

## RIDGEWOOD WINTER GAMES I

AT ROTHMAN CENTER

## GIRLS

**55** - 1. Cassandra Vidal, Asbury Park, 7.3; 2. Quixana Johnson, 7.3; 3. Jessica Oravetz, Waldwick, 7.7; 4. Kathryn Anderson, Piscataway, 7.7; 5. Shavonna Moss, Passaic Tech, 7.7; 6. Adrienne Smith, Science, 8.2.

**55HH** - 1. Laura Conte, Wayne Valley, 9.2; 2. Kortni Lane, New Brunswick, 9.2; 3. Becky Gonzalez, Piscataway, 9.2; 4. Terry Lyp, Roselle Catholic, 9.3; 5. Jennifer Cosby, Roselle, 9.4; 6. Jazmine Fenlator, Wayne Valley, n.t.

**400** - 1. Latasha Dickson, Matawan, 62.1; 2. Michelle Losey, Piscataway, 62.9; 3. Alison Weinberg, Tenafly, 63.1; 4. Ayana West, Piscataway, 63.3; 5. Colene Cumberbatch, Piscataway, 64.4; 6. Jasmine Lyons, New Brunswick, 65.7.

**600** - 1. Latasha Dickson, Matawan, 1:44.0; 2. Asha Bailey, Science, 1:45.6; 3. Shaquila Beason, Kennedy, 1:46.1; 4. Awinna Martinez, Passaic, 1:47.1; 5. Yanirda Mejia, Passaic, 1:47.7; 6. Tanisha White, Orange, 1:53.3.

**1,600** - 1. Yanirda Mejia, Passaic, 5:42.7; 2. Awinna Martinez, Passaic, 5:44.1; 3. Cheyenne Ogletree, Garfield, 5:47.7; 4. Jacqui Carroll, Wayne Valley, 5:48.6; 5. Cate Kowalczyk, Waldwick, 5:54.4; 6. Terez Tala, Wallkill Valley, 6:06.9.

**1,600 relay** - 1. Passaic Tech (Shavonna Moss, Luz DeLian, Melissa Fabara, Lamecca Adams), 4:36.1; 2. Northern Valley/Old Tappan, 4:39.3; 3. Jackson, 4:39.7; 4. Asbury Park, 4:46.5; 5. Passaic Tech "B", 5:06.7; 6. Park Ridge, 5:12.2.

**3,200 relay** - 1. Wayne Valley (Katie Storbeck, Amy Cierech, Jacqui Carroll, Stephanie Herrick) 10:46.5; 2. Hackensack, 10:50.2; 3. Northern Valley/Old Tappan, 10:50.5; 4. Toms River East, 10:50.9; 5. Middletown North, 11:03.3.

## BOYS

**55** - 1. Sharly Azard, Roselle, 6.5; 2. Lamar Johnson, Rahway, 6.5; 3. Anthony Cinelli, Paramus Catholic, 6.6; 4. Patel Whyte, Hackensack, 6.7; 5. Derrick Wilborn, Passaic Tech, 6.7; 6. Joel Rivera, Hoboken, 6.8.

**55HH** - 1. Irving Stills, Trenton, 7.7; 2. Dave Lado, Ridgefield, 7.8; 3. Freddy Vanues, Trenton, 7.9; 4. Jean Gentil, Roselle, 7.9; 5. Calvin Rhodes, Trenton, 8.0; 6. Dan Oquendo, Hackensack, 8.1.

**400** - 1. Terry Jamison, Lincoln, 51.6; 2. Freddy Vanues, Trenton, 52.5; 3. Lamar Johnson, Rahway, 53.0; 4. Jeff Meyers, Perth Amboy, 53.2; 5. Daeshon Davidson, West Side, 53.5; 6. Justin Frazier, Paramus Catholic, 54.3.

**600** - 1. Calvin Rhodes, Trenton, 1:26.2; 2. Erison Hurtault, Matawan, 1:27.8; 3. Daeshon Davidson, West Side, 1:28.4; 4. Daniel Obaseki, St Francis Prep., 1:28.6; 5. Kester Stephens, Orange, 1:29.6; 6. Joseph Lalicata, St. Francis Prep., 1:30.1.

**1,600** - 1. John Smith, Matawan, 4:48.0; 2. Mike Burghoffer, Wallkill Valley, 4:52.3; 3. Sean Hurst, Matawan, 4:55.0; 4. Igor Kreymer, Fair Lawn, 5:01.4; 5. Steve Rothwell, NV/Old Tappan, 5:01.9; 6. Alex Wright, Wallkill Valley, 5:05.3.

**1,600 relay** - 1. Passaic Tech (Derrick Wilborn, Devron Singletary, Benjamin Harrison, Andrew Gauaege) 3:40.9; 2. Passaic, 3:41.6; 3. Matawan, 3:41.8; 4. Matawan B, 4:03.6; 5. NV/Old Tappan, 4:07.3.

**3,200 relay** - 1. Trenton, (Bell, Guinner, Subuto, Jones) 8:34.0; 2. Kennedy, 8:34.5; 3. Matawan, 8:51.6; 4. Hackensack, 8:51.6; 5. Trenton B, 8:53.2; 6. Roselle Catholic, 8:55.5.

# Conte gives Wayne Valley everything it can ask for

By PAUL SCHWARTZ  
STAFF WRITER

**HACKENSACK** - Every team needs a Laura Conte. But there aren't many around like her. That's to Wayne Valley's advantage, not only because the Indians' senior can compete in almost every indoor track and field event, but because her enthusiasm doesn't stop when she completes her event.



Laura Conte

"She just keeps coming," says Wayne Valley indoor coach Doug Flower. "She's so pumped up by team things, and she can do so many things."

Friday at the Ridgewood Winter Games I meet at Rothman Center, Conte limited her on-track leadership to winning the 55-meter hurdles and running a solid, though nonplacing 400-meter run. And since the meet was not team scoring, her enthusiastic support for her teammates in competition might have been a little more subdued than usual. But mention to

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her that track is not really a team sport as much as soccer is, and watch the steam come out of her ears.

"I hate when people say that," said Conte, who was honorable mention all-Northern Hills and all-Passaic County on the Indians' soccer squad. "It's certainly a team sport. If you're not putting everything into your practices or your teammates aren't doing as much as they can to get better, they're letting the team down. Everyone works hard, the coaching staff stays late nights working with us and they do so much for us, that we are working as a team all the time."

"If I mess up in any of my events, especially in a big meet, I'm letting my team down," Conte said. "We all feel that way."

Conte hit a hurdle and fell in the Northern Hills meet a week ago but got up and completed the race, finishing sixth. Friday, teammate Jazmine Fenlator fell in the same final that Conte won, but got up and finished sixth, well behind the other five hurdlers.

"We're not going to quit, even when something goes wrong," said Conte. "Jazmine and I figure now we each have our fall in the final and that's it for the year."

Conte, who is a two-time all-Passaic selection outdoors in the long jump, has done every running event through the 800 and calls the high jump her favorite event.

"It's relaxed because you can be at the event for a long time as the bar goes up a few inches at a time, but then when it's your turn, it's so intense because it's just you and the bar," said Conte. "It's more challenging that way."

And her least favorite event is the 400. "I think I could run that event a million times and never do as well as I think I should," she said. "Especially in the relay part. I think too much because I don't want to let anyone down."

"She's a great kid to have around," said Flower. "She's a leader, she's our captain, and she's so enthusiastic about everything. I know if I need something done, I just have to ask Laura and it'll be taken care of."

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