

Easterns 2019 is using New York Mile Split for Entries to the Meet.

Go to: [New York MileSplit](#) . Set up a team account (if you don't already have one) and enter the meet.

Mile Split will do the seeding for the meet. Your athlete or relay team must have a performance in the mile split data base to be seeded in the Easterns Meet. Entries will be accepted without a mile split seed but the athlete or team will be in unseeded sections of the event.



For payment of entry fees: Print out the [payment form](#) and send check or school voucher to: Mike Glynn, 19 East Lewis Avenue, Pearl River, NY 10965.

Schools may not participate in the meet if the Entry Fees have not been paid.