October, 2026

Dear Coach,

We will host our Frosh/Novice meet and The Varsity Classic at The Armory on 168th Street and Fort Washington Avenue in Manhattan.

The Meets are:

The Frosh - Novice at The Armory
Monday, January 11th, 2027 at 5:15**pm**

The 168th Street Indoor Varsity Classic -
Monday, February 8th, 2027 at **5:15pm**

We are committed to trying to finish these meets by 10pm. Therefore, please be advised that sending the entry in on time does not guarantee acceptance. If the meet becomes too large we will cut off entries before the due dates..

We hope you and your athletes can join us for these meets in a great New York venue.

Regards,

Jacob Brown
Mike Glynn

Entry Instruction for The Frosh Novice at The Armory
Monday January 11, 2027

Entry to The Frosh Novice is on a **FIRST** come **FIRST** Served basis.

To Enter **YOU MUST**:

First: Fill out the Entry Summary Form. Email or Fax this form to Jacob Brown: jacob@jacobbrown.com or 201-701-0242. We will then email you a password to use when you enter your team on MileSplit. The entry form MUST BE RECEIVED before the password is sent.

Second: Enter your schools line up on MileSplit. Make sure your entry fee on MileSplit matches the entry fee listed on your payment form.

Third: Mail the School Purchase Order (POs may be emailed) or Entry Fee check to Jacob Brown, 53 Abbington Terrace, Glen Rock, NJ 07452

If you enter MileSplit without sending an Entry Summary Form to Jacob Brown: **WE WILL DELETE YOUR ENTRY** on MileSplit.

Coaches may adjust their team entry on mile split up to Saturday 1/9/2027. Make sure your entry fee total stays the same.

Remember to Enter Early. This meet has traditionally closed well ahead of the entry deadline.

We will post a list of entered teams as we receive your entry on www.jacobbrown.com

Remember: The Fees are Entry Fees not Participation Fees!

Frosh/Novice at The Armory 1/11/27
Entry Summary Form:

List the number of entries:

Individual Entries at $9 per Event: _____ X $9 = _____
Relay Entries at $36 per Relay: _____ X $36 = _____
Total Entry Fee= _____

ENTRIES CLOSE WEDNESDAY 1/6/27 Entries Payable to: "Abbington Track Club Inc"
Tax ID#: 13-4096981

ENTRIES WILL CLOSE EARLY IF THE MEET GETS TOO BIG!

You may change your lineup on MileSplit until Saturday Evening 6pm. 1/9/2027

School _____

Address _____

AD fax# _____

Coach _____

Coaches Phone (Cell only)_____

Coaches e-mail _____

Entries to:

Postal Mail Entry Fee to:
Jacob Brown
53 Abbington Terrace
Glen Rock, NJ 07452

For password email or fax this form to:
jacob@jacobbrown.com
fax# = 201-701-0242

Frosh/Novice at The Armory 1/11/27

THE ARMORY FROSH-NOVICE MEET
Wednesday, January 14, 2026

Meet Information

1. **Awards:** Five (5) medals in each event (individual and relay).

2. **Entry Fees:** $9.00 per athlete, per event. $36.00 for relays.
Make checks payable to: "Abbington Track Club."
Tax ID#: 13-4096981

3. **Entries close:** Wednesday, 1/6/27, with Jacob Brown, 53 Abbington Terrace, Glen Rock, NJ 07452. NB – Paper entry to Jacob Brown, Receive Password, Then enter events on MileSplit.

4. For information concerning this meet:

check the web: **http://www.jacobbrown.com/EntryForms/meetinfo.htm**
or e-mail: jacob@jacobbrown.com or coachmikeglynn@hotmail.com
(put Frosh-Novice in Subject line.)

5. Boarding state sanctions have been obtained for New York, Pennsylvania, and New Jersey.

6. We very seldom make changes because of weather **BUT** coaches are responsible for checking the web site the day of the meet to be sure the meet is on as scheduled. http://www.jacobbrown.com/

7. Unlimited entry in every event. A minimum measurement in the Shot Put maybe established.

8. Coaches Packet will contain bar coded Name/Team stickers for each athlete entered in an event on the oval (200, 400, 800, 1600, 4x4, & 4x8). 55 & 55H are pre-seeded and athlete's names are on the posted heat sheets. In the field events, athlete's names are on the officials result sheets and field athletes just need to check in at the venue.

9. No starting blocks in this meet.

10. This is a NO SPIKE MEET! No Plastic Bottoms of any kind. See spike rules on web site.

11. Depending upon the number of entries, the 6 jump rule may be used in PV and HJ. Also, the meet directors reserve the right to lower the bar during the competition for an athlete delayed by another event.

12. The Armory has a great food venue.

13. Entrance to The Armory is on Fort Washington Avenue between 168th and 169th streets.

14. **Parking:** Buses MUST park on 155th Street: Check the web site for current regulations. While cars may park on the street, it is generally non-existent. There are also two local parking lots for cars: Fort Washington Ave between 164th and 165th streets. Broadway between 176th and 177th Streets.
15. **Directions:** From GW Bridge take 178th Street exit to Broadway. Right on Broadway to 168th Street.

16. **Remember**: Entries will be closed before the due date if the meet gets too large

The Armory Frosh - Novice Meet

Monday January 11, 2027 5:15 pm

ORDER OF EVENTS

Girls race first followed by the boys race - frosh then novice

On the track:	In the infield:
5:15pm start:	5:15pm start:
1600 meter run	55 hurdles trials, semis and finals
400 meter dash	55 dash trials, semis and finals
4X800 meter relay	
200 meter dash - final on time	
800 meter run	
4X400 meter relay	

Field events:

Shot Put - 2 circles -(3 throws - no finals) girls and boys start at 4:45.
If entries are excessive a minimum measurement standard will be established.
Long Jump - (3 jumps - no finals) girls then boys

Triple Jump - (3 jumps - no finals) boys then girls

High Jump - will begin at the conclusion of the dash finals. 2 pits - boys and girls at the same time

Pole Vault - - Boys then Girls - opening heights: f-boys-8', n-boys-9'
(boys first this year) f-girls-6', n-girls-7'
Meet directors reserve the right to increase opening heights if entries warrant.