

BMOC at Hackensack Wednesday May 29, 2013

High Jump: **3**(tie)-Sophie Montgomery, 5-0.

100mH: 8-Katie McKeon, 16.23. 9-Sirai Ramirez, 16.28

400IH **1**-Micaela McPadden, 63.12.

Pole Vault: **1**-Mimi Devita, 10-10. --Abby Taylor, NH

4x400mrelay: **3**-Ridgewood, 4:02.86 (Caffrey-61.6, Monnerat-61.0, Ramirez-62.5, McPadden-57.7).

Comment: We had a great night! Micaela Wins a much deserved Championship, runs her fastest time and is now 2nd on the ATL Ridgewood list! Mimi joins a family tradition of BMOC champions: Her Dad in 1981, her brother in 2009 & 2010, and her sister in 2010!! Sophie did her best jumping and earned 3rd place. The 4x4 ran their fastest time of the year so far and grabbed third place medals from the 2nd heat! All in All we brought 8 athletes to the meet and 6 came home with medals.