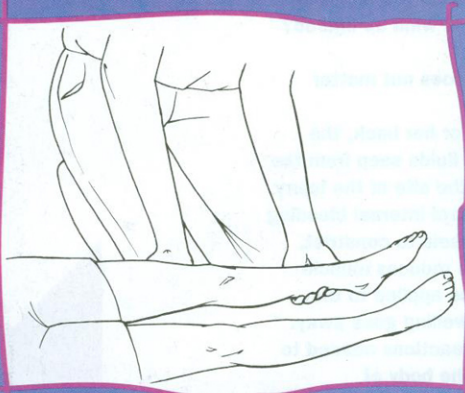


Apply an Anatomic Splint



STEP 1

Support the injured area above and below the site of the injury.



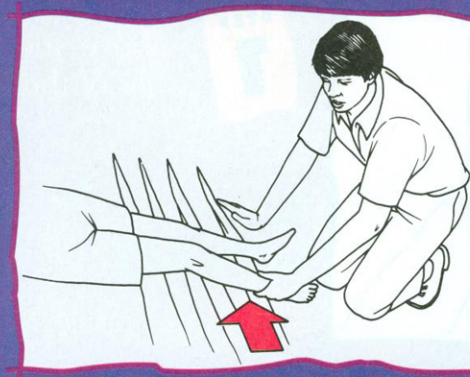
STEP 2

Check for feeling, warmth, and color.



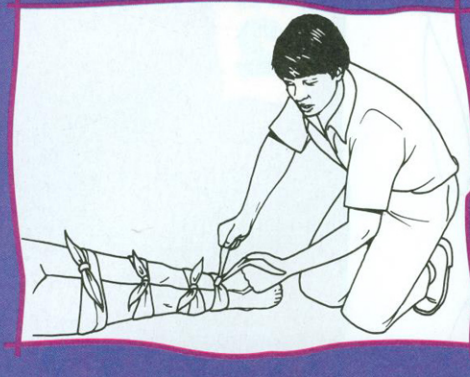
STEP 3

Place several folded triangular bandages above and below the injured area.



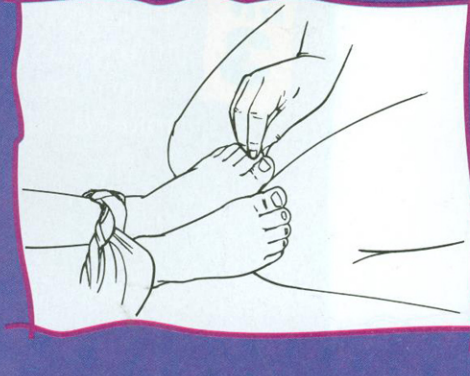
STEP 4

Place uninjured area next to injured area.



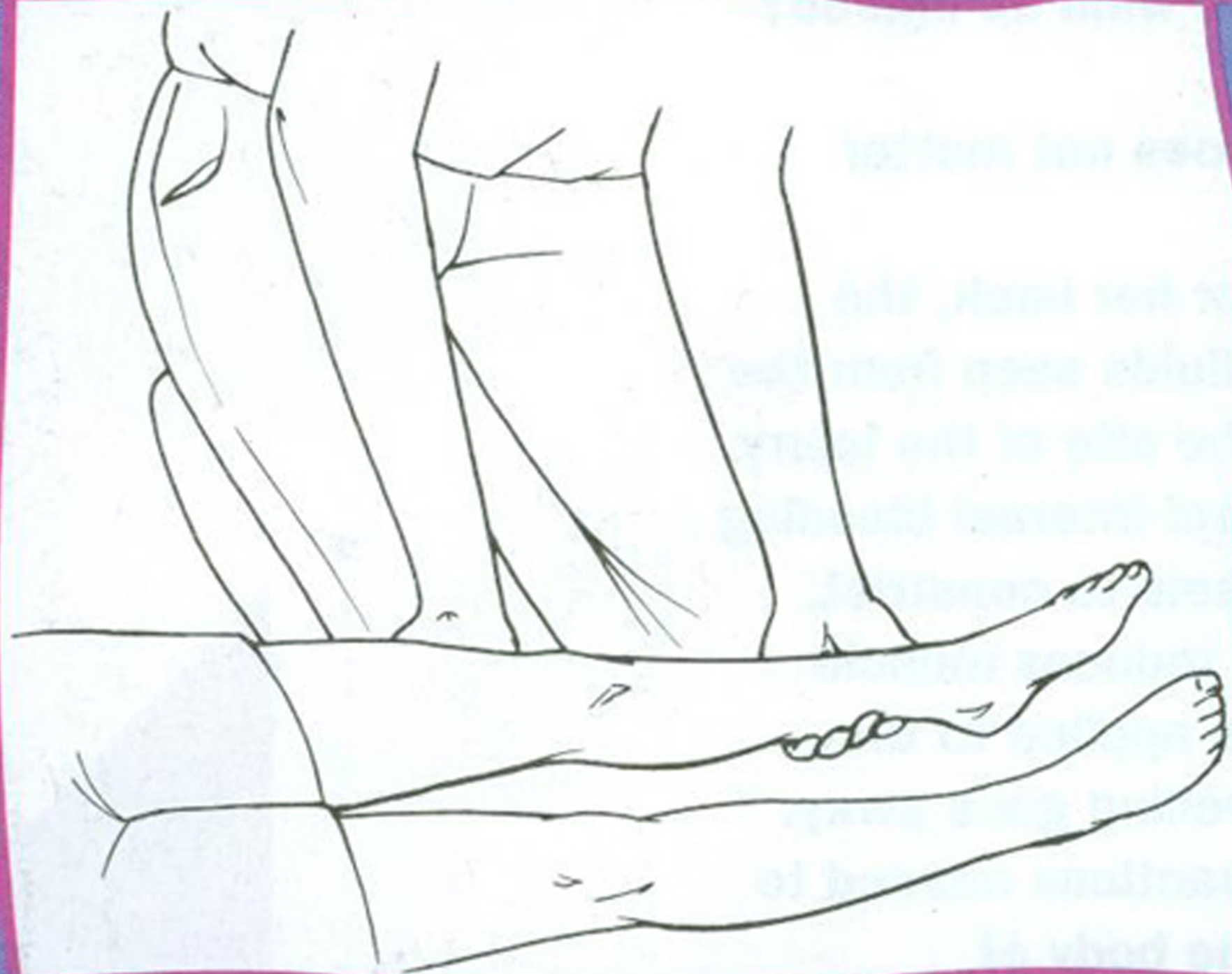
STEP 5

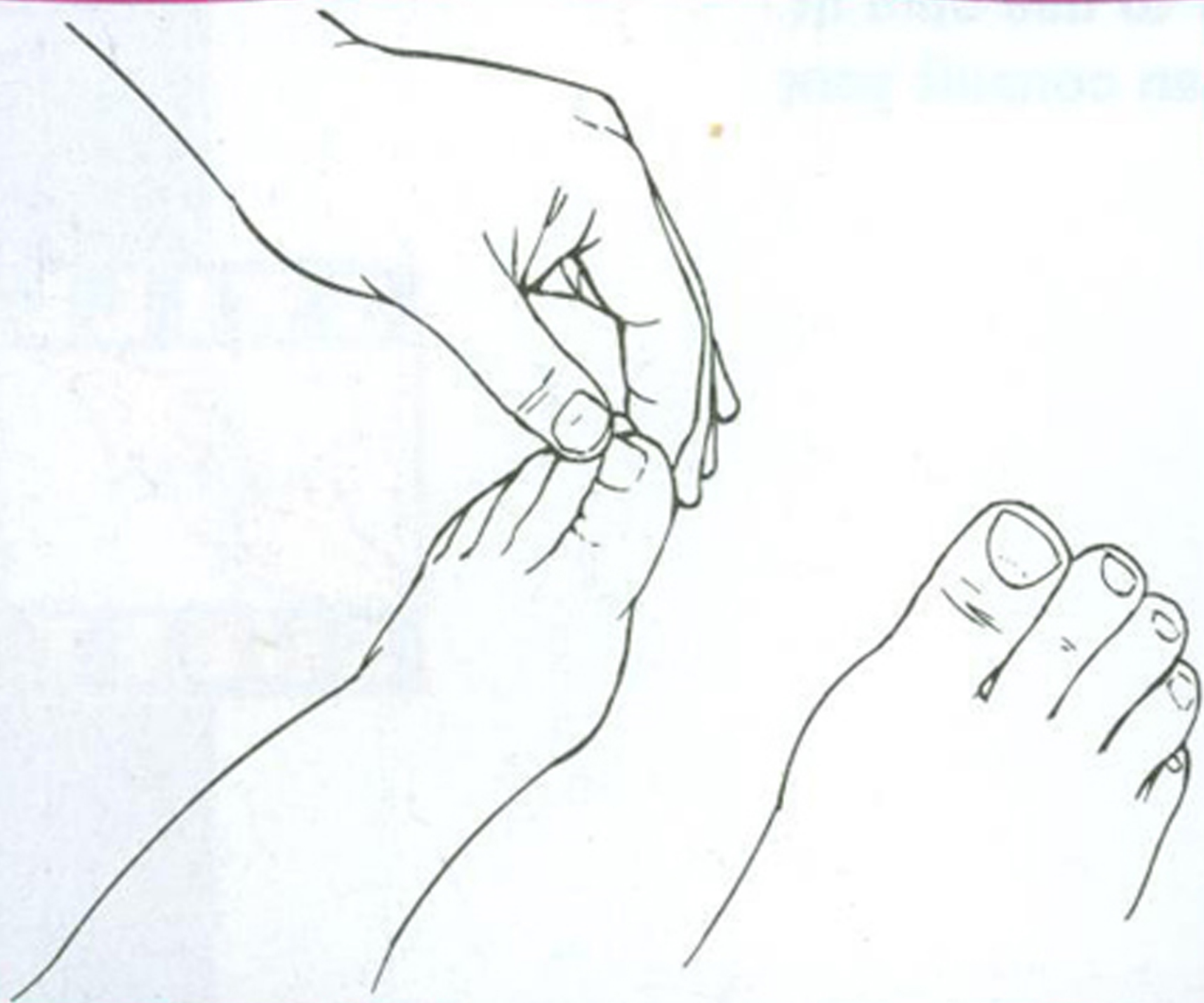
Tie triangular bandages securely.



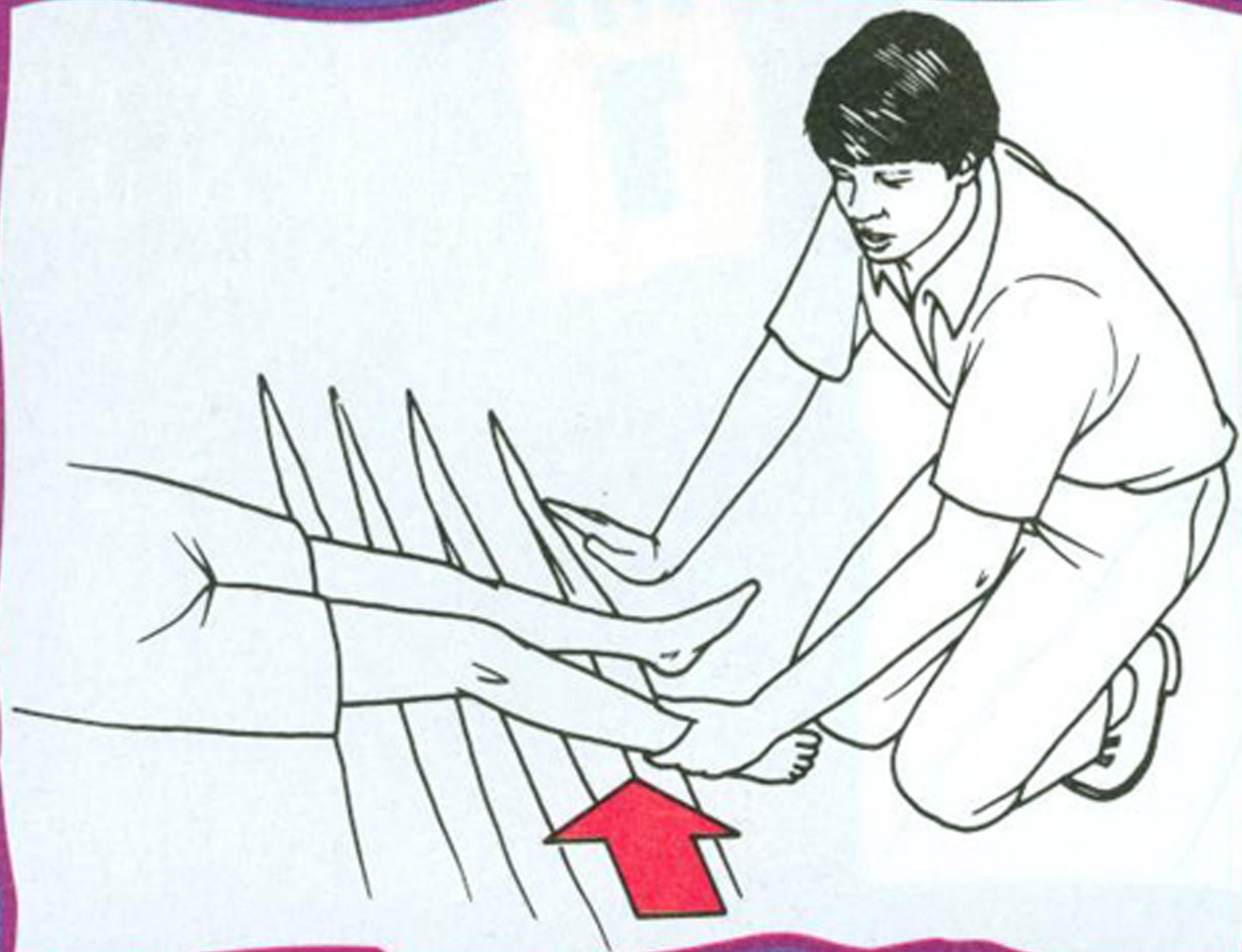
STEP 6

Recheck for feeling, warmth, and color.











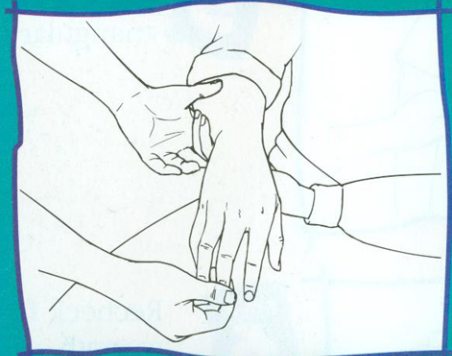


Apply a Rigid Splint



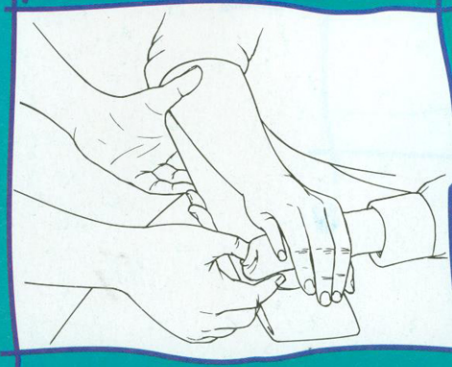
STEP 1

Support the injured area above and below the site of the injury.



STEP 2

Check for feeling, warmth, and color.



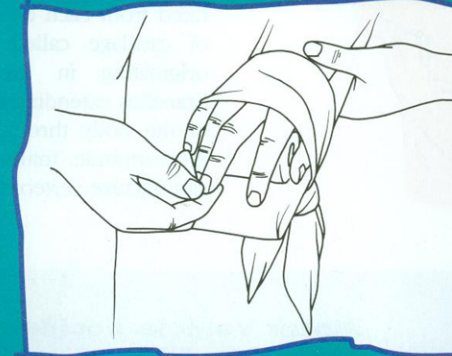
STEP 3

Place the rigid splint (board) under the injured area and the joints that are above and below the injured area.



STEP 4

Tie several folded triangular bandages above and below the injured area.



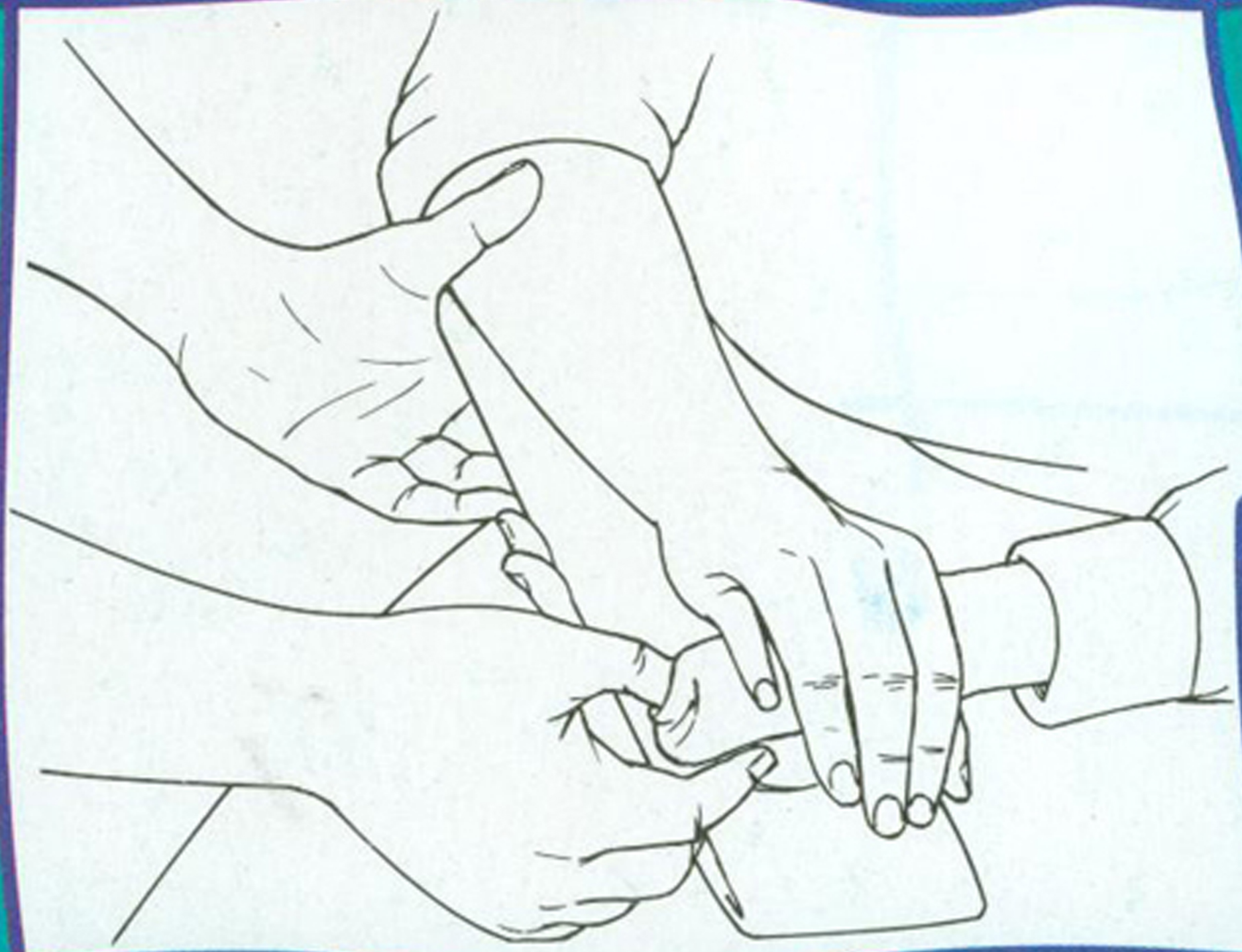
STEP 5

Recheck for feeling, warmth, and color.

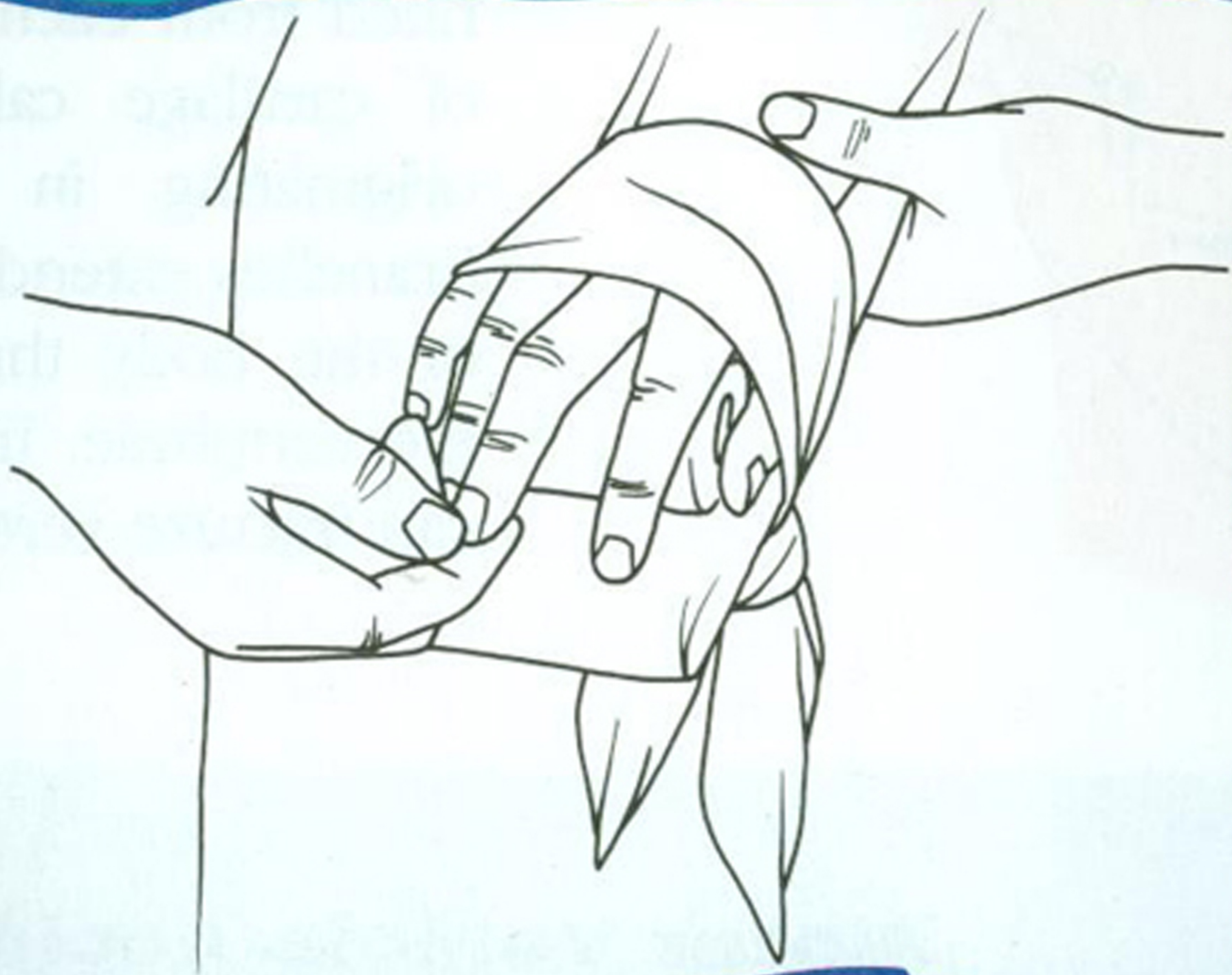
If a rigid splint is used on a forearm you must also immobilize the elbow. Bind the arm to the chest using folded triangular bandages or apply a sling.











Apply a Sling



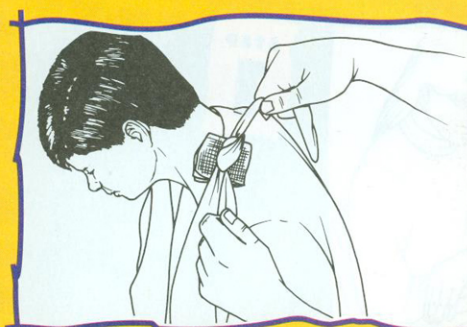
STEP 1 Support the injured area above and below the site of the injury.



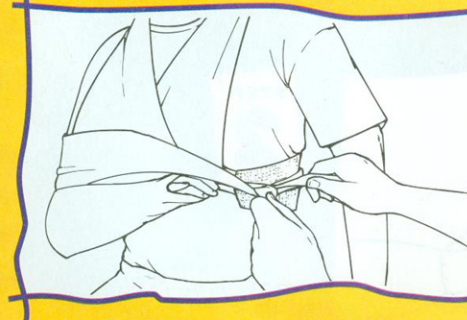
STEP 2 Check for feeling, warmth, and color.



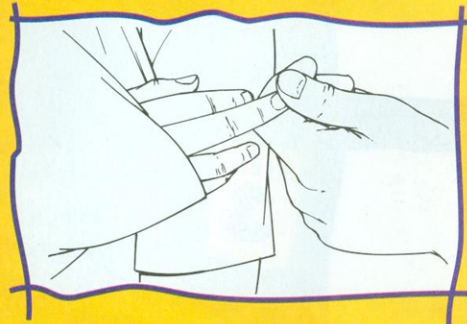
STEP 3 Place triangular bandage under injured arm and over uninjured shoulder to form a sling.



STEP 4 Tie ends of sling at side of neck.



STEP 5 Bind injured area to chest with folded triangular bandage.

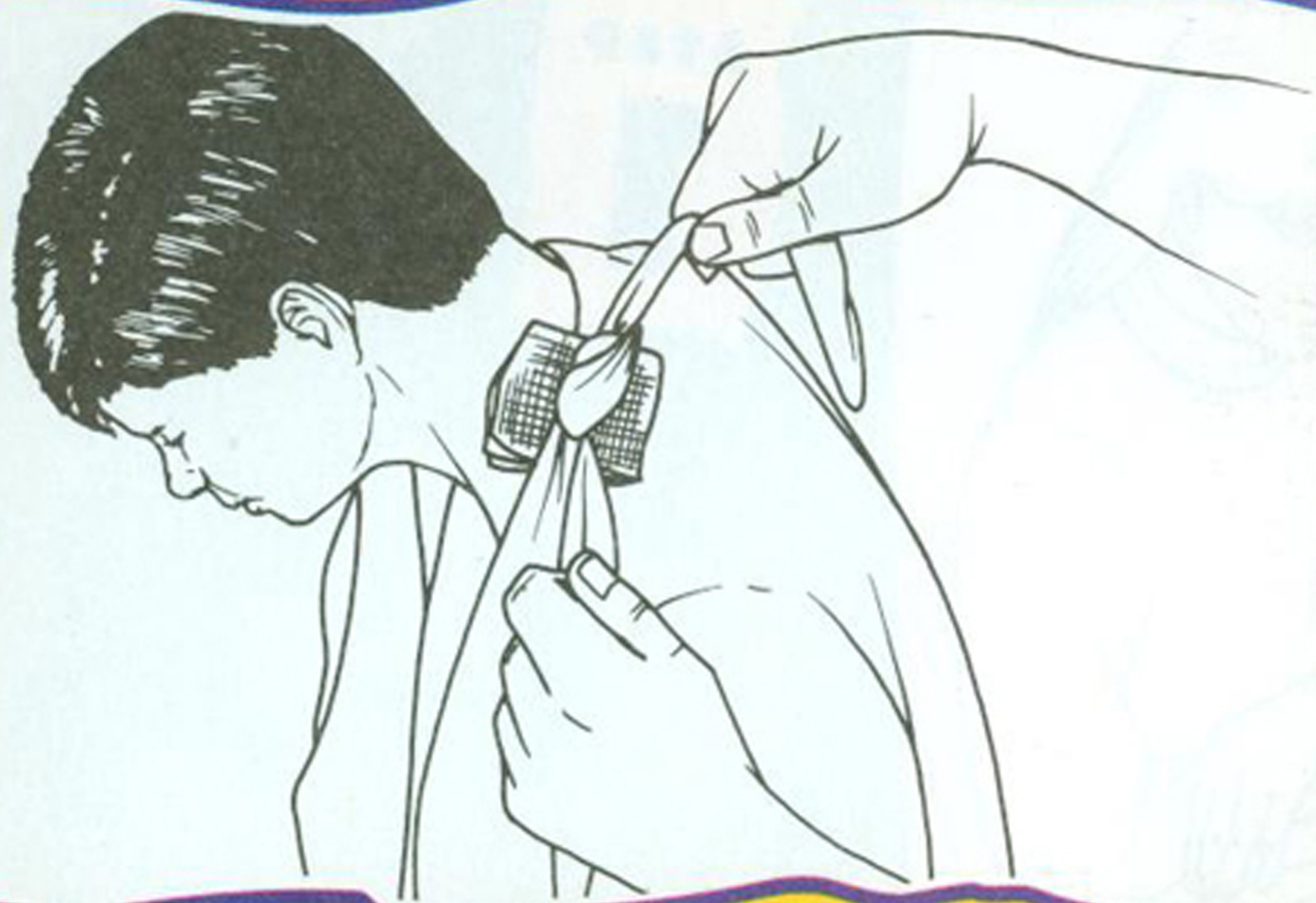


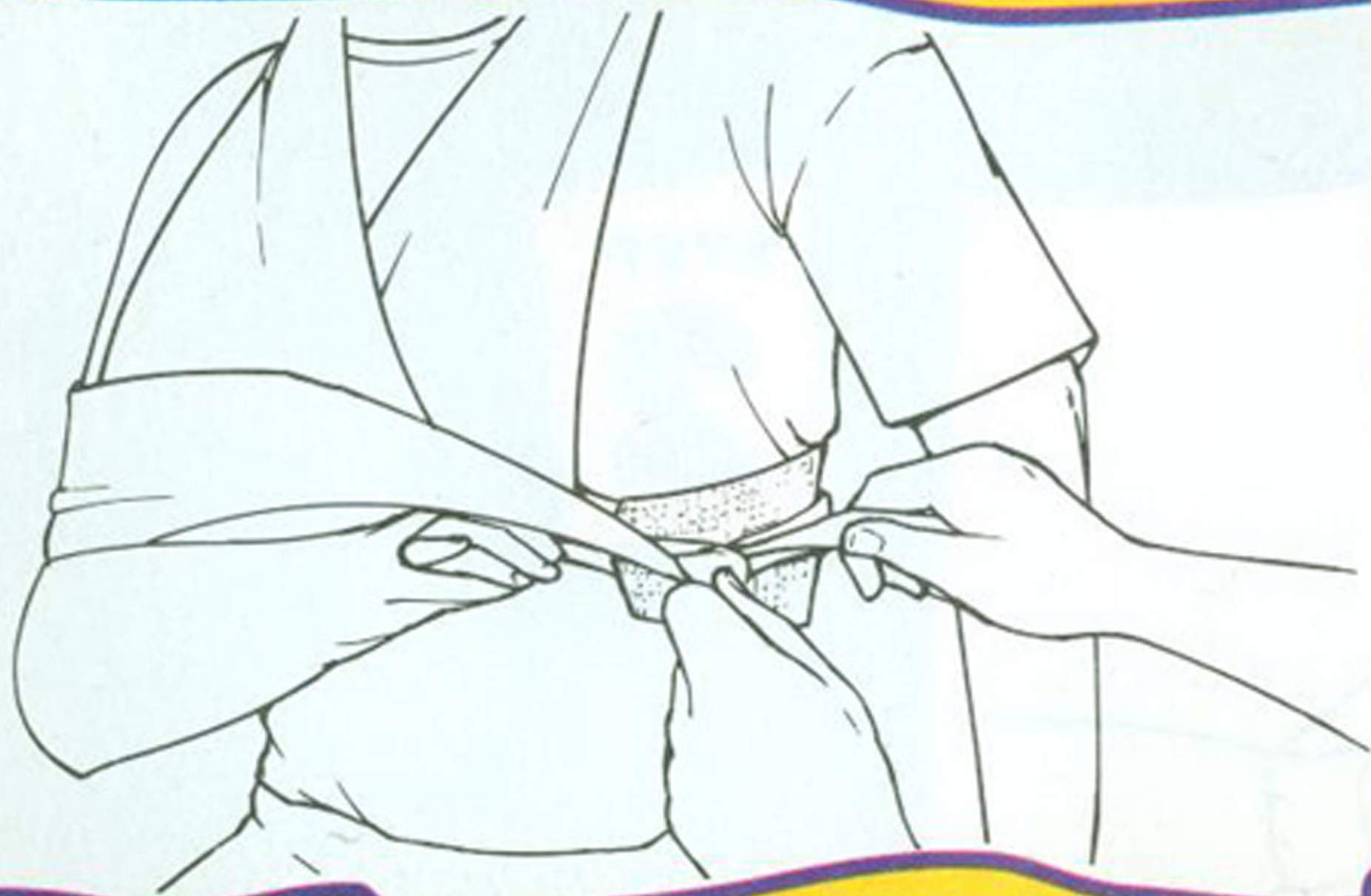
STEP 6 Recheck for feeling, warmth, and color.

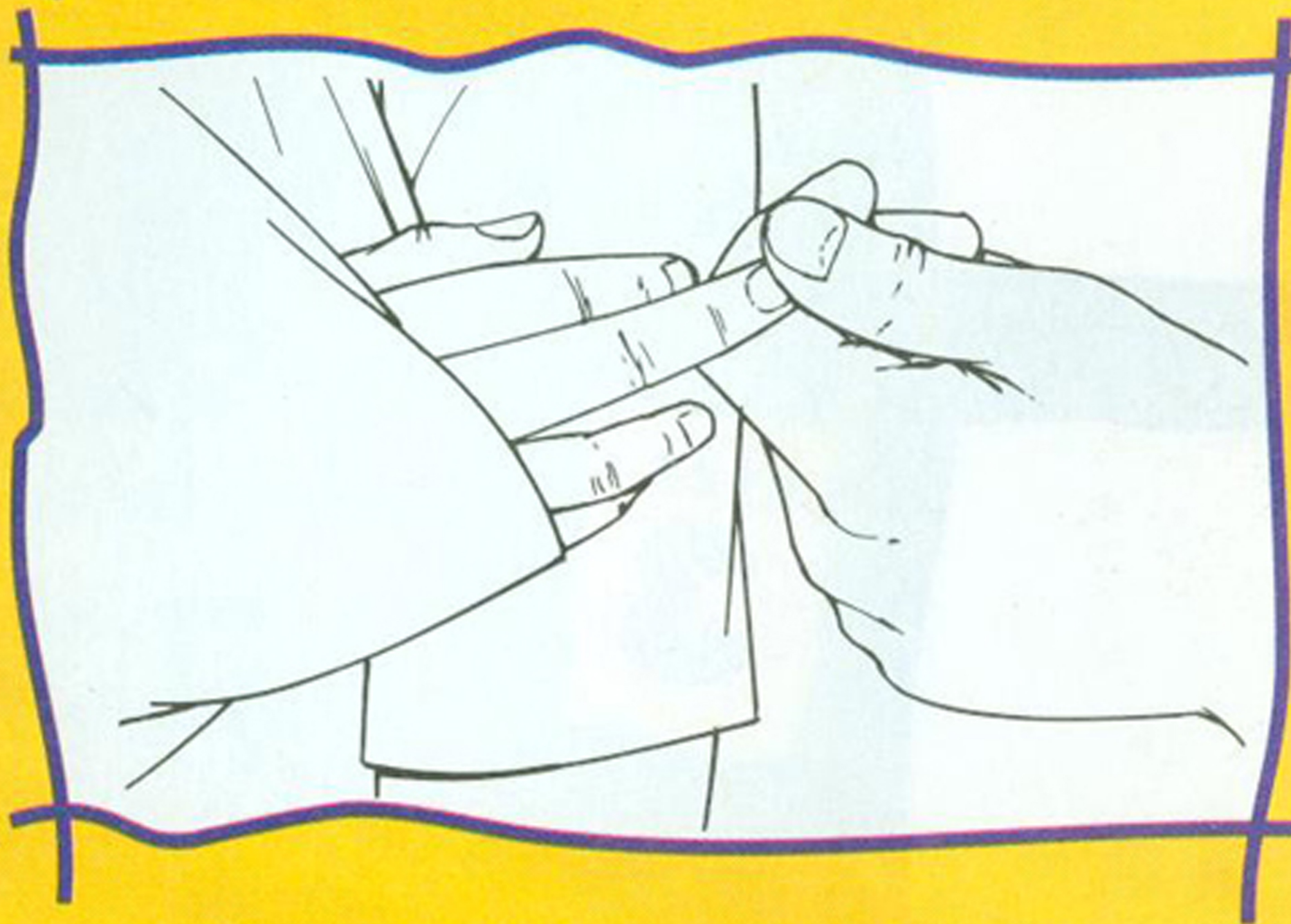




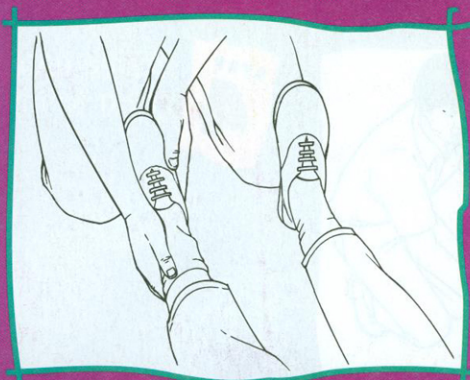






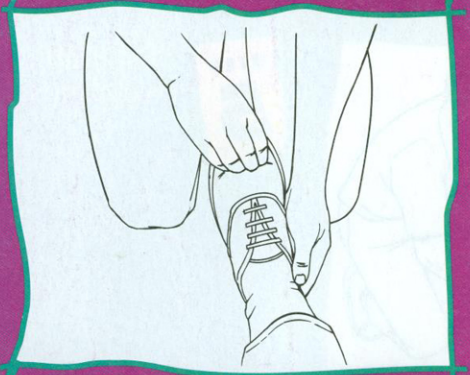


Apply a Soft Splint



STEP
1

Support the injured area above and below the site of the injury.



STEP
2

Check for feeling, warmth, and color.



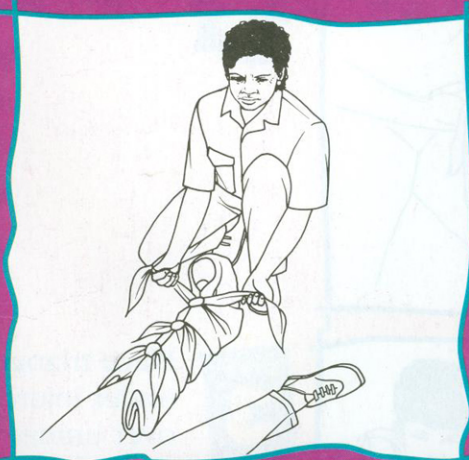
STEP
3

Place several folded triangular bandages above and below the injured area.



STEP
4

Gently wrap a soft object (a folded blanket or a pillow) around the injured area.



STEP
5

Tie triangular bandages securely.

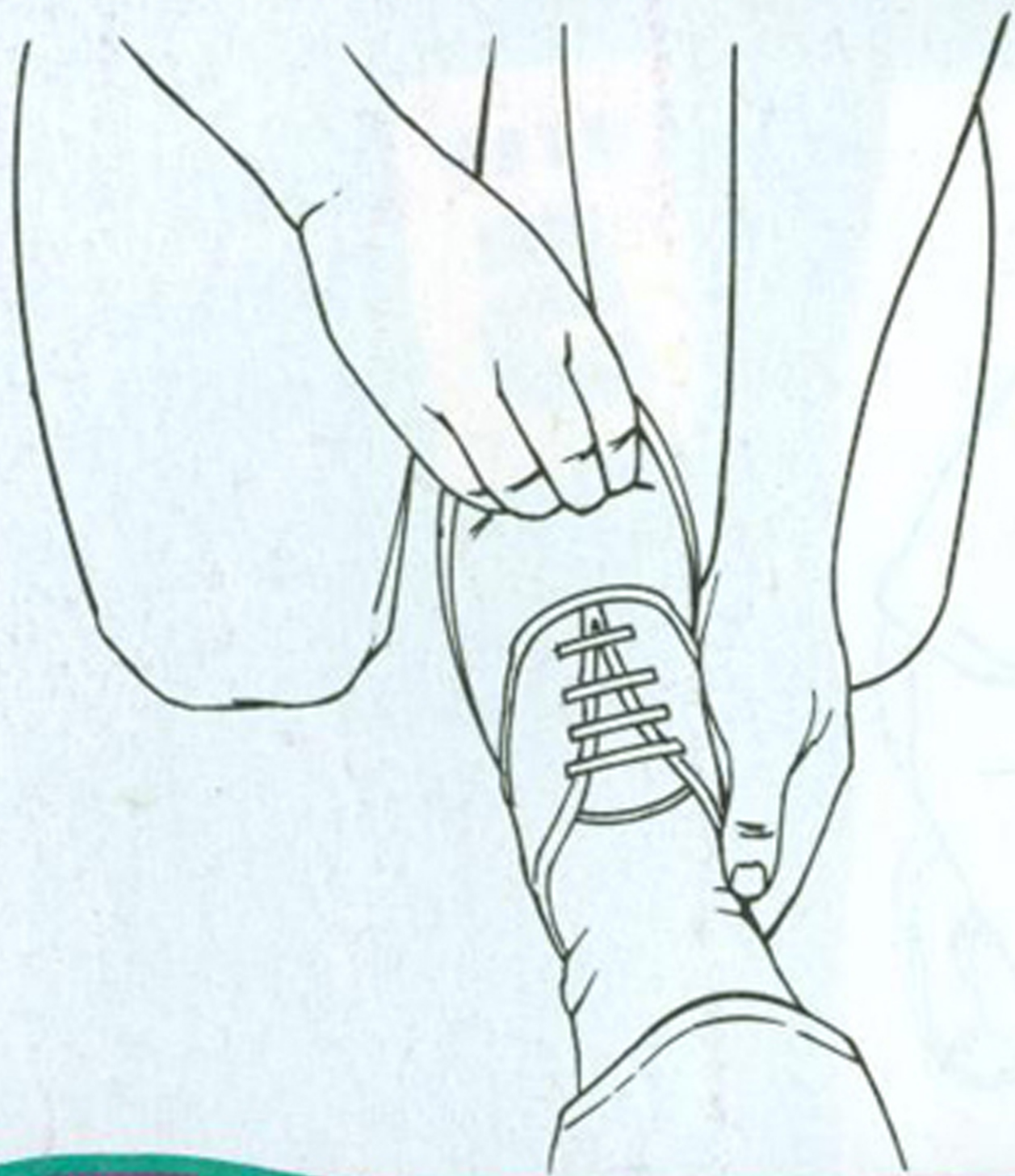


STEP
6

Recheck for feeling, warmth, and color.

If you are not able to check warmth and color because a sock or shoe is in place, check for feeling.





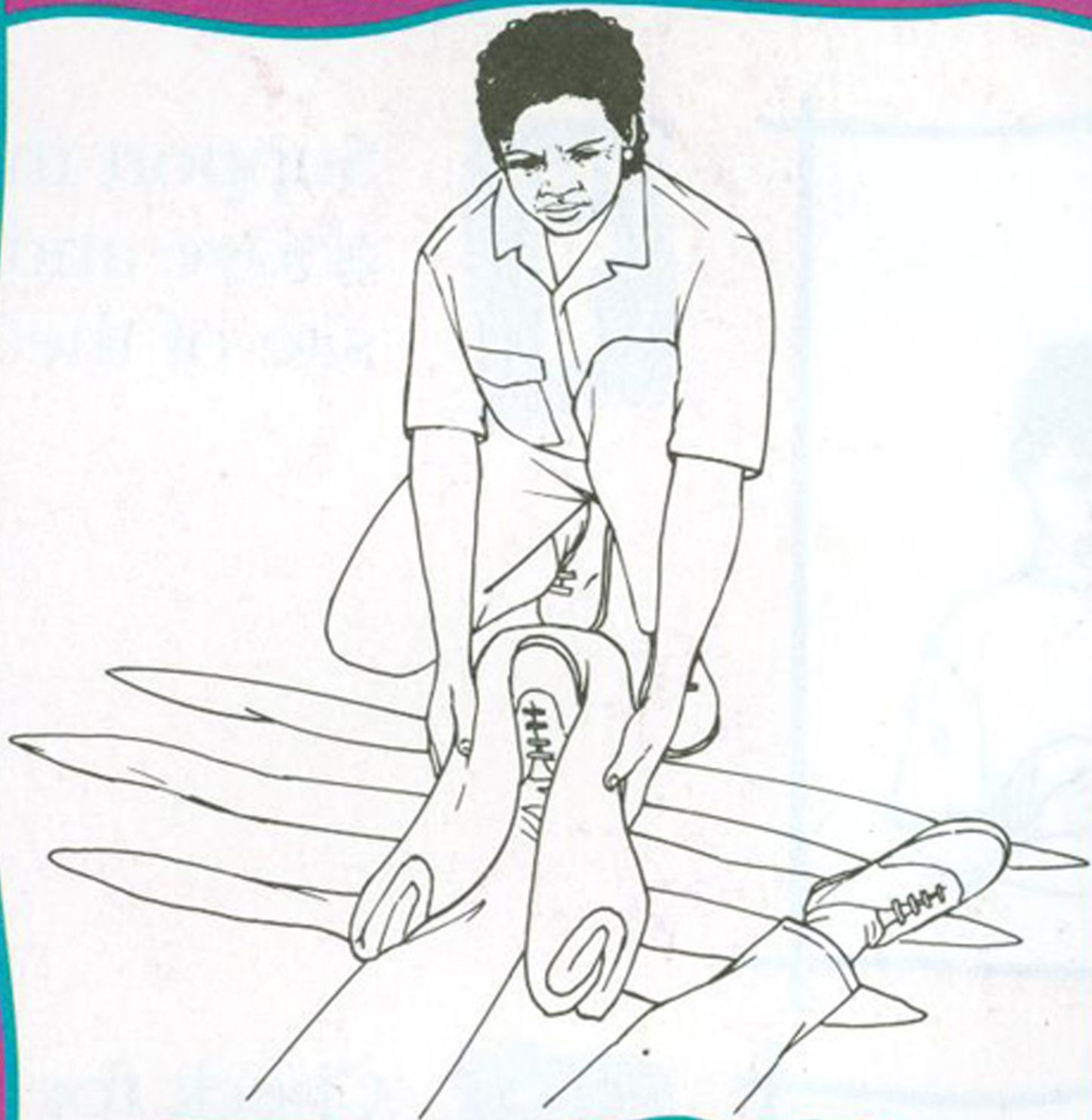
STEP

3



STEP

4



STEP

5



