

BERGEN GIRLS FROSH CHAMPS 5/16/19

Championship events: # of Entrants

100 meter dash _____	Shot put _____
200 meter dash _____	Discus _____
400 meter dash _____	Javelin _____
800 meter run _____	High Jump _____
1600 meter run _____	Long Jump _____
3200 meter run _____	Triple Jump _____
100 meter Hurdles _____	Pole Vault _____
400 meter Hurdles _____	4X400 meter Relay _____

_____ # of individual events at \$6 = _____ _____ # of Relay Entries at \$15 = _____

ENTRIES CLOSE 5/13/19

Entries Payable to: "Abbington Track Club, Inc."

Tax ID#: 13-4096981

Entry Fee: **\$6 per individual event, \$15 per relay.**

Total entry fees enclosed: _____

School _____

Address _____

AD fax # _____

Coach _____

Phone: (cell) _____ (home) _____ (school) _____

e-mail _____

Fill in the form, Save it on your computer, and email it to: joshsaladino@gmail.com

Or

Print the form and fax it to: 201-444-0246

Then

Mail Form and Check to:

Josh Saladino
510 Alpine Terrace
Ridgewood, NJ 07450

BERGEN GIRLS FROSH CHAMPS 5/16/19