

PAWLOWSKI RELAYS at Ridgewood High School April 1, 2006

BOYS

TEAM SCORES

Large Schools

1. Christian Brothers 92; 2. Ridgewood 87; 3. Don Bosco 83; 4. Union 75; 5. Passaic Valley 59; 6. Paramus Catholic 41; 7. Bergen Tech 35; 8. Middletown North 31; 9. Fair Lawn 12; 10. Bergen Catholic 11.

Small Schools

1. New Milford 61; 2. Verona 47; 3. Westwood 38; 4. LaSalle 37; 5. McClancy 33; 6. DePaul 29; 7. Cresskill 23; 8. McNair 22; 9. Midland Park 18; 10. Eldred 17; 11. Martin Luther 2.

4-x-100 - 1. Paramus Catholic (Arnold Staton, James Jenkins, Marcus Guest, Mike Bennett) 45.3; 2. Union A 45.2; 3. Passaic Valley 45.5; 4. New Milford 45.6; 5. Ridgewood 46.4; 6. Middletown North 46.7; 7. Bergen Tech 46.8; 8. Westwood 47.5; 9. Paramus Catholic B 48.4; 10. LaSalle 48.4.

4-x-200 - 1. Union (Marques Wallace, Adonijah Ashrey, Al'Jamar Moore, Yanick Jones) 1:33.8; 2. Passaic Valley 1:34.5; 3. Ridgewood 1:34.8; 4. New Milford 1:35.4; 5. Christian Brothers 1:36.4; 6. Bergen Tech 1:36.6; 7. DePaul 1:36.8; 8. Middletown North 1:39.0; 9. Verona 1:41.5; 10. Paramus Catholic 1:48.9.

4-x-400 - 1-Christian Brothers (Dave McLaughlin, Steve Liapis, Charlie Rooney, Branden Pierson), 3:32.9. 2-Don Bosco Prep, 3:35.8. 3-Passaic Valley, 3:38.3. 4-New Milford, 3:39.7. 5-Ridgewood, 3:42.5. 6-Christian Brothers B, 3:44.2. 7-Bergen Catholic, 3:46.7. 8-Westwood, 3:47.0. 9-LaSalle, 3:47.2. 10-Eldred, 3:51.5.

4-x-800 - 1. Christian Brothers (Brandon Pierson, Greg Leach, Matt Festa, Kevin Rogers) 8:20.2; 2. McClancy 8:36.6; 3. Union 8:40.3; 4. Christian Brothers B 8:43.4; 5. Don Bosco 9:12.9; 6. LaSalle 9:13.8; 7. 9:33.4; 8. Midland Park 9:40.0; 9. DePaul 9:42.1; 10. Westwood 9:48.9.

4-x-1600 - 1. Christian Brothers (Kevin Rogers, Greg Leach, Mike Lee, Chris Horel) 18:19.1; 2. Ridgewood A 18:41.4; 3. McClancy 19:15.7; 4. Verona 19:47.6; 5. Ridgewood B 19:55.6; 6. Christian Brothers B 20:16.3; 7. Bergen Tech 20:35.8; 8. DePaul 20:36.5; 9. Don Bosco 20:37.0; 10. Westwood 20:44.5.

4-x-100 HH - 1. Christian Brothers (Bart Henderson, Chris Yuskovich, Steve Brusca, John Lane) 1:07.2; 2. Don Bosco 1:07.5; 3. Union 1:08.0; 4. Ridgewood 1:09.9; 5. New Milford 1:15.8; 6. Midland Park 1:18.6.

3-x-400 IH - 1. Christian Brothers (Chris Yuskevich, Chris Ibanez, Rich Grandelli), 3:08.3. 2. Don Bosco Prep, 3:15.5. 3. New Milford, 3:17.5. 4. Union, 3:17.6. 5. Middletown North, 3:30.1. 6. Midland Park, 3:43.7.

Sprint Medley - 1. Don Bosco (Webb, Cado, Kelsey, Wexler) 3:44.0; 2. McNair 3:46.6; 3. DePaul 3:47.7; 4. Westwood 3:48.8; 5. Midland Park 3:49.4; 6. Middletown North 3:51.5; 7. LaSalle 3:52.1; 8. Paramus Catholic 3:52.5; 9. Eldred 3:53.1; 10. New Milford 3:53.7.

Distance Medley - 1. Christian Brothers (Chris Horel, Mike Rodio, Greg Leach, Mike Lee) 11:05.9; 2. McClancy 11:18.2; 3. Bergen Tech 11:33.3; 4. Union 11:33.7; 5. Bergen Catholic 11:39.7; 6. Midland Park 11:44.5; 7. Passaic Valley 11:47.2; 8. Verona 12:17.2; 9. Westwood 12:17.9; 10. Cresskill 12:31.6.

Shot Put - 1. LaSalle A (Dan McHale, Earl Turner, Scott Sisko) 123-0; 2. Ridgewood A 121-8; 3. Don Bosco 119-1 1/2; 4. Verona 118-5; 5. Passaic Valley 117-3; 6. Union 117-2; 7. Fair Lawn 115-4; 8. Cresskill 114-1; 9. Middletown North 113-8; 10. Paramus Catholic 112-4 1/2.

Javelin - 1. Ridgewood (S. Pierce, A. Gelbaum, D. Gillis) 424-5; 2. Verona 400-11; 3. Union 374-10; 4. Westwood 372-3; 5. Don Bosco 364-7; 6. Cresskill 363-0; 7. Christian Brothers 361-8; 8. New Milford 337-0; 9. Paramus

Catholic 325-2; 10. Midland Park 310-10.

Discus - 1. Don Bosco 354-7; 2. Passaic Valley 350-1; 3. Ridgewood A 331-6; 4. Cresskill 327-5; 5. Paramus Catholic 327-2; 6. Union 321-8; 7. Westwood 312-0; 8. Verona 311-3; 9. LaSalle A 309-9; 10. Middletown North 295-1.

High Jump - 1. Christian Brothers (Mike Galano, Ian Sutherland, Bart Henderson) 16-9; 2. McNair 16-6; TIE 3. Paramus Catholic, LaSalle 16-0; 5. Passaic Valley 15-9; TIE 6. Fair Lawn, Verona, 15-6; 8. Union 11-3.

Long Jump - 1. DePaul (Dan Yabonski, Ron Trillo, Lewis Castillo) 54-11; 2. New Milford 54-6 1/4; 3. Middletown North 54-5 1/2; 4. Bergen Tech 53-3 1/4; 5. Ridgewood A 52-10 1/2; 6. Passaic Valley 52-9 1/2; 7. McNair Academic 52-9; 8. Fair Lawn 52-1 1/2; 9. Verona 52-1; 10. Don Bosco 51-11 1/2.

Triple Jump - 1. Ridgewood (B. Clementi, A. Monci, P. Kovach) 116-5 1/2; 2. Paramus Catholic 113-10 1/2; 3. New Milford 112-8 1/2; 4. Eldred 111-11 1/2; 5. DePaul 111-10; 6. Union 111-0; 7. Passaic Valley 110-11; 8. Christian Brothers 109-2 1/2; 9. Verona 107-1; 10. LaSalle 104-8.

Pole Vault - 1. Don Bosco (Matt Steeg, Claude Grinchell, Mike Murphy) 35-0; 2. Christian Brothers 33-0; 3. Ridgewood 23-6; 4. McClancy 20-0; 5. Cresskill 19-0; TIE 6. Westwood, Eldred, Verona 10-0.

GIRLS

TEAM SCORES

Large Schools

1. Shaker 96; 2. Jackson 89; 3. Ridgewood 88; 4. Union 67; 5. Bergen Tech 39; 6. Garfield 36; 7. Paramus Catholic 34; 8. Immaculate Heart 24; 9. Middletown North 24.

Small Schools

1. St. Dominic Academy 78; 2. Westwood 61; 3. Verona 57; 4. DePaul 47; 5. Midland Park 36; 6. Emerson 27; 7. New Milford 17; 8. McNair 4; 9. Eldred 3.

4-x-100 - 1. Jackson (Kelly Fortune, Jordan Bunch, Mara Sirbu, Nicole Castronova) 49.1; 2. Ridgewood 50.4; 3. Union 51.8; 4. Jackson B 52.5; 5. Verona 53.3; 6. Shaker 53.6; 7. Emerson 54.3; 8. DePaul 56.2; 9. Ridgewood B 56.6; 10. Middletown North 56.7.

4-x-200 - 1. Jackson (Jordan Bunch, Kelly Fortune, Elser Okparacke, Nicole Lastronova) 1:44.4; 2. Shaker 1:48.6; 3. Union 1:50.3; 4. Verona 1:53.0; 5. St. Dominic Academy 1:55.8; 6. Emerson 1:56.0; 7. Westwood 1:56.3; 8. DePaul 1:57.2; 9. Jackson B 1:57.6; 10. New Milford 1:58.6.

4-x-400 - 1. Ridgewood (E. Cigolini, A. Wisener, E. Barr, J. Krejsa), 4:14.2. 2. Union, 4:18.1. 3. Shaker, 4:20.8. 4. Jackson, 4:25.6. 5. Bergen Tech, 4:28.3. 6. St Dominic Academy, 4:31.4. 7. Westwood, 4:33.7. 8. Shaker, 4:40.0. 9. Middletown North, 4:52.2. 10. Verona, 5:02.0

4-x-800 - 1. Ridgewood (Jesse Kresja, Meredith Jones, Alex Middleton, Stephanie Westermann) 10:12.5; 2. St Dominic Academy 10:30.6; 3. Bergen Tech 10:49.0; 4. Shaker A 10:49.8; 5. Verona 10:58.4; 6. Emerson 11:03.3; 7. McNair 11:03.9; 8. Middletown North 11:05.1; 9. Shaker B 11:06.8; 10. Westwood 11:09.8.

4-x-1600 - 1. Shaker A (Sara Ochs, Natana Gordon, Samantha Tibbitts, Seri Gooden) 22:38.2; 2. Shaker B 23:55.5; 3. Jackson 23:58.1; 4. Westwood 24:15.5; 5. Bergen Tech 24:17.4; 6. St. Dominic Academy 24:36.1; 7. Verona 24:39.4; 8. Garfield 25:23.5; 9. Eldred 26:35.2.

4-x-100 HH - 1. Jackson (Kelly Fortune, Mara Sirbu, Tia Tester, Jordan Bunch) 1:04.5; 2. Ridgewood 1:04.8; 3. St. Dominic Academy 1:14.7; 4. Shaker 1:15.2; 5. DePaul 1:20.8.

3-x-400 IH - 1. Jackson (Nicole Castronuova, Tia Testa, Karine Blanc), 3:42.9. 2. Ridgewood, 3:45.9. 3. Shaker, 3:51.9. 4. St Dominic Academy, 4:01.3.

Sprint Medley - 1. Shaker (Diana Hummel, Jenn Risler, Anelle Roberts, Knsrei Pilla) 4:29.7; 2. Bergen Tech 4:35.0; 3. Midland Park 4:38.5; 4. St. Dominic Academy 4:43.1; 5. Garfield 4:44.8; 6. Union 4:50.8; 7. Middletown North

4:57.6; 8.

Distance Medley - 1. Shaker 13:22.5; 2. Paramus Catholic 13:30.6; 3. Midland Park 14:00.6; 4. Ridgewood; 5. Bergen Tech; 6. Westwood; 7. Verona; 8. St. Dominic's Academy; 9. Garfield; 10. Middletown North.

Shot Put - 1. Jackson A (Shanon Watts, Justine Stevenson, Rebecca Graziano) 96-5; 2. Immaculate Heart 91-1 1/2; 3. DePaul 86-5; 4. Union 85-8 1/2; 5. Ridgewood 81-2; 6. Immaculate Heart B 80-9 1/2; 7. Verona 78-2 1/2; 8. Garfield 76-5; 9. Westwood 74-0 1/2; 10. St. Dominic Academy 73-6.

Javelin - 1. Verona (Tonia Mahotiere, Emma Tucci, Jackie Iannucci) 273-4; 2. Jackson 266-0; 3. Midland Park 233-3; 4. DePaul 230-0; 5. Immaculate Heart 221-7; 6. Ridgewood 219-5; 7. St. Dominic Academy 218-11; 8. Emerson 210-3; 9. Middletown North 200-4; 10. Westwood 197-1.

Discus - 1. Jackson A (Shanon Watts, Kristen Gosse, Justine Stevenson) 296-8; 2. Immaculate Heart 269-8; 3. DePaul 255.9; 4. St. Dominic Academy 241-5; 5. Westwood 233-5; 6. Emerson 220-3; 7. New Milford 204-7; 8. Ridgewood 202-7; 9. Garfield 201-5; 10. Union 200-0.

High Jump - 1. Paramus Catholic (Alicia Salzbach, Ariella Chivil, Christa Lewandowski) 13-3; 2. St. Dominic Academy 13-0; 3. TIE 3. Verona, Union, Garfield 12-9; TIE 6. Middletown North, Midland Park 12-6; TIE 8. Emerson, Shaker 12-3; 10. Jackson 9-3.

Long Jump - 1. Union (Ody Ndu, Ugonna Nsu; Zainah Bisowli) 43-6; 2. Westwood 42-4; 3. Ridgewood A 41-10 1/2; 4. Paramus Catholic 40-9 1/2; 5. New Milford 40-5; 6. Shaker 41-0 1/2; 7. St. Dominic Academy 39-7; 8. Garfield 39-0 1/2; 9. Middletown North B 37-7 1/2; 10. DePaul 35-11 1/2.

Triple Jump - 1. Westwood (Stinson, Keegan, Brennan) 92-8; 2. DePaul 90-10 1/2; 3. Paramus Catholic 90-10; 4. Garfield 90-3; 5. Union 88-9; 6. New Milford 87-8 1/2; 7. Shaker 87-5; 8. Verona 83-5 1/2; 9. Ridgewood 63-7 1/2; 10. Bergen Tech 28-11.

Pole Vault - 1. Ridgewood (Cassie Wong, Anne Polkary, Alica Weisner) 25-6; TIE 2. Westwood, Shaker 19-0; 4. Midland Park 6-0.

NOVICE BOYS

4X200m: 1-Don Bosco Prep (Wong, Tenazas, Whitmore, Cato), 1:38.5. 2-Fair Lawn, 1:40.9.3-CBA, 1:42.2. 4-Middletown North, 1:42.3. 5-Martin Luther, 1:45.1. 6-Westwood, 1:46.0.

4X400m: 1-CBA (LaMorte, Cornell, Debski, Rodio), 3:42.0. 2-Don Bosco Prep, 3:57.4. 3-Paramus Catholic, 3:58.6. 4-Middletown North, 3:49.5. 5-Union, 4:02.3. 6-Cresskill, 4:07.2.

4X800m: 1-Ridgewood (D. Landers, R. Morgan, B. O'Connell, C. Tamtwein), 9:09.4. 2-CBA, 9:18.6. 3-Middletown North, 9:21.7. 4-Cresskill, 9:35.6. 5-Martin Luther, 9:39.2. 6-Bergen Tech, 9:42.4.

Sprint Medley: 1-Paramus Catholic (Pat Ranft, Ryan Bailey, Ethan Behar, Chris Cagiao), 4:01.6. 2-Don Bosco Prep, 4:02.2. 3-Middletown North, 4:04.0. 4-Cresskill, 4:12.0. 5-Union, 4:13.7. 6-Bergen Catholic, 4:14.4.

4X110H: 1-Cresskill (Orestes Kotopoulos, Peter Kim, Justin Roese, Austin Savill), 1:19.0. 2-Westwood, 1:22.2. 3-Union, 1:22.4.

3X400H: 1-Union (Taqwi Barnes, Josh Oromedo, Wale Sangobiyi), 3:22.8. 2-Cresskill, 3:24.3. 3-Don Bosco Prep, 3:40.4.

NOVICE GIRLS

4X200m: 1-Ridgewood (K. Griffith, M. Casey, R. Lee, J. Moderow), 2:03.2. 2-Shaker, 2:04.5. 3-Ridgewood, 2:07.4. 4-New Milford, 2:07.6. 5-Ridgewood, 2:11.6. 6-St Dominic Academy, 2:21.4.

4X400m: 1-Shaker (Morgan Rowland, Carissa Huang, Ashley Gansle, Liz Cosgrove), 4:43.1. 2-Ridgewood, 4:50.7. 3-Shaker, 5:00.7. 4-Fair Lawn, 5:04.8. 5-Verona, 5:08.3. 6-Eldred, 5:10.5.

4X800m: 1-Middletown North (Anderson, Onori, Wheaton, Pattwell), 11:26.8. 2-Fair Lawn, 11:42.4. 3-Shaker, 11:43.7. 4-Ridgewood, 11:46.5. 5-Garfield, 11:50.7. 6-St Dominic Academy, 12:04.2.

Sprint Medley: 1-Shaker (Jenn Morgan, Morgan Raviana, Liz Cosgrove, Zosia Dunn), 4:53.6. 2-New Milford, 5:09.0. 3-Middletown North, 5:11.2. 4-Paramus Catholic, 5:13.6. 5-Eldred, 5:17.4. 6-Westwood, 5:32.4.

4X100H: 1-Ridgewood (K. Michel, J. Moderow, M. Casey, J. Pierce), 1:18.3. 2-Westwood, 1:18.8. 3-Midland Park, 1:20.5. 4-Middletown North, 1:21.5.

3X400H: 1-Midland Park (Kate Passaro, Meg Dumiao, Kristyn Gentile), 3:59.9. 2-Middletown North, 4:38.2.

FROSH BOYS

4X200m: 1-Don Bosco Prep (Riley, Smith, Pedhoretzky, Griffith), 1:40.3. 2-Christian Brothers, 1:45.2. 3-Verona, 1:47.5. 4-Bergen Catholic, 1:48.3. 5-New Milford A, 1:48.4. 6-New Milford B, 1:49.7.

4X400m: 1-CBA (Larkin, Blasi, Tedesco, Gavin), 3:54.4. 2-Don Bosco Prep, 3:56.2. 3-CBA B, 4:08.2. 4-New Milford A, 4:11.5. 5-Cresskill, 4:11.9. 6-CBA C, 4:16.8.

4X800m: 1-CBA (McMillan, La Morte, Archibald, Smith), 9:17.6. 2-Ridgewood A, 9:41.7. 3-New Milford, 9:58.3. 4-Ridgewood C, 11:05.6. 5-Ridgewood B, 11:11.1.

Sprint Medley: 1-Bergen Catholic (Will Ring, Nick Gerst, Ryan Delgado, Dan McNeely), 4:07.8. 2-Middletown North, 4:10.0. 3-CBA, 4:12.2. 4-Cresskill, 4:14.0. 5-Paramus Catholic, 4:15.6. 6-Union, 4:46.6.

4X110H: 1-Christian Brothers (Larkin, Rieker, Tedesco, Stavola), 1:21.8. 2-Ridgewood, 1:25.6.

3X400H: 1-Ridgewood, 3:41.3. 2-Eldred, 3:48.4.

FROSH GIRLS

4X200m: 1-Jackson (Sarah Macor, Angela Sweeney, Melanie Modula, Natasha Durant), 1:56.1. 2-Westwood, 1:59.2. 3-Shaker, 2:02.3. 4-DePaul, 2:04.2. 5-Middletown North, 2:05.2. 6-New Milford, 2:05.4.

4X400m: 1-Jackson (Natasha Duvant, Kori Seifert, Kelly Johnson, Brittany Lombardo), 4:40.8. 2-Shaker, 4:41.9. 3-Verona, 4:46.1. 4-Shaker, 4:49.6. 5-Ridgewood, 4:57.0. 6-Ridgewood, 4:59.7.

4X800m: 1-Ridgewood (S. Laddin, J. Connor, T. Middleton, C. Margel), 11:17.4. 2-Shaker, 11:41.6. 3-Jackson, 12:45.3.

Sprint Medley: 1-New Milford (Alanna Blocklin, Tina Carpio, Justine Racaza, Ashley Vargas), 4:57.2. 2-Shaker, 5:00.2. 3-Paramus Catholic, 5:00.6. 4-Jackson, 5:18.2. 5-Eldred, 5:22.2. 6-Middletown North, 5:34.4.

4X100H:

3X400H: 1-Jackson (Angela Sweeney, Melanie Modula, Kori Seifert), 3:51.2.