

## RIDGEWOOD GIRLS CROSS COUNTRY HISTORY

<u>year</u>	<u>duals</u>	<u>league</u>	<u>bergen</u> gr IV	<u>bergen</u> champs	<u>state</u> section	<u>state</u> group	<u>state</u> champ
1974	4-2			2nd		7th	
1975	3-2	1st		3rd		8th	
1976	5-1	1st		3rd	2nd	4th	
1977	4-2	2nd		4th	4th	11th	
1978	2-1	2nd	2nd	6th	2nd	12th	
1979	5-0	1st	2nd	2nd	1st	3rd	8th
1980	6-0	1st	1st	1st	1st	1st	2nd
1981	7-0	1st	1st	1st	1st	4th	
1982	5-0	1st	1st	1st	1st	3rd	4th
1983	4-1	3rd	2nd	1st	3rd	12th	
1984	5-0	1st	1st	1st	1st	5th	
1985	5-0	1st	1st	1st	2nd	6th	
1986	4-0	1st	1st	1st	1st	3rd	7th
1987	4-0	1st	1st	1st	2nd	6th	
1988	4-0	1st	1st	1st	2nd	12th	
1989	7-0	1st	1st	1st	2nd	8th	
1990	8-0	1st	1st	1st	1st	6th	
1991	9-0	1st	1st	2nd	2nd	3rd	9th
1992	7-0	1st	1st	1st	1st	1st	1st
1993	6-0	1st	1st	1st	1st	3rd	3rd
1994	6-0	1st	1st	1st	1st	2nd	4th
1995	6-0	1st	1st	1st	1st	5 <sup>th</sup>	
1996	6-0	1 <sup>st</sup>	2 <sup>nd</sup>	1 <sup>st</sup>	1 <sup>st</sup>	3 <sup>rd</sup>	8 <sup>th</sup>
1997	6-0	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	3 <sup>rd</sup>	2 <sup>nd</sup>
1998	7-0	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	3 <sup>rd</sup>
1999	6-0	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>
2000	7-0	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	6 <sup>th</sup>	
2001	6-0	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	5 <sup>th</sup>	11 <sup>th</sup>
2002	7-0	1 <sup>st</sup>	1 <sup>st</sup>	4 <sup>th</sup>	1 <sup>st</sup>	8 <sup>th</sup>	
2003	7-0	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	3 <sup>rd</sup>	8 <sup>th</sup>
2004	8-0	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>
2005	8-0	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	3 <sup>rd</sup>	11 <sup>th</sup>	
2006	7-1	1 <sup>st</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	18 <sup>th</sup>	

### FIRST TEAM ALL BERGEN COUNTY

1976	Alyson Grunder
1977	Klara Grape
1978	Barbara Remmers
1979	Mary Ellen Mileski and Carol Dickstein
1980	M.E. & Patti Mileski, C.Dickstein, Kathy Duffy, Sue Hart
1981	Mary Ellen & Patti Mileski, and Colleen Wright
1982	Mary Ellen & Patti Mileski, and Margaret Scutro
1983	Margaret Scutro
1984	M. Scutro, Karen O'Brien, Jen Hughes
1985	Jen Hughes, Linda Hockey, Norine D'Arcy
1986	Jen Hughes and Jean Hughes

1987 Jen Hughes and Jean Hughes  
 1988 Jean Hughes and Lynne Collazo  
 1989 Liz Figlar and Eileen Fitzgerald  
 1990 Liz Figlar, Eileen Fitzgerald, and Jenna Rogers  
 1991 Eileen Fitzgerald and Jenna Rogers  
 1992 ClaireBlaney, JeanneReilly, J.Rogers, A.Smith, LaurenStuhr  
 1993 Jenna Rogers, Amy Smith, Lauren Stuhr  
 1994 Amy Smith, Stephanie Doyle, Kim Folk, Celeste Sedo  
 1995 Amy Smith, Stephanie Doyle  
 1996 Celeste Sedo  
 1997 Celeste Sedo, Kelly Behan  
 1998 Meg McDermott  
 1999 Clair Nowakowski, Kelly Behan, Alyson Cangemi  
 2000 Clair Nowakowski, Justine Lupo  
 2001 Clair Nowakowski, Justine Lupo  
 2002 Justine Lupo, Meghan O'Connell  
 2003 Justine Lupo, Meghan O'Connell, Emily Terrin  
 2004 Meredith Jones, Ashlyn Llerandi  
 2005 Meredith Jones, Ashlyn Llerandi  
 2006 Ashlyn Llerandi

#### ALL STATE

1978 Barbara Remmers 2nd team  
 1981 Patti Mileski 1st team, M.E.Mileski 3rd team  
 1982 Patti 1st & M.E. 2nd - Patti 1st team all american  
 1983 Margaret Scutro 3rd team  
 1984 Margaret Scutro 1st team HM-all american  
 1985 Norine D'Arcy 3rd team  
 1990 Liz Figlar 2nd team  
 1991 Jenna Rogers 1st team  
 1992 Jenna Rogers 2nd team  
 1993 Jenna Rogers 1st team \*STATE CHAMPION\*  
 1995 Amy Smith 2nd team, Stephanie Doyle 2nd team  
 1996 Celeste Sedo 3<sup>rd</sup> team  
 1997 Kelly Behan 1<sup>st</sup> & \*STATE CHAMPION\*, Celeste Sedo 1<sup>st</sup> team  
 1999 Clair Nowakowski 2<sup>nd</sup> team, Alyson Cangemi 2<sup>nd</sup> team Gr 4  
 2001 Clair Nowakowski 1<sup>st</sup> team.

#### OTHER CHAMPIONSHIPS OF NOTE

1980 Easterns States Championships  
 1982 Ridgewood Invitational  
 1990 Bergen Classic  
 1991 Essex Catholic Invitational  
 1992 Bulldog  
 1993 Bulldog  
 1994 Bulldog  
 1995 Bulldog  
 1997 Bulldog  
 1999 Shore Coaches A race  
 2001 Shore Coaches B race  
 2002 Ridgewood Invitational



10/4 Passaic (23-36) and Eastside (2 girls)  
 10/11 Clifton (15-40) and Kennedy (no girls)  
 10/18 Teaneck (15-48)

1989 9/16 Paramus Catholic (19-43)  
 9/19 Passaic (20-40)  
 9/26 Kennedy (3 girls)  
 10/3 Clifton (22-33) and Eastside (2 girls)  
 10/10 Montclair (15-50) and Barringer (3 girls)

1990 9/18 Passaic (15-50) and Bloomfield (15-50)  
 9/25 Kennedy (17-46)  
 10/2 Clifton (19-42) and Eastside (15-50)  
 10/9 Montclair (20-38) and Barringer (2 girls)  
 10/16 IHA (15-46)

1991 9/13 IHA (19-42)  
 9/20 Paramus Catholic (16-47)  
 9/24 Bloomfield (15-48), Passaic (15-49) and  
       St. Domonic (15-50)  
 10/1 Kennedy (20-43)  
 10/7 Clifton (18-37) and Eastside (1 girl finished)  
 10/16 Montclair (19-44)

1992 9/15 Passaic (15-50)  
 9/17 Belleville (15-50)  
 9/22 Kennedy (15-48)  
 9/30 IHA (19-40)  
 10/8 Clifton (16-47) and Bloomfield (no girls)  
 10/13 Eastside (3 girls) and Montclair (2 girls)

1993 9/21 Passaic (15-50) and Barringer (no girls)  
 9/28 Kennedy (15-50)  
 10/5 Eastside (15-50) and Montclair (2 girls)  
 10/13 Clifton (18-45) and Bloomfield (no girls)

1994 9/20 Montclair (2 girls) and Passaic (15-50)  
 9/28 Kennedy (15-46) and Bloomfield (no girls)  
 10/4 Eastside (19-42) and Barringer (3 girls)  
 10/11 Clifton (17-48)

1995 9/19 Passaic (15-50) and Montclair (1 girl)  
 9/27 Kennedy (22-37) and Bloomfield (no girls)  
 10/10 Clifton (16-45)  
 10/12 Eastside (15-50) and Barringer (3 girls)

1996 9/25 Kennedy (24-34) and Bloomfield (3 girls)  
 10/1 Clifton (18-45) and Passaic (17-46)  
 10/9 Eastside (4 girls) and Montclair (2 girls)

1997 9/23 Kennedy (21-38) and Bloomfield (15-50)  
 9/30 Clifton (15-46) and Passaic (15-48)  
 10/7 Montclair (4 girls) and Eastside (1 girl)

1998 9/15 Passaic (21-36)  
 9/24 Eastside (15-50)  
 9/28 Hackensack (26-31) and Bloomfield (15-50)  
       and Barringer (15-50)  
 10/6 Kennedy (15-50) and Clifton (18-41)

1999 9/14 Passaic (15-49)  
 9/22 Eastside (15-50)

