

Pawlowski Relays at BF Track

March 31, 2012

4X1600: C.Davis-5:48.4, K.Cleary-5:44.6, Gibble-5:38.1, Pan-5:58.3 = 23:09.2
T.Cirillo-6:19.8, K.Cirillo-6:10.2, Jordan-6:13.0, Holland-6:01.6-24:44.5

4x800: 2-Fishbein-2:27.5, Pagano-2:17.5, Shigenobu-2:24.6, Davidson-2:26.1 = 9:35.7
Novice: Pacelli, Barrales, Holland, Jordan = 11:29.4
Kontos, Neborsky, Kirshner, Callaghan = 12:01.3
Rick, Tai, T.Cirillo, K.Cleary = 11:59.6 (Raced in same heat - splits lost)

4x100 Hurdles: M. DeVita – 17.6, A. Caffrey – 22.9, A. Muccio – 19.6, S. Ramirez – 19.7 --- 1:22.6

4x100 Frosh: S. Kusel, K. McKeon, O. Menke, L. Monnerat – 56.9
L. Testa, M. Kaiser, J. Sidote, A. DeVera – 58.1

4x100 Novice: O. Burdack, B. Stern, M. Lucky, M. Broatch – 59.5
E. Flynn, K. Kearney, K. Whalen, J. Chang – 61.1
S. Bragg, T. Olsen, J. Martin, A. Munro – 63.2

4x200: M. Jennings – 28.9 , A. Muccio – 29.2, K. McKeon – 29.5, S. Davis - 29.0 --- 1:56.4

Distance Med: C.Davis-4:14, Kontos-71.2, S.Davis-2:39.2, Pan-6:02.5 = 9:52.7

Sprint Med: A. Muccio – 66.2, M. Jennings – 27.9, A. Caffrey – 26.9, L. Weissburger – 2:24.9 --- 4:35.5

3x400 IH: S. Ramirez – 75.6, A. Muccio – 76.4, A. Caffrey – 79.0

4x400 Frosh: A. L. Monnerat, S. Kusel, O. Menke, K. McKeon
B. A. DeVera, M. Kaiser, J. Sidote, L. Testa

4x400 Novice: M. Broatch – 73.1, O. Burdack – 73.7, B. Stern – 72.0, M. Lucky – 73.5
K. Whalen – 69.4, K. Kearney – 79.6, J. Chang – 72.3, E. Flynn – 68.4
S. Bragg – 73.2, G. Pusche – 86.6, T. Olsen – 73.0, J. Martin – 79.0

4x400: H. Shigenobu – 62.7, C. Davidson – 63.5, E. Fishbein – 66.3, C. Pagano – 61.6 ---4:14.1

HJ: M. DeVita – 4'4, S. Davis – 4'4, S. Ramirez - NH
LJ: V-Kate McKeon-13-2.5, Emily Flynn-12-10, Megan Lucky-11-7 =
N-Joanna Chang-11-4.5, Katie K.-FFF. =
TJ: V-Mimi DeVita-30-4.5, Emily Flynn-28-8.5, Megan Lucky-26-3 =
N-Joanna Chang-25-10, Kate K.-FFF. =

Comment: The Pawlowski Relays returned to Ridgewood after a 5 year absence. The weather was not welcoming! The cold rain was heavy and the two hour period at the beginning of the meet (9am to 11- 11:30am) was the worst weather we had had all season and in fact turned out to be the worst weather we had for the entire season! The new facility at BF handled the big meet and the weather beautifully. And the Ridgewood girls competed head down tough into the driving rain and won the trophy!