

# BERGEN GIRLS FROSH CHAMPS 5/11/26

Championship events: # of Entrants

100 meter dash _____	Shot put _____
200 meter dash _____	Discus _____
400 meter dash _____	Javelin _____
800 meter run _____	High Jump _____
1600 meter run _____	Long Jump _____
3200 meter run _____	Triple Jump _____
100 meter Hurdles _____	Pole Vault _____
400 meter Hurdles _____	4X400 meter Relay _____

\_\_\_\_\_ # of individual events at \$8 = \_\_\_\_\_ # of Relay Entries at \$25 = \_\_\_\_\_

ENTRIES CLOSE 5/8/26

Entries Payable to: "Abbingon Track Club, Inc."

Tax ID#: 13-4096981

Entry Fee: **\$8 per individual event, \$25 per relay.** Total entry fees enclosed: \_\_\_\_\_

School \_\_\_\_\_

Address \_\_\_\_\_

AD fax # \_\_\_\_\_

Coach \_\_\_\_\_

Phone: (cell) \_\_\_\_\_ (home) \_\_\_\_\_ (school) \_\_\_\_\_

e-mail \_\_\_\_\_

Fill in the form, save it on your computer, and email it to: [joshsaladino@gmail.com](mailto:joshsaladino@gmail.com)

And Then:

Print the form and postal mail it and the check to:

**Josh Saladino**  
**26 Circle Avenue**  
**Ridgewood, NJ 07452**

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