

SMITH TOPS DUTCH IN SOUTH JERSEY 400

SOUTH JERSEY INDIVIDUAL, Jan. 9-10, Haverford: Two of the state's best met here in the large school 400 with Jade Smith of Camden topping Todd Dutch of Washington Twp in the 400 in 50.63. Dutch earlier won the 55M in 6.54, a time almost matched by Holy Cross football star James Townsend who won the SS dash in 6.55.

Speaking of football stars, Dorian Bryant of Kingsway passed up that 55, but won the 400 in 51.45. John Richardson of Ocean City took the LS 800 in 2:00.55, while Michael Morrison of Willingboro soared over the HJ bar at 6-10 and contributed to a 3:30.65 win over Vineland in the 1600R.

LS: 55-Dutch 6.54. 2-Coleman, RancV 6.69. 3-McDowell, Vnld 6.70. 400-Smith 50.63. 2-Dutch 51.15. 3-Mayers, Chrke 51.74. 800-Richardson 2:00.55. 2-Reitinger, Shwne :01.87. 1600-Unger, Shwne 4:34.36. 2-Krueger, Chrke :35.70. 3200-Mueller, Chrke 10:21.12. HH-Keller, Triton 7.92. HJ-Morrison 6-10. 2-Klemic, Mnld 6-4. LJ-Mayers 21-6. SP-Godfrey, Mlvle 53-8.25. 2-Johnson, Wlbro 51-9. 1600R-Wlbro 3:30.65. 2-Vnld :30.95. 3200R-Estn 8:22.00. 2-Wlbro :26.95.

SS: 55M-Townsend 6.55. 2-Harris, Plmra 6.67. 400-Bryant 51.75. 800-Duff, Buena 2:11.98. 1600-Siegle, Buena 4:41.00. 3200-Voss, Watsn 10:34.95. HH-Lugo, Gtwy 7.98. HJ-Lee, Pnsvle 6-4. 2-Murawski 6-4. LJ-Brown, Brid 20-3. SP-Witter, Brid 54-2. 2-Reigle, HlySprt 51-6.

MORRISON GOES 5-10 AT GLEN MILLS INVITATIONAL

GLEN MILLS INVITATIONAL, Jan. 8: Michael Morrison of Willingboro led a modest NJ invasion here as he won the HJ at 6-10. Willingboro also took the SMR in 3:45.37. Winslow Twp had a 2nd in the 1600R in 3:29.11 and Bridgeton a 2nd in the 3200R in 8:20.21.

WYCHE, LALITE WIN AT GARFIELD II

GARFIELD II, Jan. 7: Valbert Wyche of Hackensack took the SP here at 53-5 1/4 and Stephen Lalite of Demarest won the HJ at 6-2. The Passaic pair of Jamal Richardson and Rich Russell went 2-3 in the SP at 52-10 and 52-1 1/2.

KRASKA, JULES LEAD TR EAST TO OCEAN CTY TITLE

OCEAN CTY, Jan. 10, Red Bank: Lakewood took four of the nine events here, but Toms River East had too much depth and came off with a 69-65 victory, led by B.J. Kraska, who took the 3200 in 10:03.60, and Ron Jules, who won the HH in 7.70.

The absence of TR North's all-state CC ace, Peter Hess (out with a kidney ailment), was a factor, as it opened the door for more distance points for the winners. Rich Hoffman stepped in to win the 1600 for TRN in 4:40.67.

Mike Wittenburg led Lakewood, doubling the 55M and 400 in 6.69 and 53.36 and also factoring in a 3:39.13 1600R victory, Jovan White picked up the other Laker gold in the HJ at 6-0.

T-TRE 69, Lkwd 65, TRN 46.5. 55-Wittenburg 6.69. 400-Wittenburg 53.26. 800-Theberge, TRN 2:03.43. 1600-Hoffman 4:40.67. 3200-Kraska 10:03.66. HH-Jules 7.70. HJ-White 6-0. SP-Brown, Jcksn 57-0.5. 2-Siciliano, TRE 52-5.75. 1600R-Lkwd 3:39.13.

PATEL, KOPING DOUBLE AT BACK INVITATIONAL

BACK INVITATIONAL, Jan. 11, Drew: Ambar Patel of Parsippany had a big night here, doubling the 1K and 1600 in 2:42.03 and 4:32.79, while Michael Koping of Franklin scored a rare double, taking the HJ at 6-2 and the SP at 51-3 1/4.

In a possible preview of the Essex County title race, Scott Welfel of West Essex edged Laejon Brooks of West Orange in the HH in 7.73. Clifton had a pair of winners in the shortest and longest races of the day, Ryan Meltzer in the 55 and Paul Kornaszewski in the 3200.

55-Meltzer, Clftn 6.78. 300-Messmer, HanPk 36.53. 2-Denninger, Morr Kn 26.57. 3-Badano, Pspny 37.09. 600-Frenzel, Morrtn 1:26.57. 1K-Patel 2:42.03. 1600-Patel 4:33.79. 3200-Kornaszewski, Clftn 9:53.05. HH-Welfel 7.73. 2-Brooks 7.74. 3-Messmer 7.82. HJ-Koping 6-2. PV-Ahn, Livtn 12-0. SP-Koping 51-3.25. 2-Applegate, TRS 51-0.25. 1600R-WstOrge 3:42.84. 2002

ROBERTS TIMED AT 6.3 IN RIDGEWOOD I WIN

RIDGEWOOD I, Jan. 11, Rothman Ctr: Davon Roberts of Passaic Tech hasn't had an AT race yet this year, but he has certainly been running up a storm, his latest was a 6.3 MR here. Jeff Myers of Perth Amboy had a 52.1 in the 400. Jeff Williams of South Plainfield and Chris Kowalczyk of North Edison each won individually and anchored a relay victory.

55-Roberts 6.3.MR. 2-Davis, Mntclr 6.5. 3-Daniels, Mntcr 6.5. 400-Myers 52.1. 600-Williams, SoPlfd 1:30.1. 1600-Kowalczyk, NoEdsn 4:59.2. HH-Lado, Rdgfd 8.1. 1600R-SP 3:39.3. 3200R-NE 8:56.1.

DURANT TAKES 400 AT DARTMOUTH, LEADS RELAY WIN

DARTMOUTH INVITATIONAL, Jan. 11-12, Hanover: Adrian Durant of Teaneck had a big weekend here, winning the 400 in 50.59, anchoring a 1:34.53 800R victory and also heading a 3rd place 3:32.07 in the 1600R.

Sean Richardson of Ocean City made a 400-mile trip to place 3rd in the mile in 4:22.10, while Ken Sinkovitz of Bergen Catholic was 6th in 4:24.98 and also anchored a 3:32.28 4th in the 1600R. Greg Horn of River Dell placed 6th in the 800 in 2:01.13.

ZAGORSKI 2ND AT STANNER INVITATIONAL; WALL: 1:31.41

STANNER INVITATIONAL, Jan. 12, NY Armory: Jeremy Zagorski of Parsippany Hills has had an up and down winter, but he was definitely up here with a 2nd in the mile in 4:26.57.

Wall was 2nd in the 800R in 1:31.41, with two members of the team. Mickey Shupin and Robert Donofrio, also doing well individually, Shupin with a 3rd in the 55 in 6.58 and Donofrio with a 37.28 in the 300. Other marks:

300-VanThunen, DBP 37.28. 600Y-7-McKay, DBP 1:16.61. PV-3-McCormick, DBP 13-0.

NOTRE DAME RUNS 8:00.5, 3:40.2, 31.1 AT LAVINO RELAYS

LAVINO RELAYS, Jan. 12, Lawrenceville: Notre Dame dominated this one, winning four events and posting a season-leading mark of 8:00.5 in a tight 3200R duel with St. Benedict's. The Irish also won the SMR in 3:40.2, the DMR in 11:04.8 and the SHR in 31.1.

Ewing, which had lost a close Gr. II 1600R race to Pleasantville the week before, running 3:29.95, showed the difference spikes make when it won here in 3:25.8. Its 800 team, which blew a pass at the state relays, was letter perfect here and defeated a resurgent Paramus Catholic team in 1:32.6.

800R-Ewing 1:32.6. 2-PC :34.8. 3-Lwrvle :35.7. 4-Hmltn :36.1. 5-Peddie :36.4. 1600R-Ewing 3:25.8. 2-StnHll :28.9. 3200R-ND 8:00.5. 2-SBP :01.1. 4-CtsNck :25.8. 5-SHP :27.8. 6-Dlbtn :29.7. SMR-ND 3:40.2. 2-SHP :42.5. 3-Hmldl :45.0. DMR-ND 11:04.6. SHR-ND 31.1. 2-SHP 31.8. 3-Ewing 32.9.

MEMORIAL RUNS AWAY WITH HCIAA TITLE

HCIAA, Jan. 14, NY Armory: Memorial picked up the 2nd leg on the Hudson triple crown here with a 98-46 rout of St. Peter's. Bryan Durango led the way, doubling the straightaway events in 6.68 and 8.02, while teammates Luis Capellan and Anderson Tejada took care of the 800 and 1600.

Glenn DiGiorgio of Bayonne returned to action after missing the county and state relays and won the SP by almost 15 feet at 62-5. There was an interesting winner in the LJ, Eric Powell of St. Aloysius at 21-1/2, the first victory for one of the pioneer track teams which returned to the sport last year after a long absence.

T-Memrl 98, SPJC 46, Bynne 44. 55-Durago 6.68. 400-Caulfield, SPJC 51.26. 2-Zhmurenka, Byne 51.95. 800-Capellan 2:01.55. 1600-Tejada 4:35.40. 3200-Cuevas, NoBgn 9:55.75. HH-Durango 8.02. HJ-Ramirez, Memrl 6-0. LJ-Powell 21-1.5. SP-DiGiorgio 62-5.

LABEGA DOUBLES AT NORTH JERSEY INVITATIONAL

NO. JERSEY INVITATIONAL, Jan. 15, Rothman Ctr: Dimar Labega led Rutherford to a share of the small school title here as he doubled the 55 and 300 in 6.7 and 37.6. Ridgewood took the large school crown with Chris Perez taking the 1K in 2:49.1.

55-Labega 6.7. 300-Labega 37.6. 2-Whyte, Hack 37.6. 3-Cinnelli, PrmsC 37.7. 600-Andreano, SaddBk 1:28.5. 1K-Perez 2:49.1. 1600-Mane, FtLee 4:42.0. 3200-Cantaroe, Dmrst 10:10.6. HH-Molnar, Mhwh 7.9. 1600R-Hack 3:40.9. 3200R-Ramapo 8:48.2.

PORTER, MATERNA, DENNINGER WIN AT DREW MEET

DREW INVITATIONAL, Jan. 16: Jeff Porter of Franklin had a big win in the HH here as he finished a full yard ahead of Laejon Brooks of West Orange in 7.70.

The 1600M was a tactical race with a slow early pace and a furious finish which saw Mark Materna of Delbarton run his final lap under 30 seconds to defeat Chris Pannone of Hunterdon Central in 4:33.21. Steve Denninger of Morris Knolls topped the 400 field in 51.24.

55-Watts, Rand 6.76. 400-Denninger 51.24. 2-Harris, Dvr 51.91. 800-Luneman, MrrsHls 2:02.81. 1600-Materna 4:33.21. 2-Pannone :34.26. 3200-Vaccaro, Hlbro 10:03.08. HH-Porter 7.70. 2-Brooks 7.83. 3-Milner, Rand 7.88. HJ-J. Wilson, Morr 6-2. PV-Scherr, MorrKn 12-0. SP-Feighner, ScPlns 49-7. 1600R-Wstfd 3:38.84. 3200R-MrrsHls 8:22.98. 2-BklyHts :25.40. 3-HC :16.45. 4-Morr :29.45.

GIRLS TRACK

QUEEN OF PEACE, IHA DOUBLE AT NJCTC RELAYS

NJCTC RELAYS, Jan. 6, NY Armory: Bergen County teams dominated the track events here with Queen of Peace taking the long ones and Immaculate Heart Academy the long ones.

Janine Davis led Queen of Peace to a 1:45.8 win in the 800R and a 4:16.0 in the 1600, but lost a duel with fellow frosh Jen Therkorn of St. John Vianney in the SMR. Caitlin Smith took care of the anchor duties for IHA in a 10:12.7 3200 win and ran a 5:07 to bring the DMR team home in 12:57.

St. John Vianney also picked up victories in the SHR and LJR, led in both cases by Jen Furchak.

800R-QP 1:45.9. 2-PopeJhn :51.1. 1600R-QP 4:16.0. 3200R-IHA 10:12.7. 2-SJV :15.3. SMR-SJV 4:31.0. DMR-IHA 12:57.3. SHR-SJV 36.3. HJR-NtreDme 9-3. LJR-SJV 30-0.5. TJR-ParCath 61-9. SPR-RosCath 62-3.

JESSICA FAZEKAS SETS RECORD AT GARFIELD II

GARFIELD II, Jan. 7: Jessica and Kelly Fazekas of Demarest went 1-2 here with Jessica posting a MR of 45-9 1/4 and Kelly hitting 42-4 1/2 Jessica Malorida of Paramus won the HJ on misses at 5-2. Other marks:

SP-3-Graham, Bergfld 38-6.5. HJ-Marino, HasbHts 5-2.

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WATKINS DOUBLES 55 (7.1), 400 (57.8MR) AT RIDGEWOOD I

RIDGEWOOD I, Jan. 11, Rothman Ctr: Tawana Watkins had a neat double here, defeating Teri Burton of Piscataway in the 55M in 7.1 and setting a MR of 57.8 in a runaway 400 win.

Passaic Tech posted another record of 4:08.5 in the 1600R.

Lindsay VanAlstine of Hawthorne Christian had an easy 1600 victory in 5:22.8 and Soniya Johnson of Passaic Tech captured the 55H in 8.7.

55-Watkins 7.1. 2-Burton 7.2. 3-Q. Johnson, Pisc 7.4. 400-Watkins 57.8MR. 2-Shaw, Pisc 1:00.3. 600-Browne, MiddNo 1:48.4. 1600-VanAlstine 5:22.8. 55H-S. Johnson 8.7. 2-Burrell, Hack 8.9. 3-Palomo, Memrl 8.9. 1600R-PCT 4:08.5. 3200R-Wshvle(NY) 10:23.7.

CRAWFORD RUNS 1:38.87 THE HARD WAY AT BACK MEET

CLIFF BACK INVITATIONAL, Jan. 11, Drew: Erin Crawford of Hillsboro continued to burn the track here with a MR 1:38.87 in the 600M, but it could have been at least a second faster had she not got "left at the post" when the gun went off.

There was another MR in the 3200 where Liz Wort of Voorhees outran Amy Maier of Morristown in 11:37.77. Khristelle Manuyag of Cranford took the 55M in 7.50 and Sara Bekele of Hanover Park won the 55H in 8.79.

55-Manuyag 7.50. 300-Baskinger, Btlr 44.06. 600-Crawford 1:38.97MR. 2-Christopher, Rand 1:42.14. 3-MacNeill, Wstfd :42.57. 4-Lee, Livtn :43.14. 5-Dias, MrsHls :43.92. 6-Janowicz, TRSth :43.97. 1K-Morgan, TRS 3:14.87. 1600-Didario, BklyHts 5:29.79. 3200-Wort 11:37.77. 2-Maier :46.09. 55H-Bekele 8.79. 2-Pfeiffer, Hlbro 8.88. 3-Kloss, Hlbro 8.89. HJ-Peters, WstOrge 5-0. SP-Young, Spta 37-0.75. 2-Beckman, Kinn 35-4. 1600R-WO 4:16.22.

SPEED TRIPLES AT SOUTH JERSEY DEVELOPMENT MEET

SOUTH JERSEY DEVELOPMENT MEET, Jan. 10 (LS)-11 (SS), Haverford: Shameka Speed of Bridgeton took over this one as she tripled the 400 (1:02.13), 55H (9.01) and LJ (17-8).

Meghan Hughes of Moorestown provided the other highlight in the small school meet as she won the 3200 in 11:34.00

Willingboro and Eastern took over the LS event with Okechi Ogbuokiri and Halimah Bashir of the Chimeras going 1-2 in the 400, Bashir and Kim Allen doing likewise in the 55H and Beverly Bright taking the SP at 39-1 3/4, while Brittany Wright and Jennifer Jackson of the Vikings went 1-2 in the 55 and Alex Yiantos took the LJ at 16-7 1/2 in addition to a pair of relay wins.

LS: 55-Wright 7.45. 2-Jackson 7.49. 3-Jones, Mivle 7.50. 4-Ogbuokiri 59.72. 2-Bashir 1:00.61. 3-Walker, Cmdn :01.39. 4-Williams, Pmbtn :01.4.0. 800-Passalacqua, RancV 2:31.20. 1600-Ludgate, OcnCty 5:48.49. 3200-Balousofsky, Clvw 12:45.22. 55H-Bashir 8.80. 2-Allen 8.81. 3-Radziminski, WashT 8.93. HJ-Campbell, Shwne 5-4. 2-Graf, Okcrst 5-2. LJ-Yiantos 16-7.5. SP-Bright 39-1.75. 2-McEachern, Pnskn 36-7.25. 1600R-Estn 4:07.42. 2-Cmdn :10.14. 3200R-Estn 10:34.61.

SS: 55-Taylor, Wdby 7.63. 400-Speed, Brid 1:02.13. 800-Alexander, Plsntvle 2:28.77. 1600-Kessler, PVI 5:49.20. 3200-Hughes 11:34.00. 55H-Speed 9.01. HJ-Platt, NoBurl 5-0. LJ-Speed 17-8. 2-Taylor 17-1.25. SP-Lefty, PnsGrve 37-3.5. 2-Carter, Brid 35-7.5. 1600R-Hghlnd 4:20.51. 3200R-Hghlnd 10:19.42.

SMYTH RUNS 5:07.12 AT DARTMOUTH

DARTMOUTH RELAYS, Jan. 11-12, Hanover: The NJ action here was confined to the mile where Caitlin Smyth finished 6th in 5:07.10 and Clair Nowakowski of Ridgewood ran 5:20.47.

DEBENEDETTO TAKES LJ AT STANNER GAMES AT 18-2

STANNER GAMES, Jan. 12, NY Armory: Collette DeBenedetto of Mountain Lakes hasn't grown an inch since last season, but the pint-sized soph continues to amaze with an 18-2 LJ win here.

Wilson had a good day with a 9:25.66 MR in the 3200R, a 7.24 2nd for Latoya Charrmical in the 55M, a season-leading 2:59.02 for Tanesha Pittman, also 2nd in the 1K, an 8.76 3rd for Steffnie Barron in the 55H and a 1:44.10 2nd in the 800R.

Franklin put all its apples in the 55 with Jenna Harris 3rd in 7.31 and Coryn Gomez unplaced in 7.36. Other marks:

1K-Carter, WW 3:09.81, M-Thomas, WW 5:22.72.

PALOMO LEADS MEMORIAL TO HCIAA TITLE

HCIAA, Jan. 14, NY Armory: Fatima Palomo suffered a real disappointment when she mangled the first barrier in the hurdles and lost a sure victory, but she came back to win the 400 in 1:02.5 and the LJ at 16-3, while also placing 2nd in the 800 to lead Memorial to a 56-45 win over St. Dominic Academy.

The meet also had a bravura performance from Lincoln's Freudli Mathurin, who tripled the distances in 2:32.21, 5:43.16 and 11:59.27.

T-Memrl 56, SDA 45, NoBgn 36. 55-Choice, Dicksn 7.79. 400-Palomo 1:02.5. 800-Mathurin 2:32.21. 1600-Mathurin 5:43.16. 3200-Mathurin 11:59.27. 55H-Rebull, UnHll 10.19. HJ-Rebull 4-6, LJ-Palomo 16-3. SP-Lebron, Memrl 32-4.5.

NOWAKOWSKI DOUBLES 1K, 3200 AT NORTH JERSEY MEET

NORTH JERSEY INVITATIONAL, Jan. 15, Rothman Ctr: Ridgewood took the A division here, 50-36, over Pascack Valley with Clair Nowakowski doubling the 1K and 3200 in 3:06.3 and 11:38.3 and soph teammate Justine Lupo taking the 1600 in 5:53.2.

T: A-Rdgwd 50, PV 36; B-HasbHts 30, Tnfy 28. 55-Cagiao, HH 7.6. 300-Broomes, ParCath 44.0. 600-Weinberg, Tnfy 1:46.6. 1K-Nowakowski 3:06.3. 2-Emanuel, Tnfy :06.7. 1600-Lupo 5:53.2. 3200-Nowakowski 11:38.3. 2-Weissbard, FrLwn :52.8. 55H-Kaminski, SaddBk 9.3. 1600R-PV 4:22.8.

VASSELL TOPS WATKINS, LEADS PCT TO COUNTY TITLE

PASSAIC CTY, Jan. 16, NY Armory: Yhounic Vassell of Passaic Tech upset Tawana Watkins of Paterson Kennedy in the 55M here in 7.2 and led her team to an easy victory, 97-45, over Clifton and Passaic.

In addition to the 55 win, Vassell also finished 2nd in the 300 and TJ and anchored a record 4:07.0 win in the 1600R. She got great backing from Andrea Herbert, who won the TJ with a season-leading 36-11 1/4, picked up a 2nd and 3rd in the sprints and was also on the relay team.

Watkins hardly went gold-less for the night, doubling the 300 and 600 in 39.3 and 1:43.1. Jesse Mizzone of Passaic Valley set a MR of 10:27.2 in the 3K, defeating Lindsay VanAlstine, who came back to win the 1500 in 5:02.6.

The HJ winner was Amy Weiss of West Milford, daughter of Greg Weiss, who was a sub 1:50 800M runner at Montclair State as well as a near 7-footer in the HJ.

T-PCT 97, Clftn & Pssc 45. 55-Vassell 7.2. 2-Watkins 7.3. 3-Herbert 7.3. 4-Hughes, PatES 7.4. 300-Watkins 39.3. 2-Vassell 40.6. 3-Herbert 42.9. 600-Watkins 1:43.1. 2-Mejia, Pssc :43.8. 1500-VanAlstine 5:02.7. 3K-Mizzone 10:27.2. 2-VanAlstine :33.3. 3-Gaffney, PmptnLks 11:05.7. 55H-Johnson, PCT 8.7. HJ-Weiss, WstMilfd 5-0. LJ-Hughes, PES 16-1. TJ-Herbert, PCT 36-11.25. SP-Fenlator, WneVall 36-9.

CRAWFORD, WORT, NELSON WIN AT DREW INVITATIONAL

DREW INVITATIONAL, Jan. 16: The final open meet of the season here was again dominated by the "outlanders" Erin Crawford of Hillsboro completed her control of the 300-600 events with a MR 59.50 in the 400m outkicking Dana McCurdy of Berkeley Heights. Liz Wort of Voorhees showed her versatility by dropping down to the 899 for a 2:23.39 win over another Highlander, Megs Didario.

The 1600 was a solo effort for Casey Nelson of Hunterdon Central, whose 5:16.50 hardly prepared anyone for what she would do three days later at the NY Armory (see below). And Khristelle Manuyag of Cranford finished a sweep of the 55M with a 7.50 win (after a 7.47 heat).

McCurdy came back to win the 55H from Jaci Pfeiffer of Hillsboro in 8.69, top time of the Drew season.

55-Manuyag 7.50 (7.47ht). 400-Crawford 59.50MR. 2-McCurdy 1:00.33. 3-Seiler, WstMrs :01.46. 800-Wort 2:23.39. 2-Didario :24.74. 3-Bekele, HanPk :27.12. 4-Carchiatta, MorrKn :27.39. 1600-Nelson 5:16.50. 3200-Braner, JeffTwp 11:55.60. 2-Maier, Morrtn :58.66. 55H-McCurdy 8.69. 2-Pfeiffer 8.75. 3-Ferraro, ScPlns 8.81. HJ-Doyle, Mdsn 5-2. SP-Young, Spta 37-6. 1600R-SP 4:26.10. 3200R-Vrhs 9:56.20. 2-HuntC 10:02.83. 3-WstOrge :17.52. 4-SP :18.65.