

GR's Mineo takes 1,000 to remember

By PAUL SCHWARTZ
STAFF WRITER

SUFFERN, N. Y. — One of the highlights of last year's Ridgewood Winter Games II was a rousing three-way battle in the girls' 1,000-yard run.

Wednesday night, the 1,000 was even better. The five-girl race at the front of the pack stole the show at Rockland Community College.

State outdoor 800-meter all-groups champion Kim Mineo of Glen Rock out-leaned Clair Nowakowski of Ridgewood and Panthers teammate Erin Henry at the finish to win in 2 minutes 46.5 seconds, the fastest time by a New Jersey runner in 10 years in this seldom-run event. Alexandra Brown of Kingston, N.Y., was fourth followed by Julia Emanuel of Tenafly. All finished with times that would have won any of the 11 previous meets.

"That's what makes track and field so special," said meet co-director Jacob Brown, who is also the longtime Ridgewood girls cross-country coach. "You never know when you're going to see a classic race, and when you get girls like this together and they all go after it, it's great fun."

Glen Rock coach D.J. Nimphius "told us he was entering all of us in the

INDOOR TRACK RIDGEWOOD GAMES II

1,000 and told us to get back to him if we had a problem with it," said Mineo. "I think there were eight of us from Glen Rock in the event, and we weren't sure whether we all wanted to do it, but no one ever got back to him, so we all ran it."

The five runners quickly broke away from the rest of the field on the oversized 250-meter track. They took turns with the lead through the first three-plus laps before all launching into full-scale sprints for the final race to the finish.

Nowakowski grabbed the lead and Henry went with her, with Mineo slightly behind and Brown and Emanuel hanging on at the back of the pack. As the lead trio hit the top of the stretch, Henry grabbed the lead momentarily and then Nowakowski took it back while Mineo swung wide and drew even, finally winning with a lunge at the finish line.

After the race, the girls were all smiles, especially when their times were digested, knowing that more important races were coming, but maybe not more exciting ones.

Passaic Tech sprinter Davon Roberts and Bergen Catholic distance standout Ken Sinkovitz made their last warm-ups for Saturday's Group 4 State championships at Princeton good ones by winning the 55-meter dash and boys' 1,000-yard run, respectively.

Roberts remained unbeaten in the dash by edging Hackensack's Patel Whyte, and is looking forward to improving his record at States.

"My sophomore year I fell at the start of the race, and last year I was hurt and couldn't run," said Roberts. "This is going to be a big moment for me that I've been waiting for. Seeing [Teaneck's] Adrian Durant win Group 3 last week really pumped me up, and I'm trying to keep everything in stride while waiting."

Despite still suffering the effects of the flu, Sinkovitz ran away from 1:56 half-miler Mark Lee of South Shore (N.Y.) to win the 1,000 yards in 2:20.0, a solid performance.

"It was worse [Wednesday], so I decided to run today," said Sinkovitz, second in the indoor 800 last winter and a favorite this winter. "I had nothing to lose by running and I didn't want to go a whole week [before the State meet] without a race. I'll be ready for Saturday."

RIDGEWOOD WINTER GAMES II SUMMARIES

At Rockland CC, Suffern, N.Y.

BOYS

55M - 1. Davon Roberts, Passaic Tech, 6.6; 2. Patel Whyte, Hackensack, 6.6; 3. Kevin Wade, Linden, 6.6; 4. Kenny Smith, Jackson, 6.7; 5. Tyrone Washington, South Shore, 6.8; 6. Marvin Morris, West Side, 7.1.

55M HH - 1. Matt Trudell, West Milford, 8.0; 2. Leonard Farrell, Lakewood, 8.2; 3. Ikechi Ogboma, Horace Mann, 8.2; 4. Joe Charles, Bergen Catholic, 8.2; 5. Javon White, Lakewood, 8.2; 6. Sabiell Tulier, Bayonne, 8.5.

300Y - 1. Patel Whyte, Hackensack, 32.5; 2. Chase McKenzie, South Shore, 32.6; 3. Odale Green, Kingston, 32.7; 4. Mike Wittenburg, Lakewood, 33.0; 5. Will Van Thunen, Don Bosco, 33.4; 6. Roman Zhurenka, Bayonne, 33.6.

600Y - 1. Chase McKenzie, South Shore, 1:15.6; 2. Rob McKay, Don Bosco, 1:17.5; 3. A.J. Andreano, Saddle Brook, 1:18.2; 4. Fitz Hubert Reynolds, Bayonne, 1:18.8; 5. Kester Stephens, Orange, 1:19.2; 6. Matt Trudell, West Milford, 1:19.3.

1,000Y - 1. Ken Sinkovitz, Bergen Catholic, 2:20.0; 2. Mark Lee, South Shore, 2:22.7; 3. A.J. Andreano, Saddle Brook, 2:29.3; 4. Brendan Sullivan, Tenafly, 2:30.9; 5. Daquawn Thompson, Passaic, 2:31.5; 6. Fernando Silva, Belleville, 2:32.2.

1,600M - 1. Sean Swift, Don Bosco, 4:39.2; 2. Matt Horesta, Don Bosco, 4:40.4; 3. Pe-

Kul, Don Bosco, 10:23.8; 6. Brent Napoleon, Don Bosco, 10:24.8.

Long jump - 1. David Dennis, Hackensack, 20-11; 2. Tyler Palumbo, Don Bosco, 19-11 1/4; 3. Joe Frangipane, Saddle Brook, 19-7 1/2; 4. Chris Chang, Tenafly, 19-1 1/4; 5. Tyrone Daye, Seton Hall, 19-0; 6. Steve Stachal, Saddle Brook, 19-0.

Triple jump - 1. David Dennis, Hackensack, 42-9 1/2; 2. Markus Burns, Bergen Catholic, 40-9 1/2; 3. Tyler Palumbo, Don Bosco, 40-2; 4. Jason Endres, Paramus, 40-2; 5. Chris Fox, Bergen Catholic, 38-6; 6. Steve Stachal, Saddle Brook, 37-9.

High jump - 1. Jovan White, Lakewood, 6-2; 2. Steve Stachal, Saddle Brook, 5-10; 3. Oway Laven, Jackson, 5-10; 4. Tom McCormick, Don Bosco, 5-10; 5. Daniel O'Baseki, St. Francis, 5-8; 6. Jeremy Rausch, Matawan, 5-8.

Shot put - 1. Uzoma Daji, Matawan, 58-4 1/2; 2. Jamaal Richardson, Passaic, 54-3 1/2; 3. Valbert Wyche, Hackensack, 52-7 1/2; 4. Sydney Murray, Lakewood, 50-11; 5. Richard Russell, Passaic, 50-1 1/2; 6. Ron Brever, Middletown North, 47-9 1/2.

Pole vault - 1. Bret Sullivan, Matawan, 12-0; 2. Will Marty, Westwood, 11-6; 3. Tie between Mark Peros, Saddle Brook, and Omar Holman, Hackensack, 11-0; 5. Ed Kochanek, Middletown North, 11-0; 6. Clifton Poarch, Hackensack, 10-6.

1,600 relay - 1. South Shore (Evans, Lee, McKenzie, Griffiths), 3:30.4; 2. Hacken-

GIRLS

55M - 1. Tawana Watkins, Kennedy, 7.5; 2. Nina Minasi, Suffern, 7.6; 3. Lisa Schenk, Jackson, 7.6; 4. Cassandra Vidal, Asbury Park, 7.6; 5. Kimisha Hughes, Eastside, 7.6; 6. Lauren McGhee, Linden, 7.8.

55M HH - 1. Pia Cuth, Linden, 8.7; 2. Lisa Schenk, Jackson, 8.7; 3. Julie Burrell, Hackensack, 9.0; 4. Kisha Holder, Asbury Park, 9.1; 5. Jackie Kaminski, Saddle Brook, 9.5; 6. Hayley McClean, Hasbrouck Heights, 10.0.

300Y - 1. Tawana Watkins, Kennedy, 36.8; 2. Melanie Piccolo, Suffern, 37.9; 3. Daleyna Adkinson, Lakewood, 38.9; 4. Tracy Estriplet, Suffern, 39.2; 5. Mandy Jenkins, Valley Central, 39.9; 6. Rheindie Richmond, Suffern, 39.9.

600Y - 1. Daleyna Adkinson, Lakewood, 1:29.5; 2. Latasha Dickson, Matawan, 1:30.4; 3. Willette Miller, Science, 1:32.4; 4. Caitlin Smyth, IHA, 1:32.7; 5. Tracy Estriplet, Suffern, 1:33.2; 6. Sara Diaz, Technology, 1:34.4.

1,000Y - 1. Kim Mineo, Glen Rock, 2:46.5; 2. Clair Nowakowski, Ridgewood, 2:46.6; 3. Erin Henry, Glen Rock, 2:47.0; 4. Alexandra Brown, Kingston, 2:47.5; 5. Julia Emanuel, Tenafly, 2:48.1; 6. Sara Diaz, Technology, 2:54.5.

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Triple jump - 1. Andrea Herbert, Passaic Tech, 34-10 1/2; 2. Kahimah Liverman, Passaic Tech, 34-7; 3. Taneisha Cantave, Suffern, 33-11; 4. Kimisha Hughes, Eastside, 33-6 1/2; 5. Jackie Kaminski, Saddle Brook, 32-7 1/2; 6. Tracee Kavanagh, Suffern, 31-7 1/2.

High jump - 1. Lisa Schenk, Jackson, 5-4; 2. Diana Redman, Sewanhaka, 5-2; 3. Tie between Serika Thomas, Hackensack and Jessica Malacrida, Paramus, 5-0; 5. Lynsey Boggess, IHA, 5-0; 6. Cheryln Marfino, Hasbrouck Heights, 4-6.

Shot put - 1. Zara Northover, Sewanhaka, 40-0; 2. Jacelyn Kearney, Lakewood, 36-10; 3. Schaniek Easley, Hackensack, 34-4 1/2; 4. Jen Hodges, IHA, 32-6; 5. Kyshia McIntyre, Lakewood, 32-0; 6. Erika Johnson, Kingston, 31-7.

Pole vault - 1. Mandy Jenkins, Valley Central, 10-0; 2. Rony Weissman, Fair Lawn, 8-0; 3. Joyce Rosenbaum, Tenafly, 8-0.

1,600 relay - 1. Suffern (Richmond, Samora, Telier, Minasi), 4:17.2; 2. Immaculate Heart Academy, 4:26.0; 3. Westwood, 4:30.1; 4. Suffern B, 4:30.5; 5. Has-

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1,600M - 1. Sean Swift, Don Bosco, 4:39.2; 2. Matt Horesta, Don Bosco, 4:40.4; 3. Peter Gerboth, Don Bosco, 4:40.6; 4. Tom Caswell, Yorkton, 4:43.7; 5. Zack Lerner, Tenafly, 4:46.6; 6. Chris Perez, Ridgewood, 4:50.3.

3,200M - 1. Mike Rufo, Jackson, 10:12.0; 2. Rodolfo Crispin, Ridgewood, 10:12.1; 3. Kyle Engelken, Ridgewood, 10:17.2; 4. Ryan Kenny, West Milford, 10:21.8; 5. Jon

Klui, Don Bosco, 10:23.8; 6. Brent Napoleon, Don Bosco, 10:24.8.

Long jump - 1. David Dennis, Hackensack, 20-11; 2. Tyler Palumbo, Don Bosco, 19-11 1/4; 3. Joe Frangipane, Saddle Brook, 19-7 1/2; 4. Chris Chang, Tenafly, 19-1 1/4; 5. Tyrone Daye, Seton Hall, 19-0; 6. Steve Stachal, Saddle Brook, 19-0.

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3,200 relay - 1. South Shore (Evans, Matthews, Cuffie, Lewis), 8:25.8; 2. Ridgewood, 8:26.9; 3. St. Francis, 8:36.1; 4. Jackson, 8:43.2; 5. Don Bosco, 8:46.1; 6. Westwood, 8:51.7.

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3,200M - 1. Lindsay Van Alstine, Hawthorne Christian, 11:17.7; 2. Rachel Vining, Kingston, 11:40.0; 3. Slobhan Dwyer, Sparkill, 12:02.1; 4. Theresa Hearn, IHA, 12:12.3; 5. Sarah Adelson, Tenafly,

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3,200 relay - 1. Immaculate Heart Academy (Danielle Braun, Jessica Pescatore, Caitlin Smyth, Caitlin Hemmer), 10:21.4; 2. Suffern, 10:27.7; 3. Ridgewood, 10:41.2; 4. St. Dominic Academy, 10:42.0; 5. Hasbrouck Heights, 10:54.2.

Keeping track

Every week during winter track season, we'll honor some of the top performers the previous week. Please fax to Paul Schwartz at 201-652-6898 or e-mail to pschwaz@aol.com by Wednesday night. Performances can be from the previous Thursday to Wednesday.

ALBERT ARGUELLES, CRESSKILL -

Continues his tour of the hinterlands by winning an 800 in 2:02.6 at the Manhattan Invitational. Hopefully, he'll be at states Saturday.

REBECCA BASKINGER, BUTLER -

Placed in three events, including seconds in the high jump (5-4) and hurdles (8.85) and fourth in the 55 (7.70) at the Morris County championships at Drew on January 23.

DARIO CANTATORE, NV/DEMAREST -

Had another good week with wins in the 1,600 and 3,200 at the NBIL 1 meet, beating a fast closing Scott Knackmuhs of Ramapo both times.

DON BOSCO PREP 3,200 METER RELAY TEAM -

The quartet of Matt Horesta, Kevin Barry, Rob McKay and Sean Swift ran 8:13.43 for third at the New Balance Games January 19. It was the fastest time in North Jersey so far this winter.

GLEN ROCK DISTANCE MEDLEY RELAY TEAM -

Erin Henry, Kim Mineo,

Danielle Patoir and Liz Saydah ran a solid 12:37.37 but finished a distant fourth in the loaded Yale Invitational race.

GREG HORN, RIVER DELL and SAMIR MANE, FORT LEE -

Mane was fourth and Horn fifth in the hot Group 2 800 at the state meet at Princeton Sunday. Mane ran an indoor best 2:00.84 and Horn just missed at 2:01.36. The two might hook up again in the BCSL American meet at the Armory next Friday.

JACKIE KASEN, PASCACK VALLEY -

She won the 55 and 200 at the NBIL 2 meet and was second in the long jump, but the Indians missed the team title by three points.

ALONZO MEEK, WAYNE VALLEY and MATT TRUDELL, West Milford -

Another dynamic duo, this time in the hurdles. Trudell was fifth and Meek sixth in Group 3 to become the only local hurdlers to advance in the first week of state competition. Meek wasn't at Ridgewood Winter Games II but Trudell didn't miss him, winning the event.

KIM MINEO, GLEN ROCK - She finished second at the Yale Invitational 800 meters on January 19 in 2:19.81, the sixth fastest indoor 800 time in Bergen history and the fastest since 1992 state champ Jen Metz of Pascack Valley ran 2:14.01 that year.

BRENT NAPOLEON, DON BOSCO PREP -

The talented freshman set a school freshman record of 10:24.8 in placing sixth in the varsity race at the Ridgewood Winter Games II.

CAITLIN SCHOPP, WEST MILFORD -

The versatile Highlander junior beat a good field to win the 800 at the Paul Schwartz Invitational on January 18.

STACY SMITH, NV/OLD TAPPAN - She didn't score a point in the indoor NBIL meet last year but made up for Tuesday at this year's meet by winning the NBIL 1 long jump and adding two seconds and a fifth place finish.

TINA TRIANTAFILIDI, INDIAN HILLS -

Seconds in the 800, 1,600 and shot put at the NBIL 2 meet make her a contender for the Bergen Pentathlon title February 18.

TAWANA WATKINS, KENNEDY - The South Carolina-bound senior, sporting a new hairdo, won both the 55 meters and 300 yards easily at the Ridgewood Winter Games II. Next up tomorrow, a third straight Group 4 400 title?

SARI WEISSBARD, FAIR LAWN - Followed her impressive sixth place finish in the state Group 3 3,200 Sunday with easy wins in the 1,600 and 3,200 at the NBIL 1 meet Tuesday.

MEET RESULTS

6. 2-Flannery :46.4. HH-Adjah, Pisc 7.6. HJ-Jackson, NoBrun 6-0. SP-Betti 49-7. 1600R-Pisc 3:27.8. 2-OB :28.0.

ROBERTS, WHYTE, SINKOVITZ WIN AT RIDGEWOOD II

RIDGEWOOD II, Jan. 23, Rockland CC: Three contenders for Gr. IV honors sharpened their skills here with gold medal efforts. Davon Roberts of Passaic Tech edged Patel Whyte of Hackensack in the 55 in 6.6, but Whyte came back to take the 300-yard race in a snappy 32.5. Ken Sinkovitz of Bergen Catholic shrugged off a lingering flu bout to win the 1000-yard event from South Shore (NY) star Mark Lee in 2:20.0.

In field events, David Dennis of Hackensack had a double in the horizontal jumps at 20-11 and 42-9 1/2, while Uzoma Orji of Matawan boosted his indoor PR in the SP to 58-4.

55-Roberts 6.6. 2-Whyte 6.6. 300-Whyte 32.5. 4-Wittenburg, Lkwd 33.0. 5-Van Thunen, DBP 33.4. 6-Zhmurenka, Byne 32.6. 600-McKenzie, SoShre 1:15.6. 2-McKay, DBP :17.5. 1000-Sinkovitz 2:20.0. 1600-Swift, DBP 4:39.2. 3200-Rulo, Jcksn 10:12.0. 55H-Trudell, WMlfd 8.0. HJ-White, Lkwd 6-2. PV-Sullivan, Mtwn 12-0. LJ-Dennis 20-11. TJ-Dennis 42-9.5. SP-Orji 58-4. 1600R-SS 3:30.4. 3200R-SS 8:25.6.

SOMMERSELLE RUNS 50.4 AT CVC 'BATCH' MEET

COLONIAL VALLEY CONFERENCE BATCH MEET, Jan. 17, lavion Field House: Yes, there really is a CVC a league that includes all of Mercer County (plus Allentown), but whose championship meets are more commonly called county affairs.

This meet, mostly relays, had an outstanding 400, in which Sylvester Somerselle (who was at Orange last year) defeated Irv Stills of Trenton in 50.4. Gr. III 800 champ Jeff Zodda of Notre Dame stepped up to the 1600 and won in 4:35.3.

400-Somerselle 50.4. 2-Stills 50.7. 3-Campbell, Ewing 51.1. 1600-Zodda 4:35.3. 800R-Tren 1:33.6. 2-Hmltn :34.9. 4-Tren B :36.5. 1600R-ND 3:29.4. DMT-ND 11:03.3. SHR-ND 31.4. 2-Tren 31.6.

WYCHE, LALITE WIN AT GARFIELD III

GARFIELD III, Jan. 28: Valbert Wyche of Hackensack took the SP here at 52-9 1/2 and Stephan Lalite of Demarest won the HJ at 6-0. Other marks: SP: 2-Richardson, Pssc 51-8. 2-West, TRSth 50-6.5. 3-Russell, Pssc 50-3.

HUNTERDON CENTRAL RUNS 10:45.89 AT WEST POINT

WEST POINT INVITATIONAL, Jan. 27: The ban on out-of-state travel at many public schools cut the NJ entry here to a fraction of its usual self with Hunterdon Central posting the top mark of 10:45.89 in the DMR. Anthony Gallo of Wall had a 23.48 for 6th in the 200 and Camden ran 4th in the 1600R in 3:29.21.

WALLDEN, WILLIAMS LEAD SCOTCH PLAINS TO TITLE

UNION COUNTY, Jan., 30, Dunn Center: This was pretty much a copy of the girls meet two night earlier with Bobby Wallden and Ray Williams leading Scotch Plains to a 58-45 defeat of Plainfield.

Wallden easily doubled the distances in an eased-up 4:41.5 and 10:08.7, while Williams took a rough-and-ready 440 in 56.1, placed 2nd in the 60, 3rd in the HJ and anchored a 4th place MR team.

Gabe Gonzales of Elizabeth upped his PR to 56-1/2 in the SP and Dave Anderson of Plainfield took the 60 in 6.4, but will probably be playing baseball again this spring.

T-SP 58, Plfd 45, Union 41. 60-Anderson 6.4. 2-Williams 6.6. 3-Hill, Union 6.6. 440-Williams 56.1. 880-Carmody, BklyHts 2:09.2. M-Wallden 4:41.5. 2M-Wallden 10:08.7. HH-Goins, Plfd 7.7. HJ-Haley, Union 6-2. SP-Gonzales 56-0.5. 2-Feighner, SP 50-4. MR-Plfd 3:49.5.

RICHARDSON TOPS THROWERS AT RANDOLPH SP MEET

RANDOLPH SHOT PUT INVITATIONAL, Jan. 30: Jamaal Richardson of Passaic was the top thrower here as he took the senior event at 53-2 1/2, but he had to share the spotlight with the frosh winner (with the 4K implement), Steve DiGiorgio of Bayonne who broke the MR at 52-8 1/2. Willingboro won the combined boys/girls team title, 40-39, from Passaic. Other amrks:

Sr: 2-Johnson, Wlbro 51-5. Jr-Russell, Pssc 50-8 1/2.

CBA TAKES UNUSUAL ROUTE TO SHORE TITLE

SHORE CONFERENCE, Jan. 30, Red Bank: If you can believe it, Christian Brothers won here, 41-36. Over wall with only a modest two points from the two distance events.

It was, in fact, a high jumper who saved the say as junior Keith Cashman improved his PR to 6-4 to win that event on misses from the Holmdel pair of Charles DiFazio and Jonathan Kwong. Jeff Peterson took the 800 in 2:00.61

The SP stole the individual show in the meet as Adam Kuehl of Monmouth and Uzoma Orji of Matawan both broke the 60-foot barrier. Kuehl winning at 61-6 1/4.

T-CBA 41, Wall 36, TREst 34. 55-Shupin, Wall 6.67. 400-Hurtault, Mtwn 52.11. 800-Peterson 2:00.61. 1600-Hoffman, TRNth 4:26.56. 2-Kraska, TRE :29.49. 3-Kingsbery, RB :30.49. 3200-Dennis, RB 9:48.29. HH-Jules, TRE 7.64. 2-Barry, CBA 7.67. 3-Menzorov, Jcksn 7.90. HJ-Cashman 6-4. 2-DiFazio 6-4. 3-Kwong 6-4. SP-Kuehl 61-6.25. 2-Orji 60-8.75. 3-Brown, JT 56-4. 4-Siciliano, TRE 53-0. 5-Breuer, MiddNo 50-2. 6-Murray, Lkwd 50-0.75. 1600R-CBA 3:31.37. 2-Wall :24.47.

SINKOVITZ LEADS BERGEN CATHOLIC TO RELAY CROWN

BERGEN CTY RELAYS, Jan. 30, NY Armory: Kenny Sinkovitz had a banner night here as he led Bergen Catholic to an 88 1/2-68 victory over rival Don Bosco in the A division here. The B crown went to Saddle Brook, 100-75, over Ramsey.

Sinkovitz showed his versatility as he ran a 4:31.5 for the Crusaders' 6400R, a 1:57.6 for its winning SMR and a 50.1 leg on its second-place 1600R. Bergen also won the SHR and 3200 and upset Teaneck in the 800R.

Steve Stachal and A.J. Andreano led Saddle Brook, Stachal anchoring wins in the 800R and SHR and Andreano leading off a 160R victory and anchoring a SMR triumph.

A: T-BC 88.5, DBP 68, Tnck 42. 800R-BC 1:34.7. 2-DBP :34.9. 3-Tnck :35.2. 1600R-Tnck 3:28.0. 2-BC :28.5. 3-DBP :29.2. 3200R-BC 8:22.0. 2-Rdgwd :26.5. 6400R-DBP 18:08.1. 2-Rdgwd :54.8. SMR-BC 3:39.8. 2-Hack L43.0, 3-DBP :45.8. 4-Bgflld :47.0. 5-ParC :48.3. 6-SJMont :49.0. DMR-DBP 11:00.3. SHR-BC 32.3. 2-RvrDII 32.4.

B: T-SV 100, Rmsy 75, Wstwd 36. 800-PascV 1:36.2. 2-Rthfd :36.7. 1600R-SB 3:29.2. 3200R-Wstwd 8:39.6. 6400R-Ramsey 19:53.0. SMR-SB 3:46.2. DMR-Ramsey 11:50.8. SHR-SB 35.5.

WATERS LEADS ST. BENEDICT'S TO ESSEX CTY CROWN

ESSEX CTY, Jan. 31, Seton Hall: Noah Waters of St. Benedict's may be persona non grata to the Newark Star Ledger all-star teams, but he was hard to ignore in this meet as he coasted to a 4:37.2 win in the 1600 (with a 2:10 or so final 800) and then took the 800 in 1:58.8 to lead the Gray Bees to a 77-66 1/2 win over ancient rival Seton Hall. (The two schools outscored the rest of the field combined.)

Lance Wigfall of Clifford Scott broke the MR in the 400 as he out ran Chris Turner of Seton Hall in 48.92, despite, like Waters, being somewhat under par physically. (Noah had missed school the day before with a stomach virus; Lance was suffering from a bad headache—what will they do when they are really well?)

T-SHP 77, SHP 66.5, Scott 22. 55-Turner 6.56. 2-LeBlanc, CS 6.57. 400-Wigfall 48.92. 2-Turner 49.73. 800-Waters 1:58.8. 2-Gerardo, SHP 2:01.1. 3-Delaney, SBP :01.6. 1600-Waters 4:37.2. 3200-Nettleton, Clmba 9:58.66. HH-Welfel, WstEsx 7.81. HJ-Leneus, SHP 6-2. SP-Jones, Shbzz 50-4. 1600R-SHP 3:33.58.

CAMDEN, PLEASANTVILLE GO 1-2 IN MILLROSE RELAY

MILLROSE GAMES, Feb. 1, MSG: Things looked pretty bad for the NJ entry halfway through this one when Byram Hills of NY broke into a big lead. But Maurice Young ran a 50.6 third leg to get Camden back in the ball game and Jade Smith demolished the Byram anchor man with Keko Goldman following as the SJ school rans 1-2 in 3:31.72 and 3:32.60.

In the invitation mile, Marc Pelerin went to the front at the 400M mark in 63+, but then dropped back and finished 4th in 4:23.01, followed by John Richardson in 6th in 4:26.08 and Chris Platt in 7th in 4:27.97.

LERNER, LABEGA STAR AT BCSL AMERICAN MEET

BCSL AMERICAN, Feb. 1, NY Armory: Zack Lerner of Tenafly and Dimar Labega of Rutherford were the individual stars here, Lerner leading the Tigers to a 97-96 win over River Dell and Labega doubling the 55 and 300 with a meet and county record of 35.3 in the latter.

Lerner was all over the place for Tenafly, winning the 3200 in 10:09.7, placing a close 2nd to Rudy Urena of Cliffside Park in the 1600 and running the 3rd leg for the 1600R which clinched the title with a 15-yard win over River Dell.

T-Tnfy 97, RD 96, FtLee 76. 55-Labega 6.5. 300-Labega 35.3MR. 2-Hedges, Wstwd 37.0. 3-Arima, RvrDII 37.4. 600-Horn, RD 1:25.3. 1K-Mane, FtLee 2:41.8. 1600-Urena 4:43.9. 3200-Lerner 10:09.7. HH-Montone, RD 8.2. HJ-Montone 5-10. PV-Marty, WW 11-6. LJ-Huang, FtLee 20-8. TJ-Huang 40-4. SP-Trass, RD 44-10. 1600R-Tnfy 3:35.4. 3200R-FL 8:45.8.

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GIRLS TRACK

9. SCHERER LEADS MONTVILLE TO FIRST COUNTY TITLE

MORRIS CTY, Jan. 23, Drew: Christina Scherer put in a busy night here to lead Montville to its first county title ever, indoors or out, 51-32 over perennial leaders Morris Hills, West Morris and Randolph. The soph star upset Sara Bekele of Hanover Park in a snappy 600 in 1:40.56 and placed 2nd to Catherine Christopher of Randolph in the 1600 and to Amy Maier of Morristown in the 3200.

Kelly Brady of Roxbury had an unusual double in the HJ at a PR 5-6 and SP at 37-1, while Collette DeBenedetto, in the absence of any horizontal jumps, captured the 55 in 7.53.

T-Mntvle 51, MH, Rand & WM 32. 55-DeBenedetto 7.53. 2-Barber, Pspny 7.55. 300-Warner, WM 43.49. 2-Seiler, WM 43/65/ 3-Barber 43.72. 4-Courtney Stanton, Mont 43.86. 5-Hashemi, Rand 43.91. 600-Scherer 1:40.56. 2-Bekele :41.20. 3-Dias, MH :42.88. 4-Brewster, Mndhm :43.20. 1K-Rome, Morr 3:08.65. 2-Chrisopher :09.83. 1600-Chrisopher 5:25.38. 2-Scherer :28.58. 3200-Maier 11:45.47. 55H-Bekele 8.77. 2-Baskinger, Btlr 8.86. HJ-Brady 5-6. 2-Baskinger 5-4. SP-Brady 37-1. 1600R-MH 4:13.84.

MINEO TAKES LOADED 1000Y RACE AT RIDGEWOOD II

RIDGEWOOD II, Jan. 23, Rockland CC: State outdoor 800M champ Kim Mineo of Glen Rock took a loaded 1000-yard race here from Clair Nowakowski of Ridgewood and teammate Erin Henry in 2:46.5. Too bad she will not be part of what looks like a great AG 800M race.

Lindsay VanAlstine of Hawthorne Christian put in a hard night as she walked off with an easy distance double in 5:23.6 and 11:17.7. Tawana Watkins also doubled, but at shorter distances, taking the 55 in 7.5 and the 300Y race in 36.8.

55-Watkins 7.5. 300Y-Watkins 36.8. 3-Adkinson, Lkwd 38.9. 600-Adkinson 1:29.5. 2-Dickinson, Mtnw :30.4. 3-Miller, Scnce :32.4. 4-Smyth, IHA :32.7. 1000Y-Mineo 2:46.5. 2-Nowakowski :46.6. 3-Henry :47.0. 5-Emanuel, Tnfy :46.1. 1600-VanAlstine 5:23.6. 3200-VanAlstine 11:17.7. 55H-Ruth, Linden 8.7. 2-Schenk, Jcksn 8.7. HJ-Schenk 5-4. LJ-Cantave, Sffrn 16-1.25. TJ-Herbert, PCT 34-10.5. 2-Liverman, PCT 34-7. SP-Northover, Swnhka 40-0. 2-Kearney, Lkwd 36-10. 1600R-Sffrn 4:17.2. 3200R-IHA 10:21.4.

HENRY LEADS OLD BRIDGE TO EASY WIN IN MIDDLESEX

MIDDLESEX CTY, Jan. 22 (East Brunswick)-23 (Rothman Ctr): Kim Henry of Old Bridge warmed up for her state meet heroics with a double here in the 400M and 55H at 1:00.3 and 8.4, while also placing a close 2nd to Teri Burton of Piscataway in the 55 in 7.2.

Old Bridge also had 1-2-3 finishers in the distances from its Gr. IV CC champs on the way to a 115-40 rout of Piscataway.

T-OB 115, Pisc 40, SoBrun 31. 55-Burton 7.2. 2-Henry 7.2. 3-Hazuri, EBrun 7.2. 4-Johnson, Pisc 7.3. 5-Todd, BpAhr 7.4. 400-Henry 1:00.3. 2-Anderson, Pisc :00.5. 3-Earl, SoBrun :00.6. 4-Norville, BA :00.9. 800-Maguire, Monroe 2:22.80. 2-Sanders, OB :24.2. 3-Scarfuto, Mtchn :25.8. 1600-Sanders 5:32.8. 3200-Robinson, OB 11:59.0. 55H-Henry 8.4. 2-Hazuri 8.5. 3-Johnson, OB 8.9. HJ-Stratowski, Sptswd 5-0. SP-McCombs, OB 36-11.25. 2-Tirpak, Syrle 36-2.5. 3-Yee, SoBrun 35-4.25. 1600R-SB 4:17.1.

BERKELEY HEIGHTS TAKES FIRST UNION COUNTY TITLE

UNION COUNTY, Jan. 27, Dunn Center: Dana McCurdy and Megs Didario had a frustrating night here individually, but their combined efforts brought Berkeley Heights its first county title ever (boys or girls) in a 42-40 defeat of Elizabeth.

The time schedule forced Dana to choose between the 60H and 440 and she picked the former, only to lose to Pia Ruth of Linden, who ran 8.3. Dana, however, pushed April Williams back to 3rd in that event and, in the key race of the night, did the same in the 60-yard dash.

Didario was outrun in the mile by solo entry Katie Marshall of Union Catholic and in the 880 by rising Westfield frosh Emily MacNeil, who ran 2:29.5. Dana and Megs then joined to take the MR in 4:29.3 and won out when other teams pushed Elizabeth—which had to go without Williams—back to sixth place.

T-BH 42, Eliz 40. 60-Manuyag, Crfd 7.1TR. 2-McCurdy 7.4. 3-Williams 7.4. 440-Wynter, Rsls 1:04.3. 880-MacNeil 2:29.5. 1600-Marshall 5:34.4. 2M-Marshall 12:28.6. 60H-Ruth 8.3. 2-McCurdy 8.4. 3-Williams 8.6. 4-Ferraro, ScPlns 8.8. HJ-Dunn, Clark 5-0. SP-L. Cintron 36-4. 2-Blanc, Rhwy 35-0. MR-BH 4:29.3.

HUNTERDON CENTRAL RUNS 12:48.91 AT WEST POINT

WEST PT. INVITATIONAL, Jan. 27: Hunterdon Central came right back from the Gr. IV meet the day before to run a 12:48.91 for 3rd in the DMR here. Stephanie King of Paul VI and Erika Huggler of Monmouth went 4-5 in the 55H in 8.69 and 8.78.

FAZEKAS SISTERS GO 1-2 AT GARFIELD III

GARFIELD III, Jan. 28: Jessica and Kelly Fazekas of Demarest went 1-2 again here at 43-1 ½ and 42-5 with teammate Shelly Taketa 4th at 37-7. Jessica Malaorida of Paramus took the HJ at 5-0. Other marks: SP-3-Graham, Brgfld 38-10. 5-Easly, Hack 35-7.5.

SMYTH, J. FAZEKAS STAR AT BERGEN COUNTY RELAYS

BERGEN CTY RELAYS, Jan. 30, NY Armory: Caitlin Smyth of Immaculate Heart Academy and Jessica Fazekas of Demarest shared honors here as IHA and Hasbrouck Heights ran away with the team titles.

Smyth was the key factor in her team's victory with a 5:07.5 1600 in a winning 6400R effort, a 5:08.1 to bring the DMR home on top and a 2:21.0 800 for a runner-up finish in the 3200R.

Fazekas turned in the second-best toss in the state this year of 46-7 ¼ as she joined with kid sister Kelly (the state leader) to take the SPT at a record 91-2.

Glen Rock put all its apples in the 6400R, winning by more than three minutes in 21:40.1 and Erin Henry, Kim Mineo and Danielle Patoir came back to run in a 4:15.4 1600R victory.

A: T-IHA 64, PascV 43, Dmrst 38. 800R-Tnck 1:52.0. 1600R-Psck V 4:25.5. 3200R-PV 10:04.3. 2-IHA :09.1. 3-OldTppn :17.7. 6400R-IHA 22:05.9. 2-Rdgwd :12.0. SMR-Rdgwd 4:28.2. 2-IHA :28.8. DMR-IHA 13:05.1. SHR-Dmrst 35.4. 2-RvrDII 35.7. 3-PascV 35.8. SP: J. Fazekas 46-7.75. K. Fazekas 44-6.25.

B: T-HH 86, SaddBk 66, Gln Rck 37, 800R-SB 1:52.2. 1600R-GR 4:15.4. 3200R-Wstwd 10:40.8. 6400R-GR 21:40.1. SMR-PsckHls 4:35.7. DMR-GR 12:02.4. SHR-HH 34.8. 2-SB 34.9.

EPPS, LEA BRING COLUMBIA 11TH STRAIGHT ESSEX TITLE

ESSEX CTY, Jan. 31, Seton Hall: Like the boys meet, this was a battle between long-time rivals with Columbia bringing home its 11th straight win, 76-62, with Courtney Epps and Raven Lea accounting for 36 of these points with 1-2 finishes in the distance races.

Epps set a MR of 5:15.09 in the 1600, when followed her teammate over the line in an 11:53.45 3200, both obviously saving their strength for Sunday's AG challenge.

The 55M was a hot duel with Shanda Jackson edging Jennifer Whitlock in a season's best of 7.16. Jennifer walked away with the 55H in 8.44.

T-Clnba 76, Mntcir 62, WstOrge 50. 55-Jackson 7.16. 2-Whitlock 7.22. 400-Clark, WO 1:00.99. 800-Miller, Scnce 2:28.84. 1600-Epps 5:15.09MR. 3200-Lea 11:53.45. 55H-Whitlock, Mntcr 8.44. HJ-O'Brien, Mntcr 5-2. 2-Drosdick, Vrna 5-2. 3-Peters, WO 5-2. SP-Hazle, Mntcr 35-10.5. 1600R-WO 4:10.78.

WILLINGBORO TAKES MILLROSE RELAY

MILLROSE GAMES, Feb. 1, MSG: Like the boys race, this was a come from behind effort with Halimah Bashir putting Willingboro in position and Okechi Ogbuokiri running a 57.2 anchor for what turned out to be an easy 4:01.11 victory. Trenton was 5th in 4:09.14.

DAVIS SETS 300, 600 RECORDS AT BCSL AMERICAN

BCSL AMERICAN, Feb. 1, NY Armory: Janine Davis of Queen of Peace stole the show here with a pair of county records in the 300M and 600M, both of them in the top five all-time in New Jersey.

The talented frosh, who was knocked out of the state meet by illness, ran 39.7 in the 300, 4th best ever (behind people like Wendy Vereen, Mikele Barber and Stephanie Saleem), and 1:36.6 in the 600, a time beaten only by Hazel Clark. Teammate Takara Wilks tied the MR of 7.1 in the 55, a record she shares with Carlene Cummings.

River Dell had a runaway team victory, led by Kathy McIlwain, who doubled the horizontal jumps at 15-2 ¾ and 31-3 ¾ and ran 3rd leg for the winning 1600R. Gr. II 1600 champ Julia Emanuel of Tenafly had a MR of 3:05.5 in the 1K.

T-RC 149, Tnfy 79, Dmnnt 63. 55-Wilks 7.1TR. 300-Davis 39.7MR. 2-Orimongunje, QP 40.9. 600-Davis 1:36.6MR. 2-Thomas, Wstwd :44.4. 3-Weinberg, Tnfy :44.8. 1K-Emanuel, Tnfy 3:05.5MR. 1600-D'Aco, WW 5:40.4. 3200-Adelson, Tnfy 12:20.3. 55H-May, Dmnt 8.9. HJ-Charussilapa, RD 4-8. PV-Rosenbaum, Tnfy 8-0MR. LJ-McIlwain 15-2.75. TJ-McIlwain 31-3.75. SP-Hask, RD 34-5.25. 1600R-RD 4:22.3. 3200R-RD 10:54.8.

JOHNSON, LONG WIN AT COLGATE FINALS, DOBSON: 8.31

COLGATE GAME FINALS, Feb. 2, MSG: Both NJ winners here came out of the middle school division, Iman Johnson of South Orange completing an undefeated record in the 55H in 8.64 and Tiana Long of New Brunswick taking the SP at 34-1 ¾. Jen Croghan of Nutley and Brittany Bynoe of Willingboro were 1-2 in the 1500 in 4:54.37 and 4:54.96.

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