

The 168th Indoor Varsity Classic Tuesday February 10, 1998 The Armory, NYC

GIRLS:

55 meter dash: 1. Jessica Bernstein, Suffern, 7.2; 2. Diana Lawson, Queen of Peace, 7.2;
3. Courtney Cubicotti, IHA, 7.3; 4. Lauren Fanelli, River Dell, 7.5; 5.

Shernaza Robin, West Side, 7.6

55 meter hurdles: 1. Carlene Cummings, Englewood, 8.1; 2. Keesha Charles, Irvington, 8.1;
3. Elisa Edwards, Bishop Loughlin, 8.6; 3. Ugochi Okorie, Metuchen, 8.7;
4. Kaci Redding, Metuchen, 8.8; 5. Carrie Roposh, Hunterdon, 9.0

200 meter dash: 1. Diana Lawson, Queen of Peace, 26.7; 1. Shawna Stephens, Scott, 26.7;
3. Shernaza Rubin, Westside, 26.9; 4. Courtney Cubicotti, IHA, 26.9; 5.

Keesha Charles, Irvington, 27.0

400 meter dash: 1. Diana Lawson, Queen of Peace, 60.0; 2. Sherry White, Newark Science,
60.9; 3. Veronica Beyer, Toms River South, 61.3; 3. Jessica Taylor, Far
Rockaway, 61.3; 5. Layneea Jones, Elizabeth, 61.3

800 meter run: 1. Katie Atlas, Minisink Valley, 2:17.8; 2. Christine Kevan, Clarkstown
South, 2:23.4; 3. Shakira Williams, Passaic, 2:25.2; 4. Deirdre Raymond,
Toms River South, 2:25.5; 5. Marquita Hannibal, Bergenfield, 2:27.4

1600 meter run: 1. Shannon Hawrylo, Hunterdon Central, 5:17; 2. Suzanne Lastella, Moore
Catholic, 5:32.2; 3. Uli Bromme, Tenafly, 5:32.3; 4. Edith Werpachowska,
Clifton, 5:34.9; 5. Monica Schiefen, Ridgewood, 5:41.9

3200 meter run: 1. Sabrina Nealy, JFK, 11:42.7; 2. Erin Fehn, Bellport, 11:55.2;
3. Destine Escher, Elizabeth, 12:05.9; 4. Katie Carroll, Washingtonville,
12:06.3; 5. Julia Brownell, Ridgewood, 12:12.5

distance medley relay: 1. Suffern (Rebecca Quimby, Misty Scott, Jessica Rumaniak, Meghan
Howell) 12:29.8; 2. Ridgewood (Mcdermott, Vogelbach, Schiefen, Sedo),
12:42.0; 3. Warwick Valley, 12:48.2; 4. Bellport, 12:58.5; 5. Morristown,
13:03.1

shot put: 1. Labelle Hillgrove, Passaic, 40'2"; 2. Jenn Flinchum, Demarest, 36'2"; 3.
Cassie Alpaugh, Voorhees, 35' .5"; 4. Tonia Sabino, Toms River South,
34; 5. Hafiza Thomas, Elizabeth, 33'7"

long jump: 1. Carlene Cummings, Englewood, 18'7"; 2. Ugochi Okorie, Metuchen
15'5"; 3. Jess Quinn, Warwick, 15'3.5"; 4. Jamie Lilien, Pascack Valley,
15'; 5. Tanya Hoffler, Elizabeth, 14'11"

triple jump: 1. Carlene Cummings, Englewood, 39' .5"; 2. Mary Jones, Hackensack,
33'5.75"; 3. Ebony Knighton, PCT, 32'6.75"; 4. Helena Lamothe,
Ridgewood, 32'6"; 5. Salyrina Walther, Ramapo, 32'2"

high jump: 1. Katie VanVorst, Minisink Valley, 5'2"; 2. Jamie Lilien, Pascack Valley,
5'2"; 3. Katherine Wood, Hunterdon Central, 4'10"; 4. Melissa Dutch,
Clifton, 4'8"; 5. Loveen Flynn, Suffern, 4'8"

4X800 relay: 1. Westfield (Katie Egan, Sage Slefkiuk, Maura McMahon, Megan Shults),
9:35.9; 2. Ursalinn School, 9:49.7; 3. St. John Vianney, 9:49.9; 4.
Washingtonville, 9:50.3; 5. Hackensack, 9:52.9

4X400 relay: 1. Suffern (Jessica Bernstien, Ivy Klein, Jen Strysko, Rebecca Quimby),
4:05.3; 2. Warwick Valley, 4:06.6; 3. Metuchen, 4:13.7; 4. Scott,
4:17.1; 5. Hackensack, 4:17.8

- BOYS:**
- 55 meter dash: 1. Andrae McCormick, Clifton, 6.3; 2. Anthony Davis, Plainfield, 6.4; 3. Charlz Hester, Toms River South, 6.4; 4. Virgo Kishwayne, Plainfield, 6.5; 5. Zack Smithlin, Fair Lawn, 6.5
- 55 meter hurdles: 1. Paul Golando, Clarkstown South, 7.8; 2. Ethan Ellis, Warwick Valley, 7.8; 3. Karl Cross, Glen Mills, 7.9; 4. Chris Stowers, Hackensack, 8.2; 5. Elton Rosalino, New Providence, 8.2
- 200 meter dash: 1. Clifford Christian, Newark Science, 22.6; 2. Zack Smithlin, Fair Lawn, 22.7; 2. Anthony Davis, Plainfield, 22.7; 4. Kurtis Morris, Glen Mills, 22.8; 5. Charles Hester, Toms River South, 22.9
- 400 meter dash: 1. Clifford Christian, Newark Science, 49.6; 2. Zack Smithlin, Fair Lawn, 50.3; 3. Roderick Mitchell, Glen Mills, 51.3; 4. Tom Ryan, Washingtonville, 51.5; 5. Ibrahim Malcolm, Hackensack, 51.7
- 800 meter run: 1. Brian McGillick, Clarkstown North, 2:00.2; 2. Ricky Gibson, Ridge, 2:00.7; 3. Jamar Hay, Newark Science, 2:01.0; 4. Safar Wells, Plainfield, 2:01.2; 5. Ryan Downs, Iona Prep, 2:01.6
- 1600 meter run: 1. Corey Kunz, St. Joseph, 4:22.5; 2. Dan Contreras, Don Bosco, 4:26.4; 3. Thomas Baldwin, Hackensack, 4:29.3; 4. Aarao Santos, Newark East Side, 4:31.6; 5. Pete Delrosso, St. Joseph, 4:35.6
- 3200 meter run: 1. Matthew Weiss, Woodlands, 9:51.3; 2. Brian Schumeyer, Farmingdale, 9:57.1; 3. Joe Poliseo, Don Bosco, 9:58.5; 4. Nilesh Patel, Passaic, 10:09.6; 5. Brad Henry, Don Bosco, 10:11.1
- shot put: 1. Frank Simmons, Glen Mills, 55'7"; 2. Shane Twyman, Glen Mills, 54'2"; 3. J.D. Murdock, Ridgewood, 51'5"; 4. Drew Davidson, Morristown, 49'7"; 5. Joe McAlily, Glen Mills, 49'3"
- long jump: 1. Ted Winfield, Ridgewood, 21'8.25"; 2. Karl Cross, Glen Mills, 20'9.5"; 3. Charles Hester, Toms River South, 20'9"; 4. Justin Jackson, Plainfield, 20'3"; 5. Neal Okarter, Westwood, 20'3"
- triple jump: 1. Jemour Maddux, Farmingdale, 44'3"; 2. Neal Okarter, Westwood, 44'1.75"; 3. Paul Golando, Clarkstown South, 42'2"; 4. Raheen Bailen, Glen Mills, 40'6"; 5. Rich Elizee, Farmingdale, 40'3.75"
- high jump: 1. Paul Golando, Clarkstown South, 6'5"; 2. Jemour Maddux, Farmingdale, 6'3"; 3. Andrew Nelson, Glen Mills, 6'3"; 4. Justin Jackson, Plainfield, 6'0"; 5. Sam Johnson, Glen Mills, 6'0"
- pole vault: 1. Jemour Maddux, Farmingdale, 14'6"; 2. Al Cannin, Manchester, 13'; 3. Chris Gates, New Providence, 12'6"; 4. Dave Wharton, Ridgewood, 12'6"; 5. Bob Miller, Bergen Catholic, 12'6"
- distance medley relay: 1. Morristown (Justin Frenze, Jeff Carman, Marcus Griffin, Ryan Smith), 10:41.2; 2. Manchester Twp., 10:41.4; 3. Iona Prep, 10:41.7; 4. CBA, 10:42.0; 5. Washingtonville, 10:44.3
- 4X800 relay: 1. Don Bosco (Joe Santonacita, Ryan Donohue, John Morash, Rick Lehmbeck), 8:10.6; 2. Westfield, 8:11.9; 3. Arts, 8:14.3; 4. Toms River South, 8:19.9; 5. Metuchen, 8:20.4
- 4X400 relay: 1- North Rockland (Joe Caban, Steve Alicea, Chris Brophy, Koffi McShine) 3:23.9. 2- Glen Mills, 3:24.1. 3- Metchen, 3:26.3. 4. Arts, 3:27.0. 5- Warwick Valley, 3:28.9.

TRACK

168th Indoor Classic

at 168th St. Armory Track Center, NYC

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55 — 1, Andrae McCormick, Clifton, 6.3; 2, Anthony Davis, Plainfield, 6.4; 3, Chariz Hester, Toms River South, 6.4; 4, Virgo Kishwayne, Plainfield, 6.5; 5, Zack Smithlin, Fair Lawn, 6.5.

HH — 1, Paul Golando, Clarkstown South, 7.8; 2, Ethan Ellis, Warwick Valley, 7.8; 3, Karl Cross, Glen Mills, 7.9; 4, Chris Stowers, Hackensack, 8.2; 5, Elton Rosalino, New Providence, 8.2.

200 — 1, Clifford Christian, Science, 22.6; 2, Zack Smithlin, Fair Lawn, and Anthony Davis, Plainfield, 22.7; 4, Kurtis Morris, Glen Mills, 22.8; 5, Charles Hester, Toms River South, 22.9.

400 — 1, Clifford Christian, Science, 49.6; 2, Zack Smithlin, Fair Lawn, 50.3; 3, Roderick Mitchell, Glen Mills, 51.3; 4, Tom Ryan, Washingtonville, 51.5; 5, Ibrahim Malcom, Hackensack, 51.7.

800 — 1, Brian McGilllck, Clarkstown North, 2:00.2; 2, Ricky Gibson, Ridge, 2:00.7; 3, Jamar Hay, Science, 2:01.0; 4, Safar Wells, Plainfield, 2:01.2; 5, Ryan Downs, Iona Prep, 2:01.6.

1600 — 1, Corey Kunz, St. Joseph Regional, 4:22.5; 2, Dan Contreras, Don Bosco, 4:26.4; 3, Tom Baldwin, Hackensack, 4:29.3; 4, Aarao Santos, Newark Eastside, 4:31.6; 5, Pete DelRosso, St. Joseph Regional, 4:35.6.

3200 — 1, Matthew Weiss, Woodlands, 9:51.3; 2, Brian Schumeyer, Farmingdale, 9:57.1; 3, Joe Poliseo, Don Bosco, 9:58.5; 4, Nilesh Patel, Passaic, 10:09.6; 5, Brad Henry, Don Bosco, 10:11.1.

4 x 400 relay — 1, North Rockland (Joe Caban, Steve Allicea, Chris Brophy, Koffi McShine), 3:23.9; 2, Glen Mills, 3:24.1; 3, Metuchen, 3:26.3; 4, Arts, 3:27.0; 5, Warwick Valley, 3:28.9.

4 x 800 relay — 1, Don Bosco (Joe Santonacita, Ryan Donahue, John Morash, Rick Lehmbek), 8:10.6; 2, Westfield, 8:11.9; 3, Arts, 8:14.3; 4, Toms River South, 8:19.9; 5, Metuchen, 8:20.4.

Distance medley relay — 1, Morristown (Justin Frenzie, Jeff Carman, Marcus Griffin), 10:41.2; 2, Manchester Twp., 10:41.4; 3, Iona Prep, 10:41.7; 4, CBA, 10:42.0; 5, Washingtonville, 10:44.3.

Shot put — 1, Frank Simmons, Glen Mills, 55-7; 2, Shane Twyman, Glen Mills, 54-2; 3, J.D. Murdock, Ridgewood, 51-½; 4, Drew Davidson, Morristown, 49-7; 5, Joe McAlilly, Glen Mills, 49-3.

Long jump — 1, Ted Winfield, Ridgewood, 21-8¼; 2, Karl Cross, Glen Mills, 20-9½; 3, Charles Hester, Toms River South, 20-9; 4, Justin Jackson, Plainfield, 20-3; 5, Neal Okarter, Westwood, 20-3.

Triple jump — 1, Jemour Maddux, Farmingdale, 44-3; 2, Neal Okarter, Westwood, 44-1¾; 3, Paul Golando, Clarkstown South, 42-2; 4, Raheen Ballen, Glen Mills (Pa.), 40-8; 5, Rich Eilzee, Farmingdale, 40-3¾.

High jump — 1, Paul Golando, Clarkstown South, 6-5; 2, Jemour Maddux, Farmingdale, 6-3; 3, Andrew Nelson, Glen Mills (Pa.), 6-3; 4, Justin Jackson, Plainfield, 6-0; 5, Sam Johnson, Glen Mills, 6-0.

Pole vault — 1, Jemour Maddux, Farmingdale, 14-6; 2, Al Cannin, Manchester Twp., 13-0; 3, Chris Gates, New Providence, 12-6; 4, Dave Warton, Ridgewood, 12-6; 5, Bob Miller, Bergen Catholic, 12-6.

GIRLS

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4 x 400 relay — 1, Suffern (Jessica Bernstein, Ivy Klein, Jen Stryko, Rebecca Quimby), 4:05.3; 2, Warwick Valley, 4:08.6; 3, Metuchen, 4:13.7; 4, Scott, 4:17.1; 5, Scott, 4:17.8.

4 x 800 relay — 1, Westfield (Katie Egan, SageStefluk, Maura McMahon, Megan Shults), 9:35.9; 2, Ursuline School, 9:49.7; 3, St. John Vianney, 9:49.9; 4, Washingtonville, 9:50.3; 5, Hackensack, 9:52.9.

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Triple jump — 1, Carlene Cummings, Englewood, 39-½; 2, Mary Jones, Hackensack, 33-5¾; 3, Ebony Knighton, Passaic Tech, 32-6¾; 4, Helena LaMothe, Ridgewood, 32-6; 5, Sabrina Walther, Ramapo, 32-2.

High jump — 1, Katie Van Vorst, Minnisk Valley, 5-2; 2, Jamie Lillen, Pascack Valley, 5-2; 3, Katherine Wood, Hunterdon Cental, 4-10; 4, Melissa Dutch, Clifton, 4-8; 5, Loveen Flynn, Suffern, 4-8.

Cummings leaps into prominence

By PAUL SCHWARTZ

Correspondent

NEW YORK — As the days of the 1998 winter track season dwindle to a precious few, performers such as Carlene Cummings of Englewood and Andrae McCormick of Clifton are stepping forward.

Tuesday, at the Varsity Classic meet at the 168th Street Armory, Cummings leaped to nationally ranked marks in the long and triple jumps and moved into the favorite's role in Sunday's Group 1 55-meter hurdles with an impressive victory.

McCormick, who shifted from basketball to indoor track seven weeks ago, moved closer to a potential State championship in the boys 55 meters by turning in the area's best time of 6.3 to beat a very strong field.

Cummings' long jump of 18 feet, 7 inches, represented an indoor personal best, and her 39-foot, ½-inch triple jump was more than a foot further than her previous 1998 mark. Both figures boosted her into the top 10 nationally for this season.

"I'm excited that I'm doing my best as I get ready for the State championship and Colgate Women's Games," Cummings said. "I'm doing more and more drills to do as much as I can in my two favorite events, the high hurdles and triple jump."

Cummings is the second seed in the high hurdles at the Colgate Women's Games final Feb. 14 at Madison Square Garden and

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hopes to excel in the hurdles and 55 dash at the State Group 1 meet the next day.

McCormick remained unbeaten in major meets with his impressive win in the 55.

"I'm working on the little things to give me a chance to put me ahead in the States," said McCormick. "It's hard for me to believe that I have done as well as I have. To tell the truth, when I came out, my first thought was that I wanted just to get in shape for spring. Then when I started to do well, I started to put even more effort into it."

The Varsity Classic, in its fourth year, has become one of the premier events of the season. With more than 100 teams from New York, New Jersey, and Pennsylvania, area athletes continue to excel as the event expands.

Sophomore Diana Lawson of Queen of Peace had a busy evening, winning the 400 from the next-to-last heat, tying for the 200 title and taking third in the 55.

Corey Kunz of St. Joseph Regional continued his breakout season with a stunning 29.6 final 200 lap to win the 1,600 in an easy career-best 4:22.5, the fastest time in the state this year and the fastest time in Bergen County in several years.

■ Results on Page S-10.