

# ALL-TIME PERFORMANCE LIST

## Top 20 performers in Meet History

*Through 2013*

### BOYS

*does not include some non-winning results before 1973*

*meet not held in 1973, 1988 or 1992*

**Schools in New Jersey Unless Otherwise Noted**

#### **55-METER DASH** (*hand time*)

Mike Kee (Camb. Ridge and Latin, Mass.), 1975	6.0+
John Chambers (Neptune), 1974	6.1+
Frank Kelly (Westfield), 1977	6.1+
Steve Strother (New Rochelle), 1976	6.2+
Jason Grimes (Overbrook, Pa.), 1977	6.2+
Carlos Roberts (Franklin Twp.), 1978	6.2q+
Adley Raboy (Maine-Endwell, N.Y.), 1976	6.3+
Walters (JFK, N.Y.), 1976	6.3+
Ray Allen (Long Beach, N.Y.), 1977	6.3+
<u>Steve Curry (Franklin Twp.), 1977</u>	<u>6.3+</u>
Ken Diggs (Bayside, Va.), 1978	6.3+
Jerry Blow (Nyack, N.Y.), 1978	6.3+
Ron Singletary (Trenton), 1978	6.3q+

#### **55-METER DASH** (*FAT time*)

Terrell Wilks (Hames Hillhouse, N.Y.), 2007	6.29
Luis Morales (Oxon Hill, Md.), 1982	6.31+
Dennis Mitchell (Edgewood), 1983	6.31+
Reginald Dixon (Plainfield), 2007	6.31
Jermaine Brown (Medger Evers, N.Y.), 2009	6.31
Maxwell Booker (Essex Catholic), 2001	6.32
Darren Walker (Meade, Md.), 1980	6.34+
Mitchell, 1984	6.34+
Barney Borromeo (Nashua, Md.), 1986	6.34+
Jamar Ervin (Camden), 2001	6.34
Miles Shuler Foster (Long Branch), 2011	6.34

#### **200-METER DASH** (*run since 1994*)

Michael Blake (Mt. Vernon, N.Y.), 2011	21.31
Adian Sanderson (Ewing), 2004	21.34
Mike Abelard (Ramapo, N.Y.), 2008	21.50
Darrell Bush (Woodbury), 2012	21.53
Terrell Wilks (Hillhouse, N.Y.), 2007	21.61
Todd Dutch (Washington Twp.), 2002	21.62
Brian Bucknor (St. Benedict's), 2008	21.63
Tristan Walker (South Shore, N.Y.), 2005	21.67
Wilks, 2007	21.67s
Brandon Bing (Cheltenham, Pa.), 2007	21.72

Bing, 2007	21.74s
Zamir Thomas (Snyder), 2010	21.74
Anton Porter (Mount St. Michael, N.Y.), 2014	21.74

**300-YARD DASH** (*last run in 1993*)

Clinton Davis (Steel Valley, Pa.), 1983	30.17
Tony Darden (Norristown), 1976	30.3
Carlton Young (Central, Pa.), 1979	30.50
Ty Adams (Monmouth), 1993	30.80
Lamont Smith (Willingboro), 1991	30.85
Derrick Love (Meade, Md.), 1989	30.95
Mike Sullivan (Brockton, Mass.), 1979	30.96
Gary Satterwhite (Rahway), 1985	30.98
Ivan Jean Marie (Prospect Heights, N.Y.), 1991	30.99
Reggie Harris (O'Neill, N.Y.), 1989	31.06

**400-METER DASH** (*run since 1994*)

Zyaire Clemes (Trenton), 2014	47.13
Lance Wigfall (East Orange Campus), 2003	47.20
Taylor McLaughlin (Union Catholic), 2014	47.30
Rai Benjamin (Mt. Vernon, N.Y.), 2014	47.31
Ray Williams (Scotch Plains), 2002	47.45
Najee Glass (St. Peter's-Jersey City), 2011	47.54
Kedar Inico (Campus Magnet, N.Y.), 2001	47.69
Melville Rogers (Transit Tech, N.Y.), 2002	47.71
Shaquan Brown (JFK Paterson), 2005	47.75
Adian Sanderson (Ewing), 2004	47.76

**600-YARD RUN** (*last run in 1993*)

Joe Toles (Uniondale, N.Y.), 1977	1:10.6
Tony Tufariello (Hewlett, N.Y.), 1977	1:10.7
Chris Person (Plainfield), 1978	1:11.2
Ronald Coleman (Denbigh, Va.), 1984	1:11.29
Darrell Jeffress (Trenton), 1978	1:11.3
William Reed (Central, Pa.), 1986	1:11.66
Darryl Bryant (McDevitt, Pa.), 1978	1:11.7
Ted King (Westbury, N.Y.), 1984	1:11.80
Paul Steele (Prospect Heights, N.Y.), 1986	1:11.84
Keith Davis (Lincoln), 1970	1:11.9

**800-METER RUN** (*run since 1994*)

Paul Joyce (Clarkstown South, N.Y.), 2000	1:51.98
Edward Cheserek (St. Benedict's, N.J.), 2013	1:52.11
Gabriel McLaren (Freeport, N.Y.), 2003	1:52.12
Brian Scotland (St. Benedict's), 2005	1:52.47
Sean Tully (Syosset, N.Y.), 2005	1:52.65

Jason Apwah (Roxbury), 2007	1:52.76
Greg Gomez (Franklin), 2004	1:52.86
Ken Sinkovitz (Bergen Catholic), 2003	1:53.22
James Buser (Mahwah), 2014	1:53.27
<u>Justin Romaniuk (Suffern, N.Y.), 2000</u>	<u>1:53.44</u>
Michael Pachella (Wallkill Valley), 2005	1:53.44

**1,000-YARD RUN** (*last run in 1993*)

Mark Belger (Mepham, N.Y.), 1974	2:12.3
Don Paige (Baldwinsville, N.Y.), 1975	2:12.4
Roger Jones (Ramsey), 1978	2:12.6
John Marshall (Plainfield), 1981	2:12.6
Marshall, 1980	2:12.71
Ramon Severino (Washington, N.Y.), 1976	2:13.3
John Daly (Monsignor Farrell, N.Y.), 1974	2:13.4
Rick Green (Seton Hall), 1980	2:13.45
Tony Uzdavines (Williamstown), 1976	2:13.7
Joe Swenson (Chaminade, N.Y.), 1976	2:13.7
<u>Jeff Van Wie (Suffern, N.Y.), 1983</u>	<u>2:13.8</u>
Todd Colas (Osborn Park, Va.), 1980	2:13.97

**ONE-MILE RUN**

Blair Mancini (North Penn, Pa.), 1981	4:11.6
Brian Pettinghill (Chevarus, Portland, Maine), 1981	4:11.8
Robby Andrews (Manalapan), 2009	4:12.31
John Tuttle (Alfred-Almond, N.Y.), 1977	4:13.2
John Trautman (Monroe-Woodbury, N.Y.), 1986	4:13.71
Dan Predmore (Fairport, N.Y.), 1976	4:13.8
Bill Ledder (Bishop O'Connell, Va.), 1976	4:13.8
Tom Camien (Sewanhaka, N.Y.), 1977	4:13.8
Jim Tyler (Norwood, N.Y.), 1981	4:13.9
Chip Marsala (New Dorp, N.Y.), 1983	4:14.13

**TWO-MILE RUN**

Edward Cheserek (St. Benedict's), 2012	8:54.82
Alberto Salazar (Wayland, Mass.), 1976	9:01.1
Cheserek), 2011	9:02.40
Brian Dalpiaz (Sayville, N.Y.), 2002	9:03.65+
Charles Alexander (St. Christopher, N.Y.), 1982	9:04.17
Steve Murdock (Shenendehowa, N.Y.), 2007	9:07.85
Kris Hardt (Whitman, Md.), 1984	9:07.87
Jim Rosa (West Windsor-Plainsboro, North, N.J.)	9:08.32
Steve Ferri (O'Connell, Va.), 1977	9:09.0
Chris Hallinan (Bernards), 1976	9:09.1
Hakon DeVries (John Jay, N.Y.), 2003	9:09.27

**55-METER HURDLES** (*hand time*)

Renaldo Nehemiah (Scotch Plains), 1977	6.9+
Kerry Bethel (Bartram, Pa.), 1975	7.0+
Paul Lankford (Farmingdale, N.Y.), 1975	7.0
Paul Snipes (Essex Catholic), 1976	7.1+
Jim Little (Moorestown), 1976	7.2+
Dave Bannar (Rancocas Valley), 1976	7.2+
Dudley Dorival (Ewing), 1993	7.2+
Gary Ramsey (Neptune), 1976	7.3+
Tony Smith (Norristown, Pa.), 1977	7.3+
<u>Mel Pinckney (Trenton), 1977</u>	<u>7.3+</u>
Gary Boyer (Horseheads, N.Y.), 1978	7.3+
Greg Smith (Kennedy, N.Y.), 1978	7.3+
Rodney Wilson (Bartrum, Pa.), 1978	7.3+
Greg Hines (Walt Whitman, N.Y.), 1993	7.3+

**55-METER HURDLES** (*FAT time*)

Rodney Wilson (Bartrum, Pa.), 1979	7.17+
Sultan Tucker (Delsea), 1996	7.23
Patrick Mann (Gar-Field, Va.), 1984	7.27+
Calvin Holmes (Denbeigh, Va.), 1984	7.28+
Anthony Acklin (Triton), 2001	7.29
Nate Harley (Pleasantville), 1996	7.29
Will Brown (Palmyra), 2006	7.29
James Purvis (Brentwood, N.Y.), 1984	7.30+
Danyne Brown (Camden), 1999	7.31s
<u>Dwayne Allen (Harrisburg, Pa.), 1980</u>	<u>7.32+</u>
Stephan Fletcher (Princeton), 1983	7.32+
Jonathan Dickey (Penns Grove), 1985	7.32+
Jeff Porter (Franklin), 2003	7.32s, t

**ONE-MILE WALK** (*held 1980 through 1984*)

Tim Lewis (Shenendehowa, N.Y.), 1980	6:37.1
Jim Mahn (Bishop Gibbons, N.Y.), 1982	6:38.7
Paul Schwartzburg (Mamaroneck, N.Y.), 1984	6:39.2
Ed O'Rourke (Glen Cove, N.Y.), 1980	6:44.1
Ed Kasch (Burnt Hills, N.Y.), 1982	6:45.4
Pat Flannery (East Meadow, N.Y.), 1983	6:45.6
James Eastwood (Port Washington, N.Y.), 1983	6:47.2
Mike Stauch (Delaware Valley), 1982	6:49.4
Peter Brandt (Pearl River, N.Y.), 1980	6:50.1
Andy Liles (Monroe-Woodbury, N.Y.), 1981	6:50.3

**HIGH JUMP**

Greg Gonsalves (Falmouth, Mass.), 1981	7- 3
Milt Goode (Monmouth), 1979	7- 2 ¼

Eric Taylor-Perry (Montclair), 1990	7- 2
Mike Morrison (Willingboro), 2003	7- 2
Tim Walker (Rogers, R.I.), 1975	7- 1 ½
Rudy Reavis (New Rochelle, N.Y.), 1975	7- 0
Desmond DaCosta (Overbrook, Pa.), 1980	7- 0
Eldred Williams (Music-Art, N.Y.), 1981	7- 0
Terrence Ferguson (Cherry Hill West), 1987	7- 0
<u>Tommy Thompson (St. John Baptist), 1993</u>	<u>7- 0</u>
Morrison, 2002	7- 0
Adam Bergo (Westfield), 2008	7- 0

### **POLE VAULT**

Jordan Yamoah (Arlington, N.Y.), 2011	16- 6
Adam Sarafian (Ocean Twp.), 2004	16- 3 ¼
Bill Hartley (Southern Ocean), 1976	15-10
Vince Reilly (St. Joseph-Metuchen), 1977	15- 6
Don Heyburn (Cranford), 1980	15- 6
Eric Richard (Bridgewater East), 1981	15- 6
Chris Lockett (Woodbridge, Va.), 1986	15- 6
Gavin McMahon (Fordham Prep, N.Y.), 2003	15- 6
Brian Duggan (Monsignor Farrell, N.Y.), 2005	15- 6
<u>Casey DeCesare (Irvington, N.Y.), 2005</u>	<u>15- 6</u>
Dan Batdorf (West Deptford), 2008	15- 6
Darwin Gibbons (Caravel Academy, Del.), 2009	15- 6
Greg Gallagher (Iona Prep, N.Y.), 2012	15- 6
Craig Hunter (Robbinsville, N.J.), 2013	15- 6

### **LONG JUMP**

Dion Bentley (Penn Hills, Pa.), 1989	26- 0 ¾
Marvin Ford (Uniondale, N.Y.), 1993	25- 7 ¾
Carl Lewis (Willingboro), 1979	25- 5 ½
Eric Metcalf (O'Connell, Va.), 1985	25- 3 ¾
Ron Dickerson (State College, Pa.), 1989	24-10 ½
Gerard Reynolds (Willingboro), 1990	24- 6 ¾
Metcalf, 1984	24- 4 ¾
Jason Grimes (Overbrook, Pa.), 1977	24- 2
Boris Goins (Cardozo, Wash., D.C.), 1985	24- 1 ½
Isaac Samuels (Kennedy), 1983	24- 0 ¼
Reynolds, 1989	23-11 ¾
Lewis, 1978	23-11 ¼
Lucas Kerley (So. Jefferson, N.Y.), 1989	23-11 ¼

### **TRIPLE JUMP**

Gary Jones (Webster Schroeder, N.Y.), 2006	49- 9
Craig Halyard (Ridgewood), 1989	49- 6 ½
Erik Clinton (Hope, R.I.), 1993	49- 1 ¼

Sanya Owolabi (Sleepy Hollow, N.Y.), 1977	48- 9 ½
Steve Crouse (Colonie, N.Y.), 2008	48- 9 ¼
Shawn Tittley (Seneca Valley, N.Y.), 1983	48- 6 ¾
Dewey Sanders (Seton Hall Prep), 1986	48- 6 ½
Antonio Davis (Walt Whitman, N.Y.), 1990	48- 6 ½
Robert Howard (Shea, R.I.), 1994	48- 5 ¾
Rolston Braithwaite (Trenton), 2009	48- 5 ¼

### **SHOT PUT**

Nick Vena (Morristown), 2011	71- 3 ¼
Braheme Days (Bridgeton), 2012	70- 8
Vena, 2009	69- 2
Vena, 2009	68-11
Days, 2013	67- 8
Glenn DiGiorgio (Bayonne), 2002	66- 2
Steve Adams (St. Joseph-Montville), 1970	64- 8
Dan Krueger (Bayside, Va.), 1978	64- 7 ¾
Bruce Heide (Dayton), 1975	64- 5 ¼
Jim Gilligan (Toms River East), 1984	64- 2 ½
Kevin DiGiorgio (Bayonne), 1997	64- 1 ½
Adams, 1969	63-11 ¼
K. DiGiorgio, 1998	63-11
Aaron Echternacht (Hopewell Valley), 1991	63- 6 ½
Vena, 2008	63- 2 ½
Uzoma Orji (Matawan), 2002	63- 1 ½

### **WEIGHT THROW**

Walter Henning (St. Anthony's, N.Y.), 2007	86-3 ¾ <sup>nr</sup>
James Schwendner (Shenendehowa, N.Y.), 2007	63-11
Ryan Loughney (Tri-Valley, N.Y.), 2007	61- 5
Dennis Aliotta (Monsignor Farrell, N.Y.), 2007	56- 4 ½
Charles Winslow (Mt. Vernon, N.Y.), 2007	56- 3 ¾
Garrett Grey (Tri-Valley, N.Y.), 2007	55- 4
Jason DiBuono (New Rochelle, N.Y.), 2007	54- 2 ¾
Matt Jimenez (Monsignor Farrell, N.Y.), 2007	53- 9 ¼
Vincenzo Chiariello (Mons. Farrell, N.Y.), 2007	53- 4 ½
Chris Radman (Archbishop Malloy, N.Y.), 2007	52- 9

### **800-METER RELAY**

Camden, 2004	1:26.90
Campus Magnet, N.Y., 2001	1:28.05
Camden, 2004	1:28.07 <sup>q</sup>
Vineland, 2004	1:28.18
Trenton, 2008	1:28.35
Union Catholic, 2008	1:28.35
Lenape, 2000	1:28.46

Camden, 2002	1:28.82
Lawrenceville School, N.J., 2011	1:28.77
Mt. Vernon, N.Y., 2011	1:28.77
West Orange, 2012	1:28.85

### **1,600-METER RELAY**

Camden, 2001	3:15.78
Vineland, 2003	3:16.5*
Trenton, 2003	3:17.0*
Pleasantville, 2007	3:18.90
Boys and Girls, N.Y., 1977	3:19.0+
Asbury Park, 1978	3:19.1+
Fairmont Heights, Md., 1979	3:19.2+
Chester, Pa., 1981	3:19.3+
Winslow, 2003	3:19.3*
Seton Hall Prep, 2005	3:19.36

### **3,200-METER RELAY**

Pleasantville, N.J., 2013	7:45.55
Pope John XXIII, 2012	7:47.00
Morris Catholic, 2009	7:47.81
Cherokee, 2012	7:47..84
Roselle Catholic, 1970	7:48.6+
Maria Regina, N.Y., 1975	7:49.4+
South Brunswick, 2014	7:49.89
Warwick Valley, N.Y., 2012	7:50.68
Boys and Girls, N.Y., 2012	7:50.86
Lawrenceville School, 2009	7:50.97

### **SPRINT MEDLEY** (*held 1989-1991*)

Elizabeth, 1991	3:33.51
Newark West Side, 1990	3:33.79
Franklin, 1990	3:37.04
H.D. Woodson, Washington, D.C., 1990	3:37.42
Clarkstown South, N.Y., 199	3:37.91
Central, N.Y. 1991	3:38.72
South Shore, N.Y., 1991	3:38.99
Franklin, 1989	3:40.58
Don Bosco, 1990	3:41.32
Bishop Loughlin, N.Y., 1991	3:42.05

### **DISTANCE MEDLEY** (*held since 1971*)

West Windsor-Plainsboro North, 2009	10:07.21
Haddonfield, 2010	10:10.60
St. Benedict's, 2012	10:10.70
T.C. Williams, Va., 1979	10:11.5+

Archbishop Ryan, Pa., 1976	10:12.1+
Paramus Catholic, 1977	10:13.0+
West Windsor-Plainsboro South, 2013	10:13.60
Chaminade, N.Y.	10:14.02
St. Benedict's, N.J., 2011	10:14.54
Colts Neck, N.J., 2005	10:15.08

## **GIRLS**

*(incomplete non-winning results 1980-1984, full results 1985-2013)*

### **55-METER DASH**

Michelle Glover (Willingboro), 1980	6.5+
Myasia Jacobs (Paramus Catholic), 2011	6.84
Lynne Layne (New Rochelle), 2006	6.91 <sub>s</sub>
English Gardner (Eastern), 2010	6.91
Gardner, 2008	6.92
Jacobs, 2011	6.92 <sub>s</sub>
Jacobs, 2010	6.93
Denise Mitchell (Edgewood), 1983	6.95+
Jacobs, 2011	6.95 <sub>q</sub>
Jenna Harris (Franklin), 2003	6.97
Virgil Hodge (Washington Irving, N.Y.), 2003	6.98
Layne, 2006	6.98 <sub>s</sub>
Harris, 2003	6.98 <sub>s</sub>
Dominique Booker (Immaculate Conception), 2008	6.99
Angie Johnson (Nashua, N.H.), 1989	7.00+
<u>Amandi Rhett (Moorestown), 2000</u>	<u>7.00</u>
Torie Robinson (Winslow), 2014	7.00

### **200-METER DASH**

Whitney Fountain (Chris. Columbus, N.Y.), 2009	23.77
Fountain, 2009	23.99 <sub>s</sub>
Darius Symone (New Rochelle, N.Y.), 2014	24.02
Fountain, 2010	24.03 <sub>s</sub>
Symone, 2014	24.16 <sub>s</sub>
Tiandra Ponteen (Washington Irving, N.Y.), 2001	24.19
Dominique Booker (Immaculate Conception), 2008	24.21
Kyle Plante (Colonie, N.Y.), 2010	24.25
Toneisha Friday (Franklin Twp.), 2005	24.34
Booker, 2008	24.34 <sub>s</sub>
Plante, 2010	24.37 <sub>s</sub>
Krystal Cantey (Winslow), 2006	24.38 <sub>s</sub>
Raquel Vassell (East Orange), 2006	24.38 <sub>s</sub>
Zoey Russell (Fredrick Douglas), 2008	24.38
<u>Shana Cox (Holy Trinity, N.Y.), 2001</u>	<u>24.42</u>
Shevon Stoddard (Uniondale, N.Y.), 2001	24.42



### **300-YARD DASH**

Tasha Downing (Boston Tech, Mass.), 1986	34.51
Maxine Underwood (Brookline, Mass.), 1982	34.54
Underwood, 1980	34.5
Downing, 1987	34.85
Downing, 1988	34.96
Tiffany Weatherford (Newark Science), 1992	35.01
Sherry Murphy (Spring Valley, N.Y.), 1987	35.30
Underwood, 1981	35.35
Beverly Young (Lincoln-Sudbury, Mass.), 1990	35.36
Vanessa Lewis (Morris Catholic), 1995	35.36
Erica Stanley (U.N. School, N.Y.), 1991	35.55
Murphy, 1988	35.58
Agard (Tilden, N.Y.), 1988	35.64
Angela Lee (Franklin), 1995	35.70
Weatherford, 1990	35.77
<u>Tori Rucher (Chris. Columbus), 1981</u>	<u>35.79</u>
Samantha Jackson (Shabazz), 1986	35.79

### **400-METER DASH**

Zola Golden (Arlington, N.Y.), 2014	54.40
Neisha Bernard-Thomas (Tilden, N.Y.), 2000	54.87
Nijgia Snapp (Oakcrest), 2008	54.91
Tawana Watkins (Paterson Kennedy), 2002	54.98
Okechi Ogbuokiri (Willingboro), 2003	55.14
Dominique Blake (Harry S Truman, N.Y.), 2004	55.23
Elizabeth Mott (New Rochelle, N.Y.), 2008	55.25
Amber Allen (Passaic County Vo-Tech), 2008	55.32
Allen, 2009	55.35
Watkins, 2001	55.39
Jennifer Edobi (Union), 2014	55.42
Kyle Plante (Colonie, N.Y.), 2009	55.44

### **600-YARD RUN**

Giselle Harris (Shabazz), 1986	1:21.17
Cathy Birge (Lake Braddock, Va.), 1985	1:21.24
Harris, 1985	1:21.72
Felicia Edwards (New Dorp, N.Y.), 1989	1:21.93
Hazel Clark (Columbia), 1995	1:22.02
Adrienne Dixon (Brighton), 1981	1:22.58
Gail Bryant (Columbia), 1981	1:22.76
Michelle Bennett, (Cndl. Spellman), 1987	1:23.22
Shawn Moore (William Penn, Pa.), 1986	1:23.29
Rochelle Walling (West Irving, N.Y.), 1995	1:23.54
Bennett , 1988	1:23.65
Valerie Harris (Randolph, Mass.), 1986	1:23.79

Jennifer Metz (Pascack Valley), 1992 1:23.92

### **800-METER RUN**

Janine Davis (Queen of Peace), 2005 2:09.27  
Brittany Sheffey (Bellport, N.Y.), 2005 2:09.94  
Olicia Williams (St. Anthony's, N.Y.), 2011 2:10.61  
Alaine Tate (Bayside, N.Y.), 2010 2:11.16  
Brianna Welch (North Shore, N.Y.), 2007 2:11.26  
Ellen Dougherty (Riverhead, N.Y.), 2004 2:11.35  
Kristin Reese (Carmel, N.Y.), 2008 2:11.37  
Kameron McIntosh (Suffern, N.Y.), 2013 2:11.80  
Jessica Gelibert (Bay Shore, N.Y.), 2012 2:11.85  
Erica Johnson (Bayview Academy, N.Y.), 2013 2:11.86

### **1,000-YARD RUN**

Shola Lynch (Hunter, N.Y.), 1987 2:31.86  
Kristen Seabury (Stoneham, Mass.), 1986 2:32.7  
Bobbie McGee (Newark West-Side), 1983 2:32.9  
Jasmin Jones (Hackensack), 1986 2:33.2  
    Jones, 1987 2:33.44  
Monica Olkowski (Cherokee), 1990 2:34.63  
Kim Sannito (Caldwell), 1982 2:34.68  
Heather Grimshaw (Seekonk, Mass.), 1988 2:34.88  
Dahm (Wilton, Conn.), 1986 2:35.1  
Gail Saunders (Reading, Pa.), 1981 2:36.53  
Gina Procacio (Sun Valley, Pa.), 1981 2:36.56  
Kim Certain (Half Hollow Hills, N.Y.), 1986 2:36.7  
Watson (Midwood, N.Y.), 1989 2:37.23

### **ONE-MILE RUN**

Michelle Rowen (Washington Twp.), 1983 4:43.1  
Ceci Hopp (Greenwich, Ct.), 1981 4:45.09  
Maddy Berkson (Classical, R.I.), 2014 4:50.11  
Eileen Ellig (Rutland, Vt.), 1985 4:52.31  
Shola Lynch (Hunter, N.Y.), 1986 4:52.36  
Patty Weigand (Conestoga, N.Y.), 1986 4:52.37  
Nnena Lynch (Hunter, N.Y.), 1987 4:52.55  
Lisa Welch (Peabody, Mass.), 1981 4:53.36  
Erin Donohue (Haddonfield), 2001 4:54.73  
    Wiegand, 1987 4:55.05  
    N. Lynch, 1989 4:55.24  
    N. Lynch, 1988 4:55.87  
Laurie Glynn (Winchester, Mass.), 1981 4:56.86

### **TWO-MILE RUN**

Leslie Welch (Peabody, Mass.), 1981 10:22.29

Aisling Cuffe (Cornwall, N.Y.), 2010	10:28.20
Katie McCafferty (Oak Knoll School), 2008	10:32.73
Christine Crowley (Wellesley, Mass.), 1986	10:34.26
Anne Letko (North Hunterdon), 1986	10:35.66
Bella Burda (Arlington, N.Y.), 2014	10:36.63
Cathy Feeney (Wayne Valley), 1990	10:38.0
Jodie Bilotta (North Hunterdon), 1987	10:40.01
Molly Murray (Plymouth Whitemarsh), 1981	10:40.6
Patti Mileski (Ridgewood), 1983	10:40.8

### **60-YARD HURDLES**

Charmaine Walker (Plainfield), 1997	7.71
Lindsay Rowe (Benjamin Cardoza, N.Y.), 2007	7.76
Dawn Bowles (Neptune), 1988	7.82 <i>q</i>
Nia Ali (Pleasantville), 2006	7.89
Ste'cye McNeil (Winslow), 2012	7.89
Lindsay Rowe (Benjamin Cardoza, N.Y.), 2007	7.91 <sub>s</sub>
Shenea Dawkins (New Rochelle), 2002	7.92
Allison Williams (Brentwood, N.Y.), 1989	7.93
Wendy Vereen (Trenton), 1983	7.93
Lateisha Philson (Benjamin Cardoza, N.Y.), 2011	7.94

### **HIGH JUMP**

Emily Kianka (Hopewell Valley), 2010	5-11
Deb Vento (Freehold Boro), 2003	5-10
Lacey Shuman (Maryvale Prep), 2010	5-10
Tatiana Smolin (Randolph), 1985	5- 9
Shauna Byfield (Manhasset, N.Y.), 2000	5- 9
Tish Edwards (Mater Dei), 1980	5- 8
Edwards, 1981	5- 8
Shelley Mitchell (Lakewood), 1988	5- 8
Tammy Peoples (Weston, Mass.), 1991	5- 8
Stacy Grant (South Shore, N.Y.), 1995	5- 8
<u>Kathy Kilar (North Edison), 1996</u>	<u>5- 8</u>
Michelle June (Meade, Md.), 1997	5- 8
Jessica Taibe (Hunterdon Central), 2000	5- 8
Vento, 2003	5- 8
Lauren Biscardi (Shoreham Wading, N.Y.)	5- 8
Carin Knight (New Rochelle, N.Y.)	5- 8
Lataya Dixon (J.P. Stevens), 2007	5- 8
Kianka, 2009	5- 8
Sarah Palmer (Schuylerville), 2010	5- 8
Kyaira Wright-Harmon (Franklin), 2012	5- 8
Noel Jancewicz (Robbinsville), 2012	5- 8
Megan McCloskey (Germantown Academy), 2013	5- 8
<u>Kate Gulbrandsen (Lawrenceville), 2014</u>	<u>5- 8</u>

**POLE VAULT**

Danielle O'Reilly (Shawnee), 2004	13-0
Megan Clark (Jamesville DeWitt, N.Y.), 2011	13-0
Lindsay Rosales (Washingtonville, N.Y.), 2003	12-0
Jessica Kloss (Moorestown), 2004	12-0
Julianne Toto (Middletown South), 2005	12-0
Stephanie Duffy (Washingtonville, N.Y.), 2007	12-0
Michelle Quimby (Shenendehowa, N.Y.), 2009	12-0
Nicole Pompei (Hanover Park), 2009	12-0
Kayula Polcai (Ridgewood), 2010	12-0
<u>Chelsea Hartigan (Ramapo), 2010</u>	<u>12-0</u>
Catherine Shih (Bernards), 2010	12-0
Kayla Polcai (Ridgewood), 2011	12-0
Dana Schweiger (Toms River North), 2011	12-0
Carissa Leonard (Lakeland-Panus, N.Y.), 2011	12-0
Chelsea Vaughan (Southern Regional), 2012	12-0
Jenna Calandro (Newtown, N.Y.), 2014	12-0
Nicole Macco (Matawan), 2014	12-0

**LONG JUMP**

Keturah Orji (Mount Olive), 2014	20- 8
Carol Lewis (Willingboro), 1980	20- 6 ¼
Nolle Graham (Taft, N.Y.), 1998	19-11 ½
Cida'e Woods (Winslow Twp., N.J.), 2013	19- 8
Keyon Soley (Uniondale, N.Y.), 1998	19- 7 ½
Lynn Layne (New Rochelle, N.Y.), 2006	19- 7 ½
Claire Connor (Rahway), 1984	19- 5 ½
Jennifer Clayton (Suffern, N.Y.), 2009	19- 5 ½
Woods, 2014	19- 4 ¾
Chinela Davis (North Rockland, N.Y.), 2001	19- 4 ½
<u>Celeste Holder (Parsippany), 2006</u>	<u>19- 4</u>

**TRIPLE JUMP**

Keturah Orji (Mount Olive), 2014	43-11 ½
Stephanie McIntyre (South Brunswick), 2007	40-11
Orji, 2013	40-10 ½
Gabriela Baiter (Elwood-John Glenn, N.Y.), 2007	40- 8 ½
Carlene Cummings (Englewood), 1998	40- 6
Kirsten Fields (Mount Vernon, N.Y.), 2005	39- 9 ¼
Bryanna Grant (Cranford), 2012	39- 9
Adefunke Sonaike (Montgomery), 2012	39-7 ¾
Iana Amsterdam (Essex County Vo-Tech), 2011	39-7 ¼
Ebony Young (Hillsborough), 2009	39- 6 ¾
Shenae Dawkins (New Rochelle), 2002	39- 5

**SHOT PUT**

Vanessa Stewart (North Babylon, N.Y.), 2010	47-4 $\frac{3}{4}$
Jackie Hudgins (Hightstown), 2001	46- 9
Theresa Picciallo (Immaculate Heart), 2011	46- 6
Nicole Sims (Plainfield), 1991	45-11 $\frac{1}{4}$
Apresha Hampton (Teaneck), 2011	45- 9
Theresa Picciallo (Immaculate Heart), 2012	45- 9
Melody Johnson (No. Attleboro), 1986	45- 8
DeAnne Hahn (Brick Twp.), 2007	45 -7
Kelly Fazekas (Northern Valley-Demarest), 2003	45- 5
Taryn O'Connor (Hillsborough), 2007	45- 5

**25-POUND WEIGHT THROW**

Cynthia Lloyd (New Rochelle, N.Y.), 2007	47- 1
Kadine Johnson (New Rochelle, N.Y.), 2007	44- 2 $\frac{3}{4}$
Ashley Clasen (Shore.-Wading River, N.Y.), 2007	40-11 $\frac{1}{4}$
Kristen Batts (Marlboro), 2007	40- 5 $\frac{3}{4}$
Krystal Graham (New Rochelle, N.Y.), 2007	37- 8 $\frac{1}{4}$

**800-METER RELAY**

Middle College/Medger Evers, N.Y., 2011	1:39.27
Uniondale, N.Y., 2007	1:39.41
Uniondale, N.Y., 2007	1:39.59 <sub>s</sub>
Paul Robeson, N.Y., 2001	1:39.86
Hempstead, N.Y., 2007	1:39.94
Washington Irving, N.Y., 2001	1:40.37
Hempstead, N.Y., 2005	1:40.51
Hope, R.I., 2012	1:40.76
New Rochelle, N.Y., 2013	1:40.76
Moorestown, 2000	1:40.77

**1,600-METER RELAY**

Columbia, 2013	3:46.80
Plainfield, 1980	3:48.7+
Camden, 1995	3:49.07+
Boys and Girls, 2007	3:49.19
Willingboro, 2003	3:49.27
Plainfield, 1981	3:49.74+
Snyder, 1981	3:50.55+
Tilden, N.Y., 1987	3:51.30+
Simon Gratz, Pa., 1998	3:52.31
Woodrow Wilson, 2006	3:52.55

**3,200-METER RELAY**

Columbia, 2014	9:05.40
Pope John XXIII, 2007	9:06.94

Upper Perkiomen, Pa., 1982	9:11.22+
Lenape, 2012	9:11.37
Lenape, 2008	9:11.94
Bay Shore, N.Y., 1996	9:12.67
Notre Dame, N.Y., 1987	9:13.0+
Southern Regional, 2009	9:13.30
Freehold Township, 2013	9:13.82
Boys and Girls, N.Y., 2001	9:13.96

**DISTANCE MEDLEY**

Southern Regional, 2009	11:48.61
Warwick Valley, N.Y., 2008	11:49.59
Southern Regional, 2007	11:49.62
Boys and Girls, Brooklyn, N.Y., 2002	11:50.86
Red Bank Regional, 2002	11:51.54
Shenendehowa, N.Y., 2009	11:51.28
Red Bank Regional, 2003	11:52.9h
Bernards, 1983	11:53.54+
Lenape, 2013	11:54.63
Red Bank Catholic, 2012	11:55.32

**KEY**

- + - converted from yards
- % - converted from meters
- s – mark achieved in semis
- q – mark achieved in qualifying round
- \* - converted from timing error