

THE ARMORY FROSH-NOVICE MEET Monday, January 24, 2005

102nd Engineers Armory

168th Street and Fort Washington Avenue, New York City

GIRLS

Novice

55m: 1-Tara Downing, Pope John, 7.6. 2-Destina Lamper, Teaneck, 7.6. 3-Lauren Griffith, Northern Highlands, 7.7. 4-Clarke, Hackensack, 7.7. 5-Kim Law, Ridge, 7.9.

55HH: 1-Marissa Gamble, Hasbrouck Heights, 9.7. 2-Cory D'Amato, Hasbrouck Heights, 9.8. 3-Erin Palin, Northern Highlands, 10.0. 4-Nicole Weingartner, Hasbrouck Heights, 10.0. 5-Tayna Clarke, Hackensack, 10.0.

200m: 1-Tara Downing, Pope John, 28.0. 2-Katie O'Connell, Paramus Catholic, 28.5. 3-Destina Lamper, Teaneck, 28.5. 4-(tie) Caitlin Meehan, Pope John, Jay Sheree Allen, New Rochelle, & Cynthia Fong, Byram Hills, 29.9.

400m: 1-Cynthia Fong, Byram Hills, 67.1. 2-(tie) Sara Allen, Ridge & N'tia Rhodes, Farmingdale, 68.3. 4-Lauren Griffith, No. Highlands, 69.0. 5-Cory D'Amato, Hasbrouck Heights, 69.8.

800m: 1-Alex Bush, Pope John, 2:32.7. 2-Jennifer Arocha, Kearny, 2:36.2. 3-Kristen Connolly, Farmingdale, 2:40.4. 4-Krystal Rodriguez, Hudson County, 2:40.2. 5-Sharon Davidi, Fair Lawn, 2:40.3.

1600m: 1-Denise Arauja, Kearny, 5:36.5. 2-Krystal Rodriguez, Hudson County Prep, 5:46.8. 3-Carlin Keil, Wayne Valley, 6:00.6. 4-Kristen Connolly, Farmingdale, 6:03.6. 5-Kris Martimucci, Byram Hills, 6:04.4.

3200m: 1-Jennifer Arocha, Kearny, 12:11.5. 2-Joan Buck, New Rochelle, 13:26.6. 3-Jess Tejitzan, Old Tappan, 13:31.4. 4-Deborah William, New Rochelle, 13:47.1. 5-Diana Ceneus, New Rochelle, 13:59.8.

Shot: 1-Lourdes Bernabe, Belleville, 29-1 ½. 2-Nneoma Grey-Nwamoro, New Rochelle, 28-11. 3-Katey Prete, Byram, 28-10 ½. 4-Danielle Kedzierski, Waldwick, 28-4 ¼. 5-Julia Fiuk, Paramus, 27-10 ½.

High Jump: 1-Zevenia Dennis, Teaneck, 4-8. 2-Sara Allen, Ridge, 4-6. 3-Liz Lemasters, Pope John, 4-4. 4-(tie) Gabrielle Tracey, Mahwah & Melissa LoBue, Wayne Valley, 4-2.

Long Jump: 1-N'tia Rhodes, Farmingdale, 14-4 ¼. 2-Marissa Gamble, Hasbrouck Heights, 14- ½. 3-Tameeha Cooper, New Rochelle, 14-0. 4-Tayna Clarke, Hackensack, 13-8 ½. 5-Liz Harrigan, Ursulinn, 13-6.

Triple Jump: 1-N'tia Rhodes, Farmingdale, 31-8. 2-Cory D'Amato, Hasbrouck Heights, 30-8 ½. 3-Nneoma Okey-Nwamara, New Rochelle, 30-8. 4-Lacresha Simpson, New Rochelle, 29-11 ½. 5-Shakira Fruso, Ursuline, 29-2 ½.

Pole Vault: 1-Val Keane, Wayne Valley, 7-0.

4X800r: 1-Ursuline (Harrigan, Joycu, Murphy, Halligan), 10:20.6. 2-New Rochelle, 10:32.0. 3-Ursuline "B", 10:34.2. 4-Byram Hills, 10:36.6. 5-Belleville, 11:11.0.

4X400r: 1-Byram Hills (Fong, Ryan, Meng, Fier), 4:31.7. 2-Pope John, 4:45.4. 3-Belleville, 4:48.2. 4-Waldwick, 4:54.2. 5-Teaneck, 5:01.1.

Frosh

55m: 1-Chanti Howard, Passaic County Tech, 7.6. 2-Josefine Kuist, Ridge, 7.6. 3-Amy Salek, Ramapo, 8.0. 4-Brittany Caldwell, Teaneck, 8.1. 5-Amanda Duggan, Waldwick, 8.0.

55HH: 1-Evana Edwards, Hackensack, 9.5. 2-Tara Macula, River Dell, 10.0. 3-Emily Reichbach, Old Tappan, 10.5. 4-Caitlin Gollan, Northern Highlands, 10.7. 5-Kirsten Spafford, Old Tappan, 10.7.

200m: 1-Amy Salek, Ramapo, 28.0. 2-Dominique Adamo, Ramsey, 28.4. 3-Evana Edwards, Hackensack, 28.8. 4-Chanel Cohen, New Rochelle, 29.3. 5-(tie) Amanda Duggan, Waldwick, Colleen Sullivan, Ramapo, & Tameeka Cooper, 29.9.

400m: 1-Josefine Kuist, Ridge, 63.1. 2-Kat Baselice, Holy Angels, 67.3. 3-Danielle Caminnci, Teaneck, 68.2. 4-Jessica Youmars, Waldwick, 1:09.0. 5-Stephanie Gibney, Holy Angels, 1:10.0.

800m: 1-Meghan Brown, Ursuline, 2:23.2. 2-Nicole Williams, Kearny, 2:38.7. 3-Mara Flannery, Green Meadow, 2:39.4. 4-Havia Kadova, Wayne Hills, 2:42.5. 5-Katie Nestor, Northern Highlands, 2:46.3.

1600m: 1-Kaya Ten-Pow, New Rochelle, 5:51.1. 2-Tyeasha Sauage, New Rochelle, 5:55.7. 3-Nicole Schiavone, Holy Angels, 5:58.8. 4-Ketia Joliecoeur, New Rochelle, 6:04.2. 5-Flavia Vaduva, Wayne Hills, 6:04.7.

3200m: 1-Nicole Schiavone, Holy Angels, 13:00.4. 2-Angela Vulien, New Rochelle, 13:26.0. 3-Ketia Joliecoeur, New Rochelle, 13:34.8. 4-Katie Wiking, Farmingdale, 13:48.8. 5-Allison Gadaleta, Holy Angels, 13:56.4.

Shot: 1-Allison Hogan, Belleville, 25-1 ½. 2-Kim Hartman, River Dell, 24-1 ½. 3-Natalie Garvin, Wood-Ridge, 19-11. 4-Maria Bravo, Wood-Ridge, 15-2 ½.

High Jump: 1-Leigh Marville, New Rochelle, 4-6. 2-Kirsten Spofford, Old Tappan, 4-6. 3-Emily Reichbach, Old Tappan, 4-2. 4-(tie) Erin Van Der Have, Holy Angels & Shannon Brown, Ursuline, 4-2.

Long Jump: 1-Josefine Kuist, Ridge, 15-5. 2-Evana Edwards, Hackensack, 13-8. 3-Chanti Howard, Passaic County Tech, 13-6. 4-Aisha Chisolm, New Rochelle, 13- ½. 5-Nataliya Seryakova, Wayne Hills, 12-9.

Triple Jump: 1-Shannah Brown, Ursuline, 29-0. 2-Caitlyn Gollan, No. Highlands, 29-0. 3-Chichi Okey-Nwamara, New Rochelle, 27-9. 4-Christina Ramos-Gary, Teaneck, 25-7. 4-

Pole Vault: 1-Adwoa Hanson, New Rochelle, 7-0. 2-Julie Trapini, River Dell, 6-0.

4X800r: 1-Ursuline (Sullivan, Brown, Francis, Brown), 11:03.4. 2-Northern Highlands, 11:18.3. 3-New Rochelle, 11:36.2. 4-Hasbrouck Heights, 12:12.3. 5-New Rochelle "B", 12:26.3.

4X400r: 1-Holy Angels (Nicolini, Gibney, Have, Baselice), 4:48.0. 2-Passaic County Tech, 5:07.9. 3-River Dell, 5:10.6.

THE ARMORY FROSH-NOVICE MEET Monday, January 24, 2005

102nd Engineers Armory

168th Street and Fort Washington Avenue, New York City

BOYS

Novice

55m: 1-Charles Ross, Farmingdale, 6.5. 2-Steven Sprofera, Paramus, 6.9. 3-Bananahere, Hackensack, 6.9. 4-Otchere, Hackensack, 6.9. 5-Mike Souza, Passaic Valley, 6.9.

55HH: 1-James Williams, Teaneck, 8.4. 2-Shamar Jackson, Ridgefield, 8.8. 3-Manny Lewis, Farmingdale, 8.8. 4-Markus Guest, Paramus Catholic, 8.9. 5-Terence Quinn, Pope John, 9.0.

200m: 1-Charles Ross, Farmingdale, 23.1. 2-Billy-Allen Gordon, Farmingdale, 23.2. 3-Marcus Guest, Paramus Catholic, 24.3. 4-Mike Souza, Passaic Valley, 24.5. 5-(tie) James Gilson, Don Bosco & Yanut Lopey, Kearny, 24.6.

400m: 1-Billy-Allen Gordon, Farmingdale, 52.0. 2-Chris Seijo, Hasbrouck Heights, 52.6. 3-Andrew Perdeu, Park Ridge, 54.4. 4-Brandon Campbell, Don Bosco, 55.4. 5-Jeff Deitel, Farmingdale, 55.8.

800m: 1-Sam Dozor, Byram Hills, 2:07.4. 2-Adam Waksman, Byram Hills, 2:08.3. 3-Itse Begho, Collegiate, 2:10.5. 4-Phil Cawkwell, Byram Hills, 2:11.4. 5-Matt Pezzulo, Pope John, 2:11.9.

1600m: 1-Colin Mc Cullough, Don Bosco, 4:49.6. 2-Phil Cawkwell, Byram Hills, 4:50.1. 3-Clay Smith, Pope John, 4:52.2. 4-Kevin Heaney, Bergen Catholic, 4:59.0. 5-Mike Biancorosso, Park Ridge, 5:00.3.

3200m: 1-Brian Reis, Kearny, 10:17.3. 2-Tom Roy, Pope John, 10:23.0. 3-Michael Landi, Farmingdale, 10:39.9. 4-Danny Lozano, Memorial, 10:41.8. 5-Miguel Amaya, Memorial, 10:42.6.

Shot: 1-Omar Marshal, Ridgefield, 39-9 ½. 2-Zach Shapiro, River Dell, 39-7 ½. 3-Tom Yanuzzi, Belleville, 38-4 ½. 4-Harold Quintana, Kearny, 38-1 ½. 5-Tim Lynott, Pope John, 38-0.

High Jump: 1-Omar Aquinn, Collegiate, 5-10. 2-Shavar Watson, South Shore, 5-8. 3-Satch Viuenzic, Pope John, 5-4. 4-Evan Shaker, Paramus Catholic, 5-4. 5-(tie) Marcus Guest, Paramus Catholic & James Nolan, Pope John, 5-2.

Long Jump: 1-Chris Seijo, Hasbrouck Heights, 19-0. 2-Conrad Healy, Park Ridge, 18-8 ½. 3-Isaac Asomani, Hackensack, 18-4. 4-John Massari, Paramus, 18-2. 5-Andrew Sims, PCT, 17-11 ½.

Triple Jump: 1-Conrad Healy, Park Ridge, 39-7. 2-James Nolan, Pope John, 39-0. 3-Omar Aquino, Collegiate, 38-1. 4-John Carabetta, Park Ridge, 36-11. 5-Jon Massavi, Paramus, 36-9 ½.

Pole Vault: 1-Tom Laserna, Farmingdale, 10-6. 2-Dan Sachs-Gibbs, Teaneck, 10-0. 3-Fran Francanco, PCT, 10-0. 4-Matt Steeg, Don Bosco, 9-6. 5-Rei Tomita, River Dell, 9-0.

4X800r: 1-Green Meadow (Sandstrom, Oscar, Thommen, Schirm), 9:12.4. 2-Belleville, 9:23.1. 3-Hasbrouck Heights, 9:28.7. 4-South Shore, 9:30.5. 5-Passaic County Tech, 9:35.9.

4X400r: 1-Farmingdale (Laserna, Morgan, Deitel, Gordon), 3:45.4. 2-Byram Hills, 3:47.7. 3-South Shore, 3:48.6. 4-Belleville, 3:50.1. 5-Don Bosco, 3:50.1.

Frosh

55m: 1-Matt Dortch, Wayne Valley, 6.9. 2-Sam Oh, Tenafly, 7.0. 3-Damian Miles, Teaneck, 7.0. 4-Victor Jones, PCT, 7.0. 5-Christopher Brackshaw, Teaneck, 7.1.

55HH: 1-Kirk Cajou, Farmingdale, 8.7. 2-Laith Hamdan, Belleville, 9.5. 3-Jake Menzo, Ramsey, 9.5. 4-Keith Esposito, Bergen Catholic, 9.6. 5-Spencer Tang, Bergen Catholic, 9.8.

200m: 1-Nick Fasano, Byram Hills, 24.7. 2-(tie) Matt Dortch, Wayne Valley & Damian Miles, Teaneck, 24.8. 4-Mike O'Shea, Wayne Valley, 25.2. 5-Ryan Casey, Mahwah, 25.4.

400m: 1-Nick Fasano, Byram Hills, 56.6. 2-Keith Esposito, Bergen Catholic, 58.6. 3-Josh Batelli, Fair Lawn, 59.7. 4-R. Casey, Mahwah, 59.9. 5-Peter Skurman, Byram Hills, 60.0.

800m: 1-Emilio Monroig, Kearny, 2:11.8. 2-Nick Romar, Passaic Valley, 2:18.5. 3-Mike Silva, Kearny, 2:20.2. 4-Dan Mc Pherson, Don Bosco, 2:21.2. 5-Cesar Blacido, Ramsey, 2:22.0.

1600m: 1-Nick Roman, Passaic Valley, 5:00.3. 2-Jon Jaleus, Pope John, 5:00.9. 3-Paul Warella, Don Bosco, 5:13.6. 4-Joe Amoresano, Don Bosco, 5:14.3. 5-Paul Herhster, Kearny, 5:16.7.

3200m: 1-Nick Beese, Pope John, 10:39.1. 2-Chris Lugo, Memorial, 10:40.5. 3-Dylan Trozduk, Collegiate, 10:41.0. 4-Mike Ekladrious, Kearny, 10:54.5. 5-Paul Citarella, Don Bosco, 11:02.6.

Shot: 1-Andrew Trass, River Dell, 37-5 ¼. 2-Michael Juray, Farmingdale, 34-9. 3-Ryan Conlon, River Dell, 33-11 ½. 4-Steve Barna, Ramapo, 33-8 ½. 5-Ryan Casey, Mahwah, 31-5 ½.

High Jump: 1-Pat Mulkeen, Paramus Catholic, 5-0. 2-Pat Bowman, River Dell, 5-0.

Long Jump: 1-Isaac Butts, PCT, 17-0. 2-Jake Menzo, Ramsey, 16-9. 3-Pierre Eliezer, New Rochelle, 16-7 ½. 4-Matt Dortch, Wayne Valley, 16-6 ½. 5-R. Casey, Mahwah, 16-3.

Triple Jump: 1-Shakeem Hudge, South Shore, 32-6. 2-Christopher Brackshaw, Teaneck, 31-9. 3-Troy Lynch, South Shore, 31-2. 4-Joe Femia, Old Tappan, 30-4. 5-Leland Zhi, Wayne Valley, 28-1 ½.

Pole Vault: NH

4X800r: 1-Ramsey (Van Blarcom, Perez, Dillon, Hall), 10:42.1.

4X400r: 1-Ramsey (Blacida, Hall, Coonrad, Kazmi), 4:04.2. 2-Teaneck, 4:04.5. 3-Wayne Valley, 4:04.8. 4-Don Bosco, 4:17.7. 5-Farmingdale, 4:19.0.