12:11.20
2013---	Alyssa Loffredo, Wayne Hills	11:45.19
2014---	Jillian O'Donohoe, Wayne Hills	11:49.77
2015---	Taylor Domico, Wayne Hills	11:49.71
2016---	Taylor Domico, Wayne Hills	11:37.87
2017---	Taylor Domico, Wayne Hills	11:28.04
2018---	Samantha Biss, Lakeland	13:12.65

100 METER HURDLES

2011---	Melissa Pascual, Passaic Valley	16.18
2012---	Jessica Addonizio, Passaic Valley	16.74
2013---	Jessica Addonizio, Passaic Valley	16.28
2014---	Julie Goldberg, Passaic Valley	16.47
2015---	Cathryn Cole, Passaic Valley	17.17
2016---	Meghan Corso, Wayne Valley	16.07
2017---	Meghan Corso, Wayne Valley	16.08
2018---	Meghan Corso, Wayne Valley	16.01

400 METER HURDLES

2011---	Audra Kalinowski, Wayne Valley	1:09.77
2012---	Sara DeVita, Lakeland	1:10.09
2013---	Kristi Nati, Fair Lawn	1:07.64
2014---	Julie Goldberg, Passaic Valley	1:09.46
2015---	Lisa Kestelboym, Fair Lawn	1:08.76
2016---	Samantha Sklar, Wayne Hills	1:07.38
2017---	Samantha Sklar, Wayne Hills	1:07.16
2018---	Grace Yost, Lakeland	1:07.36

SHOT PUT

2011---	Samantha Markowski, Wayne Valley 36-11	
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2012---	Alicia Hester, Wayne Valley	38-0
2013---	Alicia Hester, Wayne Valley	39-8 ¼
2014---	Alicia Hester, Wayne Valley	41-1 ½
2015---	Olivia Pantale, Wayne Valley	33-11 ¾
2016---	Olivia Pantale, Wayne Valley	35-1 ¼
2017---	Ciara Torres, West Milford	38-1 ¼
2018---	Jackie Nieves, Lakeland	34-6 ¾

DISCUS

2011---	Stephanie Easse, Wayne Valley	113-3
2012---	Stephanie Easse, Wayne Valley	115-6
2013---	Alicia Hester, Wayne Valley	103-9
2014---	Carol Chen, Wayne Valley	114-0
2015---	Olivia Pantale, Wayne Valley	109-0
2016---	Olivia Pantale, Wayne Valley	108-4
2017---	Ciara Torres, West Milford	101-0
2018---	Sandra Abolade, Fair Lawn	96-0

JAVELIN

2011---	Grace Agresta, Lakeland	97-6
2012---	Jessica Rolando, West Milford	101-7
2013---	Stephanie Easse, Wayne Valley	107-7
2014---	Olivia Pantale, Wayne Valley	103-7
2015---	Olivia Pantale, Wayne Valley	119-7
2016---	Olivia Pantale, Wayne Valley	125-10
2017---	Nicole Sacchinelli, Fair Lawn	127-8
2018---	Nicole Sacchinelli, Fair Lawn	124-10

HIGH JUMP

2011---	Michaela Bukoski, Lakeland	5-0
2012---	Amy DeVoe, Wayne Valley	5-0
2013---	Jessica Cusick, Wayne Valley	5-4
2014---	Michelle Furman, Lakeland	4-8
2015---	Nicole Gignac, Wayne Hills	4-10
2016---	Brittany Kriley, Fair Lawn	5-0
2017---	Kalleen Rose Ozanic, West Milford	4-10
2018---	Kalleen Rose Ozanic, West Milford	5-2

LONG JUMP

2011---	Gabriella Crocco, Passaic Valley	16-0 ¼
2012---	Kristina Langan, Wayne Hills	15-8 ½
2013---	Sarah Bright, Lakeland	16-0 ¾
2014---	Sarah Bright, Lakeland	15-8 ¼
2015---	Mya Drayton, Fair Lawn	16-6
2016---	Jessica Ippolito, Fair Lawn	16-4 ½
2017---	Mya Drayton, Fair Lawn	16-8
2018---	Ana Deftalinskij, Lakeland	16-5 ½

TRIPLE JUMP

2011---	Mackenzie Bradley, Lakeland	34-5
2012---	Kristina Langan, Wayne Hills	34-6 ¼

2013---	Jessica Cusick, Wayne Valley	34-1
2014---	Julie Goldberg, Passaic Valley	31-10 ¼
2015---	Jabria Pittman, Fair Lawn	34-11 ¼
2016---	Hannah Sikorski, Wayne Valley	33-9 ½
2017---	Britney Del Mundo, Fair Lawn	35-10 ¼
2018---	Kalleen Rose Ozanic, West Milford	35-8

POLE VAULT

2011---	Brittany DalCais, West Milford	10-6
2012---	Kristina Langan, Wayne Hills	8-6
2013---	Kristina Langan, Wayne Hills	10-6
2014---	Haley Steele, West Milford	10-0
2015---	Kristina Langan, Wayne Hills	11-0
2016---	Jessica Ippolito, Fair Lawn	10-6
2017---	Jessica Ippolito, Fair Lawn	10-6
2018---	Lilly Brown, Lakeland	10-0

1600 METER RELAY

2011---	West Milford	4:16.75
2012---	Wayne Hills	4:21.98
2013---	Wayne Hills	4:10.45
2014---	Wayne Valley	4:14.88
2015---	Fair Lawn	4:17.95
2016---	Wayne Hills	4:14.68
2017---	Wayne Hills	4:10.32
2018---	Lakeland	4:20.15

PATRIOT DIVISION

TEAM SCORING

2011---	Mahwah 109, River Dell 97, Tenafly 94
2012---	River Dell and Mahwah 113, Ramsey 90
2013---	River Dell 124, Ramsey 83, Westwood 57
2014---	River Dell 108, Ramsey 73, Westwood 62
2015---	River Dell 155, Ramsey 73, Westwood 38
2016---	River Dell 143, Ramsey 92, Mahwah 40
2017---	River Dell 143, Ramsey 83, Mahwah 46
2018---	River Dell 113, Ramsey 89, Pascack Hills 81

100 METER DASH

2011---	Kim Nagotko, Mahwah	12.53
2012---	Molly Cohan, Mahwah	12.90
2013---	Erin Hughes, River Dell	12.8h
2014---	Ayo O'uhuru, Pascack Hills	12.70
2015---	Ayo O'uhuru, Pascack Hills	12.54
2016---	Ayo O'uhuru, Pascack Hills	12.81
2017---	Grace Cepeda, River Dell	13.05
2018---	Nicole Vadon, Pascack Hills	12.32

200 METER DASH

2011---	Kim Nagotko, Mahwah	26.04
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2012---	Katie Vernon, Ramsey	26.48
2013---	Alexandra Cimino, Westwood	25.81
2014---	Erin Hughes, River Dell	26.66
2015---	Isabel Sella, Pascack Hills	27.12
2016---	Ayo O'uhuru, Pascack Hills	26.64
2017---	Grace Cepeda, River Dell	26.65
2018---	Nicole Vadon, Pascack Hills	26.24

400 METER DASH

2011---	Victoria Mold, Mahwah	59.49
2012---	Katie Vernon, Ramsey	58.85
2013---	Katie Vernon, Ramsey	58.50
2014---	Corinne Myers, Westwood	58.24
2015---	Isabel Sella, Pascack Hills	59.98
2016---	Kim Lewis, River Dell	1:00.52
2017---	Kim Lewis, River Dell	59.55
2018---	Kai Lash, Pascack Hills	1:00.67

800 METER RUN

2011---	Josette Norris, Tenafly	2:19.08
2012---	Phoebe Hersh, Tenafly	2:19.21
2013---	Paige Fernandez, River Dell	2:21.41
2014---	Kelsey Larkin, Ramsey	2:23.77
2015---	Kelsey Larkin, Ramsey	2:20.39
2016---	Kelsey Larkin, Ramsey	2:22.24
2017---	Eve Schoenberg, River Dell	2:24.93
2018---	Maggie Mircovich, River Dell	2:23.69

1600 METER RUN

2011---	Josette Norris, Tenafly	5:24.50
2012---	Josette Norris, Tenafly	5:24.64
2013---	Kaitlyn Johnston, Ramsey	5:14.88
2014---	Amanda Tosi, Pascack Hills	5:30.54
2015---	Erica Nagotko, Mahwah	5:27.01
2016---	Shannon Gorla, River Dell	5:08.96
2017---	Ginger Pojednic, River Dell	5:24.15
2018---	Shannon Gorla, River Dell	5:16.46

3200 METER DASH

2011---	Josette Norris, Tenafly	11:43.45
2012---	Josette Norris, Tenafly	11:57.27
2013---	Amanda Tosi, Pascack Hills	12:00.25
2014---	Amanda Tosi, Pascack Hills	11:45.94
2015---	Ginger Pojednic, River Dell	11:54.75
2016---	Shannon Gorla, River Dell	11:23.05
2017---	Melissa Dougherty, River Dell	11:49.05
2018---	Shannon Gorla, River Dell	12:11.30

100 METER HURDLES

2011---	MaryElizabeth Pfund, Tenafly	16.29
2012---	Gena Pickett, Mahwah	16.19

2013---Alexandra Cimino, Westwood	14.4h
2014---Quincy Kersbergen, Ramsey	16.37
2015---Ebony Forbes, River Dell	15.23
2016---Lauren Stern, Mahwah	16.21
2017---Lauren Stern, Mahwah	15.89
2018---Emily Grubb, Ramsey	15.64

400 METER HURDLES

2011---Cat McQuade, River Dell	1:06.15
2012---Paige Fernandez, River Dell	1:03.86
2013---Paige Fernandez, River Dell	1:03.94
2014---Noreen Byrne, River Dell	1:04.39
2015---Kelsey Larkin, Ramsey	1:03.83
2016---Christine Woods, River Dell	1:04.24
2017---Hannah Figueroa, Pascack Hills	1:05.94
2018---Hannah Figueroa, Pascack Hills	1:05.88

SHOT PUT

2011---Jill Hudson, River Dell	35-0 $\frac{3}{4}$
2012---Laura Oh, River Dell	34-2 $\frac{1}{4}$
2013---Laura Oh, River Dell	37-9 $\frac{1}{4}$
2014---Jessica Molina, Westwood	41-0 $\frac{1}{4}$
2015---Jessica Molina, Westwood	46-0
2016---Laura Rizik, River Dell	32-2
2017---Jenny Silva, Mahwah	32-10 $\frac{3}{4}$
2018---Laura Rizik, River Dell	34-7 $\frac{1}{4}$

DISCUS

2011- Jill Hudson, River Dell	111-10
2012---Laura Oh, River Dell	109-3
2013---Laura Oh, River Dell	107-11
2014---Kailee Oakes, Westwood	127-11
2015---Jessica Molina, Westwood	139-5
2016---Fernanda Maldonado, River Dell	110-9
2017---Fernanda Maldonado, River Dell	109-3
2018---Laura Rizik, River Dell	112-0

JAVELIN

2011---Jill Hudson, River Dell	117-7
2012---Anna Bruno, Tenafly	97-6
2013---Payton Wagmeister, River Dell	100-8
2014---Kailee Oakes, Westwood	105-11
2015---Jessica Molina, Westwood	114-11
2016---Julia Kissel, Ramsey	102-4
2017---Laura Rizik, River Dell	109-9
2018---Sydney Stith, Pascack Hills	119-0

HIGH JUMP

2011---Taylor Clarkson, Indian Hills	4-10
2012---Gena Pickett, Mahwah	5-0
2013---Sierra Sands, Ramsey	5-0

2014---	Taylor Li, Pascack Hills	5-0
2015---	Miku Okada, River Dell	5-3
2016---	Lauren Chamberlin, Ramsey	5-2
2017---	Kaela Monte, Ramsey	5-2
2018---	Hannah Figueroa, Pascack Hills	5-2

LONG JUMP

2011---	Taylor Clarkson, Indian Hills	17-8 ³/₄
2012---	Gena Pickett, Mahwah	17-1
2013---	Kelly Redl, Ramsey	17-2
2014---	Marina Reilly, River Dell	16-7 ¹ / ₂
2015---	Marina Reilly, River Dell	17-2
2016---	Erin Hughes, River Dell	16-0 ¹ / ₄
2017---	Lauren Stern, Mahwah	17-3 ¹ / ₂
2018---	Lauren Stern, Mahwah	17-2

TRIPLE JUMP

2011---	Gena Pickett, Mahwah	37-1
2012---	Gena Pickett, Mahwah	38-1
2013---	Gena Pickett, Mahwah	36-7 ³ / ₄
2014---	Marina Reilly, River Dell	36-2
2015---	Marina Reilly, River Dell	36-1
2016---	Lauren Stern, Mahwah	36-2
2017---	Lauren Stern, Mahwah	36-1 ¹ / ₄
2018---	Lauren Stern, Mahwah	35-9 ¹ / ₂

POLE VAULT

2011---	Carolyn Edler, Mahwah	10-6
2012---	Carolyn Edler, Mahwah	11-0
2013---	Vanessa Virgens, Mahwah	10-6
2014---	Jenna Braun, Mahwah	10-6
2015---	Bridgette Muller, Mahwah	9-6
2016---	Bridgette Muller, Mahwah	11-0
2017---	Grace Gardella, Ramsey	10-6
2018---	Kyra Muller, Mahwah	10-6

1600 METER RELAY

2011---	River Dell	4:03.15
2012---	River Dell	4:01.37
2013---	Ramsey	3:59.67
2014---	Westwood	4:00.79
2015---	River Dell	4:09.33
2016---	Ramsey	4:07.58
2017---	Ramsey	4:03.73
2018---	River Dell	4:08.62

AMERICAN DIVISION

TEAM SCORING

2011---	Westwood 221, Ridgefield Park 134, Dumont 65
2012---	Westwood 168, Ridgefield Park 119, Dumont 98
2013---	Ridgefield Park 105, Dumont 78, Englewood 75

2014---Cliffside Park 79, Dumont 77, Ridgefield Park 72
2015---Cliffside Park 108 2/3, Dumont 75, Englewood 74 1/3
2016---Cliffside Park 125, Dumont 89, Ridgefield Park 82
2017---Ridgefield Park 116, Dumont 67, Fort Lee 55
2018---Ridgefield Park 116 ½, Fort Lee 84, Cliffside Park 75

100 METER DASH

2011---Janieanne Palmer, Englewood 12.99
2012---Janieanne Palmer, Englewood 12.91
2013---Ashley Jenq, Fort Lee 12.3h
2014---Heather Gonzalez, Cliffside Park 12.92
2015---Alicia Pena, Englewood 13.03
2016---Heather Gonzalez, Cliffside Park 13.22
2017---Whitney Bailey Hicks, Ridgefield Park 13.09
2018---Whitney Bailey Hicks, Ridgefield Park 12.57

200 METER DASH

2011---Janieanne Palmer, Englewood 27.25
2012---Alexandra Cimino, Westwood 26.55
2013---Janieanne Palmer, Englewood 25.58
2014---Stacey Anning, Ridgefield Park 26.83
2015---Alicia Pena, Englewood 26.45
2016---Heather Gonzalez, Cliffside Park 27.45
2017---Alexis Hall, Englewood 27.91
2018---Kendall Caballero, Fort Lee 26.94

400 METER DASH

2011---Michelle Cascio, Westwood 1:00.44
2012---Dana Bianchi, Westwood 1:00.75
2013---Alicia Pena, Englewood 1:01.51
2014---Alicia Pena, Englewood 1:01.99
2015---Alicia Pena, Englewood 1:01.23
2016---Deidre Mackin, Dumont 1:01.66
2017---Lily Baffo, Ridgefield Park 1:04.24
2018---Mia Martinez, Ridgefield Park 1:00.86

800 METER RUN

2011---Nancie Sophias, Fort Lee 2:23.52
2012---Gabriela Sloezen, Westwood 2:23.50
2013---Monica Strowbridge, Ridgefield Park 2:29.70
2014---Melanie Plattner, Fort Lee 2:37.03
2015---Yarelis Garcia, Dumont 2:32.61
2016---Yarelis Garcia, Dumont 2:34.66
2017---Yarelis Garcia, Dumont 2:39.94
2018---Veronica Calderon, Cliffside Park 2:35.36

1600 METER RUN

2011---Corinne Myers, Westwood 5:17.95
2012---Corinne Myers, Westwood 5:25.05
2013---Melanie Plattner, Fort Lee 5:44.95
2014---Melanie Plattner, Fort Lee 5:48.37

2015---	Jennifer Polo, Cliffsides Park	5:50.05
2016---	Ryann Reagan, Dumont	5:43.88
2017---	Jessica Hrniciar, Dumont	5:53.49
2018---	Veronica Calderon, Cliffsides Park	5:44.24

3200 METER RUN

2011---	Corinne Myers, Westwood	11:43.37
2012---	Corinne Myers, Westwood	11:49.32
2013---	Daniela Rodriguez, Cliffsides Park	12:55.59
2014---	Melanie Plattner, Fort Lee	12:38.01
2015---	Jennifer Polo, Cliffsides Park	12:20.76
2016---	Paige Holt, Dumont	12:45.24
2017---	Jessica Hrniciar, Dumont	13:15.09
2018---	Kelsey Pereira, Cliffsides Park	13:45.65

100 METER HIGH HURDLES

2011---	Alexandra Cimino, Westwood	14.86
2012---	Alexandra Cimino, Westwood	15.40
2013---	Shermi Villaneuva, Ridgefield Park	16.4h
2014---	Kim Johnson, Dumont	16.41
2015---	Heather Gonzalez, Cliffsides Park	16.51
2016---	Heather Gonzalez, Cliffsides Park	16.77
2017---	Whitney Bailey Hicks, Ridgefield Park	16.71
2018---	Whitney Bailey Hicks, Ridgefield Park	15.12

400 METER HURDLES

2011---	Alexandra Cimino, Westwood	1:04.34
2012---	Alexandra Cimino, Westwood	1:03.92
2013---	Molly Conner, Dumont	1:10.79
2014---	Molly Conner, Dumont	1:10.32
2015---	Molly Conner, Dumont	1:09.14
2016---	Kelly Schmitt, Cliffsides Park	1:13.66
2017---	Savannah George, Englewood	1:10.46
2018---	Kimberley Martos, Cliffsides Park	1:11.99

SHOT PUT

2011---	Alexa Gonzalez, Ridgefield Park	33-0 ³ / ₄
2012---	Nataly Brown, Westwood	30-8
2013---	Chanel Garcia, Englewood	35-2 ³ / ₄
2014---	Hayli Romano, Cliffsides Park	32-3 ¹ / ₄
2015---	Chanel Garcia, Englewood	35-9 ¹/₂
2016---	Hayli Romano, Cliffsides Park	33-8
2017---	Maria Bravo, Ridgefield Park	32-1
2018---	Destiny Cameron, Cliffsides Park	30-0 ¹ / ₄

DISCUS

2011---	Kailee Oakes, Westwood	96-6
2012---	Kathleen Baltazar, Englewood	99-2
2013---	Chanel Garcia, Englewood	107-0
2014---	Chanel Garcia, Englewood	112-0
2015---	Maria Bravo, Ridgefield Park	109-0

2016---	Maria Bravo, Ridgefield Park	117-3
2017---	Maria Bravo, Ridgefield Park	120-8
2018---	Alyssa Hartman, Dumont	88-9

JAVELIN

2011---	Stephanie Encarnacion, Ridgefield Park	105-0
2012---	Dina Yannette, Dumont	118-8
2013---	Dina Yannette, Dumont	121-5
2014---	Stacey Anning, Ridgefield Park	119-2
2015---	Ashley Castillo, Ridgefield Park	108-9
2016---	Samantha Rinaldi, Ridgefield Park	92-0
2017---	Madison O'Brien, Ridgefield Park	94-1
2018---	Tatiana Bruno, Ridgefield Park	109-8

HIGH JUMP

2011---	Stephanie Encarnacion, Ridgefield Park	5-4
2012---	Kerianne Conner, Dumont	4-10
2013---	Kerianne Conner, Dumont	4-10
2014---	McKenna Doscher, Ridgefield Park	4-10
2015---	Heather Gonzalez, Cliffside Park	4-8
2016---	Talia Garrison, Englewood	4-8
2017---	Justine Lane, Ridgefield Park	4-10
2018---	Jada Carroll, Ridgefield Park	4-10

LONG JUMP

2011---	Stephanie Encarnacion, Ridgefield Park	17-2
2012---	Fatima Hanne, Ridgefield Park	15-9 ¼
2013---	Kassandra Reagan, Dumont	16-0 ½
2014---	Latoya Drakeford, Englewood	16-3
2015---	Latoya Drakeford, Englewood	15-8
2016---	Whitney Bailey Hicks, Ridgefield Park	16-5
2017---	Whitney Bailey Hicks, Ridgefield Park	16-2
2018---	Whitney Bailey Hicks, Ridgefield Park	17-5 ½

TRIPLE JUMP

2011---	Stephanie Encarnacion, Ridgefield Park	34-4
2012---	Kerianne Conner, Dumont	34-10
2013---	Fatima Hanne, Ridgefield Park	34-0 ½
2014---	Madison Owens, Ridgefield Park	34-10 ½
2015---	Latoya Drakeford, Englewood	34-2 ½
2016---	Binnaz Berkirefendi, Cliffside Park	31-10 ¼
2017---	Nina Gonzalez, Cliffside Park	33-1
2018---	Whitney Bailey Hicks, Ridgefield Park	36-9 ¼

POLE VAULT

2011---	Alyssa Milazzo, Westwood	9-3
2012---	Miranda DeRobertis, Ridgefield Park	8-3
2013---	Miranda DeRobertis, Ridgefield Park	9-0
2014---	Kara Monaco, Dumont	9-6
2015---	Tiffany Liriano, Ridgefield Park	8-6
2016---	Stephanie Garcia, Dumont, Adela Bravo,	6-6

Ridgefield Park and Fiona Cummings, Ridgefield Park

2017---Nathalia and Stephanie Garcia, Dumont 7-6

2018---Fiona Cummings, Ridgefield Park 7-6

1600 METER RELAY

2011---Westwood 4:05.25

2012---Westwood 4:12.13

2013---Englewood 4:15.12

2014---Englewood 4:23.77

2015---Englewood 4:22.86

2016---Dumont 4:26.39

2017---Fort Lee 4:26.42

2018---Fort Lee 4:13.04

NJIC CHAMPIONSHIPS

BOYS

PATRIOT DIVISION

A

TEAM SCORING

2011---Cresskill 159, New Milford 124, Leonia 123

2012---New Milford 144, Palisades Park 129, Cresskill 118

100 METER DASH

2011---Steven Roth, Waldwick 11.1

2012---Jae Won Kim, Cresskill 11.4

200 METER DASH

2011---Steven Roth, Waldwick 22.7

2012---Jae Won Kim, Cresskill 22.7

400 METER DASH

2011---Steven Roth, Waldwick 50.7

2012---Nick Oravetz, Waldwick 52.8

800 METER RUN

2011---Kit Osuna, Leonia 2:07.0

2012---Eric Chun, Palisades Park 2:09.8

1600 METER RUN

2011---Matt John, Cresskill 4:49.5

2012---Jorge Maldonado, Palisades Park 4:40.2

3200 METER RUN

2011---Jorge Maldonado, Palisades Park 10:28.4

2012---Jorge Maldonado, Palisades Park 10:34.4

110 METER HURDLES

2011---Brandon Matulac, New Milford 16.5
2012---**Brandon Matulac, New Milford 15.9**

400 METER HURDLES

2011---Cody Carlson, New Milford 1:01.5
2012---Brandon Matulac, New Milford 1:00.8

SHOT PUT

2011---Dorian Slavov, Cresskill 53-0 ½
2012---Garrett Pynn, Leonia 46-6 ½

DISCUS

2011---**Dorian Slavov, Cresskill 156-6**
2012---Miguel Vasquez, Palisades Park 142-0

JAVELIN

2011---Chris Churchill, Leonia 156-7
2012---Kyle Youmans, Leonia 164-5

HIGH JUMP

2011---**Chris Churchill, Leonia 6-0**
2012---**Paul Yun, Cresskill 6-0**

LONG JUMP

2011---Paul Yun, Cresskill 20-0
2012---Paul Yun, Cresskill 19-11 ½

TRIPLE JUMP

2011---Dante Tobler, New Milford 43-5 ¼
2012---Dante Tobler, New Milford 42-1 ¼

POLE VAULT

2011---Cody Carlson, New Milford 11-0
2012---cancelled

1600 METER RELAY

2011---Cresskill 3:37.7
2012---New Milford 3:47.5

B**TEAM SCORING**

2011---Emerson 163 ½, Midland Park 151 ½, Bogota 109
2012---Emerson 151, Park Ridge 111, Midland Park 97

100 METER DASH

2011---Tom Saliba, Midland Park 11.4
2012---Chris Fucarino, Emerson 11.8

200 METER DASH

2011---John Malespina, Park Ridge 22.9

2012---	John Malespina, Park Ridge	22.9
400 METER DASH		
2011---	John Malespina, Park Ridge	51.1
2012---	John Malespina, Park Ridge	50.6
800 METER RUN		
2011---	Alex Triana, Emerson	2:05.0
2012---	Alex Triana, Emerson	2:02.7
1600 METER RUN		
2011---	Eric LiPuma, Midland Park	4:47.7
2012---	Alex Triana, Emerson	4:36.7
3200 METER RUN		
2011---	James Davies, Emerson	10:50.1
2012---	Kyle Cairns, Midland Park	10:35.8
110 METER HURDLES		
2011---	Brandon Bonomo, Emerson	18.0
2012---	Dan Revie, Park Ridge	16.4
400 METER HURDLES		
2011---	Eric Benny, Emerson	59.6
2012---	Eric Benny, Emerson	58.0
SHOT PUT		
2011---	William Saelzer, Emerson	39-4
2012---	Arie Zuidema, Midland Park	42-3 ½
DISCUS		
2011---	Arie Zuidema, Midland Park	117-6
2012---	Seth Zuidema, Midland Park	136-7
JAVELIN		
2011---	Kaleb Zuidema, Midland Park	214-7
2012---	Seth Zuidema, Midland Park	155-4
HIGH JUMP		
2011---	Rob Greer, Midland Park	5-4
2012---	Luisarty Santos, Bogota	5-6
LONG JUMP		
2011---	Harrison DeKnight, Midland Park	19-0
2012---	Harrison DeKnight, Midland Park	20-0
TRIPLE JUMP		
2011---	Jon Fiscal, Bogota	40-8 ½
2012---	Jonathan Profitt, Bogota	42-4
POLE VAULT		

2011---Steve Felice, Midland Park 11-6

1600 METER RELAY

2011---Emerson 3:34.1

2012---Park Ridge 3:31.0

Combined

TEAM SCORING

2013---Cresskill 122, Bogota 89, Park Ridge 84

2014---Cresskill 126 ½, Park Ridge 89, Emerson 83 ½

2015---Cresskill 126, Park Ridge 95, Emerson 76

2016---Cresskill 125, Emerson 96, Park Ridge 70

2017---Cresskill 197, Emerson 88, Bogota 66

2018---Cresskill 185.7, Emerson 145.2, Park Ridge 40

100 METER DASH

2013---Nick Oravetz, Waldwick 11.2

2014---Louis O'Keefe, Emerson 11.2

2015---Tyree Lee, Midland Park 11.6

2016---Dan Sherlock, Park Ridge 11.51

2017---Wellington Ventura, Cresskill 11.47

2018---Danny Gordon, Emerson 11.64

200 METER DASH

2013---Nick Oravetz, Waldwick 22.9

2014---Michael Raia, Park Ridge 22.5

2015---Dan Sherlock, Park Ridge 23.4

2016---Dan Sherlock, Park Ridge 23.16

2017---Wellington Ventura, Cresskill 22.81

2018---Wellington Ventura, Cresskill 23.03

400 METER DASH

2013---Nick Oravetz, Waldwick 51.5

2014---Louis O'Keefe, Emerson 52.1

2015---Carl Desrosiers, Palisades Park 51.6

2016---Shafic Itani, Emerson 50.32

2017---Trevor Frese, Waldwick 53.20

2018---Wellington Ventura, Cresskill 50.84

800 METER RUN

2013---Stefan Morton, Emerson 2:03.5

2014---Carl Desrosiers, Palisades Park 2:04.2

2015---Carl Desrosiers, Palisades Park 2:05.3

2016---Carl Desrosiers, Palisades Park 2:03.03

2017---Danny Daurio, Bogota 2:02.88

2018---Ryan Lee, Cresskill 2:10.61

1600 METER RUN

2013---Stefan Morton, Emerson 4:34.1

2014---Carl Desrosiers, Palisades Park 4:44.2

2015---Danny Daurio, Bogota 4:42.0

2016---	Danny Daurio, Bogota	4:43.18
2017---	James Draney, Bogota	4:35.25
2018---	Justin Augustin, Hawthorne Christian	4:51.56

3200 METER RUN

2013---	Stefan Morton, Emerson	10:19.8
2014---	Quinn Geraghty, Bogota	10:17.2
2015---	Quinn Geraghty, Bogota	10:14.7
2016---	Cole Geraghty, Bogota	10:07.07
2017---	Cole Geraghty, Bogota	10:02.53
2018---	Matt Rossnagel, Midland Park	10:22.09

110 METER HURDLES

2013---	Eric Park, Cresskill	16.9
2014---	Zach Garcia, Cresskill	16.3
2015---	Matt Ganguzza, Midland Park	15.9
2016---	Christian Marosi, Waldwick	16.27
2017---	Thomas Garzino, Cresskill	16.35
2018---	Jae Won Cho, Cresskill	16.49

400 METER HURDLES

2013---	Juan Castro, Bogota	1:00.2
2014---	Shafic Itani, Emerson	59.9
2015---	Shafic Itani, Emerson	58.1
2016---	Shafic Itani, Emerson	57.06
2017---	Matt Hodgins, Park Ridge	60.03
2018---	Jae Won Cho, Cresskill	60.23

SHOT PUT

2013---	Joe Hernandez, Cresskill	50-5 ½
2014---	Sebastien Castano, Cresskill	49-1
2015---	Sebastien Castano, Cresskill	47-11 ¼
2016---	John Van Cleft, Cresskill	55-4 ½
2017---	John Van Cleft, Cresskill	51-0
2018---	Dan Jackson, Cresskill	46-0 ¾

DISCUS

2013---	Arie Zuidema, Midland Park	152-1
2014---	Seth Zuidema, Midland Park	142-2
2015---	Sebastien Castano, Cresskill	141-10
2016---	Nick Funicello, Cresskill	130-6
2017---	John Van Cleft, Cresskill	137-11
2018---	Adam Gildea, Emerson	125-10

JAVELIN

2013---	Seth Zuidema, Midland Park	179-7
2014---	Seth Zuidema, Midland Park	194-5
2015---	AJ Gentile, Cresskill	152-4
2016---	Josh Terpstra, Midland Park	152-10
2017---	Pete Makris, Cresskill	137-9
2018---	Luka Radovich, Cresskill	146-0

HIGH JUMP

2013---Johnathan Profitt, Bogota	6-0
2014---Johnathan Profitt, Bogota	6-0
2015---Kenneth Ofori Benne, Palisades Park 5-8	
2016---Dante Gonzalez, Palisades Park	6-0
2017---Dante Gonzalez, Palisades Park	6-0
2018---Karl Wepler, Emerson	5-6

LONG JUMP

2013---Peter Chamalian, Cresskill	21-3 ¼
2014---Juan Castro, Bogota	21-11
2015---Tyree Lee, Midland Park	20-1 ¼
2016---Shafic Itani, Emerson	20-3 ¼
2017---Wellington Ventura, Cresskill	21-11 ¾
2018---Wellington Ventura, Cresskill	20-3 ¼

TRIPLE JUMP

2013---Peter Chamalian, Cresskill	46-3
2014---Johnathan Profitt, Bogota	45-4 ½
2015---Alex Sheriff, Waldwick	41-4 ¼
2016---Wellington Ventura, Cresskill	44-5 ½
2017---Wellington Ventura, Cresskill	41-8
2018---Seway Kah, Waldwick	40-2

POLE VAULT

2013---Dallas Uychich, Park Ridge	11-6
2014---Enea Peci, Emerson	12-0
2015---Enea Peci, Emerson	12-6
2016---Dan Shim, Cresskill	11-6
2017---Eran Peci, Emerson	13-6
2018---Spencer Paton, Emerson	11-0

1600 METER RELAY

2013---Park Ridge	3:38.4
2014---Park Ridge	3:35.2
2015---Park Ridge	3:39.6
2016---Park Ridge	3:33.64
2017---Emerson	3:39.67
2018---Park Ridge	3:43.53

MEADOWLANDS DIVISION

A

TEAM SCORING

2011---Lyndhurst 273, Ridgefield 106 ½, Becton 53	
2012---Lyndhurst 251, North Arlington 109, Ridgefield 61	

100 METER DASH

2011---Danny Fay, Ridgefield	11.4
2012---Ioannis Toumazou, Ridgefield	11.1

200 METER DASH

2011---Danny Fay, Ridgefield	22.9
2012---Anthony Giaquinto, Lyndhurst	22.6

400 METER DASH

2011---Tyler Mealy, Becton	52.7
2012---Anthony Giaquinto, Lyndhurst	51.4

800 METER RUN

2011---Patrick Rono, Lyndhurst	2:02.1
2012---Joey Weikl, Ridgefield	2:03.9

1600 METER RUN

2011---Patrick Rono, Lyndhurst	4:38.5
2012---Daniel Gaspar, Lyndhurst	4:41.7

3200 METER RUN

2011---Patrick Rono, Lyndhurst	9:59.7
2012---Daniel Gaspar, Lyndhurst	10:16.9

110 METER HURDLES

2011---Ali Kone, Lyndhurst	16.8
2012---Ali Kone, Lyndhurst	15.4

400 METER HURDLES

2011---Tyler Mealy, Becton	58.7
2012---Cap Ki Kim, Lyndhurst	59.4

SHOT PUT

2011---Vincent Acosta, Lyndhurst	47-3 ½
2012---Dominic Rega, Lyndhurst	45-9 ¾

DISCUS

2011---Vincent Acosta, Lyndhurst	130-9
2012---Jordan Henriques, North Arlington	116-10

JAVELIN

2011---Kyle Jankowski, Lyndhurst	181-9
2012---Jon Gonzalez, North Arlington	147-1

HIGH JUMP

2011---Cap Ki Kim, Lyndhurst	5-8
2012---Cap Ki Kim, Lyndhurst	5-8

LONG JUMP

2011---Kendall Romaine, Ridgefield	21-4 ¼
2012---Eric Angus, Lyndhurst	19-7

TRIPLE JUMP

2011---Ardian Djeka, Ridgefield	42-0
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2012---Tyler Krychkowski, North Arlington 42-9 ½

POLE VAULT

2011---Troy Cathey, Becton 12-0

2012---Mike Morreale, Lyndhurst 13-0

1600 METER RELAY

2011---Lyndhurst 3:35.1

2012---Lyndhurst 3:36.9

B

TEAM SCORING

2011---Hasbrouck Heights 270, Wood-Ridge 73, Saddle Brook 71

2012---Hasbrouck Heights 294 ½, Wallington 96 ½, Wood-Ridge 85

100 METER DASH

2011---Kevin Condal, Hasbrouck Heights 11.3

2012---Brandon Lomuti, Hasbrouck Heights 11.5

200 METER DASH

2011---Kevin Condal, Hasbrouck Heights 23.7

2012---Brandon Lomuti, Hasbrouck Heights 23.7

400 METER DASH

2011---Kevin Condal, Hasbrouck Heights 50.0

2012---Mark Monohan, Hasbrouck Heights 55.1

800 METER RUN

2011---Alex Quinn, Hasbrouck Heights 2:12.4

2012---Alex Sisco, Hasbrouck Heights 2:14.3

1600 METER RUN

2011---Domenick D'Agostino, Wallington 4:41.6

2012---Domenick D'Agostino, Wallington 4:29.8

3200 METER RUN

2011---Domenick D'Agostino, Wallington 10:00.2

2012---Domenick D'Agostino, Wallington 10:06.4

110 METER HURDLES

2011---John Porteous, Wood-Ridge 15.2

2012---Roland Gamez, Hasbrouck Heights 15.1

400 METER HURDLES

2011---John Porteous, Wood-Ridge 57.3

2012---Sean Porteous, Wood-Ridge 58.4

SHOT PUT

2011---Patrick Cole, Hasbrouck Heights 55-10 ¼

2012---Chris Connors, Hasbrouck Heights 54-8 ¾

DISCUS

2011---Patrick Cole, Hasbrouck Heights	171-5
2012---Anthony Seidel, Hasbrouck Heights	149-11

JAVELIN

2011---Anthony Seidel, Hasbrouck Heights	159-4
2012---Anthony Seidel, Hasbrouck Heights	182-4

HIGH JUMP

2011---Roland Gamez, Hasbrouck Heights	5-10
2012---Roland Gamez, Hasbrouck Heights	5-6

LONG JUMP

2011---John Porteous, Wood-Ridge	21-10 ³/₄
2012---Roland Gamez, Hasbrouck Heights	21-8 ¹ / ₂

TRIPLE JUMP

2011---Roland Gamez, Hasbrouck Heights	44-9 ¹ / ₂
2012---Roland Gamez, Hasbrouck Heights	44-7 ¹ / ₂

POLE VAULT

2011---Alex Sisco, Hasbrouck Heights	12-0
2012---Alex Sisco, Hasbrouck Heights	13-0

1600 METER RELAY

2011---Hasbrouck Heights	3:43.5
2012---Hasbrouck Heights	3:43.0

Combined**TEAM SCORING**

2013---Hasbrouck Heights 296, Saddle Brook 56, North Arlington & Wallington 46
2014---Hasbrouck Heights 264 ¹ / ₂ , North Arlington 110 ¹ / ₂ , Wood-Ridge 48
2015---Hasbrouck Heights 251 ¹ / ₂ , Saddle Brook 136, Wallington 44
2016---Hasbrouck Heights 239, Saddle Brook 96, Wallington 62
2017---Hasbrouck Heights 184, Saddle Brook 86, Becton 81
2018---Hasbrouck Heights 197, Saddle Brook 91, Becton 55

100 METER DASH

2013---Ken Partyka, Hasbrouck Heights	11.1
2014---Brian Moran, Hasbrouck Heights	10.9
2015---Clarence Reyes, Hasbrouck Heights	11.9
2016---Sean Roberts, Saddle Brook	11.82
2017---Sean Roberts, Saddle Brook	11.68
2018---Sean Roberts, Saddle Brook	11.33

200 METER DASH

2013---Ken Partyka, Hasbrouck Heights	23.2
2014---Brian Moran, Hasbrouck Heights	22.9
2015---Dillon Fisher, Hasbrouck Heights	23.4
2016---Sean Roberts, Saddle Brook	24.01
2017---Sean Roberts, Saddle Brook	23.16

2018---Sean Roberts, Saddle Brook 22.77

400 METER DASH

2013---Gokalp Yerdelen, Hasbrouck Heights 52.9
2014---Josh Paulino, Hasbrouck Heights 52.8
2015---Raj Gulati, Saddle Brook 52.1
2016---Nick Monahan, Hasbrouck Heights 53.80
2017---Lance Trusty, Saddle Brook 54.87
2018---Sean Roberts, Saddle Brook 51.16

800 METER RUN

2013---Angel Rodriguez, Hasbrouck Heights 2:10.6
2014---Danny Cordeiro, North Arlington 2:04.7
2015---Jason DiGiacinto, Hasbrouck Heights 2:06.9
2016---Michael Cabrera, Becton 2:01.70
2017---Sirish Modhagala, North Arlington 2:10.14
2018---John Sedlmeir, Hasbrouck Heights 2:06.87

1600 METER RUN

2013---Danny Cordeiro, North Arlington 4:40.7
2014---Danny Cordeiro, North Arlington 4:40.2
2015---Kelon Yalong, saddle Brook 4:50.4
2016---Abdallah Hammad, Hasbrouck Heights 4:39.97
2017---Sirish Modhagala, North Arlington 4:47.63
2018---Jeremy Bailey, Hasbrouck Heights 4:37.66

3200 METER RUN

2013---Marc Mastropietro, Hasbrouck Heights 10:53.6
2014---Marc Mastropietro, Hasbrouck Heights 10:30.3
2015---Connor McGillick, Saddle Brook 10:43.1
2016---Abdallah Hammad, Hasbrouck Heights 10:45.70
2017---Sirish Modhagala, North Arlington 11:02.55
2018---Jeremy Bailey, Hasbrouck Heights 10:05.60

110 METER HURDLES

2013---Roland Gamez, Hasbrouck Heights 14.7
2014---Marquise Perez, Hasbrouck Heights 15.7
2015---Clarence Reyes, Hasbrouck Heights 15.1
2016---Clarence Reyes, Hasbrouck Heights 15.51
2017---Stephen Henke, Becton 16.42
2018---Stephen Henke, Becton 15.72

400 METER HURDLES

2013---Josh Paulino, Hasbrouck Heights 1:00.6
2014---Dillon Fisher, Hasbrouck Heights 59.1
2015---Matt Sproviero, Hasbrouck Heights 59.2
2016---Clarence Reyes, Hasbrouck Heights 58.68
2017---Lance Trusty, Saddle Brook 1:00.10
2018---Lance Trusty, Saddle Brook 58.72

SHOT PUT

2013---	Anthony Seidel, Hasbrouck Heights	52-1 ½
2014---	Mauro Altamura, Hasbrouck Heights	48-3 ½
2015---	Gio Gutierrez, Saddle Brook	54-1 ½
2016---	Gio Gutierrez, Saddle Brook	53-10
2017---	Gio Gutierrez, Saddle Brook	58-0 ¼
2018---	Greg Anderson, Becton	54-5

DISCUS

2013---	Anthony Seidel, Hasbrouck Heights	155-0
2014---	Gerard Londino, Wood-Ridge	124-4
2015---	Gio Gutierrez, Saddle Brook	151-11
2016---	Gio Gutierrez, Saddle Brook	144-2
2017---	Gio Gutierrez, Saddle Brook	161-7
2018---	Greg Anderson, Becton	150-8

JAVELIN

2013---	Anthony Seidel, Hasbrouck Heights	185-1
2014---	Michael Brazzel, North Arlington	180-5
2015---	Mauro Altamura, Hasbrouck Heights	155-3
2016---	James Pikowski, Hasbrouck Heights	149-5
2017---	Bartosz Dlugozima, Wallington	150-0
2018---	James Klenk, Hasbrouck Heights	150-1

HIGH JUMP

2013---	Roland Gamez, Hasbrouck Heights	6-5
2014---	Robert Spangler, Hasbrouck Heights	5-6
2015---	Leeroy Casimir, Hasbrouck Heights	5-10
2016---	Leeroy Casimir, Hasbrouck Heights	5-10
2017---	Leeroy Casimir, Hasbrouck Heights	5-10
2018---	Kunga Tsering, Hasbrouck Heights	5-10

LONG JUMP

2013---	Roland Gamez, Hasbrouck Heights	21-5
2014---	Michael Brazzel, North Arlington	20-10 ½
2015---	Kacper Wrobel, Saddle Brook	19-5
2016---	Niko Regus, Hasbrouck Heights	20-6
2017---	Niko Regus, Hasbrouck Heights	20-6
2018---	Sean Roberts, Saddle Brook	19-2 ½

TRIPLE JUMP

2013---	Roland Gamez, Hasbrouck Heights	44-10
2014---	Joshua Harris, Wallington	41-8
2015---	Dominik Pergel, Wallington	41-1 ½
2016---	Niko Regus, Hasbrouck Heights	42-6
2017---	Niko Regus, Hasbrouck Heights	42-10
2018---	Tedi Turka, Wood-Ridge	40-7 ½

POLE VAULT

2013---	Travis Fisher, North Arlington	11-0
2014---	Travis Fisher, North Arlington	12-6
2015---	Travis Fisher, North Arlington	13-6

2016---	Dylan Freschi, Hasbrouck Heights	9-6
2017---	Jesse Danz, Hasbrouck Heights	11-6
2018---	Adam Stavash, Hasbrouck Heights	13-0

1600 METER RELAY

2013---	Hasbrouck Heights	3:39.2
2014---	Hasbrouck Heights	3:39.9
2015---	Hasbrouck Heights	3:33.9
2016---	Hasbrouck Heights	3:37.45
2017---	Saddle Brook	3:36.16
2018---	Hasbrouck Heights	3:37.19

COLONIAL DIVISION

A

TEAM SCORING

2011---	Pascack Hills 178, Garfield 122, Lodi 118
2012---	Pascack Hills 163 ½, Lodi 126 ½, Glen Rock 79

100 METER DASH

2011---	Angel Lora, Garfield	11.1
2012---	Sean Krazit, Pascack Hills	11.0

200 METER DASH

2011---	Angel Lora, Garfield	22.9
2012---	Fernando Almonte, Lodi	22.6

400 METER DASH

2011---	Sean Krazit, Pascack Hills	51.6
2012---	Fernando Almonte, Lodi	50.0

800 METER RUN

2011---	Mike Calero, Lodi	2:04.6
2012---	Frank Amoresano, Glen Rock	2:02.2

1600 METER RUN

2011---	Mike Polizzano, Glen Rock	4:47.4
2012---	Andrew Brennan, Glen Rock	4:40.2

3200 METER RUN

2011---	Ross Dember, Pascack Hills	10:52.0
2012---	Will Brancato, Rutherford	10:12.6

110 METER HURDLES

2011---	Franklin Smith-Hinson, Garfield	15.0
2012---	Fernando Almonte, Lodi	14.7

400 METER HURDLES

2011---	Franklin Smith-Hinson, Garfield	59.1
2012---	Louis Kang, Pascack Hills	56.8

SHOT PUT

2011---	Paul Zeppieri, Lodi	47-10 $\frac{1}{4}$
2012---	Everton Johnson, Rutherford	45-3 $\frac{1}{4}$

DISCUS

2011---	Tyler Demmerle, Pascack Hills	130-10
2012---	Roman Torres, Garfield	123-0

JAVELIN

2011 ---	Julian DeZao, Pascack Hills	177-0
2012---	Adam Kazmierczak, Glen Rock	155-9

HIGH JUMP

2011---	Leacroft Nunes, Garfield	5-8
2012---	Taylor Cudequest, Pascack Hills	5-8

LONG JUMP

2011---	Angel Lora, Garfield	20-10 $\frac{1}{4}$
2012---	Taylor Cudequest, Pascack Hills	20-7 $\frac{1}{2}$

TRIPLE JUMP

2011---	Angel Lora, Garfield	42-11 $\frac{3}{4}$
2012---	Wallace Payne, Lodi	41-5 $\frac{1}{4}$

POLE VAULT

2011---	Tarou Seki, Pascack Hills	12-6
2012---	Mohamed Haras, Pascack Hills	11-0

1600 METER RELAY

2011---	Pascack Hills	3:39.0
2012---	Pascack Hills	3:35.6

B

TEAM SCORING

2011---	Elmwood Park 126, Manchester 119.16, Eastern Christian 116
2012---	Pompton Lakes 185, Hawthorne 137, Eastern Christian 69

100 METER DASH

2011---	Anthony DeFreitas, Elmwood Park	11.3
2012---	Dane Torres, Pompton Lakes	11.4

200 METER DASH

2011---	Alex Grant, Manchester	23.0
2012---	Anthony Johnson, Elmwood Park	23.5

400 METER DASH

2011---	Jarrod Diaz, Elmwood Park	54.7
2012---	Jacoby Suggs, Manchester	55.1

800 METER RUN

2011---	Samuel Braen, Eastern Christian	2:06.6
2012---	Austin Gausditis, Pompton Lakes	2:08.0

1600 METER RUN

2011---Andrew Nashed, Manchester	4:43.5
2012---Austin Gausditi, Pompton Lakes	4:48.1

3200 METER RUN

2011---Andrew Nashed, Manchester	10:39.3
2012---Ramon Fantauzzi, Pompton Lakes	10:01.8

110 METER HURDLES

2011---Alex Grant, Manchester	16.1
2012---David Karakas, Hawthorne	15.5

400 METER HURDLES

2011---Alex Grant, Manchester	59.7
2012---Jason Nemeth, Elmwood Park	61.3

SHOT PUT

2011---Majer Biokua, Pompton Lakes	40-2 $\frac{3}{4}$
2012---Alex Christoph, Pompton Lakes	44-0 $\frac{3}{4}$

DISCUS

2011---Samuel Braen, Eastern Christian	121-3
2012---Zariq Hewitt, Pompton Lakes	115-6

JAVELIN

2011---Clint Apaza, Manchester	155-11
2012---Skylar Wagner, Pompton Lakes	145-5

HIGH JUMP

2011---Matthew Grimaldi, Hawthorne	5-8
2012---Matthew Grimaldi, Hawthorne	5-10

LONG JUMP

2011---Steve Pruiksma, Hawthorne	20-11 $\frac{1}{2}$
2012---Dwayne Miele, Hawthorne	19-10 $\frac{1}{2}$

TRIPLE JUMP

2011---Rob Graham, Elmwood Park	43-2 $\frac{3}{4}$
2012---Alex Brezo, Pompton Lakes	41-5 $\frac{1}{4}$

POLE VAULT

2011---Chris Steele, Pompton Lakes	13-6
2012---Josh Davidson, Eastern Christian	13-0

1600 METER RELAY

2011---Manchester	3:45.0
2012---Pompton Lakes	3:43.1

**Combined
TEAM SCORING**

2013---Lodi 162, Pompton Lakes 92, Rutherford 78
2014---Lodi 145, Glen Rock 117, Pompton Lakes 67
2015---Glen Rock 117, Garfield 103, Lodi 73 ½
2016---Glen Rock 108, Hawthorne 105 ½, Garfield 89
2017---Glen Rock 151, Hawthorne 82 ¾, Manchester 70 ¾
2018---Glen Rock 138, Lodi 94, Manchester 89

100 METER DASH

2013---Wallace Payne, Lodi 11.2
2014---Devante Foxworth, Lodi 11.3
2015---Sean McNerney, Glen Rock 11.8
2016---Quazier Dailey, Manchester 11.40
2017---Quazier Dailey, Manchester 11.12
2018---Ramir Kelley, Manchester 11.28

200 METER DASH

2013---Emmanuel Appiah, Lodi 23.3
2014---Sean McNerney, Glen Rock 23.7
2015---Ali Awari, Hawthorne 23.1
2016---Quazier Dailey, Manchester 22.86
2017---Quazier Dailey, Manchester 22.22
2018---Ramir Kelley, Manchester 22.96

400 METER DASH

2013---Matt Van Eck, Eastern Christian 52.0
2014---Dan Dooner, Glen Rock 51.6
2015---Sean McNerney, Glen Rock 52.8
2016---Jeff Mate, Glen Rock 52.30
2017---Kyle Woodward, Hawthorne 52.58
2018---Marcel Wizzard, Lodi 52.71

800 METER RUN

2013---Jimmy Arnold, Rutherford 2:05.4
2014---Sean Sullivan, Rutherford 2:07.4
2015---Sean Sullivan, Rutherford 2:03.2
2016---Owen Davitt, Glen Rock 1:57.67
2017---Kevin Hargadon, Glen Rock 2:06.54
2018---Joe McCabe, Glen Rock 1:59.78

1600 METER RUN

2013---Will Brancato, Rutherford 4:34.5
2014---Sean Sullivan, Rutherford 4:43.5
2015---Ryan Vandervalk, Glen Rock 4:25.6
2016---Sean Sullivan, Rutherford 4:20.04
2017---Andrew Lagattuta, Glen Rock 4:43.55
2018---Andrew Lagattuta, Glen Rock 4:32.97

3200 METER RUN

2013---Will Brancato, Rutherford 9:45.3
2014---Ryan Vandervalk, Glen Rock 10:34.7
2015---Ryan Vandervalk, Glen Rock 10:48.7

2016---	Carter Heerema, Eastern Christian	10:29.62
2017---	Andrew Lagattuta, Glen Rock	10:32.70
2018---	Andrew Lagattuta, Glen Rock	10:04.65

110 METER HURDLES

2013---	Fernando Almonte, Lodi	15.3
2014---	Dan Dooner, Glen Rock	16.4
2015---	David Acevedo, Lodi	16.3
2016---	Steven Nolasco, Garfield	16.39
2017---	Ajay Gonzalez, Manchester	15.54
2018---	Roberth Umana, Manchester	15.78

400 METER HURDLES

2013---	Dan Dooner, Glen Rock	57.2
2014---	Dan Dooner, Glen Rock	58.2
2015---	David Acevedo, Lodi	58.7
2016---	Sam Veenstra, Eastern Christian	58.03
2017---	Raul Arias, Hawthorne	59.87
2018---	Roberth Umana, Manchester	58.99

SHOT PUT

2013---	Mike Duncan, Pompton Lakes	49-2 ¼
2014---	Bryan Roth, Lodi	52-10 ½
2015---	Bryan Roth, Lodi	50-7
2016---	Davius Bunch, Hawthorne	45-0 ½
2017---	Kyle Patel, Glen Rock	49-1
2018---	Kyle Patel, Glen Rock	53-4 ½

DISCUS

2013---	Pietro Biancamano, Rutherford	135-5
2014---	Zariq Hewitt, Pompton Lakes	149-5
2015---	Trent Braen, Eastern Christian	145-1
2016---	Trent Braen, Eastern Christian	153-6
2017---	Kyle Patel, Glen Rock	150-9
2018---	Kyle Patel, Glen Rock	163-0

JAVELIN

2013---	Erick McNamara, Pompton Lakes	150-11
2014---	Erick McNamara, Pompton Lakes	151-6
2015---	Tyler Montayne, Garfield	139-7
2016---	Ben Irizarry, Pompton Lakes	145-11
2017---	Nico Negrini, Pompton Lakes	140-6
2018---	Carlos Pepin, Lodi	148-6

HIGH JUMP

2013---	Cleveland McDaniel, Eastern Christian	6-2
2014---	Keyshawn Fowler, Lodi	6-0
2015---	Steven Nolasco, Garfield	5-10
2016---	Carlos Pepin, Lodi	6-0
2017---	Carlos Pepin, Lodi	6-0
2018---	Carlos Pepin, Lodi	6-4

LONG JUMP

2013---	Wallace Payne, Lodi	21-2 $\frac{3}{4}$
2014---	Vishaldeep Singh, Lodi	21-1 $\frac{3}{4}$
2015---	Matt Wierzba, Garfield	21-6 $\frac{1}{4}$
2016---	Steven Nolasco, Garfield	20-9 $\frac{1}{2}$
2017---	Brandon Lichtenstein, Glen Rock	20-7
2018---	Eugene Kim, Rutherford	20-10

TRIPLE JUMP

2013---	Wallace Payne, Lodi	44-6 $\frac{1}{4}$
2014---	Vishaldeep Singh, Lodi	42-9 $\frac{1}{4}$
2015---	Matt Wierzba, Garfield	44-4 $\frac{1}{2}$
2016---	Matt Wierzba, Garfield	44-2 $\frac{1}{2}$
2017---	Ramon Bermudez, Lodi	43-9
2018---	Ramon Bermudez, Lodi	43-7 $\frac{3}{4}$

POLE VAULT

2013---	Andrew Fiedler, Eastern Christian	11-6
2014---	Andrew Accardi, Pompton Lakes	12-6
2015---	Andrew Accardi, Pompton Lakes	13-7
2016---	Jared Forer, Glen Rock	11-0
2017---	Jared Forer, Glen Rock	12-0
2018---	Jared Forer, Glen Rock	13-10

1600 METER RELAY

2013---	Glen Rock	3:33.2
2014---	Glen Rock	3:41.9
2015---	Glen Rock	3:39.7
2016---	Glen Rock	3:32.58
2017---	Hawthorne	3:38.02
2018---	Manchester	3:31.65

LIBERTY DIVISION

TEAM SCORING

2013---	Lyndhurst 160, New Milford 97 $\frac{1}{2}$, Secaucus 73
2014---	Lyndhurst 154, New Milford 134, Dwight-Englewood 58
2015---	Lyndhurst 177, New Milford 96, Leonia 68
2016---	Lyndhurst 210, Leonia 91, New Milford 68
2017---	Lyndhurst 182, Secaucus 86, Leonia 84
2018---	Lyndhurst 196, Dwight-Englewood 113, New Milford 74

100 METER DASH

2013---	James Wenger, Lyndhurst	11.2
2014---	Chris Mercado, Ridgefield	11.5
2015---	Peter Guerriero, Lyndhurst	11.2
2016---	Peter Guerriero, Lyndhurst	11.01
2017---	Kevin Santos, Lyndhurst	11.72
2018---	Chris Feurtado, Lyndhurst	11.36

200 METER DASH

2013---	Keeneth Ross, Secaucus	23.0
2014---	Kevin Momnohin, Queen of Peace	23.1
2015---	Peter Guerriero, Lyndhurst	22.9
2016---	Peter Guerriero, Lyndhurst	22.75
2017---	Kevin Santos, Lyndhurst	23.87
2018---	Ehren Layne, Dwight-Englewood	24.08

400 METER DASH

2013---	Jason Dargan, Dwight-Englewood	51.3
2014---	Anthony Giaquinto, Lyndhurst	52.4
2015---	Kane McDermott, Lyndhurst	52.4
2016---	Max Stith, Leonia	51.70
2017---	Adam Khriss, Secaucus	52.64
2018---	Adam Khriss, Secaucus	53.21

800 METER RUN

2013---	Ryan Semsel, Dwight-Englewood	2:05.3
2014---	Kevin Teets, New Milford	2:05.7
2015---	Ryan Semsel, Dwight-Englewood	2:03.6
2016---	Jeremy Bronstein, Dwight-Englewood	2:06.61
2017---	Jeremy Bronstein, Dwight-Englewood	1:59.85
2018---	Jeremy Bronstein, Dwight-Englewood	2:02.57

1600 METER RUN

2013---	Kane McDermott, Lyndhurst	4:51.4
2014---	Kevin Teets, New Milford	4:41.9
2015---	Stephen Covello, Lyndhurst	4:38.3
2016---	Hussein Elmeshad, Leonia	4:31.28
2017---	Xavier Locke, Lyndhurst	4:34.78
2018---	Jeremy Bronstein, Dwight-Englewood	4:39.34

3200 METER RUN

2013---	Marc Rosenberg, Dwight-Englewood	10:33.6
2014---	David Lysenko, Dwight-Englewood	10:29.8
2015---	Hussein Elmeshad, Leonia	10:24.3
2016---	Hussein Elmeshad, Leonia	10:13.91
2017---	Gabriel Tapia-Suarez, Leonia	10:30.06
2018---	Caleb Dalgetty, Dwight-Englewood	10:36.00

110 METER HURDLES

2013---	Jose Vargas, Leonia	15.9
2014---	Kyle Krzastek, Lyndhurst	16.4
2015---	Quintin St. Helaire, Lyndhurst	16.0
2016---	Teslim Olunlade, Lyndhurst	16.50
2017---	Teslim Olunlade, Lyndhurst	15.66
2018---	Teslim Olunlade, Lyndhurst	15.47

400 METER HURDLES

2013---	Kevin Momnohin, Queen of Peace	57.9
2014---	Kevin Momnohin, Queen of Peace	59.7
2015---	Quintin St. Helaire, Lyndhurst	59.7

2016---	Adam Khriiss, Secaucus	58.49
2017---	Adam Khriiss, Secaucus	57.00
2018---	Adam Khriiss, Secaucus	57.24

SHOT PUT

2013---	Garrett Pynn, Leonia	50-8 ½
2014---	Jonathan Mercado, Lyndhurst	47-7
2015---	Christopher Bekker, Lyndhurst	41-11 ¼
2016---	Oluwayomi Olunlade, Lyndhurst	46-3 ½
2017---	Matt Schnoll, Lyndhurst	48-1
2018---	Antonio Lobos, Lyndhurst	43-6 ¾

DISCUS

2013---	Jonathan Mercado, Lyndhurst	117-8
2014---	Jonathan Mercado, Lyndhurst	123-0
2015---	Christopher Bekker, Lyndhurst	108-1
2016---	Christopher Bekker, Lyndhurst	124-11
2017---	Matt Schnoll, Lyndhurst	126-11
2018---	Tim Ozturk, Lyndhurst	112-9

JAVELIN

2013---	Charles Simons, Leonia	146-1
2014---	Ryan Rand, Secaucus	148-8
2015---	Austin Suarez, New Milford	145-2
2016---	Sam Rivera, Lyndhurst	153-0
2017---	Emmett McElroy, New Milford	131-5
2018---	Emmett McElroy, New Milford	124-5

HIGH JUMP

2013---	James Wenger, Lyndhurst	5-10
2014---	Bryant Yoshida, New Milford	5-10
2015---	Quintin St. Helaire, Lyndhurst	6-0
2016---	Christian Garcia, New Milford	5-8
2017---	Kyle Russell, Leonia	5-10
2018---	Jayse Bradley, Ridgefield	5-8

LONG JUMP

2013---	Dante Tobler, New Milford	19-9 ¼
2014---	Jake Estevez, Lyndhurst	20-8 ¼
2015---	Aleem James, Dwight-Englewood	20-2
2016---	Peter Guerriero, Lyndhurst	19-5 ¼
2017---	Adam Khriiss, Secaucus	19-11
2018---	Teslim Olunlade, Lyndhurst	18-8 ¼

TRIPLE JUMP

2013---	Dante Tobler, New Milford	43-3
2014---	Tony Vargas, Leonia	42-9 ¼
2015---	Chaheen Payne, New Milford	41-9 ½
2016---	Peter Guerriero, Lyndhurst	42-2 ¼
2017---	Teslim Olunlade, Lyndhurst	42-10 ¾
2018---	Teslim Olunlade, Lyndhurst	42-10 ¾

POLE VAULT

2013---	Nathan Duquilla, Lyndhurst	11-6	
2014---	Jose Polanco, Lyndhurst		12-0
2015---	Devin Yunis, Lyndhurst		10-0
2016---	Devin Yunis, Lyndhurst		12-0
2017---	Kyle Russell, Leonia		13-6
2018---	Jordan DeAbreu, Lyndhurst		11-6

1600 METER RELAY

2013---	Secaucus		3:40.8
2014---	Lyndhurst	3:40.0	
2015---	Leonia		3:36.5
2016---	Dwight-Englewood		3:38.00
2017---	Secaucus		3:40.14
2018---	Lyndhurst	3:40.88	

GIRLS

PATRIOT DIVISION

A

TEAM SCORING

2011---	Cresskill 181, New Milford 152, Waldwick 89
2012---	Cresskill 193 ½, Waldwick 105, New Milford 75

100 METER DASH

2011---	Khadijah Cox, New Milford		12.3
2012---	Khadijah Cox, New Milford	13.2	

200 METER DASH

2011---	Khadijah Cox, New Milford		25.7
2012---	Khadijah Cox, New Milford	26.3	

400 METER DASH

2011---	Khadijah Cox, New Milford	1:00.9	
2012---	Alexandra Stith, Leonia		1:01.9

800 METER RUN

2011---	Jada Toote, New Milford		2:34.3
2012---	Bobbie Javier, Dwight Englewood		2:28.8

1600 METER RUN

2011---	Johanna Elliott, Cresskill		5:37.7
2012---	Jennifer Teets, New Milford	5:44.2	

3200 METER RUN

2011---	Jessica Andre, Waldwick		12:25.2
2012---	Jennifer Teets, New Milford	12:54.3	

100 METER HURDLES

2011---	Esther Moallen, Cresskill		16.8
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2012---Ani Sarkasian, Cresskill 16.0

400 METER HURDLES

2011---Ani Sarkasian, Cresskill 1:06.3

2012---Ani Sarkasian, Cresskill 1:06.5

SHOT PUT

2011---Keri Kavanaugh, Cresskill 31-6 ½

2012---Alexandra Phoenix, Cresskill 33-6

DISCUS

2011---Kayla Pauwels, Waldwick 102-10

2012---Tania Pabon, Cresskill 121-6

JAVELIN

2011---Vanessa Vargas, New Milford 112-11

2012---Mariana Ruas, Waldwick 107-1

HIGH JUMP

2011---Elaina White, Leonia 5-2

2012---Elaina White, Leonia 5-2

LONG JUMP

2011---Patty McHugh, Waldwick 16-4 ½

2012---Patty McHugh, Waldwick 17-4

TRIPLE JUMP

2011---Patty McHugh, Waldwick 33-8 ½

2012---Patty McHugh, Waldwick 35-0

POLE VAULT

2011---Maci DeCarlo, Cresskill 7-6

2012---Maci DeCarlo, Cresskill 7-6

1600 METER RELAY

2011---Cresskill 4:15.1

2012---Cresskill 4:18.2

B

TEAM SCORING

2011---Park Ridge 214 1/3, Emerson 127 2/3, Midland Park 1086

2012---Park Ridge 197, Emerson 148, Midland Park 81

100 METER DASH

2011---Stephanie Baumann, Park Ridge 13.1

2012---Stephanie Baumann, Park Ridge 13.0

200 METER DASH

2011---Rebecca Skovira, Park Ridge 26.2

2012---Rebecca Skovira, Park Ridge 26.9

400 METER DASH

2011---Rebecca Skovira, Park Ridge 1:02.0
2012---Rebecca Skovira, Park Ridge 1:00.6

800 METER RUN

2011---Kristen Gray, Park Ridge 2:29.3
2012---Julia Perez, Park Ridge 2:43.3

1600 METER RUN

2011---Elizabeth O'Brien, Bogota 5:49.2
2012---Elizabeth O'Brien, Bogota 5:50.2

3200 METER RUN

2011---Elizabeth O'Brien, Bogota 12:41.7
2012---Elizabeth O'Brien, Bogota 12:39.4

100 METER HURDLES

2011---Mel Lewis, Midland Park 15.9
2012---Haley Azevedo, Park Ridge 17.5

400 METER HURDLES

2011---Mel Lewis, Midland Park 1:03.4
2012---Lisa Carle, Midland Park 1:10.4

SHOT PUT

2011---Ashley Mennitti, Park Ridge 30-2
2012---Cheyenne Bellerand, Emerson 32-11 ½

DISCUS

2011---Ashley Mennitti, Park Ridge 80-1
2012---Kerry Deen, Park Ridge 91-3

JAVELIN

2011---Rebecca Skovira, Park Ridge 125-4
2012---Rebecca Skovira, Park Ridge 125-4

HIGH JUMP

2011---Jackie Guglielmo, Park Ridge 4-10
2012---Kim Raberio, Midland Park 4-10

LONG JUMP

2011---Kim Raberio, Midland Park 16-3 ¾
2012---Kim Raberio, Midland Park 16-2

TRIPLE JUMP

2011---Kim Raberio, Midland Park 33-6 ¾
2012---Quinn Heinrich, Emerson 33-0

POLE VAULT

2011---Kristen Gray, Park Ridge 8-6

2012---Nicole Piccinich, Emerson 9-6

1600 METER RELAY

2011---Park Ridge 4:09.9
2012---Park Ridge 4:20.4

Combined

TEAM SCORING

2013---Cresskill 133 ½, Waldwick 73, Emerson 72 ½
2014---Cresskill 218 ½, Midland Park 71, Palisades Park 68
2015---Cresskill 203, Palisades Park 56 ½, Waldwick 50
2016---Cresskill 128, Park Ridge 125, Midland Park 78
2017---Park Ridge 135, Cresskill 117, Midland Park 79
2018---Park Ridge 121, Emerson 107, Midland Park 68

100 METER DASH

2013---Jaide Hinds-Clarke, Saddle River Day 12.9
2014---Jordan Zaikov, Cresskill 12.6
2015---Anna Maria Scarpis, Bogota 12.9
2016---Nicole Thomas, Park Ridge 12.95
2017---Anna Maria Scarpis, Bogota 12.70
2018---Sophia Castronovo, Emerson 12.65

200 METER DASH

2013---Lisa Carle, Midland Park 26.8
2014---Samantha Arrigale, Cresskill 27.5
2015---Anna Maria Scarpis, Bogota 27.1
2016---Nicole Thomas, Park Ridge 26.23
2017---Anna Maria Scarpis, Bogota 26.33
2018---Sophia Castronovo, Emerson 26.60

400 METER DASH

2013---Carly Reich, Park Ridge 1:01.3
2014---Lisa Carle, Midland Park 1:01.4
2015---Sophia Castronovo, Emerson 1:01.6
2016---Nicole Thomas, Park Ridge 58.96
2017---Megan Gasnick, Park Ridge 58.12
2018---Megan Gasnick, Park Ridge 58.49

800 METER RUN

2013---Seryna O'Rourke, Cresskill 2:33.1
2014---Arianna Lopez, Palisades Park 2:27.6
2015---Arianna Lopez, Palisades Park 2:27.9
2016---Rachel Spagnola, Park Ridge 2:25.90
2017---Rachel Spagnola, Park Ridge 2:26.80
2018---Samantha Green, Park Ridge 2:24.35

1600 METER RUN

2013---Julianna Lee, Palisades Park 5:39.6
2014---Arianna Lopez, Palisades Park 5:31.1
2015---Arianna Lopez, Palisades Park 5:36.4

2016---	Arianna Lopez, Palisades Park	5:25.13
2017---	Samantha Green, Park Ridge	5:23.14
2018---	Samantha Green, Park Ridge	5:26.94

3200 METER RUN

2013---	Julianna Lee, Palisades Park	12:11.3
2014---	Arianna Lopez, Palisades Park	12:36.8
2015---	Arianna Lopez, Palisades Park	12:45.9
2016---	Arianna Lopez, Palisades Park	11:56.49
2017---	Samantha Green, Park Ridge	12:36.67
2018---	Samantha Green, Park Ridge	12:31.45

100 METER HURDLES

2013---	Lisa Carle, Midland Park	16.7
2014---	Kristen Frawley, Hawthorne Christian	16.1
2015---	Jordan Zaikov, Cresskill	16.0
2016---	Iveya Slavova, Cresskill	15.79
2017---	Iveya Slavova, Cresskill	15.74 (15.69 in prelims)
2018---	Samantha Stallard, Waldwick	16.96

400 METER HURDLES

2013---	Nicole Piccinich, Emerson	1:08.6
2014---	Lisa Carle, Midland Park	1:10.1
2015---	Rachel Spagnola, Park Ridge	1:09.7
2016---	Rachel Spagnola, Park Ridge	1:06.08
2017---	Anne Karach, Cresskill	1:05.04
2018---	Carley Wells, Cresskill	1:12.08

SHOT PUT

2013---	Cheyenne Bellerand, Emerson	38-4 ¼
2014---	Cheyenne Bellerand, Emerson	42-1 ¼
2015---	Amelia Apgar, Waldwick	32-10 ¾
2016---	Amelia Apgar, Waldwick	33-11 ¼
2017---	Veronica Pantale, Midland Park	33-9 ¼
2018---	Emilie Ghalam, Midland Park	33-4 ¼

DISCUS

2013---	Tania Pabon, Cresskill	121-3
2014---	Cheyenne Bellerand, Emerson	113-0
2015---	Alexandra Baels, Hawthorne Christian	100-8
2016---	Chloe Zuidema, Midland Park	97-4
2017---	Ashley Basantes, Park Ridge	94-8
2018---	No results available	

JAVELIN

2013---	Cheyenne Bellerand, Emerson	105-3
2014---	Erin McHugh, Waldwick	116-2
2015---	Erin McHugh, Waldwick	121-7
2016---	Thalia Ghalam, Midland Park	141-10
2017---	Sam Gioiosa, Bogota	129-3
2018---	Emilie Ghalam, Midland Park	94-7

HIGH JUMP

2013---	Lisa Carle, Midland Park	5-0
2014---	Jelmi Chamalian, Cresskill	5-0
2015---	Michael Cohen, Cresskill	5-0
2016---	Iveya Slavova, Cresskill	5-2
2017---	Iveya Slavova, Cresskill	5-4

LONG JUMP

2013---	Patty McHugh, Waldwick	16-3 ¼
2014---	Maryam Hassan, Cresskill	16-10
2015---	Maryam Hassan, Cresskill	17-7
2016---	Maryam Hassan, Cresskill	17-0
2017---	Anna Maria Scarpis, Bogota	16-8
2018---	Kennedy Klingzing, Midland Park	15-2 ¾

TRIPLE JUMP

2013---	Patty McHugh, Waldwick	33-10 ½
2014---	Maryam Hassan, Cresskill	36-11 ½
2015---	Maryam Hassan, Cresskill	38-5
2016---	Maryam Hassan, Cresskill	37-1
2017---	Melissa Lein, Midland Park	35-4 ¼

POLE VAULT

2013---	Nicole Piccinich, Emerson	10-0
2014---	Nina Lucibello, Cresskill	9-0
2015---	Nina Lucibello, Cresskill	8-0
2016---	Nicole Owens, Cresskill	8-6
2017---	Adrianna Gobin, Emerson	9-6
2018---	Adrianna Gobin, Emerson	9-0

1600 METER RELAY

2013---	Park Ridge	4:20.7
2014---	Cresskill	4:22.3
2015---	Cresskill	4:20.3
2016---	Park Ridge	4:05.64
2017---	Park Ridge	4:07.49
2018---	Park Ridge	4:19.58

MEADOWLANDS DIVISION

A

TEAM SCORING

2011---	Lyndhurst 181, North Arlington 97, Secaucus 93
2012---	Secaucus 153, Lyndhurst 141, North Arlington 87

100 METER DASH

2011---	Ashley Sloan, Lyndhurst	13.3
2012---	Kathleen Mercado, Secaucus	12.8

200 METER DASH

2011---	Ashley Sloan, Lyndhurst	27.1
2012---	Kathleen Mercado, Secaucus	27.0

400 METER DASH

2011---	Marie Emberger, Secaucus	1:05.8
2012---	Jessica Failace, Lyndhurst	1:02.4

800 METER RUN

2011---	Victoria Weiss, Ridgefield	2:35.1
2012---	Jessica Failace, Lyndhurst	2:41.6

1600 METER RUN

2011---	Victoria Weiss, Ridgefield	5:45.3
2012---	Michaila Mastrofillippo, Queen of Peace	6:13.0

3200 METER RUN

2011---	Victoria Weiss, Ridgefield	12:15.2
2012---	Victoria Delarosa, Secaucus	14:02.8

100 METER HURDLES

2011---	Jenna Corby, Lyndhurst	16.9
2012---	Christina Nardini, North Arlington	17.2

400 METER HURDLES

2011---	Amanda Nowak, Lyndhurst	1:10.4
2012---	Natalie Negroni, Queen of Peace	1:07.0

SHOT PUT

2011---	Camila Alonso, Lyndhurst	30-3 ¼
2012---	Katelyn Lafaso, Lyndhurst	29-1

DISCUS

2011---	Camila Alonso, Lyndhurst	82-6
2012---	Mary Smykowski, North Arlington	83-0

JAVELIN

2011---	Camila Alonso, Lyndhurst	101-2
2012---	Barbara Christs, Ridgefield	77-1

HIGH JUMP

2011---	Jackie McCaffrey, Secaucus	4-6
2012---	Jenna Corby, Lyndhurst	4-8

LONG JUMP

2011---	Kathleen Mercado, Secaucus	16-0
2012---	Kathleen Mercado, Secaucus	16-4 ¼

TRIPLE JUMP

2011---	Zanetta Balbuza, Becton	34-3
2012---	Kathleen Mercado, Secaucus	34-7

POLE VAULT

2011---Michele Rozalski, Queen of Peace 8-6
2012---Catherine Rozalski, Queen of Peace 10-0

1600 METER RELAY

2011---Lyndhurst 4:29.0
2012---Secaucus 4:19.8

B**TEAM SCORING**

2011---Hasbrouck Heights 239, Saddle Brook 120, Wallington 63
2012---Hasbrouck Heights 291, Wallington 85, Wood-Ridge 44

100 METER DASH

2011---Shannon Roberts, Saddle Brook 13.0
2012---Shannon Roberts, Saddle Brook 12.5

200 METER DASH

2011---Brielle Sutter, Saddle Brook 25.5
2012---Shannon Roberts, Saddle Brook 26.2

400 METER DASH

2011---Brielle Sutter, Saddle Brook 58.8
2012---Danielle Mascera, Hasbrouck Heights 1:07.0

800 METER RUN

2011---Rebecca Fortoul, Hasbrouck Heights 2:35.8
2012---Rebecca Fortoul, Hasbrouck Heights 2:29.1

1600 METER RUN

2011---Rebecca Fortoul, Hasbrouck Heights 5:43.7
2012---Rebecca Fortoul, Hasbrouck Heights 5:28.7

3200 METER RUN

2011---Rebecca Fortoul, Hasbrouck Heights 12:41.5
2012---Rebecca Fortoul, Hasbrouck Heights 12:49.7

100 METER HIGH HURDLES

2011---Nickie Ingelsby, Hasbrouck Heights 16.8
2012---Jennifer White, Hasbrouck Heights 17.0

400 METER HURDLES

2011---Nickie Ingelsby, Hasbrouck Heights 1:09.0
2012---Jennifer White, Hasbrouck Heights 1:13.0

SHOT PUT

2011---Melissa Silvestri, Wood-Ridge 32-9
2012---Irene Cedano, Hasbrouck Heights 35-11

DISCUS

2011---Melissa Silvestri, Wood-Ridge 102-0

2012---Irene Cedano, Hasbrouck Heights 91-5

JAVELIN

2011---Nicole Sinatra, Wood-Ridge 101-5

2012---Nina Messery, Hasbrouck Heights 113-9

HIGH JUMP

2011---Melissa Esposito, Saddle Brook 4-8

2012---Magda Bielen, Wallington 4-6

LONG JUMP

2011---Marissa Romano, Hasbrouck Heights 16-10 ½

2012---Rayn Moses, Hasbrouck Heights 16-2

TRIPLE JUMP

2011---Marissa Romano, Hasbrouck Heights 35-0

2012---Rayn Moses, Hasbrouck Heights 34-4

POLE VAULT

2011---Tiffany Tencza, Wallington 9-6

2012---Tiffany Tencza, Wallington 11-0

1600 METER RELAY

2011---Hasbrouck Heights 4:30.9

2012---Hasbrouck Heights 4:15.0

Combined

TEAM SCORING

2013---Hasbrouck Heights 247, Wallington 79, North Arlington 62

2014---Hasbrouck Heights 227, Saddle Brook 90, North Arlington 59

2015---Hasbrouck Heights 281, Saddle Brook 116, Wallington 39

2016---Hasbrouck Heights 321, Saddle Brook 61, North Arlington 37

2017---Hasbrouck Heights 303 ¾, Saddle Brook 50 ¾, Wallington 35 ¾

2018---Hasbrouck Heights 251 ½, Saddle Brook 64, Immaculate Conception 54

100 METER DASH

2013---Stacey Porzl, Hasbrouck Heights 13.0

2014---Tajia Lagomarsino, Saddle Brook 12.4

2015---Tajia Lagomarsino, Saddle Brook 13.1

2016---Stacey Porzl, Hasbrouck Heights 13.04

2017---Crystal Lichtenberger, Hasbrouck Heights 12.95

2018---Haylle Thomas, Hasbrouck Heights 13.04

200 METER DASH

2013---Stacey Porzl, Hasbrouck Heights 27.5

2014---Tajia Lagomarsino, Saddle Brook 26.4

2015---Tajia Lagomarsino, Saddle Brook 26.4

2016---Stacey Porzl, Hasbrouck Heights 27.06

2017---Angela Brooks, Saddle Brook 26.46

2018---Haylle Thomas, Hasbrouck Heights 27.00

400 METER DASH

2013---	Stacey Porzl, Hasbrouck Heights	1:02.7
2014---	Stacey Porzl, Hasbrouck Heights	1:00.3
2015---	Tajia Lagomarsino, Saddle Brook	59.4
2016---	Stacey Porzl, Hasbrouck Heights	59.85
2017---	Crystal Lichtenberger, Hasbrouck Heights	1:02.51
2018---	Haylle Thomas, Hasbrouck Heights	1:01.07

800 METER RUN

2013---	Jenna DiGiacinto, Hasbrouck Heights	2:29.5
2014---	Ashley McVeigh, Saddle Brook	2:30.5
2015---	Jillian DiGiacinto, Hasbrouck Heights	2:26.6
2016---	Jillian DiGiacinto, Hasbrouck Heights	2:20.32
2017---	Serena Torres, Hasbrouck Heights	2:34.34
2018---	Serena Torres, Hasbrouck Heights	2:32.76

1600 METER RUN

2013---	Danielle Dallara, Hasbrouck Heights	5:32.3
2014---	Nicole McVeigh, Saddle Brook	5:38.1
2015---	Ashley McVeigh, Saddle Brook	5:34.8
2016---	Felicia Cascone, Hasbrouck Heights	5:36.98
2017---	Marie Sedlmeir, Hasbrouck Heights	5:54.61
2018---	Elizabeth Szambel, St. Mary's	5:41.81

3200 METER RUN

2013---	Danielle Dallara, Hasbrouck Heights	12:48.2
2014---	Danielle Dallara, Hasbrouck Heights	13:24.1
2015---	Danielle Dallara, Hasbrouck Heights	12:58.0
2016---	Hailey Ross, Hasbrouck Heights	11:48.47
2017---	Emma Nichols, Hasbrouck Heights	13:00.88
2018---	Elizabeth Szambel, St. Mary's	12:15.52

100 METER HIGH HURDLES

2013---	Christina Nardini, North Arlington	16.8
2014---	Christina Nardini, North Arlington	15.4
2015---	Brooke McKnight, Hasbrouck Heights	16.6
2016---	Brooke McKnight, Hasbrouck Heights	16.80
2017---	Monika Lucic, Hasbrouck Heights	16.96
2018---	Monika Lucic, Hasbrouck Heights	16.09

400 METER HURDLES

2013---	Jillian DiGiacinto, Hasbrouck Heights	1:08.6
2014---	Christina Nardini, North Arlington	1:07.2
2015---	Jillian DiGiacinto, Hasbrouck Heights	1:06.2
2016---	Jillian DiGiacinto, Hasbrouck Heights	1:03.11
2017---	Monika Lucic, Hasbrouck Heights	1:08.33
2018---	Monika Lucic, Hasbrouck Heights	1:06.76

SHOT PUT

2013---	Irene Cedano, Hasbrouck Heights	36-6 $\frac{3}{4}$
2014---	Erika Williams, Becton	33-1 $\frac{1}{2}$

2015---	Gabby Tuzzo, Hasbrouck Heights	32-9
2016---	Anna Tsapelis, Hasbrouck Heights	32-9 ½
2017---	Kassie Ketcho, Hasbrouck Heights	39-3 ¾
2018---	Kassie Ketcho, Hasbrouck Heights	41-11 ½

DISCUS

2013---	Irene Cedano, Hasbrouck Heights	110-1
2014---	Akua Addo, Wood-Ridge	97-5
2015---	Gabby Tuzzo, Hasbrouck Heights	94-6
2016---	Shellie Nielsen, Hasbrouck Heights	97-7
2017---	Kassie Ketcho, Hasbrouck Heights	89-3
2018---	Kassie Ketcho, Hasbrouck Heights	100-0

JAVELIN

2013---	Nicole Sinatra, Wood-Ridge	114-0
2014---	Tina Messery, Hasbrouck Heights	107-10
2015---	Kassie Ketcho, Hasbrouck Heights	106-2
2016---	Kassie Ketcho, Hasbrouck Heights	112-3
2017---	Kassie Ketcho, Hasbrouck Heights	116-1
2018---	Kassie Ketcho, Hasbrouck Heights	118-8

HIGH JUMP

2013---	Kristen DelCalzo, Hasbrouck Heights	5-0
2014---	Kristen DelCalzo, Hasbrouck Heights	4-6
2015---	Sarah Schmitt, Hasbrouck Heights	4-10
2016---	Sarah Schmitt, Hasbrouck Heights	4-10
2017---	Monika Lucic, Hasbrouck Heights	4-8 (jo)
2017---	Monika Lucic, Hasbrouck Heights	4-10

LONG JUMP

2013---	Christina Nardini, North Arlington	15.9 ½
2014---	Brooke McKnight, Hasbrouck Heights	16-7
2015---	Brooke McKnight, Hasbrouck Heights	17-0
2016---	Brooke McKnight, Hasbrouck Heights	15-8
2017---	Angela Brooks, Saddle Brook	16-4
2018---	Haylle Thomas, Hasbrouck heights	15-7 ½

TRIPLE JUMP

2013---	Martyna Czarnecka, Wallington	33-10
2014---	Christina Nardini, North Arlington	35-2 ½
2015---	Brooke McKnight, Hasbrouck Heights	33-11
2016---	Monika Lucic, Hasbrouck Heights	33-1 ½
2017---	Monika Lucic, Hasbrouck Heights	36-10 ½
2018---	Monika Lucic, Hasbrouck Heights	34-4

POLE VAULT

2013---	Tiffany Tencza, Wallington	9-6
2014---	Maggie Filja, Hasbrouck Heights	8-6
2015---	Felicia Cascone, Hasbrouck Heights	7-6
2016---	Sarah Schmitt, Hasbrouck Heights	7-6
2017---	Natalie Stefanelli, Hasbrouck Heights	8-0

2018---Courtney Summers, Hasbrouck Heights 7-6

1600 METER RELAY

2013---Hasbrouck Heights 4:24.6
2014---Saddle Brook 4:09.7
2015---Saddle Brook 4:09.3
2016---Hasbrouck Heights 4:16.21
2017---Hasbrouck Heights 4:22.15
2018---Hasbrouck Heights 4:27.91

COLONIAL DIVISION

A

TEAM SCORING

2011---Garfield 172, Pascack Hills 129, Rutherford 77 ½
2012---Glen Rock 133, Pascack Hills 117, Garfield 113 ½

100 METER DASH

2011---Briana Setnitsky, Pascack Hills 12.6
2012---Briana Setnitsky, Pascack Hills 12.3

200 METER DASH

2011---Tyra Jamison, Garfield 25.8
2011---Briana Setnitsky, Pascack Hills 26.2

400 METER DASH

2011---Tyra Jamison, Garfield 1:01.6
2012---Alexandra Leary, Glen Rock 1:01.5

800 METER RUN

2011---Alex Arnold, Rutherford 2:30.1
2012---Katie Sullivan, Rutherford 2:27.2

1600 METER RUN

2011---Amanda Tosi, Pascack Hills 5:33.2
2012---Amanda Tosi, Pascack Hills 5:33.5

3200 METER RUN

2011---Amanda Tosi, Pascack Hills 12:31.0
2012---Amanda Tosi, Pascack Hills 12:18.0

100 METER HURDLES

2011---Christina Cristea, Lodi 15.6
2012---Breonah Toon, Garfield 15.5

400 METER HURDLES

2011---Tyra Jamison, Garfield 1:05.1
2012---Katie Sullivan, Rutherford 1:06.9

SHOT PUT

2011---Valerie Considine, Rutherford 34-3 ¼

2012---Alysha Menezies, Garfield 35-11 ³/₄

DISCUS

2011---Valerie Considine, Rutherford 95-5
2012---Melanie Odatalla, Garfield 106-5

JAVELIN

2011---Shaunteriah Douglas, Garfield 125-6
2012---Shaunteriah Douglas, Garfield 145-3

HIGH JUMP

2011---Alex Arnold, Rutherford 4-8
2012---Alexandra Leary, Glen Rock 4-8

LONG JUMP

2011---Briana Setnitsky, Pascack Hills 17-9 ¹/₄
2012---Briana Setnitsky, Pascack Hills 17.7 ¹/₂

TRIPLE JUMP

2011---Shaunteriah Douglas, Garfield 34-8
2012---Briana Setnitsky, Pascack Hills 37-4

POLE VAULT

2011---Danielle Wankmuller, Pascack Hills 10-0
2012---Carolina Canido, Garfield 8-0

1600 METER RELAY

2011---Rutherford 4:27.0
2012---Rutherford 4:12.8

B

TEAM SCORING

2011---Pompton Lakes 160, Hawthorne 101, Eastern Christian 96
2012---Eastern Christian 189, Pompton Lakes 128, Hawthorne 102

100 METER DASH

2011---Jasmine Hammonds, Elmwood Park 12.7
2012---Chandler West, Eastern Christian 12.7

200 METER DASH

2011---Jasmine Hammonds, Elmwood Park 26.7
2012---Jen Reilly, Pompton Lakes 26.6

400 METER DASH

2011---Faith Dismuke, Mary Help 1:00.9
2012---Jen Reilly, Pompton Lakes 1:01.6

800 METER RUN

2011---Dusty Sacco, Pompton Lakes 2:33.6
2012---Kristen Traub, Eastern Christian 2:22.0

1600 METER RUN

2011---Kristen Traub, Eastern Christian 11:40.0
2012---**Kristen Traub, Eastern Christian 5:15.6**

3200 METER RUN

2011---**Kristen Traub, Eastern Christian 11:40.0**
2012---Kathryn Post, Eastern Christian 12:43.7

100 METER HIGH HURDLES

2011---Nia Jackson, Hawthorne 15.7
2012---Bethany Van Eck, Eastern Christian 15.5

400 METER HURDLES

2011---Faith Dismuke, Mary Help 1:05.2
2012---Bethany Van Eck, Eastern Christian 1:08.7

SHOT PUT

2011---Alex Majka, Pompton Lakes 31-1 ¼
2012---Alex Majka, Pompton Lakes 35-5 ¼

DISCUS

2011---**Marija Spajic, Manchester 117-7**
2012---Alex Majka, Pompton Lakes 111-4

JAVELIN

2011---Maya Legette, Manchester 103-6
2012---Maya Legette, Manchester 102-10

HIGH JUMP

2011---**Nia Jackson, Hawthorne 5-2**
2012---Bethany Van Eck, Eastern Christian 4-10

LONG JUMP

2011---Nia Jackson, Hawthorne 16-0
2012---Jenna Dyksen, Hawthorne 15-5

TRIPLE JUMP

2011---Nia Jackson, Hawthorne 35-7
2012---Solana Lewis, Eastern Christian 32-10

POLE VAULT

2011---Sarah Post, Eastern Christian 8-0
2012---Sarah Post, Eastern Christian 9-0

1600 METER RELAY

2011--- Pompton Lakes 4:24.2
2012---Eastern Christian 4:23.1

Combined

TEAM SCORING

2013---Eastern Christian 104 ½, Hawthorne 101, Glen Rock 98
2014---Hawthorne 113, Rutherford 94, Eastern Christian 83
2015---Glen Rock 99, Hawthorne 94, Eastern Christian 79
2016---Glen Rock 150, Eastern Christian 101, Hawthorne 100
2017---Glen Rock 194, Hawthorne 84, Eastern Christian 75.5
2018---Glen Rock 163, Hawthorne 140, Eastern Christian 77

100 METER DASH

2013---Kaitlin Salisbury, Hawthorne 12.6
2014---Kaitlin Salisbury, Hawthorne 12.5
2015---Kaitlin Salisbury, Hawthorne 12.3
2016---Kaitlin Salisbury, Hawthorne 12.24 (12.18 in trials)
2017---Sarah Hutchins, Glen Rock 12.83
2018---Sarah Hutchins, Glen Rock 12.92

200 METER DASH

2013---Kadejah Sellers, Manchester 26.3
2014---Kadejah Sellers, Manchester 26.5
2015---Kaitlin Salisbury, Hawthorne 26.2
2016---Kaitlin Salisbury, Hawthorne 25.92
2017---Sarah Hutchins, Glen Rock 27.62
2018---Katie Hefty, Eastern Christian 27.02

400 METER DASH

2013---Kadejah Sellers, Manchester 59.8
2014---Kadejah Sellers, Manchester 59.4
2015---Kadejah Sellers, Manchester 59.0
2016---Katie Hefty, Eastern Christian 60.69
2017---Victoria Rasmussen, Glen Rock 60.99
2018---Nicole Bertollo, Hawthorne 61.12

800 METER RUN

2013---Katie Sullivan, Rutherford 2:26.4
2014---Katie Sullivan, Rutherford 2:23.2
2015---Rebecca Arnold, Rutherford 2:29.8
2016---Emily Byrnes, Eastern Christian 2:24.09
2017---Emily Byrnes, Eastern Christian 2:31.23
2018---Nyabwija Kanefu, Rutherford 2:28.19

1600 METER RUN

2013---Lila Milgrom, Glen Rock 5:30.6
2014---Katie Sullivan, Rutherford 5:32.7
2015---Allison Regan, Rutherford 5:28.4
2016---Alex Walter, Glen Rock 5:31.06
2017---Alex Walter, Glen Rock 5:36.76
2018---Emily Byrnes, Eastern Christian 5:39.49

3200 METER RUN

2013---Allison Regan, Rutherford 12:28.2
2014---Allison Regan, Rutherford 12:32.0

2015---	Allison Regan, Rutherford	12:07.8
2016---	Alex Walter, Glen Rock	12:01.71
2017---	Christie Na, Rutherford	12:14.72
2018---	Alex Walter, Glen Rock	12:22.61

100 METER HIGH HURDLES

2013---	Jenna Dyksen, Hawthorne	15.4
2014---	Jenna Dyksen, Hawthorne	15.8
2015---	Kelsey Bergamini, Glen Rock	16.7
2016---	Desire Bermudez, Lodi	15.97
2017---	Hannah Vanderwall, Glen Rock	15.49
2018---	Alexis Byfield, Hawthorne	16.19

400 METER HURDLES

2013---	Hannah DeMatteo, Rutherford	1:07.0
2014---	Jenna Dyksen, Hawthorne	1:08.6
2015---	Julia Kelly, Glen Rock	1:04.6
2016---	Rachel Wronko, Rutherford	1:07.06
2017---	Rachel Wronko, Rutherford	1:06.78
2018---	Nicole Bertollo, Hawthorne	1:07.92

SHOT PUT

2013---	Alysha Menzies, Garfield	35-11 ³ / ₄
2014---	Sherika Dyer, Hawthorne	33-10 ¹ / ₂
2015---	Samantha Leonessa, Rutherford	32-3 ¹ / ₄
2016---	Alexandra Caballero, Rutherford	33-1
2017---	Madison Wynbeeck, Eastern Christian	35-8
2018---	Madison Wynbeeck, Eastern Christian	37-4 ¹/₄

DISCUS

2013---	Quastajua Valdez, Garfield	103-7
2014---	Quastajua Valdez, Garfield	101-1
2015---	Samantha Leonessa, Rutherford	100-0
2016---	Mackenzie Wiegers, Eastern Christian	88-2
2017---	Karina Roze, Glen Rock	97-8
2018---	Karina Roze, Glen Rock	128-6

JAVELIN

2013---	Kristen Dizenzo, Lodi	114-5
2014---	Hannah Zadoyko, Pompton Lakes	94-9
2015---	Kristen Dizenzo, Lodi	119-0
2016---	Brooke Van Lenten, Eastern Christian	115-0
2017---	Brooke Van Lenten, Eastern Christian	128-4
2018---	Karina Roze, Glen Rock	119-9

HIGH JUMP

2013---	Blair Bohuny, Eastern Christian	4-8
2014---	Hajara Abubakar, Garfield	5-0
2015---	Hajara Abubakar, Garfield	5-2
2016---	Alyssa Martin, Lodi	4-10
2017---	Jenna Rogers, Rutherford	5-6

2018---Alyssa Martin, Lodi 4-10

LONG JUMP

2013---Emily Rogan, Glen Rock 16-10
2014---Jenna Dyksen, Hawthorne 16-9 ½
2015---Kaitlin Salisbury, Hawthorne 18-3
2016---Kaitlin Salisbury, Hawthorne 19-0
2017---Sarah Hutchins, Glen Rock 16-7
2018---Katie Hefty, Eastern Christian 16-3 ¾

TRIPLE JUMP

2013---Jenna Dyksen, Hawthorne 35-5
2014---Jenna Dyksen, Hawthorne 34-6 ½
2015---Kaitlin Salisbury, Hawthorne 37-9
2016---Kaitlin Salisbury, Hawthorne 37-11 ¼
2017---Gabriela Sloan, Hawthorne 34-8
2018---Nilya Rhoomes, Lodi 34-7

POLE VAULT

2013---Sarah Post, Eastern Christian 9-6
2014---Morgan Guarino, Lodi 9-6
2015---Morgan Guarino, Lodi 10-0
2016---Brooke Van Lenten, Eastern Christian 8-0
2017---Samantha Cioppio, Glen Rock 9-6
2018---Samantha Cioppio, Glen Rock 10-6

1600 METER RELAY

2013---Rutherford 4:09.8
2014---Rutherford 4:21.6
2015---Eastern Christian 4:21.3
2016---Eastern Christian 4:11.03
2017---Eastern Christian 4:20.14
2018---Hawthorne 4:08.42

LIBERTY DIVISION

Combined

TEAM SCORING

2013---New Milford 129, Secaucus 110, Lyndhurst 104
2014---Lyndhurst 157, Dwight-Englewood 99, New Milford 71
2015---Lyndhurst 151, Secaucus 108, Dwight-Englewood 76
2016---Lyndhurst 201, New Milford 84, Secaucus 76
2017---Lyndhurst 229, New Milford 97, Leonia 55
2018---Lyndhurst 256, Dwight-Englewood 71, New Milford 62

100 METER DASH

2013---Carleisha Forteau, Secaucus 12.9
2014---Miranda Duster, Dwight-Englewood 13.6
2015---Carleisha Forteau, Secaucus 13.0
2016---Gia Isabella, Secaucus 13.54
2017---Samantha Cummings, Queen of Peace 13.21

2018---Julietta Thron, Dwight-Englewood 12.87

200 METER DASH

2013---Carleisha Forteau, Secaucus 26.1
2014---Shereen Al-Sawwaf, Dwight-Englewood 28.4
2015---Carleisha Forteau, Secaucus 26.7
2016---Maxine Walsh, Leonia 27.79
2017---Samantha Cummings, Queen of Peace 26.82
2018---Julietta Thron, Dwight-Englewood 26.95

400 METER DASH

2013---Carleisha Forteau, Secaucus 1:01.1
2014---Maxine Walsh, Leonia 1:03.1
2015---Carleisha Forteau, Secaucus 59.7
2016---Jessica Verp, Dwight-Englewood 1:03.25
2017---Susane Morozewicz, Lyndhurst 1:03.61
2018---Caroline Lee, Dwight-Englewood 1:03.05

800 METER RUN

2013---Hanna Jerome, Dwight-Englewood 2:33.1
2014---Hanna Jerome, Dwight-Englewood 2:34.3
2015---Jessica Verp, Dwight-Englewood 2:31.2
2016---Amanda Fulcher, Lyndhurst 2:32.17
2017---Giulia Pezzolla, Lyndhurst 2:26.72
2018---Giulia Pezzolla, Lyndhurst 2:31.27

1600 METER RUN

2013---Jenn Teets, New Milford 5:45.1
2014---Hanna Jerome, Dwight-Englewood 5:42.9
2015---Tara Setnick, Dwight-Englewood 5:37.4
2016---Kelsie Kearns, Lyndhurst 5:30.31
2017---Giulia Pezzolla, Lyndhurst 5:28.98
2018---Giulia Pezzolla, Lyndhurst 5:41.10

3200 METER RUN

2013---Jenn Teets, New Milford 12:42.9
2014---Hanna Jerome, Dwight-Englewood 12:33.5
2015---Kelsie Kearns, Lyndhurst 12:31.1
2016---Roshni Patel, Secaucus 11:26.16 (lap short)
2017---Haley McAveney, New Milford 12:29.64
2018---Kelly Weckstein, Lyndhurst 12:31.78

100 METER HURDLES

2013---Natalie Negroni, Queen of Peace 16.4
2014---Natalie Negroni, Queen of Peace 15.9
2015---Natalie Negroni, Queen of Peace 16.8
2016---Claudia DiMondo, Secaucus 17.15
2017---Franceska Gustave, Leonia 17.07
2018---Maggie Fodera, Lyndhurst 17.82

400 METER HURDLES

2013---	Natalie Negroni, Queen of Peace	1:07.4
2014---	Natalie Negroni, Queen of Peace	1:10.9
2015---	Jessica Failace, Lyndhurst	1:04.7
2016---	Amanda Fulcher, Lyndhurst	1:11.71
2017---	Amanda Fulcher, Lyndhurst	1:12.75
2018---	Helen Grewe, Secaucus	1:11.38

SHOT PUT

2013---	Camila Alonso, Lyndhurst	33-5 ¼
2014---	Ruka Olunade, Lyndhurst	30-9 ¼
2015---	Ruka Olunade, Lyndhurst	34-3 ½
2016---	Vianca Soriano, New Milford	31-3
2017---	Kira Adams, Lyndhurst	32-9 ¾
2018---	Arianna Lombardi, Lyndhurst	33-11 ¾

DISCUS

2013---	Camila Alonso, Lyndhurst	110-2
2014---	Summer Kocerha, Secaucus	87-10
2015---	Alexis Anderson, Secaucus	95-11
2016---	Cameron Halpern, Lyndhurst	93-4
2017---	Caitlyn Blake, Lyndhurst	100-9
2018---	Arianna Lombardi, Lyndhurst	96-0

JAVELIN

2013---	Camila Alonso, Lyndhurst	124-1
2014---	Caitlyn Blake, Lyndhurst	98-1
2015---	Caitlyn Blake, Lyndhurst	102-10
2016---	Esmeralda Reyes, New Milford	112-8
2017---	Caitlyn Blake, Lyndhurst	117-4
2018---	Arianna Lombardi, Lyndhurst	90-1

HIGH JUMP

2013---	Jubeth Buitrago, Secaucus	4-10
2014---	Amanda Nowak, Lyndhurst	4-10
2015---	Natalie Negroni, Queen of Peace	4-8
2016---	Gabrielle Carrion, Lyndhurst	4-8
2017---	Samantha Cummings, Queen of Peace	4-8
2018---	Maggie Fodera, Lyndhurst	4-6

LONG JUMP

2013---	Amanda Nowak, Lyndhurst	15-6
2014---	Amanda Nowak, Lyndhurst	15-9
2015---	Alyssa Jasuale, New Milford	16-9
2016---	Victoria Kong, Dwight-Englewood	15-6 ¾
2017---	Alyssa Robalino, Lyndhurst	15-5
2018---	Joelle Montillo, Lyndhurst	15-2

TRIPLE JUMP

2013---	Jean Igmt, New Milford	31-9
2014---	Jessica Failace, Lyndhurst	30-9
2015---	Jessica Failace, Lyndhurst	34-3

2016---	Victoria Kong, Dwight-Englewood	34-5
2017---	Victoria Kong, Dwight-Englewood	34-7 ½
2018---	Alyssa Robalino, Lyndhurst	33-9 ½

POLE VAULT

2013---	Catherine Rozalski, Queen of Peace	10-6
2014---	Catherine Rozalski, Queen of Peace	11-7
2015---	Catherine Rozalski, Queen of Peace	10-0
2016---	Caitlin Walsh, New Milford	7-6
2017---	Caitlin Walsh, New Milford	8-0
2018---	Isabella Castagnetti, Lyndhurst	8-0

1600 METER RELAY

2013---	Secaucus	4:13.9
2014---	Lyndhurst	4:27.4
2015---	Lyndhurst	4:21.5
2016---	Dwight-Englewood	4:24.19
2017---	Leonia	4:20.41
2018---	Dwight-Englewood	4:27.05