

HOLMDEL PARK STATE CHAMPIONSHIP COURSE 5,000 METERS

18:29	Patti Mileski	1982	20:58	Erin Roach	1992
18:34.2	Jenna Rogers	1993	21:00	Becca Wells	2004
18:36	Catherine Pagano	2012	21:02	Christina Lewis	2007
18:41.9	Carleen Jeffers	2014	21:02.2	Taylor Dunn	1999
18:44	Margaret Scutro	1984	21:03	Brenna Fischer	2010
18:49.6	Sam Halvorsen	2014	21:04	Tara O'Neill	1996
18:58.3	Kelly Behan	1997	21:05	Kirsten Kannengieser	1982
19:10.3	Celeste Sedo	1997	21:05	Brianne Fenzel	2004
19:12.9	Stephanie Doyle	1995	21:05.2	Peggy Lynch	2000
19:13	Mary Ellen Mileski	1982	21:07	Meghan Adams	2014
19:23	Meredith Jones	2004	21:08	Tina Gibble	2011
19:25.8	Clair Nowakowski	2001	21:09.0	Jackie Goulart	2001
19:39.9	Amy Smith	1995	21:11	Katie Cohn	1996
19:41.8	Meghan O'Connell	2003	21:12	Leah Rosenfeld	2012
19:42	Caroline Davidson	2011	21:17	Kathy Shevlin	1986
19:47	Carol Dickstein	1979	21:17	Corinna Cobb	2014
19:47.8	Olympia Martin	2013	21:20	Linda Hockey	1985
19:51	Emily Fishbein	2011	21:20	Vanessa Worm	1994
19:52	Jean Hughes	1988	21:20	Monica Schiefen	1996
19:52.7	Justine Lupo	2003	21:22	Colleen Wright	1981
19:54.4	Meg McDermott	1998	21:28	Anja Kannengieser	1982
19:55	Kathy Duffy	1980	21:32	Larisa Skuthan	2003
19:59	Sue Hart	1980	21:36	Beth Apsel	1994
19:59	Ashlyn Llerandi	2005	21:40	Sam Laddin	2007
20:00	Laura Weisberger	2011	21:43	Barbara Remmers	1979
20:00.6	Emily Terrin	2003	21:43	Ari Hasbrouk	2013
20:02	Vanessa Reis	2013	21:44.1	Tira Lobell	1998
20:08	Norine D'Arcy	1985	21:45	Kathleen Campbell	1993
20:14	Hanako Shigenobu	2011	21:46	Darcy Nicholson	1984
20:26	Kelly Cleary	2013	21:46	Megan Granski	2008
20:15	Kim Folk	1994	21:47	Jess Krejsa	2005
20:24.2	Alyson Cangemi	1999	21:47	Emily Garber	2009
20:25	Chris McKenna	1980	21:49	Carolyn O'Brien	1987
20:26	Sarah Daly	2008	21:49	Megan McCabe	1992
20:27	Charlotte Margel	2007	21:49	Elyse Lee	1993
20:27	Jess Vasquez	2008	21:50.7	Katie Reis	2014
20:29	Jen Hughes	1984	21:55	Courtney Schofield	2007
20:29	Liz Figlar	1989	21:56	Steph Kane	1988
20:31	Beth Pringle	1982	21:56.4	Ana Law	1998
20:31	Lauren Stuhr	1993	21:57	Nanci Titus	1986
20:31	Christy Bertelsen	2004	22:06	Sophia Sheehy	2014
20:31	Abby Taylor	2014	22:09	Fran Felder	2011
20:32	Eileen Fitzgerald	1989	22:12	Nicole MacLennan	1986
20:32	Diana Mangam	2004	22:12.8	Lauren Lillis	2000
20:33	Zena Lobell	1994	22:15	Katie Dougherty	2010
20:37	Jeanne Reilly	1992	22:16.4	Rebecca Johnson	1999
20:37	Rachael Anzano	2010	22:18	Katie Martin	2009
20:38	Danielle Walther	1998	22:19	Leslie Barbie	1983
20:40	Karen O'Brien	1984	22:19	Rose Sedo	1994
20:45	Maggie Harms	2003	22:19	Lisa Waters	1984
20:45	Genevieve Felsenstein	2013	22:21	Camille Davis	2011
20:47	Steph Westerman	2004&05	22:23	Jen Bauman	1989
20:48	Lynne Collazo	1986	22:26	Eileen Moritz	1989
20:49.3	Julia Brownell	1998	22:25	Natasha Skuthan	1997
20:50	Claire Blaney	1992	22:27.2	Alexandra Oros	1999
20:52	Tara Cirillo	2012	22:28	Marci Capitani	1984
20:53	Grayson Llerandi	2010	22:32	Lauren Pagan	2014
20:56	Carrie Ruggles	1996	22:33.7	Julia Foresman	2001
20:56	Vickie Pan	2011	22:33	Emma Follender	2008
20:56	Lesley Jones	2011	22:33	Renee Olsen	2009

22:34.1	Lesley Bruno	1998	24:53	Kanako Nakamura	1994
22:37.0	Casey Dunn	2003	24:56	Melissa Masterson	1996
22:40.7	Haley Driscoll	2014	25:15	Vanessa McDermott	1992
22:43	Julie Sprich	1996	25:16	Carolyn Moritz	1994
22:46	Missy Klein	1989	25:28	Katy Aldave	1998
22:47.0	Diane Nelson	1898	25:37.3	Jenna Rubinoff	2002
22:54	Genny Razik	1981	25:41.4	Kerry Doherty	2001
22:55	Lisa deCastro	1991	25:42	Sarah Durnan	1992
22:56	Marina Krygin	2010	25:55.5	Jackie Macchi	2001
22:57	Alex Scibetta	2008	25:55.8	Shannon McCarthy	2001
22:58	Laura Campbell	1979	25:58.5	Tammie Armstrong	2001
22:59	Megan Morris	2007	26:01	Carolyn Cosgrove	1996
23:00	Robin Lavin	1984	26:04.6	Jill Herlihy	2001
23:03	Margaret Mullen	2010	26:13	Serena Roth	1996
23:06	Geraldine Campbell	1995	26:22	Lizzie Vogelback	1997
23:11	Julie Hurley	2006	26:22	Katty Aldave	1997
23:12	Janet Titus	1986	26:24.9	Colleen Herlihy	2001
23:12	Kara Belknap	1997	26:36	Nora Varadi	1994
23:12	Caroline Moore	2008	26:43.9	Brittany Hemmel	1999
23:13	Taylor Tai	2013	26:51	Irene Janis	1996
23:14	Gabby Jordan	2011	26:53	Amanda Warton	1993
23:16	Summer Neborsky	2010	26:53	Lauren Lennon	2000
23:16	Kristen Carle	2011	27:00	Tara Pehush	1997
23:17	Okwuchi Onwubu	2008	27:00	Dara Hourdajian	1998
23:18	Lauren Maxwell	1993	27:04	Catherine Lowe	1995
23:22	Katherine Cirillo	2013	27:18	Joelle Gruber	1993
23:23	Linda Sigillito	1984	27:30	Kristen Egan	1997
23:25	Heather Fitzgerald	1988	27:36	Alyson Donnelly	1993
23:25	Caitlin Daniels	2009	27:54	Sarah Burton	1995
23:27.1	Cassie Canzani	2001	28:02	Sara Bigos	1999
23:27.4	Kate McDonough	2001	28:06	Terry Shum	1992
23:29	Christine Kim	2010	28:10	Jen Siegel	1994
23:29.6	Lianne Hansen	2001	28:20	Jamie Hollender	1993
23:31	Rachael VanYperen	1992	28:25	Jen Schwartz	1988
23:33	Sarah Davis	2011	28:32.4	Casey Callan	2001
23:34	Emily Stern	2013	28:50	Shannon Osborn	1993
23:43	Erin Dwyer	2014	29:01	Julie Culiver	1994
23:44	Alison Correll	1996	29:07	Liz Strahle	1997
23:47	Lizzie Fine	2010	29:12	Vicki Lowe	1995
23:49	Janet Moritz	1984	29:16	Vicki Gellis	1992
23:49	Jill Apostle	1989	29:35	Meg Snyder	1998
23:49	Brittany Frank	2011	29:48	Kate Strum	1997
23:54.0	Shanna Swan	2000	29:50	Elizabeth Cavanagh	1992
24:01	Pam Parker	1984	29:57	Amy Titus	1988
24:05.7	Chrissy Martin	1998	29:57	Katie Schumaeker	1992
24:08.7	Sara Wells	1999	30:30	Adrienne Reid	1988
24:13	Kitty Lawn	1996	30:33	Anne Burton	1988
24:19	Maggie Cain	1994	30:38	Pipa Scott	1999
24:23.6	Jenna Rubinoff	2000	31:22.0	Reine Duffy	2001
24:23	Caroline Gable	2001	32:01	Amy McDonald	1997
24:23	Megan Lucky	2011	32:06	Erin Raiter	1997
24:25.7	Kristen Espenak	2001	33:50	Deborah Apsel	1993
24:26	Jess Rhoten	1997	34:33	Amy Chidiac	1993
24:26.2	Katie Latanich	1999	nt	Meghan Groome	1994
24:30.2	Clare Weeks	1998			
24:31	Emily Reimer	2010			
24:35	Christina Grab	1994			
24:36	Krisi Wing	1984			
24:37	Ruth VanYpern	2000			
24:38	Sarah Apsel	1994			
24:43	Alex Furger	1992			
24:48	Justina Cho	2007			
24:49	Katie O'Brien	1992			

AllTimeRidgewoodList * CourseEstablished1979
course record: 17:28.0
Megan Venables, Highland Reg. 2010
RHS Team Average Record
19:38.3-2014 * 19:44-1980 * 19:46.8-2013
Compiled 11/14