

**THE PAWLOWSKI RELAYS (AM)
Ridgewood High School Track**

**SATURDAY, APRIL, 5, 2003
Ridgewood, New Jersey**

BOYS

Team Score: DonBosco-104, Ridgewood-89, 3-Union-54, 4-Cranford-51, 5-BergenTech-43. 6-Holmdel-30. 7-Memorial-25. 8-Irvington-22. 9-FairLawn-20. 10-PassaicValley-11. 11-Paramus-10. 12-ShorhamWadingRiver-8. 13-HudsonCatholic-5. 14-NorthBergen-3.

4X100m: 1-Bergen Tech (Kwasi Mendoza, Jon Reid, Justyn Davis, Andrew Drysdale), 45.3. 2-Don bosco Prep, 45.4. 3-Shorham, 46.7. 4-Irvington, 46.7. 5-Cranford, 46.8. 6-Memorial, 46.8.

4X200m: 1-Bergen Tech(Mendoza, Drysdale, Davis, Reid) 1:33.4. 2-Union, 1:36.1 3-Irvington, 1:36.4. 4-Bergen Tech, 1:37.8. 5- Cranford, 1:40.4. 6-Paramus, 1:41.0

4X400m: 1- Bergen Tech, 3:33.5. 2-Don Bosco, 3:35.3. 3-Ridgewood, 3:38.4. 4-Paramus, 3:45.9. 5-Irvington, 3:50.4. 6-Passaic Valley, 3:53.1.

4X800m: 1-Don Bosco (Brent Napolen, Pete Gerboth, Alex Wechsler, Sean Swift) 8:32.4. 2-Ridgewood, 8:40.6. 3-Cranford, 9:00.4. 4-Holmdel, 9:23.4. 5-Passaic Valley, 9:37.7 6-North Bergen, 9:48.4.

4X1600m: 1-Cranford (Ryan McMahan, Kevin Brown, Steve Swan, ?) 19:12.6. 2-Ridgewood, 19:21.3. 3-Memorial "A", 19:46.2. 4-Bergen Tech , 20:38.9. 5-Don Bosco, 20:55.9. 6-Memorial"B" 21:03.3.

Sprint Medley: 1-Don Bosco(Michael Ray Garvin, Tim Byrne, Eric Titu, Sean Swift) 3:46.3. 2-Bergen Tech, 3:57.3. 3-Passaic Valley, 4:01.4. 4-Cranford, 4:02.3. 5-N. Bergen, 4:02.5. 6-Union, 4:10.8.

Distance Medley: 1-Cranford (Clinton, Styler, Lordan, Flanagan) 11:22.4. 2-Don Bosco, 11:24.0. 3-Holmdel, 12:06.1. 4-Paramus, 12:17.6. 5-Union, 12:49. 6- Bergen Tech, 13:10.2.

4X110 HH: 1-Union (Chris Haley, Ian Wilson, Mark Axelrod, William Cox) 1:06.7. 2- Don Bosco, 1:08.8. 3-Memorial, 1:13.0. 4-Ridgewood, 1:16.8.

3X400 IH: 1-Ridgewood, (Corcoran, Willaims, Yeaw) 3:10.9. 2-Don Bosco, 3:11.8. 3-Cranford, 3:21.3. 4-Union, 3:21.1.

3X Long Jump: 1-Don Bosco(Tyler Palumbo, Tom Mc Cormick, Tim Byrne) 57' 1 1/2 ". 2-Union, 55' 6 1/2 ". 3-Ridgewood, 52' 7". 4-Irvington, 52' 4 1/2 ". 5-Holmdel, 51' 5". 6-Cranford, 44' 9".

3X Triple Jump: 1-Ridgewood,(Bennard Mann, Gabe Koutson, Kaishaw Wanchoo) 113' 8 1/2 ". 2-Holmdel, 10' 9 1/2 ". 3- Don Bosco, 78' 9".

3X High Jump: 1-Cranford, 16'. 2-Memorial, 15'6". 3-Irvington, 15'6". 4-Union, 11'2". 5-Shorham, 10'6". (Best Jump of the Day, 6'2" - Bernard Mann, Ridgewood & Chris Haloy, Union)

3X Pole Vault: 1-Don Bosco(Murphy, Scheider, mc Cormick) 29' 6". 2-Fair Lawn, 16'. 3- Ridgewood, 9'.

3X Shot Put: 1-Ridgewood (Wolfstirn, Mencer, Kovach) 117' 11". 2-Don Bosco, 111' 1". 3-Fair Lawn, 110' 9". 4- Union, 109' 2". 5- Hudson Cath., 108' 3". 6-Passaic Valley, 107' 9".

3X Discus: 1-Ridgewood(Chris Wolfstirn Brian Mercer, Neal Kovach) 319' 1". 2-Don Bosco, 315' 0". 3-Fair Lawn, 30' 2". 4-Holmdel, 305' 9". 5- Union, 299'. 6-Hudson Cath., 292' 9".

3X Javelin: 1-Ridgewood,(Adam Whitelaw, Anthony Halwagy, Steve Pierce) 393' 5". 2-Union, 383'. 3-Holmdell, 344'10". 4-Memorial, 334' 4". 5-Hudson Cath., 273' 9". 6-Passaic Valley, 268' 9".

GIRLS

Team Score: 1-Holmdel-88. 2-Ridgewood-83. 3-ShorehamWadingRiver-68. 4-Memorial-35. 5-Cranford-33. 6-Garfield-31. 7-Paramus-30. 8-NorthBergen-30. 9-FairLawn-19. 10-PassaicValley-18. 11-BergenTech-17. 12-Irvington-5. 13-OldTappan-2.

4X100m: 1-Ridgewood(Kreja, Caldwell, Carrie, McGowen) 52.5. 2-Holmdel, 54.8. 3-Shorehame Wading River, 55.8. 4-Memorial, 56.4. 5-Ridgewood, 56.7. 6-Irvington, 57.8.

4X200m: 1- Ridgewood,(Kreja, Palacios, Carri, Mc Gowan) 1:53.8. 2- Shoreham Wading River, 1:56.5. 3-Passaic Valley, 1:58.6. 4-Holmdel, 2:00.9. 5-Cranford, 2:01.6. 6-Irvington, 2:05.7.

4X400m: 1-Holmdel, 4:30.0. 2-Ridgewood, 4:31.2. 3-Bergen Tech, 4:32.6. 4-Passaic Valley, 4:42.2. 5-Cranford, 4:48.0. 6-Irvington, 4:58.4.

4X800m: 1-Fair Lawn (Beth napoda,Lavra Kaplan, Vicki Salma, Elina Ploskin) 10:32.9. 2-Ridgewood, 10:41.2. 3-Cranford, 11:17.3. 4-Holmdel, 11:17.5. 5-Garfield, 11:19.9. 6- Bergen Tech, 11:29.9.

4X1600m: 1-Shoreham Wading River (Jessica Rockford, Erin Hays, Emily O'Hays, Toni Lynn Salucci) 23:05.0. 2-Paramus, 24:24.7. 3-Cranford, 24:39.8., 4- Ridgewood, 26:25.0.

Sprint Medley:1-Shoreham Wading River (Katie Betz, Jessica Picha, Jessica Rockford, Toni Lynn Salucci) 4:32.5. 2-Holmdel, 4:42.4. 3-Bergen Tech, 4:43.7. 4-Cranford, 4:46.1. 5-Ridgewood, 4:53.7. 6-Garfield, 5:00.7.

Distance Medley:1-Holmdel (Wang, Pan, Rodriguez, Picascia) 13:59.6. 2-Paramus, 14:27.7. 3-Ridgewood, 14:37.7. 4-Shoreham Wading River, 14:44.5.

4X100 HH:1-Cranford (Mrystelle Manuyag, Terri Van Horn, Jiu Humphries, Jen Nist) 1:12.3. 2-Ridgewood, 1:14.2. 3-Memorial, 1:15.3. 4-Paramus, 1:19.3. 5-North Bergen, 1:19.7.

3X400 IH:1-Shoreham Wading River,(Dicha, Salucci, Hays) 3:34.1. 2-Holmdel, 3:43.5. 3-N. Bergen, 4:05.4. 4- Memorial, 4:40.4.

3X Long Jump:1-Ridgewood (McGowan, Krejsa, O'Neill) 42' 1 1/2". 2-Holmdel, 41' 0". 3-Garfield, 40' 4-N. Bergen, 39' 8". 5-Cranford, 34' 9". 6-Irvington, 33' 3 1/4".

3X Triple Jump:1-Garfield (Kay Luke, Shanelle Cross, Brittany Brooks) 93'. 2-Holmdel, 87' 4".

3X High Jump:1-Paramus Setless, Cody, Walker) 13' 9". 2-SWR, 13' 7". Ridgewood, 13' 3". 4- Passaic Valley, 12'. 5- N> Bergen, 8' 6". 6-Ridgewood, 4' 0". (Best Jump+ 5'4", Biscardi, Shorham Wading R.)

3X Pole Vault:1- Ridgewood (O'Neil, Borgman) 15'. 2- Fair Lawn 6' 6".

3X Shot Put:1-Imemorial (Janire Lebron, Alexis Demby, Jenn Cabrera) 92' 10 1/2". 2-Shoreham Wading River, 80' 4". 3- N. Bergen, 77' 11". 4-Garfield, 73' 1". 5-Holmdel, 71' 9". 6-Ridgewood, 70' 9".

3X Discus:1-Memorial 230.6. 2-Holmdel, 215' 6". 3-N. Bergen, 198' 10". 4-SWR, 188' 1". 5- Bergen Tech, 170' 1". 6- Fairlawn, 168' 3".

3X Javelin:1-Holmdel (Hoffman, Ho, Ronan) 222' 6". 2-Garfield, 206' 8". 3-N. Bergen, 192'. 4-Passaic Valley, 183' 1". 5-Bergen Tech, 182' 8". 6- Memorial, 180' 5".

SOPHOMORE BOYS

4X400m:1-Bergen Tech, (Dew, King, Bonsu, Anderson) 3:57.6. 2-SWR, 4:20.9. 3-paramus, 4:22.4. 4-Ridgewood, 4:29.2.

4X800m:1-Cranford,(Thompson, Gerrit, Millar, Meliahik) 9:13.4. 2-Hudson Cath., 9:57.6. 3-Memorial, 10:09.1. 4-Shoreham Wading River, 10:18.4. 5-Ridgewood, 10:39.8. 6-Bergen Tech., 10:50.6.

SOPHOMORE GIRLS

4X400m:

4X800m:1-Paramus (O'Brien, Pelican, Setless, Aghajani-Menar) 12:06.6.

FROSH BOYS

4X400m:1-Ridgewood(Eator, Pierce, Clementi, Williams) 4:02.2. 2-Passaic Valley, 4:33.2. 3-Ridgewood, 4:41.5.

4X800m:1-Ridgewood,(Cator, Pierce, Magrath, Willaims) 9:27.9. 2-Paramus, 10:07.2. 3-Passaic Valley, 10:37.7. 4- Hudson Cath., 10:59.3. 5-Paramus, 11:25.7.

FROSH GIRLS

4X400m:1-Passaic Valley (Desimone, Stratford, Youssuf,Crocco) 4:51.7. 2-Shoreham Wading River, 5:11.7. 3-Ridgewood, 5:28.2. 4-SWR, 5:46.9.

4X800m:1-Passaic Valley (Stratford, Kuepfer, DeSimone, Kostenko) 11:49.9. 2-Ridgewood, 11:52.4. 3-Memorial, 12:45.5. 4-Shoreham Wading River, 13:17.6.

**THE PAWLOWSKI RELAYS (PM)
Ridgewood High School Track**

**SATURDAY, APRIL, 5, 2003
Ridgewood, New Jersey**

BOYS

Team Score: 1-Cresskill-72. 2-Leonia-61. 3-NewMilford-53. 4-DePaul-51. 5-Summit-45. 6-PascackHills-44. 7-Manchester-39. 8-NorthArlington-34. 9-Caldwell-32. 10-MidlandPark. 11-Verona-8. 12-GlenRidge-6.

4X100m: 1-Cresskill (Justin Arak, Robert Kim, Phil Savetires, Greg Vadala) 47.5. 1-Leonia, (Gyuh Cho, Andy Lim Anthony Schiavello, Sean Connell) 47.5. 3-MRHS, 47.5. 4-New Milford, 47.7. 5-DePaul, 48.3. 6-Manchester, 50.5.

4X200m: 1-Summit (Dwayne Reid, Steve Kohvt, Justin Stymacks, Dwight Reid) 1:33.2. 2-Manchester, 1:38.5. 3-DePaul, 1:39.4. 4-New Milford, 1:39.8. 5-Pascack Hills, 1:40.6. 6-Midland Pk., 1:42.1.

4X400m: 1-Summit (Reid, Reid, Stimacks, Webster) 3:34.9. 2-Manchester, 3:46.3. 3-Pascack Hills, 3:47.8. 4-new Milford, 3:48.3. 5-Midland Park, 3:53.3. 6- Cresskill, 3:54.4

4X800m: 1-Midland Park(Chris Gregory, Tom Finnerty, Jimmy Walker, Pat McKeever) 8:55.1. 2-Pascack Hills, 8:57.6. 3-New Milford, 9:03.9. 4-Caldwell, 9:07.4. 5-Manchester, 9:24.4. 6-DePaul, 9:29.8

4X1600m: 1-Leonia(Russell Green, Declan O'Donnell, Rafael Abreau, Andres Acosta) 20:42.9. 2-Cresskill, 21:31.5. 3-Verona, 21:44.2.

Sprint Medley 1-Summit (Justin Stumacks, Dwight Reid, Dwayne Reid, David Webster) 3:45.1. 2-Manchester, 3:56.6. 3-DePaul, 3:59.0. 4-Cresskill, 4:01.3. 5-Caldwell, 4:04.3. 6-Midland Pk, 4:06.4.

Distance Medley: 1-Leonia, 11:48.3. 2-Midland Pk, 11:52.0. 3-Glen Ridge, 12:14.1. 4-N. Arlington, 12:44.1. 5-Cresskill, 12:58.4. 6-DePaul, 13:04.9.

4X110 HH: 1-Leonia(Sean Connell, Jason Sim, Frank Carillo, Andy Lim) 1:07.6. 2-Pascack Hills, 1:12.4. 3-Cresskill, 1:14.1.

3X400 IH: 1-Cresskill, 3:07.6. 2-Pascack Hills, 3:11.0. 3-New Milford, 3:14.0. 4-Leonia, 3:21.3. 5-Verona, 3:27.1. 6-DePaul, 3:27.4.

3X Long Jump: 1-DePaul (Val Sisti, Ethan Ruffel, Mike Ponte) 58' 6". 2-Leonia, 52' 3 1/2 ". 3-Summit, 52' 1 1/2 ". 4-Cresskill, 51' 8". 5- Pascack Hills, 49' 9 1/2". 6-N. Arlington, 46' 0".

3X Triple Jump: 1-Pascack Hills (Kang, Fontana, Hartel) 114' 3". 2-New Milford, 111' 11". 3-Leonia, 111' 5 1/2". 4-Creskill, 101' 1/2". 5-Manchester, 99' 5". 6-Midland Pk, 92' 11 1/2".

3X High Jump: 1-Cresskill (Becaj, Nelson, Cubbimo) 16' 3". 2-Summit, 10' 6". 3- Cresskill "B", 5' 3". 4-N. Arlington, 5'0".

3X Pole Vault: 1-New Milford, 28' 6". 2- N. Arlington, 10'. 3-Cresskill, 9'. 4- Leonia, 8'.

3X Shot Put: 1-Caldwell, 121' 8". 2-DePaul, 116' 4". 3-Cresskill, 110' 11". 4-New Milford, 108' 10". 5-Manchester, 106' 4". 6-N. Arlington, 100' 6".

3X Discus: DePaul (Jason Jamison, Chris Whitelom, Dave Zoppo) 345' 2" 2- Caldwell, 316' 1". 3-New Milford, 315' 11". 4-N. Arlington, 292' 11". 5-Cresskill, 288' 11". 6-Manchester, 278' 7".

3X Javelin: 1-N. Arlington, 403' 4". 2-Caldwell, 351' 8". 3-DePaul, 351' 4". 4-Midland Pk, 349' 5". 5-Manchester, 337'. 6- New Milford, 333'1".

GIRLS

Team Score: 1-Verona-102. 2-Caldwell-60. 3-NewMilford-50. 4-Summit-46. 5-Pequannock-45. 6-PascackHills. 7-MidlandPark-34. 8-DePaul-27. 9-NorthArlington-25. 10-GlenRidge-13. 11-Leonia-11. 12-St.Vincents-7. 13-HudsonSchool-6, 14-MartinLuther-1. 15-Manchester-1.

4X100m: 1-Caldwell(Jenna Sodano, Christina Table, Nicole Donadio, Jen Kinsey) 54.8. 2-Verona, 55.3. 3-DePaul, 55.9. 4-St. Vincent, 58.6. 4-New Milford, 58.6. 6-Martin Luther, 60.7.

4X200m: 1-Caldwell(Jen Kinsey, Jenna Sodano, Nicole Donadio, Jen Urcioli) 1:54.2. 2-DePaul, 1:57.5. 3-Verona, 1:58.0. 4-Pascack Hills, 2:01.4. 5-Leonia, 2:02.6. 6-New Milford, 2:06.5.

4X400m: 1-Caldwell(Krone, Weiner, Natoli, Uruoli) 4:40.6. 2-Leonia, 4:57.1. 3-Hudson School, 5:11.0. 4-N. Arlington, 5:16.4.

4X800m: 1-Verona(Jenn Bulger, Cate Wash, Kelly Farawell, Jess Farawell) 10:33.0. 2-Summit, 10:55.2. 3-Pequannock, 11:46.2. 4-New Milford, 12:00.8. 5-DePaul, 12:12.5. 6-Manchester, 13:27.4.

4X1600m: 1-Verona (Jessica Farawell, Desi Symons, Kelly Farawell, Cate Walsh) 23:50.9. 2-Pequannock, 27:20.5. 3-N.Arlington, 28:05.4. 4-St. Vincents, 28:31.2.

Sprint Medley: 1-Midland Pk.(Shannon Alston, Tracy Dzirbinsky, Liza Offreda, Amy VanAlstine) 4:31.8. 2-Summit, 4:35.6. 3-Caldwell, 4:36.4. 4-Pascack Hills, 4:45.1. 5-Verona, 4:49.1. 6- DePaul, 5:03.3.

Distance Medley: 1-Midland Pk, 14:10.3. 2-Verona, 14:00.6. 3-Glen Ridge, 14:37.1. 4-Caldwell, 14:41.5. 5-Pequannock, 15:22.9. 6-New Milford, 15:29.6.

4X100 HH: 1-Verona (Rachel Drosdick, Jacqui Calabrese, Toni Mahotierre, Dianna Anderson) 1:10.2. 2-New Milford, 1:17.6. 3-Pascack Hills, 1:17.7. 4-Pequannock, 1:19. 5- DePaul, 1:19.3. 6-Glen Ridge, 1:20.5.

3X400 IH: 1-Verona, 3:52.5. 2-Midland park, 4:06.4. 3-N. Arlington, 4:08.8. 4-DePaul, 4:13.4. 5-Pequannock, 4:15.2.

3X Long Jump: 1-Caldwell, 41' 4 1/2". 2-Pascack Hills, 41'4". 3-Glen Ridge, 39' 5 1/2". 4-Pequannock, 38' 6". 5-Verona, 37' 3". 6-New Milford, 35' 9 1/2".

3X Triple Jump: 1-New Milford(Daiana Sita, Yasmine Ortiz, Laura Schulette) 86' 9". 2-Verona, 80' 7 1/2 ". 3-N. Arlington, 78' 11 1/2 ".

3X High Jump: 1-Caldwell, 13' 6". 2- Verona, 13' 0". 3-Pascack Hills, 12' 6". 4- Midland Pk, 12' 6". 5-Summit, 12' 3". 6- Pequannock, 12' 0".

3X Pole Vault: 1-Verona (Emily Hand, Leah Reid, Laura Passage) 14' 6".

3X Shot Put: 1-Summit, (Patrice Chapman, Amy Sekulic, Ashley Holmes) 87' 8". 2-Pequannock, 87' 5". 3-New Milford 80' 1". 4-Verona, 78' 6 1/2 ". 5-N. Arlington, 76' 10". 6-Pascack Hills, 75' 2".

3X Discus: 1-Summit, 239'6". 2-Pascack Hills, 234'10". 3-New Milford, 233'3". 4-Pequannock, 231'8". 5-DePaul Catholic, 226'6". 6-North Arlington, 219'11". (Best Throw= 111'2", Ashley Holmes, Summit)

3X Javelin: 1-New Milford, 239' 4". 2-Summit, 232' 6". 3-Pequannock, 230' 9". 4-Verona, 206' 2". 5-DePaul, 174' 11". 6- Leonia, 166' 8".

SOPHOMORE BOYS

4X400m: New Milford (Colasvndo, Meza, McCann, Andia) 4:03.2.

4X800m: none

SOPHOMORE GIRLS

4X400m: none

4X800m: none

FROSH BOYS

4X400m: New Milford (Bautista, wright, Diaz, Muthr) 4:09.9. 2-Leonia, 4:12.6. 3-Manchester, 4:27.9. 4-Glen Ridge, 4:31.6. 5-Caldwell, 4:35.2. 6-Verona, 4:36.5.

4X800m: 1-Caldwell (Steinart, Antoniezlo, Caterina, Carione) 10:38.5. 2-New Milford, 10:39.8. 3-Caldwell "B", 11:24.7.

FROSH GIRLS

4X400m: 1-Caldwell(Everett, Shaw, Enchelmaier, Lim) 4:56.9. 2-Verona, 5:06.9. 3-Pequannock, 5:11.9. 4-Leonia, 5:24.3.

4X800m: 1-Caldwell (Everett, Lim, Enchelmaier, Krone) 11:25.9. 2- Leonia, 13:04.0.