

The Armory Frosh - Novice Meet

Wednesday January 14, 2026 5:00 pm

ORDER OF EVENTS

Girls race first followed by the boys race - frosh then novice

On the track:

5:00pm start:

1600 meter run

400 meter dash

4X800 meter relay

200 meter dash - final on time

800 meter run

4X400 meter relay

In the infield:

5:00pm start:

55 hurdles trials, semis and finals

55 dash trials, semis and finals

Field events:

Shot Put - 2 circles -(3 throws - no finals) boys start at 5:15. Girls start after Sprints & Hurdles.

If entries are excessive a minimum measurement standard will be established.

Long Jump - (3 jumps - no finals) girls then boys

Triple Jump - (3 jumps - no finals) boys then girls

High Jump - will begin at the conclusion of the dash finals. 2 pits - boys and girls at the same time

Pole Vault - - girls then boys - opening heights: f-boys-8', n-boys-9'

(girls first this year) f-girls-6', n-girls-7'

Meet directors reserve the right to increase opening heights if entries warrant.