Team standings

1, Lakewood; 2, Bergen Catholic; 3, Cardinal Spellman; 4, Paramus Catholic.

60 - 1, Tim Gleason, Stevens, 6.1; 2, Rocky Minhello, Wood-Ridge/Hasbrouck Heights; 3, James Bell, Lakewood; 4, Donovan Anglin, South Plainfield; 5, Mike Bournique, New Providence.

60 HH - 1, Carlos Abrev, Dickinson, 7.6; 2, Dennis McGarty, Westfield; 3, Rob Ghelli, Bergen Catholic; 4, Scott Sutera, Don Bosco; 5, Tak Yamata, Old Tappan.

300 - 1, Marty Rizzolo, Nutley, 32.3; 2, LaMont Harris, Eastside, 32.6; 3, Craig Barnes, Babylon, 32.9; 4, Fitzroy Morgan, Lakewood, 33.4; 5, James Bell, Lakewood, 33.6.

600 - 1, Mark Bednarz, Paramus Catholic, 1:16.1; 2, Hector Vecciholy, Cardinal Spellman, 1:16.5; 3, Bob Lahoff, West Essex, 1:16.6; 4, Marty Rizzolo, Nutley, 1:16.8; 5, Dan Hark, Nutley, 1:17.3.

1,000 - 1, Mike Harnett, Cranford, 2:24; 2, Rich Bindone, Newfield, 2:24.4; 3, Brian McSherry, Iona Prep, 2:24.6; 4, Pete Newell, Cardinal Spellman, 2:25.2; 5, Steve Liona, Raritan, 2:25.6

Mile - John Payne, Montville, 4:30; 2, Steve Liona, Raritan, 4:35.6; 3, Kevin Mathias, Lakewood, 4:36.4; 4, Ed Hayes, Newfield, 4:38.7; 5, Gregg Wiklors, Pascack Valley, 4:39.2.

Mile relay - 1, Lakewood; 2, Cardinal Spellman; 3, Ridgewood; 4, Rahway; 5, Toms River East.

2 Mile - 1, Mike Flett, Toms River East, 9:47.3; 2, Glenn Cerreta, Dickinson, 9:51.9; 3, John Lauria, Paramus Catholic, 9:53.6; 4, Ted Michaels, Bergen Catholic, 9:55.4; 5, Dean Mayo, Cardinal Spellman, 10:01.6.

2 Mile relay - 1, Rahway, Juanito Fortunato, Terry Williamson, Willie Moore, Ruben Toney, 8:21.6; 2, Lakewood, 8:22.1; 3, Westfield, 8:28; 5, Paramus Catholic, 8:29.3.

Long Jump - 1, Donovan Anglin, South Plainfield, 21-11; 2, Rob Ghelli, Bergen Catholic, 21-2; 3, Chris Grauwiler, Rutherford, 20-93/4; 4, Myreon Williams, Eastside, 20-81/2; 5, Craig Barnes, Babylon, 20-234.

Triple jump - 1, Craig Halyard, Ridgewood, 46-9; 2, Rob Ghelli, Bergen Catholic, 42-2; 3, Andra Pata, Bergenfield, 42-134, 4, Chris Grauwiler, Rutherford, 40-834; 5, Charles Werner, Bergenfield, 39-81/2.

Shot put - 1, Dennis Demartino, Fort Lee, 49-4; 2, Tim Richmond, Lakeland, 47- 41/2; 3, John Cervoni, Iona, 46-8; 4, Bryan Turner, Lakewood, 46-61/2; 5, Jason Longo, Toms River East, 43- 51/2

High jump - 1, Andy Kearny, Lakewood, 6-4; 2, Dennis McGarty, Westfield, 6-2; 2, Anthony Velasquez, Don Bosco, 6-2; 2, Booker Logan, Lakewood, 6-2; 5, Brian Weis, Old Tappan, 6-0.

Pole vault - 1, Rich Clary, Morristown, 13-0; 2, Anthony Gimba, South Plainfield, 12-6, 3, John Sherman, Westfield, 12-6; 4, Tom Gleason, Iona Prep, 12-6; 5, Paul Couppo, Montclair, 12-0.

1, Ridgewood; 2, Cardinal Spellman; 3, Pascack Valley; 4, Ramapo; 5, Old Tappan.

60 M H - 1, Leslie Chaser, Centerreach, 8.7; 2, Diane Brown, Toms River East; 3, Michelle Smith, South PLainfield; 4, Tricia Abrahams, Bergenfield; 5, Renea Harris, Elizabeth.

60 - 1, Sara Pieri, Ramapo, 7.2; 2, Renne Harn, Elizabeth; 3, Jen Cox, Vernon; 4, Leslie Chance, Centereach; 5, Sonda Slutcher, Wood-Ridge/Hasbrouck Heights.

300 - 1, Kisha Stewart, Cardinal Spellman, 38.4; 2, Tondra Taylor, Elizabeth, 39.6; 3, Kerri Rellly, Ridgewood, 39.8; 4, Egelta Schmanich, Lincoln, 40.2; 5, Rochelle Longfords, Cardinal Spellman, 40.4.

600 - 1, Ginny Figlar, Ridgewood, 1:29.8; 2, Steph Tolliner, Lincoln, 1:33.4; 3, Ericka Williams, South Plainfield, 1:34.2; 4, Lynn Degelmann, Ridgewood, 1:35.6; 5, Jessica Gallina, Ramapo, 1:37.0.

1,000 - 1, Lynn Collazo, Ridgewood, 2:17.9; 2, Nicole Aleskovetca, Wading, 2:24.4; 3, Jen Hughes, Ridgewood, 2:35.7; 4, Jessica Gallina, Ramapo, 2:55.9; 5, Katrina Kothe, Wading, 3:00.

2 mile - 1, Chris Gentile, Babylon, 11:14.8; 2, Steni Rogers, Pascack Valley, 12:13.4; 3, Kathy Clarke, Cranford, 12:44.2; 4, Diana Pacifico, Old Tappan, 12:48.1; 5, Martina Hoppi, Lakeland, 12:53.9

2 Mile relay - 1, Cardinal Spellman, Collette Intervallo, Fireili DeLeon, Vanessa Grant, Dana Smith, 10:04.4; 5, Pascack Hills; 6, Ramsey; 7, Pascack Valley; 8, Wood-Ridge/Hasbrouck Heights.

Mile - 1, Julie McKenna, Stevens, 5:24.4; 2, Jen Hughes, Ridgewood, 5:31.9; 3, Bridget Bowers, West Islip, 5:32.9; 4, Colette Intervallo, Cardinal Spellman, 5:44.1; 5, Chris Looney, Ramapo, 5:46.4.

Mile relay - 1, Cardinal Spellman, Dana Smith, Tricia Stuart, Briget Currie, Vannesa Courant, 4:11.8; 2, Ridgewood, 4:17.7; 3, Bayshore, 4:19.5; 4, Lincoln, 4:23.1; 5, South Plainfield, 4:30.1.

Triple jump - 1, Jen McDermott, Ridgewood, 35-1/4; 2, Michele Sterner, Bergenfield, 33-534; 3, Laura Matters, Cliffside Park, 32-7; 4, Cori Franko, Old Tappan, 32-21/2; 5, Barbara Bator, Queen of Peace, 32-21/2.

High jump - 1, Jen Krokus, Old Tappan, 5-0; 2, Chris Bella, Pascack Valley, 4-10; 2, Linda Richel, New Providence, 4-10; 4, Ella Epsicopo, Ramapo, 4-6; 4, Kristen Harvey, Pascack Hills, 4-6; 4, Maria Capozzoli, Queen of Peace, 4-6.

Long jump - 1, Jen McDermott, Ridgewood; 2, Michelle Smith, South Plainfield; 3, Sue Manhel, Old Tappan; 4, Barbara Bator, Queen of Peace; 5, Laura Matters, Cliffside Park.

Shot put - 1, Tammy Rayvich, Ridgewood, 34-21/2; 2, Christa Liquori, Dayton, 31-2; 3, Alfreda Eldridge, Ridgewood, 31-1/2; 4, Janine Stanlewier, Fair Lawn, 29-81/2; 5, Chris Svarczkopf, Midland Park, 29-61/2.

## Ridgewood girls take indoor title

By Rich Libero Correspondent

SUFFERN, N.Y. — The Ridgewood Winter Games was the final local indoor track meet of the season and the Maroons made the most of it, capturing the girls team title with 45 points Friday at the Rockland Community College field house. Lakewood topped the boys and Bergen Catholic finished a close second.

"We were real pleased with the number of schools that entered this late in the season," Ridgewood spring track coach Jacob Brown said. "Usually, there's nothing left for freshmen and sophomores and non-top varsity runners. This was good for them and track."

Jennifer McDermott paced the Maroons in two events, capturing the triple and long jumps. Jennifer Hughes was third in the 1,000-meter run and second in the mile. Hughes finished two places behind teammate Lynn Collazo in the 2:17.9, Hughes in 2:35.7.

Tammy Rayvich won the shot season." put with a distance of 34 feet, 21/2 inches inches and Alfreda Eldridge well, finishing fourth behind Carfinished third with a toss of 31-1/2. dinal Spellman of New York. Mark Kerri Reilly placed second in the Bednarz captured the 600-yard 300-yard dash and Ginny Figlar dash in 1:16.1. John Lauria comoutran the field in the 600. Lynn pleted the two-mile run in 9:53.6 Degelmann finished fourth in the and placed third.

## TRACK

event.

With spring sports on the way, many athletes are beginning to feel the stress of competing through fall and winter. One of the more durable performers, however, is Sara Pieri of Ramapo. The senior captured the 60-yard dash in 7.2 seconds and finished eighth in the long jump.

"It's a long season for many of these runners because they run six days a week and some even on Sundays," Ramapo coach Joe Buesing said. "She [Pieri] runs cross-country and indoor, and then with academics it can be tough on a kid. I give her credit. Another week and a half and we start outdoors. It takes a special type of kid to do this."

Rob Ghelli of Bergen Catholic also is feeling the effects. He finished second in the triple and long jumps and third in the 60-yard hurdle. "You can feel it in your legs 1,000. Collazo ran the distance in after four events," he said. "I usually get better at the end of the

Paramus Catholic also fared