

THE EASTERNS

THE EASTERN STATES BOYS INDOOR TRACK AND FIELD CHAMPIONSHIP
SPONSORED BY MERRILL LYNCH AND CO., INC.
Monday, February 27, 1995 6:00 pm
168th Street Armory
Manhattan, New York

EVENT: 55 Meter Dash

1.	Joe Dawkins	Hackensack HS	6.38
2.	Mike Fields	Abraham Clark	6.43
3.	Gary Gordon	Willingboro	6.51
4.	Oliver Stadue	Uniondale	6.62
5.	James Chambers	John O'Neill HS	6.63
6.	Baron Holt	Holy Trinity	6.68

EVENT: 200 Meter Dash

1.	Roudy Monroe	Spring Valley	22.82
2.	Chris Hobson	Bellport	23.01
3.	Keith Tweedy	Morristown	23.15
4.	Neal Porter	Delaware Valley	23.22
5.	Gregory Hackett	Chester	23.31
6.	Jabari Chavis	Metuchen	23.55

EVENT: 400 Meter Dash

1.	Nakia Fenner	Science	49.08
2.	Darnell Green	Nottingham	50.09
3.	Omar Doyley	Wingate	50.67
4.	Gerson Augustin	Jamaica	51.15
5.	Walter King	Hackensack	51.21
6.	Jeff Walsh	New Providence	51.46

EVENT: 800 Meter Run

1.	Michael Spellman	New Providence	1:58.04
2.	Craig Deshaun	Jamaica	1:58.13
3.	Matt Tooman	Deer Park	1:58.24
4.	Marcel Burke	Albany	1:58.45
5.	Jason Hilt	Boyertown Area, PA	1:59.31
6.	Tom McCabe	Don Bosco	1:59.70
7.	Jon LeVar	Briarcliff	2:00.44
6.	Nelson Cresson	Delsea	2:01.99
7.	Nigel Holder	ArchBishop Carrol	2:03.31

EVENT: One Mile Run

1.	Brian Pike	Island Trees	4:22.67
2.	Darnell McLean	Asbury Park	4:25.19
3.	Ted Gullick	Londonderry, NH	4:29.36
4.	Felix Olivo	Secacus	4:30.21
5.	Dan Russel	Princeton	4:30.65
6.	Mike Matos	Queen of Peace	4:32.62

EVENT: Two Mile Run

1.	John Mortimer	Londonderry	9:11.60
	mile-4:29.7, 3000-8:34.5		
2.	Scott Muoio	Brick	9:21.20
3.	Matt Downin	Pinkerton, NH	9:21.82
4.	Matt Illian	Pascack Valley, NJ	9:32.31
5.	Juoio Ortiz	Hoboken	9:49.71
6.	Steve Soeback	Jefferson	10:03.71
7.	Nick O'Connor	Kellenberg	10:07.28
8.	Geoff Nickerson	Bishop Guertin, NH	10:11.03

EVENT: 55 Meter Hurdles

1.	Sultan Tucker	Delsea	7.47
2.	Adam Devlin	Sayreville	7.63
3.	Steven Thompson	Simon Gratz, PA	7.70
4.	Tarig Holmon	Randolph	7.73
5.	Adonis Coles	Chester	7.75
6.	Mike Borneo	Lenape	7.82

EVENT: High Jump

1.	Derrick Ponton	Montclair	6'8"
2.	Andrew Dambreville	West Orange	6'6"
3.	James Dombrowski	Lynbrook	6'4"
4.	Kyle Kennedy	CBA Lyncroft	6'4"
5.	Jeff Ochipa	Fairlawn	6'4"
6.	Richard Brown	Uniondale	6'2"

EVENT: Long Jump

1.	Jonathan Weather	Ben Franklin	23' 4 1/2"
	(F,23'1",F,22'4",23'4 1/2",23'3 1/2")		
2.	Ernest Bowser	Uniondale	23' 2 1/2"
	(21'10 1/2",22'6 1/2",23'2 1/2",22' 1/2",F,22'2")		
3.	William Spearman	Woodrow Wilson	23' 2"
4.	Ron Lewis	Asbury Park	22' 3 1/2"
5.	Matt Pilek	Wallkill	21' 3"
6.	Bobby Stancil	Paramus Catholic	20'11"

EVENT: Triple Jump

1.	Asha Porter	H.D.Woodson	47' 8"
	(45'2 1/2",46'8 1/2",47'8",47'5 1/2",45'5 1/2",45'2")		
2.	Lloyd Goldberg	Westwood	42' 7"
3.	Victor Lee	NV Old Tappan	42' 5 1/2"
4.	James Patrick	Trenton Central	39' 6 1/2"
5.	Chris McGrail	Monsignor Farrell	39' 1"
6.	Craig Cummings	Iona Prep	39' 1/2"

EVENT: Pole Vault

1.	Ken Morris	Randolph HS	14' 6"
2.	Eric Majewski	Warwick	14'
3.	Mike Allen	St Anthony's	13' 6"
4.	John Lewis	Arch Bishop Ryan	13'
5.	Jerry Terry	Warwick	13'
6.	Max Kosoy	Fair Lawn	12' 6"

EVENT: Shot Put

- | | | | |
|----|---|------------------|------------|
| 1. | Rey Hubbard | Long Branch | 58'11" |
| | (56'1", 57'2", 55'7 1/2", 57'2 1/2", 58'11", 55'3 1/2") | | |
| 2. | Shaun Mcgreggor | Bergen Catholic | 57' 1 1/2" |
| 3. | Matt Hanford | Toms River South | 56' 2 1/2" |
| 4. | Xavier Galindo | Glen Mills | 55'11" |
| 5. | Phil Hatfield | Bishop Eustace | 52' 5" |
| 6. | Adam Packard | Burlington, MA | 50' 2" |

EVENT: 4 X 200 meter Relay

- | | | |
|----|---|---------|
| 1. | Woodrow Wilson | 1:30.87 |
| | (Gregory Arnett, William Spearman, Daine Chang, Michael Robinson) | |
| 2. | Uniondale | 1:31.59 |
| | (Brian Manigault-frosh-22.3) | |
| 3. | Willingboro | 1:32.21 |
| 4. | Simon Gratz | 1:33.52 |
| 5. | Bellport | 1:33.88 |
| | (Chris Hobson - 21.4) | |
| 6. | Franklin | 1:37.64 |

EVENT: 4 X 400 Meter Relay

- | | | |
|----|--|---------|
| 1. | Uniondale | 3:30.30 |
| | (Justin McNight, Fred Bunyan, Jamil Branch, Jarett Mack) | |
| 2. | Irvington | 3:30.69 |
| 3. | Bergen Catholic | 3:30.90 |
| 4. | Chester | 3:31.31 |
| 5. | St. Peters | 3:31.49 |
| 6. | Chaminade | 3:31.86 |

EVENT: 4 X 800 Meter Relay

- | | | | |
|----|--|---------|------------|
| 1. | Bishop Loughlin | 7:59.27 | |
| | (Stephen Edwards-2:01.7, Carlos Isaac-1:58.4, Purnell Lancaster-1:59.8, Joban Thompson-1:59.4) | | |
| 2. | Iona Prep | 8:06.13 | |
| 3. | Chaminade | 8:11.89 | |
| 4. | Christ the King | 8:15.44 | |
| | (Alberto Francis - 2:00.8 -soph) | | |
| 5. | Willingboro | 8:16.39 | (unseeded) |
| 6. | Woodrow Wilson | 8:17.66 | |
| 7. | CBA - Lincroft | 8:19.91 | (unseeded) |
| | Uniondale | 8:20.57 | |
| | Oceanside | 8:20.58 | |
| | St Anthonys | 8:45.02 | |

EASTERNS 2-27-95

EVENT: Distance Medley Relay (1200,400,800,1600)

1. Andrew Jackson 10:27.15
(Jamal Wilkerson-3:09, Jason Mayers 52.2, Damon Kinloch-1:58, Sheldon Smith-4:25.9)
2. Bishop Ford 10:27.19
(Karl Smith-3:12.3, Reggie Cross-50.2, Morel Ramirez-2:04.3 William Arnold - 4:19.8)
3. Westfield 10:33.30
(Matt Elmuccio 4:20.2-1600)
4. Mepham 10:34.73
(Jason Kokoszka 1:56.2-800)
5. Old Bridge 10:38.41
(Steve Weiss 1:58.3-800)
6. Archbishop Ryan 10:39.86
7. Peddie 10:40.23
(Brad Barket 4:17.8-1600)
8. Monsinger Farrell 10:40.33
9. CBA Lincroft 10:43.18
10. Brooklyn Tech 10:47.86
11. Warwick Valley 10:48.52
12. St Anthony's 11:21.71

All finish Times are FAT

relay splits are from coaches

Eastern States has all-star field

NEW YORK — Some of the top boys high school track and field stars in the East will converge on the 168th Street Armory tonight at 6 o'clock for the Eastern States meet. More than 130 schools have entered athletes.

Many area athletes will take part, including State champions Joe Dawkins of Hackensack and Anthony DiCosmo of Paramus Catholic.

DiCosmo will face Sultan Tucker of Delsea, Adonis Coles of Chester (Pa.), and Robert Allen of the Peddie School in the 55-meter hurdles.

Dawkins will face Baron Holt of Holy Trinity (N.Y.), Ron Hall of

TRACK

Winchester (Mass.), Gary Gordon of Willingboro, and an all-star field of sprinters.

National cross-country champion John Mortimer and runner-up Matt Downin of New Hampshire will join New Jersey champ Scott Muoio of Brick and two-time Bergen County cross-country champ Matt Illian of Pascack Valley in what should be an exciting two-mile race.

Other area athletes in contention for medals are Hackensack's Walter King (400) and Mike Matos of Queen of Peace and Felix Olivo of Secaucus (mile).

New Jersey high jump champ Derreck Ponton of Montclair, who cleared seven feet on Feb. 19, is joined by contenders Keijuan Keitt of Indian Hills and Jim Davis and Fletcher Rosenbach of Ridgewood.

Ryota Uetani of Northern Valley at Demarest (pole vault), DiCosmo (triple jump), and Shaun McGregor of Bergen Catholic (shot put) should also do well in the field events.

Other top performers expected at the meet are X Jones of Automotive (N.Y.), Deshun Craig of Jamaica (800), Ernest Bowser of Uniondale (N.Y., long jump) and Asha Porter of Woodson (Washington D.C., triple jump).

THE RECORD
2-27-95

EASTERNS 2-27-95 Trials and Unseeded

EVENT: Trials 4 X 400 relay

Heat 1.	3:27.38	Chester
	3:29.34	Irvington
	3:30.33	Uniondale
	3:37.33	Willingboro
	3:38.66	Don Bosco
Heat 2.	3:29.66	St Peters
	3:29.85	Bergen Cathole
	3:35.52	Lawrence
	3:36.22	Woodrow Wilson
Heat 3.	3:30.25	Chaminade
	3:34.93	Wingate
	3:38.96	Christ the King
	3:40.41	Automotive

EVENT: Distance Medley (unseeded section)

1. Kellenberg	10:58.10
2. Tottenville	10:58.51
3. Hunter	10:59.89
4. Paramus	11:01.37
5. Westwood	11:11.25
6. Newark	11:25.8

EVENT: 4X800 Unseeded

1. Willingboro	8:16.39
2. CBA Lincroft	8:19.91
3. Trenton Central	8:21.50
4. Irvington	8:22.44
5. Science HS	8:25.84
6. Memorial	8:33.28
7. Newark East Side	8:42.44
8. Andrew Jackson	8:48.28

EVENT: Trial heats of the 4 X 200

Heat 1.	1:32.41	Chester DQ (uniform)
	1:32.83	Willingboro
	1:33.46	St Peters
Heat 2.	1:33.32	Simon Gratz
	1:33.92	New Providence
	1:34.04	Lenape HS
Heat 3.	1:33.18	Uniondale HS
	1:33.27	Franklin HS
	1:33.44	Belport HS
Heat 4.	1:31.48	Woodrow Wilson
	1:34.85	Wingate HS
	1:35.99	Haverhill HS

Dawkins looking ahead to success at nationals

By PAUL SCHWARZ
Correspondent

NEW YORK — Hard as it is to believe, this is Joe Dawkins' first complete indoor season. But don't expect the Hackensack junior sprint star to let that bother him when he competes at the National Scholastic indoor championships March 11-12 at Syracuse.

"Last year when I went to outdoor nationals, I was awestruck," Dawkins said Monday night after adding the prestigious Eastern States 55-meter title to his growing collection of first-place finishes. "Now I think I can move into the top group of sprinters in the country. I feel stronger and I'm much more sure of what I'm doing."

Dawkins defeated a stellar field from six states in a career-best indoor time of 6.38 seconds, comfortably defeating for the second straight week two runners who had beaten him earlier in the year — Mike Fields of Roselle and Gary Gordon of Willingboro.

"I'm just glad I'm not letting things get away from me the way they did at the end of outdoor season last year," said Dawkins, the New Jersey outdoor 100-meter champion who struggled in a pair of national meets last spring. "I'm much more focused now to the end of the season."

Dawkins didn't run indoors as a freshman but won the outdoor Bergen County 100 title. Last year a football injury kept him out of indoor meets until late February and he only ran in four.

While Dawkins was the only

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area winner at Monday's star-studded meet at the 168th St. Armory, 12 area athletes received medals against standouts from New Jersey, New York, Pennsylvania, Massachusetts, New Hampshire, Virginia, and Washington, D.C.

Shaun McGregor of Bergen Catholic continued his late season improvement with a personal best of 57 feet, 1½ inches for second in the shot put, his second PB in a week and more than four feet better than he threw in the State meet Feb. 19.

"This week I've been practicing with a 16-pound shot," said McGregor, whose throw was the best indoors in the area in seven

years. "Even in the bad weather I've been working out outside and I feel great."

Before the season started, McGregor, a junior, had set an outdoor goal of 60 feet. The goal seemed unrealistic as McGregor struggled in mid-season to break 55 feet. But now it looks achievable.

With the absence of Anthony DiCosmo of Paramus Catholic, hampered by a hamstring pull, the triple jump went as expected to Asha Tucker of Woodson (D.C.). But that wasn't expected was the 2-3 finish of juniors Lloyd Goldberg of Westwood (42-7) and Victor Lee of Northern Valley at Old Tappan (42-5½).

The two rivals were smiling as they collected their medals after

EASTERN STATES SUMMARIES

Monday

At 168th Street Armory, N.Y.

55 — 1, Joe Dawkins, Hackensack, 6:38; 2, Mike Fields, Roselle, 6:43; 3, Gary Gordon, Willingboro, 6:51.
200 — 1, Roudy Monroe, Spring Valley (N.Y.), 22:82; 2, Chris Hobson, Belport (N.Y.), 23:01; 3, Keith Tweedy, Morristown, 23:15.
400 — 1, Nakia Finner, Science, 49:06; 2, Darnell Green, Nottingham (N.Y.), 50:09; 3, Omar Doyle, Winnetka (N.Y.), 50:67; 5, Walter King, Hackensack, 51:21.
800 — 1, Michael Spellman, New Providence, 1:58.04; 2, Craig Dehaun, Jamaica (N.Y.), 1:58.18; 3, Matt Tooman, Deer Park (N.Y.), 1:58.24; 4, Tom McCabe, Don Bosco, 1:59.70.
1 mile — 1, Brian Pike, Island Trees (N.Y.), 4:22.87; 2, Darnell McLean, Asbury Park, 4:25.19; 3, Ted Gullick, Landonerdy (NH), 4:29.36; 4, Felix Olivo, Secaucus, 4:30.21; 5, Mike Matos, Queen of Peace, 4:32.82.
2-mile — 1, John Mortimer, Landonerdy (NH), 9:11.60; 2, Scott Muolo, Brick, 9:21.02; 3, Matt Downin, Pinkerton (NH), 9:21.82; 4, Matt Illian, Passaic Valley, 9:32.31; 5, Julio Ortiz, Hoboken, 9:49.71; 6, Steve Seeback, Jefferson, 10:03.71.
55 HH — 1, Shaun Tucker, Delsea, 7:47; 2, Adam Devlin, Sayreville, 7:63; 3, Steve Thompson, Simon Graz (Pa.), 7:70.
High jump — 1, Darreck Fenton, Montclair, 6-8; 2, Andrew Dambreville, West Orange, 6-6; 3, James



JOE DAWKINS
Captures 55 meters

setting personal records that had exceeded seasonal goals.

"We went back and forth in the competition," said Lee. "I really like the surface here and I was able to get the speed I like in my approach."

Goldberg agreed. "These are the best runways around and since I think my second step is my most important, it helps me gain confidence in my jump."

Other area athletes scored well. Tom McCabe of Don Bosco broke two minutes in the 800 meters for the first time, running 1:59.70 for sixth, while Jeff Ochupa of Fair Lawn cleared 6-4 for the second time in five days for fifth in the high jump.

Other medalists were Walter King of Hackensack (fifth in the 400), Felix Olivo of Secaucus and Mike Matos of Queen of Peace (4-6 in the mile), Matt Illian of Passaic Valley and Julio Ortiz of Hoboken (4-5 in the two-mile), Bob Stancil of PC (sixth in the long jump), Bergen Catholic (third in the 4 x 400 relay) and Max Kosoy of Fair Lawn (sixth in the pole vault).