

# Ridgewood Boys Cross Country All-Time Lists

Many of the names listed have more than one time that would make the all-time list; the list therefore has been limited to each individual athlete's best time only.

## Darlington County Park - Mahwah, NJ

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1.	Bob Keino	15:05*	1993	County Groups
2.	Pat Rynkowski	15:22	2010	Bergen Meet of Champions
3.	Billy Byrne	15:32	2016	Big North - Freedom
4.	Ari Zamir	15:37	2003	Bergen Meet of Champions
5.	Dan Emont	15:40	2006	Bergen Meet of Champions
6.	Will Baginski	15:41	2017	Bergen Meet of Champions
7.	Byron Williams	15:43	2005	Bergen Meet of Champions
8.	Levi Jennings	15:44	2010	Bergen Meet of Champions
8.	Taro Shigenobu	15:44	2008	Bergen Meet of Champions
10.	Mike Cator	15:48	2005	Bergen Meet of Champions
11.	Nick Barnabic	15:49	2015	Bergen Meet of Champions
12.	Nick Salamone	15:53	2012	County Groups
12.	Brian Davis	15:53	2003	County Groups
14.	Kenny Marshall	15:55	2014	Bergen Meet of Champions
15.	<b>Sean Fortunato</b>	<b>15:47**</b>	<b>2020</b>	<b>Big North - Batch Meet</b>
15.	Brad Rynkowski	15:59	2016	Big North - Freedom
15.	Sid Wagh	15:59	2016	Bergen Meet of Champions

\*Course Record

\*\* Altered course (10-12 seconds faster)

**Top Team Time: 80:11 (16:02.2) 2015 (Bergen Meet of Champions)**

Nick Barnabic 15:49, Billy Byrne 15:53, Kenny Marshall 15:56, Sid Wagh 16:14,  
Brad Rynkowski 16:19 (Jonah Naftzger 16:22, Matteo Robazza 16:24)

## Freshman All-Time List

### Darlington County Park - Mahwah, NJ (1.8 mi)

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1.	Will Baginski	8:15.4*	2015	Frosh Meet of Champions
2.	Michael Thurston	8:18.5	2012	Frosh Meet of Champions
3.	Ari Zamir	8:26.8	2000	Frosh Meet of Champions
4.	Kenny Marshall	8:28.0	2012	Frosh Meet of Champions
5.	Ben Zamboldi	8:33.0	2014	County Groups
6.	Brian Clarendon	8:36.0	2010	Frosh Meet of Champions
7.	Erik Nygaard	8:40.0	2000	Frosh Meet of Champions
8.	Charlie Branca	8:46.0	2014	County Groups
8.	David Frering	8:46.0	2010	Frosh Meet of Champions
8.	Nick DiSalvo	8:46.0	2000	Frosh Meet of Champions
11.	Angus Callan	8:48.0	2014	County Groups
12.	Kotaro Tamura	8:49.0	2011	County Groups
13.	Nick Barnabic	8:51.0	2012	Frosh Meet of Champions
13.	Christian Trautwein	8:51.0	2004	County Groups
13.	Zach Seibold	8:51.0	2014	County Groups

\*Course Record

**Top Team Time: 43:27.5 (8:41.5) 2012 (Frosh Meet of Champions)**

Michael Thurston 8:18.5, Kenny Marshall 8:28, Nick Barnabic 8:51, Matt Binstock 8:52,  
Eli Millstein 8:58, (Ken Crane-Moskowitz 9:07, Evan Westcott 9:14)

### Garret Mountain Reservation - Woodland Park, NJ

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1.	Bob Keino	15:32**	1993	State Sectionals
2.	Eric Bernsten	15:51	1986	County Groups
3.	Pat Rynkowski	16:01	2010	Passaic County Coaches Invitational
3.	Ari Zamir	16:01	2003	State Sectionals
3.	Tom Hughes	16:01	1980	State Sectionals
6.	Will Baginski	16:06	2017	State Sectionals
6.	Billy Byrne	16:06	2016	State Sectionals
8.	Taro Shigenobu	15:46*(16:07)	2008	State Sectionals
9.	Kevin McCabe	16:07	1987	Bergen Meet of Champions
10.	Dan Emont	16:08	2006	State Sectionals
11.	Levi Jennings	16:11	2010	State Sectionals
12.	Kenny Marshall	16:14	2014	State Sectionals
13.	Mike Cator	16:15	2004	State Sectionals
14.	David Nutt	16:19	1983	Bergen Meet of Champions
14.	Jim Ketterson	16:19	1981	Bergen Meet of Champions

\*2008 course was altered to ~3.03 miles due to construction

\*\*Course Record (Bergen County runners)

\*\*\*Before 1980 course was 2.85 mi

**Top Team Time: 82:47 (16:33.4) 2016 (State Sectionals)**

Billy Byrne 16:06, Sid Wagh 16:33, Brad Rynkowski 16:34, Will Baginski 16:34,

Matteo Robazza 17:00 (Jonah Naftzger 17:01, Ryan Fahey 17:30)

## Holmdel County Park - Holmdel, NJ

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1.	Bob Keino	15:50	1993	Shore Coaches Invitational
2.	Ari Zamir	15:53	2003	State Meet of Champions
3.	Billy Byrne	15:57	2016	Shore Coaches Invitational
4.	Pat Rynkowski	15:59	2010	Shore Coaches Invitational
5.	Taro Shigenobu	16:09	2008	State Meet of Champions
6.	Kevin McCabe	16:13	1987	State Meet of Champions
7.	Will Baginski	16:16	2017	State Group IV
8.	Nick Salamone	16:17	2012	State Meet of Champions
9.	Byron Williams	16:19	2005	State Group IV
10.	Levi Jennings	16:21	2010	Shore Coaches Invitational
11.	Dan Emont	16:25	2007	Shore Coaches Invitational
12.	Tom Hughes	16:26	1980	State Group IV
13.	Mike Cator	16:27	2005	State Meet of Champions
14.	Eric Bernsten	16:32	1986	State Group IV
15.	Kenny Marshall	16:34	2014	State Group IV

**Top Team Time: 83:11 (16:38.6) 2003 (State Meet of Champions)**

Ari Zamir 15:53, Mike Cator 16:42, Byron Williams 16:44, Brian Davis 16:52,

David Maher 17:02 (Kyle Engelken 17:03, Henry Ricciardi 17:36)

## Bowdoin County Park - Wappingers Falls, NY

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1.	Billy Byrne	16:02.9	2016	Nike Northeast Regional Champs
2.	Taro Shigenobu*	16:16.3	2008	Nike Northeast Regional Champs
3.	Pat Rynkowski	16:31.2	2010	Nike Northeast Regional Champs

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4. Levi Jennings	16:35.0	2010	Nike Northeast Regional Champs
5. Kenny Marshall	16:45.1	2015	Bowdoin XC Classic
6. Nick Salamone	16:55.1	2011	Nike Northeast Regional Champs
7. Brad Rynkowski	16:59.6	2016	Nike Northeast Regional Champs
8. Nick Barnabic	17:11.5	2015	Bowdoin XC Classic
9. Travis Spicer	17:11.7	2011	Nike Northeast Regional Champs
10. Will Baginski	17:20.3	2016	Nike Northeast Regional Champs
11. Will Ades	17:21.2	2011	Bowdoin XC Classic
12. Mohamed Eid	17:31.2	2010	Nike Northeast Regional Champs
13. Jay Boogaert	17:36.7	2019	Bowdoin XC Classic
14. Sid Wagh	17:40.3	2016	Nike Northeast Regional Champs
15. Mason Zamboldi	17:41.4	2019	Bowdoin XC Classic

\*National Qualifier

## **Top Team Time: 86:01 (17:12.4) 2016 (Nike Regionals)**

Billy Byrne 16:02.9, Brad Rynkowski 16:59.6, Will Baginski 17:20.3, Sid Wagh 17:40.3, Jonah Naftzger 17:58.7 (Ryan Fahey 18:11.5)

## **Van Cortlandt Park (2.5 mi) - Bronx, NY**

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1. Bob Keino	12:25.8*	1992	Manhattan Invitational
2. Billy Byrne	12:31.2	2016	Manhattan Invitational
3. Eric Bernsten	12:46.5	1986	Manhattan Invitational
4. Kevin McCabe	12:52.0	1987	Manhattan Invitational
5. Taro Shigenobu	12:54.0	2008	Manhattan Invitational
6. Ari Zamir	12:55.4	2003	Manhattan Invitational
7. Tom Hughes	12:59.7	1980	Manhattan Invitational
8. Ryan Fahey	13:02.6	2018	Manhattan Invitational
9. Dan Emont	13:03.3	2006	Manhattan Invitational
9. Pat Rynkowski	13:03.3	2010	Manhattan Invitational
11. Tom Tomai	13:05.0	1974	Manhattan Invitational
12. Will Baginski	13:08.8	2018	Manhattan Invitational
13. Mike Cator	13:09.0	2004	Manhattan Invitational
14. Brian Davis	13:09.7	2003	Manhattan Invitational
15. Brad Rynkowski	13:19.4	2016	Manhattan Invitational

\*Course Record (Bergen County runners)

## **Top Team Time: 66:15.0 (13:15.0) 2016 (Manhattan Invitational)**

Billy Byrne 12:31.2, Brad Rynkowski 13:19.4, Will Baginski 13:21.1, Sid Wagh 13:26.8, Jonah Naftzger 13:36.5 (Matteo Robazza 13:52.3, Ryan Fahey 14:06.4)

## **Thompson Park - Jamesburg, NJ**

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1. Travis Spicer	16:16	2011	State Sectionals
2. Nick Salamone	16:36	2011	State Sectionals
3. Levi Jennings	16:41	2011	State Sectionals
4. Storm Dublirer	16:56	2011	State Sectionals

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5.	Quinn McCutcheon	17:01	2019	Frosh / JV State Champs (JV)
6.	Will Ades	17:10	2011	State Sectionals
7.	David Frering	17:13	2011	State Sectionals
8.	Luke Dublirer	17:16	2012	Frosh / JV State Champs (JV)
9.	Mark French	17:17	2011	Frosh / JV State Champs (JV)
10.	Brad Rynkowski	17:22	2014	Frosh / JV State Champs (JV)
11.	Jonah Naftzger	17:23	2014	Frosh / JV State Champs (JV)
11.	Will Baginski	17:23	2015	Frosh / JV State Champs (Frosh)
13.	Soham Basu	17:25	2015	Frosh / JV State Champs (JV)
14.	Ben Fishbein	17:30	2011	Frosh / JV State Champs (JV)
15.	Charlie Branca	17:34	2016	Frosh / JV State Champs (JV)

**Top Team Time: 83:39 (16:43.8) 2006 (State Sectionals)**

Travis Spicer 16:16, Nick Salamone 16:36, Levi Jennings 16:41, Storm Dublirer 16:56, Will Ades 17:10 (David Frering 17:13, Tanner Garrity 18:09)

## Belmont Plateau - Philadelphia, PA

1.	Taro Shigenobu	16:17	2008	Briarwood Invitational
2.	Dan Emont	16:37	2006	Briarwood Invitational
3.	Niall Buckley	16:40	2006	Briarwood Invitational
4.	Brian Cleary	16:44	2009	Briarwood Invitational
5.	Byron Williams	16:46	2005	Briarwood Invitational
5.	Mike Cator	16:46	2003	Briarwood Invitational
7.	Pat Rynkowski	16:50	2009	Briarwood Invitational
8.	Brian Davis	16:54	2003	Briarwood Invitational
9.	Levi Jennings	17:11	2009	Briarwood Invitational
10.	Kyle Engleken	17:12	2003	Briarwood Invitational
11.	Andrew Fine	17:19	2008	Briarwood Invitational
12.	Jacob Garber	17:20	2006	Briarwood Invitational
13.	Brad Vollkommer	17:27	2003	Briarwood Invitational
14.	Jeremy Kalmus	17:36	2006	Briarwood Invitational
15.	Alex Butler	17:59	2008	Briarwood Invitational

**Top Team Time: 85:20 (17:04) 2006 (Briarwood Invitational)**

Dan Emont 16:37, Niall Buckley 16:40, Taro Shigenobu 17:05, Jacob Garber 17:20, Jeremy Kalmus 17:36

## Foot Locker Cross Country Regionals, Van Cortlandt Park - Bronx, NY

1.	Bob Keino	15:41.4 (1st)	1993
2.	Bob Keino	15:57 (7th)	1992

## Foot Locker Cross Country Championships, Balboa Park - San Diego, CA

1.	Bob Keino	15:09.6 (5th)	1993
2.	Bob Keino	15:25 (4th)	1992

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## **Nike Cross Nationals, Portland Meadows - Portland, OR**

1. Taro Shigenobu      16:22.2 (91st) 2008