

**THE PAWLOWSKI RELAYS**  
**Ridgewood High School Track**  
**BIG SCHOOLS**

**SATURDAY, APRIL, 6, 2002**  
**Ridgewood, New Jersey**

**TEAM TOTALS FOR GIRLS: 1-Middletown South 65. 2-Shaker 65. 3-Ridgewood 54.**  
**4-PCT 48. 5-Jackson 45. 6- Middletown North 44. 7-Paul VI 38. 8- IHA 31. 9-Pope John 28.**  
**10-Paramus 25. 11-Toms River South 20. 12-Fair Lawn 18.**

**TEAM TOTALS FOR BOYS**

**1-Union 95. 2-West Milford 70. 3-Shaker 68. 4-Don Bosco 67. 5-Ridgewood 60**  
**6-Middletown South 51.5. 7-Middletown North 30. 8-Pope John 29.5. 9-Fair Lawn 15.**  
**10-St. Joes. 6. 11-Martin Luther 3.**

**BOYS**

**4X100m** –1- Union (Gael Dorsainvil, Tariq Hill, Ron Booker, Ade Jones) 45.0. 2-Shaker, 45.7. 3-Fair Lawn, 48.1. 4-Middletown So., 49.5. 5-W. Milford, 50.3. 6-Martin Luther, 51.0.  
**4X200m** –1-Union (Gael Dorsainvil, Tariq Hill, Ron Booker, Phil Llave) 1:34.8. 2-Don Bosco, 1:35.4. 3-Pope John, 1:36.2. 4-Shaker, 1:36.9. 5-West Milford, 1:39.4. 6-Martin Luther, 1:42.5.  
**4X400m** –1-Shaker (Ray Garcia, Brian Woods, Saun Kippins, Kyle Northrop) 3:32.2. 2-Weest Milford, 3:39.8. 3-Pope John, 3:45.3. 4-Middletown North, 3:45.7. 5-Shaker, 3:46.8. 6-Union, 3:54.9.  
**4X800m** –1-Ridgewood(Greg Corcoran, Doug Sampson, Rodolfo Crispin, Chris Perez) 8:24.4. 2-Shaker, 8:25.0. 3-Middletown South, 8:50.8. 4-Union, 8:59.5. 5-Pope John, 9:59.2.  
**4X1600m** –1-W. Milford( Brendan Kenny, Dan Sullivan, Ryan Kenny, Dan Binde) 19:17.2. 2-Don Bosco, 19:28.2. 3-Pope John, 19:38. 4-Ridgewood, 19:50.3. 5-Middletown South, 19:50.8. 6-Shaker, 19:58.4.  
**Sprint Medley** –1-Union (Ian Wilson, Gael Dorsainvil, Ade Jones, Paul Silva) 4:43.0. 2-Don Bosco, 3:45.0. 3- Shaker, 3:50.8. 4-Don Bosco, 3:54.0. 5-West Milford, 3:59.1. 6-Middletown North, 4:05.5.  
**Distance Medley** –1-Don Bosco (Frank Dubbersby, Will Van Thunen, Matt Horestto, Jean Swift) 10:56.4. 2-Pope John, 11:16.7. 3-Shaker, 11:19.6. 4-Ridgewood, 11:33.8. 5-Middletown South, 11:34.3. 6-West Milford, 11:35.6.  
**4X110 HH** –1-Middletown South( Lomardy, Greeley, Dowens, Mencer) 1:05.9. 2-Union, 1:06.3. 3-W. Milford, 1:07.2. 4-Shaker, 1:07.8. 5- Middletown north, 1:10.2. 6-Don Bosco, 1:11.4.  
**3X400 IH** –1-West Milford (Matt Trudell, John Greenwald, Greg Weiss) 3:00.3. 2-Union, 3:04.7. 3-Ridgewood, 3:10.0. 4-Don Bosco, 3:11.4. 5-Middletown South, 3:11.5. 6- Shaker, 3:20.9.  
**3X Long Jump** –1-Union (Tariq Hill, Ron Booker, Andrey Prokopovich) 56' ½". 2-W. Milford, 54' 7". 3-Don Bosco, 50' 11". 4-Ridgewood, 49' 7 ½". 5-W. Milford, 48' 6". 6-Fair Lawn, 45' 7". 7-Middletown North, 32' 9".  
**3X Triple Jump** –1-Don Bosco (Jeff Sejour, Tyler Palumbo, Chris Scheider) 118' 7 ½". 2-Shaker, 112' 11 ½". 3-Ridgewood, 106' 1 ½". 4-Fair Lawn, 105' 4". 5-West Milford, 100' 11". 6-Union, 98' 6".  
**3X High Jump** –1-Shaker (Ward, Northogo, Hernandez) 17' 2". 2-Ridgewood, 17' 1". 2-Middletown South, 17' 1". 4- West Milford, 16' 11". 5- Union, 16' 9". 6- pope John, 15' 0".  
**3X Pole Vault** –1-Don Bosco (Schneider, MC Cormick, Englehardt) 31' 6". 2- Middletown north, 31'. 3-West Milford, 20' 6". 4- Ridgewood, 19' 6". 5- Shaker, 18' 6". Pope John, 9'. 6- Middletown South, 9'.  
**3X Shot Put** –1-Union (Devon Parchment, Chris Guirnalda, Erik Green) 134' 6". 2-Middletown North, 130' 6". 3-Ridgewood, 122' 6". 4-Middletown South, 118' 1 ½". 5-Middletown North, 112' 9". 6-West Milford, 112' 6".  
**3X Discus** –1-Union (Devon Parchment, Chris Guirnalda, Erik Green) 365' 10". 2-Ridgewood, 356' 1". 3-Middletown South, 354' 7". 4-West Milford, 350' 2". 5-Fair Lawn, 318' 9". 6-Middletown North, 314' 3".  
**3X Javelin** –1-Union (Josh Ellis, Mark Pastewski, Andrey Prokopovich) 413' 8". 2-Middletown South, 381' 10". 3-St Joes, 358' 2". 4-Middletown North, 357' 11". 5-Don Bosco, 357' 2". 6-West Milford, 355' 5".

**GIRLS**

**4X100m** –1-PCT (Andrea Herbert, Rosalind Cerat, Sonija Johnson, Yhounic Vassell) 51.2. 2-Paul VI, 51.7. 3-IHA, 53.5. 4-Ridgewood, 53.8. 5-Pope John, 54.2. 6-Shaker, 55.7  
**4X200m** –1 PCT (Andrea Herbert, Rosalind Cerat, Kahimah Liverman, Yhounic Vassell) 1:46.4. 2-Shaker, 1:50.0. 3-Jackson, 1:51.0. 4-Pope John, 1:52.8. 5-Fair Lawn, 1:56.9. 6-Parmaus, 1:57.3.

**4X400m** –1-PCT (Andrea Herbert, Rosalind Cerat, Kihimih Liverman, Yhounic Vassell) 4:15.3. 2-Middletown South, 4:21.8. 3-Toms River South, 4:23.3. 4-Pope John, 4:26.2. 5-Jackson, 4:27.2. 6-Ridgewood, 4:27.5.

**4X800m** –1-Toms River South (Chelsea Kendrick, Kelly Cannon, Allie Llopico, Jazzmon Morgan) 10:14.2. 2-Middletown North, 10:18.7. 3-Pope John, 10:35.9. 4-Shaker, 10:48.6. 5-Paul VI, 11:09.7. 6-Ridgewood, 11:25.6.

**4X1600m** –1-Shaker(Sheedy, Tibbitts, Bernarde, Snyder) 22:45.9. 2- Middletown South, 22:50.5. 3-Paramus, 23:10.8. 4-Paul VI, 23:20.1. 5-Pope John, 23:43.3. 6-Shaker, 23:53.0.

**Sprint Medley** –1-Ridgewood (Cait Fioochi, Trish McGowan, Holly Birnbaum, Chair Nowakowski) 4:28.1. 2-Jackson, 4:34.2. 3-Middletown South, 4:36.7. 4-Shaker, 4:36.9. 5-Middlwtown North, 4:37.6. 6-Toms River South, 4:44.9.

**Distance Medley** –1-Middletown South (Tina Morrison, Jess Morreale, Nicole Lombaroy, Jamie Liberti) 13:21.5. 2-Shaker 13:39.1. 3-Pope John, 13:49.9. 4-Paramus, 14:13.1. 5-Fair Lawn, 14:13.6. 6-Middletown South, 14:38.1.

**4X100 HH** –1-Shaker (M. Bernarde, E. Strohl, R. Mesick, Northrup) 1:13.2. 2-Ridgewood, 1:14.9. 3-Middletown South, 1:16.5. 4-PCT, 1:17.6. 5-Paramus, 1:17.1. 6-Middletown North, 1:22.7.

**3X400 IH** –1-Paul VI (Steph King, Katie Byerley, Nicole Burns) 3:47.2. 2-Middletown South, 3:50.8. 3-Paramus, 3:51.2. 4- IHA, 3:52.6. 5-Fair Lawn, 3:53.2. 6-Middletown North, 3:58.7.

**3X Long Jump** –1-Paul VI (Cheryl Scott, Kaite Byerley, Colleen Devlin) 43' 9 ½ ". 2-Jackson, 42' 8". IHA, 41' 3". 4-Fair lawn, 40' 7". 5-PCT, 40' 10". 6-Shaker, 39' 9 ½ ".

**3X Triple Jump** –1-PCT (Kahimah Liverman, Yhounic Vassell, Andrea Herbert) 103' 11". 2-Shaker, 93' 1 ½ ". 3-IHA, 88' 2". 4-Shaker, 86' 1". 5-Ridgewood, 84' 11". 6-Parmaus, 58' 11 ½ ".

**3X High Jump** –1- Middletown South, (Lindsay Dike, Emily Brown, Kolleen Mc Canley) 13' 8". 2-Ridgewood, 13' 6". 3- IHA, 13' 3". 4- Paramus, 13' 0". 5- PCT, 12' 9". 6- Shaker, 12' 6".

**3X Pole Vault** –1-Shaker (Murray, Demars, Sheehan) 14'. 2-Ridgewood, 13'. 3-Fair Lawn, 7'. 4- Paul VI, 6' 6". 5- Middletown North, 6'.

**3X Shot Put** –1-Middletown North (L. Chepanskas, J. Barakakos, C. Henn) 90' 2". 2-Jackson, 87' 7 ½ ". 3-Middletown South, 83' 10". 4-Ridgewood, 81' 6 ½ ". 5-Toms River South, 80' 3". 6-IHA, 75' ½ ".

**3X Discus** –1-Middletown North(Barakakos, Alleva, Henn) 240' 2". 2-Middletown South, 238' 1". 3-Jacksonm, 234'. 4-Ridgewood, 217'. 5-Fair Lawn, 201' 8". 6-Toms River South, 198' 4".

**3X Javelin** –1-Middlwtown north (Henn, Alleva, Kelly) 232' 4". 2-Middletown South, 232' 3". 3-Jackson, 224' 7". 4-Pope John, 217' 7". 5-IHA, 190'. 6-Ridgewood, 189' 6".

#### SOPHOMORE BOYS

**4X400m** –1-Union 4:02.9. 2-Fair Lawn, 4:06.8. 3-Ridgewood, 4:08.0. 4-Middletown North, 4:09.2. 5-W. Milford, 4:10.5. 6-Pope John, 4:11.9.

**4X800m** –1-Ridgewood, 8:51.1. 2-Shaker, 9:01.8. 3-Middletown North, 9:23.3. 4-Pope John, 9:46.2. 5-Middletown South, 10:01.6.

#### SOPHOMORE GIRLS

**4X400m** –1-Middletown South, 4:43.4. 2-IHA, 4:46.2. 3-Shaker, 4:48.6. 4-Pope John, 4:57.1. 5-Middletown North, 5:01.0. 6-Jackson, 5:03.2.

**4X800m** –1-Middletown South , 11:13.6. 2-Pope John, 11:44.3. 3-IHA, 12:24.0. 4-Shaker, 12:42.2. 5-Middletown North, 12:43.0. 6-

#### FROSH BOYS

**4X400m** –1-Ridgewood, 3:58.0. 2-Shaker, 4:00.2. 3-Don Bosco, 4:08.4. 4-Middletown North, 4:14.3. 5-Pope John, 4:19.3. 6-Shaker, 4:19.8.

**4X800m** –1-Don Bosco "B", 9:38.9. 2-Don Bosco "A", 9:4.3. 3-Middletown North, 9:49.8. 4-Pope John, 9:54.7. 5-Shaker, 10:07.2. 6-Don Bosco "C".

#### FROSH GIRLS

**4X400m** –1-Jackson 4:30.8. 2-Shaker 4:35.2. 3-IHA, 4:50.7. 4-PCt 4:55.1. 5-Paul VI, 4:58.2. 6-Shaker 5:06.2.

**4X800m** –1-Jackson, 10:54.7. 2-Shaker, 11:20.4. 3-Middletown South, 11:43.0. 4-Shaker, 11:50.4. 5-IHA, 12:35.1. 6-IHA "B", 12:35.8.