

The 168th Street Indoor Varsity Classic

Monday February 4, 2019 4:30 pm

ORDER OF EVENTS

Boy's race first followed by the Girl's race

On the track:

4:30 start

3200 meter run

1 entrant per school in the 3200

Distance Medley (1200, 400, 800, 1600)

1 team / school **(33 total)** in the DM

800 meter run

3 entries in the 800m

400 meter dash

3 entries in the 400m

4X800 meter relay

1 team per school

200 meter dash - final on time

3 entries

1600 meter run

3 entries – 4 if athlete does not make the 3200

4X400 meter relay

1 team per school

In the infield

4:30 start

55 hurdles trials & finals

3 entries in the 55H

55 dash trials & finals

3 entries in the 55

Field events:

4:30 start

Shot Put - (3 Trial throws - top 6 performances back to a final) girls then boys

Girls throws under 30' and boys throws under 42' will not be measured.

Long Jump - (3 trial jumps open pit - top 6 jumpers back to a final) girls then boys

(unlimited entry in long and triple jump)

Triple Jump - (3 trial jumps open pit - top 6 jumpers back to a final) boys then girls

(unlimited entry in long and triple jump)

High Jump - will begin at the conclusion of the dash finals. 2 pits - boys and girls at the same time

Girls opening height: 4' 10". Boys opening height: 5' 10"

Pole Vault - Begin promptly at 4:30 - girls then boys

Girls opening height: 10' 6". Boys opening height: 13'

(if entries are excessive opening height may be higher-check web site)