

2019 Spring Track and Field Schedule

*This is a tentative schedule, all meets are subject to change

** Not everyone will attend every meet

Date	Meet	Site	Level
Mon. April 1, 4 PM	Dual Meet vs Teaneck	BFMS - Ridgewood	All
Sat. April 6, 9 AM	Pawlowski Relays	BFMS - Ridgewood	All
Fri-Sat. April 5-6, TBA	Arcadia Invitational	Arcadia HS, Arcadia, California	Select Varsity
Mon. April 8, 4 PM	Dual Meet vs Old Tappan	Old Tappan HS	All
Mon. April 9, 4 PM	Dual Meet vs Indian Hills	BFMS - Ridgewood	All
Wed, Fri-Sat. April 10, 12-13 Spring Break	Bergen County Relays	BFMS (Wed), River Dell (Fr-Sa)	Varsity
Mon. April 15, 4 PM Spring Break	Tri Meet vs Ramapo & Northern Highlands	BFMS - Ridgewood	All
Sat April 20, 9 AM Spring Break	Comet Relays	Hackensack HS	All
Mon. April 22, 4 PM	Tri Meet vs Hackensack & Paramus	Hackensack HS	All
Thurs-Sat. April 25-27, 10 AM/9 AM/9 AM	Penn Relays	Franklin Field, Philadelphia, PA	Select Varsity
Thurs. May 2, 3:30 PM	Big North Champs	BFMS - Ridgewood	Varsity
Monday, May 6, 4pm	Big North Novice Champs	BFMS - Ridgewood	Frosh/Novice
Fri-Sat. May 10-11, 3:30 PM/9 AM	Bergen County Champs	Old Tappan HS	Varsity
Tues. May 14, 4 PM	Bergen County Novice Meet	Hackensack HS	Frosh/Novice
Thurs. May 16, 4 PM	Bergen County Frosh Girls Champs	BFMS - Ridgewood	Frosh Girls
Fri May 17 - Field -3:30 Track-6pm	Bergen Meet of Champs	Hackensack HS	Select Varsity
Mon. May 20, 4 PM	East Coast Relays	Randolph HS	Select Varsity
Wed. May 22, 4 PM	Bergen County Frosh Boys Champs	Ramsey HS	Frosh Boys
Fri-Sat. May 24-25, 3:30 PM/10 AM	State Sectionals	Clifton HS	Varsity
Fri-Sat. May 31-June 1, 2:30 PM/10 AM	State Groups	Franklin HS	Varsity Qualifiers
Sat. June 8, 2pm,	State Meet of Champs	North Burlington HS	Varsity Qualifiers
Fri-Sun. June 14-16, 10 AM	New Balance Nationals	North Carolina A&T University	Select Varsity