

**THE TWENTY-SECOND LOU LANZALOTTO BERGEN MEET OF
CHAMPIONS**

COMBINING

THE BERGEN GIRLS MEET OF CHAMPIONS (established 1979)

AND

THE BERGEN MEET OF CHAMPIONS (established 1970)

**HACKENSACK HIGH SCHOOL
MAY 28, 2013**

PREVIOUS GIRLS MEET OF CHAMPIONS WINNERS

100

1979-Karen Johnson, Teaneck*
1980-Lori Morton, Westwood
1981-Caroline Morris, Hackensack
1982-Stacia Palahnuk, Old Tappan
1983-Michelle Forrester, Teaneck
1984-Michelle Forrester, Teaneck
1985-Neretta Freeman, Garfield
1986-Neretta Freeman, Garfield
1987-Neretta Freeman, Garfield
1988-Sara Pieri, Ramapo
1989-Gily Dishon, Tenafly
1990-Nicole Golden, Teaneck
1991-Christine Rose, IHA
1992-Jean Readie, Queen of Peace
1993-Adria Ferguson, Old Tappan
1994-Erika Albies, Pascack Valley
1995-Willie Mae Washington, Lodi
1996-Willie Mae Washington, Lodi
1997-Melissa Bochiario, Glen Rock
1998-Carlene Cummings, Englewood
1999-Courtney Cubicciotti, IHA
2000-Anike Orimogunje, Queen of Peace
2001-Anike Orimogunje, Queen of Peace
2002-Anike Orimogunje, Queen of Peace
2003-Anike Orimogunje, Queen of Peace
2004-Cheryl Anscombe, Westwood
2005-Amma Walcott, Hackensack
2006-Angelica Johnson, Ridgefield Park
2007-Angelica Johnson, Ridgefield Park
2008-Janay Mitchell, Teaneck
2009-Myasia Jacobs, Paramus Catholic
2010-Kim Nagotko, Mahwah
2011-Kahlia Taylor, Teaneck
2012-Kahlia Taylor, Teaneck

400

1979-Sharon Kearns, Saddle Brook*
1980-Judy Davis, Ridgewood
1981-Marie McVeagh, Demarest
1982-Marie McVeagh, Demarest
1983-Tisa Stubbs, Englewood
1984-Aileen Trendler, Old Tappan
1985-Aileen Trendler, Old Tappan
1986-Ginny Figlar, Ridgewood
1987-Ginny Figlar, Ridgewood
1988-Ginny Figlar, Ridgewood
1989-Matilda Miranda, Teaneck

200

1979-Karen Johnson, Teaneck*
1980-Selina Ashby, Teaneck
1981-Stephanie Laughlin, Teaneck
1982-Marie McVeagh, Demarest
1983-Michelle Forrester, Teaneck
1984-Michelle Forrester, Teaneck
1985-Neretta Freeman, Garfield
1986-Missy Hicks, Teaneck
1987-Shonna Clay, Teaneck
1988-Sara Pieri, Ramapo
1989-Gily Dishon, Tenafly
1990-Nicole Golden, Teaneck
1991-Nicole Golden, Teaneck
1992-Jean Readie, Queen of Peace
1993-Melissa Gilbert, Ridgewood
1994-Michelle Stein, Glen Rock
1995-Carlene Cummings, Englewood
1996-Carlene Cummings, Englewood
1997-Janna Kohout, River Dell
1998-Courtney Cubicciotti, IHA
1999-Courtney Cubicciotti, IHA
2000-Anike Orimogunje, Queen of Peace
2001-Anike Orimogunje, Queen of Peace
2002-Anike Orimogunje, Queen of Peace
2003-Anike Orimogunje, Queen of Peace
2004-Cheryl Anscombe, Westwood
2005-Amy Salek, Ramapo
2006-Angelica Johnson, Ridgefield Park
2007-Janay Mitchell, Teaneck
2008-Janay Mitchell, Teaneck
2009-Myasia Jacobs, Paramus Catholic
2010-Myasia Jacobs, Paramus Catholic
2011-Kim Nagotko, Mahwah
2012-Angela Harrison, Paramus Catholic

800

1979-Bianca O'Connell, Rutherford*
1980-Claudia Lynch, Westwood
1981-Patti Mileski, Ridgewood
1982-Patti Mileski, Ridgewood
1983-Mary Ellen Mileski, Ridgewood
1984-Karen Weissinger, Westwood
1985-Margaret Scutro, Ridgewood
1986-Jasmin Jones, Hackensack
1987-Jasmin Jones, Hackensack
1988-Lynne Collazo, Ridgewood
1989-Liz Figlar, Ridgewood

400

1990-Dana Riley, Teaneck
 1991-Jennifer Metz, Pascack Valley
 1992-Dana Riley, Teaneck
 1993-Dana Riley, Teaneck
 1994-Delcita Russell, Hackensack
 1995-Delcita Russell, Hackensack
 1996-Delcita Russell, Hackensack
 1997-Delcita Russell, Hackensack
 1998-Kelley Johnson, Teaneck
 1999-Jackie Babbini, Cliffside Park
 2000-Chris Siebold, Demarest
 2001-Ebony Ramos, Hackensack
 2002-Janine Davis, Queen of Peace
 2003-Elina Ploskin, Fair Lawn
 2004-Janine Davis, Queen of Peace
 2005-Sophia Davis, Queen of Peace
 2006-Amy Salek, Ramapo
 2007-Amy Salek, Ramapo
 2008-Amy Salek, Ramapo
 2009-Aderonke Bakare, Teaneck
 2010-Colleen Murphy, Westwood
 2011-Deanna DiLandro, Ramapo
 2012-Micaela McPadden, Ridgewood

1600

1979-Mary Ellen McGowan, Pascack Valley*
 1980-Mary Ellen Mileski, Ridgewood*
 1981-Patti McCluskey, Dumont*
 1982-Mary Ellen Mileski, Ridgewood*
 1983-Patti Mileski, Ridgewood*
 1984-Jasmin Jones, Hackensack
 1985-Norine D'Arcy, Ridgewood
 1986-Jennifer Hughes, Ridgewood
 1987-Norine D'Arcy, Ridgewood
 1988-Jean Hughes, Ridgewood
 1989-Monica Biro, Pascack Valley
 1990-Eileen Fitzgerald, Ridgewood
 1991-Eileen Fitzgerald, Ridgewood
 1992-Eileen Fitzgerald, Ridgewood
 1993-Martina Brosnahan, IHA
 1994-Dana Satir, Ramsey
 1995-Stephanie Doyle, Ridgewood
 1996-Stephanie Doyle, Ridgewood
 1997-Dana Satir, Ramsey
 1998-Celeste Sedo, Ridgewood
 1999-Meg McDermott, Ridgewood
 2000-Clair Nowakowski, Ridgewood
 2001-Dianna Russini, Old Tappan
 2002-Julia Emanuel, Tenafly

800

1990-Jennifer Metz, Pascack Valley
 1991-Nancy Scott, Garfield
 1992-Claire Blaney, Ridgewood
 1993-Jean Readie, Queen of Peace
 1994-Jean Readie, Queen of Peace
 1995-Caitlin Wittreich, Tenafly
 1996-Julie Clifford, Holy Angels
 1997-Julie Clifford, Holy Angels
 1998-Julie Clifford, Holy Angels
 1999-Janelle McCallum, Teaneck
 2000-Erin Henry, Glen Rock
 2001-Erin Henry, Glen Rock
 2002-Erin Henry, Glen Rock
 2003-Caitlin Hemmer, IHA
 2004-Alicia Henry, Cresskill
 2005-Janine Davis, Queen of Peace
 2006-Cristina Law, Ridgewood
 2007-Kaitlin Cooney, IHA
 2008-Erin McKenna, Ramapo
 2009-Julieanne Fontana, Pascack Hills
 2010-Elizabeth Rosenberger, Ramsey
 2011-Phoebe Hersh, Tenafly
 2012-Deanna DiLandro, Ramapo

3200

1979-Violetta Josevska, Garfield
 1980-Eileen Healy, Bergenfield
 1981-Carol Dickstein, Ridgewood
 1982-Toni Ann Angione, Bergenfield
 1983-Beth Pringle, Ridgewood
 1984-Maritza Alvarez, Hackensack
 1985-Anne McVeigh, Demarest
 1986-Jennifer Narr, Rutherford
 1987-Jennifer Hughes, Ridgewood
 1988-Karen Cannon, Ridgewood
 1989-Melissa Wyka, Fair Lawn
 1990-Dee Keough, Mahwah
 1991-Hadas Tal, Fair Lawn
 1992-Breda McGowan, Bergenfield
 1993-Jenna Rogers, Ridgewood
 1994-Jenna Rogers, Ridgewood
 1995-Karen Petouvis, Paramus
 1996-Amy Smith, Ridgewood
 1997-Celeste Sedo, Ridgewood
 1998-Tracy Kirk, Ramsey
 1999-Beth Androski, Hackensack
 2000-Melissa Conway, Ramsey
 2001-Jen Myers, Ramapo
 2002-Taylor Lebovich, Old Tappan

1600

2003-Julia Emanuel, Tenafly
 2004-Taylor Lebovich, Old Tappan
 2005-Cheyenne Ogletree, Garfield
 2006-Kesley Ramsey, Ramapo
 2007-Kesley Ramsey, Ramapo
 2008-Sarah Pagano, IHA
 2009-Sarah Pagano, IHA
 2010-Erin Thompson, IHA
 2011-Lisa Zimmer, Ramapo
 2012-Lisa Zimmer, Ramapo

100 HH

1979-Karen Gaines, Teaneck
 1980-Karen Gaines, Teaneck
 1981-Renee Carter, Englewood
 1982-Judith Palmer, Teaneck
 1983-Kim Lehmann, Garfield
 1984-Alison Scarpa, Fair Lawn
 1985-Alison Scarpa, Fair Lawn
 1986-Kim Baumbach, Pascack Valley
 1987-Kim Baumbach, Pascack Valley
 1988-Beth Mayland, Northern Highlands
 1989-Allison Orsi, Indian Hills
 1990-Lori Rogoff, Pascack Valley
 1991-Vonetta Williams, Teaneck
 1992-Veronica Davi, IHA
 1993-Jessica Jenco, Indian Hills
 1994-Melene Thomas, Garfield
 1995-Melene Thomas, Garfield
 1996-Melene Thomas, Garfield
 1997-Carlene Cummings, Englewood
 1998-Beth Packman, Pascack Hills
 1999-Jamie Lilien, Pascack Valley
 2000-Jamie Lilien, Pascack Valley
 2001-Jill Turner, Pascack Hills
 2002-Julie Burrell, Hackensack
 2003-Michelle Smith, Teaneck
 2004-Chelsea Townes, Hackensack
 2005-Michelle Smith, Teaneck
 2006-Lara-Jane Que, Ridgewood
 2007-Lara-Jane Que, Ridgewood
 2008-Mia Martinez, Ridgewood
 2009-Kirsten Bowens, Mahwah
 2010-Sarah DeVita, Ridgewood
 2011-Alexandra Cimino, Westwood
 2012-Alexandra Cimino, Westwood

INVITATIONAL TRIPLE JUMP

1987-Sharon Allen, Eastside

3200

2003-Shaneika Bernard, Hackensack
 2004-Andrea Rothschild, Demarest
 2005-Amy Van Alstine, Midland Park
 2006-Erin McKenna, Ramapo
 2007-Mary Kaye Duff, Holy Angels
 2008-Mary Kaye Duff, IHA
 2009-Erin Thompson, IHA
 2010-Emily Dunne, Holy Angels
 2011-Jen Molke, Holy Angels
 2011-Caroline Davidson, Ridgewood

400 IH

1979-none
 1980-none
 1981-Judith Palmer, Teaneck
 1982-Judith Palmer, Teaneck
 1983-Kim Lehmann, Garfield
 1984-Kim Lehmann, Garfield
 1985-Liz Ross, Ridgewood
 1986-Karen Von Steenburgh, Bergenfield
 1987-Lynn Degelmann, Ridgewood
 1988-Lynn Degelmann, Ridgewood
 1989-Jennifer Powell, Teaneck
 1990-Michelle Grube, Bergenfield
 1991-Veronica Davi, IHA
 1992-Veronica Davi, IHA
 1993-Renee Pavelski, Ridgewood
 1994-Natasha Bernard, Teaneck
 1995-Zorinah Figueroa, Teaneck
 1996-Marissa Jackson, Hackensack
 1997-Katie Hanley, Glen Rock
 1998-Mahasin Pegeise, Rutherford
 1999-Jackie Babbini, Cliffside Park
 2000-Jackie Babbini, Cliffside Park
 2001-Kim Mineo, Glen Rock
 2002-Kim Mineo, Glen Rock
 2003-Chelsea Townes, Hackensack
 2004-Michelle Smith, Teaneck
 2005-Michelle Smith, Teaneck
 2006-Alex Rosenberger, Ramsey
 2007-Cristina Law, Ridgewood
 2008-Jenn Sant Anna, Pascack Hills
 2009-Katelyn Ary, Demarest
 2010-Diane Bain, Ramsey
 2011-Katelyn Ary, Demarest
 2012-Allison Tell, Demarest

400 Relay

1979-Teaneck*

1988-Jen McDermott, Ridgewood
1989-Jen McDermott, Ridgewood
1990-Keirsten Wallace, Westwood

1980-Teaneck*
1981-Park Ridge
1982-none

Pole Vault

1999-Rachel Fisher, Dumont
2000-Kirsten LaGreca, Mahwah
2001-Jessica Hatton, Ridgefield Park
2002-Joyce Rosenbaum, Tenafly
2003-Jessica Hatton, Ridgefield Park
2004-Kerri Norton, Ridgewood
2005-Cassie Wong, Ridgewood
2006-Cassie Wong, Ridgewood
2007-Annie Polcari, Ridgewood
2008-Annie Polcari, Ridgewood
2009-Michelle Favre, Saddle Brook
2010-Chelsea Hartigan, Ramapo
2011-Kayla Polcari, Ridgewood
2012-Carolyn Edler, Mahwah

High Jump

1979-Ingrid Pessa, Ridgewood
1980-Stephanie Bembridge, Northern Highlands
1981-Jane Farrell, River Dell
1982-Nancy Larena, Saddle Brook
1983-Nancy Larena, Saddle Brook
1984-Kelly Barrett, Westwood
1985-Kelly Barrett, Westwood
1986-Debbie McDonald, Teaneck
1987-Dawn Reis, Lodi
1988-Dawn Reis, Lodi
1989-Melissa Hyer, Fair Lawn
1990-Jen Wilson, Midland Park
1991-Ami Racich, Cresskill
1992-Ami Racich, Cresskill
1993-Ami Racich, Cresskill
1994-Marie Greaux, Ridgefield Park
1995-Lesley Hodgson, Glen Rock
1996-Delcita Russell, Hackensack
1997-Cheryl Burdick, Ramsey
1998-Cheryl Burdick, Ramsey
1999-Cheryl Burdick, Ramsey
2000-Jamie Lilien, Pascack Valley
2001-Erin Piscetta, River Dell
2002-Lia Torre, Northern Highlands
2003-Jessica Malacrida, Paramus
2004-Kristen Kern, Indian Hills
2005-Jessica Malacrida, Paramus
2006-Juliana Camargo, Dumont
2007-C.J. Jacob, Ridgefield Park

Long Jump

1979-Modestine Toomer, Englewood
1980-Caroline Morris, Hackensack
1981-Caroline Morris, Hackensack
1982-Beverly Terry, Hackensack
1983-Eileen O'Connor, Dumont
1984-Sue Frazier, Rutherford
1985-Margaret Rottkamp, Indian Hills
1986-Margaret Rottkamp, Indian Hills
1987-Kim Baumbach, Pascack Valley
1988-Jen McDermott, Ridgewood
1989-Jen McDermott, Ridgewood
1990-Megan Burke, Glen Rock
1991-Megan Burke, Glen Rock
1992-Teri Martin, Hackensack
1993-Jen Hettel, Wallington
1994-Willie Mae Washington, Lodi
1995-Tammi Jordan, Englewood
1996-Carlene Cummings, Englewood
1997-Carlene Cummings, Englewood
1998-Carlene Cummings, Englewood
1999-Jamie Lilien, Pascack Valley
2000-Thatcha DaCosta, Englewood
2001-Jill Turner, Pascack Hills
2002-Jen Barthelemy, Bogota
2003-Alex Paslawsky, Ramsey
2004-Danielle Kroll, Indian Hills
2005-Shanelle Cross, Garfield
2006-Consandria Walker, Hackensack
2007-C.J. Jacob, Ridgefield Park

High Jump

2008-Alex Rosenberger, Ramsey
2009-Rachel Watkins, Indian Hills
2010-Rae Corbo, Paramus Catholic
2011-Meghan Dolan, Demarest
2012-Taryn DeLeon, Old Tappan

Triple Jump

1979-Debbie Pagan, Old Tappan
1980-Karen Gaines, Teaneck
1981-Renee Carter, Englewood
1982-Deneen Steiner, Ridgefield
1983-Eileen O'Connor, Dumont
1984-Margaret Rottkamp, Indian Hills
1985-Margaret Rottkamp, Indian Hills
1986-Margaret Rottkamp, Indian Hills
1987-Kim Baumbach, Pascack Valley
1988-Jen McDermott, Ridgewood
1989-Jen McDermott, Ridgewood
1990-Keirsten Wallace, Westwood
1991-Megan Burke, Glen Rock
1992-Teri Martin, Hackensack
1993-Erika Albies, Pascack Valley
1994-Ashley Marquard, Glen Rock
1995-Quanette Jester, Indian Hills
1996-Carlene Cummings, Englewood
1997-Carlene Cummings, Englewood
1998-Carlene Cummings, Englewood
1999-Shenee Clarke, Ridgefield Park
2000-Shenee Clarke, Ridgefield Park
2001-Thatcha DaCosta, Englewood
2002-Trish McGowan, Ridgewood
2003-Trish McGowan, Ridgewood
2004-Mallory Longfield, Indian Hills
2005-Mallory Longfield, Indian Hills
2006-Consandria Walker, Hackensack
2007-Lizzie Faust, Northern Highlands
2008-Jessica Molosh, Indian Hills
2009-Kirsten Bowens, Mahwah
2010-Rae Corbo, Paramus Catholic
2011-Gena Pickett, Mahwah
2012-Amanda Fields, Holy Angels

Shot Put

1979-Lynn Greene, Englewood
1980-Lisa Glidewell, Ridgewood
1981-Celia Mistretta, Park Ridge
1982-Regina Weinpahl, Westwood
1983-Regina Weinpahl, Westwood
1984-Lisette Zachgo, Pascack Valley

Long Jump

2008-Kellie Dunn, Rutherford
2009-Danna Wasserman, Demarest
2010-Rae Corbo, Paramus Catholic
2011-Taylor Clarkson, Indian Hills
2012-Patty McHugh, Waldwick

Javelin

1979-Liz Wahler, Saddle Brook
1980-Carla Cusate, North Arlington
1981-Chris Bradley, Ridgefield
1982-Sue Parker, Pascack Valley
1983-Barbara Wolff, Tenafly
1984-Trish Neuner, New Milford
1985-Jodi Porro, Rutherford
1986-Diane Maro, New Milford
1987-Elena Primerano, Lyndhurst
1988-Elena Primerano, Lyndhurst
1989-Elena Primerano, Lyndhurst
1990-Dawn Johnson, Lyndhurst
1991-Michelle Martin, Dumont
1992-Paige Fuller, Hasbrouck Heights
1993-Kristi Nukk, Mahwah
1994-Lauren Mazurkiewicz, Queen of Peace
1995-Debbie Chadwick, Rutherford
1996-Jessica Sarubbi, Cliffside Park
1997-Krystal Buczynski, Paramus Catholic
1998-Jen Austin, Garfield
1999-Jen Austin, Garfield
2000-Jen Austin, Garfield
2001-Christina Labocki, Garfield
2002-Kelly Fazekas, Demarest
2003-Daina Pucurs, Demarest
2004-Daina Pucurs, Demarest
2005-Brynn Rosser, Hackensack
2006-Julia Cohan, Northern Highlands
2007-Jaclyn Wypler, Ridgewood
2008-Shannon Sullivan, IHA
2009-Shannon Sullivan, IHA
2010-Hannah Mayer, Northern Highlands
2011-Jamie Klein, Paramus Catholic
2012-Shauntierah Douglas, Garfield

Discus

1979-Linda Clayton, Demarest
1980-Janice Welte, Ridgefield Park
1981-Lynn Greene, Englewood
1982-Amy Hiller, Pascack Hills
1983-Pascale Barrau, Paramus Catholic
1984-Cardrienne McDonald, Hackensack

Shot Put

1985-Michelle Castagnetti, Lyndhurst
1986-Kirsten Christiansen, Rutherford
1987-Kirsten Christiansen, Rutherford
1988-Keelan Craw, Waldwick
1989-Young Park, Dwight-Englewood
1990-Young Park, Dwight-Englewood
1991-Ilona Olayon, River Dell
1992-Jen Dougherty, Ramsey
1993-Beth Crusius, Hackensack
1994-Jen Dougherty, Ramsey
1995-Jenicka Carter, Westwood
1996-Erin O'Reilly, Ramsey
1997-Jennifer Flinchum, Demarest
1998-Jennifer Flinchum, Demarest
1999-Jennifer Flinchum, Demarest
2000-Maritsa Christoudias, Ramsey
2001-Jessica Fazekas, Demarest
2002-Jessica Fazekas, Demarest
2003-Kelly Fazekas, Demarest
2004-Andrea Cerbie, Old Tappan
2005-Nicole Lowenstein, Lyndhurst
2006-Tanya Elshahawi, Indian Hills
2007-April Kaiser, Park Ridge
2008-Shannon Sullivan, IHA
2009-Apresha Hampton, Teaneck
2010-Apresha Hampton, Teaneck
2011-Theresa Picciallo, IHA
2012-Jessica Reuveni, Paramus

1600 Relay

1979-Westwood*
1981-Teaneck
1983-Ridgewood
1985-Ridgewood
1987-Ridgewood
1989-Teaneck
1991-Teaneck
1993-Teaneck
1995-Glen Rock
1997-Teaneck
1999-Ridgewood
2001-Ridgewood
2003-Ramsey
2005-Teaneck
2007-Ridgewood
2009-Teaneck
2011-Westwood

Discus

1985-Nancy Van Dyke, Midland Park
1986-Amy LoMauro, Fair Lawn
1987-Kirsten Christiansen, Rutherford
1988-Anne Wellington, Teaneck
1989-Young Park, Dwight-Englewood
1990-Young Park, Dwight-Englewood
1991-Tammy Jones, Teaneck
1992-Sharren Bates, Pascack Hills
1993-Beth Crusius, Hackensack
1994-Jen Dougherty, Ramsey
1995-Kim Ferranti, Glen Rock
1996-Chaya Tesker, Old Tappan
1997-Jessica Sokolik, Ridgewood
1998-Jennifer Flinchum, Demarest
1999-Jennifer Flinchum, Demarest
2000-Monique Mighty, Hackensack
2001-Jessica Fazekas, Demarest
2002-Jessica Fazekas, Demarest
2003-Tiffany Phoenix, Cresskill
2004-Julie Haledjian, Pascack Hills
2005-Jessica Lehmann, Park Ridge
2006-Natalia Arias, Tenafly
2007-Taylor Shea, Northern Highlands
2008-Christine Coppola, River Dell
2009-Shannon Sullivan, Paramus Catholic
2010-Rachel Pena, Ridgefield Park
2011-Apresha Hampton, Teaneck
2012-Tania Pabon, Cresskill

1600 Relay

1980-Westwood
1982-Englewood
1984-Ridgewood
1986-Teaneck
1988-Ridgewood
1990-Teaneck
1992-Teaneck
1994-Glen Rock
1996-Hackensack
1998-Teaneck
2000-Ridgewood
2002-Queen of Peace
2004-Teaneck
2006-Teaneck
2008-IHA
2010-IHA
2012-Ramapo

TOM ZACCONE AWARD (GIRLS TRACK)

1985-Margaret Scutro, Ridgewood
1986-Jasmin Jones, Hackensack
1987-Jasmin Jones, Hackensack
1988-Ginny Figlar, Ridgewood
1989-Gily Dishon, Tenafly
1990-Nicole Golden, Teaneck
1991-Jennifer Metz, Pascack Valley
1992-Dana Riley, Teaneck
1993-Dana Riley, Teaneck
1994-Jenna Rogers, Ridgewood
1995-
1996-Marissa Jackson, Hackensack
Stephanie Doyle, Ridgewood
1997-Carlene Cummings, Englewood
1998-Mahasin Pegeise, Rutherford
1999-Courtney Cubicciotti, IHA
2000-Jamie Lilien, Pascack Valley

2001-Dianna Russini, Old Tappan
2002-Anike Orimogunje, Queen of Peace
2003-Julia Emanuel, Tenafly
2004-Janine Davis, Queen of Peace

PAUL SCHWARTZ AWARD (GIRLS FIELD)

1985-none
1986-none
1987-Kirsten Christiansen, Rutherford
1988-Jen McDermott, Ridgewood
1989-Elena Primerano, Lyndhurst
1990-Young Park, Dwight-Englewood
1991-Megan Burke, Glen Rock
1992-Teri Martin, Hackensack
1993-Kristi Nukk, Mahwah
1994-Jen Dougherty, Ramsey
1995-
1996-Carlene Cummings, Englewood

1997-Cheryl Burdick, Ramsey
1998-Cheryl Burdick, Ramsey
1999-Jenn Flinchum, Demarest
2000-Jen Austin, Garfield
Maritsa Christoudias, Ramsey
2001-Jessica Fazekas, Demarest
2002-Jessica Fazekas, Demarest
2003-Jessica Hatton, Ridgefield Park
2004-Daina Pucurs, Demarest

2006-Kesley Ramsey, Ramapo
Alex Rosenberger, Ramsey

2007-Cristina Law, Ridgewood

2008-Sarah Pagano, IHA

2009-Myasia Jacobs, Paramus Catholic

2010- Myasia Jacobs, Paramus Catholic

2011-Katelyn Ary, Demarest

2012-Deanna DiLandro, Ramapo

MIKE GLYNN AWARD (BOYS TRACK)

1978-Clayton Lloyd, Hackensack

1979-Doug Jackson, Hackensack

1980-Doug Jackson, Hackensack

1981-none

1982-Darryl McFarlane, Teaneck

1983-Dexter Hairston, Teaneck

1984-Jim Woods, River Dell

1985-Greg Horner, Don Bosco

1986-Lamonte Brown, Demarest

1987-Chris Rae, Ridgewood

1988-Matt Goodman, Dumont

1989-Bob Howard, Old Tappan

1990-Ken Flynn, Ramsey

1991-Moses Mekbeb, Cliffside Park

1992-Rob Reeder, Northern Highlands

1993-Courtney Davis, Hackensack

2006-Cassie Wong, Ridgewood

Consandria Walker, Hackensack

2007-April Kaiser, Park Ridge

2008-Alex Rosenberger, Ramsey

2009-Shannon Sullivan, IHA

2010-Rae Corbo, Paramus Catholic

2011-Jamie Klein, Paramus Catholic

2012-Amanda Fields, Holy Angels

ED CHURCH AWARD (BOYS FIELD)

1978-Scott Palmer, Teaneck

1979-none

1980-none

1981-Ed Alston, Hackensack

1982-Bruce Bacchiocchi, Dumont

1983-Bruce Bacchiocchi, Dumont

1984-Andy Papathanassiou, Emerson

1985-Andy Papathanassiou, Emerson

1986-Scott Miller, Elmwood Park

1987-Lamonte Brown, Demarest

1988-Gerald Spears, Teaneck

1989-Dave Frazier, Rutherford

1990-Rich Miller, Cresskill

1991-Troy Cromwell, Pascack Valley

1992-Matt Psaltis, Fair Lawn

1993-Robert Mompont, Teaneck

MIKE GLYNN AWARD (BOYS TRACK)

1994-Joe Dawkins, Hackensack
1995-Joe Dawkins, Hackensack
1996-David Stein, Glen Rock
1997-Tom Redmond, Bergen Catholic
1998-Cary Snyder, Demarest
1999-Joe Velazquez, Paramus
2000-Josh Kauke, Ridgewood
2001-Adrian Durant, Teaneck
2002-Miles Austin, Garfield
2003-Dave Lado, Ridgefield

2004-Dan Oquendo, Hackensack
2005- Michael Ray Garvin, Don Bosco
2006-Sharif Webb, Don Bosco
2007-Da'mon Merkerson, St. Mary's
2008-Hayden Duffy, Emerson
2009-Mark Filandro, Indian Hills
2010-Kevin Condal, Hasbrouck Heights
2011-Bryan Murphy, Teaneck
2012-Deandre Jennings, Hackensack

ED CHURCH AWARD (BOYS FIELD)

1994-Justin Schwartz, Glen Rock
1995-Justin Schwartz, Glen Rock
1996-Frank Chamberlin, Mahwah
1997-John Dixon, Ridgefield Park
1998-J.D. Murdoch, Ridgewood
1999-Mike Murphy, New Milford
2000-Dan Cooper, Ridgewood
2001-Brent Hobbs, Don Bosco
2002-Jim Malizia, St. Joseph Regional
2003-Jean Beljour, Hackensack
 Vernard Hoover, Hasbrouck Heights
2004-Adam Sacher, Pascack Valley
2005-Doug Klopacz, St. Joseph Regional
2006-Paul Kovach, Ridgewood
2007-Geoff Goidell, Pascack Hills
2008-Chris Phipps, Lodi
2009-Kevin Steimle, Mahwah
2010-Kaleb Zuidema, Midland Park
2011-Kaleb Zuidema, Midland Park
2012-Jong Min-Youn, Old Tappan

MEET RECORDS

BOYS

100 METERS -- 10.61 by Michael Ray Garvin, Don Bosco, 2005
200 METERS -- 21.46 by Michael Ray Garvin, Don Bosco, 2005
400 METERS -- 47.94 by Kevin Condal, Hasbrouck Heights, 2010
800 METERS -- 1:50.39 by Josh Kauke, Ridgewood, 2000
1600 METERS -- 4:14.6 by Steve Schadler, Bergenfield, 1984
3200 METERS -- 9:14.1 by Ken Flynn, Ramsey, 1990 and Rob Reeder, Northern Highlands, 1992
110 METER HIGH HURDLES -- 13.8 by Greg Horner, Don Bosco, 1985
14.06 by Dan Oquendo, Hackensack, 2005
400 METER INTERMEDIATE HURDLES -- 53.46 by Dave Lado, Ridgefield, 2003
SHOT PUT -- 65-8 ½ by Andy Papathanassiou, Emerson, 1985
DISCUS -- 181-9 by Steve Adams, St. Joseph Regional, 1970
JAVELIN -- 222-5 by Bruce Bacchiocchi, Dumont, 1982 (OLD)
JAVELIN -- 214-1 by Kaleb Zuidema, Midland Park, 2011 (NEW)
HIGH JUMP -- 6-9 by Jean Beljour, Hackensack, 2003
TRIPLE JUMP -- 50-5 by Chris Phipps, Lodi, 2008
LONG JUMP -- 23-6 ¼ by Chris Phipps, Lodi, 2008
POLE VAULT -- 15-1 by Matt Psaltis, Fair Lawn, 1992
4 x 400 METER RELAY -- 3:18.10 by Ridgewood, 2010

GIRLS

100 METERS -- 11.96 by Anike Orimogunje, Queen of Peace, 2002
200 METERS -- 23.94 by Myasia Jacobs, Paramus Catholic, 2010
400 METERS -- 55.39 by Amy Salek, Ramapo, 2008
800 METERS -- 2:08.9 by Jasmin Jones, Hackensack, 1986
1600 METERS -- 4:54.8 by Patty Mileski, Ridgewood, 1983
3200 METERS -- 10:33.9 by Jenna Rogers, Ridgewood, 1994
100 METER INTERMEDIATE HURDLES -- 14.4 by Melene Thomas, Garfield, 1994
100 METER INTERMEDIATE HURDLES -- 14.52 by Michelle Smith, Teaneck, 2005
400 METER LOW HURDLES -- 61.97 by Cristina Law, Ridgewood, 2007
SHOT PUT -- 46-7 ¼ by Jessica Fazekas, Demarest, 2002
DISCUS -- 137-11 by Jenn Flinchum, Demarest, 1999 and Jessica Fazekas, Demarest, 2002
JAVELIN -- 155-8 by Daina Pucurs, Demarest, 2004
HIGH JUMP -- 5-9 ¼ by Cheryl Burdick, Ramsey, 1998
TRIPLE JUMP -- 40-10 ½ by Carlene Cummings, Englewood, 1998
LONG JUMP -- 19-0 ½ by Jen McDermott, Ridgewood, 1988
4 x 400 METER RELAY -- 3:53.71 by Ramapo, 2012
POLE VAULT -- 11-8 by Kayla Polcari, Ridgewood, 2011

BOYS

PREVIOUS MEET OF CHAMPIONS WINNERS

100

1970-Stan Finney, Hackensack*
1971-Dom Gratale, Don Bosco*
1972-John Spina, Ridgefield Park*
1973-Chuck Williams, Bergen Tech*
1974-Dodie Donnell, Hackensack*
1975-John Rizzi, Elmwood Park*
1976-Scott Taylor, Hackensack*
1977-Remo Biagnoni, Bergen Catholic*
1978-Charlie Marks, Englewood
1979-Brian Anthony, Englewood
1980-Roger Storm, Emerson
1981-Theo Smith, Bergen Tech
1982-Ben James, Hackensack
1983-Dexter Hairston, Teaneck
1984-Andrew Gordon, Teaneck
1985-Ron Blauvelt, Hasbrouck Heights
1986-Lamonte Brown, Demarest
1987-Lamonte Brown, Demarest
1988-Derrick Horner, Don Bosco
1989-Gerald Spears, Teaneck
1990-Jeff Somma, Lyndhurst
1991-Fred Campbell, Emerson
1992-Chris Hewitt, Englewood
1993-Joe Dawkins, Hackensack
1994-Joe Dawkins, Hackensack
1995-Joe Dawkins, Hackensack
1996-Mike Sabato, Wood-Ridge
1997-Cooper Rego, St. Joseph Regional
1998-Michael Jackson, Hackensack
1999-Chris Charles, Park Ridge
2000-Chris Charles, Park Ridge
2001-Ofori Koram, Ridgefield Park
2002-Miles Austin, Garfield
2003-Ulysses Encarnacion, Ridgefield Park
2004-Michael Ray Garvin, Don Bosco
2005-Michael Ray Garvin, Don Bosco
2006-Anthony Ferla, St. Joseph Regional
2007-Rashad White, Teaneck
2008-David Butler, Teaneck
2009-Raldaine McDonald, Englewood
2010-Conroy Walker, Hackensack
2011-Tarique Gray, Bergen Catholic
2012-Deandre Jennings, Hackensack

400

1970-Pete Luongo, Paramus Catholic*
1971-John Beemer, Hasbrouck Heights*
1972-Mike Tyson, Englewood*

200

1970-Stan Finney, Hackensack*
1971-Dom Gratale, Don Bosco*
1972-John Spina, Ridgefield Park*
1973-Chuck Williams, Bergen Tech*
1974-Elliott Butcher, Englewood*
1975-John Rizzi, Elmwood Park*
1976-Bob Darella, Paramus*
1977-Remo Biagnoni, Bergen Catholic*
1978-Charlie Marks, Englewood
1979-Doug Jackson, Hackensack
1980-Rich Wagner, Teaneck
1981-Rich Wagner, Teaneck
1982-Ben James, Hackensack
1983-Dexter Hairston, Teaneck
1984-Tom Sikorski, Indian Hills
1985-Anthony Preite, Lyndhurst
1986-Joe Johnson, Hackensack
1987-Mike Rios, Bergen Catholic
1988-Walter McCall, Hackensack
1989-Neil Luke, Englewood
1990-Jeff Somma, Lyndhurst
1991-Fred Campbell, Emerson
1992-Mike Burke, Leonia
1993-Joe Dawkins, Hackensack
1994-Joe Dawkins, Hackensack
1995-Joe Dawkins, Hackensack
1996-Mike Guazzo, Indian Hills
1997-Cooper Rego-St. Joseph Regional
1998-Dusty Thomas, Ridgewood
1999-Kiyon Harley, Paramus Catholic
2000-Chris Charles, Park Ridge
2001-Melvin Sampson, Hackensack
2002-Miles Austin, Garfield
2003-Kevin Thompson, Teaneck
2004-Michael Ray Garvin, Don Bosco
2005-Michael Ray Garvin, Don Bosco
2006-Donald Lee, St. Mary's
2007-Rashad White, Teaneck
2008-Damian Miles, Teaneck
2009-Conroy Walker, Hackensack
2010-Casey Pleasants, Teaneck
2011-Tarique Gray, Bergen Catholic
2012-Hayden Lyons, Tenafly

800

1970-Rob LaViolette, Saddle Brook*
1971-Jeff Weicksel, Ramapo*
1972-Dan Veraldo, Pascack Valley*

400

1973-Jerry Wyche, Hackensack*
1974-Jerry Wyche, Hackensack*
1975-Carmine Bailey, Paramus*
1976-Joe Hurley, Don Bosco*
1977-John Brennan, Ramsey*
1978-Bill Harris, Rutherford
1979-Dave Aurichio, Pascack Hills
1980-Rod Wallace, Englewood
1981-Hank Boggio, Indian Hills
1982-Hank Boggio, Indian Hills
1983-Tom Sikorski, Indian Hills
1984-Jim Woods, River Dell
1985-Hector Carter, Hackensack
1986-Marty Cummins, Bergen Catholic
1987-Walt McCall, Hackensack
1988-Stan Finney, Hackensack
1989-Pat Leary, Old Tappan
1990-Willie Best, Hackensack
1991-Willie Best, Hackensack
1992-Courtney Davis, Hackensack
1993-Courtney Davis, Hackensack
1994-Chris Hall, Teaneck
1995-Walter King, Hackensack
1996-Nick DeVito, St. Joseph Regional
1997-Andrew Giannotti, Westwood
1998-Jacek Kwiatkowski, Wallington
1999-Joe Velazquez, Paramus
2000-Joe Velazquez, Paramus
2001-Adrian Durant, Teaneck
2002-Adrian Durant, Teaneck
2003-Ken Sinkovitz, Bergen Catholic
2004-Ramiek Jackson, Westwood
2005-Keith Williams, Old Tappan
2006-Tinashe Kitchen, Fort Lee
2007-Da'mon Merkerson, St. Mary's
2008-Hayden Duffy, Emerson
2009-Hayden Duffy, Emerson
2010-Kevin Condal, Hasbrouck Heights
2011-Bryan Murphy, Teaneck
2012-Damien Elliot, Teaneck

1600

1970-Chris Elliott, Ramapo*
1971-Bucky Miller, Northern Highlands*
1972-George MacKay, Pascack Hills*
1973-Jerry Carney, Paramus Catholic*
1974-Clark Woods, Pascack Valley*
1975-Kevin Byrne, Bergen Catholic*
1976-Roger Jones, Ramsey*

800

1973-Mike Chiusano, Indian Hills*
1974-Rich Rothschild, Paramus*
1975-Rich Rothschild, Paramus*
1976-Rick Devine, Westwood*
1977-Roger Jones, Ramsey*
1978-Bill Leonard, Bergen Catholic
1979-Jose Berges, Paramus Catholic
1980-Jim DeLorenzo, Paramus Catholic
1981-Milt Rodriguez, Teaneck
1982-Mike Sheehy, River Dell
1983-Jim Siedliski, Pascack Hills
1984-Jim Siedliski, Pascack Hills
1985-Bob Cassavell, Northern Highlands
1986-Gaspar Terrana, Ramapo
1987-Eric Berntsen, Ridgewood
1988-Matt Giffuni, Ridgewood
1989-Rob McCafferty, Rutherford
1990-Rob Seidel, Paramus
1991-Brian Barry, Don Bosco
1992-Brian Barry, Don Bosco
1993-Bob Keino, Ridgewood
1994-Bob Keino, Ridgewood
1995-Brendan Stickles, Glen Rock
1996-Tom Redmond, Bergen Catholic
1997-Tom Redmond, Bergen Catholic
1998-Rick Lehmbeck, Don Bosco
1999-Josh Kauke, Ridgewood
2000-Josh Kauke, Ridgewood
2001-Rob McKay, Don Bosco
2002-Samir Mane, Fort Lee
2003-Matt Filandro, Indian Hills
2004-Byron Williams, Ridgewood
2005-Niall Buckley, Ridgewood
2006-Sharif Webb, Don Bosco
2007-Niall Buckley, Ridgewood
2008-Christian Trautwein, Ridgewood
2009-Dayne Mosconi, Tenafly
2010-Brad Paternostro, Ramapo
2011-Patrick Rono, Lyndhurst
2012-Frank Amoresano, Glen Rock

3200

1970-Bill Mahon, Bergen Catholic*
1971-Kevin Conheeney, Hackensack*
1972-Bucky Miller, Northern Highlands*
1973-Tim Conheeney, Paramus Catholic*
1974-Rich Stukey, Teaneck*
1975-Peter Marzan, Park Ridge*
1976-Bob Heller, River Dell*

1600

1977-John Jacobus, Saddle Brook*
 1978-John Malone, Bergen Catholic (1500)
 1979-Mike Fezza, Cresskill (1500)
 1980-Mike Fezza, Cresskill (1500)
 1981-John Pedati, Queen of Peace (1500)
 1982-Steve Schadler, Bergenfield
 1983-Steve Schadler, Bergenfield
 1984-Steve Schadler, Bergenfield
 1985-Harry Carle, Bergen Catholic
 1986-Jeff Brown, Northern Highlands
 1987-Chris Rae, Ridgewood
 1988-Matt Goodman, Dumont
 1989-Rich Wisse, Saddle Brook
 1990-Moses Mekbeb, Cliffside Park
 1991-Moses Mekbeb, Cliffside Park
 1992-Bob Keino, Ridgewood
 1993-Frank Baldassare, Ramapo
 1994-Eric Castillo, Ridgefield Park
 1995-Bret Wask, Westwood
 1996-Steve Kaye, Northern Highlands
 1997-Tom Baldwin, Hackensack
 1998-Cary Snyder, Demarest
 1999-Tom Baldwin, Hackensack
 2000-Matt Collins, Ramsey
 2001-Spencer Rothwell, Old Tappan
 2002-Matt Horesta, Don Bosco
 2003-Ari Zamir, Ridgewood
 2004-Ari Zamir, Ridgewood
 2005-Ryan Madrid, Paramus Catholic
 2006-Mike Cator, Ridgewood
 2007-Charles Goold, Rutherford
 2008-Mike Mitchell, Bergen Tech
 2009-Brian Cleary, Ridgewood
 2010-Phelan McCormick, Don Bosco
 2011-John Prizzi, Indian Hills
 2012-Domenick D'Agostino, Wallington

110 HH

1970-Jerry Karson, Fair Lawn*
 1971-Jed Hauck, St. Joseph Regional*
 1972-John Ercolani, New Milford*
 1973-Ken Stokes, New Milford*
 1974-Bill Duren, Hackensack*
 1975-Brian Hart, Paramus Catholic*
 1976-Rich Wankmuller, Ridgewood*
 1977-Ken Thorpe, Indian Hills*
 1978-Ken Thorpe, Indian Hills
 1979-Chris Robinson, Teaneck
 1980-Darryl McFarlane, Teaneck

3200

1977-Scott Sarnoski, Bergen Tech*
 1978-Scott Sarnoski, Bergen Tech (5000)
 1979-John Murphy, Teaneck (5000)
 1980-Ian Leavesley, Mahwah (3000)
 1981-Rich Byrne, Ridgefield Park (3000)
 1982-George Gusciora, Saddle Brook
 1983-Rich Hubbard, Hackensack
 1984-Harry Carle, Bergen Catholic
 1985-Ralph Nickl, Old Tappan
 1986-David Greenblatt, Teaneck
 1987-Jason Kaplan, Westwood
 1988-John Lauria, Paramus Catholic
 1989-Ken Flynn, Ramsey
 1990-Ken Flynn, Ramsey
 1991-Ken Flynn, Ramsey
 1992-Rob Reeder, Northern Highlands
 1993-Todd Cotten, Ridgewood
 1994-Matt Illian, Pascack Valley
 1995-Matt Illian, Pascack Valley
 1996-Andrew Knight, Ramapo
 1997-Cary Snyder, Demarest
 1998-Tom Baldwin, Hackensack
 1999-Corey Kunz, St. Joseph Regional
 2000-Cole Dailey, Rutherford
 2001-Owen Bourgholtzer, Mahwah
 2002-Ro Crispin, Ridgewood
 2003-Matt Klypka, Indian Hills
 2004-Mike Cator, Ridgewood
 2005-James LaGreca, Demarest
 2006-Tom Cullen, Bergen Tech
 2007-Mike Mitchell, Bergen Tech
 2008-Matt Wyatt, Demarest
 2009-Patrick Rono, Lyndhurst
 2010-Patrick Rono, Lyndhurst
 2011-Sherif Ali, Cliffside Park
 2012-Nick Mendolia, Don Bosco

400 IH

1970-Bob Ryan, New Milford (180 LH)
 1971-Eric Huettinger, New Milford (180 LH)
 1972-John Ercolani, New Milford (180 LH)
 1973-Keith Gruttemeyer, New Milford (300*)
 1974-Joe Ancona, Mahwah (300*)
 1975-Lou Mastro, Paramus Catholic (300*)
 1976-Dave Mullane, Bergen Catholic (300*)
 1977-Kevin Heffernan, Don Bosco (300*)
 1978-Clayton Lloyd, Hackensack (300)
 1979-Doug Jackson, Hackensack (300)
 1980-Doug Jackson, Hackensack

110 HH

1981-Darryl McFarlane, Teaneck
 1982-Darryl McFarlane, Teaneck
 1983-Ray Brown, Teaneck
 1984-Curtis Green, Teaneck
 1985-Greg Horner, Don Bosco
 1986-Mike Lange, Bergen Catholic
 1987-Mike Lange, Bergen Catholic
 1988-Carmen Pizzuto, Saddle Brook
 1989-Rasheed Goodlowe, Teaneck
 1990-Joe Swasey, Bergen Catholic
 1991-Jeff Heal, New Milford
 1992-Anthony Hampton, Englewood
 1993-Darius Pemberton, Hackensack
 1994-Chris Boyle, Becton
 1995-Anthony DiCosmo, Paramus Catholic
 1996-Simon Wu, River Dell
 1997-Mike D'Angelo, Ramsey
 1998-Marc Fulsom, Paramus Catholic
 1999-Mike Stansfield, Garfield
 2000-Ayo Oluwole, St. Joseph Regional
 2001-Brent Hobbs, Don Bosco
 2002-Dennis Calacione, New Milford
 2003-Jeremy Perussi, Demarest
 2004-Dan Oquendo, Hackensack
 2005-Dan Oquendo, Hackensack
 2006-Chadwick Cadet, Don Bosco
 2007-Chris Castro, Bergen Tech
 2008-Dan White, Glen Rock
 2009-Brandon Hambric, Teaneck
 2010-Selwyn Maxwell, Don Bosco
 2011-Selwyn Maxwell, Don Bosco
 2012-Fernando Almonte, Lodi

Shot Put

1970-Steve Adams, St. Joseph Regional
 1971-Jim Van Mansart, Northern Highlands
 1972-Tony Ruggeri, Bergen Catholic
 1973-Scott DeCandia, St. Joseph Regional
 1974-Scott DeCandia, St. Joseph Regional
 1975-Matt Saner, St. Joseph Regional
 1976-Ron Kort, Mahwah
 1977-Gary Larmer, Dumont
 1978-Dave Laube, Fair Lawn
 1979-Dave Laube, Fair Lawn
 1980-John Farrell, Teaneck
 1981-Marcus Thomas, Hackensack
 1982-Marcus Thomas, Hackensack
 1983-Andy Papathanassiou, Emerson
 1984-Andy Papathanassiou, Emerson

400 IH

1981-Darryl McFarlane, Teaneck
 1982-Darryl McFarlane, Teaneck
 1983-John Parisi, Ridgewood
 1984-Doug Miller, Tenafly
 1985-Joe Russomanno, Indian Hills
 1986-Mark Psaltes, Fair Lawn
 1987-Doug Shultz, Ridgewood
 1988-Phil Bazzini, Dumont
 1989-Bob Howard, Old Tappan
 1990-Paul Van Dohlen, Tenafly
 1991-Sean Rhinehart, Hackensack
 1992-Anthony Hampton, Englewood
 1993-Pat Hyppolite, Don Bosco
 1994-Andy Parasion, Don Bosco
 1995-David Stein, Glen Rock
 1996-David Stein, Glen Rock
 1997-Anthony Crews, Mahwah
 1998-Chris Stowers, Hackensack
 1999-Chris Stowers, Hackensack
 2000-Brian Burns, River Dell
 2001-Mike Panos, Bergen Catholic
 2002-Dave Lado, Ridgefield
 2003-Dave Lado, Ridgefield
 2004-Jeremy Perussi, Demarest
 2005-Vinnie Gareffa, Hasbrouck Heights
 2006-Steven Shorr, Pascack Hills
 2007-Evan Shaker, Paramus Catholic
 2008-Steve Wexler, Don Bosco
 2009-Mark Filandro, Indian Hills
 2010-Mark Filandro, Indian Hills
 2011-Brandon Gregory, Old Tappan
 2012-Louis Kang, Pascack Hills

Discus

1970-Steve Adams, St. Joseph Regional
 1971-Roland Desonier, Bergenfield
 1972-Jeff Riccardi, Leonia
 1973-Mike Murberg, Old Tappan
 1974-Tom Kadien, Waldwick
 1975-Scott Hersh, Fort Lee
 1976-Rob Ellis, Ramapo
 1977-Larry Jansson, Demarest
 1978-Dave Laube, Fair Lawn
 1979-Dave Laube, Fair Lawn
 1980-Mike Buncic, Fair Lawn
 1981-Marcus Thomas, Hackensack
 1982-Wesley Walton, Demarest
 1983-Mel Landis, Pascack Hills
 1984-Andy Papathanassiou, Emerson

Shot Put

1985-Andy Papathanassiou, Emerson
1986-Scott Miller, Elmwood Park
1987-Mike Theuerkauf, Demarest
1988-Jason Miller, Elmwood Park
1989-Kevin Quinn, Cresskill
1990-Brad Moser, Demarest
1991-Tom Jennings, Indian Hills
1992-Tom Jennings, Indian Hills
1993-Robert Mompoin, Teaneck
1994-Mike Sheehan, Demarest
1995-Shaun McGregor, Bergen Catholic
1996-Frank Chamberlin, Mahwah
1997-J.D. Murdoch, Ridgewood
1998-Adam Scholze, Ramapo
1999-Mike Murphy, New Milford
2000-Matt Elkas, Ramsey
2001-Beau Jadrosich, Old Tappan
2002-Valbert Wyche, Hackensack
2003-Tristan Henry, Bergenfield
2004-Brian Toal, Don Bosco
2005-Doug Klopacz, St. Joseph Regional
2006-Geoff Goidell, Pascack Hills
2007-Geoff Goidell, Pascack Hills
2008-Sean O'Neill, River Dell
2009-Eric Van Dunk, Mahwah
2010-Patrick Cole, Hasbrouck Heights
2011-Stephen Mozia, Hackensack
2012-Chris Connors, Hasbrouck Heights

Javelin

1973-Roy Jackel, New Milford
1974-Jim Masker, Ramsey
1975-Dan Respoli, Queen of Peace
1976-Bill Hoy, Don Bosco
1977-Frank Jesch, Cresskill
1978-Mike Collins, Don Bosco
1979-Gregg Munier, Hackensack
1980-Tom Haskins, Don Bosco
1981-Bruce Bacchiocchi, Dumont
1982-Bruce Bacchiocchi, Dumont
1983-Bruce Bacchiocchi, Dumont
1984-Howard Bergstein, Tenafly
1985-Bill Parisi, Ridgefield Park
1986-Steve Marbaise, Becton
1987-Dave Walker, Saddle Brook
1988-Rich Kyasky, River Dell
1989-Chris Wetzel, Fort Lee
1990-Charley Koenke, New Milford
1991-George Milani, Tenafly

Discus

1985-Andy Papathanassiou, Emerson
1986-Scott Miller, Elmwood Park
1987-Adam White, Bogota
1988-Glenn Evans, Hackensack
1989-Kevin Quinn, Cresskill
1990-Dimitri Jacotin, Don Bosco
1991-Adam Gussen, Teaneck
1992-T.J. Spizzo, Mahwah
1993-Robert Mompoin, Teaneck
1994-Shaun McGregor, Bergen Catholic
1995-Jamie Spruill, Mahwah
1996-Mike Spizzo, Mahwah
1997-Bryant Robinson, Hackensack
1998-Jim Fischer, Bergen Catholic
1999-Mike Murphy, New Milford
2000-Matt Elkas, Ramsey
2001-Luis Castillo, Garfield
2002-Steve McGovern, Dumont
2003-Jason Maier, New Milford
2004-Jason Maier, New Milford
2005-Chris Onorato, Hasbrouck Heights
2006-James Stathopoulos, Mahwah
2007-Brendan Gareffa, Hasbrouck Heights
2008-Andrew Trass, River Dell
2009-Matt Krzysik, Indian Hills
2010-Stephen Mozia, Hackensack
2011-Stephen Mozia, Hackensack
2012-Jong Min-Youn, Old Tappan

Triple Jump

1973-Jeff Seipel, New Milford
1974-John Devine, Waldwick
1975-John Devine, Waldwick
1976-Joe Socha, Garfield
1977-Matt Gilbert, Englewood
1978-Don Jarvis, Indian Hills
1979-Larry Bowens, Mahwah
1980-Ed Alston, Hackensack
1981-Ed Alston, Hackensack
1982-Kevin Edwards, Hackensack
1983-Desmond Jonas, Hackensack
1984-Tracy Browne, Teaneck
1985-Ed Baisley, Tenafly
1986-Joe Johnson, Hackensack
1987-Lamonte Brown, Demarest
1988-Gerald Spears, Teaneck
1989-Dave Frazier, Rutherford
1990-Jim McGarvey, Mahwah
1991-Sean Rhinehart, Hackensack

Javelin

1992-Carl Von Tobel, Dumont
1993-Anthony Hayne, Ridgefield Park
1994-Justin Schwartz, Glen Rock
1995-Justin Schwartz, Glen Rock
1996-John Dixon, Ridgefield Park
1997-John Dixon, Ridgefield Park
1998-J.D. Murdoch, Ridgewood
1999-Will Arroyo, Ridgefield Park
2000-Ian Sample, Westwood
2001-Steve Bay, Dumont
2002-Jim Malizia, St. Joseph Regional
2003-Paul Rosiak, Wood-Ridge
2004-Martin Gumowski, Wood-Ridge
2005-Erik Heymann, Westwood
2006-Steve Pierce, Ridgewood
2007-Joe Gingerelli, Wood-Ridge
2008-Joe Gingerelli, Wood-Ridge
2009-Kevin Steimle, Mahwah
2010-Kaleb Zuidema, Midland Park
2011-Kaleb Zuidema, Midland Park
2012-Anthony Seidel, Hasbrouck Heights

High Jump

1970-Gary Mooring, Englewood
1971-Curt LoPresti, Paramus
1972-Skip Johnson, Hackensack
1973-Dana Carr, Bergen Catholic
1974-Don Holmes, Paramus Catholic
1975-Mark Kennedy, Paramus Catholic
1976-Mark Kennedy, Paramus Catholic
1977-Jim Hennessey, Paramus
1978-Scot Palmer, Teaneck
1979-Mike Curti, Dumont
1980-Dan Porter, Pascack Valley
1981-Tom DeVita, Bergen Catholic
1982-Doug Boyd, Old Tappan
1983-John Viapiano, Cresskill
1984-Tracy Browne, Teaneck
1985-John Lyons, Don Bosco
1986-Pat Sanders, Ramapo
1987-Darryl Roberts, Teaneck
1988-Jeff Barat, Bergen Tech
1989-Winner Unavailable
1990-Jim Paolillo, Old Tappan
1991-Dave Kruse, Tenafly
1992-Dave Kruse, Tenafly
1993-Dave Kruse, Tenafly
1994-Godfrey Gordon, Garfield
1995-Deke DeFreese, Mahwah

Triple Jump

1992-Naum Krstevski, Garfield
1993-John Perdomo, Englewood
1994-John Perdomo, Englewood
1995-Anthony DiCosmo, Paramus Catholic
1996-Mikkel Brown, Glen Rock
1997-Mikkel Brown, Glen Rock
1998-Paul Berberian, Old Tappan
1999-Nick Garrett, Saddle Brook
2000-John Augustynowicz, Rutherford
2001-Weston Daniel, Bergenfield
2002-Jeff Sejour, Don Bosco
2003-Vernard Hoover, Hasbrouck Heights
2004-Vernard Hoover, Hasbrouck Heights
2005-Harold Blyden, Bergenfield
2006-Kwame Collins, Northern Highlands
2007-Chris Phipps, Lodi
2008-Chris Phipps, Lodi
2009-Conroy Walker, Hackensack
2010-Greg Hazell, Don Bosco
2011-Sean Wimbush, Teaneck
2012-Rob Gebhard, Northern Highlands

Long Jump

1970-Rich Caputo, St. Mary's
1971-John Eiskamp, Dumont
1972-John Feury, Don Bosco
1973-Matt Giannino, Northern Highlands
1974-Elliott Butcher, Englewood
1975-Lou Mastro, Paramus Catholic
1976-John Burke, Bergen Catholic
1977-Jeff Mattner, Pascack Valley
1978-Don Jarvis, Indian Hills
1979-Quentin Walker, Teaneck
1980-Terry Martin, Teaneck
1981-Ed Alston, Hackensack
1982-Kevin Edwards, Hackensack
1983-Ray Brown, Teaneck
1984-Curtis Green, Teaneck
1985-Joe Johnson, Hackensack
1986-Doug Anthony, Englewood
1987-Lamonte Brown, Demarest
1988-Derrick Horner, Don Bosco
1989-Gerald Spears, Teaneck
1990-Keon Bease, Hackensack
1991-Chris Hewitt, Englewood
1992-Sheldon Woodley, Teaneck
1993-Darius Pemberton, Hackensack
1994-John Deschamps, Ridgefield Park
1995-Brian Frazier, Demarest

High Jump

1996-Pete Moeller, Ramsey
1997-James Van Orden, Don Bosco
1998-Eumir Rahman, Hackensack
1999-Mike Stansfield, Garfield
2000-Ayo Oluwole, St. Joseph Regional
2001-Brent Hobbs, Don Bosco
2002-Jean Beljour, Hackensack
2003-Jean Beljour, Hackensack
2004-Oderick Turner, Teaneck
2005-Dan Oquendo, Hackensack
2006-Jon Rigg, Bergen Catholic
2007-Kenneth Prior, Don Bosco
2008-Kevin Bostick, Bergen Catholic
2009-Tommy DeVita, Ridgewood
2010-Tommy DeVita, Ridgewood
2011-Evan Bartlik, Ridgewood
2012-Danny Thompson, Indian Hills

Pole Vault

1970-Bujar Nake, Hackensack
1971-Mark MacCracken, Tenafly
1972-Mark MacCracken, Tenafly
1973-Steve Natusch, Pascack Valley
1974-Jean-Pierre Poulaille, Lodi
1975-Joe Ferraiuolo, Paramus Catholic
1976-Steve Schupak, Tenafly
1977-Dean Lodmell, Indian Hills
1978-Greg Maik, Rutherford
1979-Manny Rodriguez, Paramus
1980-Alex Levay, Tenafly
1981-Dave Dickey, Teaneck
1982-Mike Healy, Teaneck
1983-Bob White, Indian Hills
1984-Jeff Hooton, Ramsey
1985-Scott Walters, Dumont
1986-Ed Rice, Don Bosco
1987-John Pierro, North Arlington
1988-Peter Joel, River Dell
1989-Marcus Anderson, Englewood
1990-Rich Miller, Cresskill
1991-Troy Cromwell, Pascack Valley
1992-Matt Psaltis, Fair Lawn
1993-Mike Van Grouw, Mahwah
1994-Pat Destro, St. Joseph Regional
1995-Bryan Kiel, Fair Lawn
1996-Scott Kolkebeck, Old Tappan
1997-Josh Ross, Westwood
1998-Dave Warton, Ridgewood
1999-Gareth Hedges, Westwood

Long Jump

1996-Mark Sprague, Teaneck
1997-Shawn Samuels, Englewood
1998-Dusty Thomas, Ridgewood
1999-Pat McManus, St. Joseph Regional
2000-Pat McManus, St. Joseph Regional
2001-Brent Hobbs, Don Bosco
2002-Rob Richardson, Garfield
2003-Vernard Hoover, Hasbrouck Heights
2004-Vernard Hoover, Hasbrouck Heights
2005-Anthony Pomo, Saddle Brook
2006-Akeem Thomas, Teaneck
2007-Ausar Walcott, Hackensack
2008-Chris Phipps, Lodi
2009-Corey Crawford, Indian Hills
2010-Corey Crawford, Indian Hills
2011-Jamal Williams, Teaneck
2012-Roland Gamez, Hasbrouck Heights

Relay

1970-none
1971-none
1972-Fair Lawn*
1973-Bergen Catholic*
1974-Tenafly*
1975-Don Bosco*
1976-Bergen Catholic*
1977-Paramus Catholic*
1978-Hackensack
1979-Don Bosco
1980-Hackensack
1981-Hackensack
1982-Hackensack
1983-Teaneck
1984-Don Bosco
1985-Don Bosco
1986-Hackensack
1987-Hackensack
1988-Hackensack
1989-Don Bosco
1990-Bergen Catholic
1991-Hackensack
1992-Englewood
1993-Hackensack
1994-Bergen Catholic
1995-Hackensack
1996-Teaneck
1997-Bergen Catholic
1998-Hackensack
1999-Bergen Catholic

Pole Vault

2000-Dan Cooper, Ridgewood
2001-Owen Pope, Hackensack
2002-Adam Sacher, Pascack Valley
2003-Adam Sacher, Pascack Valley
2004-Adam Sacher, Pascack Valley
2005-Jake Ricciardi, Ridgewood
2006-Paul Kovach, Ridgewood
2007-Greg Stripe, Mahwah
2008-Kevin Sofia, Ramsey
2009-Greg Hoffman, Park Ridge
2010-Juan Andres Giglio, Ridgefield Park
2011-Brad Hoey, River Dell
2012-Eric Geider, Demarest

Relay

2000-Ridgewood
2001-Teaneck
2002-Teaneck
2003-Don Bosco
2004-Hackensack
2005-Westwood
2006-Northern Highlands
2007-Ridgewood
2008-Bergen Catholic
2009-Teaneck
2010-Ridgewood
2011-Teaneck
2012-Old Tappan

2013 Bergen County Meet of Champions.

Tuesday , May 28th, 2013 at Hackensack High School

The finest athletes in Bergen County will be competing in this meet.

AWARDS THAT WILL BE GIVEN AT THE END OF THIS MEET:

TOM ZACCONE AWARD	-	OUTSTANDING GIRLS TRACK ATHLETE
MIKE GLYNN AWARD	-	OUTSTANDING BOYS TRACK ATHLETE
ED CHURCH AWARD	-	OUTSTANDING BOYS FIELD ATHLETE
PAUL SCHWARTZ AWARD	-	OUTSTANDING GIRLS FIELD ATHLETE

ORDER OF EVENTS

FIELD STARTING AT 3:30 PM

Boys TRIPLE JUMP	followed by	Boys LONG JUMP
Girls LONG JUMP	followed by	Girls TRIPLE JUMP
Boys POLE VAULT	followed by	Girls POLE VAULT
Girls HIGH JUMP	followed by	Boys HIGH JUMP
Girls DISC	followed by	JAVELIN
Boys JAVELIN	followed by	SHOT
		followed by
		DISC

TRACK STARTING AT 6:00 PM

6:00 pm	GIRLS	HURDLE TRIALS
6:05 pm	BOYS	HURDLE TRIALS
6:15 pm	GIRLS	100 TRIALS
6:20 pm	BOYS	100 TRIALS

FINALS STARTING AT 6:40 PM

6:40 pm	400	METER INTERMEDIATE HURDLES
6:55 pm	100	METER DASH
7:00 pm	1600	METER RUN
7:20 pm	400	METER DASH
7:30 pm	110 or 100	METER HURDLES
7:40 pm	800	METER DASH
7:50 pm	200	METER DASH
8:00 pm	3200	METER RUN
8:30 pm	1600	METER RELAY

ON TRACK GIRLS FOLLOWED BOYS