

**Comet Relays
Hackensack High School Track**

**Saturday, April 11, 2009
Hackensack, NJ**

GIRLS

VARSIITY

Team Score: Large School: 1-Southern Regional-80. 2-IHA-79. 3-Columbia-73

Small School: 1-Holy Angels-81. 2-Pascack Hills-63. 3. Old Tappan-28.

4X100HH: 1-Southern (Carlson, Rubel, Angellella, Ohlson), 1:07.2. 2-Ridgewood, 1:09.1. 3-Pascack Hills, 1:11.3. 4-IHA, 1:13.0. 5-Northern Highlands, 1:13.1. 6-Montclair, 1:13.6. 7-Indian Hills, no time. 8-Bergenfield, 1:15.7. 9-Holy Angels, 1:17.2. 10-Hackensack, 1:19.7.

3X400IH: 1-Holy Angels (Markolovic, Crimmins, Glynn), 3:50.8. 2-Southern, 3:53.6. 3-Fair Lawn, 4:09.3

4X100m: 1-Paramus Catholic (Beasley, Corbo, Knight, Jacobs), 48.6. 2-Columbia, 48.9. 3-Ridgewood, 51.8. 4-IHA, 52.3. 5-Montclair, 52.8. 6-Science Park, 53.9. 7-Pascack Hills, 53.1. 8-Passaic Tech, 53.2. 9-Holy Angels, 53.6. 10-Eastside, 53.7.

4X200m: 1-Ridgewood (Buckley, Montgomery, Narvaez, Oliva), 1:50.5. 2-Paramus Catholic, 1:51.1. 3-Science Park, 1:51.9. 4-Columbia, 1:52.0. 5-Holy Angels, 1:53.7. 6-Montclair, 1:53.9. 7-Southern, 1:54.1. 8-JFK, 1:54.8. 9-Old Tappan, 1:55.2. 10-Hackensack, 1:55.9

4X400m: 1-Columbia (Jackson, Johnson, Richards, Jackson), 4:22.1. 2-Science Park, 4:29.2. 3-Park Ridge, 4:30.7. 4-Hackensack, 4:33.8.

4X800m: 1-Columbia (Johnson, David, Jackson, Jackson), 10:01.1. 2-Holy Angels, 10:20.3. 3-Southern, 10:25.9. 4-Old Tappan, 10:31.9. 5-Northern Highlands, 10:40.6. 6-Pascack Hills, 10:43.4. 7-Wayne Valley, 10:45.1. 8-Ridgewood, 10:52.2. 9-JFK, 12:59.4

4X1600m: 1-IHA (Duff, Sinkovitz, Thompson, Pagano), 21:43.3. 2-Holy Angels, 22:54.5. 3-Ridgewood, 23:27.3. 4-Paramus, 24:59.9. 5-Elizabeth, 25:13.

Sprint Medley: 1-Southern (Jennings, Decerbo, Miller, Cox), 4:24.2. 2-Columbia, 4:28.2. 3-Elizabeth, 4:28.8. 4-IHA, 4:32.5. 5-Holy Angels, 4:37.1. 6-Pascack Hills, 4:41.6. 7-Park Ridge, 4:47.3. 8-Montclair, 4:47.8. 9-West Side, 4:57.5.

Distance Medley: 1-Southern (Knight, Hammel, Miller, Cox), 13:24.1. 2-Holy Angels, 13:25.0. 3-Pascack Hills, 13:59.1. 4-Paramus, 14:36.0. 5-Columbia, 14:57.8. 6-Wayne Valley, 15:09.1

2XLongJump: 1-Paramus Catholic (Corbo, Beasley), 29-11 ¼. 2-Old Tappan, 28-5. 3-Northern Highlands, 26-1 ½. 4-Hackensack, 26-0 ½. 5-Ridgewood, 25-11. 6-Pascack Hills, 25-5. 7-Paramus, 24-5. 8-Bergen Tech, 20-7.

2XTripleJump: 1-Holy Angels (Minasi, Calgary), 64-7 ½. 2-IHA, 63-7. 3-Southern, 62-9. 4-Northern Highlands, 59-8. 5-JFK, 58-8 ½. 6-Indian Hills, 57-5. 7-Pascack Hills, 56-0 ½. 8-Bergenfield, 55-7 ½. 9-Wayne Valley, 29-5. 10-Eastside, 26-3 ½.

2XHighJump: 1-Paramus Catholic (Bailey, Corbo), 9-10. 2-Columbia, 9-6. 3-IHA, 9-4. 4-Indian Hills, 9-0. 5-Holy Angels, 8-10. 6-tie-Park Ridge, Pascack Hills & Northern Highlands, 8-8.

2XPoleVault: Cancelled due to weather

2XShotPut: 1-Paramus Catholic (Wade, Sims), 74-7. 2-IHA, 71-0. 3-Hackensack, 64-2. 4-Wayne Valley, 61-6 ½. 5-JFK, 58-10. 6-Holy Angels, 58-9. 7-Ridgewood, 57-9 ½. 8-Southern, 57-1 ½. 9-Columbia, 54-8. 10-Old Tappan, 51-9 ½.

2XDiscus: 1-Wayne Valley (Pantale, Wardrop), 198-6. 2-Pascack Hills, 177-0. 3-Ridgewood, 174-2. 4-Hackensack, 170-11. 5-IHA, 166-3. 6-Paramus Catholic, 161-8. 7-Southern, 156-10. 8-Montclair, 153-9. 9-Indian Hills, 153-5. 10-Columbia, 151-11.

2XJavelin: 1-IHA (Sullivan, VanEerde), 226-6. 2-Pascack Hills, 195-10. 3-Old Tappan, 189-9. 4-Southern, 179-7. 5-Paramus Catholic, 171-1. 6-Ridgewood, 170-4. 7-Wayne Valley, 169-0. 8-Columbia, 167-11. 9-Elmwood Park, 160-3. 10-Hackensack, 158-8.

NOVICE

4X100HH: No Results; teams DQ and DNF

3X400IH: 1-Southern (DeMarco, Broadbent, Bernard), 4:11.5

4X100m: 1-Eastside (Thomas, Black, Black, Obusen), 57.7. 2-Bergen Tech, 58.3. 3-Montclair, 58.3. 4-tie-Ridgewood, 58.6 & Columbia, 58.6.

4X200m: 1-Southern (Ciordelli, Angellella, Miller, Carlson), 2:00.2. 2-Columbia, 2:01.5. 3-Southern B, 2:01.9. 4-Fair Lawn, 2:02.1. 5-IHA, 2:03.5

4X400m: 1-Southern (Hammel, Knight, Bergin, Dorantes), 4:24.0. 2-Southern B, 4:50.8. 3-Southern C, 5:01.0. 4-Pascack Hills, 5:37.9.

4X800m: 1-Columbia (Gladebo, Martin, Phillip, Johnson), 10:52.1. 2-Fair Lawn, 10:59.5. 3-IHA, 11:23.1. 4-Paramus, 11:24.3. 5-IHA, 11:44.4

DMR: 1-IHA (Rutkowski, Fazio, Danna, Lotterman), 14:05.0. 2-IHA, 14:10.9. 3-IHA, 15:26.3. 4-Southern, 16:04.9

2XTripleJump: 1-IHA (Aman, Capone), 57-0 ½. 2-Southern, 56-6 ½. 3-Southern, 56-4. 4-Fair Lawn, 52-6. 5-Passaic Tech, 51-3 ½.

2XLongJump: 1-Southern (Hartley, Rubel), 26-3. 2-Southern B, 25-1 ½. 3-Northern Highlands, 23-10 ½. 4-Fair Lawn, 23-7. 5-Park Ridge, 21-8 ½.

2XDiscus: 1-IHA (Duggan, VanEerde), 131-8. 2-Paramus, 129-3. 3-Paramus Catholic, 117-2. 4-JFK, 116-6. 5-Ridgewood, 116-2.

2XShot: 1-IHA (Duggan, Stalter), 61-7. 2-JFK, 56-8. 3-IHA B, 53-11. 4-Ridgewood, 52-6. 5-Montclair, 49-10.

FROSH

4X100HH: 1-Northern Highlands (Bascio, Collangelo, Faciolia, Collins), 1:20.5

4X100m: 1-Columbia (Frimpong, Smith, Padmore, Bryant), 53.8. 2-Southern, 58.0. 3-Hackensack, 59.1. 4-IHA, 59.3. 5-Paramus, 60.6.

4X200m: 1-Columbia (Padmore, Frimpong, Bryant, Smith), 1:58.9. 2-Holy Angels, 2:05.0. 3-Hackensack, 2:08.9. 4-Paramus, 2:09.1. 5-Wayne Valley, 2:09.8

4X400m: 1-Columbia (Padmore, Smith, Jackson, Frinpong), 4:41.6. 2-Park Ridge, 5:03.3. 3-Southern, 5:04.9. 4-Southern, 5:24.0

4X800m: 1-Southern (Jeffries, Granello, Popovitch, Kovich), 11:02.2. 2-Columbia, 11:48.5. 3-Southern A, 12:16.2. 4-Paramus, 12:33.1. 5-Ridgewood, 12:45.7

DMR: 1-Southern (Neusdot, Belonsky, Jeffries, Heussner), 15:18.1. 2-Paramus, 16:48.2. 3-Columbia, 16:49.1.

2XTripleJump: 1-Passaic Tech (Patterson, Burke), 51-2 ½. 2-Southern, 31-2. 3-Wayne Valley, 26-9 ½. 4-Northern Highlands, 25-4.

2XLongJump: 1-Northern Highlands (Sayre, Wiess), 21-1. 2-Southern, 12-7.

2XDiscus: 1-JFK (Lawson, Palmer), 104-7. 2-Bergen Tech, 98-5. 3-Bergen Tech B, 87-4. 4-Elizabeth, 77-3. 5-Bergen Tech C, 65-5.

2XShot: 1-Holy Angels (Lawlor, Signore), 40-10. 2-JFK, 37-6. 3-Columbia, 27-2.

**Comet Relays
Hackensack High School Track**

**Saturday, April 11, 2009
Hackensack, NJ**

BOYS

VARSIITY

**Team Score: Large: 1-Trenton Central-108. 2-Columbia-66. 3-CBA-61
Small: 1-Old Tappan. 2-St Joseph. 3-Pascack Hills-30**

4X110HH: 1-Passaic Tech (Rosseau, Beason, Thomas, Hines), 1:04.8. 2-Trenton Central, 1:05.0. 3-Columbia, 1:05.1. 4-JFK, 1:05.9. 5-Bergen Catholic, 1:06.7. 6-Northern Highlands, 1:09.6. 7-CBA, 1:10.1. 8-Bergenfield, 1:11.3. 9-Ridgewood, 1:11.6. 10-Pascack Hills, 1:17.1.

3X400IH: 1-Bergen Catholic (Bohlin, Leonard, Wingate), 3:07.3. 2-Trenton Central, 3:15.2. 3-Columbia, 3:30.0

4X100m: 1-tie-Paramus Catholic (Esposito, Wade, Zaccoli, McKnight), 46.1 & West Side (Ortiz, Stewart, Hastings, Burk), 46.1. 3-St Josephs, 46.2. 4-Columbia, 46.6. 5-Old Tappan, 46.9. 6-Indian Hills, 46.9. 7-Passaic Tech, 47.3. 8-Bergenfield, 47.8. 9-Trenton Central, 48.7. 10-Paramus, 49.7.

4X200m: 1-Columbia (Anderson, Jeantus, Wiggins, Bennett), 1:33.0. 2-Trenton Central, 1:33.9. 3-Paramus Catholic, 1:35.7. 4-St Josephs, 1:36.6. 5-Paramus, 1:37.1. 6-Elmwood Park, 1:37.5. 7-Old Tappan, 1:37.6. 8-CBA, 1:38.6. 9-West Side, 1:39.0.

4X400m: 1-Science Park (Owens, Kinnard, Frasier, Adewanni), 3:41.4. 2-Fair Lawn, 3:45.8. 3-Trenton Central, 3:50.6. 4-Columbia, 3:51.1. 5-Pascack Hills, 3:52.8. 6-Park Ridge, 3:58.5

4X800m: 1-CBA (Mazzaccaro, Lee, Mykityshyn, Johnson), 8:30.7. 2-Bergen Catholic, 8:35.3. 3-Trenton Central, 8:36.5. 4-Columbia, 8:36.7. 5-Science Park, 8:50.4. 6-Hackensack, 8:52.0. 7-Old Tappan, 9:04.6. 8-Paramus, 9:33.7. 9-Wayne Valley, 9:37.1.

4X1600m: 1-CBA (Johnson, Mazzaccaro, Martin, Gorman), 19:16.0. 2-Ridgewood, 19:28.3. 3-Northern Highlands, 19:42.9. 4-JFK, 19:50.0. 5-Wayne Valley, 19:56.7. 6-Old Tappan, 19:59.0. 7-Montclair, no time. 8-Paramus, no time. 9-Fair Lawn, no time.

Sprint Medley: 1-Paramus Catholic (Brown, McKnight, Zoccolli, Robinson), 3:46.2. 2-Bergenfield, 3:50.4. 3-CBA, 3:51.4. 4-Wayne Valley, 3:51.8. 5-Bergen Catholic, 3:53.7. 6-West Side, 3:53.7. 7-Trenton Central, 3:56.7. 8-Barringer, 3:59.7. 9-Old Tappan, 4:00.6. 10-Columbia, 4:05.9.

Distance Medley: 1-Pascack Hills (Puleo, Trumbetti, Sabatino, Greco), 11:02.3. 2-Fair Lawn, 11:32.8. 3-Paramus, 11:35.3. 4-Montclair, 11:41.2. 5-Columbia, 11:41.7. 6-St Josephs, 11:44.1. 7-Bergen Catholic, 12:19.2.

2XLongJump: 1-Trenton Central (Breithwaite, Bailey), 38-8. 2-Indian Hills, 37-1 $\frac{3}{4}$. 3-Columbia, 36-11. 4-Passaic Tech, 36-5 $\frac{1}{2}$. 5-Perth Amboy, 36-4. 6-tie-Elmwood Park, 36-1 $\frac{1}{2}$ & St Josephs, 36-1 $\frac{1}{2}$. 8-Northern Highlands, 36-1. 9-Old Tappan, 35-10 $\frac{1}{2}$. 10-JFK, 35-10.

2XTripleJump: 1-Trenton Central, 82-3 $\frac{1}{2}$. 2-Bergen Catholic (McNicholas, Wingate), 79-1. 3-JFK, 76-11. 4-CBA, 74-6 $\frac{1}{2}$. 5-Northern Highlands, 74-0 $\frac{1}{2}$. 6-Elmwood Park, 69-4. 7-Hackensack, 40-5 $\frac{1}{2}$. 8-Bergenfield, 36-11 $\frac{1}{2}$. 9-Pascack Hills, 36-11. 10-Columbia, 33-2.

2XHighJump: 1-JFK (McEachin, Slade), 11-4. 2-Trenton Central, 11-0. 3-tie-Bergen Catholic and Hackensack, 10-8. 5-Wayne Valley, 10-4. 6-Elmwood Park, 5-2.

2XPoleVault: Cancelled due to weather

2XShotPut: 1-Ridgewood (Bair, Simmons), 87-11 $\frac{1}{2}$. 2-Old Tappan, 87-5. 3-Indian Hills, 86-9. 4-Park Ridge, 85-9. 5-Montclair, 82-2. 6-CBA, 81-3. 7-Hackensack, 78-11. 8-St Josephs, 78-3. 9-Paramus Catholic, 77-0. 10-Columbia, 75-11 $\frac{1}{2}$.

2XDiscus: 1-Hackensack (Victorino, Mozia), 252-4. 2-Trenton Central, 247-2. 3-Park Ridge, 238-5. 4-Wayne Valley, 212-0. 5-Montclair, 209-3. 6-Paramus Catholic, 203-3. 7-Ridgewood, 200-6. 8-Pascack Hills, 192-10. 9-Bergen Catholic, 185-9. 10-Old Tappan, 178-7.

2XJavelin: 1-Trenton Central (Wise-Brey, Manning), 268-7. 2-CBA, 264-3. 3-Ridgewood, 228-2. 4-Hackensack, 222-9. 5-Pascack Hills, 210-6. 6-Park Ridge, 209-0. 7-Passaic Tech, 205-8. 8-St Josephs, 204-6. 9-Old Tappan, 202-4. 10-Wayne Valley, 201-11.

NOVICE

4X110HH: 1-Northern Highlands (Mo, Picache, Linares, Sheutz), 1:23.0

3X400IH: 1-Hackensack (Ottstadt, Vargas, Elliot), 3:29.2

4X100m: 1-Trenton Central (Bailey, Grunt, Green, Moore), 47.9. 2-Old Tappan, no time. 3-Science Park, 48.6. 4-Hackensack, 48.8. 5-Wayne Valley, 49.8

4X200m: 1-Hackensack (Pleasant, Gaines, Toans, Scott), 1:40.2. 2-Trenton Central, 1:40.3. 3-CBA, 1:42.9. 4-Paramus Catholic, 1:43.2. 5-CBA, 1:44.0

4X400m: 1-Bergen Catholic (Krawjac, Dixon, Dilworth, Pannell), 3:45.6. 2-Trenton Central, 4:00.9. 3-Columbia, 4:11.3

DMR: 1-Pascack Hills (Shwartz, Carpola, Dember, Tosi), 12:28.7. 2-Trenton Central, 12:38.7. 3-Park Ridge, 13:35.8. 4-Paramus, 13:44.7.

4X800m: 1-Bergen Catholic (Pannell, Fiorica, Burklund, Rippe), 9:03.9. 2-Trenton Central, 9:21.5. 3-Hackensack, 9:30.4. 4-Fair Lawn, 9:32.1. 5-Passaic Tech, 9:37.8

2XLongJump: 1-Northern Highlands (Lineres, Yeaton), 33-6 ¼. 2-Bergenfield, 32-9 ½. 3-West Side, 32-8 ½. 4-Old Tappan, 32-4 ½. 5-Paramus, 30-6 ½.

2XTripleJump: 1-Northern Highlands (Yeaton, Ridgewok), 68-1 ½. 2-Wayne Valley, 51-7.

2XDiscus: 1-Trenton Central (Page, Mendez), 143-6. 2-Park Ridge, 136-9. 3-Old Tappan, 130-3. 4-Montclair, 121-3. 5-Hackensack, 105-5.

2XShot: 1-JFK (Mix, Pickett), 79-6. 2-Fair Lawn, 75-6. 3-Old Tappan, 75-4. 4-Indian Hills, 74-11. 5-Passaic Tech, 73-11.

FROSH

4X110HH: 1-CBA (Bizz, McAnally, O'Rourke, Tully), 1:23.6

4X100m: 1-Trenton Central (Williams, Saunders, Hill, Collier), 48.0. 2-Columbia, 48.4. 3-Montclair, 50.8. 4-Hackensack, 51.3. 5-Northern Valley Old Tappan, 51.5.

4X200m: 1-Trenton Central (Saunders, Washington, Hill, Collier), 1:42.0. 2-Columbia, 1:43.4. 3-Hackensack, 1:47.8. 4-Bergenfield, 1:49.8. 5-Old Tappan, 1:50.0

4X400m: 1-Trenton Central (Saunders, Washington, Hill, Collier), 3:46.5. 2-Park Ridge, 4:09.9. 3-Pascack Hills, 4:13.1

4X800m: 1-CBA (Lippert, Gorman, Zapcic, Olson), 9:07.1. 2-Wayne Valley, 11:08.5. 3-Paramus Catholic, 11:45.2.

DMR: 1-Wayne Valley (Mehta, Salvatore, Frank, Kudyba), 13:56.4

2XLongJump: 1-Old Tappan (Fawinta, Smith), 28-7. 2-Passaic Tech, 27-8. 3-Trenton Central, 27-5 ½. 4-Hackensack, 27-1. 5-Passaic Tech, 26-4.

2XShot: 1-Old Tappan (Norman, Hurley), 71-8. 2-JFK, 66-7. 3-St Josephs, 58-8. 4-CBA, 50-7.