

COMET RELAYS

4/20/19

List number of relays entered in each event. One Relay Only in Varsity Events.

GIRLS

varsity	novice	frosh
TRACK RELAYS:		
___ 4X100	___ 4X100	___ 4X100
___ 4X200	___ 4X200	___ 4X200
___ 4X400	___ 4X400	___ 4X400
___ 4X800	___ 4X800	___ 4X800
___ 4X1600	___ 4x1600	
___ Sprint Med		
___ Distance Med	___ DMR	___ DMR
___ 4X100 H	___ 4X100 H	___ 4X 100 H
___ 3X400 IH	___ 2X400IH	___ 2X400 IH
3 PERSON		
___ 3X LJ	___ 2XLJ	___ 2XLJ
___ 3X TJ	___ 2X TJ	___ 2XTJ
___ 3X HJ	___ 2X HJ (limit 2 teams)	
___ 3X PV		
___ 3X Shot	___ 2X Shot	___ 2X Shot
___ 3X Discus		
___ 3X Javelin	___ 2X Javelin	___ 2X Javelin

BOYS

varsity	novice	frosh
___ 4X100	___ 4X100	___ 4X100
___ 4X200	___ 4X200	___ 4X200
___ 4X400	___ 4X400	___ 4X400
___ 4X800	___ 4X800	___ 4X800
___ 4X1600	___ 4x1600	
___ Sprint Med		
___ DMR	___ DMR	___ DMR
___ 4X110 H	___ 4X110H	___ 4X110H
___ 3X400 IH	___ 2X400 IH	___ 2X400H
3 PERSON		
___ 3X LJ	___ 2XLJ	___ 2XLJ
___ 3X TJ	___ 2X TJ	___ 2XTJ
___ 3XHJ	___ 2X HJ (limit 2 teams)	
___ 3XPV		
___ 3X Shot	___ 2X Shot	___ 2XShot
___ 3X Discus		
___ 3X Javelin	___ 2X Javelin	___ 2XJav

___ # of Running Relay Entries at \$15 = ___

___ # of field relays at \$15 = ___

ENTRIES CLOSE 4/17/19

Entries Payable to: "Abbington Track Club, Inc."
Tax ID#: 13-4096981

Entry Fee: **\$15per relay .**

Total entry fees enclosed: _____

School _____ School Enrollment 9-12 _____

Address _____

Athletic Director Fax # _____

Coach _____ Cell Phone _____

Home Phone _____ School Phone _____

Coaches e-mail _____

Mail Entries to: **Mike Glynn**
19 East Lewis Avenue
Pearl River, NY 10965

Faxes accepted if entry
fee or voucher brought
to meet.
fax# = 845-735-7556

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