

Forde's jump highlights meet

By PAUL SCHWARTZ
Correspondent

PRINCETON — The revival of the Boys Eastern States track and field meet was a success Monday night even before Marvin Forde of Uniondale made his very large mark.

Performers from more than 100 schools from 10 states had filled Jadwin Gymnasium with a host of outstanding indoor performances, including a seven-foot high jump by Tommy Thompson of New York's St. John the Baptist and a State record by Ty Adams of Monmouth in the 300-yard run.

But when Forde stepped onto the long jump runway, it was obvious who was going to be the star of this meet.

And Forde didn't disappoint, leaping 25 feet, 7¾ inches, the third longest jump in U.S. high school indoor history — and nearly three inches farther than Carl Lewis' best high school indoor jump.

"Everything have been coming together this year," said Forde, who trails only Jerry Proctor and Dion Bentley on the all-time list. "I did well last year but I had a little bit of trouble with my legs. But this year the concentration and practice is helping me come together. I look at tapes of Carl Lewis and Mike Powell, the great jumpers and I know I can go further than I have. I think 26 feet is within reach — indoors."

Forde, who then anchored Uniondale to a 1,600 relay victory, hopes to attend school close to his Long Island home for what might appear to be a strange reason.

"All the great jumpers seem to come from the warm weather states in the South," said Forde. "I'm doing this in the North so if I keep getting better while jumping up here, I know I can be in the Olympics."

Locally, the highlights came from the Don Bosco Prep 3,200 relay team, high jumper Dave Kruse of Tenafly, and triple jumper Anthony Jacobs of Englewood.

Bosco's team of seniors Jay Vilord and Sean Durkin and juniors Frank Monks and Marty Hickey ran the fastest time by an area team this year, 8:03.5 to finish third behind Oceanside, N.Y. and

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Overbrook, Pa., who ran the fastest times in the nation this year in going 1-2.

"Our goal was to beat Bergen Catholic," said Monks, whose strong second leg pulled the Ironmen into second place. "They had run the best time in the county when they beat us at the Seton Hall Games but we knew we could run better than we did that night."

Hickey's 1:58.0 anchor split pulled Bosco from fifth to third in the stretch Monday night. It continued a streak of fine running for the junior.

"It's really coming down to a matter of determination," said Hickey, who has the area's top 3,200 time this year. "It's very exciting running a race like this and exciting to do this well."

Kruse has jumped higher than the 6-4 he cleared to share second place with Keenan Coleman of Coatesville, Pa. But the 1992 New Jersey state indoor champ was happy with his place.

"I'm used to being in big meets like this," said Kruse, the two-time all-Bergen high jumper. "I'm happy with my place but I thought I could jumped better."

Perhaps the happiest of all the area athletes was Jacobs, who had three career bests on the way to a fourth-place finish behind the winner, Erik Clinton of Hope (R.I.).

Jacobs first jumped a PR of 43.9 to qualify seventh and last and slipped into sixth with a 44 foot jump on his first jump in the finals.

But on his final leap, he skied to 45-1½ and earned the beautiful paperweight medal.

"I knew I was capable of a big jump," said Jacobs, whose previous best was just over 43 feet. "The big names in the field psyched me up and I treated this as a big game, laughing on the runway and trying to take the pressure off. It worked."

Other area medalists were Bergen Catholic's 3,200 relay team, sixth and fifth place performers by Mike Pfaff of Hackensack in the mile and teammate Courtney Davis in the 600-yard run.

TRACK

Boys Eastern States

At Jadwin Gym, Princeton

Distance medley — 1, LaSalle (Pa), 10:34.4; 2, State College (Pa), 10:37.7; 3, Notre Dame, 10:41.3; 4, Bishop Ford (N.Y.), 10:42.7; 5, Xavierian (N.Y.), 10:45.5; 6, Boys and Girls (N.Y.), 10:54.2. Also — 10, Don Bosco Prep, 11:07.2.

3,200 relay — 1, Oceanside (N.Y.), 7:58.4; 2, Overbrook (Pa), 7:59.7; 3, Don Bosco Prep (Jay Vilord 2:02.9; Frank Monks, 2:00.5; Sean Durkin 2:32.1; Marty Hickey 1:58.0), 8:03.5; 4, Henderson (Pa.), 8:04.0; 5, McQuaid (N.Y.), 8:06.2; 6, Bergen Catholic (Gerry Breen 2:05.6; Brian Zima 1:59.5; Mark Fabish 2:01.8; Tim McDermott 2:01.0), 8:07.2.

2-mile run — 1, Reynaldo Mendez, Fordham Prep (N.Y.), 9:32.23; 2, Keith Woodman, St. Raphael Academy (R.I.), 9:36.86; 3, Rick Cruz, Lowell (Mass.), 9:40.20; 4, Yannick Perrault, Trinity School (N.Y.), 9:41.93; 5, Anthony Debenedictis, Rosalia Park, 9:49.7; 6, Jayson Pereira, St. Raphael (R.I.), 9:53.5.

300-yard run — 1, Ty Adams, Monmouth, 30.80; 2, David Byrd, CBA Albany, N.Y., 31.10; 3, Byron Johnson, Asbury Park, 31.44; 4, Harvey Johnson, St. James (Pa.), 31.65; 5, Scott Jones, Willingboro, 32.03; 6, Courtney Curry, Evander Childs, 32.37. Also: James Whiting, Hackensack, 32.88.

400-yard run — 1, Dudley Dorival, Ewing, 7.2; 2, Greg Hines, Walt Whitman (N.Y.), 7.3; 3, Kevin Kelly, Quakerville (Pa), 7.4; 4, Kristin Lightbourne, Uniondale (N.Y.), 7.4; 5, Prince Jordan, Mount Pleasant (R.I.), 7.5; 6, Larry Patterson, Monmouth, 7.6.

400-yard dash — 1, Marlin Owens, Asbury Park, 6.48; 2, Aaron Tolson, Memorial (NH), 6.54; 3, Julien Thomas, Lawrence (N.Y.), 6.59; 4, Darrel Hall, Barringer, 6.59; 5, Kenneth Burton, Evander Childs (Va.), 6.64; 6, Montez Anderson, St. Stephen's (Va.), 6.65.

1,000-yard run — 1, Brad Barckett, Peedie, 2:18.2; 2, Per Chilstrom, Columbia, 2:19.2; 3, Chris Mills, Christ the King, 2:19.2; 4, Mark McRea, Seton Hall, 2:20.2; 5, Steve Jacob, Matfuchen, 2:20.4; 6, Hassan Harnett, St. Raphael (R.I.), 2:21.91. Also: 8, Sadek Abaidi, 2:24.2; 9, John Schreiber, Clifton, 2:26.4.

600-yard run — 1, J.R. McIlwain, Holy Ghost Prep (Pa.), 1:12.64; 2, Robert Moltz, Rahway, 1:14.00; 3, Jerome Brown, Prince (Conn), 1:14.52; 4, Kenroy Sergeant, Prince (Conn.), 1:14.67; 5, Courtney Davis, Hackensack, 1:15.45; 6, Neil Jasey, Columbia, 1:15.96; Also: 8, Craig Murphy, Ramsey, 1:17.5.

Mile run — 1, Jon Hunt, Princess Anne (Va), 4:17.00; 2, Josh Keena, Whippany Park, 4:17.84; 3, Joel Harrington, Gonzaga (Washington, D.C.), 4:20.74; 4, Brian Viscorni, Killatunny, 4:20.77; 5, Mike Pfaff, Hackensack, 4:29.46; 6, Doug Walsh, Carteret, 4:30.7. Also: 9, Brian Torres, Clifton, 4:35.85; 10, Doug Carter, Wayne Hills, 4:36.11; Bill Grosen, Bergenfield, 4:42.1.

1,600 relay — 1, Uniondale (N.Y.), 3:23.8; 2, Boys & Girls (N.Y.), 3:24.1; 3, Franklin, 3:25.4; 4, McClancy (N.Y.), 3:28.2; 5, Bishop Laughlin (N.Y.), 3:29.6; 6, Coatesville (Pa.), 3:34.7.

High jump — 1, Thomas Thompson, St. John the Baptist, 7-0; 2, He between Dave Kruse, Tenafly, 6-4, and Keenan Coleman, Coatesville (Pa.), 6-4; 4, Matt Ruit, Solanco (Pa.), 6-4; 5, Eric Charbonneau, Cohoes (N.Y.), 6-4; 6, Lance Washington, Salem (N.H.), 6-4.

Long jump — 1, Marvin Forde, Uniondale (N.Y.), 25-7¾; 2, Curtis Porter, Huquoet (N.Y.), 22-8¾; 3, Arnos Warren, Lawrenceville, 22-5; 4, Dudley Dorival, Ewing, 22-2¼; 5, Courtney Currie, Evander Childs (N.Y.), 21-4 3/4; 6, Kenny Wade, Willingboro, 21-3¼.

Triple jump — 1, Erik Clinton, Hope (R.I.), 49-1¼; 2, Jermaine Baffle, St. James (N.Y.), 45-10¾; 3, Kawar Lovelace, Archbishop Molloy (N.Y.), 45-4½; 4, Anthony Jacobs, Englewood, 45-1½; 5, Carlton Rowe, Walt Whitman (N.Y.), 44-6½; 6, Antonio Reese, Bishop O'Connell (Va.), 44-3½.

Shot put — 1, Tyrone Gartland, Malawan, 61-9½; 2, Mike Craig, Trenton, 58-9; 3, Ken Pegram, Gonzaga (Washington, D.C.), 54-3; 4, Chris Limberg, Archbishop Molloy, 53-6; 5, Mike Loreau, Cumberland, 53-1¾; 6, Peter Vaivo, Xavierian, 52-4.

Pole vault — 1, Ryan Dall, North Rockland, 15-0; 2, Jason Tomisl, Parkland (Md), 14-0; 3, Kevin Kelly, Quakertown (Pa), 14-0; 4, Setha Lillisack, Mt. Pleasant (R.I.), 14-0; 5, Pete Jochour, Chambersburg (Pa.), 13-6; 6, Sean McKenna, Iona Prep, 13-6.

Dear Committee,
Thanks for your help with the meet. Please send suggestions on to me. We will be making several changes to make the meet bigger and better next year.

Jacob Brown

NEW JERSEY TRACK

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OF MANY THINGS

The "resolution" of the Bob Keino case is anything but that. As usual, when faced with certain defeat in a court case, the NJSIAA backed off and got Ridgewood to settle for a compromise: "wiping out" his career to date (we have already taken care of that one), making him eligible for one calendar year from April 1, 1993, to March 31, 1994, and taking a vote next fall on the foreign athlete rule, which was never voted on by the member schools in the first place.

It is obvious that, before a new executive director is appointed, the new commissioner of education must set down some strict guidelines (as is her right) as to how the NJSIAA operates. No longer should the executive committee be allowed to pass legislation which has not gone before the membership at the annual meeting; no longer should the NJSIAA be allowed to hold membership in the national Federation of High School Athletic Associations, which has been ultimately responsible for 90 percent of the legislation passed in the last 40 years. New Jersey, by law, must control what its schools do; no outside interference is necessary, nor legal, save what is done in Congress.

Meanwhile, we will reassert our policy with regard to Keino in the current indoor season: 1) his marks will be carried on our performance lists; 2) he will be eligible for the all-state team.

Some of you may have seen the stories about "sticky" gloves being banned in HS football next fall. Keep an eye on this one. It may seem to have little to do with our sport, but if a proper investigation is made into the background of this rule, there might be some interesting developments.

International track and field may be heading for a showdown between the IAAF and the athletic agents. At issue is an IAAF proposal that athletes selected by their nationals for the 1994 world championships in Stuttgart must compete or be ineligible for the 1996 Olympics.

We can expect the press to take the side of the athletes in this one, so the IAAF has little hope of "winning" whatever happens. We may be going through a period which, when the dust settles down will be recognized as a time of separation between amateur and professional in our sport similar to that in most others.

* * *
The boys' Easterns are back on the schedule after a two-year absence. All inquiries should be directed to Ridgewood HS' "gang of Four": Jake Brown, Larry Coyle, Dick Van Eyperen and the inevitable Mike Glynn. It is a welcome return, aided and abetted by Merrill Lynch. Ad multos annos!

The girls' meet is at Brandeis this year on Sunday, March 7. The change in site is necessitated by the IC4A meet being at Harvard this year, a triennial event. We look forward to seeing the meet for the first time.

* * *
We will depart from our former publishing schedule this year and the next issue will follow rather than precede the AG meet, unless we get so much news that we fill it up before then. Issue 9 would come as usual toward the end of March with the full indoor wrapup.

* * *
Some late, late news:
Columbia and New Providence both scored doubles on Feb. 3, the Lions in the Essex Cty meet at Seton Hall and the Pioneers in the Mountain Valley meet at Dunn Ctr.

The Essex meet had several hot items: a 49.3/6-4 double for soph Nakia Fenner of Science; a 1:56.7/800 for Mark McCree of Seton Hall; a 4:32.4/9:47.1 double for Per Chilstrom of Columbia; an 8.63/5-0 double for Melissa Branigan of Nutley.

In the MVC meet, Mike Spellman doubled the 800 and 1600 for NP (upsetting Anthony DeBenedictis of Roselle pk in the latter after both fell on the 3rd lap) and Andrea Jensen doubled the 60H and 400.

THE
RECORD
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PAUL SCHWARTZ
WINTER TRACK

Hackensack is capable of repeating

Defending State Group 4 indoor track champion Hackensack showed at the Dartmouth Relays last weekend that it again will be a potent force at next month's championships.

Darius Pemberton set a meet record in the long jump with 23 feet, 6 inches, a half-inch better than former Ridgewood star Craig Halyard four years ago. Pemberton also took second in the 55-meter hurdles in 7.39.

Courtney Davis was second in the 800 meters in an impressive 1:59.24 and James Whiting was second in the 400 in 51.69. The Comets' relay team of Davis, Whiting, Jamel Pinson, and Lamont Nicholson ran 3:30.66 for 1600 meters for third place.

A NICE MEET WE MISSED — The Fairleigh Dickinson Holiday Classic got the track season off to a great start, with more than 80 schools from New York and New Jersey competing. Unfortunately, a communications snafu limited the results reported last month.

Here's a look at the local place winners in that three-day meet:

BOYS:

Winners — Kevin Rembert, Passaic (6.4 in the 55); Brian Torres, Clifton (10:15.0, 3200); Davis (2:02.0, 800); Hackensack 1,600 relay (3:29.8); Pemberton (6-6¼ high jump, 23-4¼ long jump, 7.4 hurdles); Bill Grogan, Bergenfield (10:25 small schools 3,200); Northern Highlands (small distance medley); Danny Schuman, Saddle Brook (4:37 small 1600); Dave Marko, Paramus (49-8¾ small shot put).

Seconds — Ricchard Carter, Passaic (22-8½ long jump); Mark Polizzi, Northern Highlands (small 3,200); Mark Ervin, Northern Highlands (small 1,600); Mike Bobovnik, Fort Lee (small high jump); Nathan Dorante, Wayne Hills (small long jump); Mike Van Grouw, Mahwah (small pole vault).

Thirds — Ben Smith, West Milford (high jump); Neil Borgognoni, Paramus Catholic (pole vault); Jesse Chertoff, Tenafly (small hurdles); Tenafly 800 relay (small); Wayne Valley 3,200 relay (small).

GIRLS:

Winners — Megan Kerr, Tenafly (2:35 small schools 800); Jain Lattes, Dwight-Englewood (5-0 small high jump, 15-6 small long jump); Beth Sirignano, Northern Valley at Old Tappan (31-8 small shot put).

Seconds — Danielle LoBue, Immaculate Heart (1600); Robyn Lowe, Passaic (36-3 shot); Kerry Wasser, Saddle Brook (small hurdles); Kerri Black, Northern Highlands (small 800); Wayne Valley 1,600 relay (small); Marie Greaux, Ridgefield Park and Monica Nathans, Northern Valley at Old Tappan (small high jump); Erin Burke, Bergenfield (small shot).

Thirds — Michele Dudzinski, Passaic Valley (5-6 high jump); Michelle Dette (small hurdles); Wayne Valley (small distance medley); Jeanine Carroll (small shot).

SOMETHING OLD AND SOMETHING NEW — FDU sponsor another high school meet on Feb. 2 at 5 p.m. in Rothman Center.

With eight varsity events and six for novices in boys and girls competition, it's another chance for teams to prepare for State and County championships. Contact Mike Shea at the FDU track office for an entry.

But the big news is the return after a one-year absence of the Boys Eastern States, at Jadwin Gym in Princeton on March 1 at 8 p.m.

The meet has been revived by the Ridgewood quartet of Mike Glynn, Jacob Brown, Larry Coyle, and Dick Van Yperen, which helps produce a series of cross-country, indoor, and outdoor track meets. A major sponsor is expected to be announced shortly.

For further information, call Glynn during the day at 670-2802 or at night at (914) 735-7514, Brown at 423-0121, or Coyle at 447-6824.

1-29-93



PAUL SCHWARTZ
WINTER TRACK

Sponsor revives Easterns

Because of a casual comment made at the New Jersey State Cross-Country Championships in November, one of the nation's top indoor track meets has returned this winter.

The Eastern States Indoor Track and Field Championships, which wasn't held last year after a 54-year run, returns March 1 at 8 p.m. at Jadwin Gym in Princeton.

The meet should feature the top boys competitors from 12 states, from Maine to Virginia and the District of Columbia, in 15 track and field events. The meet is limited to the top 15 to 36 entries in each of the events and qualifying standards must be met.

"It started when Ed Church of Hackensack mentioned at the State Meet of Champs that we should get a corporate sponsor and revive this meet," said Mike Glynn of Ridgewood, part of the group that has run seven cross-country, indoor, and outdoor meets a year for the past decade. "I thought of Mike Quinn, who's a senior executive at Merrill Lynch and is very supportive of Ridgewood sports. Three days later, he called me back and said, 'You've got the money.'"

The Easterns folded after 1991 because of the prohibitive cost of the Princeton facility, but the corporate sponsorship revived it. That's when Glynn and co-directors Jacob Brown, Larry Coyle, and Dick Van Yperen went to work.

TRIPLE THREAT TALENT —

Tim McDermott made a name this fall as a wide receiver on Bergen Catholic's undefeated State Parochial A sectional championship football team.

But McDermott's feats on the track this winter are giving him a break from the rigors of figuring where he'll be spending his next four years.

McDermott ran a splendid 800-meter relay leg of 1:58.9 last week at Seton Hall in the Essex Invitational championships. And Wednesday he ran a sizzling 33.1 to win the 300-yard title at the Ridgewood Winter Games II. He followed that with a 50.0 anchor leg on BC's runner-up 1600 relay.

"Academics is first in selecting a school," said the speedy McDermott, who is looking Bucknell, Lafayette, and several Ivy league schools. "But I want to play football. And every school that I like for football has a competitive track team. If they don't have a team, I won't consider it."

"Coach [Fred] Stengel runs us a lot in football, and he says that my speed has gotten me a look, but that I'll have to get on the weights to play football in college," says the 5-foot-8, 145-pound McDermott, brother of Georgetown University track star Jen McDermott.

LONG-TERM GOALS — With all the distance talent in the area this year, it didn't figure that Sean Durkin of Don Bosco Prep would be one of the area's best. After suffering a stress fracture in the fall of 1991, he was no better than fourth on Don Bosco's team when the cross-country season started four months ago.

But Durkin became the No. 1 runner on what turned out to be the state's No. 1 team, and has continued his success this winter, with his latest triumph an easy victory in Wednesday's Ridgewood Winter games 3,200.

"It was very discouraging when I got hurt last year," said Durkin, who hopes to major in environmental studies. "After I got healthy, I tried to run 10 miles a day, and I changed my diet. I ate five helpings of fruit every day and lost about 15 pounds in fat and turned a lot of fat into muscle."

"I knew I could be the No. 1 runner, even when some of my coaches doubted it. And my goals are a lot higher than that, maybe even the Olympics some day."



Paul Schwartz

WINTER TRACK

Previewing a major track meet

Athletes from more than 100 schools in 10 states and the District of Columbia will compete Monday night in the return of the Boys Eastern States track meet in Princeton University's Jadwin Gym.

Revived after a two-year absence, the meet will include seven individual running events, five field events, and three relays.

Here's a look at the meet, which begins at 8 p.m. with the distance medley relay.

Distance medley — Top seed goes to Bishop Ford of New York at 10:32.3, with Don Bosco Prep (10:45.0), the only local entry.

High hurdles — Kevin Kelly of Quakertown (Pa.) is top-seeded with Darlus Pemberton of Hackensack the top runner in the race.

60-yard dash — Top-seeds Juan Torres of Mount Pleasant (R.I.) and Savon Cooper of Seneca Valley (N.Y.) are in a very balanced field.

300-yard dash — Ty Adams of Monmouth Regional is top-seeded, with Hackensack's James Whiting in contention for a medal.

1,600 relay — Top seed goes to Boys and Girls of New York.

3,200 relay — Overbrook of Philadelphia is top seeded at 8:02.0, but 10 teams are within 10 seconds, including Bergen Catholic (8:05.6) and Don Bosco Prep (8:07.6).

2-mile run — Reynaldo Mendez of Fordham Prep is top-seeded in one of the weaker fields.

1,000-yard run — Mark McRea of Seton Hall Prep is top-seeded (2:16.7), but Sadek Al-saidi of Ridgewood (2:21.6) and John Schreiber of Clifton (2:25.3) should run well.

600-yard run — Yameen Chestnut of Woodson (D.C.) leads the field with a 1:11.6, but Courtney Davis of Hackensack (1:13.3) should contend, and Craig Murphy of Ramsey should also show well.

1-mile run — Josh Keena of Whippany Park leads the seeds (4:17.0) with five area runners in the field, topped by State placers Bill Grogan of Bergenfield and Mike Pfaff of Hackensack.

Pole vault — Ryan Dall of North Rockland, who has vaulted 15-7, leads a field of 15 vaulters over 13 feet, including Vahe Hago-plan of Ridgewood.

Triple jump — Erik Clinton of (believe it or not) Hope (R.I.) is favored, with three area jumpers, including Anthony Jacobs of Englewood.

Long jump — Marvin Forde of Uniondale (N.Y.) has jumped 25-½, but if he's healthy, Pemberton should be in the hunt.

High jump — Outdoor 7-2 jumper Tom Thompson of St. John the Baptist (N.Y.) is favored, with Tenafly's Dave Kruse a dark horse.

Shot put — Ty Garland of Matawan has thrown seven feet further than any other entrant.

The Girls Easterns will be held at Brandeis College on March 6, with the Nationals set for Syracuse on March 12-13, capping the season.

COLGATE STAR — Dana Riley of Teaneck ran 57.4 for the 400 meters to finish second in the high school division of the Colgate Women's Games at Madison Square Garden on Sunday. Riley's time, the fastest in New Jersey this year earned her a \$500 college grant. Riley, the Bergen County outdoor record-holder at 55.00, has narrowed her college choices to Texas, Tennessee, Georgetown, and Michigan.

MAKE A NOTE OF IT — The winter track All-Bergen meeting will be held at 7 p.m. March 9 at Hackensack High School. All winter track coaches from Bergen County are invited.

The Bergen County spring track meeting will be held at 7 p.m. March 29 at Hackensack High School to discuss the spring season, especially the County meet and the Lou Lanzalotto Meet of Champions, set for June 1 at Tenafly High School.