

# Runners realizing their career goals

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**HACKENSACK** — Success in track and field is relative. A great performance for a freshman or sophomore might be considered disappointing for a junior or senior.

For four of the area's best runners, their senior seasons have become a last chance to achieve career goals. And at Friday's Ridgewood Winter Games I in Fairleigh Dickinson University's Rothman Center, they realized their dreams might finally come true.

For Ron Thomas of Kennedy, winner of the high hurdles, his senior year is a mission.

"It's really important for me to get my best times and jumps," said Thomas, a high jumper and hurdler. "I want everyone to remember me and I want to win the states in the high hurdles — indoors and outdoors."

Tom Pearson of Eastside easily won the 400 meters in 51 seconds and anchored the winning 1,600-meter relay. His three varsity sea-

sons have included a number of successes, but not the championship level he has sought.

"I've always dreamed about becoming a State champion and this is my last chance to get it," said Pearson.

For Don Bosco Prep star Brian Barry, senior year is a chance to reach the potential he has displayed throughout his career. To help him reach his goals, Barry left the varsity football team and ran cross-country last fall.

"I knew it was the right decision the minute indoor track started," said Barry, who was impressive in winning the 600 in 1:23.3.

For Breda McGowan of Bergenfield, the goals may not be quite as high as the others after her dramatic and determined win in the 1,600 over Kim Hopkins of Trenton.

Other area winners included Anthony Johnson of Kennedy (sprint), Rob Reeder of Northern Highlands (1,600), and Jennifer Metz of Pascack Valley (girls 600).

## TRACK

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JAN 30, 1992

### Ridgewood Winter Games

#### VARSITY BOYS

60 — 1, Anthony Johnson, Kennedy, 6.6; 2, Darryl Lovely, Plainfield, 6.6; 3, Ron Thompson, Clifton, 6.6; 5, Kevin Jenkins, Ramapo, 6.8.

50 HH — 1, Ron Thomas, Kennedy, 6.5; 2, Matt Psaltis, Fair Lawn, 6.6; 3, Dave Schuman, Saddle Brook, 6.7; 4, Errol Buggs, Kennedy, 6.7; 6, Jesse Chertoff, Tenafly, 7.0.

400 — 1, Thomas Pearson, Eastside, 51.0; 2, Steve DeRosa, Tenafly, 52.9; 3, Daryl Lovely, Plainfield, 53.2; 5, Brian Knispel, Northern Highlands, 54.5; 9, Billy Grogan, Bergenfield, 56.0; 10, Adam Mason, West Milford, 56.1.

600 — 1, Brian Barry, Don Bosco Prep, 1:23.3; 2, Ed Belfield, Eastside, 1:25.2; 3, Neville Hector, Ridgewood Park, 1:28.7; 5, Evan Dabby, Tenafly, 1:30.1; 6, Simon Solomayer, North Bergen, 1:31.8; 8, Scott Pelman, West Milford, 1:32.5.

1,600 — 1, Rob Reeder, Northern Highlands, 4:33.3; 2, Frank Baldassare, Ramapo, 4:34.9; 3, Bob Keino, Ridgewood, 4:36.5; 4, Josh Fronfield, Ridgewood, 4:41.3; 5, Billy Grogan, Bergenfield, 4:42.8; 6, Danny Schuman, Saddle Brook, 4:44.3; 7, John Kavanagh, Mahwah, 4:46.6; 9, Joe Oliver, Northern Highlands, 4:46.9; 10, Alex Hernandez, North Bergen, 4:50.4.

1,600 relay — 1, Eastside (Terence Harrell, Ed Belfield, Ruscel Kirkland, Thomas Pearson), 3:34.1; 2, Trenton, 3:36.9; 3, Arts, 3:43.3; 4, Wayne Valley, 3:45.8.

3,200 relay — 1, Toms River East, 8:28.4; 2, Msgr. Farrell, 8:30.3; 3, Northern Highlands, 8:34.6; 4, Clifton, 8:49.4; 5, North Bergen, 8:51.5.

#### VARSITY GIRLS

60 — 1, Jocelyn Harris, Franklin, 7.3; 2, Robyn Kirkland, Bishop Ahr, 7.4; 3, Heather Young, Summit, 7.4.

50 HH — 1, Gwen Kawah, Trenton Central, 7.3; 2, Sue Gendes, Toms River East, 7.4; 3, Regina Musina, Toms River North, 7.8.

400 — 1, Minne Blamo, Trenton, 62.5; 2, Melissa Gilbert, Ridgewood, 62.8; 3, Simone Gayle, Kennedy, 63.8; 4, Lori Devine, West Milford, 64.5; 5, Breda McGowan, Bergenfield, 65.7; 6, Gizele Wason, Ridgewood, 66.0; 7, Sherri Willis, Eastside, 66.0; 8, Kristin Vassallo, Clifton, 66.4; 9, Tihesha Hicks, Kennedy, 66.8.

600 — 1, Jennifer Metz, Pascack Valley, 1:41.1; 2, Vanessa McClure, Kennedy, 1:47.3; 3, Latoya Stephens, West Side, 1:48.0; 4, Renee Pavelski, Ridgewood, 1:48.7; 8, Melissa Morrissey, Northern Highlands, 1:51.0; 9, Sharon May, West Milford, 1:52.1; 10, Karen Stevens, Waldwick, 1:52.7.

1,600 — 1, Breda McGowan, Bergenfield, 5:26.2; 2, Kim Hopkins, Trenton, 5:27.5; 3, Amy Mizzone, Wayne Valley, 5:40.9; 4, Lauren Tota, Ridgewood, 5:41.3; 5, Laura Farinas, Clifton, 5:46.7; 7, Deanna Gastrock, West Milford, 5:52.2; 8, Katie Morris, Northern Highlands, 5:52.5.

1,600 relay — 1, Trenton (Karen Guilh, Karolyn Boynton, Theresa Reaves, Minne Blamo), 4:23.8; 2, Voorhees, 4:38.2; 3, Pearl River, 4:38.6; 4, West Milford, 4:50.0; 5, Westwood, 5:16.7.

3,200 relay — 1, Pearl River (Erin Madden, Kerri Murphy, Kim Faris, Jen Barber), 10:21.9; 2, Voorhees, 10:27.7; 3, St. Francis Prep, 10:34.3.

#### NOVICE BOYS

60 — 1, Kokia Shanks, Weequahic, 6.6.

50 HH — 1, Darren Rich, Wayne Valley, 7.2.

200 — 1, Nigam Bobby, Madison Central, 24.7.

1,600 — 1, Jason Pfaff, Bergenfield, 4:51.2.

4-lap relay — 1, Weequahic (Kakia Shanks, Rahmon Daley, Patrice Brooks, Reshon Shanks), 1:34.7.

3,200 relay — 1, Ridgewood (Koh Nakajima, John Waldergard, Naoki Tanaka, Jim Montgari), 9:12.9.

#### NOVICE GIRLS

60 — 1, Kristen Riehl, Ramapo, 7.5.

50 HH — 1, Joy Belgrave, Kennedy, 7.7.

200 — 1, Joy Belgrave, Kennedy, 28.5.

1,600 — 1, Latoya Stephens, West Side, 6:02.5.

4-lap relay — 1, Clifton (Sheri Albaron, Mary Ellen Obredon, Kristin Vassallo, Kristi Montana), 1:55.0.

3,200 relay — 1, Toms River East, 11:30.1.

#### FROSH BOYS

60 — 1, Gerald Conover, Trenton, 7.0.

50 HH — 1, Jesus Moya, Saddle Brook, 8.5.

200 — 1, Sidharta Sardar, Sayreville, 25.7.

1,600 — 1, Chris White, Northern Highlands, 5:15.3.

4-lap relay — 1, Trenton (Mark Nickelson, Brian Williams, Gerald Conover, Gene Stills), 1:41.1.

3,200 relay — 1, Tenafly (Jeremy Marliantone, Neil Lebay, John Rogan, Josh DeScherer), 10:33.3.

#### FROSH GIRLS

60 — 1, Kanodsha Campbell, Franklin, 7.5.

50 HH — 1, Katie Holmgren, Wayne Valley, 8.6.

200 — 1, Katie Holmgren, Wayne Valley, 29.4.

1,600 — 1, Kerri Black, Northern Highlands, 6:06.3.

4-lap relay — 1, Franklin (Jaeda Boykis, Angela Lee, Kanodsha Campbell, Danina Young), 1:49.5.