

## RIDGEWOOD GIRLS CROSS COUNTRY HISTORY

<u>year</u>	<u>duals</u>	<u>league</u>	<u>bergen</u> gr IV	<u>bergen</u> champs	<u>state</u> section	<u>state</u> group	<u>state</u> champ
1974	4-2			2nd		7th	
1975	3-2	1st		3rd		8th	
1976	5-1	1st		3rd	2nd	4th	
1977	4-2	2nd		4th	4th	11th	
1978	2-1	2nd	2nd	6th	2nd	12th	
1979	5-0	1st	2nd	2nd	1st	3rd	8th
1980	6-0	1st	1st	1st	1st	1st	2nd
1981	7-0	1st	1st	1st	1st	4th	
1982	5-0	1st	1st	1st	1st	3rd	4th
1983	4-1	3rd	2nd	1st	3rd	12th	
1984	5-0	1st	1st	1st	1st	5th	
1985	5-0	1st	1st	1st	2nd	6th	
1986	4-0	1st	1st	1st	1st	3rd	7th
1987	4-0	1st	1st	1st	2nd	6th	
1988	4-0	1st	1st	1st	2nd	12th	
1989	7-0	1st	1st	1st	2nd	8th	
1990	8-0	1st	1st	1st	1st	6th	
1991	9-0	1 <sup>st</sup>	1st	2nd	2nd	3rd	9th
1992	7-0	1st	1st	1st	1st	1st	1st
1993	6-0	1st	1st	1st	1st	3rd	3rd
1994	6-0	1st	1st	1st	1st	2nd	4th
1995	6-0	1st	1st	1st	1st	5 <sup>th</sup>	
1996	6-0	1 <sup>st</sup>	2 <sup>nd</sup>	1 <sup>st</sup>	1 <sup>st</sup>	3 <sup>rd</sup>	8 <sup>th</sup>
1997	6-0	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	3 <sup>rd</sup>	2 <sup>nd</sup>
1998	7-0	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	3 <sup>rd</sup>
1999	6-0	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>
2000	7-0	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	6 <sup>th</sup>	
2001	6-0	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	5 <sup>th</sup>	11 <sup>th</sup>
2002	7-0	1 <sup>st</sup>	1 <sup>st</sup>	4 <sup>th</sup>	1 <sup>st</sup>	8 <sup>th</sup>	
2003	7-0	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	3 <sup>rd</sup>	8 <sup>th</sup>
2004	8-0	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>
2005	8-0	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>	3 <sup>rd</sup>	11 <sup>th</sup>	
2006	7-1	1 <sup>st</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	18 <sup>th</sup>	
2007	6-2	1 <sup>st</sup>	2 <sup>nd</sup>	2 <sup>nd</sup>	4 <sup>th</sup>	9 <sup>th</sup>	
2008	7-1	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	2 <sup>nd</sup>	9 <sup>th</sup>	
2009	12-1	2 <sup>nd</sup>	3 <sup>rd</sup>	6 <sup>th</sup>	5 <sup>th</sup>	19 <sup>th</sup>	
2010	6-0	1st	1st	2nd	1st	6th	
<b>Totals:</b>	222-14	32	25	24	20	4	2

### OTHER CHAMPIONSHIPS OF NOTE

1980	Easterns States Championships
1982	Ridgewood Invitational
1990	Bergen Classic
1991	Essex Catholic Invitational
1992	Bulldog
1993	Bulldog
1994	Bulldog
1995	Bulldog
1997	Bulldog
1999	Shore Coaches A race
2001	Shore Coaches B race
2002	Ridgewood Invitational
2010	Ridgewood Invitational

## FIRST TEAM ALL BERGEN COUNTY

1976 Alyson Grunder  
1977 Klara Grape  
1978 Barbara Remmers  
1979 Mary Ellen Mileski and Carol Dickstein  
1980 M.E. & Patti Mileski, C.Dickstein, Kathy Duffy, Sue Hart  
1981 Mary Ellen & Patti Mileski, and Colleen Wright  
1982 Mary Ellen & Patti Mileski, and Margaret Scutro  
1983 Margaret Scutro  
1984 M. Scutro, Karen O'Brien, Jen Hughes  
1985 Jen Hughes, Linda Hockey, Norine D'Arcy  
1986 Jen Hughes and Jean Hughes  
1987 Jen Hughes and Jean Hughes  
1988 Jean Hughes and Lynne Collazo  
1989 Liz Figlar and Eileen Fitzgerald  
1990 Liz Figlar, Eileen Fitzgerald, and Jenna Rogers  
1991 Eileen Fitzgerald and Jenna Rogers  
1992 ClaireBlaney, JeanneReilly, J.Rogers, A.Smith, LaurenStuhr  
1993 Jenna Rogers, Amy Smith, Lauren Stuhr  
1994 Amy Smith, Stephanie Doyle, Kim Folk, Celeste Sedo  
1995 Amy Smith, Stephanie Doyle  
1996 Celeste Sedo  
1997 Celeste Sedo, Kelly Behan  
1998 Meg McDermott  
1999 Clair Nowakowski, Kelly Behan, Alyson Cangemi  
2000 Clair Nowakowski, Justine Lupo  
2001 Clair Nowakowski, Justine Lupo  
2002 Justine Lupo, Meghan O'Connell  
2003 Justine Lupo, Meghan O'Connell, Emily Terrin  
2004 Meredith Jones, Ashlyn Llerandi  
2005 Meredith Jones, Ashlyn Llerandi  
2006 Ashlyn Llerandi  
2008 Sarah Daly  
2010 Caroline Davidson

## All State & All American

1978 Barbara Remmers 2nd team  
1981 Patti Mileski 1st team, M.E.Mileski 3rd team  
1982 Patti 1st & M.E. 2nd - Patti 1st team all american  
1983 Margaret Scutro 3rd team  
1984 Margaret Scutro 1st team HM-all american  
1985 Norine D'Arcy 3rd team  
1990 Liz Figlar 2nd team  
1991 Jenna Rogers 1st team  
1992 Jenna Rogers 2nd team  
1993 Jenna Rogers 1st team \*STATE CHAMPION\*  
1995 Amy Smith 2nd team, Stephanie Doyle 2nd team  
1996 Celeste Sedo 3<sup>rd</sup> team  
1997 Kelly Behan 1<sup>st</sup> & \*STATE CHAMPION\*, Celeste Sedo 1<sup>st</sup> team  
1999 Clair Nowakowski 2<sup>nd</sup> team, Alyson Cangemi 2<sup>nd</sup> team Gr 4  
2001 Clair Nowakowski 1<sup>st</sup> team.



1988 9/27 Paramus Catholic (18-45)  
10/4 Passaic (23-36) and Eastside (2 girls)  
10/11 Clifton (15-40) and Kennedy (no girls)  
10/18 Teaneck (15-48)

1989 9/16 Paramus Catholic (19-43)  
9/19 Passaic (20-40)  
9/26 Kennedy (3 girls)  
10/3 Clifton (22-33) and Eastside (2 girls)  
10/10 Montclair (15-50) and Barringer (3 girls)

1990 9/18 Passaic (15-50) and Bloomfield (15-50)  
9/25 Kennedy (17-46)  
10/2 Clifton (19-42) and Eastside (15-50)  
10/9 Montclair (20-38) and Barringer (2 girls)  
10/16 IHA (15-46)

1991 9/13 IHA (19-42)  
9/20 Paramus Catholic (16-47)  
9/24 Bloomfield (15-48), Passaic (15-49) and  
St. Domonic (15-50)  
10/1 Kennedy (20-43)  
10/7 Clifton (18-37) and Eastside (1 girl finished)  
10/16 Montclair (19-44)

1992 9/15 Passaic (15-50)  
9/17 Belleville (15-50)  
9/22 Kennedy (15-48)  
9/30 IHA (19-40)  
10/8 Clifton (16-47) and Bloomfield (no girls)  
10/13 Eastside (3 girls) and Montclair (2 girls)

1993 9/21 Passaic (15-50) and Barringer (no girls)  
9/28 Kennedy (15-50)  
10/5 Eastside (15-50) and Montclair (2 girls)  
10/13 Clifton (18-45) and Bloomfield (no girls)

1994 9/20 Montclair(2 girls) and Passaic (15-50)  
9/28 Kennedy (15-46) and Bloomfield (no girls)  
10/4 Eastside (19-42) and Barringer (3 girls)  
10/11 Clifton (17-48)

1995 9/19 Passaic (15-50) and Montclair (1 girl)  
9/27 Kennedy (22-37) and Bloomfield (no girls)  
10/10 Clifton (16-45)  
10/12 Eastside (15-50) and Barringer (3 girls)

1996 9/25 Kennedy (24-34) and Bloomfield (3 girls)  
10/1 Clifton (18-45) and Passaic (17-46)  
10/9 Eastside (4 girls) and Montclair (2 girls)

1997 9/23 Kennedy (21-38) and Bloomfield (15-50)  
9/30 Clifton (15-46) and Passaic (15-48)  
10/7 Montclair (4 girls) and Eastside (1 girl)



9/12 Teaneck (15-50)  
9/19 Montclair (15-50)  
9/26 Bloomfield (18-45) 152 straight wins.  
10/3 Lost to IHA (34-21)  
10/3 Paramus (23-38)  
10/3 Clifton (24-34)

2007

9/11 Montclair (15-50)  
9/11 Belleville (15-50)  
9/11 Teaneck (15-50)  
9/18 Nutley (15-50)  
9/25 Bloomfield (16-47)  
10/2 Paramus (20-43)  
10/2 Lost to Clifton (30-27)  
10/2 Lost to Holy Angels (32-22)