

at Rockland Community College

BOYS

55 — 1. Ron Wright, Toms River East, 6.5; 2. Alan Jones, Shabazz, 6.5; 4. Sekou O'Uhuru, Englewood, 6.5; 5. Jay Roach, Manchester Twp., 6.7; 6. Jason Tufo, Northern Highlands, 6.7.

High hurdles — 1. Chris Lang, TRE, 7.4; 2. Tony Chatman, Matawan, 7.6; 3. Dave D'Ambrisi, Manchester Twp., 7.8; 4. Kevin Anderson, Manchester Twp., 7.8; 5. Murteza Haldri, J.P. Stevens, 8.1.

300 yards — 1. David Tyree, Montclair, 32.4; 2. Clifford Christian, Science, 32.7; 3 (tie). Zack Smithlin, Fair Lawn; Alan Jones, Shabazz, 33.0; 5. Kawesi Darby, Hackensack, 33.1; 6. O'Neil Brown, Montclair, 33.2; 7. Thomas Patterson, Manchester Reg., 33.4; 8. Jay Roach, Manchester Twp., 33.6.

600 yards — 1. Clifford Christian, Science, 1:14.9; 2. Andrew Giannotti, Westwood, 1:15.1; 3. Alex Lora, Arts, 1:16.3; 5. Zack Smithlin, Fair Lawn, 1:18.3; 6. Jamar Hay, Science, 1:18.6; 8. Owen Corso, Ramapo, 1:19.5; 9. Rick Lehmböck, Don Bosco, 1:19.7.

1,000 yards — 1. Matt Caporaletti, Westwood, 2:24.0; 2. Thomas Baldwin, Hackensack, 2:24.8; 4. Nick Arnell, Don Bosco, 2:26.7; 5. Dan Contreras, Don Bosco, 2:26.8; 10. Josh Wood, Ramapo, 2:30.1.

1,600 meters — 1. Ian Hahn, Manchester Twp., 4:32.6; 3. Scott Defilippis, St. John Vianney, 4:38.8; 4. John Demarest, Westwood, 4:47.0; 5. Jason DeAngelo, Carteret, 4:48.2; 6. Brad Henry, Don Bosco, 4:48.6; 8. Joe Poliseo, Don Bosco, 4:51.7; 10. John Monash, Don Bosco, 4:53.2.

3,200 meters — 1. Corey Kunz, St. Joseph Regional, 9:55.7; 2. Eric Knackmuhs, Ramapo, 9:56.8; 5. Steve Roman, Monroe Twp, 10:04.2; 6. Jason DeAngelo, Carteret, 10:07.5; 7. Russ Giancola, New Milford, 10:13.3; 9. John Zewdu, Hackensack, 10:15.6.

4x400 relay — 1. Middletown North, 3:34.0; 2. Manchester Twp., 3:34.6; 3. Don Bosco, 3:37.4; 5. Toms River East, 3:42.6.

4x800 relay — 1. Arlington (NY), 8:13.2; 5. Ramapo, 8:46.6; 6. Clifton, 8:56.9.

Shot put — 1. Kevin DiGiorgio, Bayonne 60-2; 2. Jim Fischer, Bergen Catholic, 50-9; 3. Eddie Bruce, Bergenfield, 47-2; 4. J.D. Murdock, Ridgewood, 46-7½; 5. Dan DelPrete, TRE, 46-6 1/2; 6. Bryan Sheldon, Westwood, 46-3; 9. Mike Murphy, New Milford, 45-7 1/2; 10. Mike Leong, Manchester Reg., 45-5.

Triple jump — 1. Neal Okarter, Westwood, 43-4; 2. Tyrone Johnson, Kennedy, 41-10½; 3. Nick Garrett, Saddle Brook, 41-4½; 5. Ted Winfield, Ridgewood, 40-3; 6. Bryan Sheldon, Westwood, 40-0½; 7. Chris Dauble, St. Joseph Regional, 39-10; 8. Dave Warton, Ridgewood, 39-6½; 9. Andrew Dolgin, Ridgewood, 39-4; Steve Robinson, Ridgewood, 38-8 1/2.

Long jump — 1. Tyrone Johnson, Kennedy, 21-10; 2. Ted Winfield, Ridgewood, 20-8½; 3. Neal Okarter, Westwood, 20-3; 4. Paul Berberian, NV/Old Tappan, 20-3; 5. Gareth Hedges, Westwood, 19-11½; 6. Cory Lane, Westwood, 19-11½; 8. Nick Garrett, Saddle Brook, 19-10; 9. Eugene Brown, Englewood, 19-9½; 10. Zack Smithlin, Fair Lawn, 19-7.

High jump — 1. Brian Allen, Yorktown (N.Y.), 6-3; 2 (tie). Andrew Drabick, Bergen Catholic; Kevin Anderson, Manchester Twp., 6-0; 4. Steve Hankins, Manchester Twp., 6-0; 5. Omar Wheeler, Arts, 5-9; 8. Gareth Hedges, Westwood, 5-9; 9 (tie). Nazir Kahn, Dumont; Bryan Sheldon, Westwood, 5-6.

Pole vault — 1. Al Cannon, Manchester Twp, 13-0; 2. Nick Giaccelli, Matawan, 12-6; 4. Jin Wu, Matawan, 11-6; 5. Gallo Mendoza, Saddle Brook, 11-6; 6 (tie). Dave Wharton, Ridgewood; Ken Scheider, 11-0; 8 (tie). Joe Poliseo, Don Bosco; Gareth Hedges, Westwood, 11-0.

GIRLS

55 — 1. Sameerah Mitchell, Arts, 7.4; 2. Jen Cerretta, Bayonne, 7.4; 4. Mia Jefferson, Neptune, 7.6; 5. Natasha D'Souza, Bergenfield, 7.8; 6. Kim Marino, Middletown North, 7.8.

High hurdles — 1. Carlene Cummings, Englewood, 8.2; 2. Candice Steele, J.P. Stevens, 8.3; 3. Denay Caldwell, Eastside, 8.4; 5. Melissa Dutch, Clifton, 9.3; 6. Hope Burnett, Arts, 9.3.

300 yards — 1. Sherry White, Science, 39.2; Sameerah Mitchell, Arts, 39.6; 4 (tie). Mikki Fuller, Science; Anne Julimiste, Arts, 40.0; 7. Latoya Thomas, Hackensack, 40.3; 9. Amanda Negron, NV/Old Tappan, 40.8; 10. Peta-Gage Barnett, Eastside, 41.0.

600 yards — 1. Sherry White, Science, 1:32.3; 2. Christina Mendoza, Hudson County Prep, 1:34.3; 3. Marquita Hannibal, Bergenfield, 1:34.9; 4. Janna Koutout, Glen Rock, 1:35.8; 5. Jill Ressler, Hackensack, 1:37.8; 6. Labeebah Oglesby, Arts, 1:38.5; 7. Sylvia Nealy, Kennedy, 1:39.2; 8. Renee Flefleh, Bergenfield, 1:40.0; 9 (tie). Stephanie Crespo, Bergenfield; Amy Wyka, Fair Lawn, 1:40.6

1,000 yards — 1. Beth Androski, Hackensack, 2:52.7; 4. Christina Mendoza, Hudson Prep, 2:57.9; 9. Amy Wyka, Fair Lawn, 3:01.9; 10. Michelle Devlin, Bergenfield, 3:03.1.

1,600 meters — 1. April Quatrano, Hackensack, 5:30.0; 4. Melissa Cifelli, Belleville, 5:43.6; 5. Julie Corbett, Kearny, 5:47.5; 6. Kate Cosgriff, Tenafly, 5:53.1; 9. Nancy Sinclair, St. Mary's, 6:05.9; 10. Lindsay Tulp, Tenafly, 6:16.8.

3,200 meters — 1. Jenica Asadorian, Westwood, 11:53.4; 2. Uli Broome, Tenafly, 12:04.0; 3. Claire McGuire, Hackensack, 12:04.5; 4. Melissa Cifelli, Belleville, 12:04.6; 5. Sabrina Nealy, Kennedy, 12:16.3.

4x400 relay — 1. Arlington, 9:45.6; 4. St. John Vianney, 10:09.8; 5. Westwood, 10:37.5.

4x800 relay — 1. Arlington (NY), 9:45.6; 4. St. John Vianney, 10:09.8; 5. Westwood, 10:37.5.

Shot put — 1. Shayna Brown, Ridgewood, 34-0; 2. Helen Dock, Montclair, 32-8½; 4. Randy Pointer, Eastside, 31-9¼; 5. Bonnie Astudillo, Bergenfield, 31-0½; 6. Camille Hulko, Saddle Brook, 30-7; 8. Allison Marks, Saddle Brook, 29-5¼; 10. Leslie Graham, Kennedy, 28-5½.

Triple jump — 1. Carlene Cummings, Englewood, 37-7; 2. Mary Jones, Hackensack, 33-2½; 3. Helena LaMothe, Ridgewood, 32-4½; 4. Keisha Bennett, Eastside, 31-7; 5. Ebony Knighton, Passaic Tech, 31-3½; 6. Laura Orrico, Ramapo, 31-3; 7. Ana Law, Ridgewood, 31-1; 8. Savrina Waither, Ramapo, 30-11½; 9. Lynn Irwin, Bergenfield, 30-11; 10. Kristen Guimes, Ridgefield Park, 30-7.

Long jump — 1. Carlene Cummings, Englewood, 17-10½; 7. Lynn Irwin, Bergenfield, 15-6; 8. Helena LaMothe, Ridgewood, 15-5½.

High jump — 1. Jackie Hoey, J.P. Stevens, 5-0; 2 (tie). Erin Pride, Eastside; Melissa Dutch, Clifton, 4-9; 5. Latoya Thomas, Hackensack, 4-6.

BOYS VARSITY:

55 meter dash: 1-Ron Wright, Toms River East, 6.5. 2-Alan Jones, Shabazz, 6.5. 3-Brian Allen, Yorktown, 6.5. 4-Sekou O'uhuru, Dwight Morrow, 6.5. 5-Jay Roach, Manchester, 6.7. 6-Jason Tufo, N.Highlands, 6.7. Yorktown, 8.1.

55 meter hurdles: 1-CHris Lang, Toms River East, 7.4. 2-Tony Chatman, Matawan, 7.6. 3-Dave D'Ambrisi, Manchester, 7.8. 4-Kevin Anderson, Manchester, 7.8. 5- Murteza Haidri, JP Stevens, 8.1. 6-Brian Allen, Yorktown, 8.1.

300 yard dash: David Tyree, Montclair, 32.4. 2-Clifford Christian, Newark Science, 32.7. 3-Zack Smithlin, Fairlawn, 33.0. 3-Alan Jones, Shabazz, 33.0. 5-Kawesi Darby, Hackensack, 33.1. 6-Oniel Brown, Montclair, 33.2. 7-Thomas Patterson, Manchester, 33.4. 8-Jay Roach, Manchester, 33.6. 9-Gary Booker, Montclair, 33.7. 10-Omar Wheeter, Arts, 33.9.

600 yard run: 1-Clifford Christian, Newark Science, 1:14.9. 2-Andrew Giannotti, Westwood, 1:15.1. 3-Alex Lora, Arts, 1:16.3. 4- Chris Lolagne, Suffern, 1:17.5. 5-Zack Smithlin, Fairlawn, 1:18.3. 6-Jamar Hay, Newark Science, 1:18.6. 7-Jason Murphy, St John Vianney, 1:18.8. 8-Owen Lurso, Ramapo NJ, 1:19.5. 9-Rick Lehmbeck, Don Bosco, 1:19.7. 9-Nick Ferrara, Toms River East, 1:19.7.

1000 yard run: Matt Caporaletti, Westwood, 2:24.0. 2-Thomas Baldwin, Hackensack, 2:24.8. 3-J.Attle, Suffern, 2:26.5. 4-Nick Arnell, Don Bosco, 2:26.7. 5-Dan Contreras, Don Bosco, 2:26.8. 6-Justin Romanivile, Suffern, 2:26.9. 7-Dave Antonelli, Suffern, 2:28.7. 8-Jamar Hay, Newark Science, 2:28.9. 9-Mike Hoffman, Manchester, 2:29.3. 10-Josh wood, Ramapo NJ, 2:30.1.

1600 meter run: 1-Ian Hahn, Manchester, 4:32.6. 2-John O'Conner, Yorktown, 4:32.9. 3-Scott Defilippis, St John Vianney, 4:38.8. 4-John Demarest, Westwood, 4:47.0. 5-Jason DeAngelo, Carteret, 4:48.2. 6-Brad Henry, Don Bosco, 4:48.6. 7-Mike Fanous, Matawan, 4:49.7. 8-Joe Polufo, Don Bosco, 4:51.7. 9-Dan Sutter St John Vianney, 4:52.8. 10-John Monash, Don Bosco, 4:53.2.

3200 meter run: 1-Corey Kunz, St. Joes, 9:55.7. 2-Eric Krackmuhs, Ramapo NJ, 9:56.8. 3-Dave Stuart, Washingtonville, 9:58.2. 4-Tom Sullivan, Warwick, 10:03.0. 5-Steve Roman, Monroe Twp, 10:04.2. 6-Jason De Angelo, Carteret, 10:07.5. 7-Russ Giarcola, New Milford, 10:13.3. 8-John Fitzgerald, Washingtonville, 10:14.2. 9-Johnny Rewdu, Hackensack, 10:15.6. 10-Mike Fanous, Matawan, 10:20.9.

shot put: 1-Kevin DiGoirgio, Bayonne 60'2". 2-Jim Fischer, BC, 50'9". 3-Eddie Bruce, Bergenfield, 47'2". 4-JD Murdock, Ridgewood, 46' 7 1/4". 5-Dan Delprete, TRE, 46' 6 1/2". 6-Bryan Sheldon, Westwood, 46' 3". 7-Maurice Hargrove, Montclair, 45' 9 1/2". 8-George Stanley, Montclair, 45' 9". 9-Mike Murphy, N.Milford, 45' 7 1/2". 10-Mike Leong, Manchester, 45'5".

high jump: 1-Brain Allen, Yorktown, 6'3". 2- Andrew Drabick, Bergen Cath, 6'0". 2- Kevin Anderson, Manchester, 6'0". 4-Steve Hankins, Manchester, 6'0". 5-Omar Wheeler, Srts, 5'9". 6-Gary VanVliet, Washingtonville, 5'9". 7-Eric Leaman, TRE, 5'9". 8-Gareth Hedges, Westwood, 5'9". 9-Nazir Kahn, Dumont, 5'6". 9-Bryan Sheldon, Westwood, 5'6". 9-Fred Fonseca, Kearny, 5'6".

pole vault: 1- Al Cannon, Manchester, 13'. 2-Nick Giaccelli, Matawan, 12' 6". 3-Pete Brenner, Washingtonville, 11' 6". 4- Jin Wu, Matawan, 11' 6". 5-Gallo Mendoza, Saddle Brook, 11' 6". 6-Dave Wharton, Ridgewood, 11'. 6- Ken Schneider, Don Bosco, 11'. 8- Joe Poliseo, Don Bosco, 11'. 8- Gareth Hedges, Westwood, 11', 10- Pete Mulligo, Toms River East, 11'

long jump: 1-Tyrone Johnson, JFK, 21' 10". 2-Ted Winfield, Ridgewood, 20' 8 1/2". 3- Neal Okarter, Westwood, 0' 3". 4-Paul Berberian, Old Tappan, 20' 3". 5-Gareth Hedges, Westwood, 19' 11 1/2". 6-Cory Lane, Westwood, 19' 11 1/2". 7-Jay Roach, Manchester, 19' 11". 8-Nick Garrett, Saddle Brook, 19' 10". 9- Eugene Brown, Dwoght Morrow, 19' 9 1/2". 10-Zack Smithlin, Fairlawn, 19' 7".

triple jump: 1- Neal Okarter, westwood, 43' 4". 2-Tyrome Johnson, JFK, 41' 10 1/2". 3- Nick Garrett, Saddle Brook, 41' 4 1/2". 4-Robin Sleight, Washingtonville, 40' 4 1/2". 5- Ted Winfield, Ridgewood, 40' 3". 6-Bryan Sheldon, Westwood, 40' 1/2". 7-Chris Dauble, SJR, 39' 10". 8-Dave Warton, Ridgewood, 39' 6 1/2". 9-Andrew Dolgin, Rigewood, 39' 4". 10-Steve Robinson, Ridgewood, 38' 8 1.2".

4 X 400 meter relay: 1-Middletown No.(Andrew Watkins, Matt Rios, Phil Castrogiovanni, Rob Annicchariico) 3:34.0. 2-Manchester, 3:34.6. 3-Don Bosco, 3:37.4. 4-Spring Valley 3:42.1. 5-Toms River East 3:42.6.

4 X 800 meter relay: 1-Arlington (John Collopy, David Nash, Brian Fitzgerald, Geoff Van Fleet) 8:13.2. 2-Pearl River 8:23.5. 3-Washingtonville, 8:39.3. 4-Yorktown, 8:42.3. 5-Ramapo NJ, 8:46.6. 6-Clifton(A), 8:56.9.

BOYS SOPHOMORE:

55 meter dash: 1- Tom Ryan, Washingtonville, 6.8. 2-Mike Salvaggione, Toms River East, 6.8. 3-Manny Zambrano, Matawan, 6.8. 4-Keston Thomas, Bayonne, 7.0. 5-Kris Carey, Montclair, 7.0. 6-Donald Akridge, Dwight Morrow, 7.0.

55 meter hurdles:1-Nick Garrett, Saddlebrook, 8.5. 2-Jerome Garth, Matawan, 8.7. 3-Stephane Pluviose, Matawan, 8.7. 4-Miguel Bermudez, Hackensack, 9.1. 5-Manny Perez, Washingtonville, 9.1. 6-Vincent Tam, Hackensack, 9.2.

600 yard run:1-Derek Rolo, Washingtonville, 1:19.2. 2-Shaune Williams, 1:19.9. 3-Marquise Singletary, Hackensack, 1:20.6. 4-Leroy Brooks, Hackensack, 1:21.2. 5-Glen Graham, Weequahic, 1:21.3. 6-Derek Knight, Montclair, 1:22.1. 7-Juan Reyes, Hackensack, 1:22.1. 8-Darren Beatty, Middletown No., 1:22.4. 9-Jason Zucchini, Warwick, 1:22.6. 10-Ricky Niekrash, Middletown No., 1:23.3.

1600 meter run:1-Niekrash Rickey, Middletown No., 4:53.2. 2-Stev sanabria, JP Stevens, 4:53.5. 3-Mike Branco, Kearney, 4:55.8. 4-Brandon Savona, Manchester, 4:58.6. 5-Terrance Gilbert, EHS, 5:00.1. 6-Garrick Bennett, Matawan, 5:00.6. 7-Doug Mc Ginnis, St John V. 5:00.8. 8-Marcin Stanislawski, Clifton, 5:01.0. 9-Shane Dougherty, Don Bosco, 5:03.9. 10-Mas Ito, Ramapo NJ, 5:07.1.

shot put:1- George Theis, Matawan, 43' 3 1/2". 2-Stephanie Pluviose, Matawan, 41' 2". 3-Ncik Bruno, Toms River East, 39' 9". 4-Jack Kropilak, Hackensack, 37' 11 3/4". 5-Marty Moskovich, Fairlawn, 38' 11 1/2". 6-Ryan Quesenberry, Toms River East, 38' 7 3/4". 7-Brian Pons, Saddle Brook, 38' 2 1/2". 8-Joe Harris, Fairlawn, 37' 8". 9-Renaldo Johnson, Arts, 37' 6". 10-Bobby Pluta, Toms River East, 37' 1 3/4".

high jump: 1-Tom Ryan, Washingtonville, 5'9" & Mike Salvassione, Toms river east, 5'9". 3-Dan Wananaher, 5'3" & Anthony Sciana, Warwick, 5'3". 5-Matt Clute, Warwick, 5'3". 6-(7 way tie at 5') Chris Goy, Middletown north. Brian Farrell, Monroewoodbury. Alex Mutia, Ridgefield Park. Steve Duffield, Toms River East. Dan Franchino, Kearny. Neil Ritz, Old Tappan. Mike Hong, Hackensack.

pole vault:1-Chris Mazza, Toms River East, 12'. 2- Dan Cooper, Ridgewood, 10'. 3-Colin Mazza, Toms River East, 9' 6". 4-Oscar Cazinon, Dumont, 9'. 5-Christian Porto, Ridgefield pk. 8'.

4 X 400 meter relay:1-Hackensack(Leroy Brooks, Juan Reyes, Maraguire Singletary, Randy Clarke)3:46.8. 2-Matawan 3:50.1. 3-Middletown No., 3:50.8. 4-Weequahic 3:52.0. 5-Hackensack 3:53.9.

BOYS FROSH:

55 meter dash:1- Ricky Cook, Montclair, 6.8. 2-Ibu Ford, Shabazz, 6.8. 3-Travis Schneil, Yorktown, 6.8. 4-Melvin Sampson, Hackensack, 7.2. 5-Chris Munning, Yorktown, 7.2. 6-Chris Jones, Manchester 7.4.

55 meter hurdles:1-Tridane Sawyers, Hackensack, 9.0. 2-Chris Williams, Ridgefield Pk., 9.1. 3-Daniel Wells, Hackensack, 9.4. 4-Tom Hutcheon, (?), 10.1. 5-Mike SanPhilip, Belleville, 10.8. 6-Deepak Kolalli, Yorktown, 11.5.

600 yard run: 1-John Durham, Warwick Valley, 1:23.0. 2-Johnny Sylvain, Hackensack, 1:24.1. 3-Dwayne Spearman, Weequahic, 1:25.8. 4- Josh Mastro, Manchester, 1:25.9. 5-Kyle Bruno, Toms River East, 1:27.2. 6-Lane Ellis, Warwick Valley, 1:27.4. 6-Jason Mielcarek, Warwick Valley, 1:27.4. 8-(Tie) Ron Farfan, Washingtonville, 1:28.4. 8-Andre Middleton, St. Benedicts, 1:28.4. 10-Carson Reid, JFK, 1:28.6.

1600 meter run: 1-James Clifford, Don Bosco, 5:03.7. 2-Jamie Calabro, Don Bosco, 5:04.0. 3-Matt Gallagher, Suffern, 5:04.5. 4-Derasmo, Brian, Middletown No, 5:04.7. 5-Anthony Lugo, Dumont, 5:08.0. 6-J. Aiello, Toms River East, 5:18.9. 7-Roger Ellis, St. John Vianney, 5:19.1. 8-Uziel Ortega, Manchester, 5:23.6. 8-Oswaldo Delgado, Monroe Twp, 5:23.6. 10 Dean Cantamessa, Bergen Cath., 5:25.2.

shot put (12#): 1-Pedro Wilson, Matawan, 40' 2 1/4". 2-Jeremy Gruber, Westwood, 36' 2". 3-August Sialiano, Toms River East, 34' 10". 4-Andy Diaz, Toms River East, 34' 9 1/2". 5-Danny Buitrago, Carteret, 34' 6". 6-Marcus Baloacini, Toms River East, 34' 5". 7-Ryan Romanowski, Toms River East, 34' 1/2". 8-Rikki Cook, Montclair, 33' 11 3/4". 9-Mike Ester, Toms River East, 33' 10". 10-Ed Filler, Toms River East, 33' 9 1/2".

long jump: 1-Chris Jones, Manchester, 18' 11". 2-Travis Schnell, Yorktown, 18' 1". 3-Carson Reid, JFK, 17' 1". 4-Joseph Mc Queen, Arts, 17' 1/2". 5-Ali Foster, Hackensack, 17' 1/2". 6-Chris Manning, Yorktown, 16' 11". 7-David Garcia, Beacon, 16' 11". 8-Jose Lopez, JFK, 16' 9". 9-Jamie Kopesay, Yorktown, 16' 8 1/2". 10-Hiroki Watarai, Tenafly, 15' 6".

pole vault:

High Jump: 1-Durand Chentumm, Matawan, 5'3". 1- Tridane Sawyers, Hackensack, 5'3". 3-Carson Reid, JFK, 5'3". 3-David Garcia, Beacon, 5'3". 5- Jason Miellarlic, Warwick, 5'3". 6-Mike McCafferty, Pearl River, 5'. 7-Tom Hutchson, BC, 5'. 8-Partick Meegan, NH, 4'9". 8-Daniel Wells, Hack., 4'9". 10-Tyler Papaz, Don Bosco, 4'9".

4 X 400 meter relay: 1- Hackensack(B. Koenigh, J.Sylvain, D. Wells, A. Foster,) 3:55.2. 2-Manchester 4:04.1. 3-Toms River East, 4:08.2. 4-St. Benedicts, 4:08.4. 5-Don Bosco, 4:08.7. 6-Middletown No. 4:13.4.

GIRLS VARSITY:

55 meter dash: 1-Sameerah Micheill, Arts, 7.4. 2-Jen Cerreta, Bayonne, 7.4. 3-Shanae Dawkins, New Rochelle, 7.5. 4-Mia Jefferson, Neptune, 7.6. 5-Natasha D'Souza, Bergenfield, 7.8. 6-Kim Marino, Middletown No., 7.8.

55 meter hurdles: 1-Carlene Cummings, Dwight Morrow, 8.2. 2-Candice Steele, JP Stevens, 8.3. 3-Denay Caldwell, EHS, 8.4. 4-Martina Heath, Beacon, 9.0. 5-Melissa Dutch, Clifton, 9.3. 6-Hope Burnett, Arts, 9.3.

300 yard dash: 1- Sherry White, Newark Science, 39.2. 2-Sameerah Mitchell, Arts, 39.6. 3-Rebecca Quimby, Suffern, 39.8. 4-Mikki Fuller, Newark Science, 40.0. 4-ANne Julimiste, Arts, 40.0. 6-Erica Felicano, Washingtonville, 40.2. 7-Latoya Thomas, Hackensack, 40.3. 8-Martina Heath, Beacon, 40.7. 9-Amanca Negro, Old Tappan, 40.8. 10-Lindsay Messina, Washingtonville, 41.0. 10-Melissa Bauer, Pearl River, 41.0. 10- Pele Gage Barnett, EHS, 41.0.

600 yard run: 1- Sherry White, Newark Science, 1:32.3. 2-Christina Menooza, Hudson County Prep, 1:34.3. 3-Marquita Hannibal, Bergenfield, 1:34.9. 4-Janna Kohout, Glen Rock, 1:35.8. 5-Jill Ressler, Hackensack, 1:37.8. 6-Labeebah Oglesby, Arts, 1:38.5. 7-Sylvia Nealy, JFK, 1:39.2. 8-Renee Flefleh, Bergenfield, 1:40.0. 9-Stephanie Crespo, Bergenfield, 1:40.6. 9-Amy Wyka, Fairlawn, 140.6.

1000 yard run: 1-Beth Androski, Hackensack, 2:52.7. 2-Kristin Bader, Pearl River, 2:55.3. 3-Jessica Ramanink, Suffern, 2:55.9. 4-Christina Menodia, Hudson County Prep, 2:57.9. 5-Candice Colon, Washingtonville, 3:00.6. 6-Megan Roeser, Washingtonville, 3:00.9. 7-Natay Hayes, Washingtonville, 3:01.1. 8-Jen Pesce, Pearl River, 3:01.4. 9-Amy Wyka, Fairlawn, 3:01.9. 10-Michelle Devlin, Bergenfield, 3:03.1.

1600 meter run: 1-April Quatrano, Hackensack, 5:30.0. 2-Meghon Hill, Pearl River, 5:31.1. 3-Casey Chiang, Pearl River, :42.8. 4-Melissa Cifelli, Belleville, 5:43.6. 5-Julie Corbett, Kearney, 5:47.5. 6-Kate Cosgriff, Tenafly, 5:53.1. 7-Kerry Bryson, Neptune, 5:59.5. 8-Kim LeBlanc, Kearney, 6:04.6. 9-Nancy Sinclair, St. Marys, 6:05.9. 10-Lindsay Tulp, Tenafly, 6:16.8.

3200 meter run: 1-Jenica Asadorian, Westwood, 11:53.4. 2-Ali Bromme, Tenafly, 12:04.. 3-Claire Mc Guire, Hackensack, 12:04.5. 4-Melissa Cifelli, Belleville, 12:04.6. 5-Sabrina Nealy, JFK, 12:16.3. 6-Katie Canoll, Washingtonville, 12:18.4. 7-Alison Hill, Pearl River, 12:31. 8- Virginia Ridder, Pearl River, 12:33.2. 9-Erica Lasele-Nesselquut, Glen Ridge, 12:42.9. 10- Meredith Orr, Neptune, 12:47.6.

shot put: 1-Shayna Brown, Ridgewood, 34'. 2-Helen Dock, Montclair, 32' 8 1/2". 3-Tara Mc Carthy, Pearl River, 32' 8". 4-Randy Pointer, EHS, 31' 9 1/4". 5-Bonnie Astudillo, Bergenfield, 31' 1/2". 6-Camille Hulro, Saddle Brook, 30' 7". 7-Ellen Dock, Montclair, 30' 4". 8-Allison Marks, Saddle Brook, 29' 5 3/4". 9-Chantal Smart, Middletown No., 28' 11 3/4". 10- Leslie Graham, JFK, 28' 5 1/2".

high jump: 1- Jackie Hoey, JP Stevens, 5' 0". 2- Erin Prid, Eastside, 4' 9". 2- Melissa Dutch, Clifton, 4' 9". 4- Erin Byrne, Monroe, 4' 9". 5- Lataya Thorne, Hackensack, 4' 6" 5- Ariel Peldino, Belleville, 4' 6". 7-Cheryl Miller, Ridgefield Pk., 4'6". 7-Kristyn Scarsons, Kearny, 4' 6". 9- Kristina Marrocco, Clifton, 4'3". 9- Sarah Goodell, Midland Pk., 4' 3".

long jump: 1-Carlene Cummings, Dwight Morrow, 17' 10 1/2". 2-Rachelle Smith, Ellenville, 17' 2". 3-Shanae Dawkins, N.Rochelle, 16' 3". 4-LaShawn Martinez, Beacon, 16' 1 1/2". 5-Martinia Heath, Beacon, 15' 9 1/2". 6-Alici Alevras, Washingtonville, 15' 7". 7-Lynn Truin, Bergenfield, 15' 5". 8-Helena LaMothe, Ridgewood, 15' 5 1/2". 9-Erin Byrne, Monroe Twp., 15' 1". 10-Kim Marino, Middletown No. , 14' 9 1/2".

triple jump: 1-Carlene Cummings, Dwight Morrow, 37' 7". 2-Mary Jones, Hackensack, 33' 2 1/2". 3-Helena Lamothe, Ridgewood, 32' 4 1/2". 4-Keisha Bennett, EHS, 31' 7". 5-Ebony Knighton, Passaic Tech, 31' 3 1/2". 6-Laura Orrico, Ramapo NJ, 31' 3". 7-Ana Law, Ridgewood, 31' 1 1/2". 8-Sabrina Waither, Ramapo NJ, 30' 11 1/2". 9-Lynn Irwin, Bergenfield, 30' 11". 10-Kristen Guimes, Ridgefield Pk., 30' 7".

4 X 400 meter relay: VARSITY 1- St John Vianney (Noelle Lytwyn, Katharine, Luise, Karen Decina, Colleen Burns,) 4:22.3. 2-Far Rockaway, 4:24.0. 3-Middletown No. 4:31.5. 4- Bergenfield 4:36.6. 5-Kearny 4:39.3.

4 X 800 meter relay: 1-Arlington (Jenn Richardson, Robyn Woolley, Andrea Mc Guigan, Jolene Mc Mahon) 9:45.6. 2-Washingtonville, 9:52.3. 3-Arlington, 10:07.8. 4-St. John Vianney, 10:09.8. 5-Westwood, 10:37.5.

GIRLS SOPHOMORE:

55 meter dash: 1-LaShawn Martinez, Beacon, 7.5. 2-erica Feliciano, Washingtonville, 7.7. 3-Marie Lizaire, Neptune, 7.8. 4-Dewri Dixon, Dwight Morrow, 8.1. 5-Tomecha Hacker, EHS, 8.1. 6-Erin Englehardt, IHA, 8.2.

55 meter hurdles: 1-Marie Lizaire, Neptune, 9.0. 2-Caitlin Sullivan, Washingtonville, 9.1. 3-Priyanka Mehta, JP Stevens, 9.8. 4-La Shaarn Martinez, Beacon, 9.9. 5-Amelia Hart, IHA, 10.1. 6-Lisa Fregonese, Pearl River, 10.2.

600 yard run: 1-Shauna Koenigh, Hackensack, 1:33.2. 2-Lisa Fregonese, Pearl River, 1:35.5. 3-Emily Drew, Westwood, 1:38.2. 4-Beth Androski, Hackensack, 1:38.6. 5-Jaclyn Ragsdale, Bayonne, 1:41.3. 6-Maya Kakenbeck, Washingtonville, 1:41.5. 7-Tabatha Rivera, Hoboken, 1:42.3. 8-M.Abate, Suffern, 1:42.4. 9-Jessica Buckley, Suffern, 1:43.1. 10-Kenesha Brathwaite, Fairlawn, 1:43.4.

1600 meter run: 1-Arlene Rodriguez, Arts, 5:49.8. 2-Edith Werpachowska, Clifton, 5:57.0. 3-Latha Pasupuleti, St John Vianney, 6:06.4. 4-Jamie Kerstetter, Monroe, 6:06.7. 5-Meredith Orr, Neptune, 6:10.2. 6-Dana Princiotta, Suffern, 6:22.2. 7-Stacy Baron, Clifton, 6:28.1. 8-Erika Reyes, Hudson County Prep., 6:28.4. 9-Erica Shein, JP Stevens, 6:34.0. 10-Gillian Dagrass, Glen Ridge, 6:37.4.

shot put: 1-Shanique Brown, N.Rochelle, 30' 10 3/4". 2-Heather Miller, JFK, 30'9". 3-Mary Burnett, SaddleBrook, 28' 9 3/4". 4-Pam Carabetta, Dumont, 28' 7 3/4". 5-Evlyn Murphy, Passaic Valley, 28' 5 1/2". 6-Danielle Crawford, JP Stevens, 28' 2". 7-Katie Moelius, Matawan, 27' 6 1/2". 8-Lillian Easaw, Bergenfield, 26' 3 1/2". 9-Elizabeth Martin, Al Mag. 25' 11". 10-Liz DeLuca, IHA, 25' 1/2".

high jump: 1-Shenae Dawkins, N.Rochelle, 5'0". 2-Kristin Stanjeski, Middletown No., 4' 9". 3-(tie) Caitlin Sullivan, Washingtonville, Catherine DiGioia-Laird, JP Stevens, Erin Kelly, Dumont, 4' 6". 6-Kristen Licata, Middletown north, 4'6". 7-Jess Gregg, Ridgewood, 4' 6". 8-Malissa Bauer, Pearl River, 4' 3". 9(tie)-Lauren Sweeney-Dumont, Grace Wen-Dumont, Marissa Spero - Middletown No, Joanne Irwin-Bergenfield 4' 3".

4 X 400 meter relay: 1-Suffern(Darice Jennings, Jessica Buckley, Regan Dwonton, Melissa Abate) 4:43.7. 2-Middletown No, 4:51.8. 3-Newark Science, 4:55.8. 4-Glen Ridge, 5:06.8. 5-Hackensack 5:08.1.

GIRLS FROSH:

55 meter dash: 1-Zakia Jones, EHS, 7.7. 2-Lindsay Messina, Washingtonville, 7.7. 3-Myesha Woodley, Passaic Valley, 7.9. 4-Alison Stitz, Pearl River, 8.1.

55 meter hurdles: 1-Zakia Jones, EHS, 10.0. 2-Alicia Johnson, EHS, 10.5. 3-Lisa Kiett, Ramapo NJ, 10.6. 4-Kimberly Johnson, Hackensack, 10.6. 5-Colleen Ferraro, Hackensack, 10.6. 6-Casey Wertheim, Westwood, 10.7.

600 yard run: 1-Jen Strykie, Suffern, 1:34.6. 2-Latahiya Holt, Shabazz, 1:38.2. 3-Courtney O'Keefe, Pearl River, 1:40.4. 4-Tia Whitaker, JFK, 1:40.8. 5-Katz Tellus, Suffern, 1:41.7. 5-Lindsay Cherry, Pearl River, 1:41.7. 7-Violeta Tentomas, Bayonne, 1:43.0. 8-Joy Romulus, Washingtonville, 1:43.2. 9-Shenifa Allen, Arts, 1:43.3. 10-Luquanna Walker, Weequahic, 1:44.0.

1600 meter run: 1-Jackie Carrigg, Middletown No., 5:59.1. 2-Michele Epstein, Monroe twp., 5:59.2. 3-Nana Hanson-Hall, N.Rochelle, 6:00.1. 4-Melody Yuen, JP Stevens, 6:00.9. 5-Diane Stephenson, Hackensack, 6:07.6. 6-Julie Doherty, Pearl River, 6:12.2. 7-Renee Flefeh, Bergenfield, 6:13.9. 8-Laura Steifel, Ridgefield Pk., 6:14.1. 9-Erin Carrigg, Middletown No., 6:14.6. 10-Cooper Alison, No.Highlands, 6:19.1.

shot put (4kg): 1- Kathy Pjetri, Suffern, 27' 6". 2-Chamise Mc Glashan, CHS, 27' 5 1/2". 3-tricia, New Rochelle, 25' 3". 4-Lynne Haywood, Dumont, 25'. 5-Brittany Hemmel, Ridgewood, 24' 8 ". 6-Erica Dixon, JP Stevens, 24' 5". 7-Kristina Smith, Pearl River, 23' 11". 8-Ellen Houlihan, Northern Highlands, 21' 3 1/2". 9-Geena Rufrano, Saddle Brook, 20' 4". 10-Lorena Barrera, Hackensack, 20' 4 1/2".

long jump: 1-Marsha Hayles, Far Rockaway, 13' 8 1/2" 2-Meri Silberstein, Tenafly, 13' 6". 3-Jamie Watana, Pearl River, 12' 9 1/2". 4-Clelia Castro, Tenafly, 12' 9 1/2". 5-Cathryn Lee, Tenafly, 12' 7". 6-Deb Show, Pearl River, 11' 9". 7-Alison Stitz, Pearl River, 11' 8 1/2". 8-Whitney Weist, Ridgewood, 11' 7 1/2".

high jump: 1-Lauren Donohue, Westwood, 4' 9". 2-(tie) Liz Lay-Pearl River, Laquana Walker- Weequahic, 4' 6". 4-Courtney Cubicciotti, IHA, 4' 3". 5-Meri Silberstien, Tenafly, 4' 3". 6-(tie) Dana Ash - IHA, Marilyn Cano- Carteret, 4' 0". 8-(tie)Camylla Wright- Hackensack, Diane stepheason - Hackensack, Speight -N.Rochelle, 4' 0".

4 X 400 meter relay: 1-Suffern (Tracy Estriplet, Ivy Klein, Jen Estryaken, Rebecca Quimby) 4:17.5. 2-Pearl River, 4:42.2. 3-Middletown No., 4:48.8. 4-New Rochelle, 4:58.4. 5-Pearl River, 5:00.1.