

BERGEN FROSH CHAMPIONSHIP

MAY 25TH, 2000

- 100: 4th - McGowan 13.7(t), 13.3(s), 13.6(f). - Mercer 14.7. - Herscheit 15.4.
- 200: 6th - McGowan 28.8. - Mercer 31.5. - Borgman 31.7. - Herscheit 31.9. - L.Anderson 32.2
- 400: - L.Anderson 71.3 PR.
- 800: - Machi 2:48.6. - Rubinoff 2:54.1. -Schultz 2:54.1
- 1600: - McDonagh 6:20.7. - Macchi 6:21.3.
- 3200: 5th - McDonagh 13:48.3. -Rubinoff 14:59.4.
- 100H: 4th - C.ONeill 18.6(t), 18.2(s), 18.3(f). - Espenak 18.5(t)PR, 18.6(s). - Borgman 19.7PR.
- 400H: 6th - Espenak 80.9.
- Long Jump: - O'Neill 11'2".
- Triple Jump: 1st - McGowan 31'5".
- High Jump: 1st - McGowan 4'8". 2nd - Hyslop 4'8". 3rd - M.Anderson 4'6".
- Shot Put: 1st - Schwehm 33'4". - Masterson 27' - Madden. - Perrone 20'7"
- Discus: 3rd - Masterson 88'8". 4th - Schwehm 88'. - Maddan. - Perrone.
- Javelin: 1st - Schwehm 92'. - Masterson 59'2". - Madden 50'10". - Perrone 46'9".
- 4X400 relay: 6th - 4:44.8 (Macchi 73.3, O'Neill 71.6, Mercer 70.6, Espenak 69.3)

The Awesome Frosh team won the County Championship!! Trish and Kristina had big time days. Trish 2wins, 4th and 6th for 25 points. Kristina 2 wins and a 4th for 24 points! Courtney had a great hurdle series going from 6th seed to grabbing 4th in the final. Team high jump was most impressive going 1,2,and 3. Great day to cap a great season.

Bergen freshman girls

At Winton White Stadium, Englewood

Team scoring

Group 4: Ridgewood 76½, Fair Lawn 39, Immaculate Heart Academy 36, Bergen Tech 25, Hackensack 22, Teaneck 20½.

Group 3: Ramapo 55, Pasceck Valley 44, Tenafly 19, NV/Old Tappan and River Dell 12, Paramus 8, Bergenfield 7, Northern Highlands 4½, Paramus Catholic 1.

Group 2: Ridgefield Park 34, Pascack Hills and Rutherford 8, Ramsey 6, Mahwah 4.

Group 1: New Milford 20, Dwight-Englewood 15, Bogota 10, Cliffside Park 6, Lyndhurst 1.

100 — 1, Eilna Ploskin, Fair Lawn, 12.9.

200 — 1, Eilna Ploskin, Fair Lawn, 27.7.

400 — 1, Caitlin Smyth, IHA, 1:02.3.

800 — 1, Ava Scacchetti, Pascack Valley, 2:27.7.

1,600 — Julia Emanuel, Tenafly, 5:33.4.

3,200 — Emily DaSilva, Ramapo, 13:24.6.

100 HH — 1, Michelle Ribustello, Pascack Valley, 17.0.

400 IH — 1, Liz Reed, Ramapo, 1:09.6.

Shot put — 1, Kristina Schwehm, Ridgewood, 33-4.

Discus — 1, Desiree Walker, Ramapo, 93-2.

Javelin — 1, Kristina Schwehm, Ridgewood, 92-0.

High jump — 1, Trish McGowan, Ridgewood, 4-8.

Long jump — 1, Eilna Ploskin, Fair Lawn, 14-11.

Triple jump — 1, Trish McGowan, Ridgewood, 31-5.

Pole vault — 1, Jessica Hatton, Ridgefield Park, 6-6.

1,600 relay — 1, Pascack Valley, 4:28.8.