

**Boys Meet Records**

<b>100</b>	Mike Pruzinsky	Wayne Hills	2003	10.4
<b>200</b>	Raldaine MacDonald	Englewood	2009	21.8
<b>400</b>	Joe Velazquez	Paramus	1999	48.4
<b>800</b>	Matt Winkler	Wayne Valley	2000	1:53.2
<b>1,600</b>	Andrew Hanko	Trinity Christian	2007	4:18.7
<b>3,200</b>	Cesar Gaudin	Union Hill	1987	9:26.7
<b>110 HH</b>	Jerome Pemberton	Hackensack	1986	13.8
<b>400 IH</b>	Anthony Hampton	Englewood	1993	54.5
<b>Shot put</b>	Kevin DiGiorgio	Bayonne	1998	64-4
<b>Discus</b>	Glenn DiGiorgio	Bayonne	2001	189-8
<b>Javelin</b>	Pablo Mariano	Demarest	1984	203-0
<b>Javelin (new)</b>	Kevin Steimle	Mahwah	2009	194-7
<b>High jump</b>	Eumir Rahman	Hackensack	1998	6-6
	Guy Rose	Wayne Hills	1999	
	Frank Thompson	Trenton	2007	
<b>Long jump</b>	Rolston Braithwaite	Trenton	2009	23-0 1/2
<b>Triple jump</b>	Chris Phipps	Lodi	2007	48-3
<b>Pole vault</b>	Ryoto Uetani	Demarest	1995	14-0
	Jeff Young	Wayne Valley	2003	
<b>1,600 relay</b>		Paramus Catholic	1998	3:24.5

**Girls Meet Records**

<b>100</b>	Anike Orimogunje	Queen of Peace	2003	11.9
<b>200</b>	Janine Davis	Queen of Peace	2005	24.7
<b>400</b>	Janine Davis	Queen of Peace	2005	55.9
<b>800</b>	Jasmin Jones	Hackensack	1986	2:16.9
<b>1,600</b>	Arianna Bakelmun	Wayne Hills	2207	5:05.7
<b>3,200</b>	Jesse Mizzone	Passaic Valley	2003	10:44.8
<b>110 HH</b>	Fredrica Winley	Randolph	1984	14.5
	Jamie Lilien	Pascack Valley	2000	
<b>400 IH</b>	Kiara Arrick	Manchester	2007	63.7
<b>Shot put</b>	Kirsten Christensen	Rutherford	1987	40-8
<b>Discus</b>	Sue Piekarz	Clifton	1987	139-6
<b>Javelin</b>	Jen Austin	Garfield	1999	141-10
<b>Javelin (new)</b>	Brynn Rosser	Hackensack	2003	118-2
<b>High jump</b>	Cheryl Burdick	Ramsey	1999	5-6
<b>Long jump</b>	Carlene Cummings	Englewood	1998	18-1
<b>Triple jump</b>	Carlene Cummings	Englewood	1998	40-4
<b>Pole vault</b>	Michelle Favre	Saddle Brook	2007	10-1
<b>1,600 relay</b>		Eastside	1985	4:11.3

**Team Champions**

<b>Year</b>	<b>Div. A Boys</b>	<b>Div. B Boys</b>	<b>Div. A Girls</b>	<b>Div. B Girls</b>
1983	Elizabeth	Vailsburg		
1984	Elizabeth	Vailsburg		
1985	Hackensack	Demarest	Hackensack	
1986	Passaic	Demarest	Teaneck	
1987	Demarest	Rutherford	Demarest	
1988	Union	Rutherford	Westwood	
1989	Passaic	Rutherford	Englewood Eastside	
1990	Hackensack	Mahwah	Hackensack	
1991	Union	Englewood	Hackensack	
1992	Union	Englewood	Hackensack	
1993	Union	Englewood	Passaic	
1994	Demarest	Ridgefield Park	Hackensack	
1995	Demarest	Ridgefield Park	Hackensack	
1996	Passaic	Ramsey	Englewood	
1997	Hackensack	Englewood	Hackensack	Englewood
1998	Hackensack	Ramsey	Hackensack	Ramsey
1999	West Milford	Ramsey	Garfield	Ramsey
2000	Hackensack	Ramsey	Hackensack	Englewood
2001	Wayne Valley	Cresskill	Passaic	Walkill Valley
2002	Wayne Hills	Leonia	Hackensack	
2003	Wayne Hills	Saddle Brook	Wayne Valley	Saddle Brook
2004	Wayne Hills	Mahwah	West Milford	Indian Hills
2005	Hackensack	Saddle Brook	Hightstown	Queen of Peace
2006	Northern Highlands	Mahwah	Hackensack	Park Ridge
2007	Trenton	Hasbrouck Heights	Paramus Catholic	Pequannock
2008	Trenton	Englewood	Kennedy	Mahwah
2009	Trenton	Englewood	Clifton	Wood-Ridge