

**THE PAWLOWSKI RELAYS**  
**Ridgewood's Track at BF**

**SATURDAY, April 6, 2013**  
**Ridgewood, New Jersey**

**Team Score:**

**BOYS**

**4X100m:** 1-Old Tappan (Zack DeKnight, Won Jae Rho, Paul Kim, Ben Davis), 44.7. 2-Union, 45.5. 3-PCHS, 45.9. 4-DePaul, 46.6. 5-Cresskill, 46.7. 6-Ridgefield Park, 47.2. 7-tie-Wayne Valley & Averill Park, 47.7. 9-Wayne Hills, 47.9. 10-Passaic, 48.5. 11-Ridgewood, 48.9. 12-Waldwick, 49.1. 13-Emerson, 50.0

**4X200m:** 1-Old Tappan (Won Jae Rho, Zack DeKnight, Ben Davis, Peter Baykios), 1:33.0. 2-Perth Amboy, 1:35.9. 3-Ridgefield Park, 1:36.4. 4-Paramus Catholic, 1:36.7. 5-Union, 1:37.4. 6-Passaic, 1:39.2. 7-Ridgewood, 1:39.8. 8-tie-Wayne Hills & Warwick Valley, 1:40.1. 10-Waldwick, 1:40.4. 11-Wayne Valley, 1:41.9. 12-Verona, 1:43.9

**4X400m:** 1-Warwick Valley (Tom Reilly, Casey Burley, Jack Grace, Dan Kelly), 3:26.5. 2-Perth Amboy, 3:31.7. 3-Ridgefield Park, 3:33.7. 4-Union, 3:38.5. 5-Averill Park, 3:43.9. 6-Wayne Valley, 3:47.4. 7-Waldwick, 3:48.1. 8-Passaic, 3:50.3. 9-Cresskill, 3:58.4.

**4X800m:** 1-Warwick Valley (Tom Reilly, Sean Halligan, Todd Uckermark, Nick Pacelli), 8:36.8. 2-Ridgefield Park, 8:37.7. 3-Passaic, 8:39.4. 4-Ridgewood, 8:39.7. 5-Old Tappan, 8:42.3. 6-Verona, 8:48.7. 7-Wayne Valley, 8:51.3. 8-Wayne Hills, 8:53.3. 9-Averill Park, 9:04.6. 10-Waldwick, NT. 11-Cresskill, NT.

**4X1600m:** 1-Warwick Valley (Jordan Burton, Aaron Peterson, Jared Olson, Tanner Senius), 18:42.0. 2-CBA, 18:53.1. 3-Demarest, 19:03.3. 4-Passaic, 19:41.6. 5-Wayne Valley, 20:04.4. 6-Union, 20:13.5. 7-Wayne Hills, 20:17.0. 8-Old Tappan, 20:17.6. 9-Emerson, 20:24.1. 10-Cresskill, 20:30.0. 11-Waldwick, 20:52.7. 12-Ridgefield Park, 20:55.5. 13-Verona, 20:21.4

**Sprint Medley:** 1-Warwick Valley (Dan Kelly, Jack Grace, Colin Maggiolo, Jared Olson), 3:41.3. 2-DePaul, 3:45.2. 3-Union, 3:46.2. 4-Ridgefield Park, 3:48.0. 5-Wayne Valley, 3:48.7. 6-Ridgewood, 3:49.6. 7-Old Tappan, 3:56.2. 8-Verona, 3:58.6. 9-Cresskill, 4:04.0. 10-Waldwick, 4:06.7. 11-Emerson, 4:20.2

**Distance Medley:** 1-Warwick Valley (Jordan Burton, Tanner Senius, Sean Halligan, Aaron Peterson), 10:51.2. 2-Averill Park, 10:51.8. 3-Wayne Hills, 11:13.2. 4-Old Tappan, 11:17.8. 5-Ridgewood, 11:23.9. 6-Wayne Valley, 11:25.8. 7-Emerson, 11:27.7. 8-Ridgefield Park, 11:43.2. 9-Passaic, 11:52.8. 10-Cresskill, 11:57.8. 11-Union, 11:58.0. 12-Verona, NT

**4X110 HH:** 1-Demarest (Andrew Pena, Samir Ahmed, Cam Koyoma, Wilmer Jovel), 1:07.5. 2-Ridgewood, 1:07.9. 3-Old Tappan, 1:09.0. 4-Union, 1:10.2. 5-Wayne Hills, 1:13.5. 6-Wayne Valley, 1:13.9. 7-Ridgefield Park, 1:17.4

**3X400 IH:** 1-Old Tappan (Brendan Davidson, Will Renais, Guillermo Abrego), 3:04.9. 2-Wayne Valley, 3:10.9. 3-Wayne Hills, 3:14.1. 4-Union, 3:16.7. 5-Ridgefield Park, 3:22.1. 6-Waldwick, 3:29.0. 7-Averill Park, 3:30.0. 8-Emerson, 3:32.6.

**3X Long Jump:** 1-Warwick Valley (Colin Maggiolo, Tom Reilly, Casey Burley), 58-8. 2-Old Tappan, 55-5. 3-Cresskill, 54-3 ½. 4-Ridgefield Park, 52-9. 5-Mahwah, 51-6. 6-Wayne Valley, 51-5. 7-Ridgewood, 51-3 ½. 8-Union, 51-2 ½. 9-Wayne Hills, 50-9 ½. 10-Verona, 50-4. 11-Averill Park, 50-2 ½.

**3X Triple Jump:** 1-Warwick Valley (Colin Maggiolo, Tom Reilly, Casey Burley), 122-7 ½. 2-Mahwah, 115-4 ½. 3-Ridgewood, 113-0. 4-Wayne Hills, 111-8. 5-Ridgefield Park, 111-0 ½. 6-Union, 109-3 ½. 7-Wayne Valley, 103-8 ½. 8-Cresskill, 80-11. 9-Old Tappan, 68-4

**3X High Jump:** 1-Old Tappan (Zach Weinberg, Ben Davis, Luke Annichiarico), 16-8. 2-Passaic, 16-0. 3-Ridgewood, 15-10. 4-Cresskill, 15-6. 5-Union, 15-4. 6-Ridgefield Park, 10-10. 7-Verona, 10-4

**3X Pole Vault:** 1-Ridgefield Park, 35-0. 2-Old Tappan, 33-6. 3-CBA, 29-0. 4-Wayne Hills, 27-0. 5-Ridgewood, 23-6

**3X Shot Put:** 1-Cresskill (Joe Hercvctdez, Drew Farber, Sebastian Castagio), 130-10. 2-Ridgefield Park, 129-9 ½. 3-Old Tappan, 128-1. 4-Passaic, 127-4. 5-Mahwah, 118-3. 6-Union, 117-6. 7-Ridgewood, 116-8. 8-Wayne Hills, 116-1. 9-Averill Park, 111-10 ½. 10-Warwick Valley, 111-2 ½. 11-Wayne Valley, 96-9 ½. 12-Verona, 95-3 ½. 13-Emerson, 92-7. 14-Waldwick, 85-8 ½.

**3X Discus:** 1-Old Tappan (Jongmin Youn, Besart Kotici, Dave Jeong), 373-6. 2-Cresskill, 362-11. 3-Union, 361-9. 4-Ridgewood, 346-8. 5-Passaic, 342-6. 6-Paramus Catholic, 322-7. 7-Wayne Valley, 319-4.

8-Mahwah, 312-1. 9-Ridgefield Park, 303-2. 10-Warwick Valley, 301-9. 11-Emerson, 293-7. 12-Wayne Hills, 292-10. 13-Verona, 262-11. 14-Averill Park, 202-5. 15-Waldwick, 191-9

**3X Javelin:** 1-Ridgefield Park, (Matthew Perdomo, Jake D'Esposito, John Monnett), 412-11. 2-Paramus Catholic, 391-2. 3-Wayne Valley, 389-10. 4-Old Tappan, 376-5. 5-Cresskill, 371-5. 6-Emerson, 366-1. 7-Ridgewood, 364-10. 8-Union, 360-8. 9-Wayne Hills, 342-2. 10-Verona, 314-11. 11-Waldwick, 293-9. 12-Warwick Valley, 196-10

## GIRLS

**4X100m:** 1-Paramus Catholic (Tatianna Jenkins, Rosie Menyhart, Tatiyanna Sanders, Kayla Adams), 52-0. 2-Elizabeth, 53.5. 3-NVOT, 53.7. 4-Ridgewood, 55.1. 5-Waldwick, 55.2. 6-tie-Cresskill, 55.5 & Averill Park, 55.5. 8-Emerson, 55.8. 9-Pequannock, 56.3. 10-DePaul, 56.6. 11-Wayne Hills, 56.9. 12-Ridgefield Park, 57.6. 13-Verona, 60.1

**4X200m:** 1-Elizabeth (Tamoya Brown, Gabrielle Gilbert, Ayanna Council, Lanay Crawford), 1:52.3. 2-Averill Park, 1:54.0. 3-Wayne Hills, 1:55.0. 4-Verona, 1:55.4. 5-Wayne Valley, 1:56.4. 6-Waldwick, 1:59.1. 7-Pequannock, 1:59.3. 8-Ridgefield Park, 2:03.7

**4X400m:** 1-Wayne Valley (Jessica Cusick, Allison Fournier, Julianna Falso, Erin Callaghan), 4:16.1. 2-Ridgewood, 4:19.9. 3-Elizabeth, 4:20.2. 4-DePaul, 4:23.5. 5-Pequannock, 4:27.0. 6-Verona, 4:31.0. 7-Cresskill, 4:32.5. 8-Ridgefield Park, 4:33.1. 9-Old Tappan, NT

**4X800m:** 1-Old Tappan (Caitlyn Ubl, Ellen Ubl, Courtney Brunet, Hannah LaFronz), 10:18.1. 2-Wayne Hills, 10:18.7. 3-Elizabeth, 10:22.3. 4-Wayne Valley, 10:25.6. 5-Verona, 10:31.8. 6-Averill Park, 10:32.7. 7-Passaic, 11:12.4. 8-Cresskill, 11:27.2. 9-Ridgefield Park, 11:40.2

**4X1600m:** Wayne Hills (Allie Pypes, Caity Wallace, Jillian O'Donohue, Alyssa Loffredo), 22:46.8. 2-Demarest, 23:40.1. 3-Ridgewood, 23:44.8. 4-Passaic, 24:16.4. 5-Elizabeth, 24:16.5. 6-Old Tappan, 24:30.5. 7-Verona, 24:38.6. 8-Cresskill, 25:46.4. 9-Ridgefield Park, 27:34.9

**Sprint Medley:** 1-DePaul (Megan McGourty, Melissa McGourty, Danielle Caruccio, Milena Hareza), 4:31.4. 2-Ridgewood, 4:38.4. 3-Old Tappan, 4:43.5. 4-Averill Park, 4:50.3. 5-Emerson, 4:55.5. 6-Pequannock, 4:59.0. 7-Cresskill, 5:01.8. 8-Waldwick, 5:08.7. 9-Ridgefield Park, 5:17.0

**Distance Medley:** 1-Wayne Hills (Alyssa Loffredo, Nicole Gignac, Steph Bitcan, Luag Peschel), 13:21.0. 2-Old Tappan, 13:30.8. 3-Elizabeth, 13:41.4. 4-Verona, 13:56.3. 5-Averill Park, 14:00.8. 6-Ridgewood, 14:16.5. 7-Passaic, 14:18.3. 8-Cresskill, 14:32.9. 9-Ridgefield Park, 14:48.6

**4X100 HH:** 1-Old Tappan (Taryn DeLeon, Rachael Abolafia, Taylor Parcels, McKenzie Senik), 1:10.4. 2-Demarest, 1:11.8. 3-Pequannock, 1:12.0. 4-Verona, 1:13.4. 5-Ridgewood, 1:13.6. 6-Waldwick, 1:16.1. 7-Wayne Hills, 1:16.5. 8-Ridgefield Park, 1:17.5

**3X400 IH:** 1-Pequannock (Marlo Wehrer, Carly Hausleben, Erin McGrogan), 3:41.3. 2-Old Tappan, 3:46.9. 3-Waldwick, 3:57.2. 4-Cresskill, 4:00.4. 5-Ridgefield Park, 4:05.7. 6-Wayne Valley, 4:09.0

**3X Long Jump:** 1-Old Tappan (Taryn DeLeon, Lauren Bilali, Mackenzie Senick), 42-10. 2-tie-Waldwick & Cresskill, 42-3. 4-Verona, 42-2 ½. 5-Pequannock, 40-10 ½. 6-Ridgewood, 40-3 ½. 7-Wayne Valley, 40-0. 8-Ridgefield Park, 39-0. 9-Mahwah, 27-8. 10-Elizabeth, 25-11 ½.

**3X Triple Jump:** 1-Paramus Catholic, (Tatiyanna Sanders, Rosie Menyhart, Kayla Adams), 99-11. 2-Ridgewood, 90-3 ½. 3-Pequannock, 89-10 ½. 4-Waldwick, 87-0 ½. 5-Cresskill, 87-0. 6-Ridgefield Park, 86-2. 7-Wayne Valley, 83-5. 8-Mahwah, 63-7. 9-Emerson, 57-6 ½.

**3X High Jump:** 1-Old Tappan (Taryn DeLeon, Rachael Abolafia, Taylor Parcels), 14-2. 2-Paramus Catholic, 13-10. 3-tie-Mahwah, 13-6 & Ridgewood, 13-6. 5-Pequannock, 13-2. 6-Wayne Valley, 9-10. 7-Cresskill, 9-0. 8-Verona, 4-6. 9-Ridgefield Park, 4-4.

**3X Pole Vault:** 1-tie-Ridgewood (Emma Cichocki, Becky Tanner, Sam Kreutzer), 21-6 & Verona, (Gabby Mercurio, Christina Calandra, Tara Hull), 21-6. 3-Garfield, 19-6. 4-Cresskill, 18-0. 5-Mahwah, 16-6. 6-tie-Old Tappan & Ridgefield Park, 13-0. 8-Averill Park, 6-0.

**3X Shot Put:** 1-Wayne Valley (Alicia Hester, Carol Chen, Francesca Boylan), 102-0. 2-Garfield, 98-11. 3-Ridgefield Park, 94-6 ½. 4-Averill Park, 89-6 ½. 5-Cresskill, 81-11 ½. 6-Pequannock, 78-9. 7-Emerson, 74-4. 8-Ridgewood, 73-4. 9-Old Tappan, 72-5. 10-Elizabeth, 71-10 ½. 11-Waldwick, 71-10. 12-Wayne Hills, 70-9. 13-Verona, 61-1 ½.

**3X Discus:** 1-Wayne Valley (Stephanie Easse, Carol Chen, Alicia Hester), 298-8. 2-Cresskill, 253-8. 3-Garfield, 251-2. 4-Pequannock, 234-2. 5-Verona, 232-9. 6-Emerson, 229-9. 7-Ridgefield Park, 223-11. 8-

Elizabeth, 216-3. 9-Ridgewood, 212-8. 10-Old Tappan, 201-10. 11-Averill Park, 199-2. 12-Wayne Hills, 177-7. 13-Waldwick, 149-0

**3X Javelin:** 1-Ridgefield Park (Kellie Lane, Stacey Anning, Aliyah Moody), 287-2. 2-Wayne Valley, 261-9. 3-Ridgewood, 250-5. 4-Waldwick, 241-10. 5-Cresskill, 238-8. 6-Pequannock, 233-6. 7-Paramus Catholic, 231-5. 8-Verona, 229-9. 9-Wayne Hills, 203-8. 10-Emerson, 200-8. 11-Old Tappan, 173-2

### NOVICE BOYS

**4X100m:** 1-Union (Gerron Wooten, Steven Nebedum, Memesito Marcellus, Westley Edobi), 47.2. 2-Warwick Valley, 47.5. 3-Garfield, 48.2. 4-Old Tappan, 48.8. 5-Ridgewood, 49.2

**4X200:** 1-Garfield (Eddy Mendez, Alex Suarez deSouza, Eric Zuniga, Eddy Carillo), 1:40.1. 2-Ridgewood, 1:42.6. 3-Old Tappan, 1:44.7. 4-Passaic, 1:47.1. 5-Garfield (Wojdyla), 1:49.1

**4X400m:** 1-Perth Amboy (Chris Arliqua, Damon Daly, Julius Madden, Alejandro Herrera), 3:44.1. 2-Union, 3:48.2. 3-Warwick Valley, 3:52.8. 4-Passaic, 3:54.8. 5-Pequannock, 3:55.6

**4X800m:** 1-Warwick Valley (Eric Barron, DJ Peterson, Omar Arietta, Christian Yorks), 9:01.7. 2-Ridgewood, 9:09.5. 3-Perth Amboy, 9:10.9. 4-Old Tappan, 9:21.5. 5-Wayne Hills, 9:24.3

**Distance Medley:** 1-Old Tappan (Greenberg, Kopec, Schumacher, Nanus), 12:12.0. 2-Waldwick, 12:15.9. 3-Garfield, 12:28.8. 4-Passaic, 12:32.3. 5-Perth Amboy, 12:33.4

**4X110H:** 1-Old Tappan (Jason Babbini, Marc Reinas, Guillermo Abrego, Joe Jordan), 1:14.7. 2-Union, 1:18.7. 3-Waldwick, 1:22.5. 4-Emerson, 1:29.7

**2X400H:** 1-Old Tappan (Marc Renaic, Joe Jordan), 2:07.2. 2-Pequannock, 2:11.3. 3-Union, 2:11.8. 4-Wayne Valley, 2:20.9. 5-Passaic, 2:21.8

**2XHJ:** 1-Old Tappan (Marc Reinac, Joe Jordan), 10-2. 2-Wayne Valley, 9-8. 3-Ridgewood, 5-2. 4-Waldwick, 5-0

**2XLJ:** 1-Ridgewood (Emmett Berry, Armond Punjabi), 33-7. 2-Waldwick, 33-4. 3-Pequannock, 32-9 ¼. 4-Old Tappan, 32-9. 5-Wayne Valley, 30-9 ½.

**2XTJ:** 1-Garfield (Jared Hargrove, Steven Nolasco), 72-5 ½. 2-Ridgewood, 70-4 ½. 3-Ridgewood C, 68-11. 4-Wayne Valley, 67-5 ½. 5-Old Tappan, 66-1 ½.

**2XPV:** 1-Ridgewood (Connor Abernathy, Patric Morgan), 9-0

**2X SP:** 1- Old Tappan (Carver, Kotici), 79-3. 2- Ridgewood A, 70-6. 3- Cresskill, 69-11. 4- Cresskill, 69-0. 5- Perth Amboy, 68-4.

**2X Disc:** 1-Cresskill (Seb Castamo, Dre Latorbeeres), 195-11. 2-Garfield, 190-7. 3-Perth Amboy, 187-0. 4-Ridgewood, 182-5. 5-Ridgewood B, 176-6.

**2X Jav:** 1-Old Tappan (Tyler Angert, Jason Babbini), 225-5. 2-Perth Amboy, 202-10. 3-Garfield, 187-11. 4-Old Tappan, 185-7. 5-Ridgewood, 161-0.

### NOVICE GIRLS

**4X100m:** 1-Elizabeth (Janiyah Coleman, Giselle Gonzalez, Melissa Dabel, Nakiyah McClain), 56.3. 2-Old Tappan, 57.2. 3-PCHS, 58.5. 4-Perth Amboy, 60.5. 5-Averill Park, 61.0

**4X200:** 1-Ridgewood (Becca Stern, Emily Flynn, Saskia Keppler, Megan Lucky), 2:00.4. 2-Elizabeth, 2:00.7. 3-Perth Amboy, 2:02.6. 4-Paramus Catholic, 2:04.3. 5-Elizabeth (Diaz), 2:05.3.

**4X400m:** 1-Elizabeth (Gabrielle Gilbert, Ayanna Council, Nakiyah McClain, Monica Flores), 4:23.7. 2-Elizabeth, 4:29.9. 3-Wayne Valley, 4:38.4. 4-Passaic, 4:48.5. 5-Old Tappan, 4:50.5

**4X800m:** 1-Old Tappan (Alyssa Casamento, Hannah Reeves, Nicole Rizzo, Rachel Chern), 11:06.5. 2-Ridgewood, 11:16.6. 3-Wayne Valley, 11:21.5. 4-Paramus Catholic, 11:22.5. 5-Passaic, 11:29.1

**Distance Medley:** 1-Garfield (Kylie Nugent, Emilija Gligoroska, Alexis Sena, Victoria Contreras), 14:50.7. 2-Ridgewood, 14:58.4. 3-Old Tappan, 14:59.3. 4-Passaic, 15:02.6

**4X110H:** 1-PCHS (Kayla Adams, Catherine Meagher, Kimberly Dorismand, Dannie Griffin), 1:20.9. 2-Garfield, 1:21.4

**2X400H:** 1- Passaic (Stephanie Espinoca, Aadriana Powell), 2:51.2. 2- Emerson, 2.54.7. 3-Garfield, 3:01.9. 4- Garfield, 3:20.7.

**2XHJ:** 1-Cresskill (Michal Cohen, Maryann Hassan), 9-0. 2-tie-Garfield, 8-2 & Passaic, 8-2. 4-Ridgewood, 8-0.

**2XLJ:** 1-Old Tappan (Kristen Rinaldi, Rachel Abolafia), 27-0. 2-Wayne Valley, 26-11 ½. 3-Garfield, 26-5 ½. 4-Ridgewood, 26-4. 5-Old Tappan, 26-0

**2XTJ:** 1-Ridgewood, (Steph, Libby DeVita), 57-11. 2-Ridgewood, 56-3 ½. 3-Garfield, (Rodriguez), 54-6 ½. 4-Garfield, 53-3. 5-Cresskill, 30-11 ½.

**2XPV:**

**2X SP:** 1-Waldwick (Ariana Chousa, Madison LaTorrez), 48-10. 2-Ridgewood, 45-1. 3-Perth Amboy, 44-11. 4-Ridgewood, 41-6. 5-Garfield, 41-4

**2X Disc:** 1-Cresskill, 125-6. 2-Ridgewood, 124-3. 3-Perth Amboy, 119-3. 4-Waldwick, 117-8. 5-Ridgewood, 115-11.

**2X Jav:** 1-Ridgewood (Kontos, Tai), 106-5. 2-Verona, 100-11. 3-Ridgewood, 83-7. 4-PC, 59-8

### FROSH BOYS

**4X100m:** 1-Old Tappan (Luke Casamento, Jack Reeves, Kevin Martinez, Jon Piccinich), 51.3. 2-Union, 51.5. 3-Garfield, 51.9. 4-Ridgewood, 52-0. 5-PCHS, 52.1

**4X200:** 1-PCHS (Josh Gilbert, Chris Ko, Yasir Thomas, Daniel Koerner), 1:46.3. 2-Garfield, 1:47.1. 3-Ridgewood A, 1:47.4. 4-Old Tappan, 1:49.4. 5-PCHS, 1:50.0

**4X400m:** 1-Warwick Valley (Nick Pacelli, Will Chester, Matt Randazzo, Blas Freshko), 4:08.2. 2-Union, 4:09.0. 3-Passaic, 4:09.2. 4-Averill Park, 4:11.7. 5-Wayne Valley, 4:14.0

**4X800m:** 1-Warwick Valley (Matt Adolph, Jason Nafash, Tom Nafash, Ryan Miele), 9:18.5. 2-Ridgewood, 9:21.4. 3-Averill Park, 9:39.1. 4-Passaic, 9:41.4. 5-Ridgewood, 9:50.9

**Distance Medley:**

**4X110H:**

**2X400H:** 1-Waldwick (Vachman, Zowell), 2:27.0. 2-Wayne Hills, 2:31.1

**2XHJ:** 1-tie-Garfield (Matt Nierzba, Steven Nolasco), 10-0 & Old Tappan, 10-0. 2-Wayne Valley, 9-10.

**2XLJ:** 1-Garfield (Matt Wierzba, Aveon Irving), 33-10. 2-Wayne Valley, 15-2.

**2XTJ:** 1-Garfield (Aveon Irving, Matt Wierzba), 74-7 ½.

**2XPV:**

**2X SP:** 1-Passaic (Morrisey, Henry), 84-0. 2-NVOT, 65-6. 3-Union, 57-6. 4-Ridgewood A, 51-11. 5-Ridgewood B, 46-0

**2X Disc:** 1-Passaic (Patrick Henry, Davon Morrisey), 159-3. 2-Garfield, 148-10. 3-Ridgewood, 124-1. 4-Ridgewood B, 101-3. 5-Ridgewood C, 92-0

**2X Jav:**

### FROSH GIRLS

**4X100m:** 1-Ridgewood (Becca Feder, Jamie Ades, Alex Gormichella, Saskia Keppler), 59.7. 2-PCHS, 1:11.8

**4X200:** 1-Paramus Catholic (Fiona Hecdiuart, Chloe Gonzales, Monserrat Benita, Celine Paulovich), 2:15.7

**4X400m:** 1-Ridgewood (Becca Feder, Jamie Ades, Alex Formichella, Saskia Keppler), 4:41.5. 2-Old Tappan, 5:02.5

**4X800m:** 1-Old Tappan (Caitlyn McGowan, Julia Choi, Francesca Mangano, Jessica Hall), 11:22.3. 2-Garfield, 12:33.3

**Distance Medley:** 1-Old Tappan (Bailey, Choi, Hall, McGowan), 15:01.3. 2-Ridgewood, 16:28.7

**4X110H:**

**2X400H:** 1-Verona (Gabi Horton, Miranda Williams), 2:54.2. 2-Garfield, 2:59.5. 3-Passaic, 3:02.1

**2XHJ:** 1-Waldwick (Melissa Cowie, Caitlyn Vellios), 7-10. 2-Passaic, 7-8

**2XLJ:** 1-Waldwick (Barchaus, Cowie), 25-4. 2-Averill Park, 24-4. 3-Old Tappan, 21-6. 4-Emerson, 20-5

**2XTJ:**

**2XPV:**

**2X SP:**

**2X Disc:**

**2X Jav:**

# Pawlowski Relays 2013 Girls Team Scores

Events

Teams	Totals	4X100m	4X200m	4X400m	4X800m	4X1600m	Sp.Med	DisMed	4X100H	3X400H	3XLJ	3XTJ	3XHJ	3XPV	3XShot	3XDisc	3XJav	
Old Tappan	98.5 l	8		2	12	5	8	10	12	10	12		12	4.5	2	1		
Ridgewood	92.5 l	7		10		8	10	5	6		5	10	7.5	11	3	2	8	
Wayne Valley	77 l		6	12	7					5	4	4	5		12	12	10	
Elizabeth	57 l	10	12	8	8	6		8			1				1	3		
Averill	42.5 l	4.5	10		5		7	6						3	7			
Paramus Catholic	38 l	12										12	10				4	
Demarest	20 l					10			10									
Passaic	15 l				4	7		4										
CBA, Lindcroft	0 l																	
Perth Amboy	0 l																	
Union	0 l																	
Warwick Valley, NY	0 l																	
Cresskill	76.5 s	4.5		4	3	3	4	3		7	9	6	4	7	6	10	6	
Pequannock	74 s	2	4	6			5		8	12	6	8	6		5	7	5	
Verona	66 s		7	5	6	4		7	7		7		3	11		6	3	
Ridgefield Park	61.5 s		3	3	2	2	2	2	3	6	3	5	2	4.5	8	4	12	
Waldwick	50 s	6	5				3		5	8	9	7					7	
Wayne Hills	48 s		8		10	12		12	4								2	
Garfield	26 s													8	10	8		
Emerson	21 s	3					6					2			4	5	1	
DePaul	20 s	1		7			12											
Mahwah	18.5 s										2	3	7.5	6				
	0																	
	902	58	55	57	57	57	57	57	55	48	58	57	57	55	58	58	58	902

# Pawlowski Relays 2013 Boys Team Scores

Teams	Totals	Events																
		4X100m	4X200m	4X400m	4X800m	4X1600m	Sp.Med	DisMed	4X100H	3X400H	3XLJ	3XTJ	3XHJ	3XPV	3XShot	3XDisc	3XJav	
Old Tappan	125 l	12	12		6	3	4	7	8	12	10	2	12	10	8	12	7	
Warwick Valley, NY	88.5 l		2.5	12	12	12	12	12			12	12			1	1		
Union	80 l	10	6	7		5	8		7	7	3	5	6		5	8	3	
Ridgewood	73 l		4		7		5	6	10		4	8	8	6	4	7	4	
Wayne Valley	65.5 l	3.5		5	4	6	6	5	5	10	5	4				4	8	
Passaic	49 l	1	5	3	8	7		2					10		7	6		
Paramus Catholic	30 l	8	7													5	10	
Averill	27.5 l	3.5		6	2			10		4					2			
Demarest	20 l					8			12									
Perth Amboy	20 l		10	10														
CBA, Lindcroft	18 l					10							8					
Elizabeth	0 l																	
Ridgefield Park	105 s	5	8	8	10		7	3	4	6	7	6	5	12	10	2	12	
Cresskill	58 s	6		2		1	2	1			8	3	7		12	10	6	
Wayne Hills	54.5 s	2	2.5		3	4		8	6	8	2	7		7	3		2	
Mahwah	25 s										6	10			6	3		
DePaul	17 s	7					10											
Emerson	14 s					2		4		3							5	
Verona	14 s				5		3			1		4					1	
Waldwick	11 s		1	4			1			5								
Garfield	0 s																	
Pequannock	0 s																	
	895	58	58	57	57	58	58	58	52	55	58	57	52	43	58	58	58	895